

SHOREVIEWS

2016 Spring Recreation Catalog



Inside This Issue

State of the City 3

City News 6

Resident Resources 9

Community Organizations 14

Community Center 18

Recreation Programs 28



City Hall	651.490.4600
Community Center	651.490.4700
Parks and Recreation	651.490.4750
Building Permits	651.490.4690
Code Enforcement	651.490.4687
Forestry	651.490.4650
Human Resources	651.490.4619
Planning and Zoning	651.490.4680
Recycling	651.490.4650
Sewer & Water Maint/Svcs	651.490.4661
Streets	651.490.4671
Utility Billing	651.490.4630

Police

Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwood Drive, Arden Hills, MN 55112.
For non-emergencies call 651.484.3366
For emergencies call 911

Fire

Fire protection is provided by the Lake Johanna Fire Department.
For emergencies call 911 Dispatch
Non-emergency 651.767.0640

City Officials

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Access Shoreview

Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at www.shoreviewmn.gov.



Shoreview Receives High Marks Again in Community Survey

Shoreview residents continue to rank the overall quality of life and the services that are provided in the City very highly, according to Dr. Bill Morris of the Morris-Leatherman Company (formerly Decision Resources Ltd.), a prominent professional polling firm. In the recently completed community survey, 98% of Shoreview residents rated the quality of life in the City as either excellent or good. The 58% of the group that rated the quality of life as excellent place Shoreview among the top 3 cities that they have surveyed in the metro area. Dr. Morris noted that Shoreview's quality of life ratings have been very consistent over the many years that they have done surveys in the community.

Similar to the hundreds of surveys that the Morris-Leatherman Company has done for local governments in the area, the survey consists of phone interviews of 400 randomly selected residents. The refusal rate for residents unwilling to take the survey in Shoreview was less than 4.5%, a very low number, and the survey results have a margin of error of plus/minus 5%.

Another key finding of the survey is that 97% of the residents surveyed indicated that the City is headed in the right direction. According to Dr. Morris, this is the highest rating on this question that they have found among all community surveys that they have done. Mayor Sandy Martin commented, "We are excited that our Shoreview residents continue to rate the quality of life in the City at a high level and that they believe we are moving forward in a positive direction."

The results of the entire community survey are posted on the City's website, as is a link to the video of Dr. Morris' presentation of the results to the Council.

On the cover: "Man Kayaking on the Peaceful Waters of Lake Emily," photographed by Tom Reynen, Grand Prize Winner of the "New Views of Shoreview" Winter/Spring 2015 Photo Contest.

2016 State Of The City Address

Mayor Sandy Martin

As we begin 2016, I believe that everyone in the City can take a great deal of pride in the quality of life that we experience in Shoreview on a day to day basis. The results of our recently completed community survey indicate that our residents rate their hometown as one of the premier communities in the metropolitan area. In fact, 98% of survey respondents rate the quality of life as excellent or good. The 58% that rate the quality of life as excellent is one of the top ratings in the metropolitan area.

The City has been able to achieve this high quality of life because, as a City Council and as a community, we have committed to certain core values. We are a community that:

- Develops and maintains an outstanding park and trail system;
- Builds and maintains quality residential neighborhoods and provides a variety of housing choices;
- Supports our business community to provide jobs, tax base, and commercial services;
- Preserves and protects our natural environment;
- Provides a state of the art Community Center to serve as the central gathering place for our residents; and
- Focuses on long-range financial planning to maintain its excellent financial condition.

Now, I would like to take a few minutes to discuss some of the specific accomplishments during the past year and look forward to some of the important projects planned for 2016.

Economic Development

Even though Shoreview is almost completely developed, there continues to be a significant amount of economic development and redevelopment occurring in the City. This redevelopment is occurring in both the residential and commercial/office sectors.



Applewood Pointe is a 77-unit townhouse cooperative development for seniors

Housing choices continue to expand in Shoreview with the construction of the first new market rate apartments since the 1970's. The upscale Lakeview Terrace at Victoria and County Road E provide 104 apartment units and were completed in late 2014. Closer to the center of the City, Applewood Pointe, a 77-unit townhouse cooperative development for seniors, was opened in the fall of 2015. Twenty-five single family homes have been constructed by Pulte Homes in the northern part of the City and that development is nearly sold out. Also, in 2016, construction will begin on a 34-unit market rate senior housing addition to the Shoreview Senior Living campus on Hodgson Road just north of Highway 96.



The City is currently reviewing a comprehensive proposal from Elevage, Inc., to redevelop the commercial property on the northwest corner of Rice St. and County Rd, E, just north of 694. The proposal includes an upscale apartment building, townhouses, and some potential for commercial/retail.

Land preparation and grading have taken place in order to facilitate a single-family 10 lot subdivision located along North Owasso Blvd in southern Shoreview.

In the office/commercial area, Shoreview was pleased to welcome Ally Financial to the Shoreview Corporate Center located at Lexington Avenue and Gramsie Road. Ally has invested over \$6 million in building upgrades to the vacant building at 4000 Lexington in order to accommodate 150 jobs. It is expected that 250 additional jobs will be added by 2017. Next door, the Green Mill Restaurant, located next to the Hampton Inn, was completely renovated and reopened in 2015; and more recently, a Raising Cane's Restaurant, a unique dining option, opened next to Target in the fall of 2015.

2016 State Of The City Address

In 2016, we hope to see the redevelopment of the former Rainbow Foods store located at Highway 96 and Hodgson Road.

The City has been working diligently to facilitate an agreement between the developer, Oppidan, Inc., and Kowalski's Markets to enable a redevelopment of this important retail site. The recent community survey identified the critical need for a grocery store at this site and the City is very enthusiastic about the possibility of Kowalski's purchase of this property and the potential investment of nearly \$20 million for a new 25,000 square foot grocery store, along with reuse of the remainder of the building for Kowalski's bakery and other internal operations.



In order to accommodate these projects, the city is in the process of updating the Master Plan for the Shoreview Commons area. In addition to providing easy and safe access to the new library, it is critically important that we review and develop a new Master Plan that can be used as a framework for creating a distinctive campus environment that includes new park features and amenities which reflect the values of the community and best serve residents and visitors of all ages.

Other Major Projects

One of the key projects that will be completed in 2016 is the implementation of quiet zones at the rail crossings on North Owasso Boulevard and on Jerrold Avenue. The cities of Little Canada and Shoreview worked collaboratively with our legislative delegation to secure \$1.7 million in State funding to help make this project a reality. We anticipate that Canadian Pacific Rail will be making the necessary improvements to the rail crossings during the winter and early spring and that we should be able to establish quiet zones at the eight rail crossings in our two cities by late spring or early summer. The dramatic increase in rail traffic and the noise from train horns through this corridor has had a very detrimental impact on the quality of life for many residents in southern Shoreview. I am very pleased that this important project will finally be implemented this year.

Another major project that will begin in 2016 is the reconstruction of I-694 between Rice Street and Lexington Avenue. The Minnesota Department of Transportation (MnDOT) will be adding a third general purpose lane to I-694 and rebuilding the freeway ramps throughout this corridor. This project will help eliminate the current traffic bottleneck that occurs during the morning and evening rush hours. This two year, \$42 million dollar project, which is funded through the State's Corridors of Commerce Program, will also allow MnDOT to reduce congestion by opening two lanes on the bridge from northbound 35E to westbound I-694.

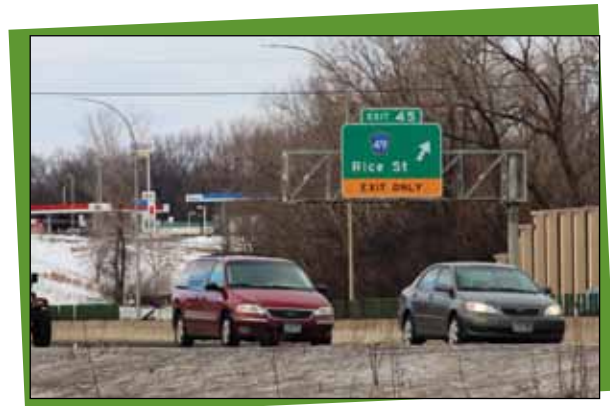


Shoreview Commons Area

The Shoreview Commons area is home to the Community Center, City Hall, Haffeman Pavilion, Ramsey County Ice Arena and the Ramsey County Library and it serves as the central gathering spot in our City. There are some exciting additions to the Commons that are currently underway. Ramsey County is in the process of constructing a new regional library just south of the existing library. This new state-of-the-art library will be larger than the current library, incorporate greater

technology, and provide expanded services and longer hours. The new library is expected to be completed and opened in January 2017. The existing library will then be renovated and sold to the Mounds View School District where it will be utilized for the district's administrative offices.

Although it is hard to believe, the Shoreview Community Center celebrated its 25th anniversary in 2015. In order to ensure that the Community Center continues to provide the best services to our residents, the City is exploring potential expansion options that could include an outdoor water play area, larger indoor playground, improved party facilities, additional family locker rooms, and added multi-purpose space that could be used for recreation programming and, possibly, the arts. Our current goal is to finalize the plans for an expansion in 2016 and begin the project in 2017.



2016 State Of The City Address

The City is also collaborating with Ramsey County and our neighboring cities to acquire State funding for the replacement of the Rice St. Bridge over 694. With the support of local businesses and our residents, we are hopeful for approval during this bonding session.

We expect to see improvements on Lexington Ave. between 694 and Victoria St. When Ramsey County rebuilds this section of roadway it will include a new traffic signal with left turn lanes at the County Road F intersection. Ramsey County also plans to resurface County Road J between Lexington Avenue and Hodgson Road in 2016.

Finally, the City is currently in the process of constructing a water treatment plant directly west of the Ramsey County Ice Arena. This \$12 million dollar project is essential in order to reduce the levels of iron and manganese in the City's drinking water. These minerals are considered secondary contaminants in our water supply, and the new water treatment plant will provide improved operating efficiencies and more consistent drinking water quality throughout our entire water system when it is operational in late 2016.



Financial Condition

The City continues to be in excellent financial condition as evidenced by our AAA bond rating from Standard & Poor's. This is the highest rating available and was

achieved in part because of the City's continued focus on long range financial planning. The City Council recently adopted its biennial budget and a Five Year Operating Plan that establishes financial targets for all of our government funds. We also approved our Capital Improvement Program that anticipates spending more than \$50 million in capital projects over the next 6 years.

The City Council takes a great deal of pride that we have maintained our rating as one of the most cost effective cities in the metropolitan area. Among similar sized cities, Shoreview's share of property taxes on a median value home of \$247,500 in 2015 were \$811, about 20% below the average of \$1,020. This is the fifth lowest of 29 cities that are similar in size to Shoreview.

Conclusion

During my many years of involvement with the City, I am more convinced than ever before that local government has the most significant impact on the quality of life in a community. As a City Council, we take great pride in our recently completed community survey which showed that 97% of our residents believe that the City is



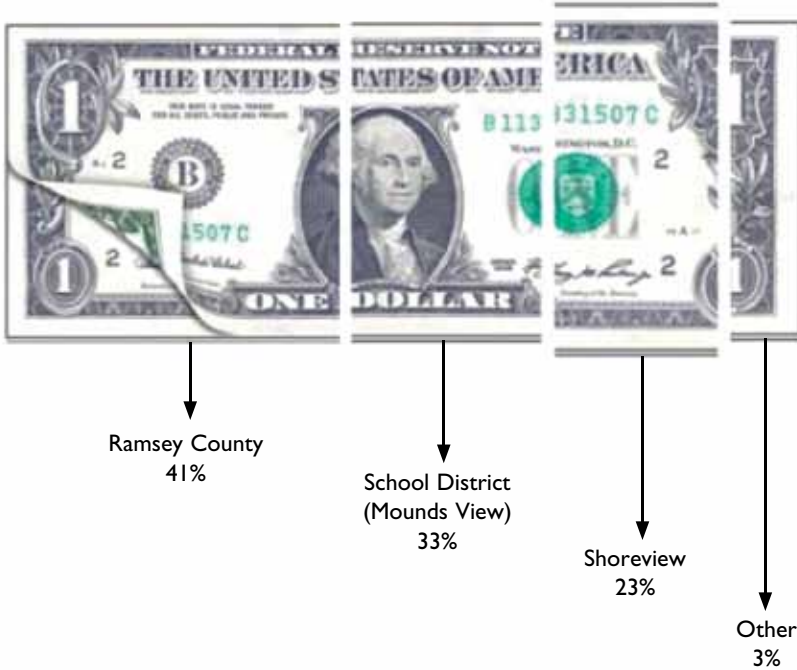
headed in the right direction. This is the highest rating on this question that the survey firm has received in the metropolitan area. At a time when there is continued skepticism about government at all levels, I am very pleased that Shoreview's government can stay "close to its citizens" and continue to make a positive difference in the community.

As a City, we are committed to ensuring that our governance process is open and accessible, and that our residents are well informed. We accomplish this by televising and streaming all of our Planning Commission and City Council meetings, publishing the ShoreViews newsletter six times per year, as well as frequent social media posts on both Twitter and Facebook. We are also starting a new program in 2016, a Citizens' Leadership Academy, whose goal is to provide more detailed information about Shoreview's local government operations to interested residents. The program will run for 6 weeks and begin in late March.

On behalf of the City Council, I would like to thank our many committee and commission members who volunteer their time to make Shoreview a better place to live and work. I would also like to thank our entire City staff that is dedicated to providing quality services and programs to our residents. Finally, I want to extend my personal thanks to my colleagues on the City Council – Emy Johnson, Terry Quigley, Ady Wickstrom and Cory Springhorn. It is a pleasure to work with each of you, and I know that all of you spend countless hours working to make Shoreview a better place to live, work and play. I especially appreciate the respectful and cooperative tone that we have established, and I recognize that it is our teamwork that allows us to work together for the good of our community. It is an honor to serve as your Mayor, and I look forward to this exciting and fulfilling new year!

Your Tax Dollar

How it all breaks down



Property Taxes are a primary source of funding for local government units, including counties, cities and towns, libraries and other special taxing districts. Property taxes are administered and collected by local governments. These funds are used to pay for a variety of services.

The largest portion of your tax dollar, 41 cents, goes to Ramsey County; 33 cents is distributed to the school district; 23 cents goes to the City of Shoreview to support activities in the General Fund; and the remaining 3 cents is divided up among the other taxing jurisdictions such as the Metropolitan Council and watershed districts.

*Values are for residents within the Mounds View School District.

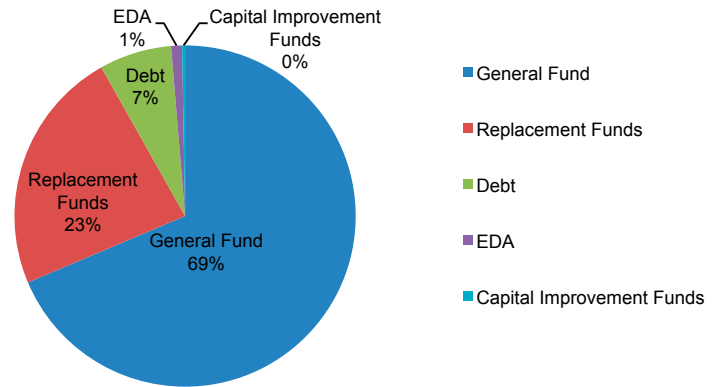


For every dollar of taxes paid, 23 cents go toward City services



Capital Replacement costs make up the second highest share of the City's property tax because of Shoreview's approach to financing infrastructure replacement (such as streets). Many cities utilize special assessments to recover all or a significant portion of the cost of street and utility replacements. In Shoreview, considerable effort is put into planning for infrastructure replacement. The City identifies the resources (taxes and utility fees) that are necessary to support upcoming capital replacement costs well in advance, so resources are available when needed.

2016 Tax Levy



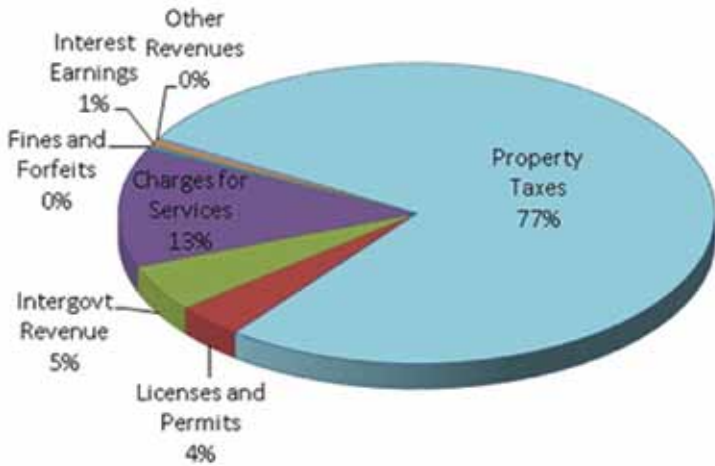
Through the City's **Comprehensive Infrastructure Replacement Plan (CHIRP)** the City routinely updates capital replacement estimates for a **minimum of 40 years.**

Certificate of Achievement

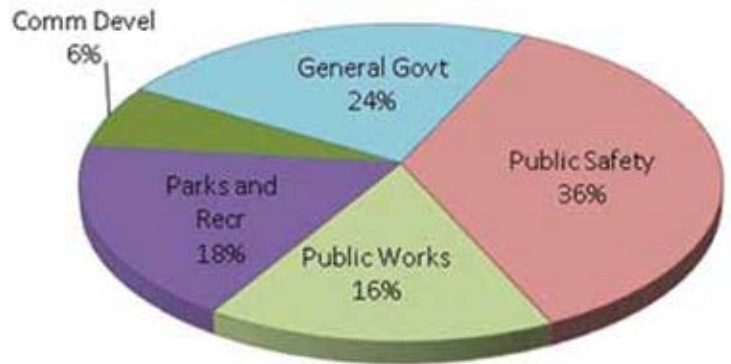
For the 30th consecutive year, the City of Shoreview has been awarded a Certificate of Achievement for Excellence in Financial Reporting from the Government Finance Officers Association



Where the money comes from General Fund Operations



How the money is spent General Fund Operations



Citizen Survey



98%
of residents rate the Quality of Life as Good or Excellent



97%
of residents feel the City is headed in the right direction



89%
of residents rate the value of City services as Good or Excellent

Shoreview Compares Favorably

Comparisons of taxes and spending are useful to illustrate how other cities compare to Shoreview as well as to evaluate how Shoreview's ranking changes over time. To illustrate how Shoreview ranks in relation to metro-area cities with population levels closest to Shoreview, we have selected 14 cities larger and 14 cities smaller.

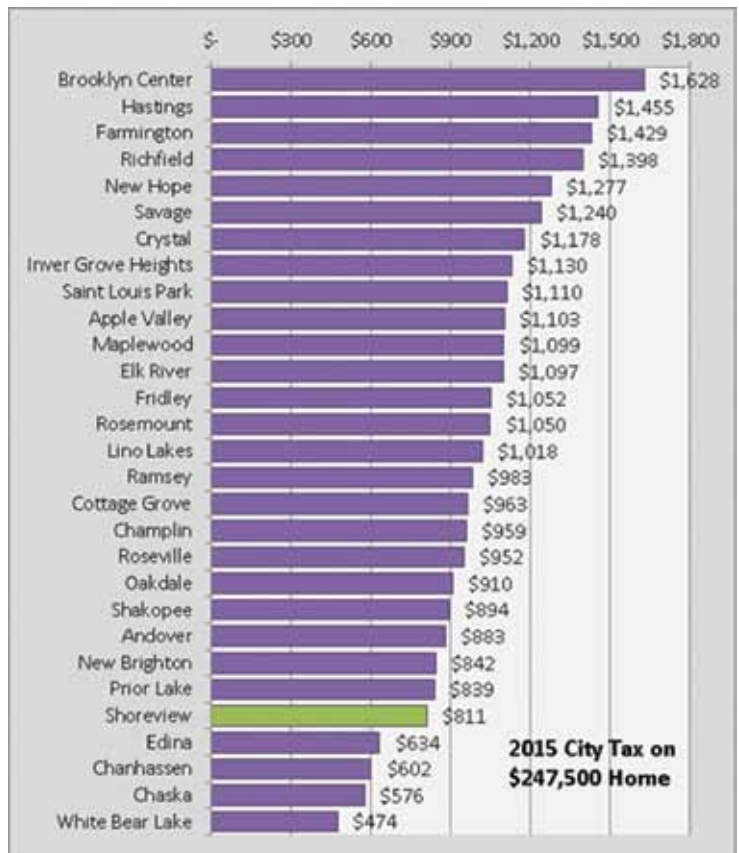
For 2015, Shoreview's share of property taxes for a \$247,500 home (Shoreview's median value in 2015) is illustrated in the graph (right). Shoreview ranks 5th lowest at \$811, and is about 21% below the average of \$1,020.

