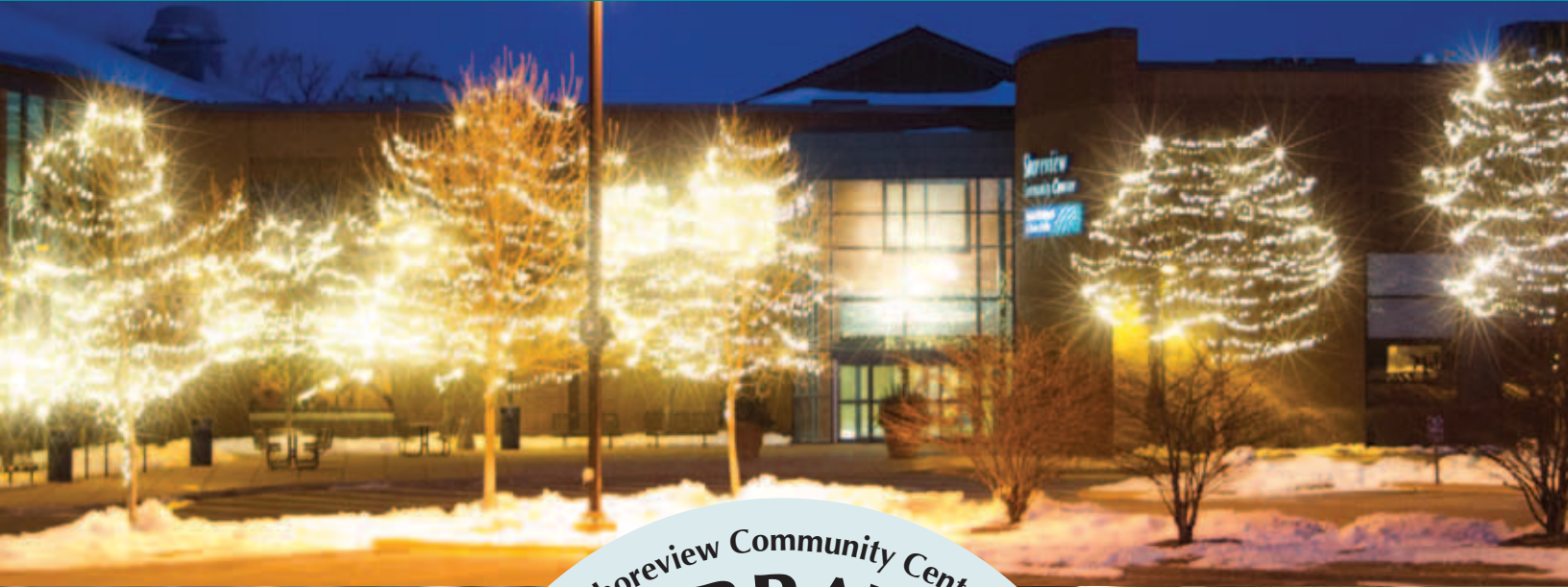


SHOREVIEWS

2015 Winter Recreation Catalog



Shoreview Community Center
CELEBRATING
25
Years



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City Hall	651.490.4600
Community Center	651.490.4700
Parks and Recreation	651.490.4750
Building Permits	651.490.4690
Code Enforcement	651.490.4687
Forestry	651.490.4650
Human Resources	651.490.4619
Planning and Zoning	651.490.4680
Recycling	651.490.4650
Sewer & Water Maint/Svcs	651.490.4661
Streets	651.490.4671
Utility Billing	651.490.4630

Police
 Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwood Drive, Arden Hills, MN 55112.
For non-emergencies call 651.484.3366
For emergencies call 911

Fire
 Fire protection is provided by the Lake Johanna Fire Department.
For emergencies call 911 Dispatch
Non-emergency 651.767.0640

City Officials
Sandy Martin, Mayor
 444 Lake Wabasso Court
 Office: 651.490.4618
 smartin@shoreviewmn.gov

Emy Johnson, Council Member
 4700 Lorinda Drive
 Cell: 763.443.5218
 ejohnson@shoreviewmn.gov

Terry Quigley, Council Member
 1212 Silverthorn Court
 Home: 651.484.5418
 tquigley@shoreviewmn.gov

Ady Wickstrom, Council Member
 1252 Silverthorn Drive
 Home: 651.780.5245
 awickstrom@shoreviewmn.gov

Cory Springhorn, Council Member
 173 Dennison Ave.
 Cell: 651.403.3422
 cspringhorn@shoreviewmn.gov

Terry Schwerm, City Manager
 Office: 651.490.4611
 tschwerm@shoreviewmn.gov

Access Shoreview
 Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at www.shoreviewmn.gov.

SHOREVIEW WINTER FUN!

NEW! Indoor Farmers Market

Beat the cold and join us INSIDE the Shoreview Community Center for our new Indoor Farmers' Market! Vendors will offer a variety of baked goods, produce, salsa, jams and more.

Tuesdays in the Community Room
 November 17..... 3-6 P.M.
 December 15..... 3-6 P.M.
 January 19..... 3-6 P.M.
 February 16..... 3-6 P.M.



Holiday Tree Lighting Ceremony



Shoreview Community Center • November 16, 2015 at 6:00 P.M.

Join us as City officials light the grounds at the Shoreview Commons, and student choirs from Turtle Lake Elementary provide holiday caroling. Refreshments will be served after the ceremony. For more information, please call 651.490.4613.

Family New Year's Eve Party

Shoreview Community Center
Thursday, December 31st,
5:30 P.M. to 8 P.M.
Balloon drop at 7:45 P.M.

Join us as we ring in the New Year with a Caribbean Carnival!
 See inside back cover for more info.



On the Cover: The Shoreview Community Center opened its doors to the community on Nov. 5, 1990. It celebrates its 25th Anniversary with a special celebration, Nov. 20-21, 2015. See pages 3-4 for more details.

Celebrate 25 Years With Us!

A lot has happened in the past 25 years: The World Wide Web was invented, the U.S. has had four Presidents and there have been 6 Summer Olympic Games. We've seen the advent of the 24/7 news cycle, the move from enormous mobile phones to "smart" phones and the rise of social media.

AND – on November 5, 1990 – the Shoreview Community Center opened its doors to the public for the first time. As one of the first multi-purpose community recreation facilities in the State of Minnesota, it was meant to serve as a central gathering point for recreational, cultural and social events in our community. As Mayor Sandy Martin (and member of the Community Center design committee) remarked, "Our Community Center has not only met this goal, but greatly exceeded it."

From the popular Tropics Indoor Water Park and Tropical Adventure Indoor Playground, to the state-of-the-art Fitness Center, the Community Center offers something for everyone. "The Community Center has put Shoreview on the map and provided a truly unique facility that has enhanced the quality of life for our residents," said Mayor Martin.

The Community Center hosts numerous recreation programs such as swimming lessons and group fitness classes, preschool and full-day summer child care, Pickleball and our extremely popular Farmers' Market. The Community Center also provides banquet and facility rentals that contribute toward hosting more than 700,000 visitors annually.



To celebrate its 25th Anniversary, the Community Center will be hosting a special celebration on November 20-21. The festivities kick off with one of our famous family-friendly Dive-In movie nights on Friday at 7 P.M. Watch a beloved flick from 1989-90 as we feature a throwback to one of Disney's most cherished films, while also enjoying the Tropics Indoor Water Park.

The milestone celebration will continue on Saturday, November 21 from 1 P.M. to 4 P.M., when our individual daily admission prices will be rolled back 25 years to their 1990 levels! This will be complemented with special family activities. The celebration will include a inflatable obstacle course in the gym, face painting and balloon animals, as well as access to the Tropics Indoor Water Park and Tropical Adventure Indoor Playground. There will also be free cake and other refreshments and specials at the Wave Café.



Friday, November 20
Dive-In Movie: 7:00 P.M.

Saturday, November 21
25th Anniversary Celebration
Events: 1:00 P.M. – 4:00 P.M.

- Obstacle Course
- Face Painting
- Balloon Animals
- Prices rolled back 25 years!



Did You Know?

- The original pool did not have giant sea creature floatables, a water walk, or a slide in the zero-depth area. In 1996, floatables, a boat slide and other water features were added to help transform the pool area into more of a water park.
- The fitness center was originally located poolside in today's birthday party rooms.
- The new banquet room, the Shoreview Room, was added in 2003. The fireplace was originally on the opposite side of the room.
- There were lots of renovations in 2003 including updating the café area, birthday party rooms and service desk. A major addition included today's fitness center, aerobic fitness studios and adult locker rooms. The outdoor pavilion (today's Haffeman Pavilion) was also constructed.
- The Shark Attack waterslide was added in 2004.
- In 2009, the Tropical Adventure Indoor Playground was constructed.



Shoreview Community Center
CELEBRATING
25
Years

New Shoreview County Library Project Underway

Construction has begun on a new county regional library in the Shoreview Commons near the northeast corner of Highway 96 and Victoria Street. The new Shoreview Library is being designed as a regional library, and will include public library and community space, as well as administrative offices for the entire County Library system (currently located in the existing library). The existing library building is being purchased by the Mounds View School District, and will be renovated to accommodate their district administrative services.

The Shoreview project is the final piece of a capital improvements program by Ramsey County to upgrade the suburban library system. In 2008, the Library Facilities Master Plan determined that the northern suburbs are underserved



View from corner of Victoria Street and Highway 96



View from parking lot of Shoreview Ice Arena

in terms of library hours, programs and services. Ramsey County Library is solving this problem by creating a third regional library in the northern part of the county. The library in Shoreview is the third-biggest and third busiest library in the system making it the most cost effective option to transition to a regional library, joining Roseville and Maplewood.

The County building project will cost approximately \$15.8 million, and will include the following features in the new Shoreview Regional Library:

- Expanded hours
- Expanded square footage
- Bigger children's area
- Expanded teen services: a teen librarian, bigger space and additional programs
- State of the art technology
- Technologies to enhance learning, e.g. laptop checkout, iPad lab, teen maker tech
- Twice as many Internet terminals
- Larger community program room - will seat 100 people
- Expanded adult programming including history, technology, arts and literature events
- More study and collaborative group spaces
- Amenities such as a fireplace and artwork
- Green building using Minnesota B3 sustainability guidelines
- More efficient workflow decreasing wait time for materials
- Easily accessible, automated book drop

The County is pursuing a design-build process for the Shoreview Regional Library. The existing library will continue to operate throughout the construction until closing in December 2016 to move materials over to the new regional library for opening in January 2017.

Apply for Committee and Commission Seats

The Shoreview City Council is seeking applications from persons interested in serving on the following committees:

- Bikeways and Trails Committee
- Environmental Quality Committee
- Human Rights Commission
- Planning Commission

Persons interested in serving on any of these committees must complete an application. Please visit www.shoreviewmn.gov to complete one online, or call 651.490.4610 for more information.

Applications must be received by November 30, 2015.



Shoreview

Citizens' Leadership Academy

City government touches so many facets of our everyday lives – from the streets we drive on to the clean water that we drink. We know that our trash is picked up every week, and that help is minutes away should we ever have to dial 9-1-1 in an emergency. But exactly how does our City operate?

In an effort to promote understanding of local government and to foster future community leaders, the City of Shoreview has created a Citizens' Leadership Academy (CLA) for residents. The program, which will begin in the spring, will consist of 7 evening meetings, which will be a combination of tours, speakers, interactive participation and question and answer sessions. This program is designed to provide an overview of city government, to allow residents to become better acquainted with the programs & services and to provide an opportunity to meet new people.

Interested participants can submit an application and be selected on a first-come, first-served basis. Class size will be limited to 20 participants. There is no cost to attend the sessions, but participants are strongly encouraged to commit the time to attend each session. Light refreshments will be served.

Please check our website for further details, program dates and applications or contact Rebecca Olson at 651.490.4613 or email rolson@shoreviewmn.gov.

Budget Hearing



Shoreview's hearing on the 2016 budget and tax levy is scheduled for Monday, December 7 at 7 p.m. The proposed property tax levy of \$10,667,858 represents a 3.9% increase over the 2015 levy. Primary factors causing the increase in the levy include public safety costs and wage and benefit adjustments.

Check out how Shoreview's share of the property tax bill compares to similar sized cities by reading our **Community Benchmarks** booklet, available online at www.shoreviewmn.gov.

KNOW YOUR FLOW



Through a grant awarded by the Environment and Natural Resources Trust Fund, the City is offering residents the chance to participate in a new Community Water Conservation Program. This voluntary program will give participants a more frequent look into how much water they are using.

By signing up for this easy program, participants will receive a free wireless meter installed in their home that would allow the City to share water use data on a bi-weekly, rather than quarterly, basis. We hope that by receiving water use information more frequently, it will encourage more mindful consumption and conservation efforts. Participants may also see reduced costs on their billing statements that reflect their increased conservation actions.

Want to learn more or sign up? Visit ShoreviewMN.gov or call Neva Widner, Natural Resources Specialist, at 651.490.4665.

Get Social with the City



Follow us on Twitter
@cityofshoreview

Like us on facebook!
www.facebook.com/cityofshoreview

Resources Available to Assist with Property and Housing Maintenance

The City has adopted property and housing maintenance standards to protect the character, value and stability of our residential neighborhoods. When the City becomes aware of property or housing maintenance concerns, the Staff will work with property owners to resolve non-compliant conditions within a timely manner. In some cases, the property owner may not be physically able or have the financial resources available to resolve these conditions and bring the property into compliance with the City's standards. In these situations, the City will connect the resident to volunteer organizations, non-profit organizations and programs that may be able to assist the resident and work with the City in resolving the non-compliant conditions. A list of these resources can be found on the City's website at www.shoreviewmn.gov/homeowners-resources or you may call the Housing and Code Enforcement Officer at 651.490.4687.



A volunteer group from the Edina Realty North Suburban Office, serving Shoreview residents for over 30 years, recently assisted a Shoreview homeowner with some exterior housing repairs and property maintenance.

Rental License Renewal

Just a friendly reminder that it is renewal time again for rental licenses within Shoreview as all rental licenses are set to expire December 31st of this year. Applications to renew a license must be submitted prior to this expiration date. The license can be renewed if the property complies with the City's property and housing maintenance codes, the utility bill is current and conduct issues are not present. Please keep in mind the following fees apply with the license renewal.

- **\$75 fee** for the application
- **\$75 late application fee** for each property you fail to apply for renewal before the expiration.
- **\$50 fee** for re-inspection of property due to code violations or no-show.

If you have not received a renewal notice from the City of Shoreview, please contact Brent Marshall, our Housing and Code Enforcement Officer, at 651.490.4687 or e-mail bmarshall@shoreviewmn.gov. You may also look at our website for further information, including an option to apply for the renewal license online.

Shoreview Channel 16 City Meeting Broadcast Schedule

Tune in to Shoreview Channel 16 for access to public meetings, community events and other local government information.

Shoreview City Council Meetings

Live: Every first and third Monday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 P.M. and 7 P.M.
Tuesday, Thursday and Sunday at 12:30 A.M., 8 A.M. and 3 P.M.

Shoreview Planning Commission Meetings

Live: Every fourth Tuesday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 A.M. and 8 A.M.
Tuesday, Thursday and Sunday at 7 P.M.

Home Energy Programs and Financing from the NEC

The Neighborhood Energy Connection (NEC) is a 30-year-old Saint Paul-based nonprofit organization that provides energy conservation information, services and programs to residents and communities across Minnesota. They partner with individuals, community groups, utilities, businesses, and institutions to design and deliver high-quality energy conservation services. The NEC provides resources and practical tips to help you reduce your home energy bills and increase your home's comfort. The following is a list of programs and financing available through the NEC. More information can be found on their website www.thenec.org.



Energy Programs Offered

Home Energy Audit

Find out exactly where to make home energy improvements and how much you will save.

Home Energy Squad

If you need CFL light bulbs, door weatherstripping, or a programmable thermostat, the Home Energy Squad is the place to start. The service will install a whole package of energy-efficient items in your home for a flat fee of just \$70. Take care of multiple energy-saving projects in one easy visit.

Energy Advisor at Your Service

If you have questions or need help starting a project, this program may be for you.

Energy Fit Homes

When your home is *Energy Fit Homes* certified, you know your home has reached its energy savings potential, and you'll have the certificate to show for it.

Customer Testimonials

They help more than 7,000 families a year across Minnesota improve their homes' comfort and energy efficiency while saving money!



Energy Financing Available

Accomplish all of your home energy projects with NEC financing. Several loan options are available. Go to www.thenec.org/financing to see more details.

Suburban Ramsey County Energy Conservation Deferred Loan

– This program has helped over 1,500 homeowners make their homes more comfortable and durable while saving them hundreds of dollars in energy costs each year. Participating homeowners are part of the NEC's quality assurance program which includes an energy audit to determine the scope of work, qualified and experienced contractors to perform the work and a free inspection to ensure the work is of high quality. This loan is completely forgiven if the homeowner remains in the home ten years.

Energy Fix-Up Loan – Unsecured / Secured - Available to Minnesota homeowners

- No second mortgage, no home equity required and no income limits.
- A great choice for energy-only projects with financing up to \$15,000 at 4.99%.

Fix-Up Loan – available to Minnesota homeowners. Secured as a mortgage on your property.

- Borrow up to \$50,000 at 5.99% to cover almost any home improvement.
- Income limit \$96,500.

Fix-Up Loan Unsecured – available to Minnesota homeowners.

- No second mortgage and no home equity required.
- Borrow up to \$15,000 at 6.49% for energy improvements and home remodeling.
- Income limit \$96,500.

10 Tips for Snow Plowing Season

Having patience and a cooperative attitude are necessities to surviving most winter plowing seasons in Minnesota. We can ease a lot of snowstorm frustrations when we as citizens, plowing contractors, and city crews work together. To minimize plow-related problems, and to help ensure that city crews do the most effective job possible, here are some things you can do:

1. Observe Shoreview's parking regulations: Don't park your car on any city street between the hours of 2 A.M. - 5 A.M., or after a two-inch snowfall. This ensures more effective plowing – and helps you avoid a citation.
2. Wait until the plow trucks have completed your street before cleaning the end of your driveway. City plows are designed to discharge snow to the sides of the road and cannot skip driveway areas.
3. Snow from the bottom of your driveway should be shoveled to the right, as you are facing the street. This will lessen the amount of snow placed back into the driveway during the next plowing.
4. If hiring a snow removal contractor for your driveway, please remind them about state and local laws that prohibit pushing or placing snow back into or across the street. Doing so not only creates hazards for drivers, but also makes it difficult for the city to keep the streets clean.
5. Clear snow from your mailbox area after each plowing. Snow that remains in front of mailboxes will get compacted by post office vehicles and make later plowing less effective.
6. If trash and recycling pickup day coincides with plowing activities, make sure your bins are well behind the curb or in the driveway, so the plow will not hit them.
7. If you have experienced sod damage in the past, mark your yard line with flexible stakes or lathe to help the plow operators avoid future damage.
8. It can be difficult for the plow operators to see children, so don't allow children to build snow forts and tunnels in the snow banks adjacent to the curb, or to play near the curbs.
9. Keep sleds and toys away from the street.
10. Locate the hydrant nearest to your home and keep snow shoveled away from it to it is accessible in an emergency.



