

SHOREVIEWS

2017 Summer Recreation Catalog



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City Hall	651.490.4600
Community Center	651.490.4700
Parks and Recreation	651.490.4750
Building Permits	651.490.4690
Code Enforcement	651.490.4687
Forestry	651.490.4650
Human Resources	651.490.4619
Planning and Zoning	651.490.4680
Recycling	651.490.4650
Sewer & Water Maint/Svcs	651.490.4661
Streets	651.490.4671
Utility Billing	651.490.4630

Police
 Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwood Drive, Arden Hills, MN 55112.
For non-emergencies call 651.484.3366
For emergencies call 911

Fire
 Fire protection is provided by the Lake Johanna Fire Department.
For emergencies call 911 Dispatch
Non-emergency 651.767.0640

City Officials
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 Office: 651.490.4618
 smartin@shoreviewmn.gov

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 Cell: 763.443.5218
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Terry Schwerm, City Manager
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Access Shoreview
 Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at www.shoreviewmn.gov.

SHOREVIEW SUMMER FUN!

19th Annual Farmers' Market

Tuesday afternoons

June 6 – September 12 3-7 P.M.
 September 19 – October 24 3-6 P.M.
 No Market July 4
 Shoreview Community Center
 Lower Level Parking Lot & Pavilion

The popular Shoreview Farmers' Market brings the community together every week throughout the summer. Join us and enjoy fresh local produce, vibrant flowers, artisan items and special events!



2017 Concert in the Commons

Haffeman Pavilion/ Shoreview Commons – 7 P.M.

- June 14 The Back Yard BandRock from 60's to Today
Free Ice Cream!
- June 21 Blue Groove Bluegrass.....Bluegrass
- June 28 Andrew Walesch & TrioSinatra/Jazz
- July 12 Church of Cash.....Johnny Cash Tribute
Hot Dog with a Deputy.....5-7 P.M.
- July 19 Shoreview Northern Lights Variety Band.....Community Band
- July 26 Armadillo JumpR&B/Rockin' Blues
- August 2 Wild HoneyFunk & Rock
- August 9 The R-FactorVariety



Slice of Shoreview Days 2017

July 21-23, see page 4

Join in the three-day family event celebrating everything Shoreview! sliceofshoreview.com

17th Annual Tour de Trails

Sunday, July 23

The leisurely Tour de Trails bike ride celebrates Shoreview as a bicycle-friendly community. It's a great way for family and friends to experience our City's exceptional bicycle paths. The event cost is \$7 per person or \$20 per family and includes a t-shirt for each participant. Visit www.shoreviewmn.gov for more information and to register online.



On the cover: A feast for the senses, the colorful Shoreview Farmers' Market returns for the season on Tuesday, June 6. See the inside back cover for more info about special event days and free live entertainment.

2017 Concert in the Commons Summer Music Series



The 2017 Concert in the Commons Summer Music Series will feature some of the Twin Cities' best musical talent with a wide variety of musical genres. A local Shoreview group, The Backyard Band, will again lead off the concert series on Wednesday, June 14th at the pavilion

at the Community Center. Bring the whole family to listen to a variety of top hits from yesterday and today, while enjoying free ice cream treats provided by the Shoreview Community Foundation at the opening concert.

On June 21st, the Blue Groove Bluegrass Band will be the featured performer. Singer and pianist Andrew Walesch will perform both jazz and classical music at the June 28th concert. Andrew is known for his unique approach on many songs from The Great American Songbook.

After a week break for the Independence Day holiday, the concert series resumes on July 12th with the Church of Cash – an extremely popular Johnny Cash Tribute. The Church of Cash has attracted record concert series crowds the past two years in Shoreview. The Shoreview Northern Lights Variety Band will be featured on July 19th. The SNLVB is an outstanding community



band which has its home in the Shoreview community. They play several concerts each year and have been the only band that has performed all eleven years of the Shoreview Concert Series.

The rockin' rhythm and blues band, Armadillo Jump, will be performing for the first time in the Summer Concert Series. This high energy band will bring their funk-a-fied blues sound to our stage on July 26th. They will be followed by the group Wild Honey, a funk and rock band, that features a mix of songs by artists such as Prince, the Beatles, and Stevie Wonder. Wild Honey will perform on August 2nd.

The Concert Series concludes with one of the most popular cover bands in Minnesota – R-Factor. Formerly known as the Rupert's Band, R-Factor does a variety of wedding and corporate events throughout the region and is returning to the Shoreview Concert Series for the first time in a few years. They play hit songs from the 1950's to today and are sure to have people up and dancing throughout their show.

"Shoreview is very proud to be sponsoring the Concert in the Commons Summer Music Series for the 11th consecutive season," Mayor Sandy Martin commented. "These concerts are a tremendous opportunity for friends and family to get out and enjoy some of the Twin Cities' best musical talent in a wonderful park environment. Best of all, it is free."



Mayor Sandy Martin will bring some of her "Talk with the Mayor" office hours on a health-conscious "Walk and Talk with the Mayor" this summer. Every 3rd Tuesday of the month, beginning in June and lasting through September, Mayor Martin will be leading a walk beginning at 3 p.m., exploring our scenic parks and trails throughout Shoreview. Mark these scheduled dates on your calendar:

June 20 • July 18 • August 15 • September 19

Everyone is invited to come meet Mayor Martin and Rafa, her friendly Australian Labradoodle, and enjoy some fresh air and exercise while exploring some of the best that Shoreview has to offer. The walks will begin at the Shoreview Community Center in the upper parking lot.

In the event of rain, the outdoor walk may be cancelled. However, the Mayor will maintain her regular office hours at City Hall, most Tuesday afternoons from 3 p.m. to 5 p.m. Please check the City's website at www.shoreviewmn.gov to confirm any cancellations or changes.

If you have other questions or concerns, she is also available by phone at 651.490.4618.



DESTINATION SHOREVIEW 2040

Be Part of the Conversation

The City is hosting a series of Community Conversations designed to educate and engage residents about our Comprehensive Plan update. The City's Comprehensive Plan is a long-range planning document that guides growth and addresses the long-term needs of the community. It serves as a road map for future policy and investments in infrastructure, services and land use. The Metropolitan Council requires every city in the seven-county metro area to have such a plan and State Law requires cities to update those plans every 10 years.

Community engagement is an important part throughout this update process. These Community Conversations are an opportunity for residents to attend, learn more about the community and get involved in the revision process. The Community Conversation series will address topics such as our city's demographics, land use, economic development, resiliency, housing and neighborhoods. Join us for the first Community Conversation on July 12th at 6:30 p.m. at the Shoreview Community Center. Susan Brower, Minnesota State Demographer, will be speaking about changing demographics, trends, and insight into how those changes impact our Shoreview community. Following the speaker, facilitated conversations about this topic will take place. Look for further information on the Community Conversations series, including dates, times and locations, on our website.

Coming Soon: Redesigned Websites

Watch for newly-redesigned City of Shoreview and Community Center websites, which are expected to launch in early summer.

The new websites will include enhancements that will ease mobile access.



Get Ready for a “Birthday Bash and Bands” at the 2017 Slice of Shoreview Days

Celebrate Shoreview's birthday at the Slice of Shoreview Days, July 21-23 at Island Lake County Park, and have a “slice” on us! Enjoy free cake, ice cream and live music from all the bands at this special celebration.

“The Slice,” as it has come to be known, is an annual festival celebrating Shoreview's vibrant community. With a wide variety of family events and activities, there is something for all ages, including a car show, parade, art fair, carnival, petting zoo, food, great music and two big nights of amazing fireworks!

For a complete list of events and schedules, visit the event website at www.sliceofshoreview.com.

Popular Favorites Returning:

- Fireworks on Friday and Saturday night
- Carnival
- Parade
- Bingo
- Food Court
- Petting Zoo and Pony Rides
- Sunday morning church service
- Car Show
- Raptor Center



Live Musical Entertainment:

- **Friday:** The JimTones and Bad Girlfriends
- **Saturday:** The Rockin' Hollywoods and High and Mighty
- **Sunday:** The Church of Cash and Holy Rocka Rollaz



High-End Apartment Projects Offer More Housing Choices in City

Eagle Ridge Partners, the owners of the Shoreview Corporate Center, is working with Greco Development on the proposed multi-family redevelopment of the vacant 1005 Gramsie Road property for high-end, market-rate apartments. The proposal is to redevelop the property for approximately 410 apartments with high-end amenities that would be constructed in two phases. The developer believes the Shoreview area is underserved by apartments, especially in the higher-end market, and the subject property is an ideal location with its proximity to major employers, retail and restaurants, freeway access, and separation from lower density residential neighborhoods.

At their Feb. 28 meeting, the Planning Commission reviewed and recommended approval of the development plans for the project. The City Council considered formal approval of the preliminary stage plans at their meeting on March 6.

The Shoreview EDA has also supported several recent multi-family housing projects by providing tax increment financing to facilitate redevelopment of blighted older properties, including the completed Lakeview Terrace at County Road E and Victoria Street and the recently-approved McMillan mixed-used development of apartments, townhomes, and retail at County Road E and Rice Street near Interstate 694. The Shoreview EDA believes these efforts will support the goals of providing livable neighborhoods, maintaining our quality housing stock, and creating new housing options for people of all ages.



Proposed site layout submitted by the developer showing the proposed project. The south building would be the first phase constructed.

Shoreview Channel 16 City Meeting Broadcast Schedule

Tune in to Shoreview Channel 16 for access to public meetings, community events and other local government information.

Shoreview City Council Meetings

Live: Every first and third Monday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 P.M. and 7 P.M.
Tuesday, Thursday and Sunday at 12:30 A.M., 8 A.M. and 3 P.M.

Shoreview Planning Commission Meetings

Live: Every fourth Tuesday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 A.M. and 8 A.M.
Tuesday, Thursday and Sunday at 7 P.M.



First Place: Emily Luo

Young Artists Create “One Community of Many Colors” Shoreview Human Rights Commission Hosts Annual Fourth Grade Poster Contest

The Shoreview Human Rights Commission (HRC) has once again sponsored its annual art poster contest, “One Community of Many Colors” for fourth grade students in Shoreview. In its 24th year, the contest commemorates Martin Luther King Jr. Day. The Commission received nearly 250 entries from the following schools: Island Lake, Turtle Lake and Emmet D. Williams. Students were asked to create posters that included people of different races and cultures interacting positively with each other.

The posters were judged by the HRC on their expression of the theme, clarity of the message, quality of the art, its attractiveness, usage of the whole paper and the correct spelling of any text. The City Council recognized winners at their Feb. 21 meeting.

Posters were on display during February at the Community Center. Winners are also invited to participate in the Slice of Shoreview parade alongside the HRC members in July.

First	Emily Luo
Second	Evyn Koerber
Third	Raaga Sirna
Fourth	Thanishka Shetty
Fifth	Justyn Bidania
Sixth	Amelia McDonnell
Seventh	Keira Walquist
Eighth	Ava Schaffhausen
Ninth	Ishaan Goyat
Tenth	Gabby Haake

Honorable Mention: Lilly Baber, Kaydence Keller, Christina Lang Deetz, Lia Tensen, Yewon Park, Sagarika Sakthivel, Shreeya Pavani, Liliana Peleska, Sophie Quesenberry, Griffen Boldt

“Enhance 694” Construction Continues

Last year, construction of I-694 started between Lexington Avenue and Rice Street, which added an additional lane in the westbound direction. This project will continue in 2017 with the construction of an additional lane in the eastbound direction. This section of I-694 routinely becomes congested due to the expanding economy, population growth, and increased truck traffic. The Minnesota Department of Transportation is adding these lanes to address this issue. While there will be delays in the short term, the end result will be an improved road.



Visit www.dot.state.mn.us/enhance694 for details and to stay informed.

Green Community Awards

Applications for Shoreview’s annual Green Community Awards are available at Shoreview City Hall, 4600 Victoria Ave. N. or on the City’s website at www.shoreviewmn.gov. The application deadline is June 2, 2017.

Sponsored by Shoreview’s Environmental Quality Committee (EQC), the awards recognize residents and businesses that help improve water quality, have become more energy efficient and have taken other steps to reduce their environmental impact.

For more information, call 651.490.4652 or visit www.shoreviewmn.gov.



Saturday, June 3, 9 A.M. - 3 P.M.
Community Pavilion
at the Roseville Cub Foods
1201 Larpenteur Ave. W., Roseville

The Landscape Revival – Native Plant Expo and Market offers gardeners one convenient location to shop for Minnesota native plants from 12 local native growers and learn how to use the plants from eight conservation organizations. Accessory products such as organic compost, rain barrels and native plant seed will also be for sale. The goal of Landscape Revival is to promote the use of native plants by educating about their benefits for wildlife habitat, pollinators and water quality.

Visit www.saintpaulaudubon.org and click under Events

Help Control Erosion and Protect Our Waters

Shoreview is known for its numerous lakes and wetlands located throughout the City. These water features provide a wide range of benefits to residents' quality of life. In order to help maintain the quality of these water bodies for current and future residents, it is important to use sound practices to minimize erosion and protect our waters.

Erosion occurs when bare ground is exposed to wind and water. Erosion transports soil from properties to our wetlands, streams and lakes, which can degrade water quality and change habitats. Using the following practices to limit erosion at your home will help maintain the quality of surface water and reduce the cost of maintaining the City's storm water system.

- Keep soil and debris off of sidewalks and streets. Rain can quickly wash the sediment to catch basins and surface waters from these hard surfaces.
- The grassy boulevard area (10 to 15 feet from the street) acts to filter sediment from runoff. If that area is disturbed, act promptly to re-sod the area or use a fiber blanket to prevent erosion.
- Any project that disturbs ground cover should include erosion control measures. This can be as simple as securing a tarp over small piles of soil. Larger disturbed areas require different types of control protection.
- Keep leaves and grass clippings away from streets, driveways, sidewalks and other paved areas. Grass clippings contain phosphorus, the nutrient that turns lakes green with algae.



If you have questions or would like more information, please visit our website at www.shoreviewmn.gov/erosioncontrol or call our Natural Resources Specialist at 651.490.4665.

Do you have an unsealed, unused well on your property? Unsealed wells can cause contamination of the groundwater supply, from which we all drink. If you have an unsealed, unused well on your property, the State of Minnesota requires property owners to obtain a Water Well Maintenance Permit or to have the well sealed.

Ramsey County currently has cost share programs available to assist you when having your well sealed. Contact Ramsey Conservation District at 651.266.7274 or visit their website with questions regarding these programs.

Ramsey County Yard Waste Sites Return to Regular Hours

Bring your organic waste, leaves, grass and garden waste



Ramsey County Yard Waste Sites are again operating with regular seasonal hours. Bring organic waste as well as leaves, grass clippings, trees and other types of yard waste to one of seven Ramsey County yard waste sites for recycling. More information on yard waste sites at www.ramseycounty.us – click on the **Residents** drop-down menu, then **Recycling and Waste**, and then the **Yard waste** link.

Must be a Ramsey County resident

- Photo ID is required
- Organic waste, leaves, grass, garden plants, trees and shrubs are accepted
- Bags of yard waste must be emptied on-site and bags taken home

Compost locations:

Arden Hills:
3530 Hudson Avenue

White Bear Township:
5900 Sherwood Road

It's Garage Sale Season: Here's What You Need to Know

- Residential properties can have 2 garage sales in a year
- Cannot exceed 4 consecutive days
- Signs must not obstruct visibility for pedestrians or vehicular traffic
- One promotional sign can be displayed on the property where the sale is being held from 7 A.M. – 8 P.M. on the day(s) of the event
- Signs must comply with the City's sign regulations
 - Size limits
 - Location limits
 - Height location limits
- No more than 2 directional signs permitted off premises



Keep Shoreview Beautiful

By Maintaining Your Property This Spring

Our City is known for its quality residential neighborhoods primarily because of our community standards for property maintenance. To help preserve this quality, the City has adopted property maintenance codes designed to establish residential standards for appearance and upkeep:

Grass and Weeds: Please keep grass and weeds shorter than nine inches in grass plots, lawn areas and boulevards. Non-wooded vegetation on vacant properties cannot exceed 18 inches in growth height.

Vehicles and Equipment: Two recreational vehicles and/or trailers may be stored outside on a residential property area as follows:

- Rear yard – at least 10 ft. from rear property line
- Side yard – at least 5 ft. from property line, unless otherwise approved by the City
- Front yard – only on an approved driveway surface, and at least 5 ft. from a side property line

Please park currently licensed automobiles in a garage or outside on an asphalt, concrete or approved surface. Vehicles must be owned or leased by the occupant of the premises where parked and stored.

Please call the Community Development Department at 651.490.4680 or email communitydevelopment@shoreviewmn.gov if you have any questions about the property maintenance standards. You can also find more information at www.shoreviewmn.gov.

Where Can I Store My Garbage Cans?

One of the common complaints the City receives relates to the storage of garbage cans. Many residents throughout the community store garbage cans and containers in the front of or on the side of their garage causing the containers to be visible to the neighborhood. While this may be convenient, the visibility of the containers to nearby properties and the general public can create a negative visual impact on the neighborhood.

The City Code states that all refuse shall be properly contained in a container designed for the storage of refuse accumulating on the premises between collections. Said containers shall be stored within a fully enclosed building or in an area designed for such purpose and properly screened from adjoining properties and the roadway.

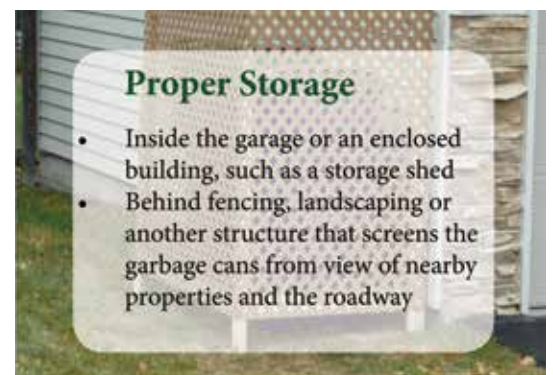
Garbage cans cannot be stored outside in front of the home or garage nor on the side of garage, unless screened from view with fencing, landscaping or another structure. They can also be stored inside the garage or a shed.

Questions or Need Information? For further information, please contact the Code Enforcement Officer at 651.490.4687.



Improper Storage

- In front of the home or garage
- In the side yard if visible to nearby properties and the roadway



Proper Storage

- Inside the garage or an enclosed building, such as a storage shed
- Behind fencing, landscaping or another structure that screens the garbage cans from view of nearby properties and the roadway

Home Improvements?

You might need a permit

Spring is a great time to start thinking about starting a home improvement project. Depending on the type of project, a permit from the City may be required. Many residents are not aware that most home improvement projects are required to have a permit, including new fences, sheds, driveway replacements, as well as any window, door and roof replacement project.

Residents may sometimes overlook the benefits of obtaining a permit and appropriate inspections. However, permits serve as a permanent record that work was done in accordance with building codes, giving reasonable assurance that the home or structure is safe from hazards and health risks.

Permit applications are available on the City website at www.shoreviewmn.gov or at City Hall. City staff is available to help answer questions regarding permits. Staff from the Housing Resource Center can also provide construction consultations for your project – a free service for residents. Please call the Center at 651.486.4701 or refer to their website at www.housingresourcecenter.org.

For more information, contact the Community Development Department at 651.490.4680 or visit www.shoreviewmn.gov.



WaterFest 2017 is a free family festival celebrating our clean lakes and offers an opportunity for hands-on learning about the water quality, wildlife, and special ecological features of our beautiful watershed.

Saturday, June 3, 2017
11 A.M. – 4 P.M. (rain or shine)
Lake Phalen Park, St. Paul

North of Phalen Dr. & Wheelock Pkwy

Join a fun-filled day of free activities featuring food, exhibits, activities, a parade and more. For more details, visit www.rwmwd.org and click on **Waterfest**.

Are You Looking to Rent Your Home?

The City of Shoreview has established a licensing program requiring property owners who own rental housing to obtain a license. This program applies to single-family attached/detached homes, townhomes, mobile homes and multi-family dwelling units that are being used as rental properties. Licensing enables the community to ensure that these units and properties are maintained and used in accordance with the City's standards. This program supports the City's goal of preserving stable neighborhoods and property values.

Licenses are issued annually and required to be renewed each year if the property continues to be used as a rental housing unit. To obtain or renew a license, please call Brent Marshall, the Housing and Code Enforcement Officer at 651.490.4687 or visit our website at www.shoreviewmn.gov. From the Departments drop-down menu, select Community Development, then Housing, and then Rental Housing.



Oak Wilt is now at High Risk: Don't Trim Your Trees!

What is oak wilt?

Oak wilt is a fungal disease that kills thousands of oak trees every year. Oak wilt spreads in two ways: Through root grafts between similar species, radiating outward from a central infected tree; and over land, carried by oak sap beetles carrying fungal spores from tree to tree.

What are the "risk season" references?

There are three risk seasons: High Risk, Low Risk and Safe. They refer to the probability that oak wilt will infect a tree. Specific dates vary depending on weather conditions.

High Risk months are typically April, May and June.

Low Risk months are March, July, August, September and October.

Safe months are November, December, January, February and March.

How do I minimize the probability of oak wilt infection?

Avoid any wounding during the High Risk (and hopefully, the Low Risk) period...no pruning or trimming. If a tree is wounded, seal the wound quickly (within 15 minutes) with one coat of shellac (preferable) or a water-based paint. If oak wilt is in the area, it's the High Risk season, and the wounding is unattended for more than 15 minutes, the probability of infection rises dramatically.