21%

Shoreview's portion of your tax bill is about 21% lower than the average of 28 other similar sized metro-area cities.

5th

Shoreview's portion of your tax bill ranks 5th lowest compared to 28 other similar sized metro-area cities.



Kowalski's Market Coming to Shoreview

Kowalski's Market, a premier quality Twin Cities grocer, is planning to locate a new store in Shoreview. The project has been formally approved by the City for Kowalski's to purchase commercial property at the northwest quadrant of Highway 96 and Hodgson Road, and undertake a major renovation of the vacant Rainbow Foods building, which has been vacant for nearly two years.

Kowalski's is investing nearly \$20 million with the property acquisition and improvements. They will be re-using and completely renovating the existing 68,000 square foot building for a full-service grocery store and creation of a central facility for consolidation of their bakery/kitchen/catering operations for the metropolitan area. The Kowalski's Market will include a wine shop, full service deli and Starbucks, offered at their prototype stores.

The grocer expects to employ nearly 125 full-time and part-time positions for the grocery market, and another 60 full-time jobs associated with their bakery and production operations.

Additionally, the plan includes a new separate parcel in the existing parking lot area near Highway 96 that would be sized to support additional retail and/or a freestanding restaurant.

Due to the significant redevelopment costs associated with transforming the vacant obsolete 20-year old "big box" building, the City is providing \$1.1 million in financial assistance from existing development funds, which is expected to be recovered over time with the increased property values with the private investment.



The City has also agreed to cover the cost of constructing a new left-turn lane to improve access to the site from east-bound traffic on Highway 96.

There has been strong support expressed by residents for a new grocery store, and the interest and attraction of a high quality and well-respected grocer such as Kowalski's Markets will be great re-use of a highly visible key commercial site that has been vacant. Furthermore, the project will provide the community additional retail services, including the potential for a future restaurant, and significant jobs with both the grocery market and company operations locating in the community.

"Based on the many comments we have heard from residents since the Rainbow Foods closed asking for more grocery choices, I believe this project is a homerun for the community. The name Kowalski's has long been synonymous with quality and has such deep roots in the Twin Cities," states Mayor Sandy Martin.

Kowalski's expects to begin construction work in early spring, with a target opening of the store by the 2016 holiday season.

Major Construction Projects Scheduled for 2016

Enhance 694: The Minnesota Department of Transportation's "Enhance 694" project will add a third lane to I-694 in each direction between Rice Street and Lexington Avenue. Learn more about this construction project and see videos of the planned improvements at: www.dot.state.mn.us/enhance694

I-35W at County Road H Interchange: Ramsey County, in cooperation with MnDOT and the cities of Arden Hills and Mounds View, is leading the design for reconstruction of the County Road H interchange at I-35W. Improvements include County Road H reconstruction from Old Highway 8 (CSAH 77) to the easterly I-35W ramp terminal as well as the County Road H/TH 10/CSAH 10 intersection. Construction will begin in Spring 2016 and is expected to be complete by the end of 2016. Visit www.sehinc.com/online/35WCRH for more info.

Lexington Ave. (Cummings to I-694): In coordination with MnDOT, Arden Hills and Shoreview, Ramsey County will reconstruct Lexington Avenue and the multi-use trail between Cummings Park Dr. and I-694. Dedicated right and left turn lanes (including dual left turn lanes northbound and southbound on Lexington Ave.) and a new traffic signal will be added at County Road F. Right turn lanes will be added at the ramps to both eastbound and westbound I-694. Visit www.ramseycounty.us/residents/roads-transit/future-projects for more info.



Thinking About Home Improvements?

Whatever your home improvement and housing needs may be, call the *HousingResource Center*™ — North Metro to learn more!

651-486-7401

The *HousingResource Center*™ Specializes in:

HOME IMPROVEMENT FINANCING TOOLS:

MHFA FIX UP FUND

Before you begin your home improvement project, call to learn about the MHFA Fix Up Fund loan! You may be eligible for up to \$35,000! Most home improvements qualify, except for luxury items (such as swimming pools). The maximum income amount is \$96,500.

SHOREVIEW HOME IMPROVEMENT LOAN PROGRAM

The City of Shoreview is offering loans to residents to encourage home improvement and increase the home values within the City of Shoreview. You may be eligible for up to \$20,000 to use toward energy efficiency and/or improvements that may improve the livability of the home, function of the operating systems, and overall appearance of the structure and property. The total gross annual household income cannot exceed 120% of the Shoreview median household income and the current value of the house cannot exceed \$314,640.

RAMSEY COUNTY DEFERRED LOAN

This zero interest loan is for owner-occupied, single family properties. Maximum loan is \$15,000 for home improvements. Eligible properties must be at least 15 years old and meet the estimated market value limit. Condominium and townhomes are eligible for interior repairs only. There are two tiers for income. Tier-One is Low Income Households, with a gross annual income at or below 50% of the area median income. Tier-Two is Medium Income for households with a gross annual income between 50% and 80% of the area median income. Finance terms depend on Tier.

Call 651-486-7401 for more details on these loans or other home improvement financing tools offered through the *HousingResource Center*, including the MHFA Rehabilitation Loan and the Rental Property Loan.

FREE CONSTRUCTION CONSULTATIONS

Free Construction consultations are available to residents in participating communities, and include:

- Evaluation of home repair needs
- Advice on home improvements
- A detailed work plan
- Assistance to homeowners in preparing and reviewing bid packages
- Monitoring the construction process.

HOUSING INFORMATION

In addition, the *HousingResource Center* provides information on a variety of housing related topics: referrals for first time homebuyers and rental information, home maintenance and safety; mortgage refinancing and foreclosure prevention programs.

***HousingResource Center*™ — North Metro**
1170 Lepak Court
Shoreview, MN 55126
651-486-7401
www.housingresourcecenter.org

2016 Annual Tree Sale – *New Varieties for Stronger Landscapes!*

New this year to the City's Annual tree sale are two shrub options, new tree selections to diversify your landscapes, and an optional watering bag to help your tree thrive for years to come. We encourage residents to plant a wide variety of trees – it will make your yard and the City's community forest more resilient. Residents can purchase up to 5 trees and 10 shrubs per household at wholesale prices, with the additional option to purchase one watering bag per tree. Orders are due by Monday, April 18, 2016 and delivered to your home by City Crews by mid-May. The nursery will not guarantee trees at wholesale prices, so please be prepared to plant and care for the trees properly.

Shrubs



Nannyberry Viburnum

Large native shrub with slender arching branches and glossy green leaves. Blue-black fruit in fall is attractive to birds.



Iroquois Beauty Chokeberry

Fragrant, yellow-white flowers bloom in late spring, followed by green fruit that matures to bluish-black and is attractive to birds. Beautiful red-gold fall color.

Deciduous Trees



Japanese Tree Lilac "Ivory Silk"

An ornamental tree that stays compact. Adorned with large, creamy white flower clusters that bloom in mid-June.



Dakota Pinnacle Birch

This tree has a very narrow pyramidal growth habit. The bark matures from gray-orange to exfoliating yellow-white. Tolerant of heat, high winds and clay soil.



Kentucky Espresso Coffeetree

This tree has a picturesque vase-shaped form and deeply furrowed gray-brown bark and large blue-green leaves with golden yellow fall color. Will not produce fruit or seed.



Linden, Sentry American

A pyramidal tree with a consistently upright shape and fragrant yellow flowers in early summer; very adaptable and low maintenance. This variety is the most resistant linden to Japanese beetle.

Evergreen Trees



Canadian Hemlock

Graceful, pyramidal evergreen with soft, glossy, dark needles. Shears well, prefers moist, well drained acidic soil. Does not tolerate wind, drought, or polluted conditions.



Austrian Pine

A rapid-growing evergreen tree with stiff, shiny, dark green needles. Tolerant of a variety of sites and urban conditions and excellent for screening and windbreaks.

TreeGator Bag



TreeGator Bag

Treegator® is a slow release watering system for trees. One Treegator holds approximately 20 gallons of water and drips 6-10 hours with two holes open, reducing watering frequency by 50% and significantly reducing transplant shock.

2016 Shrub and Tree Order Form

Name: _____

Address: _____

Contact Phone Number: _____

Email Address: _____

(if you wish to be notified the week the order will be delivered)

Species	Container Size	Height (feet)	Width (feet)	Official Price	Qty	Subtotal
Nannyberry Viburnum	#5	15-20'	6-10'	\$28.00		\$
Iroquois Beauty Chokeberry	#10	15-25'	20-30'	\$45.00		\$
Japanese Tree Lilac "Ivory Silk"	#10	25'	15'	\$91.00		\$
Dakota Pinnacle Birch	#10	35'	10'	\$91.00		\$
Kentucky Espresso Coffeetree	#10	50-60	40-50	\$115.00		\$
American Linden "Sentry"	#15	60'	30-40'	\$111.00		\$
Canadian Hemlock	#10	70'	25-35'	\$81.00		\$
Austrian Pine	#10	50-60'	30-40'	\$81.00		\$
TreeGator Bag	Holds 20 gallons			\$18.50		\$

TOTAL (Tax & delivery is included) \$

Please make checks payable to the *City of Shoreview* and mail completed form and check by **April 18** to: City of Shoreview Public Works, Tree Sale, 4600 Victoria Street North, Shoreview, MN 55126 Late orders will not be accepted.

Maple trees and Spruce trees tend to be over planted in Shoreview, so alternative varieties are offered to help diversify our landscape.

Planting with a Purpose: The Many Benefits of Trees

Adapted from the Minnesota Pollution Control Agency and Precision Landscape and Tree

Take a look at the nearest tree. That tree is part of a community forest – a term used to describe all the trees and shrubs in Shoreview. In Minnesota, trees cover about 27% of the land in our cities and towns. However, that percentage is declining due to stress from tree pests (such as emerald ash borer, oak wilt and Dutch elm disease), drought, heat, and storms.

The USDA Forest Service outlines the following benefits of urban trees:

- **Save energy and money.** Energy savings come from shading buildings, lowering ambient air temperatures, and reducing wind speed. Trees and other vegetation can lower air temperatures 5°F compared with outside the tree-covered area. One well-placed large tree provides average savings of \$31 in home heating costs each year.
- **Increase property values.** Research comparing sales prices of residential properties suggests that people are willing to pay 3 to 7 percent more for properties with many trees versus properties with few or no trees.
- **Reduce storm water runoff.** Leaves and branches temporarily hold rain on their surfaces. This reduces runoff volumes and slows soil erosion. Tree roots help rain soak into the soil and increase total amount of rain that the soil can absorb.
- **Improve air quality.** Leaves intercept and hold small particles on their surfaces – like dust, ash, pollen, and smoke – and absorb gaseous air pollution. Ground-level ozone formation is reduced because air temperatures in tree-filled areas are cooler.
- **Reduce atmospheric CO₂.** Trees directly sequester CO₂ in their stems and leaves while they grow. Trees near buildings can reduce the demand for heating and air conditioning, thereby reducing emissions associated with power production.
- **Healthier communities.** Tree-filled neighborhoods report lower levels of domestic violence, are safer and more sociable, reduce stress of body and mind, decrease need for medication, and speed recovery times.

What kind of tree should I plant?

Species suitable to many locations in Minnesota are basswood (linden), oaks, cedars, hophornbeam (ironwood), serviceberry, pines, fruit trees, hickory, kentucky coffeetree, beech, and fir.

To add diversity to our community forests, try to avoid maple and spruce, which are already a large portion of what is planted. City Staff have selected new tree and shrub varieties for the 2016 City Tree sale to help diversify our community forest.

Adding diversity to our urban forest is an important step in safeguarding against future diseases and pests.



Green Community Awards

The City of Shoreview is recognizing residents and businesses that are helping improve water quality, becoming more energy efficient and taking other steps to reduce their environmental impact.

Applications for the annual Shoreview Green Community Awards are available now at Shoreview City Hall, 4600 Victoria Ave. N or on the City's website www.shoreviewmn.gov. The application deadline is June 1, 2016.

The awards recognize residents and businesses using best management practices for improving water quality in local lakes, streams and wetlands; improving energy efficiency or using renewable forms of energy such as solar panels; and/or using other environmentally preferred practices. The awards are sponsored by Shoreview's Environmental Quality Committee (EQC).

"Many of our neighbors are taking steps to protect our natural resources. All those steps add up and have a significant impact on our quality of life in Shoreview," according to EQC Chair Tim Pratt. Past winners have noticed impacts such as lower home utility bills, increased visits to yards from song birds and butterflies, and improved water quality in nearby lakes and ponds.

The program is intended to be educational, rather than competitive, and applicants are asked to share one tip that others could use to achieve similar results.

Winners receive a small lawn stake they can proudly display, and they will be recognized at a City Council meeting.

For more information, call 651-490-4652 or visit www.shoreviewmn.gov.

2 0 1 6 E N V I R O N M E N T A L S P E A K E R S E R I E S



March 16th Shoreview's Innovative Responses to Infrastructure Challenges

Mark Maloney, City of Shoreview Public Works Director

Whether we're walking the trails or driving the roads, we get around without thinking much about what's under our feet or beneath our wheels. Yet, Shoreview is a leader in using innovative techniques and technologies that help us get where we're going while lightening our load on the environment. Find out what's so special about Shoreview's infrastructure.



April 20th Shoreview's State of the Waters

Eric Korte, Water Quality Monitoring Coordinator, Ramsey Washington Metro Watershed District

How good is the water in Shoreview's lakes, ponds and streams? Find out from Ramsey Washington Metro Watershed District, which monitors our surface water. Also learn about their efforts to control invasive species such as zebra mussels and curly pondweed, both of which have been found in and around Shoreview.

Presented by the Shoreview Environmental Quality Committee

All presentations are held in the City Council Chambers starting at 7:00 P.M. and last approximately 45 minutes with additional time for questions. Call (651) 490-4665 for more information.

Spring Hydrant Flushing and Street Sweeping to Begin in March

Street Sweeping

The Public Works Department will begin its annual street sweeping program in late March. It's important to remove the salt residue and other debris as quickly as possible in the spring to minimize the amount of material that runs off into the storm sewer system and, ultimately, into Shoreview's lakes.

The first round of sweeping is expected to collect 95 percent of the debris. Some of the streets may still have snow on them, so crews will return to do a more thorough sweeping once all of the streets have been swept the first time.

Crews work between the hours of 5 A.M. and 8 P.M. Exact dates are heavily dependent on weather, so please be sure to check www.shoreviewmn.gov for updates.

Hydrant Flushing

City Utility Maintenance Crews will carry out our biannual hydrant flushing program in late March to clean sediment from water mains and ensure proper operation of hydrants and valves.

You may notice a color change in your tap water following the flushing of the water main. The discoloration is normal and will last only a short time after the nearby hydrants have been flushed. The discolored water is safe for drinking, but you may choose to reschedule laundry or other work that may be affected by discoloration.

If you have any questions, call 651.490.4660. For information on exact dates of flushing, and when your zone is complete, visit www.shoreviewmn.gov.

New Views of Shoreview Fall 2015 Photo Contest Winners



Grand Prize: "My Kids, Joyful in the Leaves" – Jeffrey Finc



Honorable Mention: "Fishing in a Fall Sunset" – Dan Chiushun



People's Choice Award and Honorable Mention: "Mustang Runner Quickly Takes the Lead" – Taylor Warnes

The City of Shoreview recognized these talented winners of the 2015 "New Views of Shoreview" Fall Photo Contest at a Council meeting in January:

The City thanks all of the contest participants for capturing so many unique "New Views of Shoreview" and for sharing their best creative talents to reflect the wonderful aspects of our community.

Metro Paint-A-Thon

Each year, on the first weekend in August, Metro Paint-A-Thon rallies volunteer teams from corporations, congregations, and civic groups to paint the homes of seniors and people with disabilities.



The program helps homeowners remain living independently in their own homes and improves neighborhoods throughout the Twin Cities seven-county metropolitan area. Since 1984, Metro Paint-A-Thon volunteers have painted more than 6,000 homes.

Paint-A-Thon welcomes referrals and accepts applications from all eligible homeowners. To be considered, completed applications must be received by April 14, 2016. Selected homeowners are notified by mail in early July of each year. This year's Paint-A-Thon takes place August 6-7, 2016, with some preparation work occurring in the weeks preceding. To qualify, the applicant must meet the following criteria:

- Be over the age of 60 or have a permanent physical disability.
- Own and occupy a single-family home in Anoka, Carver, Dakota, Hennepin, Ramsey, Scott or Washington county that needs the exterior painted, but does not need major repairs.

The monthly household income cannot exceed 200% of federal poverty level as defined in the chart below:

Household Size	1	2	3	4	5
Monthly Income	\$1,960	\$2,655	\$3,345	\$4,041	\$4,735

Please note: Metro Paint-A-Thon does not paint home interiors, duplexes, rental properties or homes the owner no longer occupies, nor do they prepare homes to go up for sale.

For more information, including an application, visit www.gmcc.org/paintathon.

You can also find more info on the City's website at www.shoreviewmn.gov or contact the Shoreview Community Development dept. at 651.490.4680.

2016 Official City Newspaper

The Shoreview City Council has designated the *Shoreview-Arden Hills Bulletin* as the official legal newspaper for the year 2016 for legal and public hearings.

Shoreview Salary Data

Minnesota state law requires that a city with a population of more than 15,000 residents must annually notify its residents of the positions and base salaries of its three highest-paid employees. For the City of Shoreview, as of January 2016, positions and salaries include:

- City Manager (includes car allowance): \$154,150
- Asst. City Manager/Community Development Director: \$133,848
- Public Works Director: \$131,414

Shoreview Channel 16 City Meeting Broadcast Schedule

Tune in to Shoreview Channel 16 for access to public meetings, community events and other local government information.

Shoreview City Council Meetings

Live: Every first and third Monday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 P.M. and 7 P.M.
Tuesday, Thursday and Sunday at 12:30 A.M., 8 A.M. and 3 P.M.

Shoreview Planning Commission Meetings

Live: Every fourth Tuesday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 A.M. and 8 A.M.
Tuesday, Thursday and Sunday at 7 P.M.

2016 Rain Barrel & Compost Bin Distribution Event:

Friday, April 22, 2016 – Roseville Skate Center, 2661 Civic Center Dr., Roseville, MN 55113
Products are available to pre-purchase online at recycleminnesota.org/work/compost-bins-rain-barrels for pick-up in person at the distribution event.

Gangsters in our Midst

Submitted by Jacci Krebsbach, Shoreview Historical Society



Shoreview Historical Society presents:

Paul Maccabee, author of "John Dillinger Slept Here"

Sunday, April 17, 2 P.M. at the Shoreview Community Center

Free program

An isolated farmhouse at 4361 Rice Street was the temporary home for Ma Barker and her boys in the 1930's, before they moved out to White Bear Lake.

On the north side of Snail Lake is the current Union Gospel Mission. However, in the 1920's, it was known as "Paradise Park" – a dance hall and roadhouse frequented by gangsters. Prohibition was still in effect, and it was presumed that the ice house on the property likely housed an illicit booze operation.

Join Paul Maccabee, author of the gangland history book, "John Dillinger Slept Here: A Crooks' Tour of Crime and Corruption in St. Paul," on Sunday, April 17 at the Shoreview Community Center. We will share stories of underworld legend and public enemies lore from the gangster times in our northern suburbs and beyond.