Be Prepared and Let It Snow

DRIVEWAYS

When it comes to snow removal from public streets, one of the most common frustrations is the snow deposited in driveways. Unfortunately, snow collected on the plow blade has no other place to go but in the boulevard areas – including driveways. While plow drivers make every attempt to reduce the amount of snow deposited in driveways, it can still be significant.

Regardless, the City cannot provide private driveway cleaning after plowing public roads. Property owners should also use the (non-improved) boulevard areas for storage of snow blown or thrown from their driveways and private sidewalks.

Municipal Code 211.060 (D) states: “No person, by whatever means, shall deposit snow on the improved portion of publicly dedicated street, alley, sidewalk, bike path, trail way or parking lot.”

SOD AND SPRINKLER SYSTEMS

You can stake out your yard along the curb line with flexible driveway markers with reflectors to protect your yard from possible damage. Despite the plow operator's best efforts, sod along the edge of the road may occasionally become damaged during snow removal activities. In general, the City will repair boulevard sod damaged by snow plows or trucks. The City will not be responsible for damage to underground irrigation systems and landscaping within the City's right-of-way.



Electronic Waste: Out with Old

As another year winds down, you may be wondering what to do with your old, outdated and unwanted electronics.

Electronics don't belong in the garbage because they may contain lead, cadmium or mercury, which are harmful to human health and the environment. It is **illegal** to dispose of TV's and computer monitors in the trash.

Electronic waste is any waste that has a circuit board or cathode ray tube (CRT), including:

- Answering machines
- Audio equipment
- Camcorders
- Cameras
- CD players
- Computers (including CPU, monitor, keyboard, mouse and printer)
- DVD players
- Electronic games
- Electronic storage devices
- Game systems
- Fax machines
- Home networking devices
- MP3 players
- Radios
- Satellite receivers
- Scanners
- Stereos (including receivers and speakers)
- Telephones (rotary and cordless)
- Tape players
- Televisions
- Typewriters
- VCRs
- Video game systems
- Video/digital equipment

There are many options for recycling these items. Choose from either in-store or mail-back recycling programs offered by several retailers, including Best Buy, Office Depot and Staples. You can also check with your garbage hauler to see if they offer electronics recycling services.

For more options and information, call 651.633.EASY (3279) or visit RamseyRecycles.com online.

Pick up a Free Organics Recycling Starter Kit – Now Available!

With the holidays fast-approaching, it's a great time to start recycling food waste from those festive feasts, wrapping paper, and much more. Ramsey Recycles is offering FREE Organics Recycling Starter kits that include a 3-gallon bin with a locking cover, compostable bags, information on recycling and the Organics Recycling punch card. Bring the card in for five punches (one each time you drop off organics), and you'll get a free Ramsey Recycles T-Shirt. Starter Kits are available at all of the Ramsey County Yard Waste Sites. Just tell the Yard Waste site attendant that you want to get started recycling organic waste! For more information, visit www.ramseyrecycles.com.



Crime Prevention Tips for the Holiday Season



Nothing can ruin the holiday spirit faster than becoming a victim of crime. Unfortunately, the holiday season is a time of opportunity for thieves

to burglarize your home for cash, credit cards and gifts. As we make plans to spend time with families and friends this season, please remember some important crime prevention steps for a safer season:

Prevent theft from your vehicle:

- Always lock your car, and park in a well-lit and well-traveled area.
- Have your keys in hand when approaching your vehicle, ready to unlock the door.
- When storing items purchased at the stores, place them out of sight. The best place is in a locked trunk. And, of course, do not leave your purse, wallet, or cell phone in plain view.

Financial card and online shopping considerations:

- If you go to an automatic teller machine for cash, check for people around and make sure it is well-lit and in a safe location.

- Carry only the credit cards you need, and avoid carrying large amounts of cash.
- Keep your personal information private and your password secure. Do not respond to requests to verify your password or credit card information unless you initiated the contact. Legitimate businesses will not contact you in this manner.

Home security and safety tips:

- Don't display wrapped boxes under a lighted tree in the front window for thieves to see as they drive past your home.
- Don't pile up empty gift boxes from your new computers, flat panel televisions, DVD players and other electronics in front of your home on garbage day. Thieves will appreciate knowing that you have expensive gifts inside your home for them to steal. Instead, break boxes down and conceal the advertising when setting them out for recycling.
- Do NOT post your activities (gifts or plans to be away from home) on social media pages.
- Turn on outside lights to deter burglars.
- Report any suspicious activity to the police or local community watch groups.

– Excerpts from Ramsey County Sheriff's Office

Seventh Annual | Slice of Shoreview

TASTE OF SHOREVIEW

Food & Wine Tasting

Thursday | February 18th, 2016
5:00 p.m. – 7:30 p.m.

Shoreview Community Center
www.SliceofShoreview.com

\$20 advance | 2 for \$35 advance
\$25 at door | 2 for \$40 at door

Hosted by the Slice of Shoreview Days Committee
and sponsored by
Shoreview Einhausen Sister City Association
Visit www.SliceofShoreview.com for more details

The Shoreview NORTHERN LIGHTS VARIETY BAND

Bring the family to the Shoreview Northern Lights Variety Band's annual Holiday Concert at Benson Great Hall, Bethel University on Saturday, December 12 at 7:00 P.M. Doors open at 6:00 P.M. Carriage rides begin at 6:15 P.M.

Enjoy a variety of seasonal music – from festive classics performed by band member ensembles in the lobby to favorite and new arrangements from the 85 member concert band. We promise a few laughs and surprises too!

Tickets are \$10 in advance or \$15 at the door. Advance tickets are available at snlvb.com, Shoreview City Hall during regular business hours, or by calling 651.488.4074.

Did You Know Shoreview has a Sister City?

Submitted by Jen Leach, SESCO

Shoreview's Sister City program is going strong! For over a decade, the residents of Shoreview and the Twin Cities area have seen steady growth of the Shoreview-Einhausen Sister City Association, also known as SESCO. We have fostered relationships with the people of Einhausen, Germany, through trips overseas, social media and language camp sponsorships for youth.

SESCA recently held an informal event at the Glockenspiel Restaurant in St. Paul. It was a time for SESCO members and the general community to come together and enjoy some delicious German fare and lively conversation. A good time was had by all!

Keep an eye out for the group's Annual Dinner, which will be held in early spring, 2016, at the Gasthaus Bavarian Hunter Restaurant in Stillwater. It's an exciting night with a keynote speaker, door prizes and authentic German food and drink.

Throughout the year SESCO offers a variety of interesting and fun activities – and anyone is welcome to attend and check us out at any time.

More info can be found at www.sesca.org.



An Evening with Friends YOU'RE INVITED! JOIN YOUR NEIGHBORS



Build the Foundation. Create your Legacy.
www.shoreviewcommunityfoundation.org

Reserve your space today!
Contact Kent Peterson
at peterston751@msn.com or call
651.483.3935 by November 25.



Shoreview Community Foundation Featured Speaker: Kate Herzog

Entrepreneur, Founder of House of Talents
Featured TED Talk Speaker (11/16/14)
Shoreview Resident

Thursday, December 3, 2015

5:30 P.M. Social Hour (Cash Bar)
6:15 P.M. Complimentary Dinner

Shoreview Community Center
4580 Victoria St. N, Shoreview

Thanks to Lead Sponsor:



Guests will have the opportunity to support the work of the Foundation by making a tax-deductible donation.

Shoreview Historical Society Celebrates 25 Years

In 2016, the Shoreview Historical Society (SHS) celebrates its 25th anniversary of *Preserving Today's History for Tomorrow*.

To commemorate their special year, a series of programs and events have been scheduled.

On January 31, a program about the origins and history of Lake Region hockey is planned. Former Mayor Dick Wedell and former Mounds View High School (MVHS) hockey coach Tom Wegleitner were instrumental in the inception. Former Olympians Rob McClanahan and Scott Bjugstad were products of Lake Region Hockey.

On April 10, noted author Paul Maccabee, (*John Dillinger Slept Here*) will present a program about some gangster hangouts in Shoreview.

At Slice of Shoreview Days, July 22-24, the SHS will feature photo exhibits documenting its rich history.

Finally, on October 8th, in conjunction with the Lake Johanna Fire Dept (LJFD) Open House, the Lepak/Larson house will be open for tours. Photos and memorabilia of early resident Art Larson will be on display.

For up to the minute info: www.shoreviewhistoricalsociety.org.



Winter is our most challenging season in Minnesota. We prepare our cars, our homes, and even our wardrobes for the dark and freezing months. We should also spend some time preparing ourselves for winter, too.

Northeast Youth & Family Services' Outpatient Mental Health Director Rachel Cain says everyone can do something to make the winter months more bearable. Here are a few tips:

Exercise – It doesn't have to be fancy or expensive. A quick walk around the block in the winter sunshine can refresh your mind and your body. Even a quick trip to the gym or using a free exercise program on the Internet can increase the "feel good" chemicals in the brain that help ward off the winter blues. Plus, any exercise can help burn off the extra pounds gained during the holidays

Socialize – It is natural to want to hibernate when the weather is bad. While down time is great, too much isolation can increase seasonal depression. Make regular



plans to connect face to face with friends and family. Or, create a list of places you'd like to visit and then put a date on the calendar to go exploring. That way you will always have something to look forward to.

Volunteer – Recent research indicates that volunteering lowers depression and increases a general sense of well-being. There are plenty of

organizations in our area that could use your help. Check out handsontwincities.org or any other volunteer organization to see what you can do to brighten someone's day...and your own, too!

Cain stresses that not all cases of the winter blues can be successfully treated by these suggestions. If you have concerns about addressing ongoing mental health issues, please get help. NYFS offers affordable mental health care for youth, families and adults at all ages and stages of life. Call them at 651.486.3808 or visit them on the web at www.nyfs.org if you, or a loved one, could use some additional support.

SHOREVIEW CALENDAR

Meeting dates/times/locations are subject to change. For more current information, visit www.shoreviewmn.gov or call 651.490.4600.

(CC) Council Chambers
(UC) Upper Conference Room
(LC) Lower Conference Room

(MC) Maintenance Center
(SP) Shoreview Pavilion
(LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot
(SCC) Shoreview Community Center
(SCP) Shoreview Commons Park

NOVEMBER 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	3	4	5 Bikeways and Trails Committee 7 pm, LC	6	7
Recycling Week Nov. 9-13						
8 	9 Council Workshop 7 pm, CC	10	11 City Offices Closed Veterans Day	12	13	14
15	16 Holiday Tree Lighting Ceremony 6 pm, CCPL City Council Meeting 7 pm, CC	17 Econ. Dev. Commission 7:30 am, UC Indoor Farmers' Market 3 pm, SCC Planning Comm. 7 pm, CC	18 Human Rights Commission 7 pm, CC	19 Public Safety Meeting 7 pm, LC	20 Dive-In Movie 7 pm, SCC	21 25th Anniversary Celebration 1 pm, SCC
Recycling Week Nov. 23-28						
22 	23 Environ. Quality Committee 7 pm, CC	24	25 City Offices Closed Thanksgiving	26 City Offices Closed Thanksgiving	27	28
29	30					

DECEMBER 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 Bikeways and Trails Committee 7 pm, LC	4	5
Recycling Week Dec. 7-11						
6 	7 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	8	9	10	11	12
13	14 Council Workshop 7 pm, CC	15 Econ. Dev. Commission 7:30 am, UC Indoor Farmers' Market 3 pm, SCC Planning Comm. 7 pm, CC	16 Human Rights Commission 7 pm, CC	17	18	19
Recycling Dec. 21-26						
20 	21 City Council Meeting 7 pm, CC	22	23	24 City Offices Closed Christmas	25 City Offices Closed Christmas	26
27	28 Environ. Quality Committee 7 pm, CC	29	30	31		

JANUARY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 City Offices Closed New Year's Day	2
Recycling Week Jan. 4-8						
3 	4 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	5	6	7 Bikeways and Trails Committee 7 pm, LC	8	9
10	11 Council Workshop 7 pm, CC	12	13	14	15	16
Recycling Week Jan. 18-22						
17 	18 City Offices Closed Martin Luther King, Jr. Day	19 Econ. Dev. Commission 7:30 am, UC Indoor Farmers' Market 3 pm, SCC City Council Mtg 7 pm, CC	20	21 Public Safety Meeting 7 pm, LC	22	23
24/31	25 Environ. Quality Committee 7 pm, CC	26 Planning Commission 7 pm, CC	27 Human Rights Commission 7 pm, CC	28 Parks and Recreation Commission 7 pm, CC	29	30

FEBRUARY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	3	4	5	6	
Recycling Week Feb. 1-5						
7	8 Council Workshop 7 pm, CC	9	10	11	12	13
14 	15 City Offices Closed Presidents' Day	16 Econ. Dev. Commission 7:30 am, UC Indoor Farmers' Market 3 pm, SCC City Council Mtg 7 pm, CC	17	18	19	20
Recycling Week Feb. 15-19						
21	22 Environ. Quality Committee 7 pm, CC	23 Planning Commission 7 pm, CC	24 Human Rights Commission 7 pm, CC	25 Parks and Recreation Commission 7 pm, CC	26	27
28	29					

Federal Elected Officials

U.S. Senator Amy Klobuchar
302 Hart Senate Office Bldg.
Washington, DC 20510
612.727.5220 or 202.224.3244
www.klobuchar.senate.gov/emailamy.cfm

U.S. Senator Al Franken
309 Hart Senate Office Building
Washington, DC 20510
651.221.1016 or 202.224.5641
info@franken.senate.gov

U.S. Representative Betty McCollum
1714 Longworth House Office Bldg.
Washington, DC 20515
651.224.9191 or 202.225.6631
www.house.gov/mccollum/contact.html

State Elected Officials

Governor Mark Dayton
130 State Capitol
75 Rev. Martin Luther King Jr. Blvd.
St. Paul, MN 55155
651.296.3391
mark.dayton@state.mn.us

State Senator Bev Scalze-District 42
75 Rev. Dr. Martin Luther King Jr. Blvd.
Capitol, Room 124, St. Paul, MN 55155-1606
651.296.5537
sen.bev.scalze@senate.mn

State Rep. Barb Yarusso-District 42A
507 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.0141
rep.barb.yarusso@house.mn

State Rep. Jason Isaacson-District 42B
545 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.7153
rep.jason.isaacson@house.mn

County Elected Officials

Ramsey County Commissioner
Blake Huffman
City Hall-220 Courthouse
15 W. Kellogg Boulevard, St. Paul, MN 55102
651.266.8350
blake.huffman@co.ramsey.mn.us

Post Office – Retail Center

1056 Highway 96 E.
Vadnais Heights, MN 55127
Phone: 651.407.9864
Mon.-Fri.....8:30 A.M. – 5:30 P.M.
Sat..... 9 A.M. – 1 P.M.

Animal Control

For animal complaints or to report a lost or found pet, call the Ramsey County Sheriff's Office non-emergency number at 651.484.3366.

For other emergencies, call 911.

All impounded animals will be held at the following location:
Hillcrest Animal Hospital
1320 Country Road D Circle
Maplewood, MN 55109
651.484.7211

Mon - Fri.....8 A.M. – 6 P.M.
Sat 8 A.M. – 12 P.M.
Sun.....Closed
www.hillcrestanimalhosp.com

Police

Police protection is provided by the *Ramsey County Sheriff's Department*. The District Office is located at 1411 Paul Kirkwold Drive, Arden Hills, MN 55112.

**For non-emergencies,
call 651.484.3366**
For emergencies, call 911



Fire

**For emergencies,
call 911**
**Dispatch, Non-emergency
651.767.0640**
Lake Johanna Fire Department
Fire Chief, Tim Boehlke 651.481.7024
ljfd@ljfd.org



Ambulance & Paramedic

Ambulance and paramedic services are provided by Allina Medical Transportation.
For emergencies, call 911

Ramsey County Library – Shoreview

4750 Victoria Street North
Shoreview, MN 55126
Phone: 651.486.2300 | www.ramsey.lib.mn.us

Hours:

Mon.....10:00 A.M. – 9:00 P.M.
Tues.-Wed.....1:00 P.M. – 9:00 P.M.
Thurs.-Sat.....10:00 A.M. – 5:00 P.M.
Sun..... 12:00 P.M. – 5:00 P.M.

Public Transportation

Transit Link (formerly Dial-A-Ride) is a curb-to-curb minibus or van service that operates within certain Twin Cities communities. It is a shared-ride service which must be reserved in advance. Call 651.602.5465.

Make your commutes easier. Just hop on Route 261 from Shoreview Community Center to Minneapolis. Ride Route 261B each weekday evening. Or, to get to downtown St. Paul, take Route 62 from the Shoreview Community Center and Route 62C to return. 612.373.3333

Metro Mobility: Metro Mobility is a door-to-door public transportation system for people with disabilities in the Minneapolis-St. Paul area and many adjoining suburbs. 651.602.1111

Community Support & Resources

Northeast Youth and Family Services provides support programs for youth, families, adults and seniors. Services include mental health, youth development, and senior chore assistance.

3490 Lexington Avenue North, Suite 205,
Shoreview, MN 55126
651.486.3808 | www.nyfs.org
Mon., Tues. & Thurs. 8:00 A.M. – 8:00 P.M.
Wed. 8:00 A.M. – 5:00 P.M.
Fri..... 8:00 A.M. – 3:30 P.M.
Additional evening appointments may be available.

The **Senior LinkAge Line** connects seniors with the services they need, including housing, home health care, housekeeping, transportation, legal and financial assistance and more. Call 651.641.8612 or 1.800.333.2433.



The Shoreview Community Center offers numerous activities that will make you feel more **ENERGIZED**, more **ENGAGED**, more **PRODUCTIVE** and can actually improve the **QUALITY OF YOUR DAILY LIFE.**



Call for More Information

Community Center Information
651.490.4700
 Recreational Programs (classes)
651.490.4750
 Rental Information
651.490.4790
 City Information
651.490.4600
www.ShoreviewCommunityCenter.com

Daily Fees

Includes admission to the Tropics Indoor Waterpark, Indoor Playground, Fitness Center, Gymnasium and Indoor Track.

Daily Pass

	Rate	Shoreview Resident
Adult (18 and over).....	\$ 9.99.....	\$ 8.55
Youth (1 to 17; under age 1 free with paying adult)	\$ 9.00.....	\$ 7.45
Family* (2 adults + children living in same household).....	\$36.00.....	\$ 29.00
Seniors (65 and older).....	\$ 9.00.....	\$ 7.45

*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

Indoor Playground Only (ages 1 to 12) \$ 5.00..... \$ 5.00

Coupon Books (Includes 10 daily passes)

Adult.....	\$89.90.....	\$ 76.95
Youth/Senior.....	\$80.90.....	\$ 67.00
Playground.....	\$45.00.....	\$ 45.00

Senior Track Discount (65 and over – for track use only)

Per visit.....	\$ 4.60.....	\$ 3.55
Punch Card.....	\$41.50.....	\$ 31.55

Fees are subject to change. We welcome payment by Visa and MasterCard.