If you suspect oak wilt this summer or have other questions, please contact the City at 651.490.4665. For more information on oak wilt, visit the City's Forestry webpage at www.shoreviewmn.gov/forestry.

Practical Tips for a Healthy Yard and Water Savings

For some Minnesotans, yard care is a favorite past time. For others, it can be a daunting chore. Here are some simple practices to improve the quality of your yard, recommended by the University of Minnesota Extension, the MN Department of Agriculture, and the National Arbor Day Foundation.

Water smart: Consider operating your irrigation system in manual mode by turning it on only when the lawn shows signs of drought. One great way to look for drought in your lawn is to use the footprint method (Image 1). If your lawn is drought stressed, consider irrigating with ½ inch of water every three to four days. An empty tuna or pet food can makes a great watering gauge.

Mow high and do not bag clippings: Mowing your lawn at 2.5 to 3.5 inches will help to maintain moisture, encourage root growth and grass density. The result of higher mowing heights include less irrigation required, better tolerance to stress and reduced competition from weeds. Additionally, returning clippings to your lawn will recycle nutrients and reduce the fertilizer needed. Be sure to keep mower blades sharp.

Fertilize at least once a year: A thinning lawn can lead to soil erosion and nutrient runoff. One application of fertilizer in the fall around Labor Day will keep your lawn healthy. An additional application of fertilizer can be applied in the spring around Memorial Day if desired. Be sure to use phosphorus-free fertilizer unless you are establishing a new lawn or if you have a soil test indicating the need for phosphorus.

Consider low maintenance grasses: Choice of grass species can greatly impact the level of maintenance required. In general, Kentucky bluegrass and perennial ryegrass are high maintenance grasses that require more water and fertilizer than low maintenance alternatives. For Minnesota lawns, the fescue species (fine and tall fescue) are good alternatives.

Wooded areas: Slow and deep watering once a week is ideal during periods of drought, and can be reduced in wetter weather. Use a sprinkler and place an empty soup can under the tree. Water slowly until approximately 2" of water has collected in the can.

Characteristics of grasses for Minnesota lawns

Species	Mowing Quality	Fertilizer frequency	Drought requirement	Shade resistance	tolerance
Kentucky bluegrass	High	Frequent	High	Fair	Poor
Perennial ryegrass	High-Average	Frequent	High	Poor	Poor
Fine fescues	Average	Infrequent	Low	Good	Good
Tall fescue	Average	Frequent	Average	Good	Good

Seasonal mowing heights for Minnesota lawns

- Spring2.5 – 3.5 inches
- Summer3+ inches, reduce frequency
- Fall2.5 – 3.5 inches
- Late fall2.5 – 3 inches, consider bagging the last mow of the season



The footprint method is a good way to determine if your lawn is dry. To use this, step on the grass, if it doesn't spring back up chances are good that it is drought stressed.

Cost-Share Program Available

It's not too early to start thinking about installing a rain garden or habitat restoration project on your property this year! The Ramsey Conservation District has cost share funds and free technical assistance available for Ramsey County residents who would like to implement qualified restoration projects such as rain gardens, native plantings and shoreline restorations that will create habitat and protect our lakes, streams and wetlands. Program goals include protecting surface and groundwater quality, increasing storm-water infiltration, increasing wildlife habitat and increasing diversity. Funds are available to homeowners, churches, homeowner associations, and

commercial properties interested in installing clean water projects on their property. Projects are funded 50-100% depending on the type of project and location in the Watershed.



A 2011 residential rain garden project done through the RWMWD cost-share program.

Visit www.rwmwd.org/costshare for more info. Technical service for the cost share program is provided by Ramsey Conservation District. Please call Michael Schumann at 651.266.7275 to schedule a site visit to see what opportunities are available on your property.

Water Quality Report



As required by the federal Safe Drinking Water Act, the City of Shoreview is issuing the results of monitoring done on its drinking water for the period from Jan. 1 to Dec. 31, 2016. The purpose of this report is to advance consumers' understanding of drinking water and heighten awareness of the need to protect precious water resources.

We are proud to report that no contaminants were detected at levels that violated state and federal drinking water standards.

Visit www.shoreviewmn.gov/water-quality-report online to view the city's annual water quality report, which includes information on the monitoring done on Shoreview drinking water in 2016. Please review the report, and if you have questions, contact Dan Curley, Public Works Superintendent, at 651.490.4672 or send an email to dcurley@shoreviewmn.gov.

Please Conserve Water: Remember Your Lawn Watering Dates

Please conserve water when sprinkling your lawn this summer, and remember that water use restrictions will be in effect from May 15 to September 15. Residents with even-numbered houses (last digit of house address) can water lawns on even-numbered calendar days, and odd-numbered houses on odd-numbered calendar days. Exceptions to these limitations include: private wells, car washing, filling a children's pool, children playing in a hose-operated sprinkler or water toy, and hand-held watering of plants and shrubs. Residents with newly-sodded or seeded yards may obtain a two-week exemption by calling the Public Works Department at 651.490.4650.

Penalties for watering violations:

1st Penalty.....	Warning
2nd Penalty.....	\$25
3rd Penalty.....	\$50
4th Penalty.....	Referred to the City Attorney for prosecution

New regulations are pending, so please check back for updates to Shoreview's watering restrictions.

Protect Your Ash Trees While Saving Cash

In response to Shoreview's Emerald Ash Borer infestation, the City will once again offer a program to effectively combat the problem: Residents can choose to have their ash trees injected with a preventative insecticide, at a reduced cost.

Through research, this tree injection method has been shown as the most successful option to protect ash trees, with treatments needed only once every two to three years. The City's approved Emerald Ash Borer Management Plan also prefers this trunk injection treatment method over others because all chemicals stay in the tree, with no potential to pollute groundwater or runoff into our lakes, wetlands, and the storm water system.

Small holes are drilled into the trunk of the tree and the insecticide is injected with a needle, much like an IV to the tree's system. The insecticide then spreads throughout the canopy of the tree and wards off Emerald Ash Borers from feeding in treated trees.

If you are interested in protecting your ash trees using this method, please call Ellen Brenna, Natural Resources Specialist at 651.490.4665 for an inspection and quote on this service. Residents choosing to use the City's tree injection program must sign a contract and waiver allowing City staff to perform treatments within the boulevard or private property.



Please note that ash trees are one of the last species to leaf out, so inspections and treatment will not take place until canopies are full – usually in late May or early June.



Shoreview's 60th Birthday: A History Lesson on Shoreview's School



Shoreview celebrates its 60th birthday in 2017, and the Shoreview Historical Society looks back at her inception in a series of stories featured here.

Schools have always been important to the residents of Shoreview and her neighbors. The first school in the area, District #4, was established in 1858, the year Minnesota became a state. It was located in the current TCAAP area of Arden Hills.

The portion of Mounds View Township (in what is now Shoreview) had 3 schools: District 25 (Snail Lake), District 28 (Wilbur Lake/Island Lake) and District 35 (Turtle Lake).

Snail Lake Elementary began as the Hill Farm School, built in 1887. It was established by James J. Hill for the children of his workers, as well as children of local neighbors. It moved to its current location in 1930.

Island Lake School began as Wilbur Lake School in 1891. The one room wooden structure was located on the SE corner of Victoria and Co Rd E. A one room brick building was built in the 1930's on the site of the present day Island Lake School.

Turtle Lake School was formerly located on the east side of Hodgson Road, south of Co Rd I. It was moved to its current location when the new school was opened in 1959.

Coincidentally, Island Lake School opened the year Shoreview became a Village – 1957!

– Submitted by Jacci Krebsbach, Shoreview Historical Society

Shoreview Community Foundation Create Your Legacy. Build the Foundation.

Ice Cream Social

Wednesday, June 14, 2017
The Concert in the Commons
6:30 p.m.

Sponsored by the Shoreview Community Foundation
Join us for free ice-cream and entertainment
Fun for the whole family!
Recipients of our 2017 grants will be announced

The Shoreview Community Foundation seeks to maintain, enhance and enrich the quality of life in Shoreview, Minnesota by connecting the generosity of people with the evolving needs of the community.

www.shoreviewcommunityfoundation.org



May is National Mental Health Month

NYFS Offers Free Screenings

In honor of National Mental Health Month in May, Northeast Youth & Family Services is offering free mental health screenings to Shoreview residents.

Individual, confidential screenings for youth, adults and seniors will be held throughout the month at NYFS headquarters, 3490 Lexington Ave N. in Shoreview, during regular business hours. Appointments should be made in advance and people will be served on a first-come, first-served basis. Limited walk in appointments may be available. Call for details.

Based on the results of the screening, NYFS Mental Health Therapists will be able to offer residents advice and assistance on next steps to address any identified mental health needs.

Please call Judy at 651.379.3431 to make an appointment.



SPRING CLEANUP DAY



Saturday, May 20, 2017 7 A.M. – Noon

1425 Paul Kirkwold Drive (Hamline Avenue and Highway 96)



Items Accepted

- Electronics (TVs, Computers, etc.)
- Construction Debris
- Appliances
- Carpeting
- Mattresses/Box Springs
- Vacuum Cleaners
- Tires

- bicycle donations
- Water Softeners
- Furniture
- BBQ Grills
- Lawnmowers*
- Snow Blowers*
- Household Hazardous Waste**

* If an item has oil or gasoline, it must be drained or it will not be accepted. Used oil and gasoline can be disposed at the Ramsey County Household Hazardous Waste (HHW) site.

**Household Hazardous Waste: You can avoid long wait times at Clean up Day by bringing your household hazardous waste to any one of the HHW drop off locations hosted by Ramsey County.

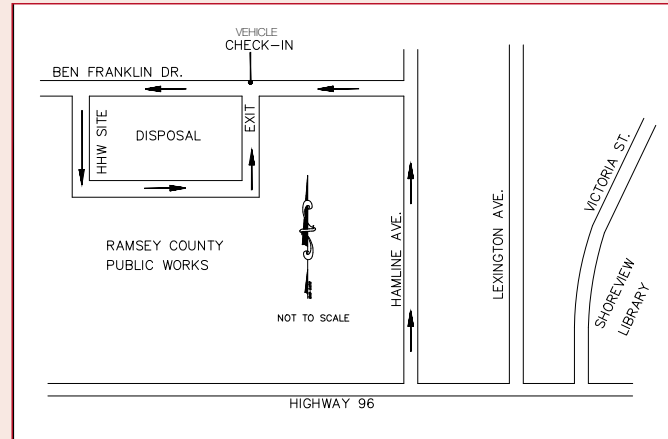
Items Not Accepted

- No Brush/Yard Waste
- No Railroad Ties
- No Oversized Items such as hot tubs, boats, sheds
- No Engines containing gasoline or oil
- No Donations (except bicycles)

Charges by Vehicle Type/Load

Please remember, CASH or CHECK ONLY!

- Car: \$10
- All Other Vehicles: \$25 (includes SUVs, Minivans, Trucks, etc.)
- Trailers: \$35
- Oversized Loads such as U-Haul trucks will be subject to extra charges.



Open to Shoreview and Arden Hills residents only.

Must bring proof of residency, such as driver's license or utility bill.

For more information: 651.490.4665 www.shoreviewmn.gov/cleanupday

Don't want to wait until Cleanup Day?

Check out these resources for donation options, recycling options, and proper disposal options:

A to Z Recycling and Disposal Guide: Visit Ramseyrecycles.com and check out the **A TO Z RECYCLING & DISPOSAL GUIDE** where you can look up specific items from Aquariums to Zinc batteries. Quite often there are excellent reuse ideas, as well as donation locations. Most items will identify if they are recyclable or else provide disposal options. **Don't have internet access? Call the Recycling & Disposal Hotline at 651.633.3279, answered 24/7.**

Medicine Collection: Safely dispose of unwanted, expired and unused medicines for free at one of three public drop boxes in Ramsey County (pet medicines included). Safe disposal of unwanted medicine helps prevent crime, drug abuse, and accidental poisoning. Not flushing medicines down the drain or disposing of them in the trash helps protect our environment.

Yard Waste and Organics: Ramsey County operates seven **YARD WASTE COLLECTION SITES**. All sites are free and open to Ramsey County residents only, **a photo ID is required**. Items accepted vary by site – most yard waste sites have an Organics Recycling bin and the attendant can provide you free compostable bags.

Household Hazardous Waste: Many household products you use to clean your kitchen and bathroom, maintain your car and home, and control animals and insects contain hazardous materials. If a container has the words **CAUTION, WARNING, DANGER or POISON** on the label and still has product inside, it does not belong in the trash. Use Ramsey County's free household hazardous waste collection sites (open year round) for safe disposal. Energy efficient light bulbs and fluorescent light bulbs belong in the household hazardous waste category.

Have a broken item that you wish to fix? Check out the RAMSEY COUNTY FIX-IT CLINICS! Get household items fixed for free and learn valuable repair skills at an upcoming Fix-It Clinic. At Fix-It Clinics, residents bring in small household appliances, clothing, electronics, mobile devices and more to receive free guided assistance from volunteers with repair skills to disassemble, troubleshoot and fix items. Fix-It Clinics build community connections and reduce the number of repairable objects that are thrown in the trash.

For more information on year-round recycling programs, visit www.ramseyrecycles.com or call 651.633.3279 (answered 24/7).

SHOREVIEW CALENDAR

Meeting dates/times/locations are subject to change. For more current information, visit www.shoreviewmn.gov or call 651.490.4600.

(CC) Council Chambers
(UC) Upper Conference Room
(LC) Lower Conference Room

(MC) Maintenance Center
(SP) Shoreview Pavilion
(LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot
(SCC) Shoreview Community Center
(SCP) Shoreview Commons Park

MAY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	2	3	4 Bikeways and Trails Committee 7 pm, LC	5	6
Recycling Week: May 8-12						
7	8 Council Workshop 7 pm, CC	9	10	11	12	13 Aquatics Hiring Event On the Spot Interviews! 12-3 pm, SCC
14	15 City Council Meeting 7 pm, CC	16 Econ. Dev. Commission 7:30 am, UC	17	18 Public Safety Meeting 7 pm, LC	19	20
Recycling Week: May 22-26						
21	22 Environ. Quality Committee 7 pm, CC	23 Planning Comm. 7 pm, CC	24 Human Rights Commission 7 pm, CC	25 Parks and Recreation Commission 7 pm, CC	26	27
28	29 City Offices Closed Memorial Day	30	31			

JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Bikeways and Trails Committee 7 pm, LC	2	3
Recycling Week: June 5-9						
4	5 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	6 Farmer's Market 3 pm, LLPL	7	8	9	10
11	12 Council Workshop 7 pm, CC	13 Farmer's Market 3 pm, LLPL	14 Concerts in the Commons 7 pm, SP	15	16	17
Recycling Week: June 19-23						
18	19 City Council Meeting 7 pm, CC	20 Econ. Dev. Commission 7:30 am, UC Farmer's Market 3 pm, LLPL	21 Concerts in the Commons 7 pm, SP	22 Parks and Recreation Commission 7 pm, CC	23	24
25	26 Environ. Quality Committee 7 pm, CC	27 Farmer's Market 3 pm, LLPL Planning Comm. 7 pm, CC	28 Concerts in the Commons 7 pm, SP Human Rights Commission 7 pm, CC	29	30	

JULY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	4 City Offices Closed Independence Day	5 Concerts in the Commons 7 pm, SP	6 Bikeways and Trails Committee 7 pm, LC	7	1/8
Recycling week: July 3-8						
9	10 Council Workshop 7 pm, CC	11 Farmer's Market 3 pm, LLPL	12 Concerts in the Commons 7 pm, SP	13	14	15
16	17 City Council Meeting 7 pm, CC	18 Econ. Dev. Commission 7:30 am, UC Farmer's Market 3 pm, LLPL	19 Concerts in the Commons 7 pm, SP	20 Public Safety Meeting 7 pm, LC	21	22
Recycling week: July 17-21						
23	24 Environ. Quality Committee 7 pm, CC	25 Farmer's Market 3 pm, LLPL Planning Comm. 7 pm, CC	26 Concerts in the Commons 7 pm, SP Human Rights Commission 7 pm, CC	27 Parks and Recreation Commission 7 pm, CC	28	29
30	31					
Recycling week: July 31 - August 4						

AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6	7 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	8 Farmer's Market 3 pm, LLPL	9 Concerts in the Commons 7 pm, SP	10	11	12
Recycling Week: July 31 - August 4						
13	14 Council Workshop 7 pm, CC	15 Farmer's Market 3 pm, LLPL	16	17 Econ. Dev. Commission 7:30 am, UC	18 Friday Night Flix 8:10 pm, SP	19
Recycling Week: August 14-18						
20	21 City Council Meeting 7 pm, CC	22 Farmer's Market 3 pm, LLPL Planning Comm. 7 pm, CC	23 Human Rights Commission 7 pm, CC	24 Parks and Recreation Commission 7 pm, CC	25 Friday Night Flix 7:50 pm, SP	26
27	28 Environ. Quality Committee 7 pm, CC	29 Farmer's Market 3 pm, LLPL	30	31		
Recycling Week: August 28 - September 1						

Federal Elected Officials

U.S. Senator Amy Klobuchar
302 Hart Senate Office Bldg.
Washington, DC 20510
612.727.5220 or 202.224.3244
www.klobuchar.senate.gov/emailamy.cfm

U.S. Senator Al Franken
309 Hart Senate Office Building
Washington, DC 20510
651.221.1016 or 202.224.5641
info@franken.senate.gov

U.S. Representative Betty McCollum
1714 Longworth House Office Bldg.
Washington, DC 20515
651.224.9191 or 202.225.6631
www.house.gov/mccollum/contact.html

State Elected Officials

Governor Mark Dayton
130 State Capitol
75 Rev. Martin Luther King Jr. Blvd.
St. Paul, MN 55155
651.296.3391
mark.dayton@state.mn.us

State Senator Jason Isaacson-District 42
95 University Ave. W., Minnesota Senate Bldg.,
Rm. 2321, St. Paul, MN 55155
651.296.5537
sen.jason.isaacson@senate.mn

State Rep. Randy Jessup-District 42A
477 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.0141
rep.randy.jessup@house.mn

State Rep. Jamie Becker-Finn-District 42B
307 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd. St. Paul, MN 55155
651.296.7153
rep.jamie.becker-finn@house.mn

County Elected Officials

Ramsey County Commissioner

Blake Huffman
City Hall-220 Courthouse
15 W. Kellogg Boulevard, St. Paul, MN 55102
651.266.8350
blake.huffman@co.ramsey.mn.us

Post Office – Retail Center

1056 Highway 96 E.
Vadnais Heights, MN 55127
Phone: 651.407.9864
Mon.-Fri.....8:30 A.M. – 5:30 P.M.
Sat..... 9 A.M. – 1 P.M.

Animal Control

For animal complaints or to report a lost or found pet, call the Ramsey County Sheriff's Office non-emergency number at 651.484.3366.
For other emergencies, call 911.

All impounded animals will be held at the following location:
Hillcrest Animal Hospital
1320 Country Road D Circle
Maplewood, MN 55109
651.484.7211
Mon - Fri.....8 A.M. – 6 P.M.
Sat 8 A.M. – 12 P.M.
Sun.....Closed
www.hillcrestanimalhosp.com

Police

Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwold Drive, Arden Hills, MN 55112.



**For non-emergencies,
call 651.484.3366
For emergencies, call 911**

Fire

**For emergencies,
call 911
Dispatch, Non-emergency
651.767.0640**
Lake Johanna Fire Department
Fire Chief, Tim Boehlke 651.481.7024
ljfd@ljfd.org



Ambulance & Paramedic

Ambulance and paramedic services are provided by Allina Medical Transportation.
For emergencies, call 911

Ramsey County Library – Shoreview

4560 Victoria Street North
Shoreview, MN 55126
Phone: 651.486.2300
www.rclreads.org
Mon-Thu 10 A.M. – 9 P.M.
Fri-Sat..... 10 A.M. – 5 P.M.
Sun..... 12 – 5 P.M.

Public Transportation

Transit Link (formerly Dial-A-Ride) is a curb-to-curb minibus or van service that operates within certain Twin Cities communities. It is a shared-ride service which must be reserved in advance. Call 651.602.5465.

Make your commutes easier. Just hop on Route 261 from Shoreview Community Center to Minneapolis. Ride Route 261B each weekday evening. Or, to get to downtown St. Paul, take Route 62 from the Shoreview Community Center and Route 62C to return. 612.373.3333

Metro Mobility: Metro Mobility is a door-to-door public transportation system for people with disabilities in the Minneapolis-St. Paul area and many adjoining suburbs. 651.602.1111

Community Support & Resources

Northeast Youth and Family Services provides support programs for youth, families, adults and seniors. Services include mental health, youth development, and senior chore assistance.
3490 Lexington Avenue North, Suite 205,
Shoreview, MN 55126
651.486.3808 | www.nyfs.org

Ralph Reeder Food Shelf
Appt. Line: 651.621.7451
Office: 651.621.7450
www.ralphreederfoodshelf.org

The **Senior LinkAge Line** connects seniors to housing, home health care, housekeeping, transportation, legal and financial assistance and more. Call 651.641.8612 or 1.800.333.2433.



The Shoreview Community Center offers numerous activities that will make you feel more **ENERGIZED**, more **ENGAGED**, more **PRODUCTIVE** and can actually improve the **QUALITY OF YOUR DAILY LIFE.**



Call for More Information

Community Center Information
651.490.4700
 Recreational Programs (classes)
651.490.4750
 Rental Information
651.490.4790
 City Information
651.490.4600
www.ShoreviewCommunityCenter.com

Daily Fees

Includes admission to the Tropics Indoor Waterpark, Indoor Playground, Fitness Center, Gymnasium and Indoor Track.