This free program is hosted by the Shoreview Historical Society in celebration of its 25th anniversary in 2016.



Most of us are familiar with the "Gangster Era" in St. Paul and other major cities. However, some of those gangsters migrated to the northern suburbs – and Shoreview.

Harry Sawyer owned the Green Lantern on Wabasha Street in St Paul but he lived with his wife Gladys and daughter Francine on Snail Lake Road (across from today's Sitzer Park). The rural house was known as a gangster hideout. However, St Paul Police Chief Tom Brown was also a visitor. Francine's childhood friend, Betty Knoll Connors, recalled fancy black cars with well-dressed men often visiting the home. In his book, "John Dillinger Slept Here," author Paul Maccabee mentions the "guest list:" bank robbers Frank Nash, Alvin Karpis, Fred and Doc Barker, Harry Campbell, Volney Davis, Jack Peifer and William Weaver. Also, "girlfriends" Myrtle Eaton, Paula Harmon and Edna Murray.

The Snail Lake Tavern on the eastern shore of Snail Lake – at the time owned by Betty Knoll Connor's family – became a local after-hours gangster hangout. Betty also remembers that in the summer of 1933, John Dillinger, his girlfriend, and Harry and Gladys Sawyer shared a booth and bought her an ice cream cone.



The Snail Lake Tavern, formerly a local gangster hangout.



Build a Burger for the Troops:

Beyond the Yellow Ribbon of Suburban Ramsey County volunteers serve up burgers and fries at the White Bear Lake VFW, 4496 Lake Ave. S., every second Monday of the month from 5 to 8 P.M. Stop by for dinner and show your support for our Service members, veterans and their families!



The Shoreview NORTHERN LIGHTS VARIETY BAND

Want to play band music? Meet new people? Serve your community? Have fun? Then you are ready to join the Shoreview Northern Lights Variety Band (SNLVB). Band membership is open to wind instrument and percussion players 16 years of age and over. The band rehearses at the Shoreview Community Center on Tuesday evenings, 7:00 – 9:00 P.M. Auditions are not required.

Under the guidance of Music Director Dr. Michael Scott, the band has over 70 members representing all walks of life and generations. Members share a common interest in concert band music and community service. Last summer the band's first European tour included a concert in Shoreview's Sister City, Einhausen, Germany. Planning is underway for the band's 2018 European tour including a return visit to and concert in Einhausen. The SNLVB is a 501 (c)(3) non-profit organization and is governed by a Board of Directors. Visit www.snlvb.com for more information.

Save the Date: Go on a Musical Adventure with the SNLVB at their Spring Concert, Saturday, April 23 at 7:00 P.M. at Benson Great Hall on the campus of Bethel University. See you there! – Submitted by Kay Pollard, SNLVB



The Shoreview Community Garden Club

welcomes all gardeners – beginners or experienced. Speakers talk on a wide range of gardening topics. Summer tours are held to gain information and ideas. The Club meets at the Shoreview Community Center on the first Wednesday of each month at 7 P.M. To learn more, call Sandi at 651.484.4341 or e-mail sandilauer@comcast.net



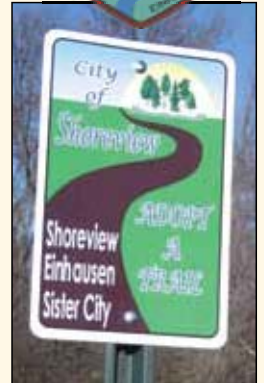
Shoreview's Sister City Association (SESCA) is looking forward to a great Spring. The group recently helped revive Shoreview's "Adopt a Trail" program and now takes care of a path along Highway 96 and Lexington Avenue. Watch for upcoming walks and easy clean-ups on our website – all are welcome to join!

Have you ever visited Austria? Have German or Austrian roots? SESCO's next German Dinner

and Program will feature a Look inside Austria. The featured speaker will be Maria Hoffman from the University of Minnesota, Department of German, Scandinavian and Dutch. Join the group for a look at Austria, beginning with World War II through the recent immigration crisis. Plus, we'll find out why the popular musical "The Sound of Music" is largely *unknown* in Austria. More details on time and place later.

Anyone is welcome to join our monthly meetings. Our next meeting will be held the first Monday of the month at 7 P.M. in the Grass Lake Room (lower level) of the Shoreview City Hall.

– Submitted by Jen Leach, SESCO



Stay Informed and Connected with the City

Online tools make it easy



Let's face it: We're all busy! That's why the City of Shoreview is continually striving to provide convenient options for residents to share and receive news and information. Please take a few minutes to explore the City's online tools. You might find an easy and effective new platform for communication.

Facebook and Twitter are two of the most popular social media networks in the world. For that reason, they also provide a convenient way to stay up-to-date and involved with what's happening right here in Shoreview. Follow the City at [facebook.com/cityofshoreview](https://www.facebook.com/cityofshoreview) and twitter.com/cityofshoreview to have local updates and information flow right into your newsfeed.

SHOREVIEW CALENDAR

Meeting dates/times/locations are subject to change. For more current information, visit www.shoreviewmn.gov or call 651.490.4600.

(CC) Council Chambers
(UC) Upper Conference Room
(LC) Lower Conference Room

(MC) Maintenance Center
(SP) Shoreview Pavilion
(LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot
(SCC) Shoreview Community Center
(SCP) Shoreview Commons Park

MARCH 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 Bikeways and Trails Committee 7 pm, LC	4	5
Recycling week: March 1-4						
6	7 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	8	9	10	11	12
13 	14 Council Workshop 7 pm, CC	15 Econ. Dev. Commission 7:30 am, UC	16 EQC Speaker Series 6 pm, CC	17 Public Safety Meeting 7 pm, LC	18	19
Recycling Week: March 14-18						
20	21 City Council Meeting 7 pm, CC	22 Planning Comm. 7 pm, CC	23 Human Rights Commission 7 pm, CC	24 Parks and Recreation Commission 7 pm, CC	25	26
27 	28 Environ. Quality Committee 7 pm, CC	29	30			
Recycling Week: March 28-April 1						

APRIL 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
Recycling Week: March 28-April 1						
3	4 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	5	6	7 Bikeways and Trails Committee 7 pm, LC	8	9
10 	11 Council Workshop 7 pm, CC	12	13	14	15	16
Recycling Week: April 11-15						
17	18 City Council Meeting 7 pm, CC	19 Econ. Dev. Commission 7:30 am, UC	20 EQC Speaker Series 6 pm, CC	21	22	23
24 	25 Environ. Quality Committee 7 pm, CC	26 Planning Comm. 7 pm, CC	27 Human Rights Commission 7 pm, CC	28 Parks and Recreation Commission 7 pm, CC	29	30
Recycling Week: April 25-29						

MAY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	3	4	5 Bikeways and Trails Committee 7 pm, LC	6	7
Recycling Week: May 9-13						
8 	9 Council Workshop 7 pm, CC	10	11	12	13	14
15	16 City Council Meeting 7 pm, CC	17 Econ. Dev. Commission 7:30 am, UC	18	19 Public Safety Meeting 7 pm, LC	20	21
Recycling Week: May 23-27						
22 	23 Environ. Quality Committee 7 pm, CC	24 Planning Comm. 7 pm, CC	25 Human Rights Commission 7 pm, CC	26 Parks and Recreation Commission 7 pm, CC	27	28
29	30 City Offices Closed Memorial Day	31				

JUNE 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Bikeways and Trails Committee 7 pm, LC	3	4
Recycling Week: June 6-10						
5 	6 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	7	8	9	10	11
12	13 Council Workshop 7 pm, CC	14 Farmers' Market 3 pm, LLPL	15 Concerts in the Commons 7 pm, SP	16	17	18
Recycling Week: June 20-24						
19 	20 City Council Meeting 7 pm, CC	21 Econ. Dev. Commission 7:30 am, UC Farmers' Market 3 pm, LLPL	22 Human Rights Commission 7 pm, CC Concerts in the Commons 7 pm, SP	23 Parks and Recreation Commission 7 pm, CC	24	25
26	27 Environ. Quality Committee 7 pm, CC	28 Farmers' Market 3 pm, LLPL Planning Comm. 7 pm, CC	29 Concerts in the Commons 7 pm, SP	30		

Federal Elected Officials

U.S. Senator Amy Klobuchar
302 Hart Senate Office Bldg.
Washington, DC 20510
612.727.5220 or 202.224.3244
www.klobuchar.senate.gov/emailamy.cfm

U.S. Senator Al Franken
309 Hart Senate Office Building
Washington, DC 20510
651.221.1016 or 202.224.5641
info@franken.senate.gov

U.S. Representative Betty McCollum
1714 Longworth House Office Bldg.
Washington, DC 20515
651.224.9191 or 202.225.6631
www.house.gov/mccollum/contact.html

State Elected Officials

Governor Mark Dayton
130 State Capitol
75 Rev. Martin Luther King Jr. Blvd.
St. Paul, MN 55155
651.296.3391
mark.dayton@state.mn.us

State Senator Bev Scalze-District 42
75 Rev. Dr. Martin Luther King Jr. Blvd.
Capitol, Room 124, St. Paul, MN 55155-1606
651.296.5537
sen.bev.scalze@senate.mn

State Rep. Barb Yarusso-District 42A
507 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.0141
rep.barb.yarusso@house.mn

State Rep. Jason Isaacson-District 42B
545 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.7153
rep.jason.isaacson@house.mn

County Elected Officials

Ramsey County Commissioner
Blake Huffman
City Hall-220 Courthouse
15 W. Kellogg Boulevard, St. Paul, MN 55102
651.266.8350
blake.huffman@co.ramsey.mn.us

Post Office – Retail Center

1056 Highway 96 E.
Vadnais Heights, MN 55127
Phone: 651.407.9864
Mon.-Fri.....8:30 A.M. – 5:30 P.M.
Sat..... 9 A.M. – 1 P.M.

Animal Control

For animal complaints or to report a lost or found pet, call the Ramsey County Sheriff's Office non-emergency number at 651.484.3366.

For other emergencies, call 911.

All impounded animals will be held at the following location:

Hillcrest Animal Hospital
1320 Country Road D Circle
Maplewood, MN 55109
651.484.7211

Mon - Fri.....8 A.M. – 6 P.M.
Sat 8 A.M. – 12 P.M.
Sun.....Closed
www.hillcrestanimalhosp.com

Police

Police protection is provided by the *Ramsey County Sheriff's Department*. The District Office is located at 1411 Paul Kirkwood Drive, Arden Hills, MN 55112.

**For non-emergencies,
call 651.484.3366**
For emergencies, call 911



Fire

**For emergencies,
call 911**
**Dispatch, Non-emergency
651.767.0640**
Lake Johanna Fire Department
Fire Chief, Tim Boehlke 651.481.7024
ljfd@ljfd.org



Ambulance & Paramedic

Ambulance and paramedic services are provided by Allina Medical Transportation.
For emergencies, call 911

Ramsey County Library – Shoreview

4750 Victoria Street North
Shoreview, MN 55126
Phone: 651.486.2300 | www.ramsey.lib.mn.us

Hours:
Mon.....10:00 A.M. – 9:00 P.M.
Tues.-Wed.....1:00 P.M. – 9:00 P.M.
Thurs.-Sat.....10:00 A.M. – 5:00 P.M.
Sun..... 12:00 P.M. – 5:00 P.M.

Public Transportation

Transit Link (formerly Dial-A-Ride) is a curb-to-curb minibus or van service that operates within certain Twin Cities communities. It is a shared-ride service which must be reserved in advance. Call 651.602.5465.

Make your commutes easier. Just hop on Route 261 from Shoreview Community Center to Minneapolis. Ride Route 261B each weekday evening. Or, to get to downtown St. Paul, take Route 62 from the Shoreview Community Center and Route 62C to return. 612.373.3333

Metro Mobility: Metro Mobility is a door-to-door public transportation system for people with disabilities in the Minneapolis-St. Paul area and many adjoining suburbs. 651.602.1111

Community Support & Resources

Northeast Youth and Family Services provides support programs for youth, families, adults and seniors. Services include mental health, youth development, and senior chore assistance.
3490 Lexington Avenue North, Suite 205,
Shoreview, MN 55126
651.486.3808 | www.nyfs.org
Mon., Tues. & Thurs. 8:00 A.M. – 8:00 P.M.
Wed. 8:00 A.M. – 5:00 P.M.
Fri..... 8:00 A.M. – 3:30 P.M.
Additional evening appointments may be available.

The **Senior LinkAge Line** connects seniors with the services they need, including housing, home health care, housekeeping, transportation, legal and financial assistance and more. Call 651.641.8612 or 1.800.333.2433.



The Shoreview Community Center offers numerous activities that will make you feel more **ENERGIZED**, more **ENGAGED**, more **PRODUCTIVE** and can actually improve the **QUALITY OF YOUR DAILY LIFE.**



Call for More Information

Community Center Information
651.490.4700
 Recreational Programs (classes)
651.490.4750
 Rental Information
651.490.4790
 City Information
651.490.4600
www.ShoreviewCommunityCenter.com

Daily Fees

Includes admission to the Tropics Indoor Waterpark, Indoor Playground, Fitness Center, Gymnasium and Indoor Track.

Daily Pass

	Rate	Shoreview Resident
Adult (18 and over).....	\$ 9.99.....	\$ 8.55
Youth (1 to 17; under age 1 free with paying adult)	\$ 9.00.....	\$ 7.45
Family* (2 adults + children living in same household).....	\$36.00.....	\$ 29.00
Seniors (65 and older).....	\$ 9.00.....	\$ 7.45

*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

Indoor Playground Only (ages 1 to 12) \$ 5.00..... \$ 5.00

Coupon Books (Includes 10 daily passes)

Adult.....	\$89.90.....	\$ 76.95
Youth/Senior.....	\$80.90.....	\$ 67.00
Playground.....	\$45.00.....	\$ 45.00

Senior Track Discount (65 and over – for track use only)

Per visit.....	\$ 4.60.....	\$ 3.55
Punch Card.....	\$41.50.....	\$ 31.55

Fees are subject to change. We welcome payment by Visa and MasterCard.

All rates above include sales tax.



Hours

	Community Center	Waterpark**	Playground
Mon & Wed	5:00 A.M. – 10:00 P.M.	4:00 – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Tues & Thurs	5:00 A.M. – 10:00 P.M.	Limited*	8:00 A.M. – 8:00 P.M.
Friday	5:00 A.M. – 10:00 P.M.	4:00 – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
Saturday	6:00 A.M. – 8:00 P.M.	Noon – 7:45 P.M.	8:00 A.M. – 8:00 P.M.
Sunday	6:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M. – 6:00 P.M.

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday Hours

February 15	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
March 27	6:00 A.M. – 12:00 P.M.	Closed	8:00 A.M. – 12:00 P.M.
May 30	5:00 A.M. – 6:00 P.M.	Noon – 5:45 P.M.	8:00 A.M. – 6:00 P.M.

**See page 20 for extended waterpark hours on school's out days.

Lap Swim Hours

- Lap swim is available at various times throughout the week. See the service desk for a schedule or view it on our website at www.shoreviewcommunitycenter.com.

Kids Care

Child care is available for patrons of the Community Center. See page 21 for details.

Drop-in Volleyball

Mon, Tues, Thurs	12:00 P.M. – 1:00 P.M.
Sunday	8:00 A.M. – Noon.

Drop-in Pickleball

See page 54 for more information.

Membership Fees

	Rate*	Shoreview Resident*
Annual Membership¹		
Family.....	\$ 780.00.....	\$ 620.00
Dual.....	\$ 685.00.....	\$ 550.00
Adult.....	\$ 460.00.....	\$ 355.00
Youth/Senior.....	\$ 365.00.....	\$ 300.00

Annual Membership Billed Monthly¹ (With one year membership agreement)

Family.....	\$ 73.00.....	\$ 60.00
Dual.....	\$ 63.00.....	\$ 54.00
Adult.....	\$ 44.00.....	\$ 36.00
Youth/Senior.....	\$ 38.00.....	\$ 30.00

¹There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

Seasonal Membership (Three month)

Family.....	\$ 305.00.....	\$ 245.00
Dual.....	\$ 282.00.....	\$ 222.00
Adult.....	\$ 200.00.....	\$ 154.00
Youth/Senior.....	\$ 155.00.....	\$ 125.00

*Sales tax is included in price.

Persons aged 65 and older qualify for the Senior Citizen discounted rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification is required.

Fees are subject to change. We welcome payment by Visa and Mastercard.



Membership questions?

Contact Guest Services at **651.490.4739**.

Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. **Direct Deposit Now Available!** Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms.



Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group Fitness Classes
- Tropics Indoor Waterpark
- Tropical Adventure Indoor Playground
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- \$1 per hour per child Kids Care rate
- For non-residents, a special recreation program Registration Day and the ShoreViews mailed to your home.



NEW First Time Annual Members also receive:

Special **Experience Us** book, which includes

- 1 family guest pass
- 1 adult guest pass
- 2 fitness drop-in class passes
- 1 Wave Cafe coupon
- 1 Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- 1 playground pass

Experience Us book is designed to encourage new members to experience all the amenities the Community Center has to offer.



Waterpark Hours

Monday & Wednesday ..4:00 – 8:00 P.M.
 Tuesday & ThursdayLimited*
 Friday4:00 – 9:45 P.M.
 Saturday.....Noon – 7:45 P.M.
 Sunday.....Noon – 6:00 P.M.

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday & School's Out Hours

March 17Noon – 9:00 P.M.
 March 18Noon – 9:45 P.M.
 March 21Noon – 8:00 P.M.
 March 22Noon – 9:00 P.M.
 March 23Noon – 8:00 P.M.
 March 24Noon – 9:00 P.M.
 March 25Noon – 9:45 P.M.
 March 27Closed
 April 8Noon – 9:45 P.M.
 May 27Noon – 9:45 P.M.
 May 30Noon – 5:45 P.M.



We can fill your day with endless fun as you enjoy a tropical getaway at Tropics Indoor Waterpark.

Come experience our crystal clear water with our Sphagnum Moss water enhancement system. This green system has improved our water quality, clarity, and as well a reduction in chlorine use. It makes for a more natural swimming experience as the Sphagnum Moss treated water is better on your skin, hair, swim suit and best of all your eyes.

Riders of Shark Attack waterslide will be able to experience our one of a kind jukebox system. Riders will be able to choose from over 100 songs and enjoy a custom light and music show while they twist and turn down our thrilling slide.

Nothing can replace close adult supervision when using the pool. All children six years and under must be supervised by a paid adult swimmer. Supervisory adult must be within arm's reach of the child at all times.

Pool Information

- For our guests' safety, our lifeguards participate in ongoing training. Part of this training includes the use of life-like mannequins as a simulation device.
- Coast-Guard approved lifejackets are allowed when a swimming adult is present within arm's reach. Arm flotation and flotation swimming suits are prohibited.
- Pool is open for general use during most hours that the Community Center is open. However, classes may be in session or pool amenities may be unavailable.
- Boys need to be 4 years old and under to be in the women's locker room, girls need to be 4 years old and under to be in the men's locker room with an adult. Please use the family locker rooms with opposite gender children age 5 and older.
- Complete pool and lap swim schedules are available at the service desk.
- For a complete list of Tropics Indoor Waterpark rules go to www.ShoreviewCommunityCenter.com



Come **CRAWL** through the caves, **SWING** through the jungle, slip down the waterfall **SLIDE**, and **SCREAM** down the five level spiral slide!

Rate & Hours

\$5.00 per child, ages 1-12
FREE to members

Mon – Sat8:00 A.M. – 8:00 P.M.
Sunday.....8:00 A.M. – 6:00 P.M.

Holiday Hours Call 651.490.4700
for specific information.

March 27 8:00 A.M. – 12:00 P.M.
May 30 8:00 A.M. – 6:00 P.M.

General Information

- Wristbands and socks are required
- The playground is an unsupervised area
- Parents and guardians are responsible for supervision of their children
- Children 6 and under must be accompanied by an adult
- Groups visiting the playground are posted at the entrance each week
- For information about reserving space for your group, call **651.490.4790**.



