

SHOREVIEWS

2016-17 Winter Recreation Catalog

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City Hall	651.490.4600
Community Center	651.490.4700
Parks and Recreation	651.490.4750
Building Permits	651.490.4690
Code Enforcement	651.490.4687
Forestry	651.490.4650
Human Resources	651.490.4619
Planning and Zoning	651.490.4680
Recycling	651.490.4650
Sewer & Water Maint/Svcs	651.490.4661
Streets	651.490.4671
Utility Billing	651.490.4630

Police
 Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwood Drive, Arden Hills, MN 55112.
For non-emergencies call 651.484.3366
For emergencies call 911

Fire
 Fire protection is provided by the Lake Johanna Fire Department.
For emergencies call 911 Dispatch
Non-emergency 651.767.0640

City Officials
Sandy Martin, Mayor
 444 Lake Wabasso Court
 Office: 651.490.4618
 smartin@shoreviewmn.gov

Emy Johnson, Council Member
 4700 Lorinda Drive
 Cell: 763.443.5218
 ejohnson@shoreviewmn.gov

Terry Quigley, Council Member
 1212 Silverthorn Court
 Home: 651.484.5418
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 Home: 651.780.5245
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Cory Springhorn, Council Member
 173 Dennison Ave.
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 cspringhorn@shoreviewmn.gov

Terry Schwerm, City Manager
 Office: 651.490.4611
 tschwerm@shoreviewmn.gov

Access Shoreview
 Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at www.shoreviewmn.gov.

SHOREVIEW WINTER FUN!

Indoor Farmers' Market Returns!

Beat the cold and join us inside the Shoreview Community Center for our second year of this event, where vendors offer a variety of baked goods, produce, salsa, jams and more.

Tuesdays, 3 P.M. – 6 P.M.
in the Community Room

December 6 January 17
 December 20 February 21



Happy Holiday Happenings

Saturday, December 17

Kids' Holiday Shopping Spree
9 A.M. to 12 P.M.

If your kids are looking for gifts for family members and friends this season, bring them for some quick, inexpensive shopping. Park and Recreation Staff and volunteers will assist them with making purchases and wrapping gifts, while you sit back and relax in the Fireside Lounge. No registration needed!



Santa's Workshop

9 to 10 A.M. - or - 10:30 to 11:30 A.M.

Come spend the morning with Santa at his workshop and enjoy a continental breakfast, a craft, and time visiting him! Each session is limited to 30 kids. Children must be accompanied by an adult. Pre-registration required by Monday, Dec. 12.

New Year's Eve Party

Shoreview Community Center

Saturday, December 31st,
5:30 P.M. to 8 P.M.

Balloon drop at 7:45 P.M.

Join us as we ring in the New Year by "Surfin' in to Paradise!" See inside back cover for more details.

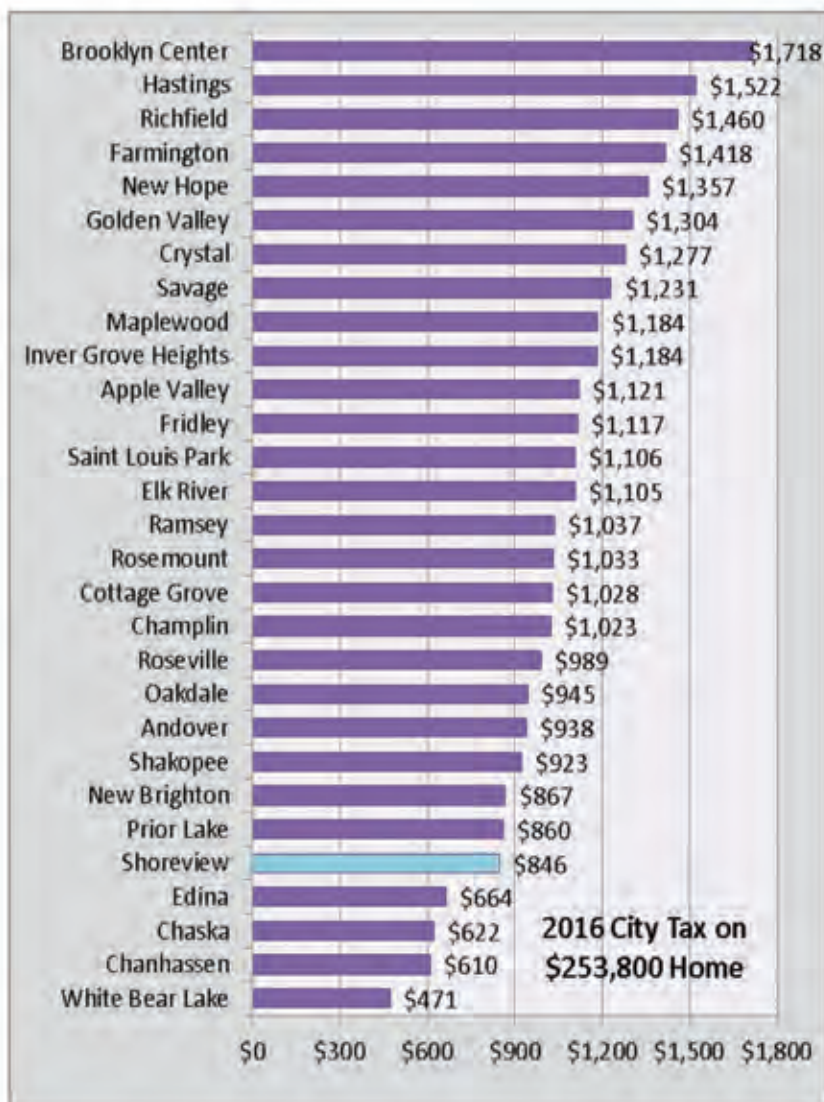


Comparing Shoreview's Property Taxes

Comparisons of taxes and spending among cities are a topic of interest as the City moves through the annual budget process. Benchmark comparisons are assembled for metro-area cities closest to Shoreview in size (using population levels), and for peer cities that generally receive high quality of life ratings from citizens in their respective community surveys. These comparisons are useful to illustrate how taxes and spending in other cities compare to Shoreview, as well as to evaluate how Shoreview's ranking changes over time.

Property taxes are a primary source of funding for local governments, and are used to pay for a variety of services. Your tax dollar is divided among several taxing jurisdictions including Ramsey County, school districts, the City of Shoreview as well as others such as the Metropolitan Council and watershed districts. The 2016 City-share of property taxes for a \$253,800 home (Shoreview's median value) is illustrated in the graph shown. Shoreview ranks 5th lowest among comparison cities at \$846, and is about 21% below the average of \$1,068.

More information on the City benchmarks can be found on our website www.shoreviewmn.gov.



Get Social with the City



Follow us on Twitter
@cityofshoreview

Like us on facebook!
www.facebook.com/cityofshoreview

Budget Hearing



Shoreview's hearing on the 2017 budget and tax levy is scheduled for Monday, December 5 at 7 P.M. The proposed property tax levy of \$11,085,632 represents a 3.9% increase over the 2016 levy. Primary factors causing the increase in the levy include public safety costs and wage and benefit adjustments.

Check out how Shoreview's share of the property tax bill compares to similar sized cities by reading our Community Benchmarks booklet, now available online at www.shoreviewmn.gov.

Shoreview Welcomes Ally Financial



Mayor Sandy Martin along with members of the City Council and Economic Development Commission were provided a tour of the new Ally Financial Services offices in Shoreview on a recent visit to welcome them to the community.

Mayor Sandy Martin recently led a delegation of City representatives in welcoming Ally Financial to their new offices within the Shoreview Corporate Center. Ally is a national financial services company primarily serving the areas of auto financing, online banking, and corporate finance businesses.

Ally, which is headquartered in Detroit, Michigan, has been operating in the Twin Cities for more than 20 years. The company consolidated and moved about 150 current employees from offices in Bloomington and Roseville to Shoreview. Ally projects significant growth in Shoreview with upwards of 250 additional jobs by 2017.

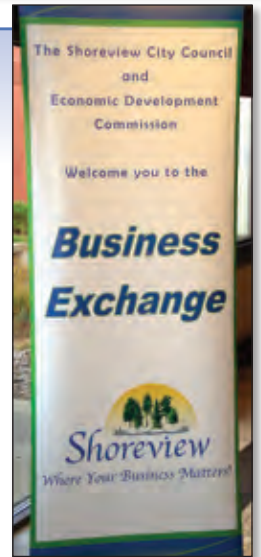
The City of Shoreview worked closely with officials from the Minnesota Department of Employment and Economic Development (MnDEED) and GreaterMSP, along with the property ownership group of the Shoreview Corporate Center, in securing the relocation and expansion of Ally Financial Services to Shoreview.

As part of the Shoreview Business Retention and Expansion Program, the City has developed a proactive process for building strong relationships with the local business community including regular in-person visits with key companies to help facilitate and support growth of local jobs and tax base.

City Connects with Local Business

The City Council and Economic Development Commission periodically host an event called the Shoreview Business Exchange, where representatives from local businesses are invited to informally network with peers to share information, discuss issues and talk with City officials on topics and concerns that may impact their business. The purpose of this event is to strengthen the important relationship between the City and our local business community. The City of Shoreview believes that the continued health of our quality community is directly related to the economic vitality of our existing businesses.

The City Council, along with the Economic Development Commission and Economic Development Authority, works to ensure that Shoreview maintains a strong, healthy, and positive business climate that promotes and fosters continued economic development, business growth and reinvestment in the community. The City is very proud to have such a strong and thriving business community, with a number of companies among worldwide leaders in industries such as medical devices, robotic technologies, manufacturing, and banking and financial services. We greatly value their contributions to our community and are committed to supporting their continued success.



Mayor Sandy Martin chats with Kelley Mickus of North American Banking Company, which is opening a new office in Shoreview later this year.



Local business people gathered with City officials at the Shoreview Business Exchange held in October at the newly renovated North Metro Event Center at the Best Western Plus.

Rental License Renewal

Just a friendly reminder that it is renewal time again for rental licenses within Shoreview as all rental licenses are set to expire December 31st of this year. Applications to renew a license must be submitted prior to this expiration date. The license can be renewed if the property complies with the City's property and housing maintenance codes, the utility bill is current and conduct issues are not present. Please keep in mind the following fees apply with the license renewal.

- **\$75 fee** for the application
- **\$75 late application fee** for each property you fail to apply for renewal before the expiration.
- **\$50 fee** for re-inspection of property due to code violations or no-show.

If you have not received a renewal notice from the City of Shoreview, please contact Brent Marshall, our Housing and Code Enforcement Officer, at 651.490.4687 or e-mail bmarshall@shoreviewmn.gov. You may also look at our website for further information, including an option to apply for the renewal license online.



New Regional Library Set to Open in January

The new Ramsey County Regional Library in Shoreview is nearing completion. Ramsey County has announced that the current library will be closing at the end of regular business hours on Wednesday, November 23rd to begin moving into the new regional library building. The County has set a grand opening date for the new library for Saturday, January 28, 2017.

All library programs and events scheduled for Shoreview will cease on November 17th and resume on January 30, 2017. Patrons are directed to drop materials off at any Twin Cities public library in the interim and they may also designate any Ramsey County Library as a request pick-up location during the two month closure.

The new 32,500 square foot Regional Library will feature extended hours, a bigger children's area, expanded teen services with state of the art technology, a community room that will seat 100 people, expanded adult programming as well as additional study and collaborative group spaces.

More information on the closure of the Shoreview library is on the Ramsey County Library website, www.rclreads.org.



Shoreview Channel 16 City Meeting Broadcast Schedule

Tune in to Shoreview Channel 16 for access to public meetings, community events and other local government information.

Shoreview City Council Meetings

Live: Every first and third Monday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 P.M. and 7 P.M.
Tuesday, Thursday and Sunday at 12:30 A.M., 8 A.M. and 3 P.M.

Shoreview Planning Commission Meetings

Live: Every fourth Tuesday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 A.M. and 8 A.M.
Tuesday, Thursday and Sunday at 7 P.M.

10 Tips for Snow Plowing Season

Having patience and a cooperative attitude are necessities to surviving most winter plowing seasons in Minnesota. We can ease a lot of snowstorm frustrations when we as citizens, plowing contractors, and city crews work together. To minimize plow-related problems, and to help ensure that city crews do the most effective job possible, here are some things you can do:

1. Observe Shoreview's parking regulations: Don't park your car on any city street between the hours of 2 A.M. - 5 A.M., or after a two-inch snowfall. This ensures more effective plowing – and helps you avoid a citation.
2. Wait until the plow trucks have completed your street before cleaning the end of your driveway. City plows are designed to discharge snow to the sides of the road and cannot skip driveway areas.
3. Snow from the bottom of your driveway should be shoveled to the right, as you are facing the street. This will lessen the amount of snow placed back into the driveway during the next plowing.
4. If hiring a snow removal contractor for your driveway, please remind them about state and local laws that prohibit pushing or placing snow back into or across the street. Doing so not only creates hazards for drivers, but also makes it difficult for the city to keep the streets clean.
5. Clear snow from your mailbox area after each plowing. Snow that remains in front of mailboxes will get compacted by post office vehicles and make later plowing less effective.
6. If trash and recycling pickup day coincides with plowing activities, make sure your bins are well behind the curb or in the driveway, so the plow will not hit them.
7. If you have experienced sod damage in the past, mark your yard line with flexible stakes or lathe to help the plow operators avoid future damage.
8. It can be difficult for the plow operators to see children, so don't allow children to build snow forts and tunnels in the snow banks adjacent to the curb, or to play near the curbs.
9. Keep sleds and toys away from the street.
10. Locate the hydrant nearest to your home and keep snow shoveled away from it so it is accessible in an emergency.



Be Prepared and Let It Snow

DRIVEWAYS

When it comes to snow removal from public streets, one of the most common frustrations is the snow deposited in driveways. Unfortunately, snow collected on the plow blade has no other place to go but in the boulevard areas – including driveways. While plow drivers make every attempt to reduce the amount of snow deposited in driveways, it can still be significant.

Regardless, the City cannot provide private driveway cleaning after plowing public roads. Property owners should also use the (non-improved) boulevard areas for storage of snow blown or thrown from their driveways and private sidewalks.

Municipal Code 211.060 (D) states: “No person, by whatever means, shall deposit snow on the improved portion of publicly dedicated street, alley, sidewalk, bike path, trail way or parking lot.”

SOD AND SPRINKLER SYSTEMS

You can stake out your yard along the curb line with flexible driveway markers with reflectors to protect your yard from possible damage. Despite the plow operator's best efforts, sod along the edge of the road may occasionally become damaged during snow removal activities. In general, the City will repair boulevard sod damaged by snow plows or trucks. The City will not be responsible for damage to underground irrigation systems and landscaping within the City's right-of-way.

Home Energy Programs and Financing from the NEC

The Neighborhood Energy Connection (NEC) is a 30-year-old Saint Paul-based nonprofit organization that provides energy conservation information, services and programs to residents and communities across Minnesota. They partner with individuals, community groups, utilities, businesses, and institutions to design and deliver high-quality energy conservation services. The NEC provides resources and practical tips to help you reduce your home energy bills and increase your home's comfort. The following is a list of programs and financing available through the NEC. More information can be found on their website www.thenec.org.



Energy Programs Offered

Home Energy Audit

Find out exactly where to make home energy improvements and how much you will save.

Home Energy Squad

If you need CFL light bulbs, door weatherstripping, or a programmable thermostat, the Home Energy Squad is the place to start. The service will install a whole package of energy-efficient items in your home for a flat fee of just \$70. Take care of multiple energy-saving projects in one easy visit.

Energy Advisor at Your Service

If you have questions or need help starting a project, this program may be for you.

Energy Fit Homes

When your home is *Energy Fit Homes* certified, you know your home has reached its energy savings potential, and you'll have the certificate to show for it.

Customer Testimonials

They help more than 7,000 families a year across Minnesota improve their homes' comfort and energy efficiency while saving money!



Energy Financing Available

Accomplish all of your home energy projects with NEC financing. Several loan options are available. Go to www.thenec.org/financing to see more details.

Suburban Ramsey County Energy Conservation Deferred Loan

– This program has helped over 1,500 homeowners make their homes more comfortable and durable while saving them hundreds of dollars in energy costs each year. Participating homeowners are part of the NEC's quality assurance program which includes an energy audit to determine the scope of work, qualified and experienced contractors to perform the work and a free inspection to ensure the work is of high quality. This loan is completely forgiven if the homeowner remains in the home ten years.

Energy Fix-Up Loan – Unsecured / Secured - Available to Minnesota homeowners

- No second mortgage, no home equity required and no income limits.
- A great choice for energy-only projects with financing up to \$15,000 at 4.99%.

Fix-Up Loan – available to Minnesota homeowners. Secured as a mortgage on your property.

- Borrow up to \$50,000 at 5.99% to cover almost any home improvement.
- Income limit \$96,500.

Fix-Up Loan Unsecured – available to Minnesota homeowners.

- No second mortgage and no home equity required.
- Borrow up to \$15,000 at 6.49% for energy improvements and home remodeling.
- Income limit \$96,500.

Green Cleaning Tips

for a Healthy Home

Cleaning is a necessary evil. We all need to spend time doing it, but cleaning with toxic chemicals isn't good for us or the environment. If you are like most people, there are at least five different cleaning products under your kitchen sink or in the bathroom right now. Each has a warning label telling you what will happen if you get it on your skin and eyes. These chemicals are also harsh to breathe in, and that is unavoidable when you are disinfecting the kitchen or bathroom.

Choosing green cleaning products will change the way you clean your home while also saving money, the environment, and the health of you and your family.

Here are a few green cleaning tips to help you get your home spotless without breathing toxic air or putting harsh chemicals down the drain.

Create your own green cleaning supplies.

Using items you probably have in your kitchen right now, you can mix cleaning supplies of your own that are safe for you and the environment. Vinegar and water is a perfect solution for cleaning green. A simple solution of the two can be used in a spray bottle to cut grease on surfaces like your stove and the countertops. Use it to clean floors, windows, and the refrigerator and freezer. Does your house need a little freshening up before guests come over? Try mixing your own Febreze in an empty spray bottle with water, vinegar, and a few drops of your favorite essential oil. To clear a clog in the bathroom drain, use white vinegar and baking soda to break up whatever might be stuck in your drain. Baking soda and fine steel wool can help remove dirt from the grout in the tub and shower, around the sink fixtures, and in other places where crud tends to collect.

Not ready to make your own cleaning products? Clean green by using eco-friendly products. Many companies are creating their own line of cleaning products that are friendlier for the environment and less toxic to you. They are usually affordable and concentrated so they go a long way. Green cleaning products are available in most of the big chain stores or online. Not all green cleaning products are created equally. Visit Environmental Working Group's (EWG) Guide to Healthy Cleaning to determine the best products to use in every area of your home: www.ewg.org/guides/cleaners/content/top_products



It only takes a few easy steps to get started with a green cleaning routine in your home. Safely get rid of all those chemical-based cleaners and use something more natural for a deep down clean that is safe for you and the environment.

Recycle Your Evergreen Christmas Tree, Wreaths and Garland

After the holidays, take advantage of the City of Shoreview's free drop-off location for your live evergreen trees, wreaths and garland.