	Rate	Shoreview Resident
Daily Pass		
Adult (18 and over).....	\$ 10.00.....	\$ 8.75
Youth (1 to 17; under age 1 free with paying adult)	\$ 9.25.....	\$ 7.60
Family* (2 adults + children living in same household).....	\$37.00.....	\$ 30.00
Seniors (65 and older).....	\$ 9.25.....	\$ 7.60

*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

Indoor Playground Only (ages 1 to 12) \$ 5.25 \$ 5.25

Coupon Books (Includes 10 daily passes)

Adult.....	\$90.00.....	\$ 78.75
Youth/Senior.....	\$83.25.....	\$ 68.40
Playground.....	\$47.25.....	\$ 47.25

Senior Track Discount (65 and over – for track use only)

Per visit.....	\$ 4.70.....	\$ 3.65
Punch Card.....	\$42.30.....	\$ 32.85

Fees are subject to change. We welcome payment by Visa and MasterCard.
 All rates above include sales tax.



Hours

	Community Center	Waterpark** Starting June 12	Playground
Mon & Wed	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Tues & Thurs	5:00 A.M. – 10:00 P.M.	Noon – 9:00 P.M.*	8:00 A.M. – 8:00 P.M.
Friday	5:00 A.M. – 10:00 P.M.	Noon – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
Saturday	6:00 A.M. – 8:00 P.M.	Noon – 7:45 P.M.	8:00 A.M. – 8:00 P.M.
Sunday	6:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M. – 6:00 P.M.

*On Tuesdays and Thursdays from 6:10 – 7:20 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday Hours Call 651.490.4700 for specific information.

May 29	5:00 A.M. – 6:00 P.M.	Noon – 5:45 P.M.	8:00 A.M. – 6:00 P.M.
July 4	5:00 A.M. – 6:00 P.M.	Noon – 5:45 P.M.	8:00 A.M. – 6:00 P.M.
Sept. 4	5:00 A.M. – 6:00 P.M.	Noon – 5:45 P.M.	8:00 A.M. – 6:00 P.M.

June 2 & June 5, the pool and basketball gym will be closing at 8:30 P.M.

**See page 18 for extended waterpark hours on school's out days.

Lap Swim Hours

- Lap swim is available at various times throughout the week. See the service desk for a schedule or view it on our website at www.shoreviewcommunitycenter.com.

Kids Care

Child care is available for patrons of the Community Center. See page 19 for details.

Drop-in Volleyball Rate: daily admission or free to members.

Mon, Tues, Thurs	12:00 P.M. – 1:00 P.M.
Sunday	8:00 A.M. – Noon.

Drop-in Pickleball See page 54 for more information.

Membership Fees

	Rate*	Shoreview Resident*
Annual Membership¹		
Family.....	\$ 815.00.....	\$ 650.00
Dual.....	\$ 700.00.....	\$ 570.00
Adult.....	\$ 475.00.....	\$ 370.00
Youth/Senior.....	\$ 380.00.....	\$ 315.00
Annual Membership Billed Monthly¹ (With one year membership agreement)		
Family.....	\$ 75.00.....	\$ 62.00
Dual.....	\$ 65.00.....	\$ 56.00
Adult.....	\$ 45.00.....	\$ 37.00
Youth/Senior.....	\$ 39.00.....	\$ 31.00

¹There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

Seasonal Membership (Three month)

Family.....	\$ 310.00.....	\$ 250.00
Dual.....	\$ 290.00.....	\$ 230.00
Adult.....	\$ 210.00.....	\$ 160.00
Youth/Senior.....	\$ 160.00.....	\$ 130.00

*Sales tax is included in price.

Persons aged 65 and older qualify for the Senior Citizen discounted rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification is required.

Fees are subject to change. We welcome payment by Visa and Mastercard.



Membership questions?

Contact Guest Services at **651.490.4739**.

Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. **Direct Deposit Now Available!** Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms.



Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group Fitness Classes
- Tropics Indoor Waterpark
- Tropical Adventure Indoor Playground
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- \$1 per hour per child Kids Care rate
- For non-residents, a special recreation program Registration Day and the ShoreViews mailed to your home.

Membership Renewal Reward!
The Community Center will be offering FREE guest passes to all annual membership renewals.



Silver&Fit® memberships are now available!

Call 651.490.4739 for more information. Silver&Fit® information socials will be held the first Tuesday of each month in the Fireside Lounge, 9 A.M. - 10 A.M.

NEW First Time Annual Members also receive:

Special **Experience Us** book, which includes

- 1 family guest pass
- 1 adult guest pass
- 2 fitness drop-in class passes
- 1 Wave Cafe coupon
- 1 Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- 1 playground pass

Experience Us book is designed to encourage new members to experience all the amenities the Community Center has to offer.



Waterpark Hours

Starting June 12

Monday & Wednesday ...Noon – 8:00 P.M.
 Tuesday & ThursdayNoon – 9:00 P.M.*
 FridayNoon – 9:45 P.M.
 Saturday.....Noon – 7:45 P.M.
 Sunday.....Noon – 6:00 P.M.

*On Tuesdays and Thursdays from 6:10 – 7:20 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday & School's Out Hours

May 19Noon – 9:45 P.M.
 May 29Noon – 5:45 P.M.
 June 9Noon – 9:45 P.M.
 July 4Noon – 5:45 P.M.
 Sept. 4Noon – 5:45 P.M.



We can fill your day with endless fun as you enjoy a tropical getaway at Tropics Indoor Waterpark.

Come experience our crystal clear water with our Sphagnum Moss water enhancement system. This green system has improved our water quality, clarity, and as well a reduction in chlorine use. It makes for a more natural swimming experience as the Sphagnum Moss treated water is better on your skin, hair, swim suit and best of all your eyes.

Riders of Shark Attack waterslide will be able to experience our one of a kind jukebox system. Riders will be able to choose from over 100 songs and enjoy a custom light and music show while they twist and turn down our thrilling slide.

Nothing can replace close adult supervision when using the pool. All children six years and under must be supervised by a paid adult swimmer. Supervisory adult must be within arm's reach of the child at all times.

Pool Information

- For our guests' safety, our lifeguards participate in ongoing training. Part of this training includes the use of life-like mannequins as a simulation device.
- Coast-Guard approved lifejackets are allowed when a swimming adult is present within arm's reach. Arm flotation and flotation swimming suits are prohibited.
- Pool is open for general use during most hours that the Community Center is open. However, classes may be in session or pool amenities may be unavailable.
- Boys need to be 4 years old and under to be in the women's locker room, girls need to be 4 years old and under to be in the men's locker room with an adult. Please use the family locker rooms with opposite gender children age 5 and older.
- Complete pool and lap swim schedules are available at the service desk.
- For a complete list of Tropics Indoor Waterpark rules go to www.ShoreviewCommunityCenter.com



The pool will be closing at 8:30 P.M. on June 2 & 5.

Come **CRAWL** through the caves, **SWING** through the jungle, slip down the waterfall **SLIDE**, and **SCREAM** down the five level spiral slide!

Rate & Hours

\$5.25 per child, ages 1-12

FREE to members

Mon – Sat8:00 A.M. – 8:00 P.M.

Sunday.....8:00 A.M. – 6:00 P.M.

Holiday Hours Call 651.490.4700

for specific information.

May 29 8:00 A.M. – 6:00 P.M.

July 4 8:00 A.M. – 6:00 P.M.

Sept. 4..... 8:00 A.M. – 6:00 P.M.

General Information

- Wristbands and socks are required
- The playground is an unsupervised area
- Parents and guardians are responsible for supervision of their children
- Children 6 and under must be accompanied by an adult
- Groups visiting the playground are posted at the entrance each week
- For information about reserving space for your group, call **651.490.4790**.



Kids Care

Kids Care provides a stimulating and safe environment for your child to explore and interact with other children while you enjoy the amenities of the Shoreview Community Center. The Kids Care room is located directly across from the service desk.

**Monday – Saturday
8:00 A.M. – 12:30 P.M.**

**Monday – Thursday
4:00 P.M. – 8:30 P.M.**

**Friday
4:00 P.M. – 7:00 P.M.**

Closed May 29, July 4 and Sept. 4

\$1 per hour per child (no pro-rating for partial hours)

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Community Center members and Fitness Class participants. Children are taken on a first-come, first-served basis. Kids Care phone number: 651.490.4763.





It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



ALL-INCLUSIVE PARTY PACKAGES

ALL-INCLUSIVE TROPICAL PACKAGES

Waterpark and Indoor Playground Admission

#1) ALL-INCLUSIVE TROPICAL CAKE DEAL

- Full day use of Tropics Waterpark and Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the pool and playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$ 168	\$ 160
Each additional child	\$ 21	\$ 20

#2) ALL-INCLUSIVE TROPICAL MEAL DEAL

BEST VALUE!

- Includes everything in the Tropical Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$ 192	\$ 184
Each additional child	\$ 24	\$ 23

UPGRADE YOUR PARTY!

THEMED PARTY OPTIONS:

Princess, Pirate, or Under the Sea

Upgrade your child's party to include a special theme, including a personalized themed cake and paper products.

Rate: Add \$12 to your party package



Call 651.490.4790 to book your party!

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com



ALL-INCLUSIVE ADVENTURE PACKAGES

Indoor Playground Admission Only

#3) ALL-INCLUSIVE ADVENTURE CAKE DEAL

- Full day use of Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$ 152	\$ 144
Each additional child	\$ 19	\$ 18

#4) ALL-INCLUSIVE ADVENTURE MEAL DEAL

- Includes everything in the Adventure Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$ 176	\$ 168
Each additional child	\$ 22	\$ 21

COCONUT COVE PRIVATE PARTY ROOM

Coconut Cove is a private party room located within Beachcomber Bay. With a beautiful underwater mural and view of Tropics Waterpark, it is the perfect setting for families looking for a quieter, more personalized party option to make your child's birthday even more special! *Coconut Cove has a maximum capacity of 15. Upgrade consists of 90 minutes in party room.*

Rate: Add \$34 to your party package



MAKE a SPLASH!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



Call 651.490.4790 to book your party!

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com



Shark Attack Waterslide

Have your next event at the Shoreview Community Center!

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

Enjoy the amenities the Shoreview Community Center has to offer!

Call 651.490.4790 to make your reservation today!



POOLSIDE PARTY PACKAGE



Waterpark & Indoor Playground

- Full day use of Tropics Indoor Waterpark and Tropical Adventures Indoor Playground
- 2 hours of private poolside party room for up to 50 people
- Option to bring in your own food or you may purchase food from our Wave Cafe
- Free jumbo locker available for use
- Printable invites



Available Times:

Fridays at 5 p.m. or 7:30 p.m.

Saturdays at 5:30 p.m.

Sundays at 4:30 p.m.

	Rate	Shoreview Resident
Includes 10 wristbands	\$199	\$180

**Additional wristbands may be purchased at our discounted group rate the day of your event.*

**\$25 refundable damage deposit required. Sales tax extra.*

RENT A PARTY ROOM!



Rent one of our rooms on the upper level of the Community Center for your special gathering. Each room accommodates 20 partygoers for 2 hours of party time; adjoining rooms may be rented to accommodate up to 60. You may bring in your own food, cake, and decorations. **Daily passes are sold separately.**

Meeting Room (Per 2-hour time block)	Rate	Shoreview Resident
Monday-Thursday	\$50	\$35
Friday-Sunday	\$60	\$45

**\$25 refundable damage deposit required. Sales tax extra.*

After Hours Parties

Have the place to yourself and invite your friends! The Shoreview Community Center is available for exclusive use overnight and after-hours. Each rate is listed per person and includes use of the Tropics Indoor Waterpark, gym facilities, and meeting rooms. Refundable damage deposit required. A minimum payment of 45 people is necessary to rent our facility overnight. All guests in attendance of an after-hours event must be paid for (*both swimming & non-swimming*).

PARTY DURATION	Rate	Shoreview Resident
Two hours	\$12.00	\$11.50
Three hours	\$12.50	\$12.00
Four hours	\$13.00	\$12.50
Overnight	\$20.50	\$18.50

Our banquet rooms are perfect for corporate events, wedding ceremonies, receptions, dinners, and dances.



Shoreview Room

Experience the elegance of our Shoreview Room for your next event. You and your guests will enjoy the convenience of the adjacent Fireside Lounge and expanded dance floor.

- Seating up to 300.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- New audio-visual equipment
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 700.....	\$ 625
Friday	\$ 1,100.....	\$ 1,000
Saturday.....	\$ 1,350.....	\$ 1,250

*Fees are subject to change. Sales tax will be added to rates. Call for more information.

Wedell Community Room

The Community Room features round tables, oak parquet dance floor, indirect lighting, and audio/visual equipment.

- Seating up to 250.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 450.....	\$ 375
Friday	\$ 800.....	\$ 700
Saturday.....	\$1,000.....	\$ 900

Half Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 260.....	\$ 225
Friday and Saturday.....	N/A.....	N/A

*Fees are subject to change. Sales tax will be added to rates. Call for more information.

Call for More Information

Community Center Information
651.490.4700

Recreational Programs (classes)
651.490.4750

Rental Information
651.490.4790

City Information
651.490.4600

Haffeman Pavilion

It's not too early to reserve your space for a family picnic, company event, or graduation gathering at the Haffeman Pavilion located behind the Shoreview Community Center. Picnic tables accommodate up to 125 people! Call to reserve your date: 651.490.4790. Pavilion rental hours are 8 A.M. – 8 P.M. daily.

Rate: \$250; \$225 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.



Picnic Shelter Rentals

Our parks are the perfect place for a small gathering or birthday party. Reserve a picnic shelter for your next event by calling 651.490.4790. Rental fee is \$30 plus tax.

Lake Judy Park.....	Seats 15	Shamrock Park	Seats 35
McCullough Park.....	Seats 15	Commons Park	Seats 20
Sitzer	Seats 24	Bucher Park.....	Seats 24



Meeting Rooms

We are able to accommodate 20 people per room, depending on table and chair set-up. Retractable walls allow flexibility for accommodating large groups and seminars.

- Meeting rooms are rented in 2-hour blocks of time.
- Rates are listed per room for each time block rented.

Meeting Room (Per 2-hour time block)	Rate*	Shoreview Resident*
Monday-Thursday	\$ 50.....	\$ 35
Friday-Sunday	\$ 60.....	\$ 45

*Sales tax will be added to rate. Refundable damage deposit required. For organizations, Shoreview Residency applies when 50% of group lives in Shoreview and contact person is a Shoreview resident.



Island Lake Room

Our new Island Lake Room is comfortable and quiet, suitable for all your meeting needs. Enjoy the window lighting as well as the on-site audiovisual equipment, including an interactive white board.

- Island Lake Room is rented in 2-hour blocks of time.

Rate: \$75; \$60 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.



Call for More Information

Community Center Information

651.490.4700

Recreational Programs (classes)

651.490.4750

Rental Information

651.490.4790

City Information

651.490.4600

SUMMER RECREATION PROGRAMS

REGISTRATION SCHEDULE

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs. **Begins Tuesday, May 9 at 8 A.M.**

Annual Community Center Member Registration

Begins Thursday, May 11 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required. **Begins Friday, May 12 at 8 A.M.**

Phone Registration

Begins Monday, May 15 at 8 A.M.

*See page 62 for registration information.

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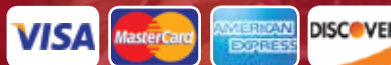
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6 EASY WAYS TO REGISTER

1. On-line at: www.shoreviewcommunitycenter.com
2. Mail-in
3. Fax 651.490.4797 payment by credit card only
4. Drop-off
5. In-person
6. Over the phone after May 15



Shoreview Parks and Recreation

4580 Victoria St. N | Shoreview, MN 55126 Office
located on upper level of the Shoreview Community Center
651.490.4750

recreation@shoreviewmn.gov
www.ShoreviewCommunityCenter.com

Office Hours

Monday – Friday 8:00 A.M. – 4:30 P.M.

SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

FREE SWIM CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

Monday, May 22.....6:00 P.M. – 7:00 P.M.
 Monday, June 5.....6:00 P.M. – 7:00 P.M.

If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.

PRIVATE LESSONS

Private Lessons (PR) *Ages 3 to Adult*

30-minute swim lessons; available at set times.

Private Lessons:

Rate for 8 lessons: \$176; \$160 Shoreview Resident

Rate for 7 lessons: \$154; \$140 Shoreview Resident

Semi-Private Lessons:

Rate for 8 lessons: \$131; \$119 Shoreview Resident*

Rate for 7 lessons: \$115; \$105 Shoreview Resident*

*Cost each for 2 participants of equivalent ability

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.

GROUP LESSONS

Rate for 8 group lessons: \$84; \$76 Shoreview Resident

Rate for 7 group lessons: \$74; \$67 Shoreview Resident

These lessons will have 1 instructor to a maximum student ratio of:

(MR) & (PS) 1 to 4

(L1) – (L3) 1 to 5

(L4) – (L6) 1 to 6

Classes with more students will be assigned an aid to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.



PARENT/CHILD LESSONS

Star Fish

(SF 1) *Ages 9 months to 24 months*

(SF 2) *Ages 24 months to 36 months*

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

Manta Ray (MR) *Ages 2 ½ to 4 years old*

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. The main goal of this class is to gain confidence and familiarity in a pool environment independently from a guardian. Swimmers will learn the following:

- Enter/Exit water independently
- Comfort with group instruction independent from guardian
- Blow bubbles
- Submerge head
- Arm scoops

BEGINNER LESSONS

Preschool (PS): Jelly Fish *Ages 3 - 4*

Preschool is an introduction level to group learning without a guardian in the water. The main goal is to gain confidence and knowledge in basic swim skills which include: floating and front crawl with an introduction to rhythmic breathing. Swimmers will learn the following:

- Unassisted Entry/Exit
- Front/Back Floats with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms
- Rhythmic breathing with bubbles

Level 1 (L1): Angel Fish *Ages 3 ½ or passed preschool*

Swimmers will learn basic exploration that leads to assisted swimming. Students should be comfortable in the water and come prepared to put their face in the water. The main objective of level 1 is to expand knowledge and confidence in floats, glides and front crawl with rhythmic breathing. Swimmers will learn the following:

- Independent front/back floats for 5 seconds
- Introduction to front/back glides with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms with rhythmic breathing and support

BEGINNER LESSONS *continued*

Level 2 (L2): Sea Monkeys *Ages 4 or passed level 1*

The objective of level 2 is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers must be comfortable on their own and fully submerged in water where they can touch. The main goal is to develop confidence and competence in floating, gliding, kicking independently while gaining the knowledge in front crawl with rhythmic breathing without support. Swimmers will learn the following:

- Front/Back floats unsupported for 10 seconds
- Front/Back glides with flutter kick
- Flutter kicking on front/back with barbell support for 8 yards
- Front crawl with rhythmic breathing and barbell support for 8 yards
- Elementary backstroke arms
- Jump into deep water, submerge and return to wall independently

Youth Beginner (YB) *Ages 6 & older*

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. Students will be in a class with other school - aged children and learn at a faster pace. Students can continue to take youth beginner until they reach a level that includes their peers.

INTERMEDIATE LESSONS

Level 2.5 (L 2.5): Otters

Level 2.5 bridges the gap between L2 and L3. The objective of this level is to develop knowledge in the elementary backstroke and gain technique and endurance in the front crawl with rhythmic breathing. Swimmers will learn the following:

- Front/Back glide with flutter kick
- Flutter kick on front/back with support (25 yards)
- Front crawl with controlled rhythmic breathing (½ length)
- Elementary backstroke (½ length)
- Introduction to whip kick

Level 3 (L3): Seals

Level 3 builds on skills by coordinating strokes and increasing endurance. The main objective is to gain technique and endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Flutter kick on front/back with equipment (50 yards)
- Front glide with flutter kick to front crawl
- Back glide with flutter kick to back crawl
- Front crawl with rhythmic breathing (25 yards)
- Back crawl (½ length)
- Elementary backstroke (25 yards)

Level 4 (L4): Sting Rays

Level 4 develops endurance in previously learned strokes and introduces breaststroke. The objective is to gain knowledge and technique skills in the breaststroke while gaining endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Front crawl with open turn (50 yards)
- Back crawl with open turn (50 yards)
- Elementary backstroke (50 yards)
- Breaststroke (25 yards)
- Dolphin kick

ADVANCED LESSONS

Level 5 (L5): Dolphins

Level 5 refines coordination and technique while increasing endurance in the front and back crawl and elementary backstroke while learning the butterfly. Swimmers will learn the following:

- Front crawl with 1 flip turn (100 yards)
- Back crawl with open turns (100 yards)
- Elementary backstroke (100 yards)
- Breaststroke (50 yards)
- Butterfly (½ length)
- Dolphin kick (50 yards)

Level 6 (L6): Orcas

Level 6 polishes strokes and develops a strong technique to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Front crawl with flip turns (200 yards)
- Back crawl with open turns (200 yards)
- Breaststroke with underwater pull outs (11 yards)
- Butterfly (25 yards)
- Individual Medley (100 yards)
- Sidestroke (25 yards)

Introduction to Lifeguarding (IL)

During this class you will join a professional lifeguard to learn about water safety, first aid techniques, and basic water rescues. Participants will get the chance to shadow a lifeguard in rotation to gain a better understanding of the daily responsibilities of a lifeguard.