Kids Care

Kids Care provides a stimulating and safe environment for your child to explore and interact with other children while you enjoy the amenities of the Shoreview Community Center. The Kids Care room is located directly across from the service desk.

**Monday – Saturday
8:00 A.M. – 12:30 P.M.**

**Monday – Thursday
4:00 P.M. – 8:30 P.M.**

**Friday
4:00 P.M. – 8:00 P.M.
Closed May 30**

\$1 per hour per child (no pro-rating for partial hours)

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Fitness Class participants. Children are taken on a first-come, first-served basis. Kids Care phone number: 651.490.4763.





It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



Coconut Cove – Private Party Room

ALL-INCLUSIVE PARTY PACKAGES

ALL-INCLUSIVE TROPICAL PACKAGES

Waterpark and Indoor Playground Admission

#1) ALL-INCLUSIVE TROPICAL CAKE DEAL

- Full day use of Tropics Waterpark and Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the pool and playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$160	\$152
Each additional child	\$20	\$19

#2) ALL-INCLUSIVE TROPICAL MEAL DEAL

BEST VALUE!

- Includes everything in the Tropical Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$184	\$176
Each additional child	\$23	\$22

UPGRADE YOUR PARTY!

THEMED PARTY OPTIONS:

Princess, Pirate, or Under the Sea
Upgrade your child's party to include a special theme, including a personalized themed cake and paper products.

Rate: Add \$12 to your party package





ALL-INCLUSIVE ADVENTURE PACKAGES

Indoor Playground Admission Only

#3) ALL-INCLUSIVE ADVENTURE CAKE DEAL

- Full day use of Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$144	\$136
Each additional child	\$18	\$17

#4) ALL-INCLUSIVE ADVENTURE MEAL DEAL

- Includes everything in the Adventure Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$168	\$160
Each additional child	\$21	\$20

COCONUT COVE PRIVATE PARTY ROOM

Coconut Cove is a private party room located within Beachcomber Bay. With a beautiful underwater mural and view of Tropics Waterpark, it is the perfect setting for families looking for a quieter, more personalized party option to make your child's birthday even more special! Coconut Cove has a maximum capacity of 15. Upgrade consists of 90 minutes in party room.

Rate: Add \$34 to your party package



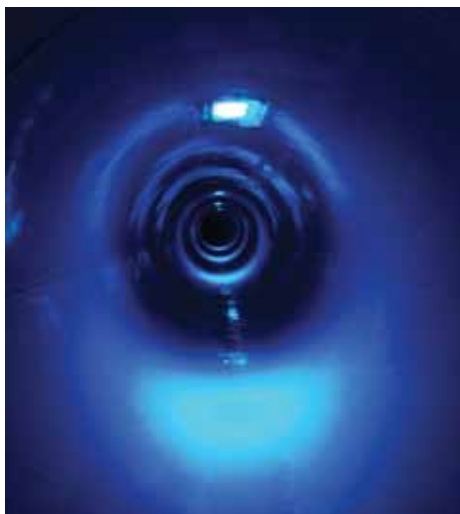
It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!





Shark Attack Waterslide

Have your next event at the Shoreview Community Center!

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

Enjoy the amenities the Shoreview Community Center has to offer!

Call 651.490.4790 to make your reservation today!



POOLSIDE PARTY PACKAGE Waterpark & Indoor Playground

BRING YOUR OWN FOOD!

- Full day use of Tropics Indoor Waterpark and Tropical Adventures Indoor Playground
- 2 hours of private poolside party room for up to 50 people
- Option to bring in your own food or you may purchase food from our Wave Cafe
- Free jumbo locker available for use
- Printable invites



Available Times:

Fridays at 5 p.m. or 7:30 p.m.
Saturdays at 5:30 p.m.
Sundays at 4:30 p.m.

	Rate	Shoreview Resident
Includes 10 wristbands	\$190	\$174
<i>*Additional wristbands may be purchased at our discounted group rate the day of your event.</i>		
<i>*\$25 refundable damage deposit required.</i>		

RENT A PARTY ROOM!

BRING YOUR OWN FOOD!

Rent one of our rooms on the upper level of the Community Center for your special gathering. Each room accommodates 20 partygoers for 2 hours of party time; adjoining rooms may be rented to accommodate up to 60. You may bring in your own food, cake, and decorations. **Daily passes are sold separately.**

	Rate	Shoreview Resident
Per 2-hour time block	\$50	\$35
<i>*\$25 refundable damage deposit required.</i>		

BIRTHDAY PARTY POLICIES

Payment due at time of reservation • Fees subject to change
Tax will be added to listed prices • No outside food or decorations allowed in Beachcomber Bay or Coconut Cove with exception to Poolside Party Package rental. • When using the pool, all children six years old and under must be supervised by a paid adult swimmer (18 or older) and must be within arms' reach of that child at all times.

Call 651.490.4790 to book your party!

Shoreview Community Center



4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com

After Hours Parties

Have the place to yourself and invite your friends! The Shoreview Community Center is available for exclusive use overnight and after-hours. Each rate is listed per person and includes use of the Tropics Indoor Waterpark, gym facilities, and meeting rooms. Refundable damage deposit required. A minimum payment of 45 people is necessary to rent our facility overnight. All guests in attendance of an after-hours event must be paid for.

PARTY DURATION	Rate	Shoreview Resident
Two hours	\$ 12.75	\$ 11.25
Three hours	\$ 12.25	\$ 11.75
Four hours	\$ 12.75	\$ 12.25
Overnight	\$ 20.25	\$ 18.25

We also have special group rates for groups or parties that want to use the facility during building hours. Please call 651-490-4790 for more information or email us at rentals@shoreviewmn.gov

Minimum of 45 people required.

Refundable damage deposit: \$100

Sales tax will be added to these prices.

Fees subject to change.

We welcome payment by Visa or Mastercard.



Make a Splash!

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

Enjoy the amenities the Shoreview Community Center has to offer!

**Call 651.490.4790
to make your
reservation today!**



**Shoreview
Community Center**



**Call 651.490.4790
to book your party!**

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com

Our banquet rooms are perfect for corporate events, wedding ceremonies, receptions, dinners, and dances.



Shoreview Room

Experience the elegance of our Shoreview Room for your next event. You and your guests will enjoy the convenience of the adjacent Fireside Lounge and expanded dance floor.

- Seating up to 300.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- New audio-visual equipment
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 680.....	\$ 600
Friday	\$ 1025.....	\$ 925
Saturday.....	\$ 1250.....	\$ 1175

*Fees are subject to change. Sales tax will be added to rates. Call for more information.



Wedell Community Room

The Community Room features round tables, oak parquet dance floor, indirect lighting, and audio/visual equipment.

- Seating up to 250.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 430.....	\$ 350
Friday	\$ 760.....	\$ 650
Saturday.....	\$ 920.....	\$ 820

Half Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 240.....	\$ 205
Friday and Saturday	N/A.....	N/A

*Fees are subject to change. Sales tax will be added to rates. Call for more information.



Call for More Information

Community Center Information

651.490.4700

Recreational Programs (classes)

651.490.4750

Rental Information

651.490.4790

City Information

651.490.4600

Haffeman Pavilion

It's not too early to reserve your space for a family picnic, company event, or graduation gathering at the Haffeman Pavilion located behind the Shoreview Community Center. Picnic tables accommodate up to 125 people! Call to reserve your date: 651.490.4790.

Rate: \$225; \$200 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.

Picnic Shelter Rentals

Our parks are the perfect place for a small gathering or birthday party. Reserve a picnic shelter for your next event by calling 651.490.4790. Rental fee is \$30 plus tax.

Lake Judy Park.....	Seats 15	Shamrock Park	Seats 35
McCullough Park.....	Seats 15	Commons Park	Seats 20
Sitzer	Seats 24	Bucher Park.....	Seats 24

Meeting Rooms

We are able to accommodate 20 people per room, depending on the arrangements. Retractable walls allow flexibility for accommodating large groups and seminars.

- Meeting rooms are rented in 2-hour blocks.
- Rates are listed per room for each time block rented.

Rate: \$50; \$35 Shoreview Resident (50% of group living in Shoreview and contact person is a Shoreview resident)

*Sales tax will be added to rate. Refundable damage deposit required.

Island Lake Room

Our new Island Lake Room is comfortable and quiet, suitable for all your meeting needs. Enjoy the window lighting as well as the on-site audiovisual equipment, including an interactive white board.

- Island Lake Room is rented in 2-hour blocks of time.

Rate: \$70; \$55 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.



Call for More Information

Community Center Information

651.490.4700

Recreational Programs (classes)

651.490.4750

Rental Information

651.490.4790

City Information

651.490.4600

TABLE OF CONTENTS

Aquatics	29
Fitness	35
Kids Corner Preschool	42
Youth Programs	45
Youth Sports	51
Adult Sports	54
Adult Activities	55
Employment	58
Community Information	59
Recreation Areas	60
Registration Information	61

SPRING RECREATION PROGRAMS

REGISTRATION SCHEDULE

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Monday, March 7 at 8 A.M.

Annual Community Center Member Registration

Begins Wednesday, March 9 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, March 11 at 8 A.M.

*See page 61 for registration information.

5 EASY WAYS TO REGISTER

1. On-line at: www.shoreviewcommunitycenter.com
2. Mail-in
3. Fax 651.490.4797 payment by credit card only
4. Drop-off
5. In-person



Scan with Smartphone to register.

Shoreview Parks and Recreation

4580 Victoria St. N | Shoreview, MN 55126 Office
 located on upper level of the Shoreview Community Center
651.490.4750
recreation@shoreviewmn.gov
www.ShoreviewCommunityCenter.com

Office Hours

Monday – Friday 8:00 A.M. – 4:30 P.M.

SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

FREE SWIM CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

Sunday, Mar. 6 11:00 A.M. – 12:00 P.M.
Saturday, May 28..... 11:00 A.M. – 12:00 P.M.

If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.

PRIVATE LESSONS

Private Lessons (PR) Ages 3 to Adult

30-minute swim lessons; available at set times.

Private Lessons:

Rate for 8 lessons: \$163; \$148 Shoreview Resident

Semi-Private Lessons:

Rate for 8 lessons: \$121; \$110 Shoreview Resident*

*Cost each for 2 participants of equivalent ability

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.

GROUP LESSONS

Rate for 8 group lessons: \$80; \$72 Shoreview Resident

These lessons will have 1 instructor to a maximum student ratio of:

(MR) & (PS) 1 to 4

(L1) – (L3) 1 to 5

(L4) – (L6) 1 to 6

Classes with more students will be assigned an aid to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.



PARENT/CHILD LESSONS

Star Fish

(SF 1) Ages 9 months to 24 months

(SF 2) Ages 24 months to 36 months

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

Manta Ray (MR) Ages 2 ½ to 4 years old

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. The main goal of this class is to gain confidence and familiarity in a pool environment independently from a guardian. Swimmers will learn the following:

- Enter/Exit water independently
- Comfort with group instruction independent from guardian
- Blow bubbles
- Submerge head
- Arm scoops

BEGINNER LESSONS

Preschool (PS): Jelly Fish Ages 3 - 4

Preschool is an introduction level to group learning without a guardian in the water. The main goal is to gain confidence and knowledge in basic swim skills which include: floating and front crawl with an introduction to rhythmic breathing. Swimmers will learn the following:

- Unassisted Entry/Exit
- Front/Back Floats with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms
- Rhythmic breathing with bubbles

Level 1 (L1): Angel Fish Ages 4 or passed preschool

Swimmers will learn basic exploration that leads to assisted swimming. Students should be comfortable in the water and come prepared to put their face in the water. The main objective of level 1 is to expand knowledge and confidence in floats, glides and front crawl with rhythmic breathing. Swimmers will learn the following:

- Independent front/back floats for 5 seconds
- Introduction to front/back glides with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms with rhythmic breathing and support

BEGINNER LESSONS *continued*

Level 2 (L2): Sea Monkeys *Ages 5 or passed level 1*

The objective of level 2 is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers must be comfortable on their own and fully submerged in water where they can touch. The main goal is to develop confidence and competence in floating, gliding, kicking independently while gaining the knowledge in front crawl with rhythmic breathing without support. Swimmers will learn the following:

- Front/Back floats unsupported for 10 seconds
- Front/Back glides with flutter kick
- Flutter kicking on front/back with barbell support for 8 yards
- Front crawl with rhythmic breathing and barbell support for 8 yards
- Elementary backstroke arms
- Jump into deep water, submerge and return to wall independently

Youth Beginner (YB) *Ages 6 & older*

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. Students will be in a class with other school - aged children and learn at a faster pace. Students can continue to take youth beginner until they reach a level that includes their peers.

INTERMEDIATE LESSONS

Level 2.5 (L 2.5): Otters

Level 2.5 bridges the gap between L2 and L3. The objective of this level is to develop knowledge in the elementary backstroke and gain technique and endurance in the front crawl with rhythmic breathing. Swimmers will learn the following:

- Front/Back glide with flutter kick
- Flutter kick on front/back with support (25 yards)
- Front crawl with controlled rhythmic breathing (½ length)
- Elementary backstroke (½ length)
- Introduction to whip kick

Level 3 (L3): Seals

Level 3 builds on skills by coordinating strokes and increasing endurance. The main objective is to gain technique and endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Flutter kick on front/back with equipment (50 yards)
- Front glide with flutter kick to front crawl
- Back glide with flutter kick to back crawl
- Front crawl with rhythmic breathing (25 yards)
- Back crawl (½ length)
- Elementary backstroke (25 yards)

Level 4 (L4): Sting Rays

Level 4 develops endurance in previously learned strokes and introduces breaststroke. The objective is to gain knowledge and technique skills in the breaststroke while gaining endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Front crawl with open turn (50 yards)
- Back crawl with open turn (50 yards)
- Elementary backstroke (50 yards)
- Breaststroke (25 yards)
- Dolphin kick

ADVANCED LESSONS

Level 5 (L5): Dolphins

Level 5 refines coordination and technique while increasing endurance in the front and back crawl and elementary backstroke while learning the butterfly. Swimmers will learn the following:

- Front crawl with 1 flip turn (100 yards)
- Back crawl with open turns (100 yards)
- Elementary backstroke (100 yards)
- Breaststroke (50 yards)
- Butterfly (½ length)
- Dolphin kick (50 yards)

Level 6 (L6): Orcas

Level 6 polishes strokes and develops a strong technique to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Front crawl with flip turns (200 yards)
- Back crawl with open turns (200 yards)
- Breaststroke with underwater pull outs (11 yards)
- Butterfly (25 yards)
- Individual Medley (100 yards)
- Sidestroke (25 yards)

Introduction to Swim Team (IS)

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke and freestyle; along with competitive turns. **This class is one hour.** \$125; \$113 Shoreview Resident

Monday March 28 - May 16

Time	Level	Activity #
Morning		
9:00 A.M.	MR	230117-01
9:40 A.M.	LI	230101-01
10:20 A.M.	PS	230111-01
Evening		
4:30 P.M.	PS	230111-04
	L2	230102-01
	L3	230103-01
	PR	230114-02
	PR	230114-03
5:15 P.M.	MR	230117-04
	LI	230101-03
	L2	230102-02
	L2.5	230112-01
	L2.5	230112-02
	L4	230104-01
6:00 P.M.	MR	230117-05
	LI	230101-04
	L2	230102-03
	L3	230103-02
	PR	230114-04
6:05 P.M.	SF 1 & 2	230110-03
6:45 P.M.	PS	230111-05
	LI	230101-05
	L2.5	230112-03
	L5	230102-01
	YB	230113-01
	PR	230114-05
7:30 P.M.	L2	230102-04
	PR	230114-06
	PR	230114-07
8:05 P.M.	PR	230114-08
	PR	230114-09
	PR	230114-10

Tuesday March 29 - May 17

Time	Level	Activity #
Evening		
4:30 P.M.	LI	230101-06
	PR	230114-11
	PR	230114-12
	PR	230114-13
	PR	230114-14
5:15 P.M.	MR	230117-06
	PS	230111-06
	L2	230102-05
	L3	230103-03
	L4	230104-02
	YB	230113-02
6:00 P.M.	MR	230117-07
	LI	230101-07
	L2	230102-06
	L2.5	230112-04
	PR	230114-15
	PR	230114-16
6:45 P.M.	PS	230111-07
	LI	230101-08
	L2	230102-07
	L2.5	230112-05
	L3	230103-04
	L4	230104-03
7:30 P.M.	L2.5	230112-06
	L6	230106-01
	PR	230114-17
	PR	230114-18
8:05 P.M.	PR	230114-19
	PR	230114-20
	PR	230114-21

Wednesday March 30 - May 18

Time	Level	Activity #
Morning		
9:10 A.M.	PS	230111-02
9:55 A.M.	MR	230117-02
10:40 A.M.	SF 1 & 2	230110-01
11:20 A.M.	PR	230114-01
Evening		
4:30 A.M.	PS	230111-08
	LI	230101-09
	L2.5	230112-07
	PR	230114-22
	PR	230114-23
5:15 P.M.	PS	230111-09
	LI	230101-10
	L2	230102-08
	L2.5	230112-08
	L3	230103-05
	YB	230113-03
6:00 P.M.	MR	230117-08
	LI	230101-11
	L2	230102-09
	L2.5	230112-09
	L4	230104-04
6:05 P.M.	SF 1 & 2	230110-04
6:45 P.M.	PS	230111-10
	LI	230101-12
	L2	230102-10
	L2.5	230112-10
	PR	230114-24
	PR	230114-25
7:30 P.M.	L3	230103-06
	IS	230109-01
8:05 P.M.	PR	230114-26

LESSON RATES

8 Lessons

Group

\$80; \$72 Shoreview Resident

Private

\$163; \$148 Shoreview Resident

Semi-Private

\$121; \$110 Shoreview Resident
(2 participants of equivalent ability)

AQUATIC KEY

SF 1 Starfish 9-24 months

SF 2 Staffish 24-36 months

MR Manta Ray

PS Preschool

LI Level 1, 2, etc.

YB Youth Beginner

PR Private Lessons

IS Intro to Swim Team

A NOTE ABOUT COMMUNITY CENTER LESSONS

If you wish to swim before or after class in the evenings at the Community Center a wristband may be purchased at the guest service desk. On weekend and weekday mornings, your child will not be able to swim before or after class until open swim, which begins at noon.