All rates above include sales tax.



Hours

	Community Center	Waterpark**	Playground
Mon & Wed	5:00 A.M. – 10:00 P.M.	4:00 – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Tues & Thurs	5:00 A.M. – 10:00 P.M.	Limited*	8:00 A.M. – 8:00 P.M.
Friday	5:00 A.M. – 10:00 P.M.	4:00 – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
Saturday	6:00 A.M. – 8:00 P.M.	Noon – 7:45 P.M.	8:00 A.M. – 8:00 P.M.
Sunday	6:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M. – 6:00 P.M.

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday Hours

November 26	5:00 A.M. – 12:00 P.M.	Closed	8:00 A.M. – 12:00 P.M.
December 24	5:00 A.M. – 12:00 P.M.	Closed	8:00 A.M. – 12:00 P.M.
December 25	Closed	Closed	Closed
December 31	5:00 A.M. – 4:00 P.M.	Noon – 3:45 P.M.	8:00 A.M. – 4:00 P.M.
January 1	8:00 A.M. – 10:00 P.M.	Noon – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
January 18	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
February 15	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.

**See page 18 for extended waterpark hours on school's out days.

Lap Swim Hours

• Lap swim is available at various times throughout the week. See the service desk for a schedule or view it on our website at www.shoreviewcommunitycenter.com.

Kids Care

Child care is available for patrons of the Community Center. See page 19 for details.

Drop-in Volleyball

Rate: daily admission or free to members.
 Mon, Tues, Thurs 12:00 P.M. – 1:00 P.M.
 Sunday 8:00 A.M. – Noon.

Drop-in Pickleball

See page 52 for more information.

Membership Fees

	Rate*	Shoreview Resident*
Annual Membership¹		
Family.....	\$ 780.00.....	\$ 620.00
Dual.....	\$ 685.00.....	\$ 550.00
Adult.....	\$ 460.00.....	\$ 355.00
Youth/Senior.....	\$ 365.00.....	\$ 300.00

Annual Membership Billed Monthly¹ (With one year membership agreement)

Family.....	\$ 73.00.....	\$ 60.00
Dual.....	\$ 63.00.....	\$ 54.00
Adult.....	\$ 44.00.....	\$ 36.00
Youth/Senior.....	\$ 38.00.....	\$ 30.00

¹There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

Seasonal Membership (Three month)

Family.....	\$ 305.00.....	\$ 245.00
Dual.....	\$ 282.00.....	\$ 222.00
Adult.....	\$ 200.00.....	\$ 154.00
Youth/Senior.....	\$ 155.00.....	\$ 125.00

*Sales tax is included in price.

Persons aged 65 and older qualify for the Senior Citizen discounted rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification is required.

Fees are subject to change. We welcome payment by Visa and Mastercard.



Membership questions?

Contact Guest Services at **651.490.4739**.

Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. **Direct Deposit Now Available!** Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms.



Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group Fitness Classes
- Tropics Indoor Waterpark
- Tropical Adventure Indoor Playground
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- \$1 per hour per child Kids Care rate
- For non-residents, a special recreation program Registration Day and the ShoreViews mailed to your home.

**Membership
Renewal Reward!**
The Community Center will be offering FREE
guest passes to all annual
membership renewals.



NEW First Time Annual Members also receive:

Special **Experience Us** book, which includes

- 1 family guest pass
- 1 adult guest pass
- 2 fitness drop-in class passes
- 1 Wave Cafe coupon
- 1 Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- 1 playground pass

Experience Us book is designed to encourage new members to experience all the amenities the Community Center has to offer.



Waterpark Hours

Monday & Wednesday ..4:00 – 8:00 P.M.
 Tuesday & ThursdayLimited*
 Friday4:00 – 9:45 P.M.
 Saturday.....Noon – 7:45 P.M.
 Sunday.....Noon – 6:00 P.M.

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday & School's Out Hours

Nov. 23Noon – 8:00 P.M.
 Nov. 24Noon – 9:00 P.M.
 Nov. 25Noon – 8:00 P.M.
 Nov. 26Closed
 Nov. 27Noon – 9:45 P.M.
 Dec. 21Noon – 8:00 P.M.
 Dec. 22Noon – 9:00 P.M.
 Dec. 23Noon – 8:00 P.M.
 Dec. 24Closed
 Dec. 25Closed
 Dec. 28Noon – 8:00 P.M.
 Dec. 29Noon – 9:00 P.M.
 Dec. 30Noon – 8:00 P.M.
 Dec. 31Noon – 3:45 P.M.
 Jan. 1Noon – 9:45 P.M.
 Jan. 18Noon – 8:00 P.M.
 Jan. 28Noon – 4:00 P.M.
 Jan. 29Noon – 9:45 P.M.
 Feb. 15Noon – 8:00 P.M.



We can fill your day with endless fun as you enjoy a tropical getaway at Tropics Indoor Waterpark.

Come experience our crystal clear water with our Sphagnum Moss water enhancement system. This green system has improved our water quality, clarity, and as well a reduction in chlorine use. It makes for a more natural swimming experience as the Sphagnum Moss treated water is better on your skin, hair, swim suit and best of all your eyes.

Riders of Shark Attack waterslide will be able to experience our one of a kind jukebox system. Riders will be able to choose from over 100 songs and enjoy a custom light and music show while they twist and turn down our thrilling slide.

Nothing can replace close adult supervision when using the pool. All children six years and under must be supervised by a paid adult swimmer. Supervisory adult must be within arm's reach of the child at all times.

Pool Information

- For our guests' safety, our lifeguards participate in ongoing training. Part of this training includes the use of life-like mannequins as a simulation device.
- Coast-Guard approved lifejackets are allowed when a swimming adult is present within arm's reach. Arm flotation and flotation swimming suits are prohibited.
- Pool is open for general use during most hours that the Community Center is open. However, classes may be in session or pool amenities may be unavailable.
- Boys need to be 4 years old and under to be in the women's locker room, girls need to be 4 years old and under to be in the men's locker room with an adult. Please use the family locker rooms with opposite gender children age 5 and older.
- Complete pool and lap swim schedules are available at the service desk.
- For a complete list of Tropics Indoor Waterpark rules go to www.ShoreviewCommunityCenter.com



Come **CRAWL** through the caves, **SWING** through the jungle, slip down the waterfall **SLIDE**, and **SCREAM** down the five level spiral slide!

Rate & Hours

\$5.00 per child, ages 1-12

FREE to members

Mon – Sat8:00 A.M. – 8:00 P.M.

Sunday.....8:00 A.M. – 6:00 P.M.

Holiday Hours Call 651.490.4700

for specific information.

Sept. 7.....8:00 A.M. – 6:00 P.M.

Nov. 268:00 A.M. – Noon

Dec. 24.....Closed

Dec. 25.....Closed

Dec. 318:00 A.M. – 3:45 P.M.

General Information

- Wristbands and socks are required
- The playground is an unsupervised area
- Parents and guardians are responsible for supervision of their children
- Children 6 and under must be accompanied by an adult
- Groups visiting the playground are posted at the entrance each week
- For information about reserving space for your group, call **651.490.4790**.



Kids Care

Kids Care provides a stimulating and safe environment for your child to explore and interact with other children while you enjoy the amenities of the Shoreview Community Center. The Kids Care room is located directly across from the service desk.

**Monday – Saturday
8:00 A.M. – 12:30 P.M.**

**Monday – Thursday
4:00 P.M. – 8:30 P.M.**

**Friday
4:00 P.M. – 8:00 P.M.
Closed Dec. 24, 25, 31, Jan. 1**

\$1 per hour per child (no pro-rating for partial hours)

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Fitness Class participants. Children are taken on a first-come, first-served basis. Kids Care phone number: 651.490.4763.





It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



Coconut Cove – Private Party Room

ALL-INCLUSIVE PARTY PACKAGES

ALL-INCLUSIVE TROPICAL PACKAGES

Waterpark and Indoor Playground Admission

#2) ALL-INCLUSIVE TROPICAL CAKE DEAL

- Full day use of Tropics Waterpark and Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the pool and playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$160	\$152
Each additional child	\$20	\$19

#1) ALL-INCLUSIVE TROPICAL MEAL DEAL

BEST VALUE!

- Includes everything in the Tropical Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$184	\$176
Each additional child	\$23	\$22

UPGRADE YOUR PARTY!

THEMED PARTY OPTIONS:

Princess, Pirate, or Under the Sea
Upgrade your child's party to include a special theme, including a personalized themed cake and paper products.

Rate: **Add \$12 to your party package**





ALL-INCLUSIVE ADVENTURE PACKAGES

Indoor Playground Admission Only

#4) ALL-INCLUSIVE ADVENTURE CAKE DEAL

- Full day use of Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$144	\$136
Each additional child	\$18	\$17

#3) ALL-INCLUSIVE ADVENTURE MEAL DEAL

- Includes everything in the Adventure Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$168	\$160
Each additional child	\$21	\$20

COCONUT COVE PRIVATE PARTY ROOM

Coconut Cove is a private party room located within Beachcomber Bay. With a beautiful underwater mural and view of Tropics Waterpark, it is the perfect setting for families looking for a quieter, more personalized party option to make your child's birthday even more special! *Coconut Cove has a maximum capacity of 15. Upgrade consists of 90 minutes in party room.*

Rate: **Add \$34 to your party package**



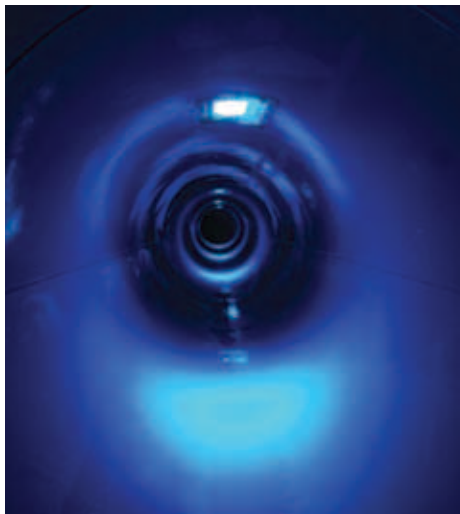
It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!





Shark Attack Waterslide

Have your next event at the Shoreview Community Center!

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

Enjoy the amenities the Shoreview Community Center has to offer!

Call 651.490.4790 to make your reservation today!



POOLSIDE PARTY PACKAGE Waterpark & Indoor Playground

BRING YOUR OWN FOOD!

- Full day use of Tropics Indoor Waterpark and Tropical Adventures Indoor Playground
- 2 hours of private poolside party room for up to 50 people
- Option to bring in your own food or you may purchase food from our Wave Cafe
- Free jumbo locker available for use
- Printable invites



Available Times:

Fridays at 5 p.m. or 7:30 p.m.
Saturdays at 5:30 p.m.
Sundays at 4:30 p.m.

	Rate	Shoreview Resident
Includes 10 wristbands	\$190	\$174
<i>*Additional wristbands may be purchased at our discounted group rate the day of your event.</i>		
<i>*\$25 refundable damage deposit required.</i>		

BRING YOUR OWN FOOD!

RENT A PARTY ROOM!

Rent one of our rooms on the upper level of the Community Center for your special gathering. Each room accommodates 20 partygoers for 2 hours of party time; adjoining rooms may be rented to accommodate up to 60. You may bring in your own food, cake, and decorations. **Daily passes are sold separately.**

	Rate	Shoreview Resident
Per 2-hour time block	\$50	\$35
<i>*\$25 refundable damage deposit required.</i>		

BIRTHDAY PARTY POLICIES

Payment due at time of reservation • Fees subject to change
Tax will be added to listed prices • No outside food or decorations allowed in Beachcomber Bay or Coconut Cove with exception to Poolside Party Package rental. • When using the pool, all children six years old and under must be supervised by a paid adult swimmer (18 or older) and must be within arms' reach of that child at all times.

Call 651.490.4790 to book your party!

Shoreview Community Center



4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com

After Hours Parties

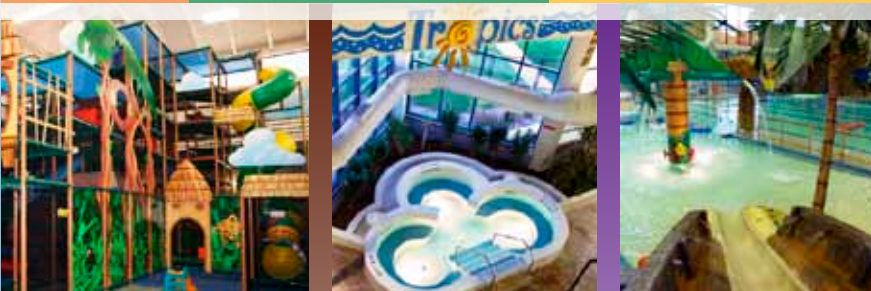
Have the place to yourself and invite your friends! The Shoreview Community Center is available for exclusive use overnight and after-hours. Each rate is listed per person and includes use of the Tropics Indoor Waterpark, gym facilities, and meeting rooms. Refundable damage deposit required. A minimum payment of 45 people is necessary to rent our facility overnight.

All guests in attendance of an after-hours event must be paid for.

PARTY DURATION	Rate	Shoreview Resident
Two hours	\$ 11.75	\$ 11.25
Three hours	\$ 12.25	\$ 11.75
Four hours	\$ 12.75	\$ 12.25
Overnight	\$ 20.25	\$ 18.25

We also have special group rates for groups or parties that want to use the facility during building hours. Please call 651-490-4790 for more information or email us at rentals@shoreviewmn.gov

*Minimum of 45 people required.
Refundable damage deposit: \$100
Sales tax will be added to these prices.
Fees subject to change.
We welcome payment by Visa or Mastercard.*



**Call 651.490.4790
to book your party!**

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com



Make a Splash!

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

Enjoy the amenities the Shoreview Community Center has to offer!

**Call 651.490.4790
to make your
reservation today!**



Our banquet rooms are perfect for corporate events, wedding ceremonies, receptions, dinners, and dances.



Shoreview Room

Experience the elegance of our Shoreview Room for your next event. You and your guests will enjoy the convenience of the adjacent Fireside Lounge and expanded dance floor.

- Seating up to 300.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- New audio-visual equipment
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 680.....	\$ 600
Friday	\$ 1025.....	\$ 925
Saturday.....	\$ 1250.....	\$ 1175

*Fees are subject to change. Sales tax will be added to rates. Call for more information.



Wedell Community Room

The Community Room features round tables, oak parquet dance floor, indirect lighting, and audio/visual equipment.

- Seating up to 250.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 430.....	\$ 350
Friday	\$ 760.....	\$ 650
Saturday.....	\$ 920.....	\$ 820

Half Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 240.....	\$ 205
Friday and Saturday	N/A.....	N/A

*Fees are subject to change. Sales tax will be added to rates. Call for more information.



Call for More Information

Community Center Information

651.490.4700

Recreational Programs (classes)

651.490.4750

Rental Information

651.490.4790

City Information

651.490.4600

Haffeman Pavilion

It's not too early to reserve your space for a family picnic, company event, or graduation gathering at the Haffeman Pavilion located behind the Shoreview Community Center. Picnic tables accommodate up to 125 people! Call to reserve your date: 651.490.4790.

Rate: \$225; \$200 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.

Picnic Shelter Rentals

Our parks are the perfect place for a small gathering or birthday party. Reserve a picnic shelter for your next event by calling 651.490.4790. Rental fee is \$30 plus tax.

Lake Judy Park.....	Seats 15	Shamrock Park	Seats 35
McCullough Park.....	Seats 15	Commons Park	Seats 20
Sitzer	Seats 24	Bucher Park.....	Seats 24

Meeting Rooms

We are able to accommodate 20 people per room, depending on the arrangements. Retractable walls allow flexibility for accommodating large groups and seminars.

- Meeting rooms are rented in 2-hour blocks.
- Rates are listed per room for each time block rented.

Rate: \$50; \$35 Shoreview Resident (50% of group living in Shoreview and contact person is a Shoreview resident)

*Sales tax will be added to rate. Refundable damage deposit required.

Island Lake Room

Our new Island Lake Room is comfortable and quiet, suitable for all your meeting needs. Enjoy the window lighting as well as the on-site audiovisual equipment, including an interactive white board.

- Island Lake Room is rented in 2-hour blocks of time.

Rate: \$70; \$55 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.



Call for More Information

Community Center Information

651.490.4700

Recreational Programs (classes)

651.490.4750

Rental Information

651.490.4790

City Information

651.490.4600

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WINTER RECREATION PROGRAMS

REGISTRATION SCHEDULE

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Monday, Nov. 30 at 8 A.M.

Annual Community Center Member Registration

Begins Wednesday, Dec. 2 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, Dec. 4 at 8 A.M.

**See page 61 for registration information.*

5 EASY WAYS TO REGISTER

1. On-line at: www.shoreviewcommunitycenter.com
2. Mail-in
3. Fax 651-490-4797 payment by credit card only
4. Drop-off
5. In-person



Scan with Smartphone to register.

Shoreview Parks and Recreation

4580 Victoria St. N | Shoreview, MN 55126 Office
located on upper level of the Shoreview Community Center
651-490-4750

recreation@shoreviewmn.gov

www.ShoreviewCommunityCenter.com

Office Hours

Monday – Friday

8:00 A.M. – 4:30 P.M.

SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

FREE SWIM CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

Sunday, Nov. 29 11:00 A.M. – 12:00 P.M.
Monday, Dec. 28 11:00 A.M. – 12:00 P.M.

If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.

PRIVATE LESSONS

Private Lessons (PR) Ages 3 to Adult

30-minute swim lessons; available at set times.

Private Lessons:

Rate for 8 lessons: \$163; \$148 Shoreview Resident

Rate for 6 lessons: \$116; \$106 Shoreview Resident

Semi-Private Lessons:

Rate for 8 lessons: \$121; \$110 Shoreview Resident*

Rate for 6 lessons: \$87; \$79 Shoreview Resident*

*Cost each for 2 participants of equivalent ability

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.

GROUP LESSONS

Rate for 8 group lessons: \$80; \$72 Shoreview Resident

Rate for 6 group lessons: \$57; \$52 Shoreview Resident

These lessons will have 1 instructor to a maximum student ratio of:

(MR) & (PS) 1 to 4

(L1) – (L3) 1 to 5

(L4) – (L6) 1 to 6

Classes with more students will be assigned an aid to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.