They can be brought to the Shoreview Maintenance Center, 4615 Victoria St. N. and dropped off at the main gate between 7 A.M. and 3 P.M., Monday through Friday, until February 1, 2017.

Please be sure to remove all items such as ornaments, tinsel, lights and stands.



Recycle Your Holidays

Holiday lights that won't light on one side? Don't let them make you feel grinchy.

Bring your used lights to Ace Hardware or other participating retailers, and place them in their special recycling bins. To find a drop-off location, visit www.recycleyourholidays.org.

Don't put lights in your curbside recycling cart. Strings, chains and hoses get wrapped around the machinery at the sorting facility and end up in the trash.

No-Waste Holidays

Many of us will try to watch our waist this holiday season, but don't forget to watch your waste. On a typical day each of us creates about six pounds of garbage. During the holidays we create 25% more trash. By taking a few simple steps, we can trim our trash without curtailing the cheer.

Gift Wrap

Many people are surprised to find out their gift wrapping paper is not recyclable. Typical gift wrap has metal and other things in it to make it shiny and attractive. Unfortunately those things mean paper mills can't use it to make new paper products.

Instead use gift bags which can be reused and recycled. Other suggestions include: using the Sunday comics, paper colored by the kids, using a scarf to wrap the present which then become part of the gift.



Stop Stuffing the Stocking with Stuff

For many people what makes the holidays bright is time spent with family and loved ones. So give gifts of time and love instead of another sweater or knickknack. How about a coupon for a night of free babysitting? Try a gift certificate to a restaurant or tickets to concert. If you have a special talent such as baking or crafting, make a gift using your skills.

Find more ideas at www.reduce.org.



Electronic Waste: Out with the Old

As another year winds down, you may be wondering what to do with your old, outdated and unwanted electronics.

Electronics don't belong in the garbage because they may contain lead, cadmium or mercury, which are harmful to human health and the environment. It is **illegal** to dispose of TV's and computer monitors in the trash.

Electronic waste is any waste that has a circuit board or cathode ray tube (CRT), including:

- Answering machines
- Audio equipment
- Camcorders
- Cameras
- CD players
- Computers (including CPU, monitor, keyboard, mouse and printer)
- DVD players
- Electronic games
- Electronic storage devices
- Game systems
- Fax machines
- Home networking devices
- MP3 players
- Radios
- Satellite receivers
- Scanners
- Stereos (including receivers and speakers)
- Telephones (rotary and cordless)
- Tape players
- Televisions
- Typewriters
- VCRs
- Video game systems
- Video/digital equipment

There are many options for recycling these items. Choose from either in-store or mail-back recycling programs offered by several retailers, including Best Buy, Office Depot and Staples. You can also check with your garbage hauler to see if they offer electronics recycling services.

For more options and information, call 651.633.EASY (3279) or visit RamseyRecycles.com online.

Pick up a Free Organics Recycling Starter Kit

With the holidays fast-approaching, it's a great time to start recycling food waste from those festive feasts, wrapping paper, and much more. Ramsey Recycles is offering **FREE** Organics Recycling Starter kits that include a 3-gallon bin with a locking cover, compostable bags, information on recycling and the Organics Recycling punch card. Bring the card in for five punches (one each time you drop off organics), and you'll get a free Ramsey Recycles T-Shirt. Starter Kits are available at all of the Ramsey County Yard Waste Sites. Just tell the Yard Waste site attendant that you want to get started recycling organic waste! For more information, visit www.ramseyrecycles.com.



Crime Prevention Tips for the Holiday Season



Nothing can ruin the holiday spirit faster than becoming a victim of crime. Unfortunately, the holiday season is a time of opportunity for thieves

to burglarize your home for cash, credit cards and gifts. As we make plans to spend time with families and friends this season, please remember some important crime prevention steps for a safer season:

Prevent theft from your vehicle:

- Always lock your car, and park in a well-lit and well-traveled area.
- Have your keys in hand when approaching your vehicle, ready to unlock the door.
- When storing items purchased at the stores, place them out of sight. The best place is in a locked trunk. And, of course, do not leave your purse, wallet, or cell phone in plain view.

Financial card and online shopping considerations:

- If you go to an automatic teller machine for cash, check for people around and make sure it is well-lit and in a safe location.

- Carry only the credit cards you need, and avoid carrying large amounts of cash.
- Keep your personal information private and your password secure. Do not respond to requests to verify your password or credit card information unless you initiated the contact. Legitimate businesses will not contact you in this manner.

Home security and safety tips:

- Don't display wrapped boxes under a lighted tree in the front window for thieves to see as they drive past your home.
- Don't pile up empty gift boxes from your new computers, flat panel televisions, DVD players and other electronics in front of your home on garbage day. Thieves will appreciate knowing that you have expensive gifts inside your home for them to steal. Instead, break boxes down and conceal the advertising when setting them out for recycling.
- Do NOT post your activities (gifts or plans to be away from home) on social media pages.
- Turn on outside lights to deter burglars.
- Report any suspicious activity to the police or local community watch groups.

– Excerpts from Ramsey County Sheriff's Office

Want to help make the holidays a little brighter for those in need?



Here's how you can help:

- DONATE FOOD** for the "Thanksgiving for All" Project. Our most needed items include canned corn, canned green beans, instant mashed potatoes, turkey stuffing and gravy, corn bread or biscuit mix, holiday-type dessert mix, fruit cocktail, Jell-o and \$10 grocery store gift certificates.
- DONATE MONEY** to help provide Thanksgiving and Christmas meals. Nearly 600 families will visit us in November and December. For every dollar donated, we can purchase up to \$8.00 worth of food. Please visit www.ralphreederfoodshelf.org for more info.
- DONATE TOYS** to the Operation Joy Toy Shop. Donate a new, unwrapped toy or gift for a child ages birth to grade 12. Last year, this program served over 900 children. Donations preferred by Dec. 19.
- VOLUNTEER** at an upcoming holiday event. Visit www.ralphreederfoodshelf.org to sign up.



**Need help with food or gifts for your children this holiday season?
Please call the Ralph Reeder Food Shelf at 651-621-7451.**

Let it snow, let it snow, let it snow

...but let somebody else shovel it! Shoreview seniors age 60 and over can sign up for a convenient and affordable snow shoveling service through Northeast Youth & Family Services. NYFS is a non-profit social service and mental health agency based in the northern suburbs. Their Senior Chore Program helps seniors with indoor and outdoor chores. Rates are affordable and help is available for low-income seniors who qualify.

For more information, please call Debbie Wells at 651-757-4061 or email debbiep@nyfs.org. Visit NYFS online at www.nyfs.org.



An Evening with Friends YOU'RE INVITED! JOIN YOUR NEIGHBORS



SHOREVIEW COMMUNITY
FOUNDATION

CREATE YOUR LEGACY. BUILD THE FOUNDATION

www.shoreviewcommunityfoundation.org

To reserve your space, contact us at shoreviewcommunityfoundation@gmail.com or call Nancy at (651)483-3052 by November 18, 2016.



Shoreview Community Foundation

Join your neighbors and the Shoreview Community Foundation for an entertaining evening as Shoreview resident and photojournalist, **Tom Ollmscheld**, shares his historical project of documenting the current restoration of the Minnesota State Capitol in photographs. The project began in 2010 and will highlight changes the public will see for the first time when the capitol reopens in January 2017.

Thursday, December 1, 2016

5:30 P.M. Social Hour (Cash Bar)

6:15 P.M. Complimentary Dinner

Shoreview Community Center
4580 Victoria St. N, Shoreview

Thanks to Lead Sponsors:



Guests will have the opportunity to support the work of the Foundation by making a tax-deductible donation.

Shoreview's 60th Birthday



The year 2017 will be Shoreview's 60th birthday. Let's look at her inception.

Following World War II, the population of Mounds View township was increasing as more people moved to the fledging developing suburbs. Many residents of what is now Shoreview had concerns that their needs could not be met as the suburban community grew so quickly.

A group of residents were in favor of "breaking away" from Mounds View township to form their own Village before the best land was snapped up by other villages. (Arden Hills and New Brighton had previously incorporated)

Some citizens petitioned the Ramsey County Board of Commissioners on March 14, 1957, for the incorporation of the Village of Shoreview, excluding the area that is now the City of Mounds View. The proposed Village would be an L-shaped area of about 12 square miles.



An early Village Hall, located on the corner of Hwy 96 and Victoria (the current

library location), this house was originally owned by Frank Sinna. The first elected officers and Mayor Ken Hanold used to meet on the second floor above Ken Hanold's garage (located near the SW corner of 694 and Rice Street). Later, they moved to a space in Leo Sinna's barn, and then to this pictured location.

A different group of citizens were opposed to incorporation, feeling that Shoreview and Mounds View should be incorporated into a single village in order to avoid duplication of services and high taxes. It was a bitter debate – however in an election held at Snail Lake School, the incorporation was approved by a vote of 853 to 748.

And, as we say, the rest is history!

During the 2017 calendar year, the Shoreview Historical Society will include more stories about the birth of Shoreview.

Submitted by Jacci Krebsbach, Shoreview Historical Society

The Shoreview NORTHERN LIGHTS VARIETY BAND

Please join us for a few laughs, some surprises and plenty of fun at the **Shoreview Northern Lights Variety Band's** annual holiday concert!

Help us welcome our Special Musical Guests – the Carillon Treble Choir and the Chamber Choir from Henry Sibley High School.

We'll see you at Benson Great Hall, Bethel University, Saturday, December 10, 7 P.M. Doors open at 6 pm. Carriage rides begin at 6:15 P.M.

Order Tickets from:

- snlvband@gmail.com or call 651.470.5625
- Band members
- Benson Great Hall Box Office: 651.638.6337
- Shoreview City Hall during regular business hours



Eighth Annual | Slice of Shoreview

TASTE OF SHOREVIEW

Food & Wine Tasting

Thursday | February 16th, 2017
5:00 p.m. – 8:00 p.m.

Shoreview Community Center
www.SliceofShoreview.com

\$20 advance | 2 for \$35 advance
\$25 at door | 2 for \$40 at door

Hosted by the Slice of Shoreview Days Committee
and sponsored by
Shoreview Einhausen Sister City Association
Visit www.SliceofShoreview.com for more details

SHOREVIEW CALENDAR

Meeting dates/times/locations are subject to change. For more current information, visit www.shoreviewmn.gov or call 651.490.4600.

(CC) Council Chambers
(UC) Upper Conference Room
(LC) Lower Conference Room

(MC) Maintenance Center
(SP) Shoreview Pavilion
(LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot
(SCC) Shoreview Community Center
(SCP) Shoreview Commons Park

NOVEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Indoor Farmer's Market 3 pm, SCC	2	3 Bikeways and Trails Committee 7 pm, LC	4	5
Recycling week: Nov 7-11						
6 	7 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	8	9	10	11 City Offices Closed Veterans Day	12
13	14 Holiday Tree Lighting Ceremony 6 pm, CCPL Council Workshop 7 pm, CC	15 Econ. Dev. Commission 7:30 am, UC Indoor Farmer's Market 3 pm, SCC Planning Comm. 7 pm, CC	16	17 Public Safety Meeting 7 pm, LC	18 Dive-In Movie 7 pm, SCC	19
Recycling week: Nov 21-26						
20 	21 City Council Meeting 7 pm, CC	22	23	24 City Offices Closed Thanksgiving	25 City Offices Closed Thanksgiving	26
27	28 Environ. Quality Committee 7 pm, CC	29	30			

DECEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Bikeways and Trails Committee 7 pm, LC	2	3
Recycling Week: Dec 5-9						
4 	5 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	6 Indoor Farmer's Market 3 pm, SCC	7	8	9	10
11	12 Council Workshop 7 pm, CC	13 Planning Comm. 7 pm, CC	14 Human Rights Commission 7 pm, CC	15	16	17
Recycling Week: Dec 19-23						
18 	19 City Council Meeting 7 pm, CC	20 Econ. Dev. Commission 7:30 am, UC Indoor Farmer's Market 3 pm, SCC	21	22	23	24
25	26 City Offices Closed Christmas	27	28 Parks and Recreation Commission 7 pm, CC	29	30	31

JANUARY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 City Offices Closed New Year's	3 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	4	5 Bikeways and Trails Committee 7 pm, LC	6	7
Recycling Week: Jan 2-6						
8	9 Council Workshop 7 pm, CC	10	11	12	13	14
15 	16 City Offices Closed Martin Luther King, Jr. Day	17 Econ. Dev. Commission 7:30 am, UC Indoor Farmer's Market 3 pm, SCC City Council Meeting 7 pm, CC	18	19	20	21
Recycling Week: Jan 16-20						
22	23 Environ. Quality Committee 7 pm, CC	24 Planning Comm. 7 pm, CC	25 Human Rights Commission 7 pm, CC	26 Parks and Recreation Commission 7 pm, CC	27	28
29 	30	31				
Recycling Week: Jan 30-Feb 3						

FEBRUARY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 			1	2 Bikeways and Trails Committee 7 pm, LC	3	4
Recycling Week: Jan 30-Feb 3						
5	6 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	7	8	9	10	11
12 	13 Council Workshop 7 pm, CC	14	15	16 Econ. Dev. Commission 7:30 am, UC	17	18
Recycling Week: Feb 13-17						
19	20 City Offices Closed President's Day	21 City Council Meeting 7 pm, CC Indoor Farmer's Market 3 pm, SCC	22 Human Rights Commission 7 pm, CC	23 Parks and Recreation Commission 7 pm, CC	24	25
26 	27 Environ. Quality Committee 7 pm, CC	28 Planning Comm. 7 pm, CC				

Federal Elected Officials

U.S. Senator Amy Klobuchar
302 Hart Senate Office Bldg.
Washington, DC 20510
612.727.5220 or 202.224.3244
www.klobuchar.senate.gov/emailamy.cfm

U.S. Senator Al Franken
309 Hart Senate Office Building
Washington, DC 20510
651.221.1016 or 202.224.5641
info@franken.senate.gov

U.S. Representative Betty McCollum
1714 Longworth House Office Bldg.
Washington, DC 20515
651.224.9191 or 202.225.6631
www.house.gov/mccollum/contact.html

State Elected Officials

Governor Mark Dayton
130 State Capitol
75 Rev. Martin Luther King Jr. Blvd.
St. Paul, MN 55155
651.296.3391
mark.dayton@state.mn.us

State Senator Bev Scalze-District 42
75 Rev. Dr. Martin Luther King Jr. Blvd.
Capitol, Room 124, St. Paul, MN 55155-1606
651.296.5537
sen.bev.scalze@senate.mn

State Rep. Barb Yarusso-District 42A
507 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.0141
rep.barb.yarusso@house.mn

State Rep. Jason Isaacson-District 42B
545 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.7153
rep.jason.isaacson@house.mn

County Elected Officials

Ramsey County Commissioner
Blake Huffman
City Hall-220 Courthouse
15 W. Kellogg Boulevard, St. Paul, MN 55102
651.266.8350
blake.huffman@co.ramsey.mn.us

Post Office – Retail Center

1056 Highway 96 E.
Vadnais Heights, MN 55127
Phone: 651.407.9864
Mon.-Fri.....8:30 A.M. – 5:30 P.M.
Sat..... 9 A.M. – 1 P.M.

Animal Control

For animal complaints or to report a lost or found pet, call the Ramsey County Sheriff's Office non-emergency number at 651.484.3366.
For other emergencies, call 911.

All impounded animals will be held at the following location:
Hillcrest Animal Hospital
1320 Country Road D Circle
Maplewood, MN 55109
651.484.7211
Mon - Fri.....8 A.M. – 6 P.M.
Sat 8 A.M. – 12 P.M.
Sun.....Closed
www.hillcrestanimalhosp.com

Police

Police protection is provided by the *Ramsey County Sheriff's Department*. The District Office is located at 1411 Paul Kirkwold Drive, Arden Hills, MN 55112.

**For non-emergencies,
call 651.484.3366**
For emergencies, call 911



Fire

**For emergencies,
call 911**
**Dispatch, Non-emergency
651.767.0640**
Lake Johanna Fire Department
Fire Chief, Tim Boehlke 651.481.7024
ljfd@ljfd.org



Ambulance & Paramedic

Ambulance and paramedic services are provided by Allina Medical Transportation.
For emergencies, call 911

Ramsey County Library – Shoreview

4750 Victoria Street North
Shoreview, MN 55126
Phone: 651.486.2300 | www.rclreads.org

Current library closes Nov. 23 (end of day)
Grand Opening of new library: Jan. 28, 2017

Public Transportation

Transit Link (formerly Dial-A-Ride) is a curb-to-curb minibus or van service that operates within certain Twin Cities communities. It is a shared-ride service which must be reserved in advance. Call 651.602.5465.

Make your commutes easier. Just hop on Route 261 from Shoreview Community Center to Minneapolis. Ride Route 261B each weekday evening. Or, to get to downtown St. Paul, take Route 62 from the Shoreview Community Center and Route 62C to return. 612.373.3333

Metro Mobility: Metro Mobility is a door-to-door public transportation system for people with disabilities in the Minneapolis-St. Paul area and many adjoining suburbs. 651.602.1111

Community Support & Resources

Northeast Youth and Family Services provides support programs for youth, families, adults and seniors. Services include mental health, youth development, and senior chore assistance.

3490 Lexington Avenue North, Suite 205,
Shoreview, MN 55126
651.486.3808 | www.nyfs.org

Ralph Reeder Food Shelf
Appt. Line: 651.621.7451
Office: 651.621.7450
www.ralphreederfoodshelf.org

The **Senior LinkAge Line** connects seniors to housing, home health care, housekeeping, transportation, legal and financial assistance and more. Call 651.641.8612 or 1.800.333.2433.

GENERAL INFORMATION AND HOURS



The Shoreview Community Center offers numerous activities that will make you feel more **ENERGIZED**, more **ENGAGED**, more **PRODUCTIVE** and can actually improve the **QUALITY OF YOUR DAILY LIFE.**



Call for More Information

Community Center Information
651.490.4700
 Recreational Programs (classes)
651.490.4750
 Rental Information
651.490.4790
 City Information
651.490.4600
www.ShoreviewCommunityCenter.com

Daily Fees (Prices effective January 1, 2017)

Includes admission to the Tropics Indoor Waterpark, Indoor Playground, Fitness Center, Gymnasium and Indoor Track.


	Rate	Shoreview Resident
Daily Pass		
Adult (18 and over).....	\$ 10.00.....	\$ 8.75
Youth (1 to 17; under age 1 free with paying adult)	\$ 9.25.....	\$ 7.60
Family* (2 adults + children living in same household).....	\$37.00.....	\$ 30.00
Seniors (65 and older).....	\$ 9.25.....	\$ 7.60
*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.		
Indoor Playground Only (ages 1 to 12)	\$ 5.25.....	\$ 5.25

Coupon Books (Includes 10 daily passes)

Adult.....	\$90.00.....	\$ 78.75
Youth/Senior.....	\$83.25.....	\$ 68.40
Playground.....	\$47.25.....	\$ 47.25

Senior Track Discount (65 and over – for track use only)

Per visit.....	\$ 4.70.....	\$ 3.65
Punch Card.....	\$42.30.....	\$ 32.85

Fees are subject to change. We welcome payment by Visa and MasterCard. 