SWIM LESSONS AT THE COMMUNITY CENTER POOL

Thursday March 31 - May 19

Time	Level	Activity #
Evening		
4:30 P.M.	L2	230102-11
	L2.5	230112-11
	YB	230113-04
	PR	230114-27
	PR	230114-28
5:15 P.M.	PS	230111-11
	L1	230101-13
	L2.5	230112-12
	L2.5	230112-13
	L3	230103-07
	L5	230105-02
6:00 P.M.	MR	230117-09
	L1	230101-14
	L2	230102-12
	L3	230103-08
	L4	230104-05
	PR	230114-29
6:45 P.M.	PS	230111-12
	PS	230111-13
	L2.5	230112-14
	L2.5	230112-15
	L6	230106-02
	PR	230114-30
7:30 P.M.	L2	230102-13
	L3	230103-09
	L4	230104-06
	PR	230114-31
	PR	230114-32
	8:05 P.M.	PR
PR		230114-34
PR		230114-35
PR		230114-36
PR		230114-37

Friday April 1 - May 20

Time	Level	Activity #
Morning		
9:10 A.M.	SF 1 & 2	230110-02
9:55 A.M.	PS	230111-03
10:40 A.M.	L1	230101-02
11:20 A.M.	MR	230117-03

Saturday April 2 - May 21

Time	Level	Activity #	
Morning			
8:15 A.M.	PS	230111-14	
	L1	230101-15	
	L2	230102-14	
	L2.5	230112-16	
	L2.5	230112-17	
	PR	230114-38	
	PR	230114-39	
	PR	230114-40	
	PR	230114-41	
	PR	230114-42	
9:00 A.M.	MR	230117-10	
	PS	230111-15	
	L1	230101-16	
	L2	230102-15	
	L2.5	230112-18	
	L4	230104-07	
	L5	230105-03	
	YB	230113-05	
	PR	230114-43	
	9:45 A.M.	PS	230111-16
L1		230101-17	
L2		230102-16	
L2.5		230112-19	
L3		230103-10	
L6		230106-03	
YB		230113-06	
IS		230109-02	
PR		230114-44	
9:50 A.M.		SF 2	230110-05
	MR	230117-11	
10:30 A.M.	PS	230111-17	
	L1	230101-18	
	L2	230102-17	
	L2.5	230112-20	
	L3	230103-11	
	L4	230104-08	
	PR	230114-45	
	10:35 A.M.	SF 1	230110-06
	11:15 A.M.	MR	230117-12
		PS	230111-18
L1		230101-19	
L2.5		230112-21	
L3		230103-12	
L5		230105-04	
PR		230114-46	
PR		230114-47	

Sunday April 3 - May 22

Time	Level	Activity #
Morning		
9:00 A.M.	L1	230101-20
	L2	230102-18
	L2.5	230112-22
	PR	230114-48
9:05 A.M.	SF 1 & 2	230110-07
9:45 A.M.	MR	230117-13
	PS	230111-19
	L2	230102-19
	L3	230103-13
	PR	230114-49
10:30 A.M.	SF 1 & 2	230110-08
	L1	230101-21
	L2	230102-20
	L4	230104-09
	PR	230114-50
11:15 A.M.	MR	230117-14
	PS	230111-20
	L2.5	230112-23
	L2.5	230112-24
	L5	230105-05
	Evening	
6:15 P.M.	SF 1 & 2	230110-09
	MR	230117-15
	L1	230101-22
	L2	230102-21
	L3	230103-14
	L4	230104-10
6:55 P.M.	PR	230114-51
	PS	230111-21
	L1	230101-23
	L2	230102-22
	L2.5	230112-25
	L5	230105-06
PR	230114-52	
PR	230114-53	



SNORKELING

Ages 8 to 13

\$24; \$22 Shoreview Resident.....	11:00 A.M. – 12:00 P.M.
Friday, March 18.....	Activity # 130306-03
Friday, April 8.....	Activity # 230306-01
Saturday, May 28.....	Activity # 230306-02

Come learn the basics of snorkeling and we will provide the equipment. A variety of abilities are encouraged to join us in discovering the underwater world. Basic swimming skills are needed.

SUPERSITTER BABYSITTING CLINIC

Grades 5 to 7.....	\$62; \$56 Shoreview Resident
Saturdays: 8:00 A.M. – 12:00 P.M.	
March 19.....	Activity # 150101-03
April 9.....	Activity # 250101-01
May 14.....	Activity # 250101-02

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.



BOY SCOUT MERIT BADGES

Swimming and Lifesaving Merit Badges can be completed at the Shoreview Community Center and Chippewa Middle School. You will be asked to provide the Merit Badge Books and Certification Card. We will provide the Swimming or Lifesaving workbook and Instructor.

Swimming Merit Badge.....Activity # 230301-01
\$57; \$51 Shoreview Resident

Tuesday, April 19..... 5:00 P.M. – 8:00 P.M.
Location: Shoreview Community Center

Wednesday, April 27..... 5:00 P.M. – 7:00 P.M.
Location: Chippewa Middle School Pool

Deadline to Register: Tuesday, April 12

Lifesaving Merit Badge.....Activity # 230301-02
\$63; \$57 Shoreview Resident

Thursday, April 21..... 4:00 P.M. – 8:00 P.M.
Location: Shoreview Community Center

Wednesday, April 27..... 5:00 P.M. – 7:00 P.M.
Location: Chippewa Middle School Pool

Deadline to Register: Thursday, April 14

ALL ABOUT BOATING SAFETY

Ages 12 & over

\$50 per person.....	8:00 A.M. – 4:00 P.M.
Saturday, April 23.....	Activity # 250401-01

Youth are ½ price if registered with a full paying adult

This boating class meets the requirements for watercraft operators permits in both Minnesota and Wisconsin. Many boat insurance companies offer discounts on boating insurance to boaters who successfully complete About Boating Safely. Topics include: Introduction to Boating, Boating Law, Boat Safety Equipment, Safe Boating, Navigation, Boating Problems, Trailering, storing and Protecting Your Boat, Hunting and Fishing, Water-skiing and River Boating. The course is taught by trained, experienced instructors from the U.S. Coast Guard Auxiliary.

RED CROSS COMMUNITY CPR/AED

Ages 6+

Tuesday, April 12.....6:00 P.M. – 10:00 P.M.
\$90; \$81 Shoreview Residents..... **Activity # 250301-01**

Deadline to Register: Tuesday, April 5

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.

RED CROSS STANDARD FIRST AID

Ages 6+

Thursday, April 14.....6:00 P.M. – 8:30 P.M.
\$60; \$55 Shoreview Resident..... **Activity # 250302-01**

Deadline to Register: Thursday, April 7

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

RED CROSS COMMUNITY CPR/AED & FIRST AID

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Tuesday, April 12.....6:00 P.M. – 10:00 P.M.
and Thursday, April 14.....6:30 P.M. – 8:30 P.M.
\$106; \$97 Shoreview Residents..... **Activity # 250303-01**

Deadline to Register: Tuesday, April 5

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.



RED CROSS LIFEGUARD TRAINING

Ages 15 & older

Pack a lunch, swimsuit, towel and snacks!

\$281; \$258 Shoreview Resident..... **Activity # 250402-01**

Saturday, April 23, Sunday April 24

& Saturday, April 30..... 8:00 A.M. – 4:00 P.M.

Shoreview Community Center

Wednesday, April 275:00 P.M. – 8:00 P.M.

Chippewa Middle School

Deadline to register: Monday, April 11

American Red Cross Lifeguard Training includes certification in Lifeguard training, Standard First Aid/CPR/AED, current for 2 years. This course provides all information necessary to recognize, respond, and care for emergencies in an aquatic environment and more. Certification will be issued after successful completion of a written exam and skill check off. Participants will receive a digital manual and CPR mask to take home.

COURSE PREREQUISITES:

- Minimum age 15 years
- Tread water for 2 minutes
- 300 yard swim
- Retrieve 10 lb. brick from pool bottom

RED CROSS LIFEGUARD REVIEW TRAINING

Ages 15 & older

Pack a lunch, swimsuit, towel and snacks!

\$141; \$129 Shoreview Residents..... **Activity # 250404-01**

Wednesday, April 275:00 P.M. – 8:00 P.M.

Chippewa Middle School

Sunday, May 18:00 A.M. – 4:00 P.M.

Shoreview Community Center

Deadline to register: Wednesday, April 20

This review course will give individuals the opportunity to review the course content which will include: recognizing, responding, and care for emergencies in an aquatic environment and more. To be eligible to participate in a review course, participants must have successfully completed a prior training. Students must hold a current certification to participate in this renewal course.

COURSE PREREQUISITES:

- Minimum age 15 years
- Tread water for 2 minutes
- 300 yard swim
- Retrieve 10 lb. brick from pool bottom



Photos by Greg Lucid,
courtesy of the
Shoreview Press



Traditional Tae Kwon Do

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes will teach kicking, punching, striking, and blocking techniques through the philosophy and discipline of traditional Tae Kwon Do. While learning self defense, you will develop both physically and mentally. You will improve your stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by certified instructors of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be assessed for registrations received after 12 P.M. on the Wednesday following the first class of the session. **Pre-registration is required; dropins are not permitted.**

BEGINNER CLASS

Tuesdays and Thursdays 6:00 P.M. – 7:00 P.M.

SPRING SESSION A

March 29 – April 28 (5 weeks)

\$75; \$68 Shoreview Resident.....**Activity # 210230-01**

SPRING SESSION B

May 3 – June 2 (5 weeks)

\$75; \$68 Shoreview Resident.....**Activity # 210232-01**

Location: Gym Activity Room

For ages 7 and older. This class is designed for individuals and families and will teach basic principals and techniques. Small groups or individual attention will be provided as necessary if varying skill levels are apparent. Loose fitting clothing required, no uniform needed.

ADVANCED CLASS

Tuesdays and Thursdays 7:00 P.M. – 8:00 P.M.

SPRING SESSION A

March 29 – April 28 (5 weeks)

\$75; \$68 Shoreview Resident.....**Activity # 210231-01**

SPRING SESSION B

May 3 – June 2 (5 weeks)

\$75; \$68 Shoreview Resident.....**Activity # 210233-01**

Location: Gym Activity Room

For ages 7 and older who have completed the Beginner class. This class will further the student's skills for powerful self defense. Students must attend the beginner class prior to taking the advanced class, even if they have Tae Kwon Do experience. Promotion to the advanced class may be determined at the instructor's discretion. A uniform is required and available through the instructor.

FAMILY DISCOUNT

\$15 off for second family member
\$25 off for third family member

GROUP FITNESS CLASSES

Call for information: 651.490.4750

SPRING SESSION *March 28 – June 12 (11 weeks)*

Welcome to Shoreview's group fitness classes. The Shoreview Parks and Recreation Fitness program boasts the best equipment in the industry with two state-of-the-art fitness studios. Our classes utilize high-quality resistive equipment, and new, innovative program offerings. Our instructors are nationally certified and follow the standards and recommendations of nationally accredited fitness organizations.

Shoreview is committed to providing fitness opportunities for individuals of all ages, fitness levels, and health status. Most fitness classes are suitable for everyone, but there are also class options available for beginners and those looking for classes of lower intensity levels. Please feel free to call to find out which classes best suit your needs – 651.490.4750.

Annual Members receive 30% off group fitness classes listed on pages 37-40. Discount now available online!

FITNESS PUNCH CARDS

Give our fitness classes a try! This Punch Card will allow you to take five classes during the session. Note: if individual classes are full, Punch Card holders may not be able to participate. Drop-In class schedule will be available the first week of classes. Card does not include Tae Kwon Do classes.

Cycling, Ballet Fitness, Zumba®, Zumba® Kids and Kettlebell
\$43; \$40.25 Shoreview Resident

Yoga, Pilates, and Yogalates
\$50; \$46.25 Shoreview Resident

All Other Fitness Classes
\$35.50; \$32.50 Shoreview Resident

Available for purchase at the Upper Parks and Recreation Desk during office hours.

DROP-IN RATES

Drop-in passes allow you to attend a class. Drop-in schedule will be available the first week of classes.

Yoga, Pilates, and Yogalates
\$11.50; \$10.25 Shoreview Resident

Indoor Group Cycling, Ballet Fitness, Zumba®, Zumba® Kids and Kettlebell
\$10; \$9 Shoreview Resident

All Other Fitness Classes Drop-in Rate
\$8; \$7.50 Shoreview Resident

MIND/BODY OPTIONS

Barre/Ballet Fitness

The hottest fitness craze since Pilates, this class combines Ballet, Yoga and Pilates to build a strong back, hips, glutes, and core. Movements emphasize muscle lengthening and increasing overall strength. No previous dance experience required.

Mind/Body Yoga & Other Yoga Classes

Begin to experience inner peace through awareness of your mind, body and spirit through various Yoga classes. Mind/Body Yoga emphasizes flexibility, balance and overall strength. Each class teaches stretching, breath awareness, and deep relaxation through meditation. Additional classes include Yoga Strength, Yogalates (a fusion of Yoga and Mat Pilates) and Candlelight Yoga. Candlelight Yoga is performed in the relaxing atmosphere of candlelight.

Pilates Fusion

Pilates is a unique, body conditioning system comprised of stretching and strengthening exercises. Pilates Fusion is an energy infused mix of Pilates and the tools that make it fun including the Bosu®, balance balls, rings, and foam rollers. Strengthen your core and have a fun and effective workout.

NEW! Yoga for Every Body

This class focuses on pose alignment, and pose modifications (if necessary) for bodies of all shapes, sizes, and levels of fitness and flexibility. Use this class to learn the fundamentals of yoga poses, improve your current yoga experience, or to supplement your current yoga routine in a body positive supported environment.

KIDS FITNESS

Music In Motion

Designed for you and your children to attend together, this class encourages children to move and groove to tunes while working on mobility, strength and balance. Ages 3-6.

Pajama Yoga

Dress in your jammies and wind down the weekend with this calming yoga class designed for kids ages 4-8. This class is designed to teach kids calming techniques in a fun atmosphere, while promoting flexibility and healthy body image.

STRENGTH OPTIONS

Kettlebell Training

Transform your body with kettlebell exercises that develop strength, power and stamina. This kettlebell class fuses exercises using kettlebell and non-kettlebell conditioning drills to provide a total body workout that will leave you feeling strong and lean.

Power Pump

Power Pump is a strength training workout that targets the major muscle groups to strengthen and tone your body. This class utilizes supersets, tempo changes, alternating slow and fast reps, and pulsing that challenges your body. Equipment used includes a weight bar, weight plates, dumbbells, and resistance bands. Power Pump is suitable for all fitness abilities. For best results, attendance twice a week is recommended.

Strength Training

This basic strength class uses hand weights, resistance bands, stability balls and various other equipment to strengthen every major muscle group in your body. Everyone works at their own ability and chooses their own weight loads and resistance levels.



STRENGTH/CARDIO OPTIONS

Boot Camp

This workout incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Class formats may include Tabata, strength exercises, circuit training, core work, bodyweight exercises and a variety of other training methods to ensure you maximize your results.

BOSU® Fusion

BOSU® fusion combines step, strength, plyometric and core training exercises on the BOSU® Balance Trainer, and utilizes additional equipment like weights and bands to provide a full-body cardiovascular, core, and strength workout.

Cardio Dance

Increase cardiovascular endurance and burn fat as you workout using combinations of movements and floor patterns. The instructor provides modifications, including low-impact alternatives, to accommodate all fitness levels, creating a fun cardio class that will help you reach your goals safely and effectively.

Cardio Kickboxing

A dynamic and energetic class that combines kicks, jabs, upper and full body movements to strengthen your body, and provide a great cardiovascular workout.

Core Fusion

If you're looking for a strong, lean and graceful body, then this class is for you. Core Fusion mixes body sculpting strength exercises with cardio, flexibility, and balance work to help you achieve a lean look.

Cycle Boot Camp

This fusion of Indoor Group Cycling and Boot Camp combines traditional indoor cycling on stationary cycles, and strength and cardio exercises performed off the bike to maximize your workout time.

Dance, Fit and Strength

A fusion of Cardio dance aerobics and strength exercises makes this the perfect class combination. Have fun as you build strength, improve your cardiovascular fitness levels, and get a balanced, total body workout.

Indoor Group Cycling

Indoor Group Cycling is fun, challenging and accommodates all fitness levels using revolutionary group exercise cycles. This energetic class consists of a continuous bike ride set to up-beat music. Climb hills, sprint, and ride in and out of the saddle to simulate cycling outdoors. The resistance of the stationary bikes is adjustable to provide a variety of intensities.

Step Cardio

Warm up with basic step moves, then learn fun patterns, combinations and movements on an adjustable step to work at all levels of endurance. Class ends with a core exercise component and a cool-down.

Step and Strength

This class improves cardio fitness, increases fat burning and builds muscle. This is a great cross-training class that utilizes an adjustable step and resistance equipment. All levels and abilities are encouraged to participate. This class will keep you moving and motivated.

Tabata

Tabata features 20 second intervals of extreme exercise, followed by 10 seconds of rest, repeated eight times. These bursts of intense exercise mixed with various other strength and cardio drills will torch calories, increase your cardiovascular endurance, and build muscle in minimal time. *30 minute class.

Themed Cycle Fridays

Join instructor Mike for these fun, 90 minute adventure rides with themed music and activities. Each themed cycle is \$10 per person. Dates and themes are as follows:

- April 1 5:30 P.M. – 7:00 P.M.
Show tunes Showdown **Activity # 210546-01**
- May 6 5:30 P.M. – 7:00 P.M.
Disco Fever **Activity # 210546-02**
- June 2 5:30 P.M. – 7:00 P.M.
Classic Rock Ride **Activity # 210546-03**

Total Body Workout

Work all of your muscles in this total body workout. Improve your agility, speed, strength and endurance. Classes utilize a variety of weights, bodyweight exercises, conditioning drills, cycling, kickboxing, core work, kettlebells and more. Come ready to work, leave feeling accomplished.

Zumba®

Take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. Super effective and fun!

Zumba® Gold

The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave feeling strong. Perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves you love with less impact.

SENIOR CLASSES

SeniorFIT Strength Training

This strength training class focuses on increasing muscular strength, making everyday tasks such as lifting and bending safer and easier. Moving to your favorite music, the instructor will lead you in a variety of exercises using light weights, bands and exercise balls.

SeniorFIT Advanced Circuit

This class balances cardiovascular and strength training, providing a well-rounded, efficient workout. Use a variety of fitness equipment like resistance bands and hand-weights, combined with non-impact aerobics, and motivating music to get moving.

SeniorFIT Yoga and Stretch

Feel your stress melt away as the instructor takes you through yoga positions to increase your flexibility, improve your balance, and strengthen your core. Leave class feeling refreshed, relaxed and energized.

THEMED CYCLE FRIDAYS

Join instructor Mike for these fun, 90 minute adventure rides with themed music and activities. Each class is only \$10! Dates and themes are as follows:

April 1 @ 5:30pm: Show tunes Showdown
\$10; Activity #210546-01

May 6 @ 5:30pm: Disco Fever
\$10; Activity #210546-02

June 3 @ 5:30pm: Classic Rock Ride
\$10; Activity #210546-03

Space is limited. Register in advance to save your spot in class! 651.490.4750
www.ShoreviewCommunityCenter.com

MORNING AND DAYTIME CLASSES

All classes are 50 minutes unless otherwise indicated.
SPRING FITNESS CLASSES 2016: March 28 – June 12 (11 Weeks).

	Reg/Sv. Res	Activity #
MONDAY		
5:35 A.M. Total Body Workout	\$68/\$62	210502-01
8:30 A.M. Strength Conditioning	\$68/\$62	210539-01
8:30 A.M. SeniorFIT - Strength Training*	\$68/\$62	210161-01
9:15 A.M. Aqua Fit	\$68/\$62	210522-01
9:30 A.M. Total Body Workout	\$68/\$62	210502-06
9:30 A.M. Core Fusion	\$68/\$62	210527-01
11:40 A.M. Mind/Body Yoga	\$102/\$91	210506-01
TUESDAY		
5:35 A.M. Core Fusion	\$68/\$62	210530-01
8:15 A.M. SeniorFIT - Aqua Exercise*	\$68/\$62	210162-01
8:30 A.M. Mind/Body Yoga	\$102/\$91	210506-02
8:30 A.M. Power Pump	\$68/\$62	210523-02
9:15 A.M. Aqua Fit	\$68/\$62	210522-02
9:30 A.M. Barre/Ballet Fitness	\$86/\$79	210508-01
9:30 A.M. Step Cardio	\$68/\$62	210516-01
10:30 A.M. Zumba Gold®	\$86/\$79	210543-01
10:30 A.M. Yoga for Every Body	\$102/\$91	210518-01
11:40 A.M. Strength Conditioning	\$68/\$62	210502-05
12:45 A.M. SeniorFIT - Strength Training*	\$68/\$62	210161-03
WEDNESDAY		
5:35 A.M. Total Body Workout	\$68/\$62	210502-02
8:30 A.M. Cardio & Strength Conditioning	\$68/\$62	210540-01
9:15 A.M. Aqua Fit	\$68/\$62	210522-03
9:30 A.M. Total Body Workout	\$68/\$62	210502-07
9:30 A.M. SeniorFIT - Strength Training*	\$68/\$62	210161-02
10:40 A.M. SeniorFIT - Yoga & Stretch*	\$68/\$62	210163-02
11:40 A.M. Mind/Body Yoga	\$102/\$91	210506-04
THURSDAY		
5:35 A.M. Power Pump	\$68/\$62	210530-02
8:30 A.M. Mind/Body Yoga	\$102/\$91	210506-07
8:30 A.M. Power Pump	\$68/\$62	210523-06
9:15 A.M. Aqua Fit	\$68/\$62	210522-04
9:30 A.M. Step Cardio	\$68/\$62	210516-04
9:30 A.M. Core Fusion	\$68/\$62	210531-06
10:30 A.M. Dance, Fit and Strength	\$68/\$62	210549-01
11:40 A.M. Strength Conditioning	\$68/\$62	210539-04
12:45 A.M. SeniorFIT - Strength Training*	\$68/\$62	210161-04
FRIDAY		
5:35 A.M. Total Body Workout	\$68/\$62	210502-03
8:15 A.M. SeniorFIT - Aqua Exercise*	\$68/\$62	210162-02
8:30 A.M. Strength Conditioning	\$68/\$62	210539-02
8:30 A.M. SeniorFIT - Advanced Circuit*	\$68/\$62	210165-01
9:15 A.M. Aqua Fit	\$68/\$62	210522-05
9:30 A.M. Cardio Dance	\$68/\$62	210545-01
9:30 A.M. Total Body Workout	\$68/\$62	210502-08
10:40 A.M. SeniorFIT - Yoga & Stretch	\$68/\$62	210163-03
SATURDAY		
8:30 A.M. Zumba®	\$86/\$79	210544-06
9:30 A.M. Core Fusion	\$68/\$62	210531-03
9:30 A.M. Music in Motion	\$34/\$31	210519-01
*price per participant – 1 adult must register with child/children		
SUNDAY		
8:30 A.M. Indoor Group Cycling	\$86/\$79	210512-09

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center

P.M. classes on next page

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 39 & 40.