PARENT/CHILD LESSONS

Star Fish

(SF 1) Ages 9 months to 24 months

(SF 2) Ages 24 months to 36 months

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

Manta Ray (MR) Ages 2 ½ to 4 years old

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. The main goal of this class is to gain confidence and familiarity in a pool environment independently from a guardian. Swimmers will learn the following:

- Enter/Exit water independently
- Comfort with group instruction independent from guardian
- Blow bubbles
- Submerge head
- Arm scoops

BEGINNER LESSONS

Preschool (PS): Jelly Fish Ages 3 - 4

Preschool is an introduction level to group learning without a guardian in the water. The main goal is to gain confidence and knowledge in basic swim skills which include: floating and front crawl with an introduction to rhythmic breathing. Swimmers will learn the following:

- Unassisted Entry/Exit
- Front/Back Floats with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms
- Rhythmic breathing with bubbles

Level 1 (L1): Angel Fish Ages 4 or passed preschool

Swimmers will learn basic exploration that leads to assisted swimming. Students should be comfortable in the water and come prepared to put their face in the water. The main objective of level 1 is to expand knowledge and confidence in floats, glides and front crawl with rhythmic breathing. Swimmers will learn the following:

- Independent front/back floats for 5 seconds
- Introduction to front/back glides with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms with rhythmic breathing and support

BEGINNER LESSONS *continued*

Level 2 (L2): Sea Monkeys *Ages 5 or passed level 1*

The objective of level 2 is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers must be comfortable on their own and fully submerged in water where they can touch. The main goal is to develop confidence and competence in floating, gliding, kicking independently while gaining the knowledge in front crawl with rhythmic breathing without support. Swimmers will learn the following:

- Front/Back floats unsupported for 10 seconds
- Front/Back glides with flutter kick
- Flutter kicking on front/back with barbell support for 8 yards
- Front crawl with rhythmic breathing and barbell support for 8 yards
- Elementary backstroke arms
- Jump into deep water, submerge and return to wall independently

Youth Beginner (YB) *Ages 6 & older*

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. Students will be in a class with other school - aged children and learn at a faster pace. Students can continue to take youth beginner until they reach a level that includes their peers.

INTERMEDIATE LESSONS

Level 2.5 (L 2.5): Otters

Level 2.5 bridges the gap between L2 and L3. The objective of this level is to develop knowledge in the elementary backstroke and gain technique and endurance in the front crawl with rhythmic breathing. Swimmers will learn the following:

- Front/Back glide with flutter kick
- Flutter kick on front/back with support (25 yards)
- Front crawl with controlled rhythmic breathing (½ length)
- Elementary backstroke (½ length)
- Introduction to whip kick

Level 3 (L3): Seals

Level 3 builds on skills by coordinating strokes and increasing endurance. The main objective is to gain technique and endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Flutter kick on front/back with equipment (50 yards)
- Front glide with flutter kick to front crawl
- Back glide with flutter kick to back crawl
- Front crawl with rhythmic breathing (25 yards)
- Back crawl (½ length)
- Elementary backstroke (25 yards)

Level 4 (L4): Sting Rays

Level 4 develops endurance in previously learned strokes and introduces breaststroke. The objective is to gain knowledge and technique skills in the breaststroke while gaining endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Front crawl with open turn (50 yards)
- Back crawl with open turn (50 yards)
- Elementary backstroke (50 yards)
- Breaststroke (25 yards)
- Dolphin kick

ADVANCED LESSONS

Level 5 (L5): Dolphins

Level 5 refines coordination and technique while increasing endurance in the front and back crawl and elementary backstroke while learning the butterfly. Swimmers will learn the following:

- Front crawl with 1 flip turn (100 yards)
- Back crawl with open turns (100 yards)
- Elementary backstroke (100 yards)
- Breaststroke (50 yards)
- Butterfly (½ length)
- Dolphin kick (50 yards)

Level 6 (L6): Orcas

Level 6 polishes strokes and develops a strong technique to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Front crawl with flip turns (200 yards)
- Back crawl with open turns (200 yards)
- Breaststroke with underwater pull outs (11 yards)
- Butterfly (25 yards)
- Individual Medley (100 yards)
- Sidestroke (25 yards)

Introduction to Swim Team (IS)

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke and freestyle; along with competitive turns. **This class is one hour.** \$125; \$113 Shoreview Resident

SWIM LESSONS AT THE COMMUNITY CENTER POOL

Monday

Jan 4 - Mar 7

No Class: Jan 18 & Feb 15

Time	Level	Activity #
Morning		
9:00 A.M.	PS	130111-01
9:40 A.M.	L1	130101-01
10:20 A.M.	MR	130117-01
Evening		
4:30 P.M.	PS	130111-04
	L2	130102-02
	L3	130103-01
	PR	130114-03
	PR	130114-04
5:15 P.M.	MR	130117-02
	L1	130101-03
	L2.5	130112-01
	YB	130113-01
	PR	130114-05
	PR	130114-06
6:00 P.M.	PS	130111-05
	L1	130101-04
	L2.5	130112-02
	L3	130103-02
	L4	130104-01
6:05 P.M.	SF 1 & 2	130110-03
6:45 P.M.	L1	130101-05
	L2	130102-03
	L5	130105-01
	PR	130114-07
	PR	130114-08
	PR	130114-09
7:25 P.M.	PR	130114-10
	PR	130114-11

Tuesday

Jan 5 - Feb 23

Time	Level	Activity #
Evening		
4:30 P.M.	PS	130111-06
	L1	130101-06
	PR	130114-12
	PR	130114-13
	PR	130114-14
5:15 P.M.	PS	130111-07
	L2	130102-04
	L2.5	130112-03
	L3	130103-03
	L4	130104-02
6:00 P.M.	MR	130117-03
	L1	130101-07
	L2.5	130112-04
	L5	130105-02
	PR	130114-15
	PR	130114-16
6:45 P.M.	PS	130111-08
	L1	130101-08
	L2	130102-05
	L2.5	130112-05
	L3	130103-04
	L6	130106-01
7:25 P.M.	L2	130102-06
	L2.5	130112-06
	L3	130103-05
	PR	130114-17
	PR	130114-18

Wednesday

Jan 6 - Feb 24

Time	Level	Activity #
Morning		
9:10 A.M.	L2	130102-01
9:55 A.M.	PS	130111-02
10:40 A.M.	SF 1 & 2	130110-01
11:20 A.M.	PR	130114-01
Evening		
4:30 P.M.	L1	130101-09
	L2.5	130112-07
	YB	130113-02
	PR	130114-19
	PR	130114-20
5:15 P.M.	MR	130117-04
	PS	130111-09
	L2	130102-07
	L2.5	130112-08
	PR	130114-21
	PR	130114-22
6:00 P.M.	MR	130117-05
	L1	130101-10
	L3	130103-06
	L4	130104-03
	YB	130113-03
6:05 P.M.	SF 1 & 2	130110-04
6:45 P.M.	PS	130111-10
	L1	130101-11
	L3	130103-07
	L5	130105-03
	PR	130114-23
	PR	130114-24
7:25 P.M.	L2	130102-08
	IS	130109-01

LESSON RATES

8 Lessons

Group

\$80; \$72 Shoreview Resident

Private

\$163; \$148 Shoreview Resident

Semi-Private

\$121; \$110 Shoreview Resident
(2 participants of equivalent ability)

6 Lessons

Group

\$57; \$52 Shoreview Resident

Private

\$116; \$106 Shoreview Resident

Semi-Private

\$87; \$79 Shoreview Resident
(2 participants of equivalent ability)

AQUATIC KEY

SF 1 Starfish 9-24 months

SF 2 Stafish 24-36 months

MR Manta Ray

PS Preschool

L1 Level 1, 2, etc.

YB Youth Beginner

PR Private Lessons

IS Intro to Swim Team

SWIM LESSONS AT THE COMMUNITY CENTER POOL

Thursday Jan 7 - Feb 25

Time	Level	Activity #
Evening		
4:30 P.M.	L1	130101-02
	L2	130102-09
	PR	130114-25
	PR	130114-26
	PR	130114-27
5:15 P.M.	MR	130117-06
	L1	130101-13
	L3	130103-08
	L5	130105-04
	PR	130114-28
6:00 P.M.	PS	130111-11
	L1	130101-14
	L2.5	130112-09
	L4	130104-04
	PR	130114-29
	PR	130114-30
6:45 P.M.	PS	130111-12
	L1	130101-15
	L2	130102-10
	L2.5	130112-10
	L3	130103-09
7:25 P.M.	L5	130105-05
	L4	130104-05
	YB	130113-04
	PR	130114-31
	PR	130114-32

Friday Jan 8 - Feb 26

Time	Level	Activity #
Morning		
9:10 A.M.	L1	130101-02
9:55 A.M.	SF 1 & 2	130110-02
10:40 A.M.	PS	130111-03
11:20 A.M.	PR	130114-02

A NOTE ABOUT COMMUNITY CENTER LESSONS

If you wish to swim before or after class in the evenings at the Community Center a wristband may be purchased at the guest service desk. On weekend and weekday mornings, your child will not be able to swim before or after class until open swim, which begins at noon.

Saturday Jan 9 - Feb 27

Time	Level	Activity #	
Morning			
8:15 A.M.	PS	130111-13	
	L1	130101-16	
	L2	130102-11	
	L2.5	130112-11	
	YB	130113-05	
	PR	130114-33	
	PR	130114-34	
	PR	130114-35	
	PR	130114-36	
	PR	130114-37	
	9:00 A.M.	MR	130117-07
PS		130111-14	
L1		130101-17	
L2		130102-12	
L2.5		130112-12	
L2.5		130112-13	
L3		130103-10	
L5		130105-06	
PR		130114-38	
9:45 A.M.		PS	130111-15
		L1	130101-18
	L2	130102-13	
	L2.5	130112-14	
	L2.5	130112-15	
	L3	130103-11	
	L4	130104-06	
	L5	130105-07	
	IS	130109-02	
	9:50 A.M.	SF2	130110-05
	10:30 A.M.	PS	130111-16
PS		130111-17	
L2		130102-14	
L3		130103-12	
L4		130104-07	
L6		130106-02	
PR		130114-39	
PR		130114-40	
PR		130114-41	
10:35 A.M.		SF 1	130110-06
11:15 A.M.		MR	130117-08
	L1	130101-19	
	L2	130102-15	
	L2.5	130112-16	
	L3	130103-13	
	YB	130113-06	
	PR	130114-42	
	PR	130114-43	
	PR	130114-44	

Sunday Jan 10 - Feb 28

Time	Level	Activity #
Morning		
9:00 A.M.	L1	130101-20
	L2	130102-16
	L2.5	130112-17
	PR	130114-45
9:05 A.M.	SF 1 & 2	130110-07
9:45 A.M.	MR	130117-09
	PS	130111-18
	L2	130102-17
	L3	130103-14
	PR	130114-46
10:30 A.M.	SF 1 & 2	130110-08
	L1	130101-21
	L2	130102-18
	L4	130104-08
	PR	130114-47
11:15 A.M.	MR	130117-10
	PS	130111-19
	L2.5	130112-18
	L2.5	130112-19
	L5	130105-08

TWO DAY CLASSES Tuesday/Thursday Dec 1 - Dec 17

6 Lessons Only - discounted fee

Time	Level	Activity #
Evening		
4:30 P.M.	PR	430114-54
	PR	430114-55
	PR	430114-56
	PR	430114-57
	PR	430114-59
5:15 P.M.	L1	430101-23
	L2	430102-24
	PR	430114-58
	PR	430114-59
6:00 P.M.	MR	430117-10
	PS	430111-22
	L3	430103-15
	PR	430114-60
6:45 P.M.	PS	430111-23
	L1	430101-24
	L2.5	430112-25
	PR	430114-61
7:30 P.M.	L2	430102-25
	L2.5	430112-26
	PR	430114-62
	PR	430114-63



RED CROSS COMMUNITY CPR/AED

Ages 16+

Tuesday, Feb. 166:00 P.M. – 10:00 P.M.
\$90; \$81 Shoreview Residents **Activity # 150301-01**

Deadline to Register: Tuesday, Feb. 9

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.

RED CROSS STANDARD FIRST AID

Ages 16+

Thursday, Feb. 186:00 P.M. – 8:30 P.M.
\$60; \$55 Shoreview Resident..... **Activity # 150302-01**

Deadline to Register: Thursday, Feb. 11

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

RED CROSS COMMUNITY CPR/AED & FIRST AID

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Ages 16+

Tuesday, Feb. 166:00 P.M. – 10:00 P.M.
and Thursday, Feb. 186:30 P.M. – 8:30 P.M.
\$106; \$97 Shoreview Residents..... **Activity # 150303-01**

Deadline to Register: Tuesday, Feb. 9

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.

SUPERSITTER BABYSITTING CLINIC

Grades 5 to 7\$62; \$56 Shoreview Resident

8:00 A.M. – 12:00 P.M.

Saturday, Dec. 19..... **Activity # 450101-04**
Saturday, Jan. 16..... **Activity # 150101-01**
Saturday, Feb. 13.....**Activity # 150101-02**
Saturday, Mar. 19.....**Activity # 150101-03**

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.

SNORKELING

Ages 8 to 13

Saturday, Dec 1911:00 A.M. – 12:00 P.M.
\$23; \$21 Shoreview Resident **Activity # 430306-03**
Monday, Jan 1811:00 A.M. – 12:00 P.M.
\$24; \$22 Shoreview Resident..... **Activity # 130306-01**
Monday, Feb 1511:00 A.M. – 12:00 P.M.
\$24; \$22 Shoreview Resident..... **Activity # 130306-02**
Friday, Mar 18.....11:00 A.M. – 12:00 P.M.
\$24; \$22 Shoreview Resident **Activity # 130306-03**

Come learn the basics of snorkeling and we will provide the equipment. A variety of abilities are encourage to join us in discovering the underwater world. Basic swimming skills are needed.

SCOUT MERIT BADGES

Swimming and Lifesaving Merit Badges can be completed at the Shoreview Community Center and Chippewa Middle School. You will be asked to provide the Merit Badge Books and Certification Card. We will provide the Swimming or Lifesaving workbook and Instructor.

Swimming Merit Badge

\$57; \$51 Shoreview Resident.....**Activity # 130301-01**

Tuesday, Jan. 12..... 5:00 P.M. – 8:00 P.M.

Location: Community Center Pool

Wednesday, Jan. 20..... 5:00 P.M. – 7:00 P.M.

Location: Chippewa Middle School Pool

Deadline to Register: Tuesday, Jan. 5

Lifesaving Merit Badge

\$63; \$57 Shoreview Resident.....**Activity # 130301-02**

Thursday, Jan. 14..... 4:00 P.M. – 8:00 P.M.

Location: Community Center Pool

Wednesday, Jan. 20..... 5:00 P.M. – 7:00 P.M.

Location: Chippewa Middle School Pool

Deadline to Register: Thursday, Jan. 7



Photos by Greg Lucid,
courtesy of the
Shoreview Press



Traditional Tae Kwon Do

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes will teach kicking, punching, striking, and blocking techniques through the philosophy and discipline of traditional Tae Kwon Do. While learning self defense, you will develop both physically and mentally. You will improve your stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by certified instructors of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be assessed for registrations received after 12 P.M. on the Wednesday following the first class of the session. **Pre-registration is required; dropins are not permitted.**

BEGINNER CLASS

Tuesdays and Thursdays 6:00 P.M. – 7:00 P.M.

WINTER SESSION A

Jan. 5 – Feb. 11 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity # 110230-01**

WINTER SESSION B

Feb. 16 – March 24 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity # 110232-01**

Location: Gym Activity Room

For ages 7 and older. This class is designed for individuals and families and will teach basic principals and techniques. Small groups or individual attention will be provided as necessary if varying skill levels are apparent. Loose fitting clothing required, no uniform needed.

ADVANCED CLASS

Tuesdays and Thursdays 7:00 P.M. – 8:00 P.M.

WINTER SESSION A

Jan. 5 – Feb. 11 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity # 110231-01**

WINTER SESSION B

Feb. 16 – March 24 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity #110233-01**

Location: Gym Activity Room

For ages 7 and older who have completed the Beginner class. This class will further the student's skills for powerful self defense. Students must attend the beginner class prior to taking the advanced class, even if they have Tae Kwon Do experience. Promotion to the advanced class may be determined at the instructor's discretion. A uniform is required and available through the instructor.

FAMILY DISCOUNT

\$15 off for second family member
\$25 off for third family member

GROUP FITNESS CLASSES

Call for information: 651.490.4750

WINTER SESSION Jan. 4 – March 20 (11 weeks)

Welcome to Shoreview’s group fitness classes. The Shoreview Parks and Recreation Fitness program boasts the best equipment in the industry with two state-of-the-art fitness studios. Our classes utilize high-quality resistive equipment, and new, innovative program offerings. Our instructors are nationally certified and follow the standards and recommendations of nationally accredited fitness organizations.

Shoreview is committed to providing fitness opportunities for individuals of all ages, fitness levels, and health status. Most fitness classes are suitable for everyone, but there are also class options available for beginners and those looking for classes of lower intensity levels. Please feel free to call to find out which classes best suit your needs – 651.490.4750.

Annual Members receive 30% off group fitness classes listed on pages 34-37. Discount now available online!

FITNESS PUNCH CARDS

Give our fitness classes a try! This Punch Card will allow you to take five classes during the session. Note: if individual classes are full, Punch Card holders may not be able to participate. Drop-in class schedule will be available the first week of classes. Card does not include Tae Kwon Do classes.

Cycling, Ballet Fitness, Zumba®, Zumba® Kids and Kettlebell
\$43; \$40.25 Shoreview Resident

Yoga, Pilates, and Yogalates
\$50; \$46.25 Shoreview Resident

All Other Fitness Classes
\$35.50; \$32.50 Shoreview Resident

Available for purchase at the Upper Parks and Recreation Desk during office hours.

* Prices effective January 1.

DROP-IN RATES

Drop-in passes allow you to attend a class. Drop-in schedule will be available the first week of classes.

Yoga, Pilates, and Yogalates \$11.50; \$10.25 Shoreview Resident
Indoor Group Cycling, Ballet Fitness, Zumba®, Zumba® Kids and Kettlebell.....\$10; \$9 Shoreview Resident

All Other Fitness Classes Drop-in Rate
.....\$8; \$7.50 Shoreview Resident

* Prices effective January 1.

MIND/BODY OPTIONS

Barre/Ballet Fitness

The hottest fitness craze since Pilates, this class combines Ballet, Yoga and Pilates to build a strong back, hips, glutes, and core. Movements emphasize muscle lengthening and increasing overall strength. No previous dance experience required.

Mind/Body Yoga & Other Yoga Classes

Begin to experience inner peace through awareness of your mind, body and spirit through various Yoga classes. Mind/Body Yoga emphasizes flexibility, balance and overall strength. Each class teaches stretching, breath awareness, and deep relaxation through meditation. Additional classes include Yoga Strength, Yogalates (a fusion of Yoga and Mat Pilates) and Candlelight Yoga. Candlelight Yoga is performed in the relaxing atmosphere of candlelight.

Pilates Fusion

Pilates is a unique, body conditioning system comprised of stretching and strengthening exercises. Pilates Fusion is an energy infused mix of Pilates and the tools that make it fun including the Bosu®, balance balls, rings, and foam rollers. Strengthen your core and have a fun and effective workout.