Hours

	Community Center	Waterpark**	Playground
Mon & Wed	5:00 A.M. – 10:00 P.M.	4:00 P.M. – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Tues & Thurs	5:00 A.M. – 10:00 P.M.	4:00 P.M. – 9:00 P.M.*	8:00 A.M. – 8:00 P.M.
Friday	5:00 A.M. – 10:00 P.M.	4:00 P.M. – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
Saturday	6:00 A.M. – 8:00 P.M.	Noon – 7:45 P.M.	8:00 A.M. – 8:00 P.M.
Sunday	6:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M. – 6:00 P.M.

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday Hours Call 651.490.4700 for specific information.

Nov. 24	5:00 A.M. – Noon	Closed	8:00 A.M. – Noon
Dec. 24	6:00 A.M. – Noon	Closed	8:00 A.M. – Noon
Dec. 25	Closed	Closed	Closed
Dec. 31	6:00 A.M. – 4:00 P.M.	Noon – 3:45 P.M.	8:00 A.M. – 4:00 P.M.
Jan. 1	8:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M. – 6:00 P.M.
Jan. 16	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Feb. 20	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.

**See page 18 for extended waterpark hours on school's out days.

Lap Swim Hours

- Lap swim is available at various times throughout the week. See the service desk for a schedule or view it on our website at www.shoreviewcommunitycenter.com.

Kids Care

Child care is available for patrons of the Community Center. See page 19 for details.

Drop-in Volleyball Rate: daily admission or free to members.

Mon, Tues, Thurs	12:00 P.M. – 1:00 P.M.
Sunday	8:00 A.M. – Noon.

Drop-in Pickleball See page 52 for more information.

Find Us on Facebook

www.facebook.com/ShoreviewCommunityCenter

Membership Fees

	Rate*	Shoreview Resident*
Annual Membership¹		
Family.....	\$ 815.00.....	\$ 650.00
Dual.....	\$ 700.00.....	\$ 570.00
Adult.....	\$ 475.00.....	\$ 370.00
Youth/Senior.....	\$ 380.00.....	\$ 315.00
Annual Membership Billed Monthly¹ (With one year membership agreement)		
Family.....	\$ 75.00.....	\$ 62.00
Dual.....	\$ 65.00.....	\$ 56.00
Adult.....	\$ 45.00.....	\$ 37.00
Youth/Senior.....	\$ 39.00.....	\$ 31.00
Seasonal Membership (Three month)		
Family.....	\$ 310.00.....	\$ 250.00
Dual.....	\$ 290.00.....	\$ 230.00
Adult.....	\$ 210.00.....	\$ 160.00
Youth/Senior.....	\$ 160.00.....	\$ 130.00

¹There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

*Sales tax is included in price.

Persons aged 65 and older qualify for the Senior Citizen discounted rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification is required.

Fees are subject to change. We welcome payment by Visa and Mastercard.



Membership questions?

Contact Guest Services at **651.490.4739**.

Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. **Direct Deposit Now Available!** Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms. Silver and Fit memberships coming soon!



Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group Fitness Classes
- Tropics Indoor Waterpark
- Tropical Adventure Indoor Playground
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- \$1 per hour per child Kids Care rate
- For non-residents, a special recreation program Registration Day and the ShoreViews mailed to your home.



Silver&Fit® memberships are now available!

Call 651.490.4739 for more information. Silver&Fit® information socials will be held the first Tuesday of each month in the Fireside Lounge, 9 A.M. - 10 A.M.

NEW First Time Annual Members also receive:

Special **Experience Us** book, which includes

- 1 family guest pass
- 1 adult guest pass
- 2 fitness drop-in class passes
- 1 Wave Cafe coupon
- 1 Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- 1 playground pass

Experience Us book is designed to encourage new members to experience all the amenities the Community Center has to offer.



Waterpark Hours

Monday & Wednesday 4:00 – 8:00 P.M.

Tuesday & Thursday 4:00 – 9:00 P.M.*

Friday 4:00 – 9:45 P.M.

Saturday..... Noon – 7:45 P.M.

Sunday..... Noon – 6:00 P.M.

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday & School's Out Hours

Nov. 21 Noon – 8:00 P.M.

Nov. 22 Noon – 9:00 P.M.**

Nov. 23 Noon – 8:00 P.M.

Nov. 24 Closed

Nov. 25 Noon – 9:45 P.M.

Dec. 22 Noon – 4:00 P.M.

Dec. 23 Noon – 9:45 P.M.

Dec. 24 Closed

Dec. 25 Closed

Dec. 26 Noon – 8:00 P.M.

Dec. 27 Noon – 9:00 P.M.

Dec. 28 Noon – 8:00 P.M.

Dec. 29 Noon – 9:00 P.M.

Dec. 30 Noon – 9:45 P.M.

Dec. 31 Noon – 3:45 P.M.

Jan. 1 Noon – 6:00 P.M.

Jan. 2 Noon – 8:00 P.M.

Jan. 16 Noon – 8:00 P.M.

Jan. 26 Noon – 4:00 P.M.

Jan. 27 Noon – 9:45 P.M.

Feb. 20 Noon - 8:00 P.M.

** Nov. 22: Waterpark will be limited 5:20-6:40 P.M.



We can fill your day with endless fun as you enjoy a tropical getaway at Tropics Indoor Waterpark.

Come experience our crystal clear water with our Sphagnum Moss water enhancement system. This green system has improved our water quality, clarity, and as well a reduction in chlorine use. It makes for a more natural swimming experience as the Sphagnum Moss treated water is better on your skin, hair, swim suit and best of all your eyes.

Riders of Shark Attack waterslide will be able to experience our one of a kind jukebox system. Riders will be able to choose from over 100 songs and enjoy a custom light and music show while they twist and turn down our thrilling slide.

Nothing can replace close adult supervision when using the pool. All children six years and under must be supervised by a paid adult swimmer. Supervisory adult must be within arm's reach of the child at all times.

Pool Information

- For our guests' safety, our lifeguards participate in ongoing training. Part of this training includes the use of life-like mannequins as a simulation device.
- Coast-Guard approved lifejackets are allowed when a swimming adult is present within arm's reach. Arm flotation and flotation swimming suits are prohibited.
- Pool is open for general use during most hours that the Community Center is open. However, classes may be in session or pool amenities may be unavailable.
- Boys need to be 4 years old and under to be in the women's locker room, girls need to be 4 years old and under to be in the men's locker room with an adult. Please use the family locker rooms with opposite gender children age 5 and older.
- Complete pool and lap swim schedules are available at the service desk.
- For a complete list of Tropics Indoor Waterpark rules go to www.ShoreviewCommunityCenter.com



Come **CRAWL** through the caves, **SWING** through the jungle, slip down the waterfall **SLIDE**, and **SCREAM** down the five level spiral slide!

Rate & Hours

\$5.25 per child, ages 1-12

FREE to members

Mon – Sat8:00 A.M. – 8:00 P.M.

Sunday.....8:00 A.M. – 6:00 P.M.

Holiday Hours Call 651.490.4700

for specific information.

Nov. 24 8:00 A.M. – Noon

Dec. 24..... 8:00 A.M. – Noon

Dec. 25..... Closed

Dec. 31 8:00 A.M. – 4:00 P.M.

General Information

- Wristbands and socks are required
- The playground is an unsupervised area
- Parents and guardians are responsible for supervision of their children
- Children 6 and under must be accompanied by an adult
- Groups visiting the playground are posted at the entrance each week
- For information about reserving space for your group, call **651.490.4790**.



Kids Care

Kids Care provides a stimulating and safe environment for your child to explore and interact with other children while you enjoy the amenities of the Shoreview Community Center. The Kids Care room is located directly across from the service desk.

**Monday – Saturday
8:00 A.M. – 12:30 P.M.**

**Monday – Thursday
4:00 P.M. – 8:30 P.M.**

**Friday
4:00 P.M. – 7:00 P.M.**
**Closed Nov. 24, Dec. 24
and Dec. 31**

\$1 per hour per child (no pro-rating for partial hours)

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Community Center members and Fitness Class participants. Children are taken on a first-come, first-served basis. Kids Care phone number: 651.490.4763.





It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



Coconut Cove – Private Party Room

ALL-INCLUSIVE PARTY PACKAGES

ALL-INCLUSIVE TROPICAL PACKAGES

Waterpark and Indoor Playground Admission

#1) ALL-INCLUSIVE TROPICAL CAKE DEAL

- Full day use of Tropics Waterpark and Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the pool and playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$ 168	\$ 160
Each additional child	\$ 21	\$ 20

#2) ALL-INCLUSIVE TROPICAL MEAL DEAL

BEST VALUE!

- Includes everything in the Tropical Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$ 192	\$ 184
Each additional child	\$ 24	\$ 23

UPGRADE YOUR PARTY!

THEMED PARTY OPTIONS:

Princess, Pirate, or Under the Sea

Upgrade your child's party to include a special theme, including a personalized themed cake and paper products.

Rate: **Add \$12 to your party package**



COMMUNITY CENTER



Call 651.490.4790 to book your party!

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com



ALL-INCLUSIVE ADVENTURE PACKAGES

Indoor Playground Admission Only

#3) ALL-INCLUSIVE ADVENTURE CAKE DEAL

- Full day use of Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$ 152	\$ 144
Each additional child	\$ 19	\$ 18

#4) ALL-INCLUSIVE ADVENTURE MEAL DEAL

- Includes everything in the Adventure Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$ 176	\$ 168
Each additional child	\$ 22	\$ 21

COCONUT COVE PRIVATE PARTY ROOM

Coconut Cove is a private party room located within Beachcomber Bay. With a beautiful underwater mural and view of Tropics Waterpark, it is the perfect setting for families looking for a quieter, more personalized party option to make your child's birthday even more special! *Coconut Cove has a maximum capacity of 15. Upgrade consists of 90 minutes in party room.*

Rate: **Add \$34 to your party package**



MAKE a SPLASH!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

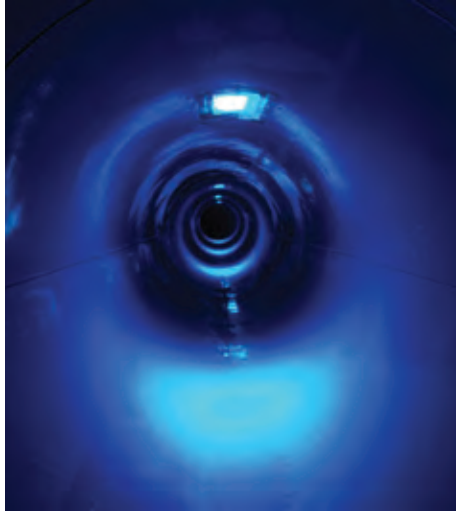
Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



Call 651.490.4790 to book your party!

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com



Shark Attack Waterslide

Have your next event at the Shoreview Community Center!

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

Enjoy the amenities the Shoreview Community Center has to offer!

Call 651.490.4790 to make your reservation today!



POOLSIDE PARTY PACKAGE



Waterpark & Indoor Playground

- Full day use of Tropics Indoor Waterpark and Tropical Adventures Indoor Playground
- 2 hours of private poolside party room for up to 50 people
- Option to bring in your own food or you may purchase food from our Wave Cafe
- Free jumbo locker available for use
- Printable invites



Available Times:

Fridays at 5 p.m. or 7:30 p.m.

Saturdays at 5:30 p.m.

Sundays at 4:30 p.m.

	Rate	Shoreview Resident
Includes 10 wristbands	\$199	\$180

*Additional wristbands may be purchased at our discounted group rate the day of your event.

*\$25 refundable damage deposit required. Sales tax extra.

RENT A PARTY ROOM!



Rent one of our rooms on the upper level of the Community Center for your special gathering. Each room accommodates 20 partygoers for 2 hours of party time; adjoining rooms may be rented to accommodate up to 60. You may bring in your own food, cake, and decorations. **Daily passes are sold separately.**

Meeting Room (Per 2-hour time block)	Rate	Shoreview Resident
Monday-Thursday	\$50	\$35
Friday-Sunday	\$60	\$45

*\$25 refundable damage deposit required. Sales tax extra.

After Hours Parties

Have the place to yourself and invite your friends! The Shoreview Community Center is available for exclusive use overnight and after-hours. Each rate is listed per person and includes use of the Tropics Indoor Waterpark, gym facilities, and meeting rooms. Refundable damage deposit required. A minimum payment of 45 people is necessary to rent our facility overnight. All guests in attendance of an after-hours event must be paid for (both swimming & non-swimming).

PARTY DURATION	Rate	Shoreview Resident
Two hours	\$12.00	\$11.50
Three hours	\$12.50	\$12.00
Four hours	\$13.00	\$12.50
Overnight	\$20.50	\$18.50

Our banquet rooms are perfect for corporate events, wedding ceremonies, receptions, dinners, and dances.



Shoreview Room

Experience the elegance of our Shoreview Room for your next event. You and your guests will enjoy the convenience of the adjacent Fireside Lounge and expanded dance floor.

- Seating up to 300.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- New audio-visual equipment
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 700.....	\$ 625
Friday	\$ 1,100.....	\$ 1,000
Saturday.....	\$ 1,350.....	\$ 1,250

*Fees are subject to change. Sales tax will be added to rates. Call for more information.



Wedell Community Room

The Community Room features round tables, oak parquet dance floor, indirect lighting, and audio/visual equipment.

- Seating up to 250.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 450.....	\$ 375
Friday	\$ 800.....	\$ 700
Saturday.....	\$1,000.....	\$ 900



Call for More Information

Community Center Information
651.490.4700

Recreational Programs (classes)
651.490.4750

Rental Information
651.490.4790

City Information
651.490.4600

Half Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 260.....	\$ 225
Friday and Saturday.....	N/A.....	N/A

*Fees are subject to change. Sales tax will be added to rates. Call for more information.

Haffeman Pavilion

It's not too early to reserve your space for a family picnic, company event, or graduation gathering at the Haffeman Pavilion located behind the Shoreview Community Center. Picnic tables accommodate up to 125 people! Call to reserve your date: 651.490.4790. Pavilion rental hours are 8 A.M. – 8 P.M. daily.

Rate: \$250; \$225 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.

Picnic Shelter Rentals

Our parks are the perfect place for a small gathering or birthday party. Reserve a picnic shelter for your next event by calling 651.490.4790. Rental fee is \$30 plus tax.

Lake Judy Park.....Seats 15	Shamrock Park.....Seats 35
McCullough Park.....Seats 15	Commons Park.....Seats 20
Sitzer.....Seats 24	Bucher Park.....Seats 24

Meeting Rooms

We are able to accommodate 20 people per room, depending on table and chair set-up. Retractable walls allow flexibility for accommodating large groups and seminars.

- Meeting rooms are rented in 2-hour blocks of time.
- Rates are listed per room for each time block rented.

Meeting Room (Per 2-hour time block)	Rate*	Shoreview Resident*
Monday-Thursday	\$ 50.....	\$ 35
Friday-Sunday.....	\$ 60.....	\$ 45

*Sales tax will be added to rate. Refundable damage deposit required. For organizations, Shoreview Residency applies when 50% of group lives in Shoreview and contact person is a Shoreview resident.

Island Lake Room

Our new Island Lake Room is comfortable and quiet, suitable for all your meeting needs. Enjoy the window lighting as well as the on-site audiovisual equipment, including an interactive white board.

- Island Lake Room is rented in 2-hour blocks of time.

Rate: \$75; \$60 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.



Call for More Information

Community Center Information

651.490.4700

Recreational Programs (classes)

651.490.4750

Rental Information

651.490.4790

City Information

651.490.4600

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WINTER RECREATION PROGRAMS REGISTRATION SCHEDULE

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs. **Begins Tuesday, December 6 at 8 A.M.**

Annual Community Center Member Registration Begins Thursday, December 8 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required. **Begins Friday, December 9 at 8 A.M.**

Phone Registration

Begins Monday, December 12 at 8 A.M.

*See page 62 for registration information.

6 EASY WAYS TO REGISTER

1. On-line at: www.shoreviewcommunitycenter.com
2. Mail-in
3. Fax 651.490.4797 payment by credit card only
4. Drop-off
5. In-person
6. Over the phone after December 12



Scan with Smartphone to register.

Shoreview Parks and Recreation

4580 Victoria St. N | Shoreview, MN 55126 Office
located on upper level of the Shoreview Community Center
651.490.4750
recreation@shoreviewmn.gov
www.ShoreviewCommunityCenter.com

Office Hours

Monday – Friday 8:00 A.M. – 4:30 P.M.

SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

FREE SWIM CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

Sunday, Nov. 27 11:00 A.M. – 12:00 P.M.
 Thursday, Dec. 29 6:00 P.M. – 7:00 P.M.

If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.

PRIVATE LESSONS

Private Lessons (PR) *Ages 3 to Adult*

30-minute swim lessons; available at set times.

Private Lessons:

Rate for 8 lessons: \$176; \$160 Shoreview Resident

Rate for 6 lessons: \$122; \$111 Shoreview Resident

Semi-Private Lessons:

Rate for 8 lessons: \$131; \$119 Shoreview Resident*

Rate for 6 lessons: \$91; \$83 Shoreview Resident*

*Cost each for 2 participants of equivalent ability

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.

GROUP LESSONS

Rate for 8 group lessons: \$84; \$76 Shoreview Resident

Rate for 6 lessons: \$60; \$54 Shoreview Resident

These lessons will have 1 instructor to a maximum student ratio of:

(MR) & (PS) 1 to 4

(L1) – (L3) 1 to 5

(L4) – (L6) 1 to 6

Classes with more students will be assigned an aid to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.



PARENT/CHILD LESSONS

Star Fish

(SF 1) *Ages 9 months to 24 months*

(SF 2) *Ages 24 months to 36 months*

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

Manta Ray (MR) *Ages 2 ½ to 4 years old*

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. The main goal of this class is to gain confidence and familiarity in a pool environment independently from a guardian. Swimmers will learn the following:

- Enter/Exit water independently
- Comfort with group instruction independent from guardian
- Blow bubbles
- Submerge head
- Arm scoops

BEGINNER LESSONS

Preschool (PS): Jelly Fish *Ages 3 - 4*

Preschool is an introduction level to group learning without a guardian in the water. The main goal is to gain confidence and knowledge in basic swim skills which include: floating and front crawl with an introduction to rhythmic breathing. Swimmers will learn the following:

- Unassisted Entry/Exit
- Front/Back Floats with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms
- Rhythmic breathing with bubbles

Level 1 (L1): Angel Fish *Ages 3 ½ or passed preschool*

Swimmers will learn basic exploration that leads to assisted swimming. Students should be comfortable in the water and come prepared to put their face in the water. The main objective of level 1 is to expand knowledge and confidence in floats, glides and front crawl with rhythmic breathing. Swimmers will learn the following:

- Independent front/back floats for 5 seconds
- Introduction to front/back glides with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms with rhythmic breathing and support

BEGINNER LESSONS *continued*

Level 2 (L2): Sea Monkeys *Ages 4 or passed level 1*

The objective of level 2 is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers must be comfortable on their own and fully submerged in water where they can touch. The main goal is to develop confidence and competence in floating, gliding, kicking independently while gaining the knowledge in front crawl with rhythmic breathing without support. Swimmers will learn the following:

- Front/Back floats unsupported for 10 seconds
- Front/Back glides with flutter kick
- Flutter kicking on front/back with barbell support for 8 yards
- Front crawl with rhythmic breathing and barbell support for 8 yards
- Elementary backstroke arms
- Jump into deep water, submerge and return to wall independently

Youth Beginner (YB) *Ages 6 & older*

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. Students will be in a class with other school - aged children and learn at a faster pace. Students can continue to take youth beginner until they reach a level that includes their peers.