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

REGISTER EARLY AND SAVE YOUR SPOT IN CLASS!

Classes with fewer than 6 registered participants are subject to cancellations.

Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.

CHILD CARE AVAILABLE!

Mon-Sat.... 8 A.M. – 12:30 P.M.
Mon-Thu..... 4 P.M. – 8:30 P.M.
Fri..... 4 P.M. – 8 P.M.

Rate \$1 per hour per child.

GROUP FITNESS

EVENING CLASSES

All classes are 50 minutes unless otherwise indicated.
 SPRING FITNESS CLASSES 2016: March 28 – June 12 (11 Weeks).

	Reg/Sv. Res.	Activity #
MONDAY		
4:10 P.M. Zumba®	\$86/\$79	210544-02
5:20 P.M. Step and Strength	\$68/\$62	210514-01
5:20 P.M. Yogalates	\$102/\$91	210525-01
6:25 P.M. Cycle Boot Camp	\$86/\$79	210534-01
6:25 P.M. Core Fusion	\$68/\$62	210531-01
6:30 P.M. Zumba®	\$86/\$79	210544-10
7:30 P.M. Power Pump	\$68/\$62	210523-04
TUESDAY		
4:30 P.M. Tabata (30 min.)	\$68/\$62	210513-02
5:20 P.M. Mind/Body Yoga	\$102/\$91	210506-03
5:20 P.M. Power Pump	\$68/\$62	210523-03
5:30 P.M. Aqua Fit	\$68/\$62	210522-06
6:25 P.M. Pilates Fusion	\$102/\$91	210507-03
6:25 P.M. Cardio Kickboxing	\$68/\$62	210501-01
6:45 P.M. Aqua Fit	\$68/\$62	210522-07
7:30 P.M. BOSU® Fusion	\$68/\$62	210542-01
7:30 P.M. Zumba®	\$86/\$79	210544-21
WEDNESDAY		
4:15 P.M. Kettlebell Training	\$86/\$79	210528-03
5:15 P.M. Step Cardio	\$68/\$62	210516-03
5:20 P.M. Yogalates	\$102/\$91	210525-02
6:25 P.M. Ballet Fitness	\$86/\$79	210508-02
6:25 P.M. Boot Camp	\$68/\$62	210532-02
6:25 P.M. Indoor Group Cycling	\$86/\$79	210512-05
7:30 P.M. Mind/Body Yoga	\$102/\$91	210506-06
7:30 P.M. Power Pump	\$68/\$62	210523-08
THURSDAY		
4:15 P.M. Indoor Group Cycling	\$86/\$79	210512-03
5:20 P.M. Yoga Strength	\$102/\$91	210524-01
5:20 P.M. Power Pump	\$68/\$62	210523-07
5:30 P.M. Aqua Fit	\$62/\$56	210522-08
6:25 P.M. Zumba®	\$86/\$79	210544-03
6:25 P.M. Pilates Fusion	\$102/\$91	210511-01
6:45 P.M. Aqua Fit	\$62/\$56	210522-09
7:30 P.M. Mind/Body Yoga	\$102/\$91	210506-05
FRIDAY		
4:30 P.M. Zumba®	\$86/\$79	210544-04
SUNDAY		
4:30 P.M. Pajama Yoga	\$68/\$62	210520-01
5:30 P.M. Candlelight Yoga	\$102/\$91	210537-01

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 39 & 40.

SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center. **A.M. classes for Saturday & Sunday on previous page**

NOTES ABOUT GROUP FITNESS CLASSES:

- Classes with fewer than 6 registered participants are subject to cancellations.
- Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.
- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- Annual Community Center members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Senior Fit classes are free to any senior with an annual Membership.
- Fitness class attendance for members is applicable to the minimum monthly visits required by insurance providers to receive insurance reimbursements.
- All classes are 50 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Minimum age is 14. Ages 12 & 13 may sign up with a parent/guardian.
- Group Fitness insurance Program available. See website for more information.
- Two make-up classes are available per class registration. Please email recreation@shoreviewmn.gov to request a make-up pass.



COMMUNITY CENTER MEMBER EQUIPMENT ORIENTATION

(Individual or Group)

FREE to members age 14 and older

All members of the community center are encouraged to attend a fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize the strength and cardiovascular equipment with correct form and provide guidelines for safe exercise and improved fitness. The schedule and sign-up sheet for equipment orientations is located on the desk in the fitness center. For more information call 651.490.4750.

INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13

\$40; \$35 Shoreview Res. **Activity # 510299-01**

Shoreview Community Center

Adolescent exercise is safe and effective when proper form is used and appropriate guidelines are followed. The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover a beginning strength training program and guidelines for cardiovascular exercise. Parents are welcome and questions are encouraged. The Teen Equipment Orientation is required for 12 and 13 year olds to use the fitness center. Registration forms are available at the front desk and lower level service desk. **The schedule and sign-up sheets for teen equipment orientations are located on the desk in the fitness center,** or call 651.490.4768 to find out more.

KETTLEBELL TRAINING

A kettlebell is a weighted iron ball with an attached handle. In addition to traditional strength training exercises, kettlebells can be used to perform “swings,” “presses,” and a variety of other dynamic movements that require the large muscle groups to work together. Expect an increase in strength, power, coordination and stamina while developing muscles of the upper and lower body. One-on-one Kettlebell Training is available in packages of 1,3,6 and 12 sessions. Small group training sessions are also available and can be scheduled by calling 651.490.4750.

Personal Training:

Personal Training can benefit anyone regardless of physical condition or age. A trainer can plan a safe, effective program and provide one-on-one instruction to ensure that you use proper form and technique, exercise at the appropriate intensity, and maximize the effectiveness of your workout. Personal Trainers serve as coaches, educators and a source of encouragement to help you overcome obstacles and stick to your program.

Personal Trainers will:

- Establish realistic goals and determine safe strategies to achieve those goals
- Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- Achieve maximum results in minimum time
- Provide encouragement and accountability

Goals Achieved Through Personal Training:

- Reach and maintain a healthy weight
- Reduce body fat and build muscle
- Strengthen your body
- Improve strength and cardiovascular fitness
- Recover from an injury
- Train for sports, triathlons, running events, and fitness challenges

How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, while others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress. Personal Training comes in packages of 1, 3, 6 and 12 sessions. All sessions expire one year from the date of purchase.

Sessions	Regular	Resident
Fitness Assessment.....	\$ 32.....	\$ 27
Single Session.....	\$ 67.....	\$ 62
Three Sessions.....	\$186.....	\$171
Six Sessions.....	\$351.....	\$326
Twelve Sessions.....	\$664.....	\$614

What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, postural assessment, cardiovascular testing, and sports-specific tests. You can register for a fitness assessment without signing up for personal training, however, assessments are included in personal training packages of 3, 6, and 12 sessions for first time clients.

For information on
2015-16 class availability
call 651.490.4750



2016-2017 School Year

A \$50 non-refundable registration fee is required at the time of registration. This fee is not applied toward tuition. Monthly tuition is charged August – April.

Our preschool program offers your child a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten.

Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, children have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience.

Our teachers have decades of teaching experience and create a warm, welcoming, and caring environment in which your child will thrive. Each class provides time for dramatic play, storytelling, music, arts & crafts, and a snack.

2½ TO 3 YEAR OLD CLASSES

Our preschool classes for 2½ to 3 year olds will offer your child a great first-time classroom experience. Class time will include opportunities for your child to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Children must be 3 years old by March 1, 2017.

Monday Funday AM.....9:00 A.M. – 10:30 A.M.

Monday Funday PM..... 11:00 A.M. – 12:30 P.M.

\$64/month; \$58/month Shoreview Resident

Friday Funday AM.....9:00 A.M. – 10:30 A.M.

Friday Funday PM..... 11:00 A.M. – 12:30 P.M.

\$58/month;\$52/month Shoreview Resident



3 TO 4 YEAR OLD CLASSES

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Children will learn social skills and self-help abilities through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2016.

Tiny Treasures

Wednesday & Friday.....9:00 A.M. – 11:30 A.M.

\$130/month; \$119/month Shoreview Resident

ABC's & 123's

Tuesday & Thursday 1:00 P.M. – 3:30 P.M.

\$141/month; \$128/month Shoreview Resident



4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare your child to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 4 years old by September 1, 2016.

Alpha Kids

Tuesday & Thursday 9:00 A.M. – 12:00 P.M.
\$156/month; \$142/month Shoreview Resident

Stepping Stones

Monday, Wednesday & Friday 12:30 P.M. – 3:30 P.M.
\$200/month; \$182/month Shoreview Resident



SPECIALTY CLASSES (3 TO 5 YEAR OLDS)

Busy Buddies

Monday 9:00 A.M. – 11:30 A.M.
\$103/month; \$94/month Shoreview Resident

This class will offer your 3 to 5 year old children a fun and energy-filled preschool adventure. Children will learn the basics of letters, science and Spanish. Swimming lessons are included in 8 week sessions during the fall, winter, and spring. Class time will also consist of constructive play, story time, music and movement, physical education, and snack. Children must be 3 by September 1, 2016.

Story Stretchers

Tuesday 9:00 A.M. – 11:30 A.M.
\$85/month; \$77/month Shoreview Resident

Your 3 to 5 year old child is sure to love this literature based class! The class will focus on ensuring your child understands the content of stories told during class by using dramatic play, acting, art, circle time, sensory, science, math, large muscle time, and snack. Development of a child's literacy skills is crucial during a child's early years. This class will heighten reading readiness, sharpen comprehension skills and help your child develop a love for reading. Children must be 3 by September 1, 2016.

Investigators

Wednesday 9:00 A.M. – 11:30 A.M.
\$83/month; \$75/month Shoreview Resident

This preschool class will give your 3 to 5 year old an opportunity to discover the world of science and all of its wonders. This class will include time for individual and group discovery, art projects, snacks, sharing, creative movement and occasional outdoor activities. Children must be 3 by September 1, 2016.

Math Monsters

Thursday 9:00 A.M. – 11:30 A.M.
\$80/month; \$73/month Shoreview Resident

This specialty preschool class will provide your 3 to 5 year old with a fun learning atmosphere that focuses on math skills. For all those kids who like numbers, solving problems, and having fun with shapes, this class has it all! A concentration on math is essential in the early years of child development and this class will include work on one to one correspondence, geometry, counting, along with having fun. Also included is 30 minutes of gym time and a snack. Children must be 3 by September 1, 2016.

NEW! MUSIC IN MOTION

Ages 3-6\$34; \$31 Shoreview Res/per registrant
 Saturdays..... 9:30 A.M.
 April 2 – June 11 **Activity # 210519-01**

Designed for you and your children to attend together, this class encourages children to move and groove to tunes while working on mobility, strength and balance. Ages 3-6. Parent or adult must register with child/children.

NEW! PAJAMA YOGA

Ages 4-8 \$68; \$62 Shoreview Res
 Sundays..... 4:30 P.M.
 April 3 – June 12..... **Activity # 210520-01**

Dress in your jammies and wind down the weekend with this calming yoga class designed for kids ages 4-8. This class is designed to teach kids calming techniques in a fun atmosphere, while promoting flexibility and healthy body image.



WISH UPON A BALLET



Ages 3 to 6
 Tuesdays.....\$75
 April 19 – May 31 (7 weeks)
 Theme: Circus Polka
 9:30 A.M. – 10:15 A.M. **Activity # 270202-01**
 10:15 A.M. – 11:00 A.M. **Activity # 270202-02**
 Shoreview Community Center

Wish upon a Ballet is a dance program for children that incorporates popular children’s stories as well as ballet to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun! Girls and boys will need ballet shoes. Girls should wear a leotard and tights. Boys should wear comfortable clothes they can move around in. Shoes will be available to order at the first day of class for an extra fee.





Tumbling

Children will discover the sport of tumbling within a positive, educational atmosphere. Along with athletics, participants will learn self-discipline and have fun. Please register your child in the appropriate skill level; this will ensure that all participants learn as much as possible. Due to space limitations, we are unable to provide an observation area; parents are invited to observe the final class. For answers to your questions about placement, call 651-490-4750.

TODDLER AND PARENT

Ages 2 and 3 \$87; \$77 Shoreview Resident
Saturdays.....9:45 A.M. – 10:30 A.M.
April 2 – May 21 **Activity # 280101-01**
Saturdays..... 10:45 A.M. – 11:30 A.M.
April 2 – May 21 **Activity # 280101-02**

A fast-paced class for energetic 2 and 3 year old toddlers to explore their motor skills. This class is an excellent opportunity for youngsters to safely increase body awareness and coordination. The loose structure of this class allows children to acquire skills according to their own abilities and interests. One child per adult. Parent participation and support are part of the class. No siblings will be allowed on gymnastics equipment.

TUMBLING TYKES

Ages 3 and 4 \$87; \$77 Shoreview Res
Saturdays..... 11:45 A.M. – 12:30 P.M.
April 2 – May 21 **Activity # 280102-01**

Enhance your preschooler’s hand-eye coordination and motor skills. Designed for active 3- and 4-year olds who want to learn basic tumbling, using special equipment designed for smaller gymnasts.

ROLLY POLLYS

Ages 4 and 5 \$87; \$77 Shoreview Res
Saturdays..... 12:45 P.M. – 1:30 P.M.
April 2 – May 21 **Activity # 280103-01**

For the active 4- to 5-year old child, we offer a special class that teaches basic tumbling and works on hand-eye coordination and motor skills. Participants will begin to learn basic skills on floor, balance beam, bars and vault.

BEGINNERS HEADSTANDERS/ HANDSTANDERS

Ages 5 to 8..... \$87; \$77 Shoreview Res
Saturdays..... 1:45 P.M. – 2:30 P.M.
April 2 – May 21 **Activity # 280104-01**

Designed for children 5 to 8 years old who want to learn the sport of gymnastics. Emphasis will be on learning the basic positions and skills on the floor, beam, bars and vault.





SHARE



CREATE



EXPLORE

Grades K-6 (during the 2015-16 School Year)

June 13 – August 26, 2016

Are you looking for a safe and fun place to send the kids during the summer? Look no further than Shoreview Parks and Recreation Summer Discovery Program! This 11 week summer child care program offers your child the opportunity to have a fun-filled, jam-packed summer while under the guidance of highly qualified staff. Each week will have many activities for your child, including a weekly field trip, swimming 2 days per week, games, crafts, and enrichment classes.

Program registration requires an 11-week commitment with up to two weeks unpaid vacation allowed per child. Participants have the ability to register for 3, 4, or 5 days per week. A \$75 non-refundable registration fee is due at time of registration.

Weekly Tuition:

5 Days/Week – \$200

4 Days/Week – \$172

3 Days/Week – \$141

*Registration will follow our Spring registration dates (see page 28). Online and in-person registration materials are available February 1 online or by calling 651-490-4750.



ADVENTURE QUEST SUMMER PLAYGROUND PROGRAM



June 13 – August 5 (no program July 4)

Join us for the journey of a lifetime this summer! Adventure Quest, our Summer Park Program, is filled with sports, crafts, games, songs, and other themed events. Our highly trained and energetic summer staff will be your child's summer adventure guide. Each week will unveil a new theme sure to keep your child interested and challenged this summer. Children will stretch their imaginations, keep physically active, and make new friends in Adventure Quest.

General Information:

Children are broken into age groups and activities are designed to be developmentally appropriate for each age group. Participants must be the designated age/grade by June 13, 2016.

WEEKLY THEMES

- Week 1 – Jammin' in the Jungle
- Week 2 – Diggin' for Dinos
- Week 3 – Lost in Space
- Week 4 – Underwater Investigators
- Week 5 – Crazy Carnival
- Week 6 – Loony Library
- Week 7 – Fairy Tales
- Week 8 – Science Spectacular

Looking for
more than 2 days/wk?
Consider attending
both sessions!

TINY TREKKERS

Ages 3-5

June 13 – August 5 9:00 A.M. – 11:30 A.M.

No class July 4

Rate: \$85; \$78 Shoreview Resident

Monday & Wednesday

Sitzer Park **Activity # 370501-01**

McCullough Park..... **Activity # 370501-02**

Tuesday & Thursday

Sitzer Park **Activity # 370502-01**

McCullough Park..... **Activity # 370502-02**

TRAVELERS

Grades K-5 (2015-16 School year)

June 13 – August 5 9:00 A.M. – 11:30 A.M.

No class July 4

Rate: \$85; \$78 Shoreview Resident

Monday & Wednesday

Sitzer Park **Activity # 370503-01**

McCullough Park..... **Activity # 370503-02**

Tuesday & Thursday

Sitzer Park **Activity # 370504-01**

McCullough Park..... **Activity # 370504-02**



ADVENTURE QUEST LEADERS IN TRAINING

Entering grades 7 to 10

June 13 – August 5

No class July 4

\$74; \$67 Shoreview Resident **Activity # 370507-01**

Join us for this exciting leadership program! We are looking for youth that will be entering 7th to 10th grade in the fall of 2016 that are interested in learning more about leadership and getting a chance to develop those leadership skills working with our Summer Playgrounds Program.

* Participants will be required to attend a mandatory training on Thursday, June 9 from 5:00 – 8:00 P.M. at the Shoreview Community Center. During this time, participants will meet with a program staff to determine park placement and dates to work with playground program. Weekly LIT meetings will take place on Wednesdays at noon at the Shoreview Community Center.

OUTDOOR GAMES

Ages 7-11 Commons Park

Mondays, June 13 – August 1 1:00 P.M. – 3:00 P.M.

No class July 4

\$50; \$45 Shoreview Resident..... **Activity # 390514-01**

Participate in an assortment of exciting sports. We'll play sand volleyball, ultimate frisbee, bocce ball, kickball, dodgeball, ladderball, bean bag toss, washer toss, and other sports.

Class will start and end at the Haffeman Pavilion (located behind the Community Center).

* Information on Adventure Quest Academy Classes, Friday Funday Classes, Friday Field Trips and Special Events will be featured in our Summer Catalog.



DIVE-IN MOVIE

Friday, March 4..... 7:00 P.M.

Shoreview Community Center

Join your friends and family at the Tropics Indoor Water Park inside the Shoreview Community Center for Dive-In Movie nights! Guests can float with water noodles (not provided), relax on giant sea creatures, or lounge on pool-side chairs and enjoy a popular family friendly movie. No need to register. The purchase of a daily pass on the day of the movie will be your ticket. Free for Community Center Members. Please note the hot tub will be closed during and after the movie. Movie titles will be posted at the Community Center or call 651.490.4750 for more information.