Introduction to Swim Team (IS)

\$131; \$119 Shoreview Resident

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke and freestyle; along with competitive turns. **This class is one hour.**

SWIM LESSONS AT THE COMMUNITY CENTER POOL

SUMMER MORNING SESSION Monday – Thursday, 4 times per week for 2 weeks

Session 1 June 12 – June 22			Session 2 June 26 – July 6 No class July 4			Session 3 July 10 – July 20			Session 4 July 24 – Aug 3			Session 5 Aug 7 – Aug 17			
Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	
8:15 A.M.	L2	330102-01	8:15 A.M.	L2.5	330112-06	8:15 A.M.	PS	330111-05	8:15 A.M.	LI	330101-07	8:15 A.M.	YB	330113-07	
	L2.5	330112-01		L3	330103-04		LI	330101-05		L2	330102-08		PR	330114-36	
	L3	330103-01		YB	330113-03		L3	330103-06		YB	330113-05		PR	330114-37	
	PR	330114-01		PR	330114-11		PR	330114-19		PR	330114-27		PR	330114-38	
	PR	330114-02		PR	330114-12		PR	330114-20		PR	330114-28		PR	330114-39	
9:00 A.M.	PS	330111-01	9:00 A.M.	PS	330111-03	9:00 A.M.	MR	330117-03	9:00 A.M.	MR	330117-05	9:00 A.M.	PS	330111-09	
	L2	130102-02		LI	330101-03		L2	330102-06		PS	330111-07		LI	330101-11	
	L2.5	330112-02		L2.5	330112-07		L2.5	330112-09		LI	330101-08		L2.5	330112-14	
	L3	330103-02		L3	330103-05		L5	330105-02		L3	330103-08		L3	330103-10	
	L4	330104-01		L5	330105-01		L6	330106-02		L4	330104-05		L5	330105-05	
9:45 A.M.	PR	330114-04	9:45 A.M.	MR	330117-02	9:45 A.M.	YB	330113-04	9:45 A.M.	PR	330114-30	9:45 A.M.	IS	330109-01	
	IL	350305-01		L2	330102-04		IL	350305-02		PR	330114-31		PR	330114-40	
	MR	330117-01		L4	330104-03		PS	330111-06		LI	330101-09		MR	330117-06	
	LI	330101-01		PR	330114-14		LI	330101-06		L2	330102-09		L2	330102-11	
	L2.5	330112-03		PR	330114-15		L2.5	330112-10		L2.5	330112-12		L2.5	330112-15	
10:30 A.M.	L2.5	330112-04	10:30 A.M.	PR	330114-16	10:30 A.M.	L4	330104-04	10:30 A.M.	L5	330105-03	10:30 A.M.	L6	330106-03	
	L4	330104-02		PS	330111-04		PR	330114-22		PR	330114-32		PR	330114-41	
	L6	330106-01		LI	330101-04		PR	330114-23		PR	330114-33		PS	330111-10	
	YB	330113-01		L2	330102-05		MR	330117-04		PR	330114-34		LI	330101-12	
	PS	330111-02		L2.5	330112-08		L2	330102-07		PS	330111-08		L2	330102-12	
11:15 A.M.	LI	330101-02	11:15 A.M.	PR	330114-17	11:15 A.M.	L2.5	330112-11	11:15 A.M.	LI	330101-10	11:15 A.M.	L2.5	330112-16	
	L2.5	330112-05		PR	330114-18		L3	330103-07		L2	330102-10		L3	330103-11	
	YB	330113-02					PR	330114-24		L2.5	330112-13		L4	330104-07	
	PR	330114-05					PR	330114-25		L3	330103-09		YB	330113-08	
	PR	330114-06					PR	330114-26		L5	330105-04		PS	330111-11	
11:15 A.M.	PR	330114-07							11:15 A.M.	PR	330114-35				
	L2	330102-03								YB	330113-06				
	L3	330103-03													
	PR	330114-08													
PR	330114-09														
PR	330114-10														

Session 6

Aug 21 – Aug 31

Time	Level	Activity #
9:00 A.M.	L2.5	330112-17
	YB	330113-09
	PR	330114-42
9:45 A.M.	PR	330114-43
	PS	330111-12
	PR	330114-44
10:30 A.M.	PR	330114-45
	MR	330117-07
	L2	330102-13
11:15 A.M.	PR	330114-46
	PR	330114-47
	PR	330114-48
	LI	330101-13
11:15 A.M.	L3	330103-12
	PR	330114-49
	PR	330114-50

A NOTE ABOUT COMMUNITY CENTER LESSONS

Swimming lessons will not be canceled if Mounds View School District cancels their after school activities due to weather. Group classes with fewer than 2 registered participants are subject to cancellations. Students are not allowed to swim before or after lessons unless they have purchased a wristband during the following times: Weekday Morning lessons (school year only), Weekday Evening lessons (all year), and weekend Morning lessons (at 12:00 P.M. when the water park opens). If your child needs a quieter environment to learn please look at our Saturday & Sunday availability for lessons. The pool is exclusively for lessons and lap swim during this time. Children ages 4 and under may use either locker room or the family locker room. Children ages 5 and older must use the same-gender locker room or family locker room. Have your child use the bathroom and shower before entering the pool area. Instructors & lifeguards are not allowed to take a child to the bathroom during lessons. On the first day of lessons, we will meet on the pool patio located by the entrance to the pool prior the start of class to go over first day introductions. We do not have make up lessons for group or private lessons. The pool water is temperature is kept between 83 & 84 degrees.

LESSON RATES

8 Lessons Group \$84; \$76 SV Res.
7 Lessons Group \$74; \$67 SV Res.

Private \$176; \$160 SV Res.
Private \$154; \$140 SV Res.

Semi-Private \$131; \$119 SV Res.*
Semi-Private \$115; \$105 SV Res.*

*2 participants of equivalent ability

WEEKLY CLASSES

1 day per week for 8 weeks

Monday June 12 – July 31			Wednesday June 14 – Aug 2			Saturday June 10 – July 29			
Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	
4:30 P.M.	PS	330111-13	4:30 P.M.	PS	330111-16	8:15 A.M.	L1	330101-19	
	L1	330101-14		L2	330102-17		L2.5	330112-24	
	L2.5	330112-18		PR	330114-55		PR	330114-62	
	L3	330103-13		PR	330114-56		PR	330114-63	
	YB	330113-10		PR	330114-57		MR	330117-10	
5:15 P.M.	MR	330117-08	5:15 P.M.	PS	330111-17	9:00 A.M.	PS	330111-18	
	L2	330102-14		L1	330101-16		L2	330102-20	
	L2.5	330112-19		L2.5	330112-22		L3	330103-18	
	L2.5	330112-20		L3	330103-16		9:45 A.M.	SF 1	330110-03
	PR	330114-51		YB	330113-12			SF 2	
6:00 P.M.	SF 1	330110-01	6:00 P.M.	SF 1	330110-02	10:30 A.M.	L2.5	330112-25	
	SF 2			SF 2			YB	330113-13	
	PS	330111-14		MR	330117-09		11:15 A.M.	MR	330117-11
	L2	330102-15		L1	330101-17	L1		330101-21	
	L3	330103-14		L2.5	330112-23	L4		330104-10	
	L6	330106-04		L4	330104-09	PR		330114-64	
	PR	330114-52		L5	330105-07	PR	330114-65		
6:45 P.M.	PS	330111-15	6:45 P.M.	L1	330101-18				
	L1	330101-15		L2	330102-18				
	L2.5	330112-21		L3	330103-17				
	L4	330104-08		IS	330109-02				
	L5	330105-06		PR	330114-58				
7:25 P.M.	YB	330113-11	7:25 P.M.	PR	330114-59				
	L2	330102-16		L2	330102-19				
8:05 P.M.	L3	330103-15	8:05 P.M.	PR	330114-60				
	PR	330114-53		PR	330114-61				
PR	330114-54								

Sunday June 11 – July 30

Morning			Evening		
Time	Level	Activity #	Time	Level	Activity #
9:00 A.M.	L1	330101-22	6:15 P.M.	SF 1	330110-05
	L2	330102-22		SF 2	
	L2.5	330112-26		PS	330111-21
	PR	330114-66		L1	330101-24
9:45 A.M.	MR	330117-12	6:55 P.M.	L2.5	330112-28
	PS	330111-20		L3	330103-20
	L2.5	330112-27		L5	330105-09
	PR	330114-67		YB	330113-14
10:30 A.M.	SF 1	330110-04	MR	MR	330117-14
	SF 2			L1	330101-25
	L1	330101-23		L2	330102-23
	L3	330103-19		L2.5	330112-29
	PR	330114-68		L4	330104-12
11:15 A.M.	MR	330117-13	PR	PR	330114-71
	L4	330104-11		PR	330114-72
	PR	330114-69			
	PR	330114-70			

TWO DAY CLASSES

2 times per week for 4 weeks

Monday/Wednesday June 26 – July 19			Tuesday/Thursday July 24 – Aug 16		
Time	Level	Activity #	Time	Level	Activity #
11:15 A.M.	L2	330102-24	11:15 A.M.	MR	330117-15
	PR	330114-73		PS	330111-22
	PR	330114-74		PR	330114-75
		PR		330114-76	

Tuesday/Thursday

June 6 – June 29			Aug 8 – Aug 31			
Time	Level	Activity #	Time	Level	Activity #	
4:45 P.M.	L2	330102-25	4:05 P.M.	PR	330114-91	
	L2.5	330112-30		PR	330114-92	
	L4	330104-13	4:45 P.M.	MR	330117-17	
	YB	330113-15		PS	330111-27	
5:30 P.M.	PS	330111-23	5:30 P.M.	L2.5	330112-35	
	L1	330101-26		YB	330113-17	
	L3	330103-21	L1	330101-30		
	PR	330114-77		L2	330102-29	
6:15 P.M.	PS	330111-24	L4	330104-15		
	L1	330101-27		PR	330114-93	
	L2.5	330112-31		6:15 P.M.	PS	330111-28
L5	330105-10	L2	330102-30			
7:00 P.M.	L2	330102-26	L2.5	330112-36		
	L2.5	330112-32		L3	330103-24	
	PR	330114-78		7:00 P.M.	L1	330101-31
PR	330114-79	L5	330105-11			
7:45 P.M.	PR	330114-80	IS	330109-03		
	PR	330114-81		PR	330114-94	
	PR	330114-82		7:45 P.M.	PR	330114-95
	PR	330114-83			PR	330114-96
			PR	330114-97		

July 11 – Aug 3

Time	Level	Activity #
4:45 P.M.	MR	330117-16
	L1	330101-28
	L2.5	330112-33
	L4	330104-14
5:30 P.M.	PS	330111-25
	L2	330102-27
	L3	330103-22
	PR	330114-84
6:15 P.M.	PS	330111-26
	L1	330101-29
	L2.5	330112-34
	YB	330113-16
7:00 P.M.	L2	330102-28
	L3	330103-23
	PR	330114-85
	PR	330114-86
7:45 P.M.	PR	330114-87
	PR	330114-88
	PR	330114-89
	PR	330114-90

RED CROSS COMMUNITY CPR/AED

Ages 16+

Tuesday, August 156:00 P.M. – 10:00 P.M.
\$90; \$81 Shoreview Residents **Activity # 350301-01**

Deadline to Register: Tuesday, August 8

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain, CPR mask and ready reference materials.

RED CROSS STANDARD FIRST AID

Ages 16+

Thursday, August 176:00 P.M. – 8:30 P.M.
\$58; \$53 Shoreview Resident..... **Activity # 350302-01**

Deadline to Register: Tuesday, August 8

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

RED CROSS COMMUNITY CPR/AED & FIRST AID

Ages 16+

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Tuesday, August 156:00 P.M. – 10:00 P.M.
and Thursday, August 176:30 P.M. – 8:30 P.M.
\$102; \$93 Shoreview Residents..... **Activity # 350303-01**

Deadline to Register: Tuesday, August 8

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.

RED CROSS LIFEGUARD TRAINING

Ages 15 & older

Pack a lunch, swimsuit, towel and snacks!

\$281; \$258 Shoreview Resident **Activity # 350402-01**

Wednesday, June 14, Friday, June 16 &
Sunday, June 188:00 A.M. – 4:00 P.M.
Tuesday, June 20.....4:30 P.M. – 8:30 P.M.

All training is at the Shoreview Community Center except for Wednesday, June 14, which will be held at Chippewa Middle School Pool.

Deadline to register: Wednesday, June 7

American Red Cross Lifeguard Training includes certification for 2 years in Lifeguard training, Standard First Aid/CPR/AED. This course provides all necessary information to recognize, respond, and care for emergencies in an aquatic environment and more. Certification will be issued after successful completion of a written exam and skill check off. Participants will receive a manual and CPR mask to take home. **COURSE**

PREREQUISITES:

- Minimum age 15 years
- Tread water for 2 minutes
- 300 yard swim
- Retrieve 10 lb. brick from pool bottom

SNORKELING

Ages 8 to 13

\$25; \$23 Shoreview Resident..... 11:00 A.M. – 12:00 P.M.

Friday, June 30.....**Activity # 330306-01**

Come learn the basics of snorkeling and we will provide the equipment. A variety of abilities are encouraged to join us in discovering the underwater world. Basic swimming skills are needed.

SUPERSITTER BABYSITTING CLINIC

Grades 5 to 7 \$65; \$59 Shoreview Resident

Saturdays, 8:00 A.M. – 12:00 P.M.

June 3 **Activity # 350101-01**
June 17 **Activity # 350101-02**
July 8 **Activity # 350101-03**
July 22 **Activity # 350101-04**
August 5 **Activity # 350101-05**
August 19..... **Activity # 350101-06**

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.

BOY SCOUT MERIT BADGES

Swimming and Lifesaving Merit Badges can be completed at the **Chippewa Middle School pool**. You will be asked to provide the Merit Badge Books and Certification Card. We will provide the Swimming or Lifesaving workbook and Instructor.

Swimming Merit Badge **Activity # 330301-01**
\$65; \$59 Shoreview Resident

Wednesday, June 14..... 12:00 P.M. – 4:00 P.M.

Deadline to Register: Wednesday, June 7

Location: Chippewa Middle School Pool

Lifesaving Merit Badge..... **Activity # 330301-02**
\$63; \$57 Shoreview Resident

Wednesday, June 14..... 12:00 P.M. – 4:00 P.M.

Deadline to Register: Wednesday, June 7

Location: Chippewa Middle School Pool

BOY SCOUT SWIM CHECKS

If you need to complete your Boy Scout swim check before you leave for summer camp, register for a time and date below. Our certified lifeguard will determine if you are a learner, beginner, or swimmer and complete the certification card after the swim test. \$5 per participant.

The swimmer will be asked to demonstrate the following:

- Jump feet first into water over their head and begin swimming
- Swim 75 yards in a strong manner using: sidestroke, breaststroke, trudgen or crawl
- Swim 25 yards using an easy, resting backstroke
- Float for 1 minute

You will need to bring the following:

- Boy Scouts of America Swim Test Certification form

Wednesday, June 7

7:00 P.M. – 7:30 P.M..... **Activity # 330301-03**

7:30 P.M. – 8:00 P.M..... **Activity # 330301-04**

Tuesday, June 27

6:00 P.M. – 6:30 P.M..... **Activity # 330301-05**

6:30 P.M. – 7:00 P.M..... **Activity # 330301-06**

Tuesday, July 25

7:00 P.M. – 7:30 P.M..... **Activity # 330301-07**

7:30 P.M. – 8:00 P.M..... **Activity # 330301-08**

Tuesday, August 8

6:00 P.M. – 6:30 P.M..... **Activity # 330301-09**

6:30 P.M. – 7:00 P.M..... **Activity # 330301-10**

AQUATIC LEADERSHIP PROGRAMS

These Aquatic Teen Leadership Programs have been designed for teens who would like to expand their knowledge and skills on water safety, communication, and leadership. Students of the Jr. Lifeguard and Swim Instructor Aid program will be learning life skills that they will be able to carry on and help others in the future by preventing injury through teaching, providing first aid, or lifeguarding skills.

Daily sessions will consist of physical training, lecture/demonstration, team building activities, and leadership training. Once completing the course, participants will have the opportunity to continue to gain knowledge and experience volunteering either with our swim lessons program as a Swim Instructor Aid or as a Jr. Lifeguard in our Tropics Indoor Waterpark.

NEW! SWIM INSTRUCTOR AID TRAINING 1.0

Ages 14-16..... \$33; \$30 Shoreview Resident

Activity # 330319-01

Monday, June 19 – Friday, June 23 9:00 A.M. – 11:00 A.M.

Activity # 330319-02

Monday, July 17 – Friday, July 21 5:30 P.M. – 7:30 P.M.

Do you want to get ready for a fun and exciting career as a swim instructor aid? This class will focus on teaching participants key principles of teaching and mastering basic skill progressions with a focus on: kicking, parent & toddler communication, water adjustment, class organization, holds & supports, water safety.

NEW! JR. LIFEGUARD 1.0

Ages 14-16..... \$33; \$30 Shoreview Resident

Activity # 350306-01

Monday, June 26 – Thursday, June 299:00 A.M. – 11:00 A.M.

Friday, June 30..... 12:00 P.M. – 2:00 P.M.

Activity # 350306-02

Monday, July 10 – Friday, July 14..... 5:30 P.M. – 7:30 P.M.

Location: Shoreview Community Center Pool & Room 206

Do you want to get ready for an exciting career as a lifeguard? This course provides a foundation of lifeguarding and life skills that will allow for a smooth transition to any lifeguard certification program. This course focuses on the following key areas: recognition of people in possible trouble, conscious & unconscious rescues, rule enforcement & public relations, first aid certification, and fitness.

Course prerequisites:

- 50 yard swim of front crawl or breaststroke
- Retrieve a 10 lb brick bring it to a wall from a depth of 4 ft
- Swim under water 10 ft

NEW! SMALL GROUP TRAINING

\$40; \$35 Shoreview Resident

Are you in a workout rut? Do you skip workouts because you're bored, or you simply don't want to exercise? Mix up your workout routine and have fun by working out with a personal trainer in a small group setting. Small group training adds motivation and camaraderie while holding you accountable to yourself and your group. Our personal trainers will design an exercise program tailored to meet your specific needs while modifying exercises for each individual. This training allows you personal training at a reduced price. Register for small group training with a group of 3-5 of your friends, or register by yourself and you will get placed with a group of 3-5 people. Personal trainers will arrange small group training sessions based on your group's available times. Registration forms are available at the Parks and Recreation front desk.



PERSONAL TRAINING:

A trainer can plan a safe, effective program and provide one-on-one instruction to ensure you use proper form and technique, exercise at the appropriate intensity, and maximize the effectiveness of your workout. Personal Trainers serve as coaches, educators and a source of encouragement to help you overcome obstacles and stick to your program. Personal Training comes in packages of 1, 3, 6 and 12 sessions. All sessions expire one year from the date of purchase.

Personal Trainers will:

- Establish realistic goals and determine safe strategies to achieve those goals
- Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- Achieve maximum results in minimum time
- Provide encouragement and accountability

How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, while others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress.

Sessions	Regular	Resident
Fitness Assessment.....	\$33.50	\$28
Single Session.....	\$70	\$65
Three Sessions.....	\$195	\$179.50
Six Sessions.....	\$368	\$342
Twelve Sessions.....	\$697	\$644
Twenty-four Sessions.....	\$1320	\$1200

Buddy Personal Training:

Buddy Sessions	Regular	Resident
Assessment.....	\$33.50	\$28
Single Session.....	\$52.50	\$48.50
Three Sessions.....	\$148.50	\$136
Six Sessions.....	\$277	\$256
Twelve Sessions.....	\$523	\$483.50

What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, postural assessment, cardiovascular testing, and sports-specific tests. You can register for a fitness assessment without signing up for personal training, however, assessments are included in personal training packages of 3, 6, and 12 sessions for first time clients.

GROUP FITNESS CLASSES

Call for information: 651.490.4750

SUMMER SESSION June 12 – August 27 (11 weeks)
(No class July 4, 10 weeks)

Welcome to Shoreview's group fitness classes. The Shoreview Parks and Recreation Fitness program boasts the best equipment in the industry with two state-of-the-art fitness studios. Our classes utilize high-quality resistive equipment, and new, innovative program offerings. Our instructors are nationally certified and follow the standards and recommendations of nationally accredited fitness organizations.

Shoreview is committed to providing fitness opportunities for individuals of all ages, fitness levels, and health status. Most fitness classes are suitable for everyone, but there are also class options available for beginners and those looking for classes of lower intensity levels. Please feel free to call to find out which classes best suit your needs – 651.490.4750.

Annual Members receive 30% off group fitness classes listed on pages 36-37. Discount now available online!

FITNESS PUNCH CARDS

Give our fitness classes a try! This Punch Card will allow you to take five classes during the session. Note: if individual classes are full, Punch Card holders may not be able to participate. Drop-In class schedule will be available the first week of classes. Card does not include Tae Kwon Do classes.

Cycling, Zumba®, Kettlebell, TRX®
\$45; \$42 Shoreview Resident

Yoga, Pilates, and Yogalates
\$52.50; \$48 Shoreview Resident

General Fitness Classes
\$36.50; \$34 Shoreview Resident

Available for purchase at the Upper Parks and Recreation Desk during office hours: M-F, 8 A.M. – 4:30 P.M. Over the phone payment accepted at 651.490.4750.



DROP-IN RATES

Drop-in passes allow you to attend a class. Drop-in schedule will be available the first week of classes.