INTERMEDIATE LESSONS

Level 2.5 (L 2.5): Otters

Level 2.5 bridges the gap between L2 and L3. The objective of this level is to develop knowledge in the elementary backstroke and gain technique and endurance in the front crawl with rhythmic breathing. Swimmers will learn the following:

- Front/Back glide with flutter kick
- Flutter kick on front/back with support (25 yards)
- Front crawl with controlled rhythmic breathing (½ length)
- Elementary backstroke (½ length)
- Introduction to whip kick

Level 3 (L3): Seals

Level 3 builds on skills by coordinating strokes and increasing endurance. The main objective is to gain technique and endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Flutter kick on front/back with equipment (50 yards)
- Front glide with flutter kick to front crawl
- Back glide with flutter kick to back crawl
- Front crawl with rhythmic breathing (25 yards)
- Back crawl (½ length)
- Elementary backstroke (25 yards)

Level 4 (L4): Sting Rays

Level 4 develops endurance in previously learned strokes and introduces breaststroke. The objective is to gain knowledge and technique skills in the breaststroke while gaining endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Front crawl with open turn (50 yards)
- Back crawl with open turn (50 yards)
- Elementary backstroke (50 yards)
- Breaststroke (25 yards)
- Dolphin kick

ADVANCED LESSONS

Level 5 (L5): Dolphins

Level 5 refines coordination and technique while increasing endurance in the front and back crawl and elementary backstroke while learning the butterfly. Swimmers will learn the following:

- Front crawl with 1 flip turn (100 yards)
- Back crawl with open turns (100 yards)
- Elementary backstroke (100 yards)
- Breaststroke (50 yards)
- Butterfly (½ length)
- Dolphin kick (50 yards)

Level 6 (L6): Orcas

Level 6 polishes strokes and develops a strong technique to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Front crawl with flip turns (200 yards)
- Back crawl with open turns (200 yards)
- Breaststroke with underwater pull outs (11 yards)
- Butterfly (25 yards)
- Individual Medley (100 yards)
- Sidestroke (25 yards)

Introduction to Lifeguarding (JL)

During this class you will join a professional lifeguard to learn about water safety, first aid techniques, and basic water rescues. Participants will get the chance to shadow a lifeguard in rotation to gain a better understanding of the daily responsibilities of a lifeguard.

Introduction to Swim Team (IS)

\$131; \$119 Shoreview Resident

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke and freestyle; along with competitive turns. **This class is one hour.**

SWIM LESSONS AT THE COMMUNITY CENTER POOL

WEEKLY CLASSES | 1 day per week for 8 weeks

Monday

Jan. 9 - Mar. 13

No Class: Jan. 16 & Feb. 20

Tuesday

Jan. 10 - Feb. 28

Wednesday

Jan. 11 - Mar. 1

Thursday

Jan. 12 - Mar. 2

Friday

Jan. 13 - Mar. 3

MORNING			EVENING			MORNING			EVENING			MORNING		
Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #
9:00 A.M.	MR	130117-01	4:30 P.M.	PS	130111-05	9:10 A.M.	PR	130114-01	4:30 P.M.	LI	130101-12	9:10 A.M.	LI	130101-02
9:40 A.M.	LI	130101-01		LI	130101-06	9:55 A.M.	PS	130111-02		L2	130102-09	9:55 A.M.	SF 1	130110-02
10:20 A.M.	PS	130111-01		PR	130114-12	10:40 A.M.	SF 1	130110-01		PR	130114-24		SF 2	
EVENING				PR	130114-13		SF 2			PR	130114-25	10:40 A.M.	MR	130117-02
4:30 P.M.	PS	130111-03		PR	130114-14	11:20 A.M.	PR	130114-02		PR	130114-26	11:20 A.M.	PR	130114-03
	L2	130102-01	5:15 P.M.	PS	130111-06	EVENING			5:15 P.M.	MR	130117-06			
	L2.5	130112-01		L2	130102-03	4:30 P.M.	LI	130101-09		LI	130101-13			
	PR	130114-04		L2.5	130112-04		L2	130102-06		L3	130103-07			
	PR	130114-05		L3	130103-02		L2.5	130112-08		YB	130113-02			
5:15 P.M.	MR	130117-03		L4	130104-02		PR	130114-19		PR	130114-27			
	LI	130101-03	6:00 P.M.	MR	130117-04		PR	130114-20	6:00 P.M.	PS	130111-11			
	L2.5	130112-02		LI	130101-07	5:15 P.M.	MR	130117-05		LI	130101-14			
	YB	130113-01		L2.5	130112-05		PS	130111-08		L2.5	130112-12			
	PR	130114-06		L5	130105-01		L2.5	130112-09		L4	130104-03			
6:00 P.M.	SF 1	130110-03		PR	130114-15		L2.5	130112-10		PR	130114-28			
	SF 2			PR	130114-16	6:00 P.M.	SF 1	130110-04		PR	130114-29			
	PS	130111-04	6:45 P.M.	PS	130111-07		SF 2		6:45 P.M.	PS	130111-12			
	LI	130101-04		LI	130101-08		PS	130111-09		LI	130101-15			
	L2.5	130112-03		L2	130102-04		LI	130101-10		L2	130102-10			
	L3	130103-01		L2.5	130112-06		L2	130102-07		L2.5	130112-13			
	L4	130104-01		L3	130103-03		L3	130103-05		L3	130103-08			
6:45 P.M.	LI	130101-05		L6	130106-01		L5	130105-02		L5	130105-03			
	L2	130102-02	7:25 P.M.	L2	130102-05	6:45 P.M.	PS	130111-10	7:25 P.M.	L4	130104-04			
	JL	150305-01		L2.5	130112-07		LI	130101-11		PR	130114-30			
	PR	130114-07		L3	130103-04		L2.5	130112-11		PR	130114-31			
	PR	130114-08		PR	130114-17		L3	130103-06		PR	130114-32			
	PR	130114-09		PR	130114-18		PR	130114-22						
7:25 P.M.	PR	130114-10				7:25 P.M.	L2	130102-08						
	PR	130114-11					IS	130109-01						

LESSON RATES

8 Lessons

Group
\$84; \$76 Shoreview Resident

Private
\$176; \$160 Shoreview Resident

Semi-Private
\$131; \$119 Shoreview Resident
(2 participants of equivalent ability)

6 Lessons

Group
\$60; \$54 Shoreview Resident

Private
\$122; \$111 Shoreview Resident

Semi-Private
\$91; \$83 Shoreview Resident
(2 participants of equivalent ability)

AQUATIC KEY

SF 1 Starfish 9-24 months

SF 2 Starfish 24-36 months

MR Manta Ray

PS Preschool

LI Level 1, 2, etc.

YB Youth Beginner

PR Private Lessons

IS Intro to Swim Team

JL Intro to Lifeguarding

TWO DAY CLASSES

2 times per week for 3 weeks

Monday/Wednesday
Dec 5 - Dec 21

Tuesday/Thursday
Dec 6 - Dec 22

6 Lessons Only - discounted fee

6 Lessons Only - discounted fee

Saturday
Jan 7 - Feb 25

Sunday
Jan 8 - Feb 26

MORNING

Time	Level	Activity #
8:15 A.M.	PS	130111-13
	L1	130101-16
	L2	130102-11
	L2.5	130112-14
	YB	130113-03
	PR	130114-33
	PR	130114-34
	PR	130114-35
	PR	130114-36
	PR	130114-37

9:00 A.M.	MR	130117-07
	PS	130111-14
	L1	130101-17
	L2	130102-12
	L2.5	130112-15
	L2.5	130112-16
	L3	130103-09
	L4	130104-05
	PR	130114-38

9:45 .AM.	SF 2	130110-05
	PS	130111-15
	L2	130102-13
	L2.5	130112-17
	L2.5	130112-18
	L3	130103-10
	L5	130105-04
	IS	130109-02
	PR	130114-39
	PR	130114-40

10:30 A.M.	SF 1	130110-06
	PS	130111-16
	L1	130101-18
	L3	130103-11
	L4	130104-06
	L6	130106-02
	PR	130114-41
	PR	130114-42
	PR	130114-43

11:15 A.M.	MR	130117-08
	L1	130101-19
	L2	130102-14
	L2.5	130112-19
	L3	130103-12
	YB	130113-04
	PR	130114-44
	PR	130114-45
	PR	130114-46

MORNING

Time	Level	Activity #
9:00 A.M.	SF 1	130110-07
	SF 2	
	L1	130101-20
	L2.5	130112-20
	PR	130114-47
	PR	130114-48

9:45 A.M.	MR	130117-09
	PS	130111-17
	L2	130102-15
	L3	130103-13
	PR	130114-49

10:30 A.M.	SF 1	130110-08
	SF 2	
	PS	130111-18
	L2	130102-16
	L4	130104-07
	PR	130114-50

11:15 A.M.	MR	130117-10
	L1	130101-21
	L2.5	130112-21
	L2.5	130112-22
	L5	130105-05

EVENING

Time	Level	Activity #
5:00 P.M.	PR	430114-56
	PR	430114-57
	PR	430114-58

5:40 P.M.	PR	430114-59
	PR	430114-60
	PR	430114-61

6:20 P.M.	PR	430114-62
	PR	430114-63
	PR	430114-64

EVENING

Time	Level	Activity #
4:30 P.M.	PR	430114-65
	PR	430114-66
	PR	430114-67
	PR	430114-68

5:15 P.M.	L1	430101-23
	L2	430102-23
	PR	430114-69
	PR	430114-70

6:00 P.M.	MR	430117-11
	PS	430111-21
	L3	430103-15
	PR	430114-71

6:45 P.M.	PS	430111-22
	L1	430101-24
	L2.5	430112-25
	PR	430114-72

7:30 P.M.	L2	430102-24
	L2.5	430112-26
	PR	430114-73
	PR	430114-74

A NOTE ABOUT COMMUNITY CENTER LESSONS

- Swimming lessons will not be canceled if Mounds View School District cancels their after school activities due to weather.
- Group classes with fewer than 2 registered participants are subject to cancellations.
- Students are not allowed to swim before or after lessons unless they have purchased a wristband during the following times: Weekday Morning lessons (school year only), Weekday Evening lessons (all year), and weekend Morning lessons (at 12:00 P.M. when the water park opens).
- If your child needs a quieter environment to learn please look at our Saturday & Sunday availability for lessons. The pool is exclusively for lessons and lap swim during this time.
- Children ages 4 and under may use either locker room or the family locker room. Children ages 5 and older must use the same-gender locker room or family locker room.
- Have your child use the bathroom and shower before entering the pool area. Instructors & lifeguards are not allowed to take a child to the bathroom during lessons.
- On the first day of lessons, we will meet on the pool patio located by the entrance to the pool prior the start of class to go over first day introductions.
- We do not have make up lessons for group or private lessons.
- The pool water is temperature is kept between 83 and 84 degrees.



RED CROSS COMMUNITY CPR/AED

Tuesday, Feb. 7.....6:00 P.M. – 10:00 P.M.
 \$90; \$81 Shoreview Residents..... **Activity # 150301-01**

Deadline to Register: Thursday, Feb. 2

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.

RED CROSS STANDARD FIRST AID

Thursday, Feb. 9.....6:00 P.M. – 8:30 P.M.
 \$58; \$53 Shoreview Resident..... **Activity # 150302-01**

Deadline to Register: Thursday, Feb. 2

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

RED CROSS COMMUNITY CPR/AED & FIRST AID

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Tuesday, Feb. 7.....6:00 P.M. – 10:00 P.M.
 Thursday, Feb. 9.....6:30 P.M. – 8:30 P.M.
 \$102; \$93 Shoreview Residents..... **Activity # 150303-01**

Deadline to Register: Thursday, Feb. 2

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.

SUPERSITTER BABYSITTING CLINIC

Grades 5 to 7

\$65; \$59 Shoreview Resident..... 8:00 A.M. – 12:00 P.M.

8:00 A.M. – 12:00 P.M.

Saturday, Dec. 17..... **Activity # 450101-04**

Saturday, Jan. 21..... **Activity # 150101-01**

Saturday, Feb. 18..... **Activity # 150101-02**

Saturday, Mar. 11..... **Activity # 150101-03**

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.

SNORKELING

Ages 8 to 13

\$25; \$23 Shoreview Resident..... 11:00 A.M. – 12:00 P.M.

Saturday, Dec. 10..... **Activity # 430306-02**

Monday, Jan. 16..... **Activity # 130306-01**

Monday, Feb. 20..... **Activity # 130306-02**

Saturday, Mar. 4..... **Activity # 130306-03**

Come learn the basics of snorkeling and we will provide the equipment. A variety of abilities are encourage to join us in discovering the underwater world. Basic swimming skills are needed.

SCOUT MERIT BADGES

Swimming and Lifesaving Merit Badges can be completed at the Shoreview Community Center and Chippewa Middle School. You will be asked to provide the Merit Badge Books and Certification Card. We will provide the Swimming or Lifesaving workbook and Instructor.

Swimming Merit Badge

\$60; \$54 Shoreview Resident..... **Activity # 130301-01**

Wednesday, Mar. 15..... 5:00 P.M. – 8:00 P.M.

Location: Chippewa Middle School Pool

Deadline to Register: Wednesday, Mar. 8

Lifesaving Merit Badge

\$66; \$60 Shoreview Resident..... **Activity # 130301-02**

Wednesday, Mar. 15..... 5:00 P.M. – 8:30 P.M.

Location: Chippewa Middle School Pool

Deadline to Register: Wednesday, Mar. 8

TEEN LEADERSHIP

These programs are designed to be community based water safety programs for teens. They uniquely combine work experience, skill development, teamwork, and leadership skills. Once completed, participants will have the opportunity to continue their training through the aquatic volunteer program.

JR. LIFEGUARD 1.0 Ages 14.5-16

\$33; \$30 Shoreview Resident Activity #150305-02
Sundays, Jan. 15 - Feb. 12 10:00 A.M. - 11:30 A.M.
Sunday, February 19 12:00 P.M. - 1:30 P.M.

The main focus of Jr. Lifeguard 1.0 is the prevention of aquatic accidents and professionalism as a lifeguard. The following key concepts will be covered:

How to scan the water for possible trouble | First Aid | Fitness
Conscious & Unconscious Rescues | Rule Enforcement & Public Relations

Course prerequisites: 50 yard swim of front crawl or breast stroke, retrieve 10 lb brick & bring it to the wall from depth of 4 ft, swim underwater 10 ft.

SWIM INSTRUCTOR AID TRAINING 1.0 Ages 14.5-16

\$33; \$30 Shoreview Resident Activity #130319-01
Saturdays, Jan. 14 - Feb. 18 10:00 A.M. - 11:30 A.M.

This program will focus on teaching participants key principles of teaching and mastering basic skill progressions with a focus on:

Kicking | Parent & Toddler Communication | Water Adjustment
Class Organization | Holds & Supports | Water Safety

GROUP FITNESS CLASSES

Call for information: 651.490.4750

WINTER SESSION *January 2 – March 19 (11 weeks)*

Welcome to Shoreview’s group fitness classes. The Shoreview Parks and Recreation Fitness program boasts the best equipment in the industry with two state-of-the-art fitness studios. Our classes utilize high-quality resistive equipment, and new, innovative program offerings. Our instructors are nationally certified and follow the standards and recommendations of nationally accredited fitness organizations.

Shoreview is committed to providing fitness opportunities for individuals of all ages, fitness levels, and health status. Most fitness classes are suitable for everyone, but there are also class options available for beginners and those looking for classes of lower intensity levels. Please feel free to call to find out which classes best suit your needs – 651.490.4750.

Annual Members receive 30% off group fitness classes listed on pages 36-37. Discount now available online!

FITNESS PUNCH CARDS

Give our fitness classes a try! This Punch Card will allow you to take five classes during the session. Note: if individual classes are full, Punch Card holders may not be able to participate. Drop-In class schedule will be available the first week of classes. Card does not include Tae Kwon Do classes.

Cycling, Ballet Fitness, Zumba®, Zumba® Kids, Kettlebell, Aqua Yoga and Aqua Zumba®
\$45; \$42 Shoreview Resident

Yoga, Pilates, and Yogalates
\$52.50; \$48 Shoreview Resident

General Fitness Classes
\$36.50; \$34 Shoreview Resident

Available for purchase at the Upper Parks and Recreation Desk during office hours.

DROP-IN RATES

Drop-in passes allow you to attend a class. Drop-in schedule will be available the first week of classes.

Yoga, Pilates, and Yogalates
\$11.80; \$10.60 Shoreview Resident

Indoor Group Cycling, Ballet Fitness, Zumba®, Zumba® Kids, Kettlebell, Aqua Yoga and Aqua Zumba®
\$10.20; \$9.40 Shoreview Resident

General Fitness Classes Drop-in Rate
\$8.30; \$7.80 Shoreview Resident

KIDS FITNESS

For more info on Kids Fitness, contact Amy Ferguson: aferguson@shoreviewmn.gov.

Music in Motion Workshops

These once a month family workshops promote exercise and movement together. Designed for you and your children to attend together, move and groove to tunes while working on mobility, strength and balance. Ages 3-6. Parent or adult must register with child/children.

\$5/participant..... 10:30 A.M. – 11:15 A.M.
Saturday, January 7..... **Activity # 110519-01**
Saturday, February 4..... **Activity # 110519-02**
Saturday, March 4..... **Activity # 110519-03**

Pajama Yoga

Dress in your jammies and wind down the weekend with this calming yoga class designed for kids ages 4-9. This class is designed to teach kids calming techniques in a fun atmosphere, while promoting flexibility and healthy body image. Ages 4-8.

\$51; \$46 Shoreview Resident
Sundays..... 4:30 P.M. – 5:15 P.M.
January 8 – February 26..... **Activity # 110520-01**

DEMO DAY

Saturday, December 10th, 2016

Not sure which classes to sign up for this winter? Come to our Group Fitness Demo Day! Drop in for any of the following 30-minute, free class demos and arrange your fitness schedule for the winter session. No registration necessary; just drop by! For more information, email aferguson@shoreviewmn.gov.

Saturday, December 10th, 2016

10:30 A.M. Warrior Sculpt (Adrienne)
11:15 A.M. Cardio Dance (Mary J.)
11:15 A.M. Classic Pilates (Gretchen)
12:00 P.M. Total Body Workout (Karen)
12:45 P.M. Yogalates (Jess T.)
1:30 P.M. Pajama Yoga (Terrie)
2:15 P.M. Stress Less Yoga (Terrie)
3:00 P.M. TRX® (Amy)

MIND/BODY OPTIONS

Mind/Body Yoga & Other Yoga Classes

Begin to experience inner peace through awareness of your mind, body and spirit through various Yoga classes. Mind/Body Yoga emphasizes flexibility, balance and overall strength. Each class teaches stretching, breath awareness, and deep relaxation through meditation. Additional classes include Yoga Strength, Yogalates (a fusion of Yoga and Mat Pilates), Candlelight Yoga, and Aqua Yoga (page 36). Candlelight Yoga is performed in the relaxing atmosphere of candlelight.