NEW! Yoga for Every Body

This class focuses on pose alignment, and pose modifications (if necessary) for bodies of all shapes, sizes, and levels of fitness and flexibility. Use this class to learn the fundamentals of yoga poses, improve your current yoga experience, or to supplement your current yoga routine in a body positive supported environment.

NEW! KIDS FITNESS

NEW! Music In Motion

Designed for you and your children to attend together, this class encourages children to move and groove to tunes while working on mobility, strength and balance. Ages 3-6.

NEW! Pajama Yoga

Dress in your jammies and wind down the weekend with this calming yoga class designed for kids ages 4-8. This class is designed to teach kids calming techniques in a fun atmosphere, while promoting flexibility and healthy body image.

STRENGTH OPTIONS

Kettlebell Training

Transform your body with kettlebell exercises that develop strength, power and stamina. This kettlebell class fuses exercises using kettlebell and non-kettlebell conditioning drills to provide a total body workout that will leave you feeling strong and lean.

Power Pump

Power Pump is a strength training workout that targets the major muscle groups to strengthen and tone your body. This class utilizes supersets, tempo changes, alternating slow and fast reps, and pulsing that challenges your body. Equipment used includes a weight bar, weight plates, dumbbells, and resistance bands. Power Pump is suitable for all fitness abilities. For best results, attendance twice a week is recommended.

Strength Training

This basic strength class uses hand weights, resistance bands, stability balls and various other equipment to strengthen every major muscle group in your body. Everyone works at their own ability and chooses their own weight loads and resistance levels.



STRENGTH/CARDIO OPTIONS

Boot Camp

This workout incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Class formats may include Tabata, strength exercises, circuit training, core work, bodyweight exercises and a variety of other training methods to ensure you maximize your results.

BOSU® Fusion

BOSU® fusion combines step, strength, plyometric and core training exercises on the BOSU® Balance Trainer, and utilizes additional equipment like weights and bands to provide a full-body cardiovascular, core, and strength workout.

Cardio Dance

Increase cardiovascular endurance and burn fat as you workout using combinations of movements and floor patterns. The instructor provides modifications, including low-impact alternatives, to accommodate all fitness levels, creating a fun cardio class that will help you reach your goals safely and effectively.

Cardio Kickboxing

A dynamic and energetic class that combines kicks, jabs, upper and full body movements to strengthen your body, and provide a great cardiovascular workout.

Core Fusion

If you're looking for a strong, lean and graceful body, then this class is for you. Core Fusion mixes body sculpting strength exercises with cardio, flexibility, and balance work to help you achieve a lean look.

Cycle Boot Camp

This fusion of Indoor Group Cycling and Boot Camp combines traditional indoor cycling on stationary cycles, and strength and cardio exercises performed off the bike to maximize your workout time and provide a

Dance, Fit and Strength

A fusion of Cardio dance aerobics and strength exercises makes this the perfect class combination. Have fun as you build strength, improve your cardiovascular fitness levels, and get a balanced, total body workout.

Indoor Group Cycling

Indoor Group Cycling is fun, challenging and accommodates all fitness levels using revolutionary group exercise cycles. This energetic class consists of a continuous bike ride set to up-beat music. Climb hills, sprint, and ride in and out of the saddle to simulate cycling outdoors. The resistance of the stationary bikes is adjustable to provide a variety of intensities.

Step Cardio

Warm up with basic step moves, then learn fun patterns, combinations and movements on an adjustable step to work at all levels of endurance. Class ends with a core exercise component and a cool-down.

Step and Strength

This class improves cardio fitness, increases fat burning and builds muscle. This is a great cross-training class that utilizes an adjustable step and resistance equipment. All levels and abilities are encouraged to participate. This class will keep you moving and motivated.

Tabata

Tabata features 20 second intervals of extreme exercise, followed by 10 seconds of rest, repeated eight times. These bursts of intense exercise mixed with various other strength and cardio drills will torch calories, increase your cardiovascular endurance, and build muscle in minimal time.
*30 minute class.

Total Body Workout

Work all of your muscles in this total body workout. Improve your agility, speed, strength and endurance. Classes utilize a variety of weights, bodyweight exercises, conditioning drills, cycling, kickboxing, core work, kettlebells and more. Come ready to work, leave feeling accomplished.

Zumba®

Take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. Super effective and fun!

Zumba® Gold

The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave feeling strong. Perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves you love with less impact.

SENIOR CLASSES

SeniorFIT Strength Training

This strength training class focuses on increasing muscular strength, making everyday tasks such as lifting and bending safer and easier. Moving to your favorite music, the instructor will lead you in a variety of exercises using light weights, bands and exercise balls.

SeniorFIT Advanced Circuit

This class balances cardiovascular and strength training, providing a well-rounded, efficient workout. Use a variety of fitness equipment like resistance bands and hand-weights, combined with non-impact aerobics, and motivating music to get moving.

SeniorFIT Yoga and Stretch

Feel your stress melt away as the instructor takes you through yoga positions to increase your flexibility, improve your balance, and strengthen your core. Leave class feeling refreshed, relaxed and energized.



GROUP FITNESS

MORNING AND DAYTIME CLASSES All classes are 50 minutes unless otherwise indicated.

WINTER FITNESS CLASSES 2016: January 4 – March 20 (11 Weeks).

MONDAY		Reg/Sv. Res	Activity #
5:35 A.M.	Total Body Workout	\$68/\$62	110502-01
8:30 A.M.	Strength Conditioning	\$68/\$62	110539-01
8:30 A.M.	SeniorFIT - Strength Training*	\$68/\$62	110161-01
9:15 A.M.	Aqua Fit	\$68/\$62	110522-01
9:30 A.M.	Total Body Workout	\$68/\$62	110502-06
9:30 A.M.	Core Fusion	\$68/\$62	110527-01
11:45 A.M.	Mind/Body Yoga	\$102/\$91	110506-01
TUESDAY			
5:35 A.M.	Core Fusion	\$68/\$62	110530-01
8:15 A.M.	SeniorFIT - Aqua Exercise*	\$68/\$62	110162-01
8:30 A.M.	Mind/Body Yoga	\$102/\$91	110506-02
8:30 A.M.	Power Pump	\$68/\$62	110523-02
9:15 A.M.	Aqua Fit	\$68/\$62	110522-02
9:30 A.M.	Barre/Ballet Fitness	\$86/\$79	110508-01
9:30 A.M.	Step Cardio	\$68/\$62	110516-01
10:30 A.M.	Zumba Gold®	\$86/\$79	110543-01
10:30 A.M.	Yoga for Every Body	\$102/\$91	110518-01
11:45 A.M.	Strength Conditioning	\$68/\$62	110502-05
12:45 A.M.	SeniorFIT - Strength Training	\$68/\$62	110161-03
WEDNESDAY			
5:35 A.M.	Total Body Workout	\$68/\$62	110502-02
8:30 A.M.	Cardio & Strength Conditioning	\$68/\$62	110540-01
9:15 A.M.	Aqua Fit	\$68/\$62	110522-03
9:30 A.M.	Total Body Workout	\$68/\$62	110502-07
9:30 A.M.	SeniorFIT - Strength Training*	\$68/\$62	110161-02
10:40 A.M.	SeniorFIT - Yoga & Stretch*	\$68/\$62	110163-02
11:45 A.M.	Mind/Body Yoga	\$68/\$62	110506-04
THURSDAY			
5:35 A.M.	Power Pump	\$68/\$62	110530-02
8:30 A.M.	Mind/Body Yoga	\$102/\$91	110506-07
8:30 A.M.	Power Pump	\$68/\$62	110523-06
9:15 A.M.	Aqua Fit	\$68/\$62	110522-04
9:30 A.M.	Step Cardio	\$68/\$62	110516-04
9:30 A.M.	Core Fusion	\$68/\$62	110531-06
10:30 A.M.	Dance, Fit and Strength	\$68/\$62	110549-01
11:45 A.M.	Strength Conditioning	\$68/\$62	110539-04
12:45 A.M.	SeniorFIT - Strength Training*	\$68/\$62	110161-04
FRIDAY			
5:35 A.M.	Total Body Workout	\$68/\$62	110502-03
8:15 A.M.	SeniorFIT - Aqua Exercise*	\$68/\$62	110162-02
8:30 A.M.	Strength Conditioning	\$68/\$62	110539-02
8:30 A.M.	SeniorFIT - Advanced Circuit	\$68/\$62	110165-01
9:15 A.M.	Aqua Fit	\$68/\$62	110522-05
9:30 A.M.	Total Body Workout	\$68/\$62	110502-08
10:40 A.M.	SeniorFIT - Yoga & Stretch	\$68/\$62	110163-03
SATURDAY			
8:30 A.M.	Zumba®	\$86/\$79	110544-06
9:30 A.M.	Music in Motion (starts 1/16)	\$31/\$28	110519-01
	*price per participant – 1 adult must register with child/children		
SUNDAY			
8:30 A.M.	Indoor Group Cycling	\$86/\$79	110512-09

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center

P.M. classes on next page

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

REGISTER EARLY AND SAVE YOUR SPOT IN CLASS!

Classes with fewer than 6 registered participants are subject to cancellations.

Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.

For updated class times and locations, please see schedules available on-line and at the Community Center or scan this code.



CHILD CARE AVAILABLE!

Mon-Sat.....8 A.M. – 12:30 P.M.
 Mon-Thu.....4 P.M. – 8:30 P.M.
 Fri.....4 P.M. – 8 P.M.

Rate \$1 per hour per child.

EVENING CLASSES

All classes are 50 minutes unless otherwise indicated.
WINTER FITNESS CLASSES 2016: January 4 – March 20 (11 Weeks).

		Reg/Sv. Res.	Activity #
MONDAY			
4:10 P.M.	Zumba®	\$86/\$79	110544-02
5:20 P.M.	Step and Strength	\$68/\$62	110514-01
5:20 P.M.	Yogalates	\$102/\$91	110525-01
6:25 P.M.	Cycle Boot Camp	\$86/\$79	110534-01
6:25 P.M.	Core Fusion	\$68/\$62	110531-01
6:30 P.M.	Zumba®	\$86/\$79	110544-10
7:30 P.M.	Power Pump	\$68/\$62	110523-04
TUESDAY			
4:30 P.M.	Tabata (30 min.)	\$68/\$62	110513-02
5:20 P.M.	Mind/Body Yoga	\$102/\$91	110506-03
5:20 P.M.	Power Pump	\$68/\$62	110523-03
5:30 P.M.	Aqua Fit	\$68/\$62	110522-06
6:25 P.M.	Pilates Fusion	\$102/\$91	110507-03
6:25 P.M.	Cardio Kickboxing	\$68/\$62	110501-01
6:45 P.M.	Aqua Fit	\$68/\$62	110522-07
7:30 P.M.	BOSU Fusion	\$68/\$62	110542-01
7:30 P.M.	Zumba®	\$86/\$79	110544-21
WEDNESDAY			
4:15 P.M.	Kettlebell Training	\$86/\$79	110528-03
5:15 P.M.	Step Cardio	\$68/\$62	110516-03
5:20 P.M.	Yogalates	\$102/\$91	110525-02
6:25 P.M.	Ballet Fitness	\$86/\$79	110508-02
6:25 P.M.	Boot Camp	\$68/\$62	110532-02
6:25 P.M.	Indoor Group Cycling	\$86/\$79	110512-05
7:30 P.M.	Mind/Body Yoga	\$102/\$91	110506-06
7:30 P.M.	Power Pump	\$68/\$62	110523-08
THURSDAY			
4:15 P.M.	Indoor Group Cycling	\$86/\$79	110512-03
5:20 P.M.	Yoga Strength	\$102/\$91	110524-01
5:20 P.M.	Power Pump	\$68/\$62	110523-07
5:30 P.M.	Aqua Fit (No class March 17th)	\$62/\$56	110522-08
6:25 P.M.	Zumba®	\$86/\$79	110544-03
6:25 P.M.	Pilates Fusion	\$102/\$91	110511-01
6:45 P.M.	Aqua Fit (No class March 17th)	\$62/\$56	110522-09
7:30 P.M.	Mind/Body Yoga	\$102/\$91	110506-05
FRIDAY			
4:30 P.M.	Zumba®	\$86/\$79	110544-04
SUNDAY			
4:30 P.M.	Pajama Yoga	\$68/\$62	110520-01
5:30 P.M.	Candlelight Yoga	\$102/\$91	110537-01

SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center. **A.M. classes for Saturday & Sunday on previous page**

NOTES ABOUT GROUP FITNESS CLASSES:

- Classes with fewer than 6 registered participants are subject to cancellations.
- Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.
- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- Annual Community Center members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Senior Fit classes are free to any senior with an annual Membership.
- Fitness class attendance for members is applicable to the minimum monthly visits required by insurance providers to receive insurance reimbursements.
- All classes are 50 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Minimum age is 14. Ages 12 & 13 may sign up with a parent/guardian.
- Group Fitness insurance Program available. See website for more information.
- Two make-up classes are available per class registration. Please email recreation@shoreviewmn.gov to request a make-up pass.

*** SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.**

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

Scan this code for an updated class schedule:



COMMUNITY CENTER MEMBER EQUIPMENT ORIENTATION

(Individual or Group)

FREE to members age 14 and older

All members of the community center are encouraged to attend a fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize the strength and cardiovascular equipment with correct form and provide guidelines for safe exercise and improved fitness. The schedule and sign-up sheet for equipment orientations is located on the desk in the fitness center. For more information call 651.490.4750.

INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13

\$40; \$35 Shoreview Res.Activity # 510299-01

Shoreview Community Center

Adolescent exercise is safe and effective when proper form is used and appropriate guidelines are followed. The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover a beginning strength training program and guidelines for cardiovascular exercise. Parents are welcome and questions are encouraged. The Teen Equipment Orientation is required for 12 and 13 year olds to use the fitness center. Registration forms are available at the front desk and lower level service desk. **The schedule and sign-up sheets for teen equipment orientations are located on the desk in the fitness center,** or call 651.490.4768 to find out more.

KETTLEBELL TRAINING

A kettlebell is a weighted iron ball with an attached handle. In addition to traditional strength training exercises, kettlebells can be used to perform “swings,” “presses,” and a variety of other dynamic movements that require the large muscle groups to work together. Expect an increase in strength, power, coordination and stamina while developing muscles of the upper and lower body. One-on-one Kettlebell Training is available in packages of 1,3,6 and 12 sessions. Small group training sessions are also available and can be scheduled by calling 651.490.4750.

Personal Training:

Personal Training can benefit anyone regardless of physical condition or age. A trainer can plan a safe, effective program and provide one-on-one instruction to ensure that you use proper form and technique, exercise at the appropriate intensity, and maximize the effectiveness of your workout. Personal Trainers serve as coaches, educators and a source of encouragement to help you overcome obstacles and stick to your program.

Personal Trainers will:

- Establish realistic goals and determine safe strategies to achieve those goals
- Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- Achieve maximum results in minimum time
- Provide encouragement and accountability

Goals Achieved Through Personal Training:

- Reach and maintain a healthy weight
- Reduce body fat and build muscle
- Strengthen your body
- Improve strength and cardiovascular fitness
- Recover from an injury
- Train for sports, triathlons, running events, and fitness challenges

How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, while others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress. Personal Training comes in packages of 1, 3, 6 and 12 sessions. All sessions expire one year from the date of purchase.

Sessions	Regular	Resident
Fitness Assessment.....	\$ 32.....	\$ 27
Single Session.....	\$ 67.....	\$ 62
Three Sessions.....	\$ 186.....	\$171
Six Sessions.....	\$351.....	\$326
Twelve Sessions.....	\$664.....	\$614

What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, postural assessment, cardiovascular testing, and sports-specific tests. You can register for a fitness assessment without signing up for personal training, however, assessments are included in personal training packages of 3, 6, and 12 sessions for first time clients.

NEW FITNESS CLASSES

YOGA FOR EVERY BODY

Class focuses on pose alignment, and pose modifications for bodies of all shapes, sizes, and levels of fitness and flexibility.

PAJAMA YOGA

Dress in your jammies and wind down the weekend with this calming yoga class, designed for kids ages 4-8.

MUSIC IN MOTION

Designed for you and your children to attend together, this class encourages children to move and groove to tunes!

More information on page 33.

THEMED CYCLE FRIDAYS

Starting in January, we will be hosting monthly Themed Cycle classes. Join instructor Mike for these fun, 90 minute adventure rides with themed music and activities. Dates and themes are as follows:

January 8th @ 5:30pm: Flashback Friday

Dress in your favorite decade gear and enjoy music from the past as you cycle through the decades!

February 5th @ 5:30pm: Tropical Ride

Escape to a tropical island and wear your favorite tropical shirt.

March 4th @ 5:30pm: Superhero Ride

Wear your favorite cape and bike with your fellow superheros as you power through this workout.

Shoreview Walking Club



Walk this way to better health!

This Fall, Shoreview launched a Walking Club that met twice a week to walk as a group, socialize, and experience Shoreview's extensive parks and trail system. Although the walks are on pause for the Winter months, check the Spring Shoreviews to see when the Walking Club resumes, dates of health and fitness presentations that are free to Shoreview Walking Club members, and how to join! 651.490.4750

KIDS FITNESS CLASSES

See page 33 for details



For information on
2015-16 class availability
call 651.490.4750



2016-2017 School Year

Registration begins at our open house on January 21, 2016 from 6:00 – 7:30 P.M. You also may register on-line beginning Monday, January 25, 2016. A \$50 non-refundable registration fee is required at the time of registration. This fee is not applied toward tuition. Monthly tuition is charged August – April.

Our preschool program offers your child a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten.

Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, children have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience.

Our teachers have decades of teaching experience and create a warm, welcoming, and caring environment in which your child will thrive. Each class provides time for dramatic play, storytelling, music, arts & crafts, and a snack.

2½ TO 3 YEAR OLD CLASSES

Our preschool classes for 2½ to 3 year olds will offer your child a great first-time classroom experience. Class time will include opportunities for your child to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Children must be 3 years old by March 1, 2017.

Monday Funday AM.....9:00 A.M. – 10:30 A.M.
Monday Funday PM..... 11:00 A.M. – 12:30 P.M.
 \$64/month; \$58/month Shoreview Resident

Friday Funday AM.....9:00 A.M. – 10:30 A.M.
Friday Funday PM..... 11:00 A.M. – 12:30 P.M.
 \$58/month;\$52/month Shoreview Resident



3 TO 4 YEAR OLD CLASSES

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Children will learn social skills and self-help abilities through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2016.

Tiny Treasures
 Wednesday & Friday.....9:00 A.M. – 11:30 A.M.
 \$130/month; \$119/month Shoreview Resident

ABC's & 123's
 Tuesday & Thursday 1:00 P.M. – 3:30 P.M.
 \$141/month; \$128/month Shoreview Resident



4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare your child to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 4 years old by September 1, 2016.