Yoga, Pilates, and Yogalates
\$11.80; \$10.60 Shoreview Resident

Indoor Group Cycling, Zumba®, TRX®, Kettlebell
\$10.20; \$9.40 Shoreview Resident

General Fitness Classes Drop-in Rate
\$8.30; \$7.80 Shoreview Resident

MIND/BODY OPTIONS

Mind/Body Yoga & Other Yoga Classes

Begin to experience inner peace through awareness of your mind, body and spirit through various Yoga classes. Mind/Body Yoga emphasizes flexibility, balance and overall strength. Each class teaches stretching, breath awareness, and deep relaxation through meditation. Additional classes include Yoga Strength, Yogalates (a fusion of Yoga and Mat Pilates) and Candlelight Yoga, and Aqua Yoga (page 35). Candlelight Yoga is performed in the relaxing atmosphere of candlelight.



STRENGTH/CARDIO OPTIONS

Boot Camp

This workout incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Class formats may include Tabata, strength exercises, circuit training, core work, bodyweight exercises and a variety of other training methods to ensure you maximize your results.

Cardio and Strength Conditioning

This class fuses cardiovascular and strength exercises to provide you a complete strength and cardiovascular workout. All levels of fitness welcome.

Cardio Dance

Increase cardiovascular endurance and burn fat as you workout using combinations of movements and floor patterns. The instructor provides modifications, including low-impact alternatives, to accommodate all fitness levels, creating a fun cardio class that will help you reach your goals safely and effectively.

Cardio Kickboxing

A dynamic and energetic class that combines kicks, jabs, upper and full body movements to strengthen your body, and provide a great cardiovascular workout.

Classic Cycle, Strength and Stretch

This low impact class incorporates cycling, strength exercises and a stretching component to provide a total body workout.

Classic Pilates

This mat Pilates class utilizes classic pilates moves and incorporates props in order to provide an effective workout to build strength with minimal impact.

Classic Strength

This class focuses on strength exercises and routines while protecting your joints by keeping the moves low impact.

Core Fusion

If you're looking for a strong, lean and graceful body, then this class is for you. Core Fusion mixes body sculpting strength exercises with cardio, flexibility, and balance work to help you achieve a lean look.

Functional Training

Train your body to move more efficiently, build strength and train to prevent injuries with this class focused on improving movement and strength.

Indoor Group Cycling

Indoor Group Cycling is fun, challenging and accommodates all fitness levels using revolutionary group exercise cycles. This energetic class consists of a continuous bike ride set to up-beat music. Climb hills, sprint, and ride in and out of the saddle to simulate cycling outdoors. The resistance of the stationary bikes is adjustable to provide a variety of intensities.

Kettlebell/HIIT/TRX®

This class combines the strength benefits of a traditional Kettlebell workout and the cardiovascular benefits of a High Intensity Interval Workout (H.I.I.T.) and Total Resistance Training (TRX®) resulting in an intense total body workout in 30 minutes.

Kettlebell Training

Transform your body with kettlebell exercises that develop strength, power and stamina. This kettlebell class fuses exercises using kettlebell and non-kettlebell conditioning drills to provide a total body workout that will leave you feeling strong and lean.

Minute Burn **NEW CLASS!**

Feel the ultimate burn as you rotate through three rounds of 1-minute exercises each for your upper body, lower body, and core, followed by a 1-minute cardio burst. Class concludes with an extended core portion and stretch.

Power Pump

Power Pump is a strength training workout that targets the major muscle groups to strengthen and tone your body. This class utilizes supersets, tempo changes, alternating slow and fast reps, and pulsing that challenges your body. Equipment used includes a weight bar, weight plates, dumbbells, and resistance bands. Power Pump is suitable for all fitness abilities.

Power Strength

Power Strength class is a progressive weight lifting workout, focusing on your form and learning body mechanics while executing the lift. There is a set routine with challenging the reps and weights, but this is not a choreographed lift class set to aerobics music. Looking to increase muscle strength and learn about proper lifting technique? This is the class for you!

Step Cardio

Warm up with basic step moves, then learn fun patterns, combinations and movements on an adjustable step to work at all levels of endurance. Class ends with a core exercise component and a cool-down.

Strength Conditioning

This basic strength class uses hand weights, resistance bands, stability balls and various other equipment to strengthen major muscle groups of your body. Everyone works at their own level of intensity and chooses their own weight loads and resistance levels.

Tabata (30 min.)

Tabata features 20 second intervals of extreme exercise, followed by 10 seconds of rest, repeated eight times. These bursts of intense exercise mixed with various other strength and cardio drills will torch calories, increase your cardiovascular endurance, and build muscle in minimal time. *30 minute class.

Total Body Workout

Work all of your muscles in this total body workout. Improve your agility, speed, strength and endurance. Classes utilize a variety of weights, bodyweight exercises, conditioning drills, cycling, kickboxing, core work, kettlebells and more. Come ready to work, leave feeling accomplished.

TRX® Suspension Training (30 min.)

Born in the Navy SEALs, Suspension Training bodyweight exercise develops strength, balance, flexibility and core stability simultaneously. It requires the use of the TRX Suspension Trainer, a highly portable performance training tool that leverages gravity and the user's body weight to complete hundreds of exercises. Class size is limited, register to guarantee a spot.

Warrior Sculpt

Combine Pilates, Strength and cardio into one class. Take Yoga to a new level by adding light and heavy weights to traditional poses, and get your heart rate up by adding cardio drills and squats.

Zumba®

Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective and fun!

SENIORFIT CLASSES

SeniorFIT Strength Training

This strength training class focuses on increasing muscular strength, making everyday tasks such as lifting and bending safer and easier. Moving to your favorite music, the instructor will lead you in a variety of exercises using light weights, bands and exercise balls.

SeniorFIT Advanced Circuit

This class balances cardiovascular and strength training, providing a well-rounded, efficient workout. Use a variety of fitness equipment like resistance bands and hand-weights, combined with non-impact aerobics, and motivating music to get moving.

SeniorFIT Aqua Exercise

SeniorFIT Aqua Exercise is a low-impact yet highly effective class designed to increase strength, endurance, and range of motion. This class is held in the Community Center pool and swimming ability is not required.

SeniorFIT Yoga and Stretch

Feel your stress melt away as the instructor takes you through yoga positions to increase your flexibility, improve your balance, and strengthen your core. Leave class feeling refreshed, relaxed and energized.

WATER OPTIONS

All water classes are held in the Shoreview Community Center pool. The pool depth never exceeds 4½ feet, and the water temperature is regulated for maximum comfort. Swimming ability is not required – the gentle slope of the pool allows each participant to work at an appropriate depth.

Aqua Fit

Aqua Fit uses the water's natural resistant properties to help you increase overall muscle strength and endurance while conditioning your cardiovascular system.

Cardio Aqua Dance

Achieve long-term benefits while experiencing an absolute blast in our pools with exciting calorie burning and body energizing movements! The water provides natural resistance, making every step more challenging to help tone muscles.

AQUATIC TEEN LEADERSHIP PROGRAMS AVAILABLE!

JR. LIFEGUARD 1.0 & SWIM INSTRUCTOR AID TRAINING 1.0

SEE PAGE 31 FOR INFO

ShoreviewCommunityCenter.com | 651.490.4750

GROUP FITNESS

MORNING AND DAYTIME CLASSES

All classes are 50 minutes unless otherwise indicated.
 SUMMER FITNESS CLASSES 2017: June 12 – August 27 (11 Weeks). No class July 4 (10 weeks).

	Reg/Sv. Res	Activity #
MONDAY		
5:35 A.M. Total Body Workout (60 Minutes)	\$70/\$64	310502-01
7:30 A.M. Aqua Fit	\$70/\$64	310522-01
7:30 A.M. Mind/Body Yoga	\$105/\$95	310506-09
8:30 A.M. Classic Strength Conditioning	\$70/\$64	310539-01
8:30 A.M. SeniorFIT - Strength Training*	\$70/\$64	310161-01
9:30 A.M. Total Body Workout	\$70/\$64	310502-06
9:30 A.M. TRX (30 Minutes)	\$89/\$82	310557-08
10:15 A.M. Minute Burn	\$89/\$82	310557-08
11:40 A.M. Mind/Body Yoga	\$70/\$64	310538-01
12:45 P.M. SeniorFit Yoga* - Yoga & Strength	\$70/\$64	310163-01
TUESDAY (No Class July 4, 10 Weeks)		
5:35 A.M. Core Fusion	\$64/\$58	310530-01
6:30 A.M. TRX (30 Minutes)	\$81/\$74	310557-07
7:30 A.M. Aqua Fit	\$64/\$58	310522-02
8:30 A.M. Mind/Body Yoga	\$96/\$86	310506-02
8:30 A.M. Power Pump	\$64/\$58	310523-02
9:30 A.M. Step Cardio	\$64/\$58	310516-01
10:30 A.M. Cardio Dance	\$64/\$58	310545-02
11:00 A.M. Functional Training	\$64/\$58	310503-01
11:40 A.M. Strength Conditioning	\$64/\$58	310539-03
12:45 P.M. SeniorFIT - Strength Training*	\$64/\$58	310161-03
WEDNESDAY		
5:35 A.M. Total Body Workout (60 Minutes)	\$70/\$64	310502-02
7:30 A.M. Cardio Aqua Dance	\$70/\$64	310553-01
8:30 A.M. Cardio & Strength Conditioning	\$70/\$64	310540-01
9:30 A.M. Indoor Group Cycling	\$89/\$82	310566-01
9:30 A.M. Total Body Workout	\$70/\$64	310502-07
9:30 A.M. SeniorFIT - Strength Training*	\$70/\$64	310161-02
10:30 A.M. SeniorFIT - Yoga & Stretch*	\$70/\$64	310163-02
11:00 A.M. TRX (30 Minutes)	\$89/\$82	310557-01
11:40 A.M. Mind/Body Yoga	\$105/\$95	310506-04
THURSDAY		
5:35 A.M. Power Pump	\$70/\$64	310530-02
7:30 A.M. Aqua Fit	\$70/\$64	310522-03
8:30 A.M. Mind/Body Yoga	\$105/\$95	310506-07
8:30 A.M. Power Pump	\$70/\$64	310523-06
9:30 A.M. Step Cardio	\$70/\$64	310516-04
10:40 A.M. Yogalates	\$105/\$95	310525-04
11:00 A.M. Functional Training	\$70/\$64	310503-02
11:40 A.M. Strength Conditioning	\$70/\$64	310539-04
12:45 P.M. SeniorFIT - Strength Training*	\$70/\$64	310161-04
FRIDAY		
5:35 A.M. Total Body Workout (60 Minutes)	\$70/\$64	310502-03
7:30 A.M. Aqua Fit	\$70/\$64	310522-04
7:30 A.M. Cardio Kickboxing	\$70/\$64	310501-02
8:35 A.M. SeniorFIT - Aqua Exercise*	\$70/\$64	310162-01
8:30 A.M. Classic Strength Conditioning	\$70/\$64	310561-01
8:30 A.M. SeniorFIT - Advanced Circuit*	\$70/\$64	310165-01
9:30 A.M. Total Body Workout	\$70/\$64	310502-08
9:30 A.M. Classic Pilates	\$105/\$95	310567-01
10:30 A.M. SeniorFIT - Yoga & Stretch*	\$70/\$64	310163-03
SATURDAY		
8:00 A.M. Indoor Group Cycling	\$89/\$82	310566-02
8:30 A.M. Zumba*	\$89/\$82	310544-06
8:30 A.M. TRX/Kettlebell/HIIT	\$89/\$82	310510-01
9:30 A.M. Warrior Sculpt	\$70/\$64	310505-03

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center; this does not include Silver and Fit Memberships.

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

REGISTER EARLY AND SAVE YOUR SPOT IN CLASS!

Classes with fewer than 6 registered participants are subject to cancellations.

Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.

CHILD CARE AVAILABLE!

Mon-Sat..... 8 A.M. – 12:30 P.M.
 Mon-Thu..... 4 P.M. – 8:30 P.M.
 Fri..... 4 P.M. – 7 P.M.

Rate \$1 per hour per child.

See page 19 for additional information and holiday hours.

P.M. classes on next page

EVENING CLASSES

All classes are 50 minutes unless otherwise indicated.
SUMMER FITNESS CLASSES 2017: June 12 – August 27 (11 Weeks). No class July 4 (10 weeks).

	Reg/Sv. Res.	Activity #
MONDAY		
5:20 P.M. Yogalates	\$105/\$95	310525-01
6:25 P.M. Total Body Workout	\$70/\$64	310502-10
6:25 P.M. Warrior Sculpt	\$70/\$64	310505-02
6:30 P.M. Zumba®	\$89/\$82	310544-10
7:30 P.M. Power Pump	\$70/\$64	310523-04
TUESDAY (No Class July 4, 10 Weeks)		
4:30 P.M. Tabata (30 Minutes)	\$64/\$58	310513-02
5:20 P.M. Mind/Body Yoga	\$96/\$86	310506-03
5:20 P.M. Power Pump	\$64/\$58	310523-03
6:15 P.M. Aqua Fit	\$64/\$58	310522-05
6:25 P.M. Cardio Kickboxing	\$64/\$58	310501-01
6:30 P.M. Yogalates	\$96/\$86	310525-03
7:30 P.M. Yoga Strength	\$96/\$86	310524-02
WEDNESDAY		
4:15 P.M. Kettlebell Training	\$89/\$82	310528-03
5:15 P.M. Step Cardio	\$70/\$64	310516-03
5:20 P.M. Yogalates	\$105/\$95	310525-02
6:25 P.M. Boot Camp	\$70/\$64	310532-02
6:25 P.M. Functional Training Boot Camp	\$70/\$64	310503-03
6:25 P.M. Indoor Group Cycling	\$89/\$82	310512-05
7:30 P.M. Power Pump	\$70/\$64	310523-01
THURSDAY		
4:30 P.M. TRX	\$89/\$82	310557-03
5:20 P.M. Power Strength	\$70/\$64	310523-07
6:15 P.M. Aqua Fit	\$70/\$64	310522-06
6:25 P.M. Zumba®	\$89/\$82	310544-03
6:25 P.M. Pilates Fusion	\$105/\$95	310511-01
7:30 P.M. Mind/Body Yoga	\$105/\$95	310506-05
FRIDAY		
4:30 P.M. Zumba®	\$89/\$82	310544-04
SUNDAY		
5:30 P.M. Candlelight Yoga	\$96/\$86	310537-01

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center, this does not include Silver and Fit Memberships.

NOTES ABOUT GROUP FITNESS CLASSES:

- Classes with fewer than 6 registered participants are subject to cancellations.
- Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.
- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- Annual Community Center members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Senior Fit classes are free to only seniors with an annual Senior Membership. This does not include Silver and Fit Memberships.
- Fitness class attendance for members is applicable to the minimum monthly visits required by insurance providers to receive insurance reimbursements.
- All classes are 50 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Minimum age is 14. Ages 12 & 13 may sign up with a parent/guardian.
- Group Fitness insurance Program available. See website for more information.
- Two make-up classes are available per class registration. Please email recreation@shoreviewmn.gov to request a make-up pass.



Traditional Tae Kwon Do

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes will teach kicking, punching, striking, and blocking techniques through the philosophy and discipline of traditional Tae Kwon Do.

While learning self defense, you will develop both physically and mentally. You will improve your stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by certified instructors of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be assessed for registrations received after 12 P.M. on the Wednesday following the first class of the session.

Pre-registration is required; dropins are not permitted.

ADVANCED CLASS

Tuesdays and Thursdays 6:30 P.M. – 7:30 P.M.

SUMMER SESSION A

June 6 – July 13 (No class July 4 & 6, 5 weeks)

\$75; \$70 Shoreview Resident **Activity # 310231-01**

SUMMER SESSION B

July 18 – August 24 (6 weeks)

\$90; \$84 Shoreview Resident **Activity # 310233-01**

Location: Gym Activity Room

For ages 7 and older who have completed the Beginner class. This class will further the student's skills for powerful self defense. Students must attend the beginner class prior to taking the advanced class, even if they have Tae Kwon Do experience. Promotion to the advanced class may be determined at the instructor's discretion. A uniform is required and available through the instructor.

FAMILY DISCOUNT

\$15 off for second family member

\$25 off for third family member

(\$25 max discount per family)



COMMUNITY CENTER MEMBER EQUIPMENT ORIENTATION

(Individual or Group)

FREE to members age 14 and older

All members of the community center are encouraged to attend a fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize strength and cardiovascular equipment and provide guidelines for safe exercise. The schedule and sign-up sheet for equipment orientations is located on the desk in the fitness center. For more information call 651.490.4750.

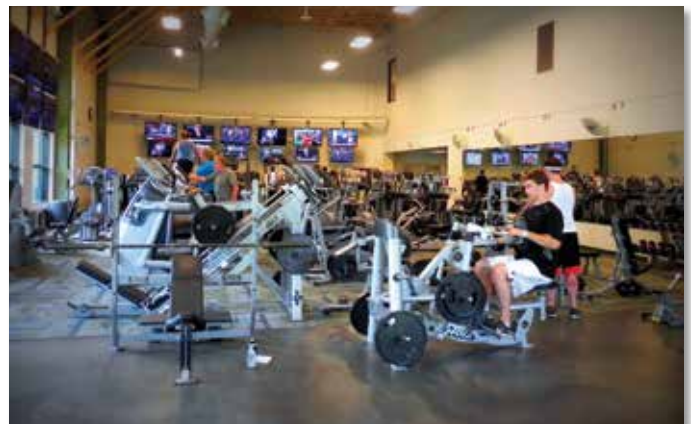
INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13

\$40; \$35 Shoreview Res. **Activity # 510299-01**

Shoreview Community Center

The Teen Equipment Orientation is required for 12 and 13 year olds to use the fitness center. The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover a beginning strength training program and guidelines for cardiovascular exercise. Registration forms are available at the front desk and lower level service desk. The schedule is located on the desk in the fitness center, or call 651.490.4768 to find out more.



SPRING ROYAL TEA PARTY



Sunday, May 21 3:00 P.M. – 5:00 P.M.
\$14; \$12 Shoreview Resident

Deadline to Register: Wednesday, May 17

Location: Shoreview Community Center

Join us at the Spring Royal Tea Party! Your afternoon will consist of crafts, a special appearance by a princess, storytelling, a temporary tattoo, and refreshments. Come in your favorite princess dress and don't forget your camera! Children must be accompanied by an adult. Pre-registration required. No walk-ins allowed. Ages 10 and under.



SAVE A LIFE.

HIRING EVENT AT SHOREVIEW COMMUNITY CENTER

ROOMS 202-203 | NO CERTIFICATION REQUIRED | FREE LIFEGUARD LICENSE (\$225 VALUE)
LIFEGUARD PAY RATE \$10.50-12.50 | SWIM INSTRUCTOR PAY RATE \$10-13.50 PER CLASS (CLASSES ARE 35 MIN)
APPLY ONLINE AT SHOREVIEWCOMMUNITYCENTER.COM OR IN PERSON | ADDRESS: 4580 VICTORIA ST N, SHOREVIEW

SATURDAY, MAY 13
12PM-3PM



PARTY IN THE *Tropics* AT THE SHOREVIEW COMMUNITY CENTER



651.490.4790
rentals@shoreviewmn.gov
www.shoreviewcommunitycenter.com

TROPICAL PACKAGE

Starting at \$160 for 8 people

INCLUDES:

- Wristbands for full day use of Tropics Indoor Waterpark & Tropical Adventure Indoor Playground
- 90 minutes in shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- Beach towel and card for the birthday child
- Free jumbo locker available for use

ADVENTURE PACKAGE

Starting at \$144 for 8 people

INCLUDES:

- Wristbands for full day use of Tropical Adventure Indoor Playground
- 90 minutes of shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- Beach towel and card for the birthday child
- Free jumbo locker available for use

ADD A THEME FOR ONLY \$12!

Choose from Princess, Pirate, or Under the Sea!

REGISTER NOW!



2017-2018 School Year

A \$50 non-refundable registration fee is required at the time of registration. This fee is not applied toward tuition. Monthly tuition is charged August – April. School year dates: September 11 – May 24, 2018

Our preschool program offers your child a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten.

Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, children have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience.

Our teachers have decades of teaching experience and create a warm, welcoming, and caring environment in which your child will thrive. Each class provides time for dramatic play, storytelling, music, arts & crafts, and a snack.

2½ TO 3 YEAR OLD CLASSES

Our preschool classes for 2½ to 3 year olds will offer your child a great first-time classroom experience. Class time will include opportunities for your child to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Children must be 3 years old by March 1, 2018.

Monday Funday AM.....9:00 A.M. – 10:30 A.M.
\$68/mo; \$62/mo SV Res.....**Activity # 540280-01**

Monday Funday PM 11:00 A.M. – 12:30 P.M.
\$68/mo; \$62/mo SV Res.....**Activity # 540280-02**

Friday Funday AM.....9:00 A.M. – 10:30 A.M.
\$61/mo; \$55/mo SV Res.....**Activity # 540281-01**

Friday Funday PM..... 11:00 A.M. – 12:30 P.M.
\$61/mo; \$55/mo SV Res.....**Activity # 540281-02**



3 TO 4 YEAR OLD CLASS

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Children will learn social skills and self-help abilities through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2017.