SHOREVIEW EGG HUNT

Saturday, March 19..... 10:00 A.M.
\$10; \$8 Shoreview Resident..... **Activity #: 260219-01**

Location: Shoreview Community Center Pavilion

Deadline to Register: Friday, March 18

Join the Bunny in an Old-Fashioned eggciting hunt for prized-filled eggs! Each participant will be given a Easter bag for the hunt! Space is limited. Register by March 18. The Shoreview Egg Hunt is held outdoors. Please, dress for the weather.

**Host a
Poolside
Party Package
at the Shoreview Community Center!**

INCLUDES:

- 10 Wristbands for full day use of Tropics Indoor Waterpark & Tropical Adventure Indoor Playground
- 2 Hours in private poolside party room
- Option to bring in your own food!



Call today! 651.490.4790

www.shoreviewcommunitycenter.com

**KIDS FITNESS
CLASSES**

See page 36 for details



The staff at PHD Baseball is proud to present a full line of baseball training for all levels of baseball and softball players. From the newest beginner, to the well seasoned tournament traveling athlete, we have a camp that's the right fit for you. Our staff has many years of training and thousands of hours of expert tutelage. PHD staff are ready to share a fun and positive baseball experience with young people in our community. Play Ball!

BASEBALL ABC'S & 1,2,3'S

2nd & 3rd Grade

\$175 per participant

Saturdays, 1:00 P.M. – 2:30 P.M.

March 5, 12, 19, 26Activity # 190902-03

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

Focusing on all aspects of the game of baseball as follows: proper hitting technique, throwing, fielding, and pitching. Each session will be a 90 minute block that will allow plenty of time for proper warm ups; groups will switch after 45 minutes.

BASEBALL 101

4th & 5th Grade

\$175 per participant

Saturdays, 2:30 P.M. – 4:00 P.M.

March 5, 12, 19, 26Activity # 190902-06

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

This is the prime age for the proper fundamental approach and a consistent execution of baseball plays (hitting, fielding, infield play and pitching). This session features ninety minute blocks, with speed and agility at the beginning or end.



ELITE BASEBALL PREPARATION

\$175 per participant

6th & 7th Grade

Sundays, 1:00 P.M. – 2:30 P.M.

March 6, 13, 20, 27Activity # 190902-09

8th - 12th Grade

Sundays, 3:00 P.M. – 4:30 P.M.

March 6, 13, 20, 27Activity # 190902-12

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

Ground balls are harder, batting practice is faster, and pitching is tougher. This session will be faster paced, and hustling is key. Traveling or in-house - all will benefit from 90 minutes of baseball preparation and speed conditioning.

SPRING TRAINING BASEBALL

\$175 per participant

Mon. – Thurs., March 21-24 10:00 A.M. – 11:00 A.M.

2nd – 4th GradeActivity # 190902-13

Mon. – Thurs., March 21-24 11:00 A.M. – 12:00 P.M.

5th & 6th Grade.....Activity # 190902-14

Mon. – Thurs., March 21-24 1:00 P.M. – 2:00 P.M.

7th & 8th Grade.....Activity # 190902-15

Mon. – Thurs., March 21-24 2:00 P.M. – 3:00 P.M.

9th - 12th Grade.....Activity # 190902-16

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

This camp is geared towards getting young players ready for Spring tryouts. The focus will be heavy on tryout preparation (pitching, hitting and fielding). One hour features compact sessions, focused on basics and fundamentals of the three most important aspects of the game. All grade levels will have plenty of time to prepare and get warm before each session. Player to coach ratio is 6:1.

Registration is open for these summer sports leagues! DEADLINE IS APRIL 29

VOLUNTEER COACHES ARE NEEDED

Volunteer coaches are needed for all youth sports leagues. If you sign up to be a coach, your child's registration fee will be refunded at the end of the season (one child per team coached). Please complete the box on the registration form if you are interested in coaching. If you have any questions contact Program Supervisor at 651-490-4753.



T-BALL & BASEBALL LEAGUES

Grade levels based on 2015-16 school year

(Must be 4 by June 1, 2016)

Games and practices last for one hour, starting at 6:00 P.M. or 7:15 P.M.

\$70; \$60 Shoreview Resident; \$20 late fee after April 29

Mini Sluggers (CoRec T-Ball), Ages 4-5
Tues & Thurs, June 2 – July 28.....**Activity # 390101-01**

Little Sluggers (CoRec Machine Pitch), Gr K-1
Tues & Thurs, June 2 – July 28.....**Activity # 390102-01**

Sluggers (CoRec Machine Pitch), Grades 2-3
Mon & Wed, June 1 – July 27.....**Activity # 390102-02**

This program is designed to introduce youth to the game of baseball. Each age level will include instructional practices and games. A pitching machine is used in the baseball leagues. The Little Sluggers age level is a blend of T-Ball and Baseball. At this level, children are transitioning from hitting off a tee to learning how to hit "live" pitching. There is a designated pitch count each at bat. A tee is brought in to assist the batter after the pitch count is reached. Children will receive a team shirt and hat. Parents will be informed of team assignment and first practice details shortly after the May 24 coaches meeting.

COACHES MEETING: Tuesday, May 24, 6:00 P.M.,
Shoreview Community Center

SUMMER SOCCER LEAGUES

Grade levels based on 2016-17 school year

(Must be age 4 by June 1, 2016)

Games and practices last for one hour, starting at 6:00 P.M. or 7:15 P.M.

\$70; \$60 Shoreview Resident; \$20 late fee after April 29.

Mini Mites CoRec, Ages 4-K
Mon & Wed, June 1 – July 27.....**Activity # 390201-01**
Team schedule will vary throughout the season, meeting 1-2 times per week.

Mites CoRec, Grades 1 and 2
Mon & Wed, June 1 – July 27.....**Activity # 390201-02**

Squirts CoRec, Grades 3 and 4
Tues & Thurs, June 2 – July 28.....**Activity # 390201-03**

Our summer soccer leagues focus on learning the basic skills, fundamentals and rules of soccer through fun filled practices and games against other teams. Players receive a shirt and are required to wear shin guards. Parents will be informed of team assignment and first practice details shortly after the May 23 coaches meeting.

COACHES MEETINGS: Monday, May 23, 6:00 P.M.,
Shoreview Community Center

IMPORTANT YOUTH SPORT LEAGUE INFORMATION

- You may request to be on a team with a friend, but that friend must request you as well. One special request per player, no chain requests will be allowed. All teammate requests must be submitted by the registration deadline. There is no guarantee that special friend requests can be honored.
- No requests, roster changes, or refunds will be honored after the registration deadline.
- A volunteer coach will contact you with your first practice time and location the week before practices begin. A detailed schedule for the whole season will be given out at the first practice.
- Practices and games will be held at various parks in Shoreview or neighboring cities.
- Every effort is made to balance the number of boys and girls in our co-rec league, dependent on requests and registrations.



ELEMENTARY TRACK

Grades 4th & 5th

\$55 for 5th grade; \$50 for 4th grade

Practice Days 3:30 P.M. – 4:30 P.M.

Track Meets 3:30 P.M. – 5:30 P.M.

Island Lake Elementary Gym – 1st Practice May 5

4th Grade **Activity #290408-01**

5th Grade **Activity #290408-02**

Turtle Lake Elementary Gym – 1st Practice May 2

4th Grade **Activity #290408-03**

5th Grade **Activity #290408-04**

On your mark, get set, have fun! Join your friends this spring in Elementary Track as we put fun in fitness. Participate in the high jump, 60-meter dash, relay events and much more! At the first practice a detailed schedule will be handed out with all the track practice and meet dates. Team shirts will be available for purchase from your track coach for a nominal fee.



FOOTBALL

Grades 1 to 3 4:40 P.M. – 5:40 P.M.

\$45 per participant

Island Lake Elementary - Gym

Mondays, April 18 – May 23 **Activity # 290407-01**

Turtle Lake Elementary - Gym

Wednesdays, April 20 – May 25 **Activity # 290407-02**

Huddle up, football is here! Kids will learn basic rules, strategies and skills to enjoy the game. Each week kids will participate in warm up exercises, drills and 2-hand touch or flag football games. Focus is on the fundamentals of the game, maintaining good sportsmanship and having FUN! No equipment is required.



SOCCER

Grades 1 – 3 3:30 P.M. – 4:30 P.M.

\$45 per participant

Island Lake Elementary Gym

Mondays, April 18 – May 23 **Activity # 290401-01**

Turtle Lake Elementary Gym

Wednesdays, April 20 – May 25 **Activity # 290401-02**

Learn the fundamentals of the fun and exciting game of soccer. Kids will build on their skills each week by participating in a variety of drills and games.

BASEBALL

Grades 1 – 3 3:30 P.M. – 4:30 P.M.

\$45 per participant

Island Lake Elementary Gym

Tuesdays, April 19 – May 24 **Activity # 290402-01**

Turtle Lake Elementary Gym

Thursdays, April 21 – May 26 **Activity # 290402-02**

This is a perfect way to get ready for summer's most popular game! Learn the basic skills and techniques in a fun, supportive atmosphere! Skills will include catching, throwing, fielding, hitting and much more! Sign up for this class today and get ready for a home run!



MINI KICKERS SOCCER CAMP

Ages 3 to 8.....\$75; \$70 Shoreview Resident
Saturdays, April 9 – May 14

Ages 6 to 8

9:00 A.M. – 9:45 A.M.....Activity# 290801-01

Ages 3 to 5

10:00 A.M. – 10:30 A.M.....Activity# 290801-02
10:35 A.M. – 11:05 A.M.....Activity# 290801-03

Shoreview Community Center Gym

Come out and learn the fundamentals of little kids' soccer. This is a great class for learning the basic skills and sportsmanship of soccer. John Swallen, former goalkeeper for the Minnesota Thunder, will teach youth through a variety of fun soccer games.



SPRING SPORTS WARMUP

Ages 4 – 7.....Commons Park*
\$48; \$43 Shoreview Resident

- * Soccer will meet at the small field by Skate Park.
- * TBall & Baseball will meet at field by tennis courts

Soccer Warmup

Wednesdays, April 27 – May 18.....5:30 P.M. – 6:20 P.M.
Ages 4 & 5.....Activity #290802-01

Wednesdays, April 27 – May 18.....6:30 P.M. – 7:30 P.M.
Ages 6 & 7.....Activity #290802-02

TBall Warmup

Thursdays, April 28 – May 19.....5:30 P.M. – 6:20 P.M.
Ages 4 & 5.....Activity #290804-01

Baseball Warmup

Thursdays, April 28 – May 19.....6:30 P.M. – 7:30 P.M.
Ages 6 & 7.....Activity #290803-01

Are you ready for summer sports? Come out and get a head-start on this summer, learn the basic skills of soccer and baseball through small group activities and fun games. Classes are held outside; please dress appropriately for the weather.

Any cancelled classes will be made up the week of May 23.

MUSTANG GIRLS SPRING BASKETBALL SKILLS CAMPS

Grades K-6 (2015-16 school year)
Island Lake Elementary

Girls, Grades K-3

Mondays, April 4-25.....6:00 P.M. – 7:00 P.M.
\$40 per participant.....Activity # 290907-01

Girls, Grades 3-6

Mondays, April 4-25.....7:00 P.M. – 8:30 P.M.
\$55 per participant.....Activity # 290907-02

Join Mounds View High School Girls Head Basketball Coach Dave Montgomery and current Mounds View players in a four-week skill-development session. This is a great way to keep improving fundamentals in the offseason. Each session will be age-appropriate and will challenge players to improve multiple elements of their game. Focuses will be on ball-skills, shooting form and footwork.



WEATHER LINE

Weather line (651-490-4765) is updated by 3:30 P.M. After 3:30 P.M., the decision to hold class will be made on the field by the instructor.

SPRING TENNIS LESSONS

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels. Using USTA QuickStart tennis curriculum, instructors will help participants progress from basic skills through intermediate skills. Participants should bring their own racquet and water bottle. Sign up with a friend or family member. Meet other players, develop your skills, get some exercise – and, most of all, have fun! Tennis balls are provided. Weather cancellations will be made at the court by the instructor.

PRIVATE LESSONS

Individual Private Lessons (60 minutes)
Five lessons: \$180; \$170 Shoreview Resident
..... **Activity # 290602-01**

Individual Private Lessons (90 minutes)
Five lessons: \$260; \$250 Shoreview Resident
..... **Activity # 290602-02**

Semi Private Lessons (60 minutes)
Five lessons: \$100; \$90 Shoreview Resident
(Each participant pays registration fee and must enroll with a partner) **Activity # 290603-01**

Semi Private Lessons (90 minutes)
Five lessons: \$145; \$135 Shoreview Resident
(Each participant pays registration fee and must enroll with a partner) **Activity # 290603-02**

Personalized high-quality tennis instruction for players who want to improve their court game. This program offers one-on-one tennis instruction for the casual or avid tennis player. Our instructors will help you work on your ground strokes, serves, volleys, lobs, and smashes in an individual setting. Semi private lessons are for two participants of equivalent ability. Participants must enroll with a partner for semi-private lessons.

Please note: Our instructors have other job responsibilities outside of the individual tennis instruction. They come specifically to teach tennis to individuals. For this reason, please note that notice of any cancellation must be given 24 hours in advance, or you will forfeit the session.



GROUP LESSONS

Saturdays, April 23 – June 4 (no class May 28)
If necessary, *make-up lessons held June 11 and 18.*

Youth Group Lessons: \$67; \$57 Shoreview Resident
Wilson Park, 815 County Road F

Pee Wees
9:00 A.M. – 9:45 A.M. **Activity # 290606-01**

Beginners
10:00 A.M. – 10:55 A.M. **Activity # 290607-01**

Advanced Beginners
11:00 A.M. – 11:55 A.M. **Activity # 290608-01**

Intermediate
12:00 P.M. – 12:55 P.M. **Activity # 290609-01**

PeeWees
Ages 5 to 7
Peewees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual’s pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

Beginners
Ages 7 to 11
For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.

Advanced Beginners
Ages 9 to 11
Perfect for the player who has taken lessons, but needs stroke and technique improvement. Instruction focuses on stroke consistency and introduces new strokes.

Intermediate
Ages 11 to 14
For youth with dependable strokes who have completed advanced beginner class. Instruction will focus on court coverage, game strategy, stroke use and much more.

SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

Program Information

Softballs and umpires are provided for all games. Summer league game times are 6 and 7 P.M. (some 8 P.M. and 9 P.M. games in combined leagues). Leagues consist of 20 doubleheader games and a season ending single elimination playoff. League fees include USSSA Sanctioning fees and sales tax.

*All leagues run in collaboration with Adren Hills Parks and Recreation. **Registration deadline is March 25.**

Softball League Descriptions

Men's Recreation E: Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

Men's Recreation D: Better teams. Many of the players hit well. Team capable of scoring many runs. Three home runs per team.

CoRec D: Average teams. Teams have players with broad range of ability levels. Three home runs per team. CoRec leagues use an 11-inch softball for women and a 12-inch softball for men.

Managers Meeting

This meeting is required for all teams registered in Shoreview's leagues. Schedules, rules, information and game balls will be handed out.

Thursday, April 7.....6:00 P.M.
Shoreview Community Center

Softball League Information

League	Day	Start Date	Games	Early Bird by 3/4 after 3/4	Activity #
CoRec D	Mon	4/18	20 Games: Doubleheaders & Playoffs	\$690 \$740	220801-01
Men's E	Tue	4/19	20 Games: Doubleheaders & Playoffs	\$650 \$700	220801-02
Men's D	Wed	4/20	20 Games: Doubleheaders & Playoffs	\$650 \$700	220801-03
CoRec D	Thu	4/21	20 Games: Doubleheaders & Playoffs	\$690 \$740	220801-04

ADULT DROP-IN VOLLEYBALL

Rate: Daily admission or free to members

Mon, Tues, Thurs..... 12:00 P.M. – 1:00 P.M.
Sunday.....8:00 A.M. – 12:00 P.M.

Shoreview Community Center Gym

DROP-IN PICKLEBALL

Ages 18 and up

Monday – Friday.....8:30 A.M. – 11:00 A.M.
Sept. 8 – May 27 \$3 or free to members

Closed Nov. 26, Dec. 24 & 25

Shoreview Community Center Gymnasium (4 courts)
4580 Victoria St. N.

Wednesdays..... 6:00 P.M. – 9:00 P.M.
Oct. 7 – April 27 \$3 per person

Closed Nov. 25 & Dec. 23

Island Lake School Gym (6 courts)
3555 Victoria St. N.

Gym reserved exclusively for pickleball during these dates and times.

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about as current players will teach you all about the fastest growing sport in America. We have the equipment, just drop by.



SHOREVIEW AREA PICKLEBALL CLUB

\$15 Annual Membership.....Activity # 520200-01

We're happy to welcome you to the fastest growing sport for adults in the Country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Members will have the option to purchase a club t-shirt for an additional fee. Membership is good for 2016 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.

Bobby Theisen Park (6 dedicated pickleball courts)

*Monday – Friday.....8:00 A.M. – 11:00 A.M.
*For experienced players

**Tuesday, Thursday & Sunday 6:00 P.M. – 8:00 P.M.
**For all skill level players

Commons Park (4 courts striped on tennis courts)

***Monday, Wednesday & Friday9:00 A.M. – 11:00 A.M.
***For beginner and social players

FREE ACTIVITIES AT THE COMMUNITY CENTER

500

Mondays at 12:30 P.M. **Activity #500603-01**
No partners required

Bingo

One Wednesday monthly at 1:00 P.M. **Activity #500605-01**
\$0.25 per card (no max)
February 24, March 30, April 27, May 25

AARP SMART DRIVER COURSE

The AARP Driver Safety Program is designed for motorist's age 55 and older. Upon completion of one of these seminars, you will be entitled for a discount on your auto insurance premium. **For the first time, one attends the 8-hour seminar.** To retain the insurance premium discount, everyone should attend the 4-hour refresher seminar every 3 years. Please bring your current driver's license with you. Seminars are taught by AARP trained volunteers.

Registration deadline is 3 days prior to the class. AARP member cards must be presented at the time of registration to qualify for member rates. This rate includes a Shoreview administration fee.



2016 Courses

8 Hour Evening Course 5:30 P.M. – 9:30 P.M.

AARP Member Rate: \$26; Non-Member Rate: \$31
Monday, February 22 and Wednesday, February 24

..... **Activity # 150204-01**

Monday, April 25 and Wednesday, April 27

..... **Activity # 250201-06**

4 Hour Day Course..... 9:00 A.M. – 1:00 P.M.

AARP Member Rate: \$24; Non-Member Rate: \$29

Tuesday, January 12..... **Activity # 150201-02**

Tuesday, February 9..... **Activity # 150201-04**

Tuesday, March 1..... **Activity # 250201-01**

Tuesday, April 12..... **Activity # 250201-03**

Tuesday, May 10..... **Activity # 250201-04**

4 Hour Evening Course 5:30 P.M. – 9:30 P.M.

AARP Member Rate: \$24; Non-Member Rate: \$29

Wednesday, January 27..... **Activity # 150201-03**

Wednesday, March 23..... **Activity # 250201-02**

Wednesday, May 25..... **Activity # 250201-05**

AARP TAX AIDE

Income Tax Aide..... **Activity # 100601**
Wednesday, February 3 – April 13 9:00 A.M. – 1:00 P.M.

Property Tax Aide **Activity # 100602**
Wednesday, April 20 9:00 A.M. – 1:00 P.M.

Shoreview Community Center

AARP's Tax Aide volunteers will provide FREE tax assistance to seniors and low income taxpayers. The trained volunteers can complete basic tax forms and answer your tax questions. **Bring your current tax records, last year's tax return, Social Security Card and Picture ID.** Income tax aid appointments are approximately 1-hour and property taxes are approximately 30-minutes. Please visit our website at www.shoreviewcommunitycenter.com or call 651-490-4750 to make an appointment. Appointments are necessary and will be reserved on a first come, first serve basis as space is limited.

If you are interested in volunteering as a member of the AARP Tax team contact District Coordinator, Tom Leiser at 651-483-5162. No experience necessary, and an extensive IRS approved training program is provided.