Alpha Kids

Tuesday & Thursday 9:00 A.M. – 12:00 P.M.
\$156/month; \$142/month Shoreview Resident

Stepping Stones

Monday, Wednesday & Friday 12:30 P.M. – 3:30 P.M.
\$200/month; \$182/month Shoreview Resident



SPECIALTY CLASSES (3 TO 5 YEAR OLDS)

Busy Buddies

Monday 9:00 A.M. – 11:30 A.M.
\$103/month; \$94/month Shoreview Resident

This class will offer your 3 to 5 year old children a fun and energy-filled preschool adventure. Children will learn the basics of letters, science and Spanish. Swimming lessons are included in 8 week sessions during the fall, winter, and spring. Class time will also consist of constructive play, story time, music and movement, physical education, and snack. Children must be 3 by September 1, 2016.

Story Stretchers

Tuesday 9:00 A.M. – 11:30 A.M.
\$85/month; \$77/month Shoreview Resident

Your 3 to 5 year old child is sure to love this literature based class! The class will focus on ensuring your child understands the content of stories told during class by using dramatic play, acting, art, circle time, sensory, science, math, large muscle time, and snack. Development of a child's literacy skills is crucial during a child's early years. This class will heighten reading readiness, sharpen comprehension skills and help your child develop a love for reading. Children must be 3 by September 1, 2016.

Investigators

Wednesday 9:00 A.M. – 11:30 A.M.
\$83/month; \$75/month Shoreview Resident

This preschool class will give your 3 to 5 year old an opportunity to discover the world of science and all of its wonders. This class will include time for individual and group discovery, art projects, snacks, sharing, creative movement and occasional outdoor activities. Children must be 3 by September 1, 2016.

Math Monsters

Thursday 9:00 A.M. – 11:30 A.M.
\$80/month; \$73/month Shoreview Resident

This specialty preschool class will provide your 3 to 5 year old with a fun learning atmosphere that focuses on math skills. For all those kids who like numbers, solving problems, and having fun with shapes, this class has it all! A concentration on math is essential in the early years of child development and this class will include work on one to one correspondence, geometry, counting, along with having fun. Also included is 30 minutes of gym time and a snack. Children must be 3 by September 1, 2016.

NEW! MUSIC IN MOTION

Ages 3-6.....\$31; \$28 Shoreview Res/per registrant
 Saturdays.....9:30 A.M.
 January 16 – March 19..... **Activity # 110519-01**

Designed for you and your children to attend together, this class encourages children to move and groove to tunes while working on mobility, strength and balance. Ages 3-6. Parent must register with child/children.

NEW! PAJAMA YOGA

Ages 4-8..... \$68; \$62 Shoreview Res
 Sundays..... 4:30 P.M.
 January 10 – March 20..... **Activity # 110520-01**

Dress in your jammies and wind down the weekend with this calming yoga class designed for kids ages 4-8. This class is designed to teach kids calming techniques in a fun atmosphere, while promoting flexibility and healthy body image.



WISH UPON A BALLET



Ages 3 to 6
 Tuesdays.....\$75

Session I: Jan. 5 - Feb. 16 (7 weeks)
 Theme: The Four Seasons
 9:30 A.M. – 10:15 A.M. **Activity # 170202-01**
 10:15 A.M. – 11:00 A.M. **Activity # 170202-02**

Session II: Feb. 23 - April 12 (No class March 22, 7 weeks)
 Theme: Alice in Wonderland
 9:30 A.M. – 10:15 A.M. **Activity # 170203-01**
 10:15 A.M. – 11:00 A.M. **Activity # 170203-02**

Shoreview Community Center

Wish upon a Ballet is a dance program for children that incorporates popular children’s stories as well as ballet to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun! Girls and boys will need ballet shoes. Girls should wear a leotard and tights. Boys should wear comfortable clothes they can move around in. Shoes will be available to order at the first day of class for an extra fee.





Tumbling

Children will discover the sport of tumbling within a positive, educational atmosphere. Along with athletics, participants will learn self-discipline and have fun. Please register your child in the appropriate skill level; this will ensure that all participants learn as much as possible. Due to space limitations, we are unable to provide an observation area; parents are invited to observe the final class. For answers to your questions about placement, call 651-490-4750.

TODDLER AND PARENT

Ages 2 and 3 \$87; \$77 Shoreview Resident
Saturdays.....9:45 A.M. – 10:30 A.M.
January 9 – February 27..... **Activity # 180101-01**
Saturdays..... 10:45 A.M. – 11:30 A.M.
January 9 – February 27..... **Activity # 180101-02**

A fast-paced class for energetic 2 and 3 year old toddlers to explore their motor skills. This class is an excellent opportunity for youngsters to safely increase body awareness and coordination. The loose structure of this class allows children to acquire skills according to their own abilities and interests. One child per adult. Parent participation and support are part of the class. No siblings will be allowed on gymnastics equipment.

TUMBLING TYKES

Ages 3 and 4 \$87; \$77 Shoreview Res
Saturdays..... 11:45 A.M. – 12:30 P.M.
January 9 – February 27..... **Activity # 180102-01**

Enhance your preschooler’s hand-eye coordination and motor skills. Designed for active 3- and 4-year olds who want to learn basic tumbling, using special equipment designed for smaller gymnasts.

ROLLY POLLYS

Ages 4 and 5 \$87; \$77 Shoreview Res
Saturdays..... 12:45 P.M. – 1:30 P.M.
January 9 – February 27..... **Activity # 180103-01**

For the active 4- to 5-year old child, we offer a special class that teaches basic tumbling and works on hand-eye coordination and motor skills. Participants will begin to learn basic skills on floor, balance beam, bars and vault.

BEGINNERS HEADSTANDERS/ HANDSTANDERS

Ages 5 to 8..... \$87; \$77 Shoreview Res
Saturdays..... 1:45 P.M. – 2:30 P.M.
January 9 – February 27..... **Activity # 180104-01**

Designed for children 5 to 8 years old who want to learn the sport of gymnastics. Emphasis will be on learning the basic positions and skills on the floor, beam, bars and vault.



RECREATIONAL ICE SKATING INSTRUCTION

WINTER 2016 SCHEDULE Get an edge on winter fun by enrolling in ice skating lessons early.

Saturdays, January 9 – February 20 (7 week session)

Snowplow Sam to Level 4 and

Specialized Classes \$89; \$78 Shoreview Resident
Pre-snowplow.....\$140; \$127 Shoreview Resident
Private Lessons.....\$183; \$167 Shoreview Resident

The Shoreview Arena, 96 and Victoria

Skate Rental is NOT available at the rink.

GROUP LESSONS

Pre-snowplow

Beginning skating class for 4-8 year old participants that are unable to stand on the ice with out assistance from an adult. This class will help participants gain the strength and confidence to stand on their own on the ice while introducing preliminary skating moves and techniques. All participants must wear a helmet while on the ice.

Snowplow Sam

Snowplow Sam introduces preliminary moves to 4-10 year olds. These classes will help develop the familiarity, coordination and strength needed to maneuver on skates. All participants must wear a helmet while on the ice. This class is for beginning skaters with no previous skating experience. Participants must be able to stand on ice skates without assistance.

Level 1

Beginning class for those that are comfortable on the ice. Includes getting up, forward glide, two-foot gliding, and snowplow stop. All participants must wear a helmet on the ice.

Level 2

Teaches backward skating, backward glide, forward one-foot glide, two foot turn from forward to backward. All participants must wear a helmet on the ice.

Level 3

Includes forward and backward one foot snowplow stop, turns, forward swizzles and stroking.

Level 4

Teaches forward edges, forward crossovers & backward glides.



Helpful Tips for Skaters: Lace skates more snugly in the middle of the shoe than at the top or bottom for best support. Skates should fit correctly – don't use skates that are too big. Keep the blades sharp. Wear one pair of light-weight wool or synthetic socks. Cotton socks are not suitable for skating. If a child does not meet the basic requirements of the level registered for, it is at the discretion of the instructor to adjust the child's level.

Helmets: For safety, all participants in Pre-Snowplow Sam, Snowplow Sam, Level 1, and Level 2 are required to wear helmets. Bike helmets are acceptable. (Helmets not provided.)

PRIVATE LESSONS

Personalized, high-quality skating instruction for all ages that want to improve their skating ability. This program offers one-on-one skating instruction for the casual or competitive skater. Note: Private lessons only last 30 minutes. Lessons are tailored to skill levels up to Level 4.

SPECIALIZED CLASSES

Adult

This class will benefit all skill levels. Participants will be challenged based on their individual skills, ranging from the basics of skating, including forward and backward gliding and stroking, turning and stopping to more advanced skills, including the use of inside and outside edges, crossovers, and combined movements to increase ice-skating pleasure. Class is tailored to meet participants needs.

WINTER ICE SKATING SCHEDULE

Time	Class	Activity#
9:20 A.M. – 9:55 A.M.	Snowplow	170401-01
	Level 1	170402-01
	Level 2	170403-01
10:00 A.M. – 10:35 A.M.	Snowplow	170401-02
	Level 1	170402-02
	Level 3	170404-01
10:40 A.M. – 11:15 A.M.	Snowplow	170401-03
	Adult	170407-01
	Level 4	170405-01
11:25 A.M. – 12:00 P.M.	Pre-Snowplow	170400-01
12:05 P.M. – 12:35 P.M.	Private	170408-01
	Private	170408-02
	Private	170408-03
	Private	170408-04
	Private	170408-05

LETTER FROM SANTA

\$5 per child.....Activity # 160102-01

Deadline to register: Monday, Dec. 7

Santa would like to wish you all a very happy holiday from the North Pole. This letter will come in an envelope with Santa's name and return address in the corner, addressed directly to your child. Please include the following information on your registration form: three gifts your child is likely to receive, names and ages of siblings, names of pets, school attending, hobbies, and positive personality traits. Letters mailed around December 14.



SANTA'S WORKSHOP

Saturday, December 12

\$6; \$5 Shoreview Resident

Session 1: 9:00 A.M. – 10:00 A.M.

Youth.....Activity # 160104-01

Adult.....Activity # 160104-02

Session 2: 10:30 A.M. – 11:30 A.M.

Youth.....Activity # 160104-03

Adult.....Activity # 160104-04

Deadline to Register: Monday, Dec. 7

Come spend the morning with Santa at his workshop! Were you will enjoy a continental breakfast, a craft, and visiting time with Santa himself! You don't want to miss out on this memorable family fun! Don't forget to check out the Kids Secret Holiday Shopping Spree after! Each session is limited to 30 kids. Children must be accompanied by an adult. Pre-registration required. No Walk-ins Allowed.



KIDS SECRET HOLIDAY SHOPPING SPREE

Ages 3-12

Saturday, December 12..... 9:00 A.M. – 12:00 P.M.

Shoreview Community Center

Are the kids looking for gifts for family members and friends around the Holiday season? Bring the kids to do some quick, inexpensive shopping with the help of Parks and Recreation Staff and volunteers, while mom and dad sit back and relax in the fireside lounge. Send your child with a list of people that need gifts and a designated dollar amount to spend per person. Gifts range from \$0.50 to \$15. The Parks and Recreation staff and volunteers will assist your child with making purchases and wrapping gifts.



HOLIDAY COOKIE DECORATING

Saturday, December 19.....9:00 A.M. – 10:00 A.M.

\$12; \$10 Shoreview Resident.....Activity # 160105-01

Shoreview Community Center

Deadline to Register: Friday, Dec. 11

Come have fun and decorate a dozen holiday cookies! Each child will get a dozen cookies and be provided with all the decorating supplies. Please, bring a container to transport your beautiful cookies home! **Children must be accompanied by an adult.**



DIVE-IN MOVIE

Friday, January 29 & March 4..... 7:00 P.M.

Shoreview Community Center

Join your friends and family at the Tropics Indoor Water Park inside the Shoreview Community Center for Dive-In Movie nights! Guests can float with water noodles (not provided), relax on giant sea creatures, or lounge on pool-side chairs and enjoy a popular family friendly movie. No need to register. The purchase of a daily pass on the day of the movie will be your ticket. Free for Community Center Members. Please note the hot tub will be closed during and after the movie. Movie titles will be posted at the Community Center or call 651.490.4750 for more information.



SHOREVIEW EGG HUNT

Saturday, March 19, 2016..... 10:00 A.M.
\$10; \$8 Shoreview Resident..... **Activity #: 260219-01**

Location: Shoreview Community Center Pavilion

Deadline to Register: Friday, March 20

Join the Bunny in an Old-Fashioned eggciting hunt for prized-filled eggs! Each participant will be given a Easter bag for the hunt! Space is limited. Register by March 20. The Shoreview Egg Hunt is held outdoors. Please, dress for the weather.



SWEETHEART DANCE

Ages 10 and under..... Shoreview Community Center

Friday, February 12, 2016..... 6:30 P.M. – 8:00 P.M.

\$7; \$6 Shoreview Resident Youth..... **Activity # 160107-01**

\$7; \$6 Shoreview Resident Adult..... **Activity # 160107-02**

Deadline to Register: Friday, Feb. 6

Put on your party clothes, grab a special adult, and join us for our annual Sweetheart Dance! There will be a DJ playing music, crafts, treats and fun for all to enjoy. So come dressed to impress and spend a special evening with someone you love. Oh, and don't forget your camera. You will want to capture these sweethearts on film!



FAMILY NEW YEAR'S EVE PARTY

\$10 youth (ages 1-17)..... **Activity # 160103-01**

\$8 adults (ages 18 & over)..... **Activity # 160103-02**

Wednesday Dec. 31..... 5:30 P.M. – 8:00 P.M.

Bring the whole family to Shoreview's annual New Year's Eve Party! Join us for face painting, crafts, and games. As always, adventure awaits in the Tropical Adventure Indoor Playground and Tropics Indoor Waterpark. Zoom down the water slide while enjoying a light and music show. Ring in the New Year with a spectacular balloon drop at 7:45 p.m. Fee includes admission to the waterpark, playground, and all activities. Concessions are available for an additional fee at the Wave Café. Register by December 30th and save! Price is \$12 at the door.

The staff at PHD Baseball is proud to present a full line of baseball training for all levels of baseball and softball players. From the newest beginner, to the well seasoned tournament traveling athlete, we have a camp that's the right fit for you. Our staff has many years of training and thousands of hours of expert tutelage. PHD staff are ready to share a fun and positive baseball experience with young people in our community. Play Ball!

BASEBALL ABC'S & 1,2,3'S

2nd & 3rd Grade

\$175 per participant

Saturdays, 1:00 P.M. – 2:30 P.M.

Session 1: January 9, 16, 23, 30.....**Activity # 190902-01**

Session 2: February 6, 13, 20, 27.....**Activity # 190902-02**

Session 3: March 5, 12, 19, 26.....**Activity # 190902-03**

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

Focusing on all aspects of the game of baseball as follows: proper hitting technique, throwing, fielding, and pitching. Each session will be a 90 minute block that will allow plenty of time for proper warm ups; groups will switch after 45 minutes.

BASEBALL 101

4th & 5th Grade

\$175 per participant

Saturdays, 2:30 P.M. – 4:00 P.M.

Session 1: January 9, 16, 23, 30.....**Activity # 190902-04**

Session 2: February 6, 13, 20, 27.....**Activity # 190902-05**

Session 3: March 5, 12, 19, 26.....**Activity # 190902-06**

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

This is the prime age for the proper fundamental approach and a consistent execution of baseball plays (hitting, fielding, infield play and pitching). This session features ninety minute blocks, with speed and agility at the beginning or end.



ELITE BASEBALL PREPARATION

\$175 per participant

6th & 7th Grade

Sundays, 1:00 P.M. – 2:30 P.M.

Session 1: January 10, 17, 24, 31.....**Activity # 190902-07**

Session 2: February 7, 14, 21, 28.....**Activity # 190902-08**

Session 3: March 6, 13, 20, 27.....**Activity # 190902-09**

8th - 12th Grade

Sundays, 3:00 P.M. – 4:30 P.M.

Session 1: January 10, 17, 24, 31.....**Activity # 190902-10**

Session 2: February 7, 14, 21, 28.....**Activity # 190902-11**

Session 3: March 6, 13, 20, 27.....**Activity # 190902-12**

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

Ground balls are harder, batting practice is faster, and pitching is tougher. This session will be faster paced, and hustling is key. Traveling or in-house - all will benefit from 90 minutes of baseball preparation and speed conditioning.

SPRING TRAINING BASEBALL

\$175 per participant

Mon. – Thurs., March 21-24..... 10:00 A.M. – 11:00 A.M.

2nd – 4th Grade.....**Activity # 190902-13**

Mon. – Thurs., March 21-24..... 11:00 A.M. – 12:00 P.M.

5th & 6th Grade.....**Activity # 190902-14**

Mon. – Thurs., March 21-24..... 1:00 P.M. – 2:00 P.M.

7th & 8th Grade.....**Activity # 190902-15**

Mon. – Thurs., March 21-24..... 2:00 P.M. – 3:00 P.M.

9th - 12th Grade.....**Activity # 190902-16**

Location: PHD Baseball, 3773 Lexington Avenue,
Arden Hills, 55112

This camp is geared towards getting young players ready for Spring tryouts. The focus will be heavy on tryout preparation (pitching, hitting and fielding). One hour features compact sessions, focused on basics and fundamentals of the three most important aspects of the game. All grade levels will have plenty of time to prepare and get warm before each session. Player to coach ratio is 6:1.

BASKETBALL

Grades 1 to 33:30 P.M. – 4:30 P.M.
\$45 per participant

Island Lake Elementary - Gym

Mondays, Jan. 25 – March 7Activity # 190403-01
(No class Feb. 15)

Turtle Lake Elementary - Gym

Tuesdays, Jan. 26 – March 1Activity # 190403-02

Learn fundamentals of basketball and play in some games each class period. We provide the instruction and equipment; kids provide the desire to learn and have fun. Class meets inside gym.



SOCCER

Grades 1 to 3 3:30 P.M. – 4:30 P.M.
\$45 per participant

Island Lake Elementary - Gym

Thursdays, Feb. 4 – March 10 Activity # 190406-01

Turtle Lake Elementary - Gym

Wednesdays, Jan. 27 – March 2 Activity # 190406-02

Learn the fundamentals of the fun and exciting game of soccer. Kids will build on their skills each week by participating in a variety of drills and games.

LITTLE STRIKERS BOWLING CAMP



Ages 5 to 10

Monday & Wednesday, Dec. 28 & 30 ... 10:00 AM – 11:30 AM
\$40 per participantActivity # 190901-01

Flaherty's Arden Bowl – 1273 West Co. Rd E, Arden Hills 55112

Deadline to Register: 1-week prior to the camp start date.

This camp is designed for beginning bowlers. Kids will learn bowling basics. They will also visit Bowlopolis, an animated city all about bowling, where they'll meet the characters and learn that bowling is fun! Participants will receive lunch each day of camp. Lunch will be served 30-minutes prior to camp ending. Transportation NOT provided.