Tiny Treasures

Wednesday & Friday.....9:00 A.M. – 11:30 A.M.
\$138/mo; \$125/mo SV Res.....**Activity # 540282-01**



3 TO 5 YEAR OLD CLASS

Our preschool class designed for 3 to 5 year olds will provide a combination of early learning activities in an environment that will prepare your child for the next step. The class will be divided into age groups and ability while focusing on skill work including letters, numbers, colors, shapes, printing, counting and beginning math problems. Students will learn social skills and gain confidence and understanding in how to relate to others through group play. Each week physical education time will be included with activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2017.

ABC's & 123's

Tuesday & Thursday 1:00 P.M. – 3:30 P.M.
\$149/mo; \$136/mo SV Res..... **Activity # 540283-01**

Discount for enrolling in FIVE afternoons per week!

Are you looking to enroll your **4 to 5 year old** child in class 5 days per week? Receive a 15% discount if you enroll your child in both afternoon classes. Your child will enjoy a fun learning environment every afternoon by participating in Stepping Stones **and** ABC's & 123's.

Combined Discounted Monthly Tuition:

\$306/month; \$279/month Shoreview Resident



SPECIALTY CLASSES (3 TO 5 YEAR OLDS)

Enhance your child's learning experience by enrolling in one or more specialty classes Your 3 to 5 year old child will enjoy a fun, unique, and energy-filled preschool class. Classes will include a focused learning area, along with early educational concepts, individual and group discovery, art projects, creative movement, and snack. Children must be 3 by September 1, 2017.

Busy Buddies

Monday 9:00 A.M. – 11:30 A.M.
\$109/mo; \$99/mo SV Res..... **Activity # 540286-01**

This action packed class includes swimming lessons taught by certified lifeguards in Tropics Indoor Waterpark. Eight week sessions of swimming lessons are included the last 30 minutes of class during the fall, winter, and spring.

Story Stretchers

Tuesday 9:00 A.M. – 11:30 A.M.
\$90/mo; \$82/mo SV Res..... **Activity # 540287-01**

Development of a child's literacy skills is crucial during a child's early years. This literature based class will heighten reading readiness, sharpen comprehension skills & help your child develop a love for reading.

Investigators

Wednesday 9:00 A.M. – 11:30 A.M.
\$87/mo; \$79/mo SV Res..... **Activity # 540288-01**

Kids are curious about exploring the earth and how things work together. This class will give your child a hands-on opportunity to discover the world of science and all of its wonders.

Math Monsters

Thursday 9:00 A.M. – 11:30 A.M.
\$84/mo; \$77/mo SV Res..... **Activity # 540289-01**

For all of those kids who like numbers, solving problems, and having fun with shapes, this class has it all! A concentration on math is essential in the early years of child development and this class will include work on one on one correspondence, geometry, and counting while having fun.

4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare your child to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 4 years old by September 1, 2017.

Alpha Kids

Tuesday & Thursday 9:00 A.M. – 12:00 P.M.
\$163/mo; \$149/mo SV Res..... **Activity # 540284-01**

Stepping Stones

Monday, Wednesday & Friday 12:30 P.M. – 3:30 P.M.
\$211/mo; \$192/mo SV Res..... **Activity # 540285-01**



Entering grades K-9 (2017-18 school year)
June 12 – August 25, 2017 (No program July 4)

Are you looking for a safe and fun place to send the kids during the summer? Shoreview Parks and Recreation Summer Discovery program offers your child the opportunity to have a fun-filled, jam-packed summer while under the guidance of highly qualified staff. Each week will include a variety of activities for your child, including field trips, swimming, sports, games, crafts and more!

Program Registration requires an 11-week commitment with up to two weeks unpaid vacation allowed per child. Participants have the ability to register for 3, 4, or 5 days per week. A \$75 non-refundable registration fee is due at time of registration.

WEEKLY TUITION:

Summer Discovery Beginnings:

Entering Kindergarten (2017-18 School Year)

**Smaller Staff to Child ratio, Wednesday on-site entertainment, Swimming on Fridays, 3 off-site field trips during summer*

- 5 days/week.....\$210
- 4 days/week.....\$188
- 3 days/week.....\$150

Summer Discovery:

Entering grades 1-6 (2017-18 School Year)

**Wednesday Field Trips, Swimming on Mondays & Thursdays, Enrichment Class Opportunities at an additional cost*

- 5 days/week.....\$200
- 4 days/week.....\$172
- 3 days/week.....\$141

Summer Discovery Extreme:

Entering grades 7-9 (2017-18 School Year)

**Monday, Tuesday, & Thursday Field Trips/Service Learning Activities, Swimming on Wednesdays & Fridays*

- 5 days/week.....\$225
- 4 days/week.....\$192
- 3 days/week.....\$159



PUPPET WAGON

Come out to the park and enjoy the Shoreview Puppet Wagon! This is a free event, no preregistration required. Shows last approximately 30 minutes.

Mondays	Location	Time
June 19	Sitzer Park Shamrock Park	12:30 P.M. 2:30 P.M.
June 26	Bucher Park Commons Park	12:30 P.M. 2:30 P.M.
July 10	McCullough Park Bobby Theisen Park	12:30 P.M. 2:30 P.M.
July 17	Wilson Park Commons Park	12:30 P.M. 2:30 P.M.
July 24	McCullough Park Sitzer Park	12:30 P.M. 2:30 P.M.

Puppet Wagon Special Event Dates

Wednesday, June 28	Clearwater Creek Park Lino Lakes	7:00 P.M.
Wednesday, July 19	Birch Park Lino Lakes	7:00 P.M.
Saturday, July 22	Slice of Shoreview Island Lake Park	12:00 P.M. & 2:00 P.M.
Wednesday, August 2	Lino Park Lino Lakes	7:00 P.M.

WET & WILD

Ages 5 and up

July 7 & August 4 12:30 P.M. – 2:30 P.M.
Commons Park

Shoreview’s outdoor waterslide—back by popular demand. This is a free event, no registration necessary. Wear sunscreen and bring a water bottle!

ADVENTURE QUEST CARNIVAL

All ages

July 14 1:00 P.M. – 4:00 P.M.
\$3 per child **Activity # 370508-01**

Location: Shoreview Community Center

Come one, come all join us for a carnival! Shoreview Parks and Recreation summer Adventure Quest program hosts this annual carnival for all to enjoy. Come and try your luck at many games including Ring ‘Em, Duck Pond, Hockey Shot, Race track and more! **Register in advance or pay at the door.**

ADVENTURE QUEST SUMMER PLAYGROUND PROGRAM



June 12 – August 3 (no program July 4)

Join us for the journey of a lifetime this summer! Adventure Quest, our Summer Park Program, is filled with sports, crafts, games, songs, and other themed events. Our highly trained and energetic summer staff will be your child's summer adventure guide. Each week will unveil a new theme sure to keep your child interested and challenged this summer. Children will stretch their imaginations, keep physically active, and make new friends in Adventure Quest.

General Information:

Children are broken into age groups and activities are designed to be developmentally appropriate for each age group. Participants must be the designated age/grade by June 12, 2017. Consider attending both sessions for four fun-filled mornings per week.

TINY TREKKERS

Ages 3-5

June 12 – August 3 9:00 A.M. – 11:30 A.M.
No class July 4

Monday & Wednesday \$90; \$82 Shoreview Resident
Sitzer Park **Activity # 370501-01**
McCullough Park **Activity # 370501-02**
Bucher Park **Activity # 370501-03**
Wilson Park **Activity # 370501-04**

Tuesday & Thursday \$88; \$80 Shoreview Resident
Sitzer Park **Activity # 370502-01**
McCullough Park **Activity # 370502-02**
Bucher Park **Activity # 370502-03**
Wilson Park **Activity # 370502-04**



TRAVELERS

Grades K-5 (2016-17 School year)

June 12 – August 3 9:00 A.M. – 11:30 A.M.
No class July 4

Monday & Wednesday \$90; \$82 Shoreview Resident
Sitzer Park **Activity # 370503-01**
McCullough Park **Activity # 370503-02**
Bucher Park **Activity # 370503-03**
Wilson Park **Activity # 370503-04**

Tuesday & Thursday \$88; \$80 Shoreview Resident
Sitzer Park **Activity # 370504-01**
McCullough Park **Activity # 370504-02**
Bucher Park **Activity # 370504-03**
Wilson Park **Activity # 370504-04**

ADVENTURE QUEST LEADERS IN TRAINING

Entering grades 7 to 10

June 12 – August 3, No class July 4
\$77; \$70 Shoreview Resident **Activity # 370507-01**

Join us for this exciting leadership program! We are looking for youth that will be entering 7th to 10th grade in the fall of 2017 that are interested in learning more about leadership and getting a chance to develop those leadership skills working with our Summer Playgrounds Program.

* Participants will be required to attend a mandatory training on Thursday, June 8 from 6:30 – 8:00 P.M. at the Shoreview Community Center. During this time, participants will meet with a program staff to determine park placement and dates to work with playground program. Weekly LIT meetings will take place on Wednesdays at noon at the Shoreview Community Center.

OUTDOOR GAMES

Ages 7-11 Commons Park

Mondays, June 12 – July 31 1:00 P.M. – 3:00 P.M.
\$51; \$46 Shoreview Resident **Activity # 390514-01**

Participate in an assortment of exciting sports. We'll play sand volleyball, ultimate frisbee, bocce ball, kickball, dodgeball, ladderball, bean bag toss, washer toss, and other sports. **Class will start and end at the Haffeman Pavilion (located behind the Community Center).**

Adventure Quest Academy

The Adventure Quest Academy provides your child with a variety of opportunities to try new things and expand their interests. Each 2 week session explores a topic in-depth, promoting creativity and the power of imagination.

ART IN THE PARK

Ages 4 to 8..... Sitzer Park

Tuesday, Wednesday, Thursday

June 13 – 22..... 1:00 P.M. – 3:00 P.M.

\$53; \$48 Shoreview Resident..... **Activity # 370518-01**

Exploring the arts outdoors and making a bit of mess give children a chance to explore art in a fun environment. In this class we will indulge in a variety of forms of art including painting, drawing, crafts, theater and more!

MAD SCIENTISTS

Ages 4 to 8..... Bucher Park

Tuesday, Wednesday, Thursday

June 13 – 22..... 1:00 P.M. – 3:00 P.M.

\$53; \$48 Shoreview Resident..... **Activity # 370519-01**

Do you love doing experiments and letting out your inner scientist? Then this is the class for you! We will perform a variety of fun science experiments in this crazy course as well as learn basic safety skills and have a hands-on approach to science.

INVENTORS WORKSHOP

Ages 4 to 8..... Sitzer Park

Tuesday, Wednesday, Thursday

June 27 – July 6 (no class July 4)..... 1:00 P.M. – 3:00 P.M.

\$44; \$40 Shoreview Resident..... **Activity # 370520-01**

If you enjoy creating inventions from everyday objects you find around the house or drawing your own creations, then this is the class for you! We will use creative thinking, design and invention to create our own extraordinary objects and explore the process of invention.

BEYOND THE BEAD

Ages 4 to 8..... Bucher Park

Tuesday, Wednesday, Thursday

June 27 – July 6 (no class July 4)..... 1:00 P.M. – 3:00 P.M.

\$44; \$40 Shoreview Resident..... **Activity # 370521-01**

Join us for this class where we will be exploring the world of jewelry making. We will make different pieces of jewelry to adorn you with. You'll be sparkling with beautiful jewelry from head to toe when this class is over.

BUGGIN' OUT

Ages 4 to 8..... Sitzer Park

Tuesday, Wednesday, Thursday

July 11 – July 20..... 1:00 P.M. – 3:00 P.M.

\$53; \$48 Shoreview Resident..... **Activity # 370522-01**

Come explore the world of creepy crawly creatures! Learn about all kinds of insects, spiders, and more. We will dig in the dirt and look at nature to see what is crawling in our own backyards. You will have fun making art insects and even more fun making edible bugs!

SUPER SPACE CADETS

Ages 4 to 8..... Bucher Park

Tuesday, Wednesday, Thursday

July 11 – July 20..... 1:00 P.M. – 3:00 P.M.

\$53; \$48 Shoreview Resident..... **Activity # 370523-01**

3...2...1...Blast off! Come along on this super space adventure as we explore the universe and all its planets. We will make a variety of crafts that are out of this world including our very own rockets.

GOOFY GARDNERS

Ages 4 to 8..... Sitzer Park

Tuesday, Wednesday, Thursday

July 25 – August 3..... 1:00 P.M. – 3:00 P.M.

\$53; \$48 Shoreview Resident..... **Activity # 370524-01**

Start your journey to becoming the next great Minnesota Gardener! We will discover the world of plants, including vegetables and flowers while we see all that nature has to offer. We will see what we can make grow by planting some flowers and vegetables.

ACTIVE KIDS

Ages 4 to 8..... Bucher Park

Tuesday, Wednesday, Thursday

July 25 – August 3..... 1:00 P.M. – 3:00 P.M.

\$53; \$48 Shoreview Resident..... **Activity # 370525-01**

Try out a variety of different sports and activities that are sure to get your heart pumping! We will introduce you to some new games and sports as well as enjoy many of our old favorites. Sports help us not only build our athletic skills, but also create leadership opportunities, focus on sportsmanship, and have FUN!

IMAGINATION STATION

Ages 4 to 10..... Commons Park
Friday, June 16..... 9:00 A.M. – 11:00 A.M.
\$17; \$15 Shoreview Resident..... **Activity # 370509-01**

Hands-on learning is the best way to discover, imagine and create! We will work together to explore the world of science and art and all that it holds for us. You are sure to have a blast while you get your hands dirty in this class with fun activities and projects!

WATER OLYMPICS

Ages 4 to 10..... Commons Park
Friday, June 16..... 1:00 P.M. – 3:00 P.M.
\$17; \$15 Shoreview Resident..... **Activity # 370510-01**

This Shoreview version of the Olympics using water games is one you won't want to miss! Get ready to make a soggy dash for the finish line as we slide through the afternoon with an assortment of water relays. Come dressed with swimsuit and towel.

KNIGHTS AND PRINCESSES ROYAL CELEBRATION

Ages 4 to 10..... Commons Park
Friday, June 23..... 9:00 A.M. – 11:00 A.M.
\$17; \$15 Shoreview Resident..... **Activity # 370511-01**

Here ye! Hear ye! All knights, princesses and royal fold are hereby summoned, by order of the Queen, to the castle courtyard for a morning of royal delight. Come dressed in your royal garb if you like and join us on a quest to transform ourselves and our park into royal palace grounds.

WATER BONANZA

Ages 4 to 10..... Commons Park
Friday, June 23..... 1:00 P.M. – 3:00 P.M.
\$17; \$15 Shoreview Resident..... **Activity # 370512-01**

Grab your swimsuit and towel and get ready to get wet! During this water extravaganza we will be testing your skills with some water games you may have never played before. You are sure to have a blast and enjoy cooling off on a warm afternoon.

POKEMON PARTY

Ages 4 to 10..... Commons Park
Friday, June 30..... 9:00 A.M. – 11:00 A.M.
\$17; \$15 Shoreview Resident..... **Activity # 370513-01**

Do you like Pokemon? Wanna catch 'em all? Hone your Pokemon catching skills and become the greatest Pokemon master of all time with this exciting Pokemon Fun Day! You will catch your favorite Pokemon with a twist on tag, train with water balloon Pokeballs, play Psyduck Says, and level up with a variety of other active games.

PIRATES COVE

Ages 4 to 10..... Commons Park
Friday, July 7..... 9:00 A.M. – 11:00 A.M.
\$17; \$15 Shoreview Resident..... **Activity # 370514-01**

Ahoy Matey! With a compass that doesn't point north and sails full of holes, we'll sail the ocean & find our treasure of gold. Join us for a swash-buckeling good time at this pirate event; don't forget your eye patch!

MISSION IMPOSSIBLE

Ages 4 to 10..... Commons Park
Friday, July 21..... 9:00 A.M. – 11:00 A.M.
\$17; \$15 Shoreview Resident..... **Activity # 370515-01**

Wish you could be a spy like 007? You will be at this spy training camp! You will make your own spy gadgets and even go on a super secret mission.

SPLISH SPLASH

Ages 4 to 10..... Commons Park
Friday, July 21..... 1:00 P.M. – 3:00 P.M.
\$17; \$15 Shoreview Resident..... **Activity # 370516-01**

Drip...Drip...Drop! Look out because you are sure to be soaked after this afternoon of fun in the sun. We will play a variety of water games and enjoy cooling off on a hot afternoon. Come dressed with swimsuit and towel.

JUNIOR BUILDERS

Ages 4 to 10..... Commons Park
Friday, July 28..... 9:00 A.M. – 11:00 A.M.
\$17; \$15 Shoreview Resident..... **Activity # 370517-02**

Enjoy a morning of fun building and designing with Lego bricks creating a variety of structures. Use your science, engineering, and math skills as we take Lego building to a whole new level.

HAWAIIAN HULLABALO

Ages 4 to 10..... Commons Park
Friday, August 4..... 9:00 A.M. – 11:00 A.M.
\$17; \$15 Shoreview Resident..... **Activity # 370518-01**

Aloha means hello and goodbye. Join us as we say farewell to summer time at this end of the season bash! There will be music, dancing, crafts, and most of all FUN!

Sizzling hot summer fun—that's how everyone describes our summer trips. Parents love them because all our trips are chaperoned by our attentive staff. Kids love them because the trips take them to exciting places. Trips fill up fast, so sign up early. Bus pick-up and drop-off will be at the Shoreview Community Center. Event times listed are approximate only. **Supervision is not available before trip drop-off time. Meet in the Fireside Lounge to check-in and out.**

MN ZOO

Ages 6 – 14

June 16.....Drop off at 8:15 A.M., Pick up at 4:20 P.M.
\$45, \$40 Shoreview Resident**Activity # 370701-01**

Who is ready to visit the wildest place in the Twin Cities? There are endless opportunities for exploration and fun at the Minnesota Zoo. We can walk the Northern Trail surrounded by caribou, bison, gazelle and so many more animals! Venture through the Minnesota Trail seeing some of Minnesota's natural wildlife up close and personal! With animals to suit almost everyone's interest, be prepared to be amazed by sights such as the impressive Amur Tiger or the graceful Bald Eagle. **Please bring a bag lunch/money for concessions.** Register by 6/9.

WILD MOUNTAIN

Ages 6 – 14

June 23..... Drop off at 8:45 A.M., Pick up at 4:30 P.M.
\$50; \$45 Shoreview Resident.....**Activity # 370702-01**

Join us for a fun day as we go to Wild Mountain in Taylor's Falls, MN! If you are ready to get wet they have several large waterslides, a lazy river, and other fun attractions to use. If you want to stay dry you can enjoy the Go-Karts, or take the chairlift to the top of the mountain and wind down the 1700' long Alpine Slide track back down to the bottom. **Please bring a swimsuit, towel, sunscreen and a bag lunch or money for concessions.** Register by 6/16.

SEA LIFE AQUARIUM & NICKELODEON UNIVERSE

Ages 6 – 14

June 30..... Drop off at 8:15 A.M., Pick up at 4:35 P.M.
\$51; \$46 Shoreview Resident.....**Activity # 370704-01**

Imagine traveling 300 feet of ocean tunnel where sharks, stingrays and giant sea turtles swim so close, you'll feel like you can reach out and touch them! Join us as we explore the all new Sea Life Aquarium at the Mall of America! Not only will we be able to walk around the biggest mall in the USA, we will also get to have some fun at Nickelodeon Universe! Hop on the Fairly Odd Coaster or take a ride on SpongeBob Squarepants Rock Bottom Plunge! **Lunch is NOT included – Bring a bag lunch and beverage.** Extra spending money is optional but not required. Register by 6/23.

VALLEYFAIR

Ages 6 – 14

July 7 Drop off at 8:25 A.M., Pick up at 6:00 P.M.
\$55; \$50 Shoreview Resident.....**Activity # 370703-01**

From flips and dips to a 200-foot drop, there's excitement galore on Valleyfair's seven thrilling roller coasters, including Steel Venom, an impulse coaster with a twist! Don't miss Power Tower—275 feet of extreme scream! There's something for everyone at Valleyfair! All rides inside the park are included in admission, including the water rides. We will not be visiting Challenge Go Cart Park. **Bring sunscreen, swimsuit, towel and a bag lunch or money for concessions.** Register by 6/30.

MN CHILDREN'S MUSEUM & ZERO GRAVITY

Ages 6 – 14

July 21Drop off at 8:15 A.M., Pick up at 4:30 P.M.
\$50, \$45 Shoreview Resident.....**Activity # 370705-01**

Visit the newly renovated MN Children's Museum in St. Paul! It's bigger, better and bolder with more exhibits, more amenities and so many new things to learn! After this we will be going to Zero Gravity in Mounds View and we will spend time jumping on their trampolines, enjoying the foam pit, using the climbing wall, and even playing dodgeball and basketball. This field trip is going to be so much fun, so don't miss out and register now! **Please bring a bag lunch.** Register by 7/14.

EDINA AQUATIC CENTER & ROSLAND PARK

Ages 6 – 14

July 28.....Drop off at 8:55 A.M., Pick up at 4:50 P.M.
\$45, \$40 Shoreview Resident.....**Activity # 370706-01**

Ahoy mates, get ready for an adventure over land and sea! We will start our day exploring Rosland Park in Edina. The park features a brand new playground, lots of play space and a nature path for exploring. After a quick break for lunch, we will walk to the Edina Aquatic Center. Their pirate-themed water park includes many unique attractions including pirate's plunge and the shipwreck express. **Please bring a swimsuit, towel, sunscreen and a bag lunch.** Register by 7/21.