Stress Less Yoga

Stressful life occurrences, world news, hectic lifestyles and everyday life routines all contribute to high stress levels. Relax your mind and body with these twice a month workshops focused on stress relief, calming techniques, and positive energy.

Saturdays

\$15; \$10 Shoreview Resident..... 10:30 A.M. – 12:00 P.M.

January 7 **Activity # 110509-01**

January 21 **Activity # 110509-02**

February 4 **Activity # 110509-03**

February 18 **Activity # 110509-04**

March 4 **Activity # 110509-05**

March 18 **Activity # 110509-06**



STRENGTH/CARDIO OPTIONS

BeatBoss Biking

BeatBoss is a rhythmic-based indoor biking experience set to the beat of the music for all levels. Inspired by road, mountain, and BMX biking, this game-changing indoor ride will help you burn mega calories while having great fun!

Boot Camp

This workout incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Class formats may include Tabata, strength exercises, circuit training, core work, bodyweight exercises and a variety of other training methods to ensure you maximize your results.

Cardio and Strength Conditioning

This class fuses cardiovascular and strength exercises to provide you a complete strength and cardiovascular workout. All levels of fitness welcome.

Cardio Dance

Increase cardiovascular endurance and burn fat as you workout using combinations of movements and floor patterns. The instructor provides modifications, including low-impact alternatives, to accommodate all fitness levels, creating a fun cardio class that will help you reach your goals safely and effectively.

Cardio Kickboxing

A dynamic and energetic class that combines kicks, jabs, upper and full body movements to strengthen your body, and provide a great cardiovascular workout.

Classic Cycle, Strength and Stretch

This low impact class incorporates cycling, strength exercises and a stretching component to provide a total body workout.

Classic Pilates

This mat Pilates class utilizes classic pilates moves and incorporates props in order to provide an effective workout to build strength with minimal impact.

Classic Strength

This class focuses on strength exercises and routines while protecting your joints by keeping the moves low impact.

Core Fusion

If you're looking for a strong, lean and graceful body, then this class is for you. Core Fusion mixes body sculpting strength exercises with cardio, flexibility, and balance work to help you achieve a lean look.

Functional Training

Train your body to move more efficiently, build strength and train to prevent injuries with this class focused on improving movement and strength.

Indoor Group Cycling

Indoor Group Cycling is fun, challenging and accommodates all fitness levels using revolutionary group exercise cycles. This energetic class consists of a continuous bike ride set to up-beat music. Climb hills, sprint, and ride in and out of the saddle to simulate cycling outdoors. The resistance of the stationary bikes is adjustable to provide a variety of intensities.

Kettlebell/HIIT

This class combines the strength benefits of a traditional Kettlebell workout and the cardiovascular benefits of a High Intensity Interval Workout (H.I.I.T.) resulting in an intense total body workout in 30 minutes.

Kettlebell Training

Transform your body with kettlebell exercises that develop strength, power and stamina. This kettlebell class fuses exercises using kettlebell and non-kettlebell conditioning drills to provide a total body workout that will leave you feeling strong and lean.

Refit LIFE

Refit LIFE is a 12 week program which includes: personalized assessments, two strength & two cardio classes weekly, nutrition consulting, weekly guidance & support, plus the benefits of working with a personal trainer & nutrition coach in a small group environment. The combination of exercise, nutrition, and community, wrapped in to one program, will help you refit your life for the long term! For more information, contact admin@refit-life.com or call 651.983.1368.

Power Pump

Power Pump is a strength training workout that targets the major muscle groups to strengthen and tone your body. This class utilizes supersets, tempo changes, alternating slow and fast reps, and pulsing that challenges your body. Equipment used includes a weight bar, weight plates, dumbbells, and resistance bands. Power Pump is suitable for all fitness abilities.

Step Cardio

Warm up with basic step moves, then learn fun patterns, combinations and movements on an adjustable step to work at all levels of endurance. Class ends with a core exercise component and a cool-down.

Step and Strength

This class improves cardio fitness, increases fat burning and builds muscle. This is a great cross-training class that utilizes an adjustable step and resistance equipment. All levels and abilities are encouraged to participate. This class will keep you moving and motivated.

Strength Conditioning

This basic strength class uses hand weights, resistance bands, stability balls and various other equipment to strengthen major muscle groups of your body. Everyone works at their own level of intensity and chooses their own weight loads and resistance levels.

Tabata

Tabata features 20 second intervals of extreme exercise, followed by 10 seconds of rest, repeated eight times. These bursts of intense exercise mixed with various other strength and cardio drills will torch calories, increase your cardiovascular endurance, and build muscle in minimal time. *30 minute class.

Total Body Workout

Work all of your muscles in this total body workout. Improve your agility, speed, strength and endurance. Classes utilize a variety of weights, bodyweight exercises, conditioning drills, cycling, kickboxing, core work, kettlebells and more. Come ready to work, leave feeling accomplished.

TRX® Suspension Training

Born in the Navy SEALs, Suspension Training bodyweight exercise develops strength, balance, flexibility and core stability simultaneously. It requires the use of the TRX Suspension Trainer, a highly portable performance training tool that leverages gravity and the user's body weight to complete hundreds of exercises. Class size is limited, register to guarantee a spot.

Free TRX® Demos will be given on the following dates:
 Monday, November 28 10:30 A.M.
 Saturday, December 10.....3:00 P.M.

Warrior Sculpt

Combine Pilates, Strength and cardio into one class. Take Yoga to a new level by adding light and heavy weights to traditional poses, and get your heart rate up by adding cardio drills and squats.

Zumba®

Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective and fun!

Zumba® Gold

The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave feeling strong. Perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves you love with less impact.

SENIORFIT CLASSES

SeniorFIT Strength Training

This strength training class focuses on increasing muscular strength, making everyday tasks such as lifting and bending safer and easier. Moving to your favorite music, the instructor will lead you in a variety of exercises using light weights, bands and exercise balls.

SeniorFIT Advanced Circuit

This class balances cardiovascular and strength training, providing a well-rounded, efficient workout. Use a variety of fitness equipment like resistance bands and hand-weights, combined with non-impact aerobics, and motivating music to get moving.

SeniorFIT Aqua Exercise

SeniorFIT Aqua Exercise is a low-impact yet highly effective class designed to increase strength, endurance, and range of motion. This class is held in the Community Center pool and swimming ability is not required.

SeniorFIT Yoga and Stretch

Feel your stress melt away as the instructor takes you through yoga positions to increase your flexibility, improve your balance, and strengthen your core. Leave class feeling refreshed, relaxed and energized.

WATER OPTIONS

All water classes are held in the Shoreview Community Center pool. The pool depth never exceeds 4½ feet, and the water temperature is regulated for maximum comfort. Swimming ability is not required – the gentle slope of the pool allows each participant to work at an appropriate depth.

Aqua Fit

Aqua Fit uses the water's natural resistant properties to help you increase overall muscle strength and endurance while conditioning your cardiovascular system.

Aqua Yoga **NEW Class!**

The supportive environment of the pool not only provides easier access to muscles and joints, but also allows for a deeper sense of the mind/body connection. This class integrates slow, fluid movements to help improve flexibility, balance, posture, and breathing. Those with muscle or joint limitations, pregnant women, athletes, and experienced yoga students looking to deepen their practice will enjoy the peaceful and calming effects of the water. Note: this class is 45 minutes.

Aqua Zumba® **NEW Class!**

Achieve long-term benefits while experiencing an absolute blast in our pools with exciting calorie burning and body energizing movements! Aqua Zumba blends the Zumba philosophy with water resistance. Water provides natural resistance, making every step more challenging to help tone muscles.

NEW EQUIPMENT IS HERE!

We are always looking for ways to enhance your fitness experience.

New equipment was purchased using feedback from a demo in the summer of 2016. Check out this new equipment in the Fitness Center:

2 Octane Lateral X

1 Octane X-Ride Seated Elliptical

5 Matrix Treadmills

Members are eligible to receive an equipment orientation to learn how to use the new equipment. Sign up in the binder on the Fitness Center desk!

QUESTIONS? CONTACT AMY:
AFERGUSON@SHOREVIEWMN.GOV | 651.490.4768



Silver&Fit®

FREE COFFEE SOCIAL

Fireside Lounge, 9am-10am
First Tuesday of each month

Silver&Fit® members are invited to join us for a free coffee social the first Tuesday of each month! Stop by our Guest Services office or call 651.490.4739 for information.

ShoreviewCommunityCenter.com

MORNING AND DAYTIME CLASSES

WINTER FITNESS CLASSES 2017: January 2 – March 19 (11 Weeks).

		Reg/Sv. Res	Activity #
MONDAY (No class 1/2, 10 weeks)			
5:35 A.M.	Total Body Workout (60 min.)	\$64/\$58	110502-01
8:00 A.M.	Mind/Body Yoga NEW CLASS!	\$96/\$86	110506-09
8:30 A.M.	Classic Strength Conditioning	\$64/\$58	110561-02
8:30 A.M.	SeniorFIT – Strength Training*	\$64/\$58	110161-01
9:15 A.M.	Aqua Fit	\$64/\$58	110522-01
9:30 A.M.	Total Body Workout	\$64/\$58	110502-06
9:30 A.M.	Core Fusion	\$64/\$58	110527-01
11:40 A.M.	Mind/Body Yoga	\$96/\$86	110506-01
12:45 P.M.	SeniorFIT – Yoga & Stretch*	\$64/\$58	110163-01
TUESDAY			
5:35 A.M.	Core Fusion	\$70/\$64	110530-01
8:15 A.M.	SeniorFIT – Aqua Exercise*	\$70/\$64	110162-01
8:30 A.M.	Mind/Body Yoga	\$105/\$95	110506-02
8:30 A.M.	Power Pump	\$70/\$64	110523-02
9:15 A.M.	Aqua Fit	\$70/\$64	110522-02
9:30 A.M.	Step Cardio	\$70/\$64	110516-01
10:45 A.M.	Cardio Dance	\$70/\$64	110545-02
11:00 A.M.	Functional Training NEW CLASS!	\$70/\$64	110503-01
11:40 A.M.	Strength Conditioning	\$70/\$64	110502-05
12:45 P.M.	SeniorFIT – Strength Training*	\$70/\$64	110161-03
WEDNESDAY			
5:35 A.M.	Total Body Workout (60 min.)	\$70/\$64	110502-02
8:15 A.M.	Aqua Yoga NEW CLASS! (45 min.)	\$89/\$82	110550-01
8:30 A.M.	Classic Cycle, Strength & Stretch	\$89/\$82	110650-01
8:30 A.M.	Cardio & Strength Conditioning	\$70/\$64	110540-01
9:15 A.M.	Aqua Zumba® NEW CLASS!	\$89/\$82	110553-01
9:30 A.M.	BeatBoss Biking	\$89/\$82	110566-01
9:30 A.M.	Total Body Workout	\$70/\$64	110502-07
9:30 A.M.	SeniorFIT – Strength Training*	\$70/\$64	110161-02
10:30 A.M.	Classic Cycle, Strength and Stretch	\$89/\$82	110560-01
10:30 A.M.	SeniorFIT – Yoga & Stretch*	\$70/\$64	110163-02
11:00 A.M.	TRX (30 min.)	\$89/\$82	110557-01
11:40 A.M.	Mind/Body Yoga	\$105/\$95	110506-04
THURSDAY			
5:35 A.M.	Power Pump	\$70/\$64	110530-02
8:30 A.M.	Mind/Body Yoga	\$105/\$95	110506-07
8:30 A.M.	Power Pump	\$70/\$64	110523-06
9:15 A.M.	Aqua Fit	\$70/\$64	110522-03
9:30 A.M.	Step Cardio	\$70/\$64	110516-04
9:30 A.M.	Classic Pilates NEW CLASS!	\$105/\$95	110567-01
10:40 A.M.	Yogalates NEW CLASS!	\$105/\$95	110525-04
11:00 A.M.	Functional Training NEW CLASS!	\$70/\$64	110503-02
11:40 A.M.	Strength Conditioning	\$70/\$64	110539-04
12:45 P.M.	SeniorFIT – Strength Training*	\$70/\$64	110161-04
FRIDAY			
5:35 A.M.	Total Body Workout (60 min.)	\$70/\$64	110502-03
8:15 A.M.	SeniorFIT – Aqua Exercise*	\$70/\$64	110162-02
8:30 A.M.	Classic Strength Conditioning	\$70/\$64	110561-01
8:30 A.M.	SeniorFIT – Advanced Circuit*	\$70/\$64	110165-01
9:15 A.M.	Aqua Fit	\$70/\$64	110522-04
9:30 A.M.	Total Body Workout	\$70/\$64	110502-08
9:30 A.M.	Classic Pilates	\$105/\$95	110567-02
10:40 A.M.	SeniorFIT – Yoga & Stretch*	\$70/\$64	110163-03
SATURDAY			
8:00 A.M.	BeatBoss® Biking	\$89/\$82	110566-02
8:30 A.M.	Zumba®	\$89/\$82	110544-06
8:30 A.M.	Kettlebell HIIT (30 min.)	\$89/\$82	110510-01
9:30 A.M.	Warrior Sculpt	\$70/\$64	110505-03
10:30 A.M.	TRX® (30 min)	\$89/\$82	110557-02
SUNDAY			
8:30 A.M.	Indoor Cycle	\$89/\$82	110512-09

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

REGISTER EARLY AND SAVE YOUR SPOT IN CLASS!

Classes with fewer than 6 registered participants are subject to cancellations.

Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.

CHILD CARE AVAILABLE!

Mon-Sat.... 8 A.M. – 12:30 P.M.
Mon-Thu..... 4 P.M. – 8:30 P.M.
Fri..... 4 P.M. – 8 P.M.

Rate \$1 per hour per child.

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center; this does not include Silver and Fit Memberships.

P.M. classes on next page

EVENING CLASSES

All classes are 50 minutes unless otherwise indicated.
WINTER FITNESS CLASSES 2017: January 2 – March 19 (11 Weeks).

		Reg/Sv. Res.	Activity #
MONDAY (No class 1/2, 10 weeks)			
4:10 P.M.	Zumba®	\$81/\$74	110544-02
5:20 P.M.	Yogalates	\$96/\$86	110525-01
6:25 P.M.	Total Body Workout	\$64/\$58	110502-10
6:25 P.M.	Warrior Sculpt	\$64/\$58	110505-02
6:30 P.M.	Zumba®	\$81/\$74	110544-10
7:30 P.M.	Power Pump	\$64/\$58	110523-04
TUESDAY			
4:30 P.M.	Tabata (30 min.)	\$70/\$64	110513-02
5:20 P.M.	Mind/Body Yoga	\$105/\$95	110506-03
5:20 P.M.	Power Pump	\$70/\$64	110523-03
6:15 P.M.	Aqua Fit	\$70/\$64	110522-05
6:25 P.M.	Cardio Kickboxing	\$70/\$64	110501-01
6:30 P.M.	Yogalates	\$105/\$95	110525-03
7:30 P.M.	Yoga Strength	\$105/\$95	110524-02
WEDNESDAY			
4:15 P.M.	Kettlebell Training	\$89/\$82	110528-03
5:15 P.M.	Step Cardio	\$70/\$64	110516-03
5:20 P.M.	Yogalates	\$105/\$95	110525-02
6:25 P.M.	Boot Camp	\$70/\$64	110532-02
6:25 P.M.	Functional Training NEW CLASS!	\$70/\$64	110503-03
6:25 P.M.	Indoor Group Cycling	\$89/\$82	110512-05
7:30 P.M.	Mind/Body Yoga	\$105/\$95	110506-06
7:30 P.M.	Power Pump/Yoga Fusion	\$70/\$64	110526-01
8:15 P.M.	Aqua Yoga NEW CLASS! (45 min.)	\$89/\$82	110550-02
THURSDAY			
4:15 P.M.	Indoor Group Cycling	\$89/\$82	110512-03
5:20 P.M.	Yoga Strength	\$105/\$95	110524-01
5:20 P.M.	Power Pump	\$70/\$64	110523-07
6:15 P.M.	Aqua Fit	\$70/\$64	110522-06
6:25 P.M.	Pilates Fusion	\$105/\$95	110525-04
6:25 P.M.	Zumba®	\$89/\$82	110544-03
7:30 P.M.	Mind/Body Yoga	\$105/\$95	110506-05
FRIDAY			
4:30 P.M.	Zumba®	\$89/\$82	110544-04
SUNDAY			
4:30 P.M.	PJ Yoga (1/8-2/26)	\$51/\$46	110520-01
5:30 P.M.	Candlelight Yoga	\$105/\$95	110537-01

SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center; this does not include Silver and Fit Memberships.

*** SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.**

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

A.M. classes for Saturday & Sunday on previous page

NOTES ABOUT GROUP FITNESS CLASSES:

- Classes with fewer than 6 registered participants are subject to cancellations.
- Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.
- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- Annual Community Center members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Senior Fit classes are free to only seniors with an annual Senior Membership. This does not include Silver and Fit Memberships.
- Fitness class attendance for members is applicable to the minimum class monthly visits required by insurance providers to receive insurance reimbursements.
- All classes are 50 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Minimum age is 14. Ages 12 & 13 may sign up with a parent/guardian.
- Group Fitness insurance Program available. See website for more information.
- Two make-up classes are available per class registration. Please email recreation@shoreviewmn.gov to request a make-up pass.





Photos by Greg Lucid,
courtesy of the
Shoreview Press



Traditional Tae Kwon Do

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes will teach kicking, punching, striking, and blocking techniques through the philosophy and discipline of traditional Tae Kwon Do. While learning self defense, you will develop both physically and mentally. You will improve your stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by certified instructors of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be assessed for registrations received after 12 P.M. on the Wednesday following the first class of the session. **Pre-registration is required; dropins are not permitted.**

BEGINNER CLASS

Tuesdays and Thursdays 6:00 P.M. – 7:00 P.M.

WINTER SESSION A

Jan. 3 – Feb. 9 (6 weeks)

\$90; \$84 Shoreview Resident.....**Activity # 110230-01**

WINTER SESSION B

Feb. 14 – March 23 (6 weeks)

\$90; \$84 Shoreview Resident.....**Activity # 110232-01**

Location: Gym Activity Room

For ages 7 and older. This class is designed for individuals and families and will teach basic principals and techniques. Small groups or individual attention will be provided as necessary if varying skill levels are apparent. Loose fitting clothing required, no uniform needed.

ADVANCED CLASS

Tuesdays and Thursdays 7:00 P.M. – 8:00 P.M.

WINTER SESSION A

Jan. 3 – Feb. 9 (6 weeks)

\$90; \$84 Shoreview Resident.....**Activity # 110231-01**

WINTER SESSION B

Feb. 14 – March 23 (6 weeks)

\$90 \$84 Shoreview Resident.....**Activity # 110233-01**

Location: Gym Activity Room

For ages 7 and older who have completed the Beginner class. This class will further the student's skills for powerful self defense. Students must attend the beginner class prior to taking the advanced class, even if they have Tae Kwon Do experience. Promotion to the advanced class may be determined at the instructor's discretion. A uniform is required and available through the instructor.