FOOTBALL

Grades 1 to 3 4:40 P.M. – 5:40 P.M.
\$45 per participant

Island Lake Elementary - Gym

Thursdays, Feb. 4 – March 10Activity # 190402-01

Turtle Lake Elementary - Gym

Wednesdays, Jan. 27 – March 2Activity # 190402-02

Huddle up, football is here! Kids will learn basic rules, strategies and skills to enjoy the game. Each week kids will participate in warm up exercises, drills and 2-hand touch or flag football games. Focus is on the fundamentals of the game, maintaining good sportsmanship and having FUN! No equipment is required.

MINI KICKERS SOCCER CAMP

Ages 3 to 8 \$75; \$70 Shoreview Resident

Saturdays, Jan. 16 – Feb. 20

Shoreview Community Center Gym

Ages 6 to 8

9:00 A.M. – 9:45 A.M. Activity # 190801-01

Ages 3 to 5

10:00 A.M. – 10:30 A.M. Activity # 190801-02

10:35 A.M. – 11:05 A.M. Activity # 190801-03

Come out and learn the fundamentals of little kids' soccer. This is a great class for learning the basic skills and sportsmanship of soccer. John Swallen, former goalkeeper for the Minnesota Thunder, will teach youth through a variety of fun soccer games.

GIRLS VOLLEYBALL LEAGUE

Grades 4 to 8

Tuesdays & Saturdays, Jan. 2 – Feb. 27. Games and practices last for one hour. Starting times will vary each week. Tuesdays will be between 5:30 P.M. – 8:30 P.M. and Saturdays between 9:00 A.M. – 4:00 P.M.

\$62; \$52 Shoreview Resident

Setters, Grades 4-5Activity # 190304-01

Spikers, Grades 6-8Activity # 190304-02

Turtle Lake Elementary

Recreational league play for girls grades 4-8. This instructional league will teach girls the basic skills, rules, and strategies of the fun and exciting game of volleyball. Program consists of one practice and one game each week. Games and practices will last for one hour. Players will receive a t-shirt.

Register by December 1 for the Girls Volleyball League. No special friend requests accepted after the deadline.

Volunteer coaches are needed for the Girls Volleyball League. If you sign up to be a coach, your child's registration fee will be refunded at the end of the season (one child per team coached). Please complete the box on the registration form if you are interested in coaching. If you have any questions contact Program Supervisor at 651-490-4753.

COACHES MEETING

Wednesday, December 16

6:00 P.M. – 7:00 P.M.

Shoreview Community Center



Tennis Lessons

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels. Using USTA QuickStart tennis curriculum, instructors will help participants progress from basic skills through intermediate skills. Participants should bring their own racquet and water bottle. Sign up with a friend or family member. Meet other players, develop your skills, get some exercise—and, most of all, have fun! Tennis balls are provided.

GROUP LESSONS

Youth group lessons\$75; \$65 Shoreview Resident

PeeWees Ages 5 to 7

PeeWees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

Beginners Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.



GROUP LESSONS

Class Level	Day	Date	Time	Location	Activity #
Pee Wees	Monday	Jan. 4 – Feb. 8	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-01
Beginners	Monday	Jan. 4 – Feb. 8	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-01
Pee Wees	Thursday	Jan. 7 – Feb. 11	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-02
Beginners	Thursday	Jan. 7 – Feb. 11	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-02

If necessary, make-up lessons will be held the week of February 15

BROOMBALL LEAGUE

Games begin in mid-December (weather permitting)
 \$300 per team
 Men's D Monday evenings..... **Activity # 120301-01**
 Shoreview Commons Rink
 (behind Shoreview Community Center)

Deadline to register: Monday, Nov. 30 or until league is full.

Teams play 6 outdoor officiated games and playoffs for the top finishers. Players provide their own legal brooms, balls, and helmets.

DODGEBALL LEAGUE

Ages 16 and up
 Wednesday evenings, starting January 13
 \$175 per team..... **Activity # 120401-01**
 Turtle Lake Elementary

Here is your chance to relive the good ol' times and see if you still have what it takes to be the last person standing. Gather your friends and co-workers to join in on the fun. Teams will play 6 officiated league games and a season ending playoff. Game times vary week-by-week and usually last 45-minutes to an hour. Any ratio of men and women may participate, including all male and all female teams. **Registration deadline is December 28 or until league is full.**

MEN'S 5-ON-5 OFFICIATED BASKETBALL LEAGUE

Monday evenings, starting January 4.
 \$500 per team
 Men's B..... **Activity # 120101-01**
 Island Lake Elementary Gym

Deadline to register: Monday, Dec. 14 or until league is full.

Teams play 8 officiated games and single elimination playoffs for the top finishers. Call Program Supervisor at 651-490-4753 for additional information.



SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

Program Information

Softballs and umpires are provided for all games. Summer league game times are 6 and 7 P.M. (some 8 P.M. and 9 P.M. games in combined leagues). Leagues consist of 20 doubleheader games and a season ending single elimination playoff. League fees include USSSA Sanctioning fees and sales tax.

*All leagues run in collaboration with Adren Hills Parks and Recreation. **Registration deadline is March 25.**

Softball League Descriptions

Men's Recreation E: Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

Men's Recreation D: Better teams. Many of the players hit well. Team capable of scoring many runs. Three home runs per team.

CoRec D: Average teams. Teams have players with broad range of ability levels. Three home runs per team. CoRec leagues use an 11-inch softball for women and a 12-inch softball for men.

Managers Meeting

This meeting is required for all teams registered in Shoreview's leagues. Schedules, rules, information and game balls will be handed out.

Thursday, April 7 6:00 P.M.
 Shoreview Community Center

Softball League Information

League	Day	Start Date	Games	Early Bird by 3/4	after 3/4	Activity #
CoRec D	Mon	4/18	20 Games: Doubleheaders & Playoffs	\$690	\$740	220801-01
Men's E	Tue	4/19	20 Games: Doubleheaders & Playoffs	\$650	\$700	220801-02
Men's D	Wed	4/20	20 Games: Doubleheaders & Playoffs	\$650	\$700	220801-03
CoRec D	Thu	4/21	20 Games: Doubleheaders & Playoffs	\$690	\$740	220801-04

OUTDOOR SKATING RINKS

The City of Shoreview has seven outdoor skating rinks with supervised warming house facilities. All of the locations below have lighted hockey and general skating rinks. Public skating will be open from December 14 thru February 28, depending on weather and ice conditions.

Bobby Theisen Park

3575 Vivian Street
651.483.3043

Sitzer Park

4344 Hodgson Road
651.288.0062

Bucher Park

5900 Mackubin Street
651.415.0609

Shamrock Park

5623 Snelling Avenue
651.785.1758

McCullough Park

955 County Road I
651.484.4350

Wilson Park

815 County Road F
651.482.9555

Shoreview Commons

4580 North Victoria Street
651.490.4748



WARMING HOUSE HOURS

Monday – Friday	4:30 P.M. – 8:30 P.M.
Saturday & Sunday	12:00 P.M. – 8:00 P.M.
D621 School's Out Days	10:00 A.M. – 8:30 P.M.
Christmas Eve	Closed
Christmas Day	Closed
New Years Eve	10:00 A.M. – 4:00 P.M.
New Years Day	10:00 A.M. – 8:30 P.M.

Warming house sites will be closed when it is in the best interest and safety of the community. Situations where we may close the warming houses include: Warm temps have softened the ice, temps are below -10 degrees, windchills are below -20 degrees, or if we have substantial snowfall. **Call the weather line at 651.490.4765 to receive an update on all possible closures.**

OPEN SKATING AT SHOREVIEW ICE ARENA

Public open skating is available at the Shoreview Ice Arena (operated by Ramsey County). Call 651.748.2500 for dates and times or [visit www.co.ramsey.mn.us](http://www.co.ramsey.mn.us).

TRAILS FOR CROSS COUNTRY SKIING

Ramsey County Parks and Recreation offers marked and groomed cross-country ski trails at County Parks. All trails are open daily from sunrise to sunset. Trail maps and grooming patterns for each park are available; please call 651.748.2500 or visit www.co.ramsey.mn.us.



FREE ACTIVITIES AT THE COMMUNITY CENTER

500

Mondays at 12:30 P.M. **Activity #500603-01**
No partners required

Bridge

Thursdays at 12:30 P.M. **Activity #500604-01**
No partners required. No Bridge Nov. 26, Dec. 24 & 31, Feb. 11 & 18

Bingo

One Wednesday monthly at 1:00 P.M. **Activity #500605-01**
\$0.25 per card (no max)
December 30, January 27, February 25, March 25

Book Club

Second Wednesday of the month
1:00 P.M. **Activity # 500606-01**
Nov. 4, Dec. 9, Jan. 14, Feb. 11, Mar. 11
See website for book list.



DROP-IN PICKLEBALL

Ages 18 and up

Monday – Friday 8:30 A.M. – 11:00 A.M.
Sept. 8 – May 27 \$3 or free to members

Closed Nov. 26, Dec. 24 & 25

Shoreview Community Center Gymnasium (4 courts)
4580 Victoria St. N.

Wednesdays 6:00 P.M. – 9:00 P.M.
Oct. 7 – April 27 \$3 per person

Closed Nov. 25 & Dec. 23

Island Lake School Gym (6 courts)
3555 Victoria St. N.

Gym reserved exclusively for pickleball during these dates and times.

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about as current players will teach you all about the fastest growing sport in America. We have the equipment, just drop by.



SHOREVIEW AREA PICKLEBALL CLUB

\$15 Annual Membership **Activity # 520200-01**

We're happy to welcome you to the fastest growing sport for adults in the Country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Membership is good for 2016 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.

Bobby Theisen Park (6 dedicated pickleball courts)

*Monday – Friday 8:00 A.M. – 11:00 A.M.

*For experienced players

**Tuesday, Thursday & Sunday 6:00 P.M. – 8:00 P.M.

**For all skill level players

Commons Park (4 courts striped on tennis courts)

***Monday, Wednesday & Friday 9:00 A.M. – 11:00 A.M.

***For beginner and social players



AARP SMART DRIVER COURSE

The AARP Driver Safety Program is designed for motorist's age 55 and older. Upon completion of one of these seminars, you will be entitled for a discount on your auto insurance premium. **For the first time, one attends the 8-hour seminar.** To retain the insurance premium discount, everyone should attend the 4-hour refresher seminar every 3 years. Please bring your current driver's license with you. Seminars are taught by AARP trained volunteers.

Registration deadline is 3 days prior to the class. AARP member cards must be presented at the time of registration to qualify for member rates. This rate includes a Shoreview administration fee.



2015 Courses

4 Hour Day Course..... 9:00 A.M. – 1:00 P.M.
AARP Member Rate: \$23; Non-Member Rate: \$28
Tuesday, November 10.....**Activity # 450201-03**
Tuesday, December 15.....**Activity # 150201-01**

4 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$23; Non-Member Rate: \$28
Wednesday, December 30.....**Activity # 150202-01**

8 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$25; Non-Member Rate: \$30
Monday, November 30 and Wednesday, December 2
.....**Activity # 450203-02**

2016 Courses

8 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$26; Non-Member Rate: \$31
Monday, February 22 and Wednesday, February 24
.....**Activity # 150204-01**
Monday, April 25 and Wednesday, April 27
.....**Activity # 250201-06**

4 Hour Day Course..... 9:00 A.M. – 1:00 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Tuesday, January 12.....**Activity # 150201-02**
Tuesday, February 9.....**Activity # 150201-04**
Tuesday, March 1.....**Activity # 250201-01**
Tuesday, April 12.....**Activity # 250201-03**
Tuesday, May 10.....**Activity # 250201-04**

4 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Wednesday, January 27.....**Activity # 150201-03**
Wednesday, March 23.....**Activity # 250201-02**
Wednesday, May 25.....**Activity # 250201-05**

AARP TAX AIDE

Income Tax Aide.....**Activity # 100601**
Wednesday, February 3 – April 13 9:00 A.M. – 1:00 P.M.

Property Tax Aide**Activity # 100602**
Wednesday, April 20 9:00 A.M. – 1:00 P.M.

Shoreview Community Center

AARP's Tax Aide volunteers will provide FREE tax assistance to seniors and low income taxpayers. The trained volunteers can complete basic tax forms and answer your tax questions. **Bring your current tax records, last year's tax return, Social Security Card and Picture ID.** Income tax aid appointments are approximately 1-hour and property taxes are approximately 30-minutes. Please visit our website at www.shoreviewcommunitycenter.com or call 651-490-4750 to make an appointment. Appointments are necessary and will be reserved on a first come, first serve basis as space is limited.

If you are interested in volunteering as a member of the AARP Tax team contact District Coordinator, Tom Leiser at 651-483-5162. No experience necessary, and an extensive IRS approved training program is provided.



SENIORFIT

The Shoreview Community Center is dedicated to helping seniors stay active and fit. SeniorFIT group exercise classes offer you the best opportunity to stay on track toward your health and fitness goals. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. Any participant may register for these classes, however, these classes are only free to individuals with an annual senior membership. Please see page 35 for SeniorFIT classes.



GENEALOGY RESEARCH ON THE INTERNET

Wednesday, January 20..... 6:00 P.M. – 7:30 P.M.
 \$35; \$30 Shoreview Resident..... **Activity # 100201-01**

Deadline to Register: Wednesday, January 13

Location: Shoreview Community Center

We'll discuss birth, marriage and death records, census data, and military records. You will learn where to find old history books that may mention your family members and their part in settling the counties throughout the United States. I'll show you the best and most reliable websites and you will learn the tricks to solving problems and breaking down the brick walls that might be blocking your research.



TOP TWO GENEALOGY WEBSITES – AN IN-DEPTH STUDY

Wednesday, February 17..... 6:00 P.M. – 7:30 P.M.
 \$35; \$30 Shoreview Resident..... **Activity # 100201-03**

Deadline to Register: Wednesday, February 10

Location: Shoreview Community Center

This class will help you get the most out of two of the best genealogy sources on the internet, familysearch.org and ancestry.com. We will explore the new enhancements on both websites as well as take a look at the new records that have become available over the last two years. Feel free to bring your laptop along and join the search for your family.

HOW TO USE GENEALOGY SOFTWARE TO TELL YOUR FAMILY STORY

Wednesday, March 16..... 6:00 P.M. – 7:30 P.M.
 \$35; \$30 Shoreview Resident..... **Activity # 100201-02**

Deadline to Register: Wednesday, March 9

Location: Shoreview Community Center

Learn how to organize your family tree information using software and the ancestry.com website. You will learn how to start your family tree and add documentation, as well as photos and stories. You will be able to print pedigrees and your family history for yourself and family members. Create a book to tell your story.



SOCIAL MEDIA: HOW TO USE FACEBOOK AND TWITTER

Thursday, January 14..... 1:30 P.M. – 3:00 P.M.
 \$20; \$15 Shoreview Resident..... **Activity # 100202-01**

Deadline to Register: Friday, January 8

Location: Shoreview Community Center

Learn the basics of navigating facebook and twitter. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, laptops or smart phones are welcome to bring to class. Media devices are not necessary but highly recommended. A social media guide will be given out to each participant.



SOCIAL MEDIA: HOW TO USE PINTEREST AND INSTAGRAM

Thursday, March 24 1:30 P.M. – 3:00 P.M.
 \$20; \$15 Shoreview Resident..... **Activity # 100202-02**

Deadline to Register: Friday, March 18

Location: Shoreview Community Center

Learn the basics of navigating pinterest and instagram. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, laptops or smart phones are welcome to bring to class. Media devices are not necessary but highly recommended. A social media guide will be given out to each participant.



NEW! GET YOUR ACT TOGETHER!

Thursday, January 28..... 6:30 P.M. – 7:30 P.M.
\$26; \$21 Shoreview Resident..... **Activity # 100220-01**

Deadline to Register: Thursday, January 21

Location: Shoreview Community Center

Be more productive, gain confidence, reduce your stress, have more personal time by being better organized. Learn how to set up your office from floor plan to desktop to creating your files. Learn what papers to keep and what to throw. Create a filing system that works for you! This class will help someone with no office, home office, business office, and people with children, people downsizing, and anyone with a lot of paper clutter and things to do. Maintenance and regular upkeep of your new systems will be discussed, as well. *Please bring \$12 supply fee made payable to the instructor on the night of class. Each participant will leave with a DVD and workbook.*

RED CROSS BLOOD DRIVE

Wednesday, December 16..... 1:00 P.M. – 6:00 P.M.

Location: Shoreview Community Center

Almost everyone during their life will know someone who needs a blood transfusion. There is no substitute and still only one source of blood for transfusion – volunteer blood donors. Give Blood – Give Life. For more information call 651-490-4750. To register visit www.redcrossblood.org and search by sponsor code **SHOREVIEW**

BINGO & BANANA SPLITS

Thursday, March 10 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 200504-01**

Deadline to Register: Monday, March 7

Location: Shoreview Community Center

Shake off the winter blues with banana splits and bingo! Join us for a great afternoon of fun! We will have lots of prizes to give away and a lucky winner will walk away with a gift card to Cub Foods.



MYSTERY TRIP TO NORTHFIELD & LUNCH

Thursday, April 14.....8:30 A.M. – 4:30 P.M.
\$75; \$70 Shoreview Resident..... **Activity # 200305-01**

Deadline to Register: Friday, April 1

Bus will leave the Shoreview Community Center at 8:30 A.M.

Join us as we make our way down to Northfield, Minnesota for a day full of adventure. We will take in 1800s architecture throughout the community and take in the history of the bluffs. Bring some extra money for those treasures you might find! (Price Includes Transportation, Lunch, Tour admissions, and SVCC escort)



MILL CITY MUSEUM & OLD SPAGHETTI FACTORY

Thursday, February 25.....8:30 A.M. – 2:00 P.M.
\$75; \$70 Shoreview Resident..... **Activity # 100221-01**

Deadline to Register: Friday, February 5

Bus will leave the Shoreview Community Center at 8:30 A.M.

Mill City Museum is built into the ruins of the world's largest flour mill. Here you will learn about the intertwined histories of the flour industry, the river, and the City of Minneapolis. Our group will enjoy a historical bus tour of the Minneapolis riverfront district, self-guided time in the museum's exhibits, enjoy the Flour Tower multimedia show and "Minneapolis in 19 Minutes Flat" Movie. We will then head over to the Old Spaghetti Factory for a delicious lunch of salad, pasta, and bread. (Price includes transportation, museum admissions, lunch, and SVCC escort).

PARTY IN THE *Tropics* AT THE **SHOREVIEW COMMUNITY CENTER**



For more information, please contact Shoreview Parks & Recreation at **651.490.4790**
4580 Victoria Street North
Shoreview, MN 55126
www.shoreviewcommunitycenter.com

TROPICAL PACKAGE

Starting at \$152 for 8 people

INCLUDES:

- Wristbands for full day use of Tropics Indoor Waterpark & Tropical Adventure Indoor Playground
- 90 minutes in shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- Beach towel and card for the birthday child
- Free jumbo locker available for use

ADVENTURE PACKAGE

Starting at \$136 for 8 people

INCLUDES:

- Wristbands for full day use of Tropical Adventure Indoor Playground
- 90 minutes of shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- Beach towel and card for the birthday child
- Free jumbo locker available for use

ADD A THEME FOR ONLY \$12!