Registration is open for these summer sports leagues! DEADLINE IS APRIL 28

VOLUNTEER COACHES ARE NEEDED

Volunteer coaches are needed for all youth sports leagues. If you sign up to be a coach, your child's registration fee will be refunded at the end of the season (one child per team coached). Please complete the box on the registration form if you are interested in coaching. If you have any questions contact Program Supervisor at 651-490-4753.

T-BALL & BASEBALL LEAGUES

Grade levels based on 2016-17 school year

(Must be 4 by June 1, 2017)

Games and practices last for one hour, starting at 6:00 P.M. or 7:15 P.M.

\$72; \$62 Shoreview Resident; \$20 late fee after April 28

Mini Sluggers (CoRec T-Ball), Ages 4-5

Tues & Thurs, June 1 – July 27.....**Activity # 390101-01**

Little Sluggers (CoRec Machine Pitch), Gr K-1

Tues & Thurs, June 1 – July 27.....**Activity # 390102-01**

Sluggers (CoRec Machine Pitch), Grades 2-3

Mon & Wed, May 31 – July 26.....**Activity # 390102-02**

This program is designed to introduce youth to the game of baseball. Each age level will include instructional practices and games. A pitching machine is used in the baseball leagues. Children will receive a team shirt and hat. Parents will be informed of team assignment and first practice details shortly after the May 23 coaches meeting.

COACHES MEETING: Tuesday, May 23, 6:30 P.M.,
Shoreview Community Center



SUMMER SOCCER LEAGUES

Grade levels based on 2017-18 school year

(Must be age 4 by June 1, 2017)

Games and practices last for one hour, starting at 6:00 P.M. or 7:15 P.M.

\$72; \$62 Shoreview Resident; \$20 late fee after April 28.

Mini Mites CoRec, Ages 4-K

Mon & Wed, May 31 – July 26.....**Activity # 390201-01**

Team schedule will vary throughout the season, meeting 1-2 times per week.

Mites CoRec, Grades 1 and 2

Mon & Wed, May 31 – July 26.....**Activity # 390201-02**

Squirts CoRec, Grades 3 and 4

Tues & Thurs, June 1 – July 27.....**Activity # 390201-03**

Our summer soccer leagues focus on learning the basic skills, fundamentals and rules of soccer through fun filled practices and games against other teams. Players receive a shirt and are required to wear shin guards. Parents will be informed of team assignment and first practice details shortly after the May 22 coaches meeting.

COACHES MEETINGS: Monday, May 22, 6:30 P.M.,
Shoreview Community Center

IMPORTANT YOUTH SPORT LEAGUE INFORMATION

- You may request to be on a team with a friend, but that friend must request you as well. One special request per player, no chain requests will be allowed. All teammate requests must be submitted by the registration deadline. There is no guarantee that special friend requests can be honored.
- No requests, roster changes, or refunds will be honored after the registration deadline.
- A volunteer coach will contact you with your first practice time and location the week before practices begin. A detailed schedule for the whole season will be given out at the first practice.
- Practices and games will be held at various parks in Shoreview or neighboring cities.
- Every effort is made to balance the number of boys and girls in our co-rec league, dependent on requests and registrations.

Registration deadline for fall soccer & flag football is July 28



FALL SOCCER LEAGUES

Grade levels based on **2017-18 school year**
(Must be age 4 by September 1, 2017)

Practice: One practice per week beginning the week of August 21; day and time TBD by coach

Games: Saturday mornings, September 9 – October 14
Games and practices last for 1-hour. Starting times may vary week-to-week. Practices will be during the evening between 6:00 P.M. – 8:00 P.M. and games between 9:00 A.M. – 2:00 P.M.
\$72; \$62 Shoreview Resident; \$20 late fee after July 28.

- Mini Mites CoRec, Ages 4-K Activity # 490208-01**
- Mites CoRec, Grades 1-2..... Activity # 490208-02**
- Squirts CoRec, Grades 3-4 Activity # 490208-03**
- Pee Wee CoRec, Grades 5-6..... Activity # 490208-04**

Youth will learn the basic fundamental skills, rules, and strategies of the fun and exciting game of soccer. Teams are led by volunteer coaches. Players receive a shirt and are required to wear shin guards. Parents will be informed of team assignment and first practice details shortly after the August 14 coaches meeting.

COACHES MEETING: Monday, August 14, 6:30 P.M.,
Shoreview Community Center



FLAG FOOTBALL LEAGUES

Grade levels based on **2017-18 school year**

Practice: One practice per week beginning the week of August 21; day and time TBD by coach

Games: Saturdays, September 9 – October 14
Games and practices last for 1-hour. Starting times may vary week-to-week. Practices will be during the evening between 6:00 P.M. – 8:00 P.M. and games between 1:00 P.M. – 4:00 P.M.
\$92; \$82 Shoreview Resident; \$20 late fee after July 28.

- CoRec, Grade K-1 **Activity # 490207-01**
- CoRec, Grades 2-3..... **Activity # 490207-02**
- CoRec, Grades 4-6..... **Activity # 490207-03**

Youth will be introduced to football in an instructional, fun and non-contact manner. Participants will learn the basic fundamentals including passing, catching, rushing and offensive and defensive strategies. Teams are led by volunteer coaches. Players receive an NFL team jersey. Parents will be informed of team assignment and first practice details shortly after the August 15 coaches meeting.

COACHES MEETING: Tuesday, August 15, 6:30 P.M.,
Shoreview Community Center



SPORTS UNLIMITED

Sports Unlimited Camps provide fundamental skill development for boys and girls with an emphasis on fun! The camps help players learn the core skills and techniques used in each sport and then allow them to practice these skills in a number of games and scrimmages. All campers receive quality instruction, water bottle and sportsmanship award. All equipment is provided unless noted below. **Registration deadline is one week before camp starts.**

Camp	Age	Date	Time	Location	Fee	Activity #
Cheerleading and Dance	4-8	June 19-22	1:00 P.M. – 4:00 P.M.	Chippewa Middle School Gym	\$100; \$90 Shoreview Resident	390912-01
Wiffle Ball	5-10	June 19-22	10:00 A.M. – 12:00 P.M.	Perry Park (Arden Hills)	\$90; \$80 Shoreview Resident	390912-02
Mini Sport Sampler Variety of Sports and Playground Games	4-6	June 26-29	9:00 A.M. – 12:00 P.M.	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	390912-03
Soccer	5-10	June 26-29	1:00 P.M. – 4:00 P.M.	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	390912-04
Rugby	5-10	July 10-13	9:00 A.M.-12:00 P.M.	Shamrock Park	\$100; \$90 Shoreview Resident	390912-05
Volleyball	6-12	July 10-13	1:00 P.M.-4:00 P.M.	Chippewa Middle School Gym	\$100; \$90 Shoreview Resident	390912-06
Lacrosse non-contact	5-10	July 17-20	9:00 A.M.-12:00 P.M.	Shamrock Park	\$100; \$90 Shoreview Resident	390912-07
SNAG Golf Oversized Equipment Used	5-12	July 17-20	1:00 P.M.-4:00 P.M.	Shamrock Park	\$100; \$90 Shoreview Resident	390912-08
Flag Football	5-12	July 24-27	9:00 AM - 12:00 PM	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	390912-09
Pickleball	7-14	July 31 - August 3	10:00 AM - 12:00 PM	Cummings Park (Arden Hills)	\$90; \$80 Shoreview Resident	390912-10

LEISER'S MUSTANG BASKETBALL CAMPS

Join Mounds View Basketball Coaches in these Mustang basketball camps. These camps will focus on the fundamentals by using age-appropriate drills, games, and contests. All camp participants receive a camp t-shirt. Wear basketball shoes and bring a water bottle. Go Mustangs!

Camp (based on 2016-17 school year)	Session	Fee	Dates	Time	Location	Activity #
Age 5 – K (CoRec)	—	\$36	July 10, 12, 14	10:00 A.M.-10:30 A.M.	Island Lake School	390910-01
Grades 1-2 (Girls)	—	\$55	June 19-22	9:30 A.M.-10:30 A.M.	Island Lake School	390910-02
Grades 1-2 (Boys)	Session 1	\$55	June 26-29	9:30 A.M.-10:30 A.M.	Island Lake School	390910-03
	Session 2	\$55	July 17-20	10:45 A.M.-11:45 A.M.	Island Lake School	390910-04
Grades 3-5 (Boys)	Session 1	\$92	July 10-14	12:00 P.M.-2:15 P.M.	Island Lake School	390910-05
	Session 2	\$92	July 17-21	12:00 P.M.-2:15 P.M.	Island Lake School	390910-06
Grades 6-7 (Boys)	Session 1	\$102	June 26-29 & July 10-13	10:00 A.M.-12:00 P.M.	Mounds View HS	390910-07
	Session 2	\$102	July 17-20 & July 24-27	10:00 A.M.-12:00 P.M.	Mounds View HS	390910-08
Grades 8-9 (Boys)	Session 1	\$102	June 26-29 & July 10-13	12:15 P.M.-2:15 P.M.	Mounds View HS	390910-09
	Session 2	\$102	July 17-20 & July 24-27	12:15 P.M.-2:15 P.M.	Mounds View HS	390910-10

WEKO'S MUSTANG GIRLS VOLLEYBALL CAMP

Grades 3-9 (2017-18 school year)

June 12-15 & June 19-22

Location: Mounds View High School

Grades 3-6 8:30 A.M. – 10:00 A.M.
\$125 per participant..... **Activity #390903-01**

Grades 7-9 10:00 A.M. – 12:00 P.M.
\$155 per participant..... **Activity #390903-02**

Come join Mounds View varsity volleyball coach Tom Weko for a great two weeks of learning the game of volleyball. Players will be grouped by grade and playing experience with a maximum 8:1 player to coach ratio. Fundamentals and advanced skills will be taught based on age and ability. Former and current college players as well as current varsity players will provide instruction each day. Contests and games will be held daily. Participants should bring knee pads, wide wrist bands (optional), water bottle and a great attitude. Participants will receive a t-shirt (**please indicate a t-shirt size when registering**).

MONTGOMERY'S MUSTANG GIRLS BASKETBALL CAMP

Grades 3-8 (2016-17 school year)

Location: Mounds View High School

June 12-15..... 12:30 P.M. – 3:00 P.M.
\$95 per participant.....**Activity #390907-01**

Come join Mounds View head coach Dave Montgomery and his varsity players for a fun week of basketball. Each day will include fundamentals work, fun contests and scrimmages. Instruction will cover shooting fundamentals, passing and ball-handling skills, defensive positioning, and more. Players are grouped by grade or experience and there will be a 7:1 player to coach ratio. Current and former varsity players will help with camp each day and all participants will receive a t-shirt (**indicate a t-shirt size when registering**).

Tennis Lessons

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels. Using USTA QuickStart tennis curriculum, instructors will help participants progress from basic skills through intermediate skills. Participants should bring their own racquet and water bottle. Sign up with a friend or family member. Meet other players, develop your skills, get some exercise – and, most of all, have fun! Tennis balls are provided. Weather cancellations will be made at the court by the instructor.



PRIVATE LESSONS

Personalized high-quality tennis instruction for players who want to improve their court game. This program offers one-on-one tennis instruction for the casual or avid tennis player. Our instructors will help you work on your ground strokes, serves, volleys, lobs, and smashes in an individual setting. Semi private lessons are for two participants of equivalent ability. Participants must enroll with a partner for semi-private lessons.

Please note: Our instructors have other job responsibilities outside of the individual tennis instruction. They come specifically to teach tennis to individuals. For this reason, please note that notice of any cancellation must be given 24 hours in advance, or you will forfeit the session.

Individual Private Lessons (60 minutes)

Five lessons: \$180; \$170 Shoreview Resident

Summer **Activity # 390602-01**

Semi Private Lessons (60 minutes)

Five lessons: \$100; \$90 Shoreview Resident

(Each participant must pay registration fee and must enroll with a partner)

Summer **Activity # 390603-01**

GROUP LESSONS

Youth group lessons: \$68; \$58 Shoreview Resident

Adult group lessons: \$100; \$90 Shoreview Resident

PeeWees

Ages 5 to 7

Peewees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

Beginners

Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.

Advanced Beginners

Ages 9 to 11

Perfect for the player who has taken lessons, but needs stroke and technique improvement. Instruction focuses on stroke consistency and introduces new strokes.

Intermediate

Ages 11 to 14

For youth with dependable strokes who have completed advanced beginner class. Instruction will focus on court coverage, game strategy, stroke use and much more.

Adult Basics

Ages 18+

Brushing up on your tennis skills – or even just getting started – is easy and fun with our Basics class, an accelerated six-lesson program. All tennis basics will be covered, including actual play led by instructor. Instructor will group participants of similar ability.

SUMMER EVENING LESSONS

Mondays: June 12 - July 24 (No class July 3). If necessary, make-up lessons will be July 31 & August 7.

Tuesdays: June 13 - July 25. (No class July 4). If necessary, make-up lessons will be August 1 & 8.

Wednesdays: June 14 - July 19. If necessary, make-up lessons will be July 26 & August 2.

Thursdays: June 15 - July 20. If necessary, make-up lessons will be July 27 & August 3.

Class Level	Day	Time	Location	Activity #
Pee Wees	M	6:00 – 6:45 P.M.	McCullough	390606-06
Pee Wees	T	6:00 – 6:45 P.M.	McCullough	390606-07
Beginners	T	7:00 – 7:55 P.M.	McCullough	390607-06
Beginners	Th	6:00 – 6:55 P.M.	McCullough	390607-07
Advanced Beginners	Th	7:00 – 7:55 P.M.	McCullough	390608-06
Intermediate	W	6:00 – 6:55 P.M.	McCullough	390609-06
Adult Basics	M	7:00 – 8:30 P.M.	McCullough	390601-01
Adult Basics	W	7:00 – 8:30 P.M.	McCullough	390601-02

SUMMER MORNING LESSONS

June 12-29. If necessary, make-up lessons will be July 5 & 6.

Class Level	Day	Time	Location	Activity #
Pee Wees	M, W	9:00 – 9:45 A.M.	Wilson	390606-01
Pee Wees	T, Th	9:00 – 9:45 A.M.	McCullough	390606-02
Beginners	M, W	9:50 – 10:45 A.M.	Wilson	390607-01
Beginners	T, Th	9:50 – 10:45 A.M.	McCullough	390607-02
Advanced Beginners	M, W	10:50 – 11:45 A.M.	Wilson	390608-01
Advanced Beginners	T, Th	10:50 – 11:45 A.M.	McCullough	390608-02
Intermediate	M, W	11:50 A.M. – 12:45 P.M.	Wilson	390609-01
Intermediate	T, Th	11:50 A.M. – 12:45 P.M.	McCullough	390609-02

July 10-27. If necessary, make-up lessons will be the week of July 31.

Class Level	Day	Time	Location	Activity #
Pee Wees	M, W	9:00 – 9:45 A.M.	Wilson	390606-03
Pee Wees	T, Th	9:00 – 9:45 A.M.	McCullough	390606-04
Beginners	M, W	9:50 – 10:45 A.M.	Wilson	390607-03
Beginners	T, Th	9:50 – 10:45 A.M.	McCullough	390607-04
Advanced Beginners	M, W	10:50 – 11:45 A.M.	Wilson	390608-03
Advanced Beginners	T, Th	10:50 – 11:45 A.M.	McCullough	390608-04
Intermediate	M, W	11:50 A.M. – 12:45 P.M.	Wilson	390609-03
Intermediate	T, Th	11:50 A.M. – 12:45 P.M.	McCullough	390609-04

August 7-16. If necessary, make-up lessons will be August 10 & 17.

Class Level	Day	Time	Location	Activity #
Pee Wees	M,T,W	9:00 – 9:45 A.M.	McCullough	390606-05
Beginners	M,T,W	9:50 – 10:45 A.M.	McCullough	390607-05
Advanced Beginners	M,T,W	10:50 – 11:45 A.M.	McCullough	390608-05
Intermediate	M,T,W	11:50 A.M. – 12:45 P.M.	McCullough	390609-05

FALL SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

Program Information

Softballs and umpires are provided for all games. League game times are 6 and 7 P.M. (some 8 P.M. and 9 P.M. games). As we get later in Fall, some games will start at 5:50 P.M. due to less daylight. No playoffs for fall leagues. League fees include USSSA Sanctioning fees and sales tax. Leagues are run in collaboration with Arden Hills Parks and Recreation.

Registration deadline is July 21 for Fall Leagues.

Softball League Descriptions

Men's Recreation E: Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

Men's Recreation D: Better teams. Many of the players hit well. Team capable of scoring many runs. Three home runs per team.

CoRec D: Average teams. Teams have players with broad range of ability levels. Three home runs per team. CoRec leagues use an 11-inch softball for women and a 12-inch softball for men.

League	Day	Start Date	Games	Early Bird Rate by 7/10	Reg. Rate After 7/10	Activity #
CoRec D	Monday	August 7	10 Games – Doubleheaders	\$370	\$395	420801-01
Men's E	Tuesday	August 8	10 Games – Doubleheaders	\$345	\$370	420801-02
Men's D	Wednesday	August 9	10 Games – Doubleheaders	\$345	\$370	420801-03
CoRec D	Thursday	August 10	10 Games – Doubleheaders	\$370	\$395	420801-04

ADAPTED KICKBALL LEAGUE

Ages 12 and up

Mondays, Starting June 12 6:00 P.M. or 7:00 P.M.
 \$100 per team **Activity # 320702-01**

Location: Various fields in Shoreview

Are you interested in participating in an adapted sports program? Gather up your team of family, friends and neighbors to join the Adapted Kickball League. This league gives people with disabilities and peers the opportunity to make new friends, learn new skills and have tons fun while being part of a team. Games are self-officiated. Kickball, air pump, bases and scorebook provided. Schedule and rules are emailed to team managers the week of June 6. Individuals looking to find a team are encouraged to contact the Parks and Recreation office. **Registration deadline is May 26 or until league is full.**



SENIORFIT

The Shoreview Community Center is dedicated to helping seniors stay active and fit. SeniorFIT group exercise classes offer you the best opportunity to stay on track toward your health and fitness goals. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. Any participant may register for these classes, however, these classes are only free to individuals with an annual senior membership. Please see page 35 for SeniorFIT classes.

SILVER & FIT® MEMBERSHIPS

Check with your health insurance provider to see if you qualify for a Silver&Fit® membership! These memberships include free admission* to the Community Center (*admin fee may apply); membership does not include SeniorFIT group fitness classes. Join us for an information social the first Tuesday of each month, 9 A.M. – 10 A.M., in the Fireside Lounge.

DROP-IN PICKLEBALL

Ages 18 and up

Monday – Friday.....8:30 A.M. – 11:00 A.M.
 October 2 – April 27..... \$3 or free to members
 Closed Oct. 19, Oct. 20, Nov. 23, Nov. 24, Dec. 25, Jan. 15, Feb. 19

Shoreview Community Center Gymnasium (4 courts)
 4580 Victoria St. N.

Gym reserved exclusively for pickleball during these dates and times.

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about as current players will teach you all about the fastest growing sport in America. We have the equipment, just drop by.



SHOREVIEW AREA PICKLEBALL CLUB

\$15 Annual Membership.....**Activity # 520200-01**

We're happy to welcome you to the fastest growing sport for adults in the Country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Members will have the option to purchase a club t-shirt for \$20 per shirt at the Parks and Recreation Office. Membership is good for 2017 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.

Bobby Theisen Park (6 dedicated pickleball courts)

*Monday – Friday.....8:00 A.M. – 11:00 A.M.

*For experienced players

**Tuesday, Thursday & Sunday 6:00 P.M. – 8:00 P.M.

**For all skill level players

Commons Park (6 courts striped on tennis courts)

***Monday, Wednesday & Friday8:30 A.M. – 11:00 A.M.

***For beginner and social players

PICKLEBALL LESSONS

\$60 Per Person

Beginner (1.0 – 2.0)

This is an introductory class geared for those who have little or no knowledge of Pickleball. We will cover basic rules, primary skills, terminology and etiquette.

Wednesdays, June 21 – July 12 5:30 P.M. – 7:00 P.M.

Island Lake School Gym.....**Activity # 320200-01**

Beginner/Advanced Beginner (1.5 – 3.0)

For players who have played Pickleball and would like to build their confidence, develop technique, court positioning and strategy.

Wednesdays, June 21 – July 12 2:30 P.M. – 4:00 P.M.

Island Lake School Gym.....**Activity # 320200-02**

Intermediate/Advanced (3.0 – 4.5)

For players who want to fine tune their skills and techniques. Get comfortable with the dinking game, use of the third shot and competitive play.

Wednesdays, August 2-23 1:00 P.M. – 2:30 P.M.

Island Lake School Gym.....**Activity # 320200-03**

FREE ACTIVITIES AT THE COMMUNITY CENTER

500

Mondays at 12:30 P.M. **Activity #500603-01**

No partners required

No 500 on June 5

Bingo

One Wednesday monthly at 1:00 P.M. **Activity #500605-01**

\$0.25 per card (no max)

April 26, May 31, June 28, July 26, August 30, September 27

AARP SMART DRIVER COURSE

The AARP Driver Safety Program is designed for motorist's age 55 and older. Upon completion of one of these seminars, you will be entitled for a discount on your auto insurance premium.

For the first time, one attends the 8-hour seminar. To retain the insurance premium discount, everyone should attend the 4-hour refresher seminar every 3 years. Please bring your current driver's license with you. Seminars are taught by AARP trained volunteers. Registration deadline is 3 days prior to the class. AARP member cards must be presented at the time of registration to qualify for member rates. This rate includes a Shoreview administration fee.