FAMILY DISCOUNT

\$15 off for second family member
\$25 off for third family member
(\$25 max discount per family)

COMMUNITY CENTER MEMBER EQUIPMENT ORIENTATION

(Individual or Group)

FREE to members age 14 and older

All members of the community center are encouraged to attend a fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize strength and cardiovascular equipment and provide guidelines for safe exercise. The schedule and sign-up sheet for equipment orientations is located on the desk in the fitness center. For more information call 651.490.4750.

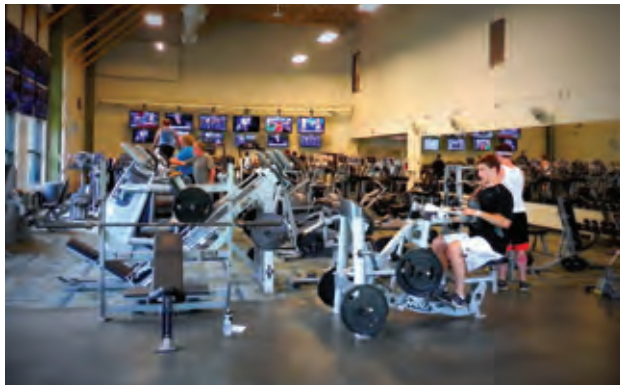
INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13

\$40; \$35 Shoreview Res. **Activity # 510299-01**

Shoreview Community Center

The Teen Equipment Orientation is required for 12 and 13 year olds to use the fitness center. Adolescent exercise is safe and effective when proper form is used and appropriate guidelines are followed. The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover a beginning strength training program and guidelines for cardiovascular exercise. Parents are welcome and questions are encouraged. Registration forms are available at the front desk and lower level service desk. The schedule and sign-up sheets for teen equipment orientations are located on the desk in the fitness center, or call 651.490.4768 to find out more.



Personal Training:

Personal Training can benefit everyone regardless of activity level, physical condition or age. A trainer can plan a safe, effective program and provide one-on-one instruction to ensure you use proper form and technique, exercise at the appropriate intensity, and maximize the effectiveness of your workout. Personal Trainers serve as coaches, educators and a source of encouragement to help you overcome obstacles and stick to your program.

Personal Trainers will:

- Establish realistic goals and determine safe strategies to achieve those goals
- Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- Achieve maximum results in minimum time
- Provide encouragement and accountability

Goals Achieved Through Personal Training:

- Reach and maintain a healthy weight
- Reduce body fat and build muscle
- Strengthen your body
- Improve strength and cardiovascular fitness
- Recover from an injury
- Train for sports, triathlons, running events, and fitness challenges

How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, while others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress. Personal Training comes in packages of 1, 3, 6 and 12 sessions. All sessions expire one year from the date of purchase.

Sessions	Regular	Resident
Fitness Assessment.....	\$33.50	\$28
Single Session	\$70	\$65
Three Sessions.....	\$195	\$179.50
Six Sessions	\$368	\$342
Twelve Sessions	\$697	\$644
Twenty-four Sessions.....	\$1320	\$1200

What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, postural assessment, cardiovascular testing, and sports-specific tests. You can register for a fitness assessment without signing up for personal training, however, assessments are included in personal training packages of 3, 6, and 12 sessions for first time clients.

WINTER BREAK FITNESS CLASSES

MONDAY, DECEMBER 19TH - FRIDAY, DECEMBER 30TH

Register for Winter Break classes online, at Parks & Recreation, or pay at the desk the day of class.

Monday, December 19					
5:35 AM	Kickboxing	\$5	110499-01	Chris	Studio 2
9:15 AM	Aqua Fit	\$5	110522-07	Sue	Pool
9:30 AM	BeatBoss® Biking	FREE DEMO	110499-02	Jill	Studio 1
7:30 PM	3.2.1	\$5	110499-03	Nancy	Studio 2
Tuesday, December 20					
5:35 AM	Kettlebells	\$5	110499-04	Chris	Studio 2
9:15 AM	Aqua Fit	\$5	110522-08	Meg	Pool
12:00 PM	Classic Cycle, Strength & Stretch	FREE DEMO	110499-05	Jill	GAR
5:30 PM	Aqua Fit	\$5	110522-09	Mary H.	Pool
Wednesday, December 21					
5:35 AM	BOSU®	\$5	110499-06	Chris	Studio 2
6:00 PM	Functional Training	FREE DEMO	110499-20	Wendy	Studio 1
6:25 PM	Boot Camp	\$5	110499-07	Nancy	Studio 2
7:25 PM	Power Pump/Yoga Fusion	FREE DEMO	110499-08	Nancy	Studio 2
Thursday, December 22					
5:35 AM	HIIT	\$5	110499-09	Chris	Studio 2
9:30 AM	Yoga	\$5	110499-10	Jess	Studio 2
Tuesday, December 27					
5:35 AM	Tabata	\$5	110499-11	Chris	Studio 2
10:30 AM	Cardio Dance	\$5	110499-12	Mary	Studio 2
Wednesday, December 28					
5:35 AM	Contact Kickboxing	\$5	110499-13	Chris	Studio 2
6:00 PM	Foam Rolling Clinic	\$5	110499-14	Stephanie	Studio 2
Thursday, December 29					
5:35 AM	Cycle	\$5.00	110499-15	Chris	Studio 2
9:30 AM	Yogalates	FREE DEMO	110499-16	Jess	Studio 2
10:30 AM	TRX®	FREE DEMO	110499-17	Jess	Studio 2

DEMO DAY - FRIDAY, DECEMBER 10TH

Not sure which classes to sign up for this winter? Come to our Group Fitness Demo Day! Drop in for any of the following 30-minute, free class demos and arrange your fitness schedule for winter.

No registration necessary for the classes below; just drop by!

Saturday, December 10					
10:30 AM	Warrior Sculpt	FREE DEMO		Adrienne	Studio 2
11:15 AM	Classic Pilates	FREE DEMO		Gretchen	Studio 1
11:15 AM	Cardio Dance	FREE DEMO		Mary J.	Studio 2
12:00 PM	Total Body Workout	FREE DEMO		Karen	Studio 2
12:45 PM	Yogalates	FREE DEMO		Jess T.	Studio 2
1:30 PM	Pajama Yoga	FREE DEMO		Terrie	Studio 2
2:15 PM	Stress Less Yoga	FREE DEMO		Terrie	Studio 2
3:00 PM	TRX®	FREE DEMO		Amy	Studio 2

4580 Victoria Street North, Shoreview, Minnesota 55126 | 651.490.4750
www.ShoreviewCommunityCenter.com

SHOREVIEWS • FOR INFORMATION CALL 651.490.4750

WISH UPON A BALLET



Ages 3 to 6

Tuesdays.....\$77

Session I: Jan. 10 - Feb. 21 (7 weeks)

Theme: Elana of Avalor

9:30 A.M. – 10:15 A.M.Activity # 170202-01

Session II: Feb. 28 - April 18 (No class March 21, 7 weeks)

Theme: Peter Pan

9:30 A.M. – 10:15 A.M.Activity # 170203-01

Shoreview Community Center

Wish upon a Ballet is a dance program for children that incorporates popular children’s stories as well as ballet to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun! Girls and boys will need ballet shoes. Girls should wear a leotard and tights. Boys should wear comfortable clothes they can move around in. Shoes will be available to order at the first day of class for an extra fee.



PARTY IN THE *Tropics* AT THE SHOREVIEW COMMUNITY CENTER



For more information, please contact Shoreview Parks & Recreation at **651.490.4790**
4580 Victoria Street North
Shoreview, MN 55126
www.shoreviewcommunitycenter.com

TROPICAL PACKAGE

Starting at \$152 for 8 people

INCLUDES:

- Wristbands for full day use of Tropics Indoor Waterpark & Tropical Adventure Indoor Playground
- 90 minutes in shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- Beach towel and card for the birthday child
- Free jumbo locker available for use

ADVENTURE PACKAGE

Starting at \$136 for 8 people

INCLUDES:

- Wristbands for full day use of Tropical Adventure Indoor Playground
- 90 minutes of shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- Beach towel and card for the birthday child
- Free jumbo locker available for use

ADD A THEME FOR ONLY \$12!

Choose from Princess, Pirate, or Under the Sea!

For information on
2016-17 class availability
call 651.490.4750



2017-2018 School Year

Registration begins at our open house on January 19, 2017 from 6:00 – 7:30 P.M. You also may register on-line beginning Monday, January 23, 2017. A \$50 non-refundable registration fee is required at the time of registration. This fee is not applied toward tuition. Monthly tuition is charged August – April.

Our preschool program offers your child a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten.

Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, children have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience.

Our teachers have decades of teaching experience and create a warm, welcoming, and caring environment in which your child will thrive. Each class provides time for dramatic play, storytelling, music, arts & crafts, and a snack.

2½ TO 3 YEAR OLD CLASSES

Our preschool classes for 2½ to 3 year olds will offer your child a great first-time classroom experience. Class time will include opportunities for your child to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Children must be 3 years old by March 1, 2018.

Monday Funday AM.....9:00 A.M. – 10:30 A.M.

Monday Funday PM..... 11:00 A.M. – 12:30 P.M.

\$68/month; \$62/month Shoreview Resident

Friday Funday AM.....9:00 A.M. – 10:30 A.M.

Friday Funday PM..... 11:00 A.M. – 12:30 P.M.

\$61/month;\$55/month Shoreview Resident



3 TO 4 YEAR OLD CLASS

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Children will learn social skills and self-help abilities through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2017.

Tiny Treasures

Wednesday & Friday.....9:00 A.M. – 11:30 A.M.

\$138/month; \$125/month Shoreview Resident



3 TO 5 YEAR OLD CLASS

Our preschool class designed for 3 to 5 year olds will provide a combination of early learning activities in an environment that will prepare your child for the next step. The class will be divided into age groups and ability while focusing on skill work including letters, numbers, colors, shapes, printing, counting and beginning math problems. Students will learn social skills and gain confidence and understanding in how to relate to others through group play. Each week physical education time will be included with activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2017.

ABC's & 123's

Tuesday & Thursday 1:00 P.M. – 3:30 P.M.
\$149/month; \$136/month Shoreview Resident

Discount for enrolling in FIVE afternoons per week!

Are you looking to enroll your **4 to 5 year old** child in class 5 days per week? Receive a 15% discount if you enroll your child in both afternoon classes. Your child will enjoy a fun learning environment every afternoon by participating in Stepping Stones **and** ABC's & 123's.

Combined Discounted Monthly Tuition:

\$306/month; \$279/month Shoreview Resident



SPECIALTY CLASSES (3 TO 5 YEAR OLDS)

Enhance your child's learning experience by enrolling in one or more specialty classes Your 3 to 5 year old child will enjoy a fun, unique, and energy-filled preschool class. Classes will include a focused learning area, along with early educational concepts, individual and group discovery, art projects, creative movement, and snack. Children must be 3 by September 1, 2017.

Busy Buddies

Monday 9:00 A.M. – 11:30 A.M.
\$109/month; \$99/month Shoreview Resident

This action packed class includes swimming lessons taught by certified lifeguards in Tropics Indoor Waterpark. Eight week sessions of swimming lessons are included the last 30 minutes of class during the fall, winter, and spring.

Story Stretchers

Tuesday 9:00 A.M. – 11:30 A.M.
\$90/month; \$82/month Shoreview Resident

Development of a child's literacy skills is crucial during a child's early years. This literature based class will heighten reading readiness, sharpen comprehension skills & help your child develop a love for reading.

Investigators

Wednesday 9:00 A.M. – 11:30 A.M.
\$87/month; \$79/month Shoreview Resident

Kids are curious about exploring the earth and how things work together. This class will give your child a hands-on opportunity to discover the world of science and all of its wonders.

Math Monsters

Thursday 9:00 A.M. – 11:30 A.M.
\$84/month; \$77/month Shoreview Resident

For all of those kids who like numbers, solving problems, and having fun with shapes, this class has it all! A concentration on math is essential in the early years of child development and this class will include work on one on one correspondence, geometry, and counting while having fun.

4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare your child to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 4 years old by September 1, 2017.

Alpha Kids

Tuesday & Thursday 9:00 A.M. – 12:00 P.M.
\$163/month; \$149/month Shoreview Resident

Stepping Stones

Monday, Wednesday & Friday 12:30 P.M. – 3:30 P.M.
\$211/month; \$192/month Shoreview Resident



Tumbling

Children will discover the sport of tumbling within a positive, educational atmosphere. Along with athletics, participants will learn self-discipline and have fun. Please register your child in the appropriate skill level; this will ensure that all participants learn as much as possible. Due to space limitations, we are unable to provide an observation area; parents are invited to observe the final class. For answers to your questions about placement, call 651-490-4750.

TODDLER AND PARENT

Ages 2 and 3 \$90; \$80 Shoreview Resident
 Saturdays.....9:45 A.M. – 10:30 A.M.
 January 7 – February 25.....**Activity # 180101-01**
 Saturdays..... 10:45 A.M. – 11:30 A.M.
 January 7 – February 25.....**Activity # 180101-02**

A fast-paced class for energetic 2 and 3 year old toddlers to explore their motor skills. This class is an excellent opportunity for youngsters to safely increase body awareness and coordination. The loose structure of this class allows children to acquire skills according to their own abilities and interests. One child per adult. Parent participation and support are part of the class. No siblings will be allowed on gymnastics equipment.

TUMBLING TYKES

Ages 3 and 4\$90; \$80 Shoreview Resident
 Saturdays..... 11:45 A.M. – 12:30 P.M.
 January 7 – February 25.....**Activity # 180102-01**

Enhance your preschooler’s hand-eye coordination and motor skills. Designed for active 3- and 4-year olds who want to learn basic tumbling, using special equipment designed for smaller gymnasts.

ROLLY POLLYS

Ages 4 and 5\$90; \$80 Shoreview Resident
 Saturdays..... 12:45 P.M. – 1:30 P.M.
 January 7 – February 25.....**Activity # 180103-01**

For the active 4- to 5-year old child, we offer a special class that teaches basic tumbling and works on hand-eye coordination and motor skills. Participants will begin to learn basic skills on floor, balance beam, bars and vault.

BEGINNERS HEADSTANDERS/ HANDSTANDERS

Ages 5 to 8.....\$90; \$80 Shoreview Resident
 Saturdays..... 1:45 P.M. – 2:30 P.M.
 January 7 – February 25.....**Activity # 180104-01**

Designed for children 5 to 8 years old who want to learn the sport of gymnastics. Emphasis will be on learning the basic positions and skills on the floor, beam, bars and vault.



RECREATIONAL ICE SKATING INSTRUCTION

WINTER 2017 SCHEDULE Get an edge on winter fun by enrolling in ice skating lessons early.

Saturdays, January 14 – February 25 (7 week session)

Snowplow Sam to Level 4 and

Specialized Classes \$91; \$80 Shoreview Resident
Pre-snowplow.....\$144; \$131 Shoreview Resident
Private Lessons.....\$190; \$173 Shoreview Resident

The Shoreview Arena, 96 and Victoria

Skate Rental is
NOT available at
the rink.

GROUP LESSONS

Pre-snowplow

Beginning skating class for 4-8 year old participants that are unable to stand on the ice with out assistance from an adult. This class will help participants gain the strength and confidence to stand on their own on the ice while introducing preliminary skating moves and techniques. All participants must wear a helmet while on the ice.

Snowplow Sam

Snowplow Sam introduces preliminary moves to 4-10 year olds. These classes will help develop the familiarity, coordination and strength needed to maneuver on skates. All participants must wear a helmet while on the ice. This class is for beginning skaters with no previous skating experience. Participants must be able to stand on ice skates without assistance.

Level 1

Beginning class for those that are comfortable on the ice. Includes getting up, forward glide, two-foot gliding, and snowplow stop. All participants must wear a helmet on the ice.

Level 2

Teaches backward skating, backward glide, forward one-foot glide, two foot turn from forward to backward. All participants must wear a helmet on the ice.

Level 3

Includes forward and backward one foot snowplow stop, turns, forward swizzles and stroking.

Level 4

Teaches forward edges, forward crossovers & backward glides.



Helpful Tips for Skaters: Lace skates more snugly in the middle of the shoe than at the top or bottom for best support. Skates should fit correctly – don't use skates that are too big. Keep the blades sharp. Wear one pair of light-weight wool or synthetic socks. Cotton socks are not suitable for skating. If a child does not meet the basic requirements of the level registered for, it is at the discretion of the instructor to adjust the child's level.

Helmets: For safety, all participants in Pre-Snowplow Sam, Snowplow Sam, Level 1, and Level 2 are required to wear helmets. Bike helmets are acceptable. (Helmets not provided.)

PRIVATE LESSONS

Personalized, high-quality skating instruction for all ages that want to improve their skating ability. This program offers one-on-one skating instruction for the casual or competitive skater. Note: Private lessons only last 30 minutes. Lessons are tailored to skill levels up to Level 4.

SPECIALIZED CLASSES

Adult

This class will benefit all skill levels. Participants will be challenged based on their individual skills, ranging from the basics of skating, including forward and backward gliding and stroking, turning and stopping to more advanced skills, including the use of inside and outside edges, crossovers, and combined movements to increase ice-skating pleasure. Class is tailored to meet participants needs.

WINTER ICE SKATING SCHEDULE

Time	Class	Activity#
9:20 A.M. – 9:55 A.M.	Snowplow	170401-01
	Level 1	170402-01
	Level 2	170403-01
10:00 A.M. – 10:35 A.M.	Snowplow	170401-02
	Level 1	170402-02
	Level 3	170404-01
10:40 A.M. – 11:15 A.M.	Snowplow	170401-03
	Adult	170407-01
	Level 4	170405-01
11:25 A.M. – 12:00 P.M.	Pre-Snowplow	170400-01
12:05 P.M. – 12:35 P.M.	Private	170408-01
	Private	170408-02
	Private	170408-03
	Private	170408-04
	Private	170408-05

LETTER FROM SANTA

\$5 per child **Activity # 160102-01**

Deadline to register: Friday, Dec. 16

Santa would like to wish you all a very happy holiday from the North Pole. This letter will come in an envelope with Santa's name and return address in the corner, addressed directly to your child. Please include the following information on your registration form: three gifts your child is likely to receive, names and ages of siblings, names of pets, school attending, hobbies, and positive personality traits. Letters mailed around December 19.



SANTA'S WORKSHOP

Saturday, December 17
\$7; \$6 Shoreview Resident

Session 1, 9:00 A.M. – 10:00 A.M.

Youth **Activity # 160104-01**
Adult **Activity # 160104-02**

Session 2, 10:30 A.M. – 11:30 A.M.

Youth **Activity # 160104-03**
Adult **Activity # 160104-04**

Deadline to Register: Monday, Dec. 12

Come spend the morning with Santa at his workshop! Were you will enjoy a continental breakfast, a craft, and visiting time with Santa himself! You don't want to miss out on this memorable family fun! Don't forget to check out the Kids Secret Holiday Shopping Spree after! Each session is limited to 30 kids. Children must be accompanied by an adult. Pre-registration required. No Walk-ins Allowed.