Choose from Princess, Pirate, or Under the Sea!

SHOREVIEW COMMUNITY CENTER



We Do! **WEDDINGS**

Invite any licensed caterer of your choice | Two elegant banquet spaces to choose from
Perfect for wedding receptions, ceremonies, dinners and dances | Audio/visual equipment included
Seating up to 300 guests | Enjoy the beautiful Fireside Lounge adjacent to the Shoreview Room

4580 VICTORIA STREET NORTH SHOREVIEW, MINNESOTA 55126
WWW.SHOREVIEWCOMMUNITYCENTER.COM ☎ (651) 490-4790

Sign up for our e-newsletter
or follow us on Facebook for Market
information and updates!



NEW! Indoor Farmers' Market

Tuesday Afternoons | 3-6 p.m.

at the Shoreview Community Center

November 17 & December 15 | 2015

January 19 & February 16 | 2016

Beat the cold; join us inside the
Community Center for our new Indoor Farmers' Market!
Vendors will have a variety of baked goods, produce, salsa,
jams, and more! Visit our website for more information.

FREE!

Live Entertainment

Music by: Gabriel Komjathy

Interactive Acoustic Guitar | Children's Music

November 17, 2015

Shoreview Community Center | Now Accepting Vendors!

4580 Victoria Street North, Shoreview, MN 55126 | www.ShoreviewCommunityCenter.com | 651.490.4750

Jobs that Fit Your Lifestyle!

Part-time ♦ Flexible Hours ♦ Fun People



Child Care Attendants: Provide care for children ages 6 months to 8 years in our drop-off childcare center at the Shoreview Community Center. Experience working with pre-schoolers preferred. M-F daytime 8am-12:30pm and evenings 4-9pm. Saturdays 8am-12:30pm. \$9-9.75/hr.

Dodgeball Officials: Dodgeball officials are needed to officiate 3-4 games per night from 6-10 pm. Games are held at Turtle Lake School. Previous officiating or playing experience preferred. Jan-May. \$10-13/game.

Fitness Instructors: All formats including cardio-kick, cycling, Tai Chi, kettlebells, strength training, water exercise, ballet fitness, yoga, Pilates, and dance-based fitness classes. Certification preferred. Morning, afternoon, evening, & weekend hours available. \$22-33/class.

Guest Service/Memberships: Introduce potential members to facility, features and membership benefits; retain members through follow-up calls and direct mail; provide rental information; operate in lead capacity at our Service Desk; troubleshoot guest issues and concerns; operate cash register and computer. \$10.75-11.50/hr.

Gymnastics Instructors: Teach beginning to intermediate level classes. Previous teaching, gymnastics experience and knowledge are preferred. Saturday hours available. \$10-11.50/hr.

Ice Rink Attendants: Desire to work with the public and a commitment to a part-time schedule is required. Ability to skate not necessary. Weekdays, evenings and weekends. 10-20 hrs/week. Mid-Dec through mid-Feb. Must be willing to commit for entire season. \$9.25-10/hr.

Ice Skating Instructors: Instruct youth in ice skating. Skating knowledge and experience required. Previous teaching experience desired. 2-4 hours. Sat mornings. Oct-Feb. \$11.50-12.50/hr DOQ.

Lifeguards: Lifeguard in a tropical paradise at our beautiful indoor pool. No experience required. Training is provided for Ellis Certification. Ensure the safety of pool guests by preventing and responding to emergencies. Lifeguards needed for morning, afternoon, weekend and evening hours. \$9.50-11.50/hr. School year M-F daytime (5am-4pm) \$11-11.50/hr.

Personal Trainers: Our emphasis is on helping people meet their fitness goals. Generate client base and providing one-on-one personalized fitness consultations, education, and motivation to clients. Design safe, effective workouts & work on general health, sports specific conditioning, and general fitness. Nat'l training certification required. \$19-23/hr.

Service Desk: Work in a fast-paced environment assisting guests on the phone and in-person, operate cash register and reconcile cash, enter memberships into computer, handle a variety of info, assist with concessions as needed. Must be available to work week-ends. \$9.50-10.50/hr.

Sports Instructors: Instruct elementary age children in a variety of sports including floor hockey, indoor soccer, and basketball. A general sports background, knowledge and a desire to teach children basic sports skills required. A great job for a PE major! Weekday afternoons approximately 3:15-5:40pm. 5 hours/week. Jan-May. \$10.50-13.50/hr.

Swimming Instructors (we will train): Instructors needed for morning and early evening lessons at the Community Center pool. \$9.50-13/class (35 min. classes).

Wave Cafe: Attendants prepare food orders, operate a cash register, maintain a clean work area, stock supplies, clean tables & keep the lobby area neat. Daytime (school yr): \$9.50-10.50/hr. Eves/weekends \$9.25-10/hr.

Youth Volleyball Officials: Officiate the girls youth volleyball league grades 4-8. Games held at Turtle Lake Elementary in Shoreview. Previous volleyball experience preferred. Games are on Tues evenings; 5:30-8:30pm and some Saturdays starting at 12 noon. Jan-Feb. \$15-25/game DOE & certifications.

FREE
Community Center
Membership!

Apply at: www.shoreviewmn.gov
Shoreview Parks & Recreation
4580 North Victoria Street, Shoreview MN
651-490-4750. Equal Opportunity Employer



MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7431.

FOOD SHELF DONATIONS

The Community Center is a year-round drop-off site for the Ralph Reeder Food Shelf. When you pack your gym bag, include a non-perishable food item to contribute to the food shelf. Look for the green bins. Thank you!

NORTHEAST YOUTH AND FAMILY SERVICES

Northeast Youth and Family Services, a non-profit social service agency based in Shoreview, serves residents of the northern suburbs. Services include mental health counseling for youth and adults, employment programs for at-risk youth, parenting support groups, and chore services for seniors. For a full listing of programs and services, please visit our web site at www.nyfs.org or call us at 651.486.3808.

SENIOR CHORE SERVICE

Need assistance with household chores? Students ages 12 to 17 are available to assist with mowing, snow shoveling, housecleaning and other projects on a one-time, weekly or monthly basis. Rates are affordable and financial assistance is available to eligible seniors to offset the cost. Call Debbie at 651.379.3451 to arrange for chore service.



ATHLETIC ASSOCIATIONS

Irondale Baseball League

www.iblbaseball.com

Irondale Girls Fastpitch Association

www.knightsfastpitch.org

Irondale Youth Hockey Association

www.ihaleague.org

Iron Mustang Wrestling

www.ironwrestling.com

Mounds View Basketball Association

www.moundsviewbasketball.com

Mounds View Area Youth Lacrosse Association

www.mvaylax.org

Mounds View Softball Association

www.moundsview.softballsystems.com

Mounds View Youth Hockey Association

www.moundsview.pucksystems2.com

Mounds View Youth Football League

www.moundsviewyouthfootball.org

North Suburban Aquatic Club

www.nsmakos.org

North Suburban Soccer Association

www.nssasoccer.org

Roseville Area Youth Hockey

www.rosevillehockey.org

Shoreview Area Youth Baseball

www.sayb.org

PARKS & FACILITIES

Shoreview Recreation Areas



Web Page: www.shoreviewmn.gov

	Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Indoor Pickleball Courts	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Skating, Speed	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball	Circuit Training
Bobby Theisen Park 3575 Vivian Ave.	15		1						6						1		3		
Bucher Park 5900 Mackubin Street	25	2	1												1		2		
Lake Judy Park 900 Tiller Lane	5		1/2																
McCullough Park 955 County Rd I	75	2	1							With grill					1		2		
Ponds Park 190 Sherwood Road	1									Table only									
Rice Creek Fields 5880 Rice Creek Parkway	10	4																	
Shamrock Park 5623 Snelling Ave.	23	2	1							With grill					1		2		
Shoreview Commons and Community Center 4580 North Victoria	40	2	1					4	2	With grill					1		2		
Sitzer Park 4344 Hodgson Road	8	2	1							With grill							2		
Wilson Park 815 County Road F	13	2	1							Tables Only With grill							2		

SWEETROLL SKATE PARK

The SweetRoll is a tier-one skating facility, located on the north side of the Shoreview Community Center, 4580 Victoria Street North, adjacent to the paved trail that runs under Highway 96. This allows access to the SweetRoll via the City of Shoreview's 41 miles of paved trails. The attractions include a wedge, a spine, a fun box, a quarter pipe, grind rails, and a mini ramp. The Skate Park will be open for inline skaters and skateboarders during the times listed below.

Park Hours Hours subject to change.

Monday–Friday

3:30 – 8:00 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Saturday

9:00 A.M. – 7:30 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Sunday

9:00 A.M. – 5:30 P.M. School Year & Summer

The following are operated by Ramsey County Parks. 651-748-2500 www.co.Ramsey.mn.us	Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
Island Lake County Park 3611 Victoria Street	167											
Lake Owasso County Park 370 N. Owasso Blvd.	9											
Shoreview Ice Arena 877 Highway 96 (Hockey only)												
Snail Lake Regional Park 580 Snail Lake Blvd.	400											
Turtle Lake County Park 4979 Hodgson Road	9											

For detailed park info and maps, visit www.GoRamsey.org

Winter Registration Schedule Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Monday, Nov. 30 at 8 A.M.

Annual Community Center Member Registration

Begins Wednesday, Dec. 2 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, Dec. 4 at 8 A.M.

How to Register:

1. On-line at www.shoreviewcommunitycenter.com
2. Mail in to: Shoreview Parks and Recreation
4580 Victoria St N
Shoreview, MN 55126
3. Fax to 651.490.4797 (credit card payment only)
4. Drop-off at our office, Community Center Service Desk, or City Hall drop box
5. In-person during normal business hours: M-F, 8 A.M. – 4:30 P.M.

Registering on-line is easy!

1. Go to www.shoreviewcommunitycenter.com and click "Member Login".
2. Login with your user name and password
 - If you have never used our system before, you may create an account on-line
 - If you are unsure of your user name or password and you do not have an email address on file with us, contact us at 651.490.4750.
3. Click on "Browse Activities" or "Activity Type"
4. Search for a program
5. Click the "add to cart" button and "enroll now" located at the bottom of the screen. You can enroll in multiple classes or register multiple participants at a time.
6. Continue shopping or proceed to check out.

Register Early!

Space is limited in most activities.

Registration Information

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

1. Drop-off points include:
 - a. The Parks and Recreation Reception Desk, Monday through Friday, 8:00 A.M. to 4:30 P.M.;
 - b. The Shoreview Community Center Service Desk,
 - c. The after-hours payment box, to left of front door of City Hall.
2. Occasionally, activities are filled. To help continue the immediate processing of your enrollment, please indicate a second choice. If your first choice is full, we will call or email you confirming enrollment in your second choice.
3. A resident is defined as an individual whose legal residential address is within the City of Shoreview.
4. Activity fees may not be pro-rated.
5. Make all checks payable to the City of Shoreview. Visa or MasterCard are accepted.
6. Registrations will be processed at the Parks and Recreation desk from 8 A.M. to 4:30 P.M. Participants are notified if classes are filled or canceled. If a class is canceled due to insufficient registration, a refund check will be mailed to you. Confirmations will be issued only by e-mail. You can view your class confirmation information on-line. On-line registrations receive a higher priority than registrations that are in-person, mailed, faxed, or dropped off.
7. The City of Shoreview supports participation by persons with disabilities. Please include information about any accommodations you need.
8. Refunds may be issued when requested 5 working days before the activity or class begins unless otherwise noted in the class description. A service charge of \$5 will be deducted from refunds for classes priced up to \$100. A service charge of \$10 will be deducted from refunds for classes priced over \$100.
9. Financial aid for qualifying residents with financial limitations is available.
10. Voice/TDD: 651.490.4750.
11. Periodically, the City of Shoreview will take pictures or videotapes of participants while they are engaged in programs, activities, or special events or while enjoying parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, on local cable television, and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.



Program Registration Form

Shoreview Parks & Recreation Dept. | 4580 Victoria Street North | Shoreview, MN 55126
 Phone: 651.490.4750 | Fax: 651.490.4797 | Web: www.shoreviewcommunitycenter.com



Please fill out the form below completely. An incomplete form may delay your registration. If you prefer, you may register online at: <https://registration.shoreviewmn.com> or scan the QR code with your smartphone.

LAST NAME (PRIMARY) _____ FIRST NAME (PRIMARY) _____ HOME PHONE (AREA CODE) _____

ADDRESS _____ CITY _____ ZIP _____ CELL PHONE (AREA CODE) _____

E-MAIL ADDRESS _____ EMERGENCY CONTACT _____

Participants Last Name/First	M/F	Birthdate	Activity Number	Activity Name	Activity Day/Time	Fee \$

Are you a Community Center Annual member? Yes No Total Amount Enclosed \$ _____

YOUTH SPORTS LEAGUES *(Please fill out completely)*

Special requests for teammates are NOT guaranteed and are limited to ONE REQUEST PER PLAYER. Group and/or chain requests will not be honored. The City encourages players to make new friends and develop social skills. If you sign up as a head coach, your child's registration will be reimbursed after the season is completed.

School child attends: _____

Grade (2015-2016 school year): _____

Child shirt size: Youth / Adult S M L XL

Teammate request name: _____

I would like to coach: Y N shirt size: S M L XL XXL

Coach Name: _____

PAYMENT TYPE

If paying by credit card, please circle type.

Cash Check # _____ Credit Card



Checks Payable to "City of Shoreview"

Card # _____ Exp. Date _____

CVV Code _____ Signature _____
(3 digit code on back)

Billing address is different from above (Please include billing address)

Special Needs/ Allergies/ Etc: _____

WAIVER AND PERMISSION: In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number), is considered private data and not giving the information may limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.

Signature: _____ Date: _____

Your signature indicates you have read the registration information and understand all information relevant to your program choice.

Family New Year's Eve 2016

CARIBBEAN CARNIVAL

AT THE SHOREVIEW COMMUNITY CENTER

**Ring in the New Year at the Tropics
Indoor Waterpark & Tropical Indoor Playground!
Thursday, December 31st, 5:30PM-8PM**

Bring the whole family to Shoreview's annual New Year's Eve Party! Your night will be filled with crafts, games, facepainting, a special appearance by Captain Jack, and more! We'll ring in the New Year with three balloon drops at 7:45PM. Concessions are available for an additional fee at the Wave Café. **Walk-ins are welcome, but register by December 30th and save! Price is \$12 at the door.**

Youth: \$10 (ages 1-17):

Activity #160103-01

Adult \$8 (ages 18+):

Activity #160103-02

- **Carnival games**
- **Inflatable obstacle course**
- **Crazy hair & nails**
- **Balloon drop at 7:45PM**
- **Face painting**
- **Special appearance by Captain Jack & more!**

Register in person or online at
www.shoreviewcommunitycenter.com
by December 30th and save!





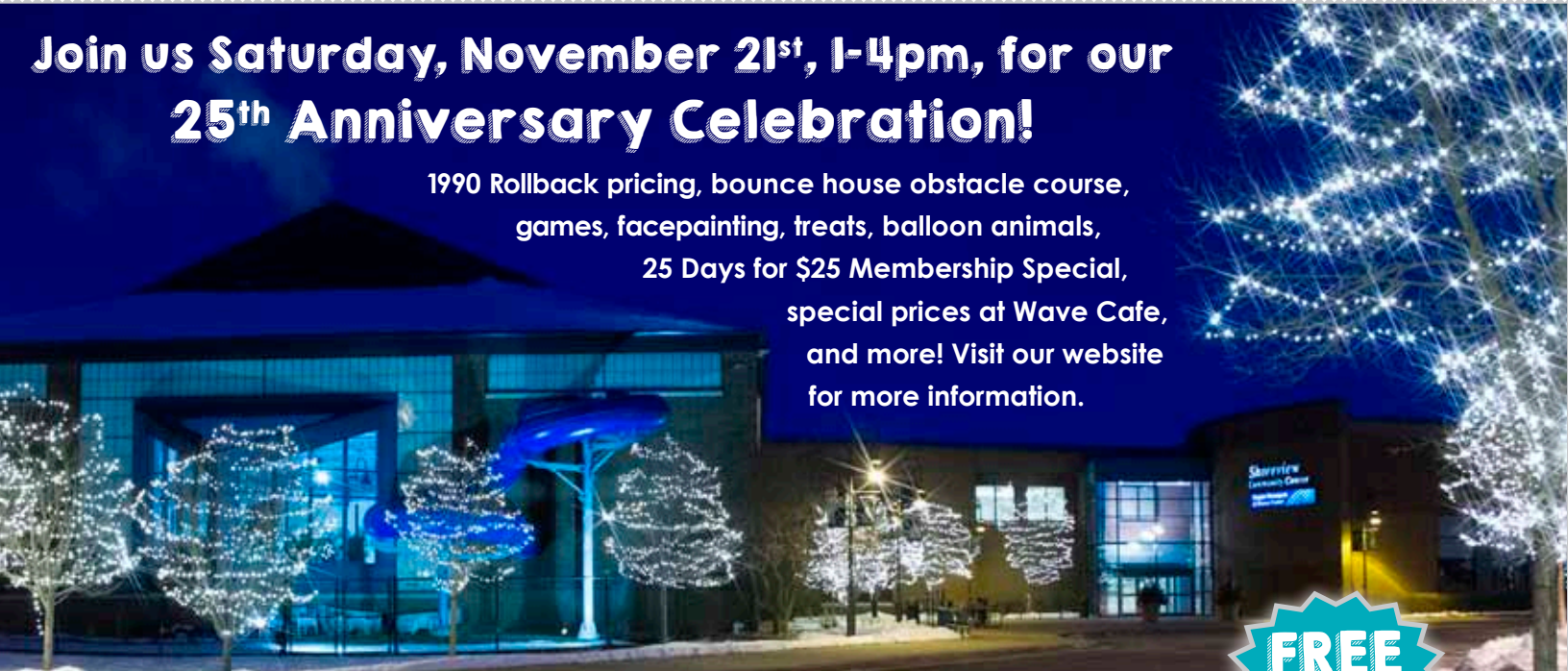
City of Shoreview
4600 Victoria Street North
Shoreview, MN 55126

SHOREVIEW COMMUNITY CENTER

CELEBRATING 25 YEARS!

**Join us Saturday, November 21st, 1-4pm, for our
25th Anniversary Celebration!**

1990 Rollback pricing, bounce house obstacle course,
games, facepainting, treats, balloon animals,
25 Days for \$25 Membership Special,
special prices at Wave Cafe,
and more! Visit our website
for more information.



FREE
for CC members



No need to register; your purchase of a daily pass is your ticket to the party!

www.ShoreviewCommunityCenter.com | 651.490.4750