2017 Courses

4 Hour Day Course 9:00 A.M. – 1:00 P.M.

AARP Member Rate: \$24; Non-Member Rate: \$29

Tuesday, May 2 **Activity # 250201-04**

4 Hour Evening Course 5:30 P.M. – 9:30 P.M.

AARP Member Rate: \$24; Non-Member Rate: \$29

Wednesday, May 24 **Activity # 250201-05**



SOCIAL MEDIA: STEP-BY-STEP ON THE BASICS

Facebook

Thursday, June 22 1:30 P.M. – 2:30 P.M.

\$20; \$15 Shoreview Resident **Activity # 330308-01**

Twitter

Thursday, July 13 1:30 P.M. – 2:30 P.M.

\$20; \$15 Shoreview Resident **Activity # 300308-02**

Pinterest

Thursday, July 27 1:30 P.M. – 2:30 P.M.

\$20; \$15 Shoreview Resident **Activity # 300308-03**

Instagram

Thursday, August 17 1:30 P.M. – 2:30 P.M.

\$20; \$15 Shoreview Resident **Activity # 300308-04**

Learn the basics of navigating Social Media platforms. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, laptops, or smart phones are welcome to bring to class. User must have knowledge on their own device. Media devices are not necessary but highly recommended.

Register by the Friday before the scheduled class date.



NETWORK, INTERNET & CYBER SECURITY

Tuesday, June 20 1:00 P.M. – 3:00 P.M.
 \$40 per person..... **Activity # 300303-01**

Shoreview Community Center

Among all the computer use concerns in the world, “Systems and Cyber Security” is one of the most important concerns people have. Understanding computer security can truly help you better safeguard your valuable technology data and devices you use. Our Internet and Cyber Security class is performed in the workshop, hands-on practice format to help you learn the tricks to keep safe and secure; thus, saving you potential high repair expenses, or at least minimize the risk. We learn and compare different security software available in the market today, tips and warnings signs that can alert you about potential cyber-attack, how to handle and avoid online scams, solicitors, security threats and phone calls that sync unknown callers to your computer causing you harm. You also learn how to ensure your security essentials are in place to better protect your online banking, health, family communications and data sharing. Class taught by “Raythecomputerguy”.

PERSONAL COMPUTER SYSTEM SECURITY, VIRUS REMOVAL, TUNE-UP & OPTIMIZATION

Tuesday, July 18 1:00 P.M. – 3:00 P.M.
 \$40 per person..... **Activity # 300304-01**

Shoreview Community Center

This Computer Class is designed to help you be aware of Personal Computer Security & Data Privacy challengers they face. Come learn about the nature of viruses, virus type (Worms, Malware, Adware, etc...) as well as actual remote computer security hackers who can easily take over Personal Computers to create problems. You will also learn about available affordable security tools they can utilize to help them minimize such security risks. Walk away from this class learning effective simple measures they can take on their own to avoid virus infections, tune-up own computers, cleanup unwanted files or web links, cookies, and “junk files” that clutter Personal Computers. You will leave with a better security knowledge and how-to safeguard their own home networks and personal computer or smart devices they use to go online and socialize with family and friends. Class taught by “Raythecomputerguy”.

PERSONAL DATA, FILES & FOLDERS MANAGEMENT

Tuesday, August 15 1:00 P.M. – 3:00 P.M.
 \$40 per person..... **Activity # 300305-01**

Shoreview Community Center

This two hour class session is designed to talk about how to better manage and organize own file documents, personal photos, and program applications on personal computers or personal servers at own home or office. You will learn about strategies to personal file and folder name structuring, store and access design, data type grouping, and easy recovery process. You will also learn different methods to backup or save additions copies protecting their valuable data files and photos from data corruption, security breaches, and system breakdown problems they may face. Class taught by “Raythecomputerguy”.



COMPUTER USER GROUP

First Tuesday of each month 9:00 A.M. – 11:00 A.M.
FREE

Shoreview Community Center

Ask “Ray The Computer Guy” anything regarding your Information Technology needs. He will be available every First Tuesday of each month from 9:00 A.M. – 11:00 A.M. at the Shoreview Community Center to answer any technology related questions or concerns you may have. He can provide you with alternative solution options if your questions remain. This is a FREE service to you as a part of Shoreview Community Center services.

KNITTING – BEGINNING

Wednesdays, June 7 - July 12 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident..... **Activity # 300301-01**

Deadline to register: Wednesday, May 31

Shoreview Community Center

Come learn the basic knitting techniques and how to read patterns. Also you will learn the correct way to hold the needles, count stitches, and pick up dropped stitches. Please bring a small scissors and zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$20.00 the first night. Please, do not bring your own materials.



CROCHETING – BEGINNING

Thursdays, June 8 - July 13 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident..... **Activity # 300302-01**

Deadline to register: Wednesday, May 31

Shoreview Community Center

Come learn the basic crocheting techniques and how to read patterns. Also, you will learn the correct way to hold the hook and count stitches. Please bring a small scissors and a zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$10.00 the first night. Please, do not bring your own materials.



BINGO & DOUGHNUTS

Wednesday, June 14..... 10:00 A.M. – 11:30 A.M.
\$6; \$5 Shoreview Resident **Activity # 300513-01**

Deadline to Register: Friday, June 9

Location: Shoreview Community Center

Join us for a morning of Bingo, doughnuts, fruit, and coffee! We will have lots of prizes to give away and a lucky winner will walk away with a gift card to Cub Foods! (Price includes treat, prizes, & bingo)

BINGO & ICE CREAM

Friday, July 14..... 1:30 P.M. – 3:00 P.M.
\$6; \$5 Shoreview Resident **Activity # 300513-02**

Location: Shoreview Community Center

Join us for an afternoon of Bingo, ice cream and coffee! We will have lots of prizes to giveaway and a lucky winner will walk away with a gift card to Target! (Price includes treats, prizes & Bingo)

BINGO & BOOKS

Wednesday, August 9..... 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 300513-03**

Location: Shoreview Community Center

Calling all book lovers, it's National Book Lovers Day! Join us for an afternoon of Bingo, coffee, treats, and books! We will have lots of prizes and books to giveaway and a lucky winner will walk away with a gift card to Barnes and Noble! (Price includes treats, prizes & Bingo)

BINGO & CINEMA

Thursday August 24..... 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 300513-04**

Location: Shoreview Community Center

Join us for an afternoon of Bingo, coffee, and popcorn! We will have lots of prizes to giveaway and a couple of lucky winners will walk away with movie theatre tickets! (Price includes treats, prizes & Bingo)

Jobs that Fit Your Lifestyle!



Part-time ♦ Flexible Hours ♦ Fun People

Adventure Quest Playground Instructors: Lead pre-school and elementary age children in Summer playground program including sports, crafts, games, storytelling, songs and special events. Experience working with children and elementary course work desired. June-Aug. Daytime hrs. \$9.50-11/hr. Must commit for entire summer.

Fitness Instructors: All formats including cardio-kick, cycling, kettle bells, ballet fitness, strength training, water exercise, yoga, pilates, and dance-based fitness classes. Certification required. Morning, afternoon, evening and weekend hours available. \$24-35/class

Guest Service/Memberships: Introduce potential members to facility, features and membership benefits; retain members through follow-up calls and direct mail; provide rental information; operate in lead capacity at our Service Desk; troubleshoot guest issues and concerns; operate cash register and computer. \$11-12/hr.

Lifeguards: Lifeguard in a tropical paradise at our beautiful indoor pool. Ensure safety of pool guests by preventing and responding to emergencies. No experience required. Training is provided for Ellis Certification (a \$225 value). Lifeguards needed for morning, afternoon, weekend and evening hours. \$10.50-12.50/hr. School year-daytime M-F (5am-4pm) \$12/hr.

Manager On Duty: Coordinate day-to-day activities in the Community Center, supervise staff, assist guests, follow safety/security procedures. Minimum qualifications include 1 yr customer service exp, 6 months supervisory experience, HS diploma or equivalent, ability to lift/move 50 lbs., CPR & First Aid certifications preferred. \$14.50-16.50/hr.

Manager on Duty - Room Set Ups: Do room set-ups for the next day's meetings and special events at the Shoreview Community Center. This includes properly arranging tables, chairs, furniture, sound system and other equipment. 5-10 hrs/week. Typically 12 midnight-3 am. on weekends. \$14.50/hr

Personal Trainers: We emphasize helping people meet their fitness goals. Generate client base and provide one-on-one personalized fitness consultations, education, and motivation to clients. Design safe, effective workouts and work on general health, sports specific conditioning, and general fitness. National training certification required. \$19-23/hr.

Pool Coordinator: Coordinate activities inside the pool area including all pool operations, supervise staff, assist in scheduling unfilled shifts, interpret and carry out pool policy for patrons and staff, operate and maintain pool systems, assist with training, perform in accordance with appropriate safety & security standards. \$13-15/hr,

Seasonal Maintenance Workers: Parks, Streets and Utilities are hiring full-time summer help to perform general labor such as landscape and grounds care, street maintenance and repairs, and/or water/sewer mtce. Must have HS diploma or GED, be 18+ yrs of age, lift/move 50-100 lbs. \$11.50-13.50/hr.

Service Desk: Work in a fast-paced environment assisting guests on the phone and in-person, operate cash register and reconcile cash, enter memberships into computer, handle a variety of information, assist with concessions when needed. \$10-11/hr.

"Summer Discovery" Instructors: Supervise and care for children grades K-6 in full-day childcare. Plan and implement program activities ranging from arts & crafts to sports instruction and field trips. Weekdays, M-F. Hours vary between 6:15am-6:15pm. Mid-May-Aug. \$10.50-12/hr. Must commit for entire summer.

Swimming Instructors (we will train): Instructors needed for morning and early evening lessons at the Community Center pool. Mon-Sun. \$10-13.50/class (35 minute classes)

Tennis Instructors: Instruct youth and adults in beginning thru advanced tennis classes. Previous teaching experience along with playing experience desired. Weekday mornings and evenings, June-August. \$14-16/hr. DOQ

Wave Cafe: Attendants prepare food orders, operate a cash register, maintain a clean work area, stock supplies, clean tables and help keep the lobby area neat. Daytime (school yr) \$10.50-11.50/hr. Eves/weekends/summer \$9.50-10.50/hr.

Youth Soccer Officials: Officiate soccer league games for children. Knowledge of soccer rules, previous officiating experience desired, soccer playing experience preferred, good interpersonal skills. Must be age 16 or older. June-July weekday evenings; \$15-25/game.

FREE
Community Center
Membership!

Apply at: shoreviewmn.gov

Shoreview Parks & Recreation
4580 North Victoria Street, Shoreview MN
651-490-4750. Equal Opportunity Employer



MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7431.

FOOD SHELF DONATIONS

The Community Center is a year-round drop-off site for the Ralph Reeder Food Shelf. When you pack your gym bag, include a non-perishable food item to contribute to the food shelf. Look for the green bins. Thank you!

NORTHEAST YOUTH AND FAMILY SERVICES

Northeast Youth and Family Services, a non-profit social service agency based in Shoreview, serves residents of the northern suburbs. Services include mental health counseling for youth and adults, employment programs for at-risk youth, parenting support groups, and chore services for seniors. For a full listing of programs and services, please visit our web site at www.nyfs.org or call us at 651.486.3808.

SENIOR CHORE SERVICE

Need assistance with household chores? Students ages 12 to 17 are available to assist with mowing, snow shoveling, housecleaning and other projects on a one-time, weekly or monthly basis. Rates are affordable and financial assistance is available to eligible seniors to offset the cost. Call Debbie at 651.379.3451 to arrange for chore service.



ATHLETIC ASSOCIATIONS

Irondale Baseball League
www.iblbaseball.com

Irondale Girls Fastpitch Association
www.knightsfastpitch.org

Irondale Youth Hockey Association
www.ihaleague.org

Iron Mustang Wrestling
www.ironwrestling.com

Mounds View Basketball Association
www.moundsviewbasketball.com

Mounds View Area Youth Lacrosse Association
www.mvaylax.org

Mounds View Softball Association
www.moundsview.softballsystems.com

Mounds View/Irondale Youth Hockey Association
www.moundsview.pucksystems2.com


Mounds View Youth Football League
www.moundsviewyouthfootball.org

North Suburban Aquatic Club
www.nsmakos.org

North Suburban Soccer Association
www.nssasoccer.org

Roseville Area Youth Hockey
www.rosevillehockey.org

Shoreview Area Youth Baseball
www.sayb.org

Shoreview Recreation Areas  Web Page: www.shoreviewmn.gov		Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Indoor Pickleball Courts	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Skating, Speed	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball	Circuit Training
Bobby Theisen Park 3575 Vivian Ave.		15		1						6						1		2		
Bucher Park 5900 Mackubin Street		25	2	1												1		2		
Lake Judy Park 900 Tiller Lane		5		1/2																
McCullough Park 915 County Rd I		75	2	1							With grill					1		2		
Ponds Park 190 Sherwood Road		1									Table only									
Rice Creek Fields 5880 Rice Creek Parkway		10	4																	
Shamrock Park 5623 Snelling Ave.		23	2	1							With grill					1		2		
Shoreview Commons and Community Center 4580 North Victoria		40	2	1					4	2	With grill					1		2		
Sitzer Park 4344 Hodgson Road		8	2	1							With grill							2		
Wilson Park 815 County Road F		13	2	1							Tables Only With grill							2		

SWEETROLL SKATE PARK

The SweetRoll is a tier-one skating facility, located on the north side of the Shoreview Community Center, 4580 Victoria Street North, adjacent to the paved trail that runs under Highway 96. This allows access to the SweetRoll via the City of Shoreview's 41 miles of paved trails. The attractions include a wedge, a spine, a fun box, a quarter pipe, grind rails, and a mini ramp. The Skate Park will be open for inline skaters and skateboarders during the times listed below.

Park Hours Hours subject to change.

Monday-Friday

3:30 – 8:00 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Saturday

9:00 A.M. – 7:30 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Sunday

9:00 A.M. – 5:30 P.M. School Year & Summer

The following are operated by Ramsey County Parks. 651-748-2500 www.co.Ramsey.mn.us		Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
Island Lake County Park 3611 Victoria Street		167											
Lake Owasso County Park 370 N. Owasso Blvd.		9											
Shoreview Ice Arena 877 Highway 96 (Hockey only)													
Snail Lake Regional Park 580 Snail Lake Blvd.		400											
Turtle Lake County Park 4979 Hodgson Road		9											

For detailed park info and maps, visit www.GoRamsey.org



Program Registration Form

Shoreview Parks & Recreation Dept. | 4580 Victoria Street North | Shoreview, MN 55126
 Phone: 651.490.4750 | Fax: 651.490.4797 | Web: www.shoreviewcommunitycenter.com



Please fill out the form below completely. An incomplete form may delay your registration. If you prefer, you may register online at: <https://registration.shoreviewmn.com> or scan the QR code with your smartphone.

LAST NAME (PRIMARY) _____ FIRST NAME (PRIMARY) _____ HOME PHONE (AREA CODE) _____

ADDRESS _____ CITY _____ ZIP _____ CELL PHONE (AREA CODE) _____

E-MAIL ADDRESS _____ EMERGENCY CONTACT _____

Participants Last Name/First	M/F	Birthdate	Activity Number	Activity Name	Activity Day/Time	Fee \$

Are you a Silver & Fit® member? Yes No

Are you a Community Center Annual member? Yes No

Total Amount Enclosed \$ _____

YOUTH SPORTS LEAGUES (Please fill out completely)

Special requests for teammates are NOT guaranteed and are limited to ONE REQUEST PER PLAYER. Group and/or chain requests will not be honored. The City encourages players to make new friends and develop social skills. If you sign up as a head coach, your child's registration will be reimbursed after the season is completed.

School child attends: _____

Grade (2017-2018 school year): _____

Child shirt size: Youth / Adult S M L XL

Teammate request name: _____

I would like to coach: Y N shirt size: S M L XL XXL

Coach Name: _____

PAYMENT TYPE

If paying by credit card please circle type

Cash Check # _____ Credit Card



Checks Payable to "City of Shoreview"

Card # _____ Exp. Date _____

CVV Code _____ Zip Code _____ Signature _____
(3 digit code on back)

Billing address is different from above (Please include billing address)

Special Needs/ Allergies/ Etc: _____

WAIVER AND PERMISSION: In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number), is considered private data and not giving the information may limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.

Signature: _____ **Date:** _____

Your signature indicates you have read the registration information and understand all information relevant to your program choice.

Summer Registration Schedule Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Tuesday, May 9 at 8 A.M.

Annual Community Center Member Registration

Begins Thursday, May 11 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, May 12 at 8 A.M.

Phone Registration

Begins Monday, May 15 at 8 A.M.

How to Register:

1. On-line at www.shoreviewcommunitycenter.com
2. Mail in to: Shoreview Parks and Recreation
4580 Victoria St N
Shoreview, MN 55126
3. Fax to 651.490.4797 (credit card payment only)
4. Drop-off at our office, Community Center Service Desk, or City Hall drop box
5. In-person during normal business hours: M-F, 8 A.M. – 4:30 P.M.
6. Over the phone after May 15

Registering on-line is easy!

1. Go to www.shoreviewcommunitycenter.com and click "Member Login".
2. Login with your user name and password
 - If you have never used our system before, you may create an account on-line. Please allow one business day to receive your username and password. We strongly encourage setting up your account **prior** to registration day.
 - If you are unsure of your user name or password and you do not have an email address on file with us, contact us at 651.490.4750.
3. Click on "Browse Activities" or "Activity Type"
4. Search for a program
5. Click the green "+" button and "add to cart" located at the bottom of the screen. You can enroll in multiple classes or register multiple participants at a time.
6. Continue shopping or proceed to check out.

Register Early!

Space is limited in most activities.

Registration Information

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

1. Drop-off points include:
 - a. The Parks and Recreation Reception Desk, Monday through Friday, 8:00 A.M. to 4:30 P.M.;
 - b. The Shoreview Community Center Service Desk,
 - c. The after-hours payment box, to left of front door of City Hall.
2. Occasionally, activities are filled. To help continue the immediate processing of your enrollment, please indicate a second choice. If your first choice is full, we will call or email you confirming enrollment in your second choice.
3. A resident is defined as an individual whose legal residential address is within the City of Shoreview.
4. Activity fees may not be pro-rated.
5. Make all checks payable to the City of Shoreview. Visa, MasterCard, AMEX, and Discover are accepted.
6. Registrations will be processed at the Parks and Recreation desk from 8 A.M. to 4:30 P.M. Participants are notified if classes are filled or canceled. If a class is canceled due to insufficient registration, a refund check will be mailed to you. Confirmations will be issued only by e-mail. You can view your class confirmation information on-line. On-line registrations receive a higher priority than registrations that are in-person, mailed, faxed, or dropped off.
7. The City of Shoreview supports participation by persons with disabilities. Please include information about any accommodations you need.
8. Refunds may be issued when requested 5 working days before the activity or class begins unless otherwise noted in the class description. A service charge of \$5 will be deducted from refunds for classes priced up to \$100. A service charge of \$10 will be deducted from refunds for classes priced over \$100.
9. Financial aid for qualifying residents with financial limitations is available for certain programs.
10. Voice/TDD: 651.490.4750.
11. Periodically, the City of Shoreview will take pictures or videotapes of participants while they are engaged in programs, activities, or special events or while enjoying parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, on local cable television, and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.

Sign up for our e-newsletter
online for weekly information and
follow us on Facebook!



Tuesday Afternoons
June 6 - September 12 | 3-7 p.m.
September 19 - October 24 | 3-6 p.m.
(No Market July 4)

SPECIAL EVENT DAYS

June 6	Garden & Herbs
July 11	Crafts & Cream
August 8	Family Day
September 12	Apple Fest
October 24	Harvest Festival

FREE!

Live Entertainment

Music by: Gabriel Komjathy
Interactive Acoustic Guitar | Children's Music
6/27, 7/11, 7/25, 8/8, 8/22, 8/29, 9/5, 9/19, 10/3, 10/10

Master Gardeners

Second and Fourth Tuesdays

Shoreview Community Center
Lower Level Parking Lot

4580 Victoria Street North, Shoreview, MN 55126
www.ShoreviewCommunityCenter.com | 651.490.4750



**Join our Frequent
Shopper Program!**



City of Shoreview
 4600 Victoria Street North
 Shoreview, MN 55126

Presorted Standard
 ECRWSS
 U.S. Postage Paid
 Twin Cities, MN
 Permit No. 5606

POSTAL CUSTOMER

LOCAL

FREE!

2017 Concert in the Commons

Wednesdays @ 7 p.m.

- June 14** The Backyard Band (& free ice cream!)..... Rock from 60's to today
- June 21** Blue Groove Bluegrass Bluegrass
- June 28** Andrew Walesch & Trio Sinatra/Jazz
- July 5** No show N/A
- July 12** Church of Cash (& Hot Dog with a Deputy 5-7pm!)..... Johnny Cash Tribute
- July 19** Shoreview Northern Lights Variety Band Community Band
- July 26** Armadillo Jump R&B/Rockin' Blues
- August 2** Wild Honey Funk & Rock
- August 9** The R-Factor Variety

2017 Friday Night Flix

Fridays @ Dusk



Est. Start Time:



- August 18** Minions (PG) | Shamrock Park - 5623 Snelling Avenue, Shoreview | 8:15 p.m.
- August 25** Sing (PG) | Bobby Theisen Park - 3575 Vivian Avenue, Shoreview | 8:00 p.m.

JOIN US!