KIDS SECRET HOLIDAY SHOPPING SPREE

Ages 3-12

Saturday, December 17..... 9:00 A.M. – 12:00 P.M.

Shoreview Community Center

Are the kids looking for gifts for family members and friends around the Holiday season? Bring the kids to do some quick, inexpensive shopping with the help of Parks and Recreation Staff and volunteers, while mom and dad sit back and relax in the fireside lounge. Send your child with a list of people that need gifts and a designated dollar amount to spend per person. Gifts range from \$0.50 to \$15. The Parks and Recreation staff and volunteers will assist your child with making purchases and wrapping gifts.



HOLIDAY COOKIE DECORATING

Saturday, December 10..... \$14; \$12 Shoreview Resident

8:00 A.M. – 9:00 A.M. **Activity # 160105-01**

9:30 A.M. – 10:30 A.M. **Activity # 160105-02**

Shoreview Community Center

Deadline to Register: Wednesday, Dec. 7

Come have fun and decorate a dozen holiday cookies! Each child will get a dozen cookies and be provided with all the decorating supplies. Please bring a container to transport your beautiful cookies home! **Children must be accompanied by an adult.**



DIVE-IN MOVIE

Friday, January 20, 2017 7:00 P.M.
Friday, March 3, 2017 7:00 P.M.

Shoreview Community Center

Join your friends and family at the Tropics Indoor Water Park inside the Shoreview Community Center for Dive-In Movie nights! Guests can float with water noodles (not provided), relax on giant sea creatures, or lounge on pool-side chairs and enjoy a popular family friendly movie. No need to register. The purchase of a daily pass on the day of the movie will be your ticket. Free for Community Center Members. Please note the hot tub will be closed during and after the movie. Movie titles will be posted at the Community Center or call 651.490.4750 for more information.



SWEETHEART DANCE

Ages 10 and under.....Shoreview Community Center
Friday, February 10, 2017 6:30 P.M. – 8:00 P.M.
\$14; \$12 Shoreview Resident.....**Activity # 160107-01**

Deadline to Register: Wednesday, February 8

Put on your party clothes, grab a special adult, and join us for our annual Sweetheart Dance! There will be a DJ playing music, crafts, treats and fun for all to enjoy. So come dressed to impress and spend a special evening with someone you love. Oh, and don't forget your camera. You will want to capture these sweethearts on film! Registration is good for one adult and one child.



SHOREVIEW EGG HUNT

Saturday, April 8, 2017 10:00 A.M.
\$10; \$8 Shoreview Resident **Activity #: 260219-01**

Location: Shoreview Community Center Pavilion

Deadline to Register: Wednesday, April 4

Join the Bunny in an Old-Fashioned eggciting hunt for prized-filled eggs! Each participant will be given a Easter bag for the hunt! Space is limited. The Shoreview Egg Hunt is held outdoors. Please, dress for the weather.



FAMILY NEW YEAR'S EVE PARTY

\$10 youth (ages 1-17).....**Activity # 160103-01**
\$8 adults (ages 18 & over)**Activity # 160103-02**
Saturday, Dec. 31 5:30 P.M. – 8:00 P.M.

Bring the whole family to Shoreview's annual New Year's Eve Party! Join us for face painting, crafts, and more! As always, adventure awaits in the Tropical Adventure Indoor Playground and Tropics Indoor Waterpark. Zoom down the water slide while enjoying a light and music show. Ring in the New Year with a spectacular balloon drop at 7:45 p.m. Fee includes admission to the waterpark, playground, and all activities. Concessions are available for an additional fee at the Wave Café. **Register by December 30th** and save! Price is \$12 at the door.

BASKETBALL

Grades 1 to 33:30 P.M. – 4:30 P.M.
\$45 per participant

Island Lake Elementary - Gym

Tuesdays, Jan. 24 – March 7Activity # 190403-01
(No class Feb. 21)

Turtle Lake Elementary - Gym

Mondays, Jan. 23 – March 6Activity # 190403-02
(No class Feb. 20)

Learn fundamentals of basketball and play in some games each class period. We provide the instruction and equipment; kids provide the desire to learn and have fun. Class meets inside gym.



SOCCER

Grades 1 to 33:30 P.M. – 4:30 P.M.
\$45 per participant

Island Lake Elementary - Gym

Thursdays, Feb. 2 – March 9 Activity # 190406-01

Turtle Lake Elementary - Gym

Wednesdays, Jan. 25 – March 1 Activity # 190406-02

Learn the fundamentals of the fun and exciting game of soccer. Kids will build on their skills each week by participating in a variety of drills and games.

LITTLE STRIKERS BOWLING CAMP



Ages 5 to 10

Monday & Wednesday, Dec. 26 & 28 ... 10:00 AM – 11:30 AM
\$40 per participant.....Activity # 190901-01

Flaherty's Arden Bowl – 1273 West Co. Rd E, Arden Hills 55112

Deadline to Register: 1-week prior to the camp start date.

This camp is designed for beginning bowlers. Kids will learn bowling basics. They will also visit Bowlopolis, an animated city all about bowling, where they'll meet the characters and learn that bowling is fun! Participants will receive lunch each day of camp. Lunch will be served 30-minutes prior to camp ending. Transportation NOT provided.

FLOOR HOCKEY

Grades 1 to 34:40 P.M. – 5:40 P.M.
\$45 per participant

Island Lake Elementary - Gym

Thursdays, Feb. 2 – March 9.....Activity # 190402-01

Turtle Lake Elementary - Gym

Wednesdays, Jan. 25 – March 1Activity # 190402-02

This class will focus on the fundamental skills of Floor Hockey using small group activities, scrimmages and fun games. Children will learn the rules of Floor Hockey while working on team play and sportsmanship. No equipment is required.

MINI KICKERS SOCCER CAMP

Ages 3 to 8..... \$75; \$70 Shoreview Resident

Saturdays, Jan. 14 – Feb. 18

Shoreview Community Center Gym

Ages 6 to 8

9:00 A.M. – 9:45 A.M..... Activity # 190801-01

Ages 3 to 5

10:00 A.M. – 10:30 A.M..... Activity # 190801-02

10:35 A.M. – 11:05 A.M..... Activity # 190801-03

Come out and learn the fundamentals of little kids' soccer. This is a great class for learning the basic skills and sportsmanship of soccer. John Swallen, former goalkeeper for the Minnesota Thunder, will teach youth through a variety of fun soccer games.

GIRLS VOLLEYBALL LEAGUE

Grades 4 to 8

Tuesdays & Saturdays, Jan. 3 – Mar. 11. Games and practices last for one hour. Starting times will vary each week. Tuesdays will be between 5:30 P.M. – 8:30 P.M. and Saturdays between 9:00 A.M. – 4:00 P.M.

\$75; \$65 Shoreview Resident; \$20 late fee after Dec. 1

Setters, Grades 4-5Activity # 190304-01

Spikers, Grades 6-8Activity # 190304-02

Turtle Lake Elementary
Mounds View Community Center

Recreational league play for girls grades 4-8. This instructional league will teach girls the basic skills, rules, and strategies of the fun and exciting game of volleyball. Program consists of one practice and one game each week. Games and practices will last for one hour. Players will receive a t-shirt.

Register by December 1 for the Girls Volleyball League.

No special friend requests accepted after the deadline.

Volunteer coaches are needed for the Girls Volleyball League.

If you sign up to be a coach, your child's registration fee will be refunded at the end of the season (one child per team coached). Please complete the box on the registration form if you are interested in coaching. If you have any questions contact Program Supervisor at 651-490-4753.

COACHES MEETING

Tuesday, December 20

6:30 P.M. – 7:30 P.M.

Shoreview Community Center



Tennis Lessons

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels. Using USTA QuickStart tennis curriculum, instructors will help participants progress from basic skills through intermediate skills. Participants should bring their own racquet and water bottle. Sign up with a friend or family member. Meet other players, develop your skills, get some exercise—and, most of all, have fun! Tennis balls are provided.

GROUP LESSONS

Youth group lessons\$76; \$66 Shoreview Resident

PeeWees Ages 5 to 7

Peewees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

Beginners Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.



GROUP LESSONS

Class Level	Day	Date	Time	Location	Activity #
Pee Wees	Monday	Jan. 9 – Feb. 13	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-01
Beginners	Monday	Jan. 9 – Feb. 13	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-01
Pee Wees	Thursday	Jan. 12 – Feb. 16	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-02
Beginners	Thursday	Jan. 12 – Feb. 16	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-02

If necessary, make-up lessons will be held the week of February 20

ADULT SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

Program Information

Softballs and umpires are provided for all games. Summer league game times are 6 and 7 P.M. (some 8 P.M. and 9 P.M. games in combined leagues). Leagues consist of 20 doubleheader games and a season ending single elimination playoff. League fees include USSSA Sanctioning fees and sales tax. All leagues run in collaboration with Adren Hills Parks and Recreation.

Registration deadline is March 24.

Softball League Descriptions

Men's Recreation E: Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

Men's Recreation D: Better teams. Many of the players hit well. Team capable of scoring many runs. Three home runs per team.

CoRec D: Average teams. Teams have players with broad range of ability levels. Three home runs per team. CoRec leagues use an 11-inch softball for women and a 12-inch softball for men.

Managers Meeting

This meeting is required for all teams registered in Shoreview's leagues. Schedules, rules, information and game balls will be handed out.

Thursday, April 66:00 P.M.
Shoreview Community Center

Adult Softball League Information

League	Day	Start Date	Games	Early Bird by 3/3	after 3/3	Activity #
CoRec D	Mon	4/17	20 Games: Doubleheaders & Playoffs	\$690	\$740	220801-01
Men's E	Tue	4/18	20 Games: Doubleheaders & Playoffs	\$650	\$700	220801-02
Men's D	Wed	4/19	20 Games: Doubleheaders & Playoffs	\$650	\$700	220801-03
CoRec D	Thu	4/20	20 Games: Doubleheaders & Playoffs	\$690	\$740	220801-04



OUTDOOR SKATING RINKS

The City of Shoreview has seven outdoor skating rinks with supervised warming house facilities. All of the locations below have lighted hockey and general skating rinks. Public skating will be open from December 12 thru February 28, depending on weather and ice conditions.

Bobby Theisen Park

3575 Vivian Street
651.483.3043

Sitzer Park

4344 Hodgson Road
651.288.0062

Bucher Park

5900 Mackubin Street
651.415.0609

Shamrock Park

5623 Snelling Avenue
651.785.1758

McCullough Park

955 County Road I
651.484.4350

Wilson Park

815 County Road F
651.482.9555

Shoreview Commons

4580 Victoria Street North
651.490.4748



WARMING HOUSE HOURS

Monday – Friday	4:30 P.M. – 8:30 P.M.
Saturday & Sunday	12:00 P.M. – 8:30 P.M.
D621 School's Out Days	12:00 P.M. – 8:30 P.M.
December 23	Shoreview Commons closed
Christmas Eve	All sites closed
Christmas Day	All sites closed
New Years Eve	12:00 P.M. – 6:00 P.M.
New Years Day	12:00 P.M. – 8:30 P.M.

Warming house sites will be closed when it is in the best interest and safety of the community. Situations where we may close the warming houses include: Warm temps have softened the ice, temps are below -10 degrees, windchills are below -20 degrees, or if we have substantial snowfall. **Call the weather line at 651.490.4765 to receive an update on all possible closures.**

OPEN SKATING AT SHOREVIEW ICE ARENA

Public open skating is available at the Shoreview Ice Arena (operated by Ramsey County). Call 651.748.2500 for dates and times or [visit www.co.ramsey.mn.us](http://www.co.ramsey.mn.us).

TRAILS FOR CROSS COUNTRY SKIING

Ramsey County Parks and Recreation offers marked and groomed cross-country ski trails at County Parks. All trails are open daily from sunrise to sunset. Trail maps and grooming patterns for each park are available; please call 651.748.2500 or visit www.co.ramsey.mn.us.



FREE ACTIVITIES AT THE COMMUNITY CENTER

500

Mondays at 12:30 P.M. **Activity #500603-01**
No partners required

Bingo

One Wednesday monthly at 1:00 P.M. **Activity #500605-01**
\$0.25 per card (no max)
December 28, January 25, February 22, March 29, April 26 & May 31



SENIORFIT

The Shoreview Community Center is dedicated to helping seniors stay active and fit. SeniorFIT group exercise classes offer you the best opportunity to stay on track toward your health and fitness goals. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. Any participant may register for these classes, however, these classes are only free to individuals with an annual senior membership. Please see page 36 for SeniorFIT classes.

SILVER & FIT® MEMBERSHIPS

Check with your health insurance provider to see if you qualify for a Silver&Fit® membership! These memberships include free admission* to the Community Center (*admin fee may apply); membership does not include SeniorFIT group fitness classes. Join us for an information social the first Tuesday of each month, 9 A.M. –10 A.M., in the Fireside Lounge.

DROP-IN PICKLEBALL

Ages 18 and up

Monday – Friday.....8:30 A.M. – 11:00 A.M.
Sept. 12 – April 28 \$3 or free to members
Closed Oct. 20, Oct. 21, Nov. 24, Jan. 16, Feb. 20
Shoreview Community Center Gymnasium (4 courts)
4580 Victoria St. N.

Wednesdays 6:00 P.M. – 9:00 P.M.
Oct. 5 – April 26 \$3 per person
Closed Nov. 23 & April 19
Island Lake School Gym (6 courts)
3555 Victoria St. N.

Gym reserved exclusively for pickleball during these dates and times.

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about as current players will teach you all about the fastest growing sport in America. We have the equipment, just drop by.

SHOREVIEW AREA PICKLEBALL CLUB

\$15 Annual Membership..... **Activity # 520200-01**

We're happy to welcome you to the fastest growing sport for adults in the Country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Members will have the option to purchase a club t-shirt for an \$13 per shirt at the Parks and Recreation Office. Membership is good for 2017 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.



Bobby Theisen Park (6 dedicated pickleball courts)

*Monday – Friday.....8:00 A.M. – 11:00 A.M.
*For experienced players

**Tuesday, Thursday & Sunday 6:00 P.M. – 8:00 P.M.
**For all skill level players

Commons Park (6 courts striped on tennis courts)

***Monday, Wednesday & Friday8:30 A.M. – 11:00 A.M.
***For beginner and social players

AARP SMART DRIVER COURSE

The AARP Driver Safety Program is designed for motorist's age 55 and older. Upon completion of one of these seminars, you will be entitled for a discount on your auto insurance premium. **For the first time, one attends the 8-hour seminar.** To retain the insurance premium discount, everyone should attend the 4-hour refresher seminar every 3 years. Please bring your current driver's license with you. Seminars are taught by AARP trained volunteers.

Registration deadline is 3 days prior to the class. AARP member cards must be presented at the time of registration to qualify for member rates. This rate includes a Shoreview administration fee.



2016 Courses

4 Hour Day Course..... 9:00 A.M. – 1:00 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Tuesday, November 8.....**Activity # 450201-03**
Tuesday, December 13.....**Activity # 150201-01**

4 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Wednesday, December 28.....**Activity # 150202-01**

8 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$26; Non-Member Rate: \$31
Monday, November 28 and Wednesday, November 30
.....**Activity # 450203-02**

2017 Courses

8 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$26; Non-Member Rate: \$31
Monday, February 27 and Wednesday, March 1
.....**Activity # 150204-01**
Monday, April 17 and Wednesday, April 19
.....**Activity # 250201-06**

4 Hour Day Course..... 9:00 A.M. – 1:00 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Thursday, January 12.....**Activity # 150201-02**
Tuesday, February 7.....**Activity # 150201-04**
Tuesday, March 21.....**Activity # 250201-01**
Tuesday, April 4.....**Activity # 250201-03**
Tuesday, May 2.....**Activity # 250201-04**

4 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Wednesday, January 25.....**Activity # 150201-03**
Tuesday, March 16.....**Activity # 250201-02**
Wednesday, May 24.....**Activity # 250201-05**



AARP TAX AIDE

Income Tax Aide.....**Activity # 100601**
Wednesday, February 8 – April 12..... 9:00 A.M. – 1:00 P.M.

Property Tax Aide**Activity # 100602**
Wednesday, April 19..... 9:00 A.M. – 1:00 P.M.

Shoreview Community Center

AARP's Tax Aide volunteers will provide FREE tax assistance to seniors and low income taxpayers. The trained volunteers can complete basic tax forms and answer your tax questions. **Bring your current tax records, last year's tax return, Social Security Card and Picture ID.** Income tax aid appointments are approximately 1-hour and property taxes are approximately 30-minutes. Please visit our website at www.shoreviewcommunitycenter.com or call 651-490-4750 to make an appointment. Appointments are necessary and will be reserved on a first come, first serve basis as space is limited.

If you are interested in volunteering as a member of the AARP Tax team contact District Coordinator, Tom Leiser at 651-483-5162. No experience necessary, and an extensive IRS approved training program is provided.

COMPUTER USER GROUP

First Tuesday of each month..... 9:00 A.M. – 11:00 A.M.
FREE

Shoreview Community Center

Ask "Ray The Computer Guy" anything regarding your Information Technology needs. He will be available every First Tuesday of each month from 9:00 A.M. – 11:00 A.M. at the Shoreview Community Center to answer any technology related questions or concerns you may have. He can provide you with alternative solution options if your questions remain. This is a FREE service to you as a part of Shoreview Community Center services.



SOCIAL MEDIA: HOW TO USE FACEBOOK AND TWITTER

Thursday, January 26..... 1:30 P.M. – 3:30 P.M.
\$20; \$15 Shoreview Resident.....**Activity # 100202-01**

Deadline to Register: Friday, January 20

Location: Shoreview Community Center

Learn the basics of navigating facebook and twitter. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, laptops or smart phones are welcome to bring to class. Media devices are not necessary but highly recommended. A social media guide will be given out to each participant.



SOCIAL MEDIA: HOW TO USE PINTEREST AND INSTAGRAM

Thursday, March 23 1:30 P.M. – 3:30 P.M.
\$20; \$15 Shoreview Resident.....**Activity # 100202-02**

Deadline to Register: Friday, March 17

Location: Shoreview Community Center

Learn the basics of navigating pinterest and instagram. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, laptops or smart phones are welcome to bring to class. Media devices are not necessary but highly recommended. A social media guide will be given out to each participant.

BINGO & BANANA SPLITS

Thursday, March 16 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident**Activity # 200504-01**

Deadline to Register: Monday, March 13

Location: Shoreview Community Center

Shake off the winter blues with banana splits and bingo! Join us for a great afternoon of fun! We will have lots of prizes to give away and a lucky winner will walk away with a gift card to Cub Foods.

KNITTING

Wednesdays, April 5 – May 10 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident.....**Activity # 200202-01**

Deadline to Register: Wednesday, March 29

Location: Shoreview Community Center

Come learn the basic knitting techniques and how to read patterns. Also you will learn the correct way to hold the needles, count stitches, and pick up dropped stitches. Please bring a small scissors and zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$20.00 the first night. Please, do not bring your own materials.