SENIORFIT

The Shoreview Community Center is dedicated to helping seniors stay active and fit. SeniorFIT group exercise classes offer you the best opportunity to stay on track toward your health and fitness goals. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. Any participant may register for these classes, however, these classes are only free to individuals with an annual senior membership. Please see page 38 for SeniorFIT classes.



THE BEST GENEALOGY RESOURCES ON THE INTERNET

Tuesday, April 5 6:00 P.M. – 7:30 P.M.
 \$35; \$30 Shoreview Resident..... **Activity # 200203-01**

Deadline to Register: Tuesday, March 29

Location: Shoreview Community Center

This class will help you get the most out of two of the best genealogy sources on the internet, familysearch.org and ancestry.com. We will explore the new enhancements on both websites as well as take a look at the new records that have become available over the last two years. Feel free to bring your laptop along and join the search for your family.



HOW TO USE GENEALOGY SOFTWARE TO TELL YOUR FAMILY STORY

Wednesday, March 16..... 6:00 P.M. – 7:30 P.M.
 \$35; \$30 Shoreview Resident..... **Activity # 100201-02**

Deadline to Register: Wednesday, March 9

Wednesday, May 25..... 6:00 P.M. – 7:30 P.M.
 \$35; 30 Shoreview Resident **Activity # 200203-02**

Deadline to Register: Wednesday, May 18

Location: Shoreview Community Center

Learn how to organize your family tree information using software and the ancestry.com website. You will learn how to start your family tree and add documentation, as well as photos and stories. You will be able to print pedigrees and your family history for yourself and family members. Create a book to tell your story.



SOCIAL MEDIA: HOW TO USE FACEBOOK AND TWITTER

Tuesday, April 5 1:30 P.M. – 3:30 P.M.
 \$20; \$15 Shoreview Resident..... **Activity # 200212-01**

Deadline to Register: Tuesday, March 29

Location: Shoreview Community Center

Learn the basics of navigating facebook and twitter. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, laptops or smart phones are welcome to bring to class. Media devices are not necessary but highly recommended. A social media guide will be given out to each participant.



SOCIAL MEDIA: HOW TO USE PINTEREST AND INSTAGRAM

Thursday, March 24 1:30 P.M. – 3:00 P.M.
 \$20; \$15 Shoreview Resident..... **Activity # 100202-02**

Deadline to Register: Thursday, March 17

Thursday, May 12..... 1:30 P.M. – 3:00 P.M.
 \$20; \$15 Shoreview Resident..... **Activity # 200224-01**

Deadline to Register: Thursday, May 5

Location: Shoreview Community Center

Learn the basics of navigating pinterest and instagram. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, laptops or smart phones are welcome to bring to class. Media devices are not necessary but highly recommended. A social media guide will be given out to each participant.

BINGO & BANANA SPLITS

Thursday, March 10 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 200504-01**

Deadline to Register: Monday, March 7

Location: Shoreview Community Center

Join us for a great afternoon of fun; shake off the winter blues with banana splits and bingo! We will have lots of prizes to give away, and one lucky winner will walk away with a gift card to Cub Foods.



MYSTERY TRIP TO NORTHFIELD & LUNCH

Thursday, April 14 8:30 A.M. – 4:30 P.M.
\$75; \$70 Shoreview Resident **Activity # 200305-01**

Deadline to Register: Friday, April 1

Bus will leave the Shoreview Community Center 8:30 A.M.

Join us as we make our way down to Northfield, Minnesota for a day full of adventure. We will take in 1800s architecture throughout the community and take in the history of the bluffs. Bring some extra money for those treasures you might find! (Price Includes Transportation, Lunch, Tour admissions, and SVCC escort).

SPRING TEA

Thursday, May 19 1:30 P.M.
\$16; \$14 Shoreview Resident **Activity # 200509-01**

Deadline to Register: Friday, May 13

Location: Shoreview Community Center

It's time for the Annual Spring Tea! Don your fanciest attire and your favorite Spring hat. Bring a teacup and teapot if you have one to share! We will serve a variety of teas and many delicate appetizers. Pre-registration is required. No walk-in registrations allowed.

KNITTING – BEGINNING

Wednesdays, April 6 – May 11 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident **Activity # 200202-01**

Deadline to register: Wednesday, April 1

Shoreview Community Center

Come learn the basic knitting techniques and how to read patterns. Also you will learn the correct way to hold the needles, count stitches, and pick up dropped stitches. Please bring a small scissors and zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$20.00 the first night. Please, do not bring your own materials.



CROCHETING – BEGINNING

Thursdays, April 7 – May 12 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident **Activity # 200201-01**

Deadline to register: Wednesday, April 1

Shoreview Community Center

Come learn the basic crocheting techniques and how to read patterns. Also, you will learn the correct way to hold the hook and count stitches. Please bring a small scissors and a zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$10.00 the first night. Please, do not bring your own materials.

Jobs that Fit Your Lifestyle!



Part-time ♦ Flexible Hours ♦ Fun People

Adventure Quest Playground Coordinator: Oversee summer program including program development, staff supervision and communication with parents. Background in recreation and supervisor experience preferred. 8am-4:30pm. June-Aug. \$12-14/hr. Must commit for entire summer.

Adventure Quest Playground Instructors: Lead pre-school & elementary age children in Summer playground program including sports, crafts, games, storytelling, songs & special events. Experience working with children and elementary course work desired. June-Aug. Daytime hrs. \$9.50-10.50/hr. Must commit for entire summer.

Child Care Attendants: Provide care for children ages 6 months to 12 years in our drop-off childcare center at the Shoreview Community Center. Experience working with pre-schoolers pref. M-F: 8am-12:30pm & Evening hrs 4-9pm. Sat: 8am-12:30pm. Currently looking to fill evening hours & Saturday morning. \$9-9.75/hr.

Fitness Instructors: All formats including cardio-kick, cycling, kettle bells, ballet fitness, strength training, water exercise, yoga, pilates, and dance-based fitness classes. Certification required. Morning, afternoon, evening and weekend hours available. \$22-33/class.

Guest Service/Memberships: Introduce potential members to facility, features and membership benefits; retain members through follow-up calls and direct mail; provide rental information; operate in lead capacity at our Service Desk; troubleshoot guest issues and concerns; operate cash register and computer. \$10.75-11.50/hr.

Gymnastics Instructors: Teach beginning to intermediate level classes. Previous teaching, gymnastics experience and knowledge are preferred \$10-11.50/hr. Saturday hours available.

Lifeguards: Lifeguard in a tropical paradise at our beautiful indoor pool. No experience required. Training is provided for Ellis Certification. Ensure the safety of pool guests by preventing and responding to emergencies. Lifeguards needed for morning, afternoon, weekend and evening hours. \$9.50-11.50/hr. School year M-F daytime (5am-4pm) \$11/hr.

Personal Trainers: Our emphasis is on helping people meet their fitness goals. Generate client base and providing one-on-one personalized fitness consultations, education, & motivation to clients. Design safe, effective workouts & work on general health, sports specific conditioning, and general fitness. Nat'l training certification required. \$19-23/hr.

Seasonal Maintenance Workers: Parks, Streets and Utilities are hiring full-time summer help to perform general labor such as landscape and grounds care, street maintenance and repairs, water/sewer mtce. Must have HS diploma or GED, be 18+ yrs of age, lift/move 50-100 lbs. \$11.50-13.50/hr.

Service Desk: Work in a fast-paced environment assisting guests on the phone and in-person, operate cash register and reconcile cash, enter memberships into computer, handle a variety of information, assist with concessions when needed. \$9.50-10.50/hr.

Summer Discovery Coordinator: Oversee summer child care program. Duties include program development, staff supervision, communication with parents. Previous childcare or youth instruction experience required. Background in elementary education and supervisory exp pref. Weekdays, M-F. Hours vary between 6:00 am-6:30 pm. May-Aug. \$13-15/hr. Must commit for entire summer.

Summer Discovery Instructors: Supervise and care for children grades K-6 in full-day childcare. Plan and implement program activities ranging from arts & crafts to sports instruction, and field trips. Weekdays, M-F. Hours vary between 6:15am-6:15pm. Mid-May-Aug. \$10-11.50/hr. Must commit for entire summer.

Sports Instructors: Instruct elementary age children in a variety of sports including t-ball, floor hockey, soccer, kick-ball, flag football, and basketball. A general sports background/knowledge and a desire to teach children basic sports skills required. Weekday afternoons approximately 3:15-5:40pm. 5 hrs/wk. April-May. \$10.50-13.50/hr.

Swimming Instructors (we will train): Instructors needed for morning and early evening lessons at the Community Center pool. Mon-Sun. \$9.50-13/class (35 min classes).

Tennis Instructors: Instruct youth and adults in beginning thru advanced tennis classes. Previous teaching experience along with playing experience desired. Weekday mornings and evenings, April-August. \$14-16/hr. DOQ

Youth Soccer Officials: Officiate soccer league games for children. Knowledge of soccer rules, previous officiating experience desired, soccer playing exp preferred, good interpersonal skills. Must be age 16 or older. June-July weekday evenings; Saturday mornings; \$15-25/game.

Wave Cafe: Attendants prepare food orders, operate a cash register, maintain a clean work area, stock supplies, clean tables and help keep the lobby area neat. Daytime (school year) \$9.50-10.50/hr. Eves/weekends (summer) \$9.25-10/hr.

Apply at: www.shoreviewmn.gov
Shoreview Parks & Recreation
4580 North Victoria Street, Shoreview MN
651-490-4750. Equal Opportunity Employer



FREE
Community Center
Membership!



MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7431.

FOOD SHELF DONATIONS

The Community Center is a year-round drop-off site for the Ralph Reeder Food Shelf. When you pack your gym bag, include a non-perishable food item to contribute to the food shelf. Look for the green bins. Thank you!

NORTHEAST YOUTH AND FAMILY SERVICES

Northeast Youth and Family Services, a non-profit social service agency based in Shoreview, serves residents of the northern suburbs. Services include mental health counseling for youth and adults, employment programs for at-risk youth, parenting support groups, and chore services for seniors. For a full listing of programs and services, please visit our web site at www.nyfs.org or call us at 651.486.3808.

SENIOR CHORE SERVICE

Need assistance with household chores? Students ages 12 to 17 are available to assist with mowing, snow shoveling, housecleaning and other projects on a one-time, weekly or monthly basis. Rates are affordable and financial assistance is available to eligible seniors to offset the cost. Call Debbie at 651.379.3451 to arrange for chore service.



ATHLETIC ASSOCIATIONS

Irondale Baseball League

www.iblbaseball.com

Irondale Girls Fastpitch Association

www.knightsfastpitch.org

Irondale Youth Hockey Association

www.iyhaleague.org

Iron Mustang Wrestling

www.ironwrestling.com

Mounds View Basketball Association

www.moundsviewbasketball.com

Mounds View Area Youth Lacrosse Association

www.mvaylax.org

Mounds View Softball Association

www.moundsview.softballsystems.com

Mounds View Youth Hockey Association

www.moundsview.pucksystems2.com

Mounds View Youth Football League

www.moundsviewyouthfootball.org

North Suburban Aquatic Club

www.nsmakos.org

North Suburban Soccer Association

www.nssasoccer.org


Roseville Area Youth Hockey

www.rosevillehockey.org

Shoreview Area Youth Baseball

www.sayb.org

PARKS & FACILITIES

Shoreview Recreation Areas  Web Page: www.shoreviewmn.gov		Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Indoor Pickleball Courts	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Skating, Speed	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball	Circuit Training
Bobby Theisen Park 3575 Vivian Ave.		15		1						6						1		2		
Bucher Park 5900 Mackubin Street		25	2	1												1		2		
Lake Judy Park 900 Tiller Lane		5		1/2																
McCullough Park 955 County Rd I		75	2	1							With grill					1		2		
Ponds Park 190 Sherwood Road		1									Table only									
Rice Creek Fields 5880 Rice Creek Parkway		10	4																	
Shamrock Park 5623 Snelling Ave.		23	2	1							With grill					1		2		
Shoreview Commons and Community Center 4580 North Victoria		40	2	1					4	2	With grill					1		2		
Sitzer Park 4344 Hodgson Road		8	2	1							With grill							2		
Wilson Park 815 County Road F		13	2	1							Tables Only With grill									2

SWEETROLL SKATE PARK

The SweetRoll is a tier-one skating facility, located on the north side of the Shoreview Community Center, 4580 Victoria Street North, adjacent to the paved trail that runs under Highway 96. This allows access to the SweetRoll via the City of Shoreview's 41 miles of paved trails. The attractions include a wedge, a spine, a fun box, a quarter pipe, grind rails, and a mini ramp. The Skate Park will be open for inline skaters and skateboarders during the times listed below.

Park Hours Hours subject to change.

Monday–Friday

3:30 – 8:00 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Saturday

9:00 A.M. – 7:30 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Sunday

9:00 A.M. – 5:30 P.M. School Year & Summer

The following are operated by Ramsey County Parks. 651-748-2500 www.co.Ramsey.mn.us		Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
Island Lake County Park 3611 Victoria Street		167											
Lake Owasso County Park 370 N. Owasso Blvd.		9											
Shoreview Ice Arena 877 Highway 96 (Hockey only)													
Snail Lake Regional Park 580 Snail Lake Blvd.		400											
Turtle Lake County Park 4979 Hodgson Road		9											

For detailed park info and maps, visit www.GoRamsey.org

Spring Registration Schedule Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Monday, March 7 at 8 A.M.

Annual Community Center Member Registration

Begins Wednesday, March 9 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, March 11 at 8 A.M.

How to Register:

1. On-line at www.shoreviewcommunitycenter.com
2. Mail in to: Shoreview Parks and Recreation
4580 Victoria St N
Shoreview, MN 55126
3. Fax to 651.490.4797 (credit card payment only)
4. Drop-off at our office, Community Center Service Desk, or City Hall drop box
5. In-person during normal business hours: M-F, 8 A.M. – 4:30 P.M.

Registering on-line is easy!

1. Go to www.shoreviewcommunitycenter.com and click "Member Login".
2. Login with your user name and password
 - If you have never used our system before, you may create an account on-line
 - If you are unsure of your user name or password and you do not have an email address on file with us, contact us at 651.490.4750.
3. Click on "Browse Activities" or "Activity Type"
4. Search for a program
5. Click the "add to cart" button and "enroll now" located at the bottom of the screen. You can enroll in multiple classes or register multiple participants at a time.
6. Continue shopping or proceed to check out.

Register Early!

Space is limited in most activities.

Registration Information

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

1. Drop-off points include:
 - a. The Parks and Recreation Reception Desk, Monday through Friday, 8:00 A.M. to 4:30 P.M.;
 - b. The Shoreview Community Center Service Desk,
 - c. The after-hours payment box, to left of front door of City Hall.
2. Occasionally, activities are filled. To help continue the immediate processing of your enrollment, please indicate a second choice. If your first choice is full, we will call or email you confirming enrollment in your second choice.
3. A resident is defined as an individual whose legal residential address is within the City of Shoreview.
4. Activity fees may not be pro-rated.
5. Make all checks payable to the City of Shoreview. Visa or MasterCard are accepted.
6. Registrations will be processed at the Parks and Recreation desk from 8 A.M. to 4:30 P.M. Participants are notified if classes are filled or canceled. If a class is canceled due to insufficient registration, a refund check will be mailed to you. Confirmations will be issued only by e-mail. You can view your class confirmation information on-line. On-line registrations receive a higher priority than registrations that are in-person, mailed, faxed, or dropped off.
7. The City of Shoreview supports participation by persons with disabilities. Please include information about any accommodations you need.
8. Refunds may be issued when requested 5 working days before the activity or class begins unless otherwise noted in the class description. A service charge of \$5 will be deducted from refunds for classes priced up to \$100. A service charge of \$10 will be deducted from refunds for classes priced over \$100.
9. Financial aid for qualifying residents with financial limitations is available.
10. Voice/TDD: 651.490.4750.
11. Periodically, the City of Shoreview will take pictures or videotapes of participants while they are engaged in programs, activities, or special events or while enjoying parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, on local cable television, and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.



Program Registration Form

Shoreview Parks & Recreation Dept. | 4580 Victoria Street North | Shoreview, MN 55126
 Phone: 651.490.4750 | Fax: 651.490.4797 | Web: www.shoreviewcommunitycenter.com



Please fill out the form below completely. An incomplete form may delay your registration. If you prefer, you may register online at: <https://registration.shoreviewmn.com> or scan the QR code with your smartphone.

LAST NAME (PRIMARY) _____ FIRST NAME (PRIMARY) _____ HOME PHONE (AREA CODE) _____

ADDRESS _____ CITY _____ ZIP _____ CELL PHONE (AREA CODE) _____

E-MAIL ADDRESS _____ EMERGENCY CONTACT _____

Participants Last Name/First	M/F	Birthdate	Activity Number	Activity Name	Activity Day/Time	Fee \$

Are you a Community Center Annual member? Yes No Total Amount Enclosed \$ _____

YOUTH SPORTS LEAGUES *(Please fill out completely)*

Special requests for teammates are NOT guaranteed and are limited to ONE REQUEST PER PLAYER. Group and/or chain requests will not be honored. The City encourages players to make new friends and develop social skills. If you sign up as a head coach, your child's registration will be reimbursed after the season is completed.

School child attends: _____

Grade (2016-2017 school year): _____

Child shirt size: Youth / Adult S M L XL

Teammate request name: _____

I would like to coach: Y N shirt size: S M L XL XXL

Coach Name: _____

PAYMENT TYPE If paying by credit card, please circle type.

Cash Check # _____ Credit Card

Checks Payable to "City of Shoreview"

Card # _____ Exp. Date _____

CVV Code _____ Signature _____
(3 digit code on back)

Billing address is different from above (Please include billing address)

Special Needs/ Allergies/ Etc: _____

WAIVER AND PERMISSION: In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number), is considered private data and not giving the information may limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.

Signature: _____ Date: _____

Your signature indicates you have read the registration information and understand all information relevant to your program choice.

SUMMER PREVIEW

2016

Shoreview Parks and Recreation offers a wide variety of Summer programs for you and your family. Check your mailbox for the Summer Shoreviews late April!

ADVENTURE QUEST ACADEMY
June 13 - August 5
We will trek through the Summer exploring our parks through sports, crafts, games, and other special events.
Adventure Quest Carnival Come one, come all, join us for a carnival! We host this annual carnival for all to enjoy!

SHOREVIEW FARMERS' MARKET
Tuesdays
June 14 - Sept. 20.....3:00 - 7:00 P.M.
Sept. 27 - October 18.....3:00 - 6:00 P.M.
Now accepting vendor applications!
To receive an application for our Summer market contact Stephanie at 651.490.4734, sschutta@shoreviewmn.gov or download an application at www.shoreviewmn.gov.

SPECIAL EVENTS
Wet and Wild Waterslide
June 24 & July 22..... 12:30 - 2:30 P.M.
Join us on select Friday afternoons at Commons Park and slip down our giant waterslide!
Friday Fundays & Field Trips Adventure out with us this Summer on Fridays for field trips and theme days as we visit hot spots of the Twin Cities.
Puppet Wagon The puppet wagon will be performing at various parks throughout the Summer. Look for more information in the Summer Shoreviews.

FRIDAY NIGHT FLIX
August 12, 19 & 26.....Dusk
Bring your blankets and popcorn, and join us Friday evenings, at dusk, at the Haffeman Pavilion for family friendly movies! Visit our website for movie info, and to vote for the August 26 movie!
shoreviewcommunitycenter.com/programs/special-events/friday-night-flix

CONCERT IN THE COMMONS
June 15 - August 17.....7:00 P.M.
Come join us Wednesday nights as we celebrate with a Summer full of music for the whole family! Bring your blanket and a picnic dinner and make it a tradition.

SUMMER CAMPS
We have the Summer camp for your child! These camps are instructed by experienced coaches, teachers, and highly trained instructors. Your child will expand their knowledge, practice skills, and have a great time! Camps include volleyball, basketball, soccer, skateboarding, bowling, SNAG golf, flag football, and more!

Questions? Contact us:
www.ShoreviewCommunityCenter.com | 651.490.4750



City of Shoreview
 4600 Victoria Street North
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Shoreview

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