CROCHETING

Thursdays, April 6 – May 11 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident.....**Activity # 200201-01**

Deadline to Register: Thursday, March 30

Location: Shoreview Community Center

Come learn the basic crocheting techniques and how to read patterns. Also, you will learn the correct way to hold the hook and count stitches. Please bring a small scissors and a zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$10.00 the first night. Please, do not bring your own materials.

DESSERT & BINGO

Thursday, May 18..... 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident**Activity # 200305-01**

Deadline to Register: Monday, May 15

Location: Shoreview Community Center

Come spend the afternoon playing bingo and enjoying some afternoon dessert! We will have lots of prizes to give away and a lucky winner will walk away with a gift card to Target!



HISTORY THEATRE: THE HIGHWAYMEN

Thursday, February 9.....9:30 A.M. – 2:30 P.M.
\$77; \$72 Shoreview Resident.....**Activity # 100201-01**

Deadline to Register: Friday, January 6

Bus leaves from Shoreview Community Center at 9:30 A.M.

1956. The construction of Interstate 94 destroyed the thriving, tight-knit Rondo neighborhood where homes, stores and businesses once stood. The new freeway tore through the heart of St. Paul's largest African-American community. This powerful new drama explores the dynamics surrounding the decision-making process that shattered the lives of thousands of middle-class residents and changed the face of St. Paul forever. After the show we will head to Buca di Beppo for a pre-selected lunch. (Price includes admissions, lunch, coach transportation, and svcc escort).

CHANHASSEN DINNER THEATRE: GREASE

Wednesday, April 12..... 10:30 A.M. – 5:00 P.M.
\$95; \$90 Shoreview Resident.....**Activity # 100220-01**

Deadline to Register: Friday, March 17

Bus leaves from Shoreview Community Center at 10:30 A.M.

After a decade, Grease, the #1 best-seller in Chanhassen Dinner Theatres' history, joyfully returns to the Main Stage! Fancy a nostalgic evening full of greased-up hair, jukebox jingles and bobby-socks. The most popular, fun-filled musical in the history of Rock 'n' Roll is packed with explosive energy, vibrant 1950s pop culture and unforgettable tunes: "Summer Nights," "Look at Me, I'm Sandra Dee," "We Go Together," "Greased Lightnin'," "Beauty School Dropout," AND added songs made popular in the beloved film: "Grease (Is The Word)," "Hopelessly Devoted to You" and "You're the One That I Want." Join Sandy, Danny, those groovy T-Birds, sassy Pink Ladies and the whole gang at Rydell High for an affectionate satire of high school life in the '50s. It's a high-octane Rock 'n' Roll party that entertains from start to finish. (Price includes lunch, show, coach transportation, and svcc escort).



SPRING TEA

Thursday, April 27..... 1:30 P.M.
\$16; \$14 Shoreview Resident.....**Activity # 200509-01**

Deadline to Register: Friday, April 21

Location: Shoreview Community Center

It's time for the annual spring tea. Dress in your fanciest attire and wear your favorite spring hat. Bring a teacup and pot if you have one to share. We will serve a variety of teas and many delicate appetizers. Pre-registration is required. No Walk-in registrations allowed.

HISTORY THEATRE: SWEETLAND THE MUSICAL

Thursday, May 4.....9:30 A.M. – 2:30 P.M.
\$77; \$72 Shoreview Resident.....**Activity # 200305-01**

Deadline to Register: Friday, April 7

Bus leaves from Shoreview Community Center at 9:30 A.M.

1920. Inge Altenberg journeys to America to marry a bachelor farmer, sight unseen. But in the wake of WWI, Inge's German heritage turns her new neighbors against the match. Under cathedral skies, the determined young immigrant and her stoic farmer fight for their lives, facing their own misgivings and the harshness of an unforgiving land. A lyrical celebration of hard-won independence and a reflection of generations past, Sweet Land reminds us of who we are – and where we came from. After the show we will head to Fabulous Fern's for a pre-selected lunch. (Price includes admissions, lunch, coach transportation, and svcc escort).

Sign up for our e-newsletter
or follow us on Facebook for Market
information and updates!



Indoor Farmers' Market
Tuesday Afternoons | 3-6 p.m.
at the Shoreview Community Center
November 15 & December 6, 20 | 2016
January 17 & February 21 | 2017

Beat the cold; join us inside the Shoreview
Community Center for our Indoor Farmers' Market!
Vendors will have a variety of baked goods,
produce, salsa, jams, and more!

Join us December 20th for a special appearance by Santa!

FREE!

Live Entertainment

Music by: Gabriel Komjathy

Interactive Acoustic Guitar | Children's Music

November 1st & December 6th



Shoreview Community Center | Now Accepting Vendors!

4580 Victoria Street North, Shoreview, MN 55126 | www.ShoreviewCommunityCenter.com | 651.490.4750

SHOREVIEW COMMUNITY CENTER



Invite any licensed caterer of your choice | Two elegant banquet spaces to choose from
AV Equipment included | Seating up to 300 guests | Receptions, ceremonies, & dinners
Enjoy the beautiful Fireside Lounge adjacent to the Shoreview Room



4580 Victoria Street North, Shoreview, MN 55126 | 651.490.4790
Shoreviewcommunitycenter.com | Rentals@shoreviewmn.gov

Jobs that Fit Your Lifestyle!



Part-time ♦ Flexible Hours ♦ Fun People

Child Care Attendants: Provide care for children ages 6 months to 8 years in our drop-off childcare center at the Shoreview Community Center. Experience working with pre-schoolers preferred. M-F daytime 8am-12:30pm and evenings 4-9pm. Saturdays 8am-12:30pm. \$9.50-10.50/hr.

Fitness Instructors: All formats including cardio-kick, cycling, Tai Chi, kettlebells, strength training, water exercise, ballet fitness, yoga, Pilates, and dance-based fitness classes. Certification preferred. Morning, afternoon, evening, & weekend hours available. \$22-33/class.

Gymnastics Instructors: Teach beginning to intermediate level classes. Previous teaching, gymnastics experience and knowledge are preferred. Saturday hours available. \$10-11.50/hr.

Ice Rink Attendants: Desire to work with the public and a commitment to a part-time schedule is required. Ability to skate not necessary. Weekdays, evenings and weekends. 10-20 hrs/week. Mid-Dec through mid-Feb. Must be willing to commit for entire season. \$9.50-10.50/hr. DOQ.

Ice Skating Instructors: Instruct youth in ice skating. Skating knowledge and experience required. Previous teaching experience desired. 2-4 hours. Sat mornings. Oct-Feb. \$11.50-12.50/hr DOQ.

Lifeguards: Lifeguard in a tropical paradise at our beautiful indoor pool. No experience required. Training is provided for Ellis Certification. Ensure the safety of pool guests by preventing and responding to emergencies. Lifeguards needed for morning, afternoon, weekend and evening hours. \$10.50-12.50/hr. School year M-F daytime (5am-4pm) \$12/hr.

Personal Trainers: Our emphasis is on helping people meet their fitness goals. Generate client base and providing one-on-one personalized fitness consultations, education, and motivation to clients. Design safe, effective workouts & work on general health, sports specific conditioning, and general fitness. Nat'l training certification required. \$19-23/hr.

Pool Coordinator: Coordinate activities in the pool area including all pool operations, supervise staff, assist in scheduling unfilled shifts, interpret and carry out pool policy for patrons and staff, operate and maintain pool systems, assist with training, perform in accordance with appropriate safety & security standards. Approximately 15-20 hours/week. \$13-15/hr.

Private Swim Instructor: Teach customized private lessons to a variety of age groups. Must be 18 yrs of age with 1 yr teaching/coaching experience. \$13.50/30 minute class.

Service Desk: Work in a fast-paced environment assisting guests on the phone and in-person, operate cash register and reconcile cash, enter memberships into computer, handle a variety of info, assist with concessions as needed. Must be available to work weekends. \$10-11/hr.

Sports Instructors: Instruct elementary age children in a variety of sports including floor hockey, indoor soccer, and basketball. A general sports background, knowledge and a desire to teach children basic sports skills required. A great job for a PE major! Weekday afternoons approximately 3:15-5:40pm. 5 hours/week. Jan-May. \$10.50-13.50/hr.

Swimming Instructors (we will train): Instructors needed for morning and early evening lessons at the Community Center pool. \$10-13.50/class (35 min. classes).

Wave Cafe: Attendants prepare food orders, operate a cash register, maintain a clean work area, stock supplies, clean tables & keep the lobby area neat. Daytime (school yr): \$10.50-11.50/hr. Eves/weekends \$9.50-10.50/hr.

Youth Volleyball Officials: Officiate the girls youth volleyball league grades 4-8. Games held at Turtle Lake Elementary in Shoreview. Previous volleyball experience preferred. Games are on Tues evenings; 5:30-8:30pm and some Saturdays starting at 12 noon. Jan-Feb. \$15-25/game DOE & certifications.

FREE
Community Center
Membership!

Apply at: www.shoreviewmn.gov
Shoreview Parks & Recreation
4580 North Victoria Street, Shoreview MN
651-490-4750. Equal Opportunity Employer



MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7431.

FOOD SHELF DONATIONS

The Community Center is a year-round drop-off site for the Ralph Reeder Food Shelf. When you pack your gym bag, include a non-perishable food item to contribute to the food shelf. Look for the green bins. Thank you!

NORTHEAST YOUTH AND FAMILY SERVICES

Northeast Youth and Family Services, a non-profit social service agency based in Shoreview, serves residents of the northern suburbs. Services include mental health counseling for youth and adults, employment programs for at-risk youth, parenting support groups, and chore services for seniors. For a full listing of programs and services, please visit our web site at www.nyfs.org or call us at 651.486.3808.

SENIOR CHORE SERVICE

Need assistance with household chores? Students ages 12 to 17 are available to assist with mowing, snow shoveling, housecleaning and other projects on a one-time, weekly or monthly basis. Rates are affordable and financial assistance is available to eligible seniors to offset the cost. Call Debbie at 651.379.3451 to arrange for chore service.



ATHLETIC ASSOCIATIONS

Irondale Baseball League

www.iblbaseball.com

Irondale Girls Fastpitch Association

www.knightsfastpitch.org

Irondale Youth Hockey Association

www.ihaleague.org

Iron Mustang Wrestling

www.ironwrestling.com

Mounds View Basketball Association

www.moundsviewbasketball.com

Mounds View Area Youth Lacrosse Association

www.mvaylax.org

Mounds View Softball Association

www.moundsview.softballsystems.com

Mounds View/Irondale Youth Hockey Association

www.moundsview.pucksystems2.com

Mounds View Youth Football League

www.moundsviewyouthfootball.org

North Suburban Aquatic Club

www.nsmakos.org

North Suburban Soccer Association

www.nssasoccer.org

Roseville Area Youth Hockey

www.rosevillehockey.org

Shoreview Area Youth Baseball

www.sayb.org

Shoreview Recreation Areas Web Page: www.shoreviewmn.gov	Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Indoor Pickleball Courts	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Skating, Speed	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball	Circuit Training
Bobby Theisen Park 3575 Vivian Ave.	15		1						6						1		2		
Bucher Park 5900 Mackubin Street	25	2	1												1		2		
Lake Judy Park 900 Tiller Lane	5		1/2																
McCullough Park 955 County Rd I	75	2	1							With grill					1		2		
Ponds Park 190 Sherwood Road	1									Table only									
Rice Creek Fields 5880 Rice Creek Parkway	10	4																	
Shamrock Park 5623 Snelling Ave.	23	2	1							With grill					1		2		
Shoreview Commons and Community Center 4580 North Victoria	40	2	1					4	2	With grill					1		2		
Sitzer Park 4344 Hodgson Road	8	2	1							With grill							2		
Wilson Park 815 County Road F	13	2	1							Tables Only With grill							2		

SWEETROLL SKATE PARK

The SweetRoll is a tier-one skating facility, located on the north side of the Shoreview Community Center, 4580 Victoria Street North, adjacent to the paved trail that runs under Highway 96. This allows access to the SweetRoll via the City of Shoreview's 41 miles of paved trails. The attractions include a wedge, a spine, a fun box, a quarter pipe, grind rails, and a mini ramp. The Skate Park will be open for inline skaters and skateboarders during the times listed below.

Park Hours Hours subject to change.

Monday-Friday

3:30 – 8:00 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Saturday

9:00 A.M. – 7:30 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Sunday

9:00 A.M. – 5:30 P.M. School Year & Summer

The following are operated by Ramsey County Parks. 651-748-2500 www.co.Ramsey.mn.us	Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
Island Lake County Park 3611 Victoria Street	167											
Lake Owasso County Park 370 N. Owasso Blvd.	9											
Shoreview Ice Arena 877 Highway 96 (Hockey only)												
Snail Lake Regional Park 580 Snail Lake Blvd.	400											
Turtle Lake County Park 4979 Hodgson Road	9											

For detailed park info and maps, visit www.GoRamsey.org



Program Registration Form

Shoreview Parks & Recreation Dept. | 4580 Victoria Street North | Shoreview, MN 55126
 Phone: 651.490.4750 | Fax: 651.490.4797 | Web: www.shoreviewcommunitycenter.com



Please fill out the form below completely. An incomplete form may delay your registration. If you prefer, you may register online at: <https://registration.shoreviewmn.com> or scan the QR code with your smartphone.

LAST NAME (PRIMARY) _____ FIRST NAME (PRIMARY) _____ HOME PHONE (AREA CODE) _____

ADDRESS _____ CITY _____ ZIP _____ CELL PHONE (AREA CODE) _____

E-MAIL ADDRESS _____ EMERGENCY CONTACT _____

Participants Last Name/First	M/F	Birthdate	Activity Number	Activity Name	Activity Day/Time	Fee \$

Are you a Silver & Fit® member? Yes No

Are you a Community Center Annual member? Yes No

Total Amount Enclosed \$ _____

YOUTH SPORTS LEAGUES *(Please fill out completely)*

Special requests for teammates are NOT guaranteed and are limited to ONE REQUEST PER PLAYER. Group and/or chain requests will not be honored. The City encourages players to make new friends and develop social skills. If you sign up as a head coach, your child's registration will be reimbursed after the season is completed.

School child attends: _____

Grade (2016-2017 school year): _____

Child shirt size: Youth / Adult S M L XL



Teammate request name: _____

I would like to coach: Y N shirt size: S M L XL XXL

Coach Name: _____

PAYMENT TYPE If paying by credit card, please circle type.

Cash Check # _____ Credit Card

Checks Payable to "City of Shoreview"

Card # _____ Exp. Date _____

CVV Code _____ Signature _____
(3 digit code on back)

Billing address is different from above (Please include billing address)

Special Needs/ Allergies/ Etc: _____

WAIVER AND PERMISSION: In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number), is considered private data and not giving the information may limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.

Signature: _____ Date: _____

Your signature indicates you have read the registration information and understand all information relevant to your program choice.

Winter Registration Schedule Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Tuesday, Dec. 6 at 8 A.M.

Annual Community Center Member Registration

Begins Thursday, Dec. 8 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, Dec. 9 at 8 A.M.

Phone Registration

Begins Monday, December 12 at 8 A.M.

How to Register:

1. On-line at www.shoreviewcommunitycenter.com
2. Mail in to: Shoreview Parks and Recreation
4580 Victoria St N
Shoreview, MN 55126
3. Fax to 651.490.4797 (credit card payment only)
4. Drop-off at our office, Community Center Service Desk, or City Hall drop box
5. In-person during normal business hours: M-F, 8 A.M. – 4:30 P.M.
6. Over the phone after December 12

Registering on-line is easy!

1. Go to www.shoreviewcommunitycenter.com and click "Member Login".
2. Login with your user name and password
 - If you have never used our system before, you may create an account on-line. Please allow one business day to receive your username and password. We strongly encourage setting up your account **prior** to registration day.
 - If you are unsure of your user name or password and you do not have an email address on file with us, contact us at 651.490.4750.
3. Click on "Browse Activities" or "Activity Type"
4. Search for a program
5. Click the green "+" button and "add to cart" located at the bottom of the screen. You can enroll in multiple classes or register multiple participants at a time.
6. Continue shopping or proceed to check out.

Register Early!

Space is limited in most activities.

Registration Information

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

1. Drop-off points include:
 - a. The Parks and Recreation Reception Desk, Monday through Friday, 8:00 A.M. to 4:30 P.M.;
 - b. The Shoreview Community Center Service Desk,
 - c. The after-hours payment box, to left of front door of City Hall.
2. Occasionally, activities are filled. To help continue the immediate processing of your enrollment, please indicate a second choice. If your first choice is full, we will call or email you confirming enrollment in your second choice.
3. A resident is defined as an individual whose legal residential address is within the City of Shoreview.
4. Activity fees may not be pro-rated.
5. Make all checks payable to the City of Shoreview. Visa or MasterCard are accepted.
6. Registrations will be processed at the Parks and Recreation desk from 8 A.M. to 4:30 P.M. Participants are notified if classes are filled or canceled. If a class is canceled due to insufficient registration, a refund check will be mailed to you. Confirmations will be issued only by e-mail. You can view your class confirmation information on-line. On-line registrations receive a higher priority than registrations that are in-person, mailed, faxed, or dropped off.
7. The City of Shoreview supports participation by persons with disabilities. Please include information about any accommodations you need.
8. Refunds may be issued when requested 5 working days before the activity or class begins unless otherwise noted in the class description. A service charge of \$5 will be deducted from refunds for classes priced up to \$100. A service charge of \$10 will be deducted from refunds for classes priced over \$100.
9. Financial aid for qualifying residents with financial limitations is available.
10. Voice/TDD: 651.490.4750.
11. Periodically, the City of Shoreview will take pictures or videotapes of participants while they are engaged in programs, activities, or special events or while enjoying parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, on local cable television, and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.

Family New Year's Eve 2017

SURFIN' IN TO PARADISE!

AT THE SHOREVIEW COMMUNITY CENTER

Saturday, December 31st, 5:30PM-8PM

Make a splash this New Year's Eve at the Tropics Indoor Waterpark & Tropical Adventure Indoor Playground!

Bring the whole family to Shoreview's annual New Year's Eve Party! Your night will be filled with crafts, bingo, inflatables, facepainting, and more! We'll ring in the New Year with three balloon drops at 7:45PM. Concessions are available for an additional fee at the Wave Café. **Walk-ins are welcome, but register by December 30th and save! Price is \$12 at the door.**

Youth: \$10 (ages 1-17):

Activity #160103-01

Adult \$8 (ages 18+):

Activity #160103-02

Register in person or online by December 30th and save!

Your night includes...

- Photo Booth
- Swimming
- Indoor Playground
- Inflatable Obstacle Course
- Face Painting
- Balloon Drop @ 7:45pm





City of Shoreview
4600 Victoria Street North
Shoreview, MN 55126

Presorted Standard
U.S. Postage Paid
Twin Cities, MN
Permit No. 5606

30 DAYS. 35 DOLLARS. NO EXCUSES.

SALE RUNS 11/25/16 - 12/24/16

**Membership includes the
waterpark, playground, fitness
center, basketball gym, and
more! Stop in for a tour today!**

*Shoreview
Community Center*



651.490.4700

Price does not include sales tax.
Limit one per person. Membership must start by 1/1/17.



www.ShoreviewCommunityCenter.com/membership