



## **FALL 2022**

City News and Recreation Catalog

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City news	
Resident resources	
Community center	
Decreation programs	



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## **Events at a Glance**



# FALL CLEANUP DAY October 8

McCullough Park

ELECTION DAY November 8







## Touch-A-Truck October 1

9 am - noon

See page 47 for details

## KIDS GARAGE SALE **October**

**9 am - noon** See page 46 for details





## Halloween Trunk or Treat October 29

**4 - 7 pm** See page 47 for details

#### **Contact Us**

City Hall	651-490-4600
Community Center	651-490-4700
Parks and Recreation	651-490-4750
Building Permits	651-490-4683
Code Enforcement	651-490-4669
Forestry	651-490-4665
Human Resources	651-490-4619
Planning and Zoning	651-490-4680
Recycling	651-490-4650
Sewer & Water	651-490-4661
Streets	651-490-4671
Utility Billing	651-490-4630

#### **POLICE & ANIMAL CONTROL**

Police protection and animal control are provided by Ramsey County Sheriff's Office.

For non-emergencies 651-767-0640 For emergencies 911

#### FIRE

Fire protection is provided by the Lake Johanna Fire Department.

For emergencies 911 Dispatch Non-emergency 651-415-2100

#### **CITY OFFICIALS**

Sandy Martin, mayor

651-490-4618 | smartin@shoreviewmn.gov

Sue Denkinger, council member

651-260-1940 | sdenkinger@shoreviewmn.gov

John Doan, council member

763-355-8746 | jdoan@shoreviewmn.gov

Emy Johnson, council member

763-443-5218 | ejohnson@shoreviewmn.gov

Cory Springhorn, council member

651-403-3422 | cspringhorn@shoreviewmn.gov

Brad Martens, city manager

651-490-4611 | bmartens@shoreviewmn.gov









#### **ELECTIONS**

PRIMARY ELECTION – AUGUST 9, 2022 GENERAL ELECTION – NOVEMBER 8, 2022

#### How do I register to vote?

- Online at mnvotes.org
- Mail an application to: Ramsey County, PO Box 64098, St. Paul, MN 55164-0098
- · On election day

## ABSENTEE VOTING FOR PRIMARY AND GENERAL ELECTIONS

If you cannot make it to the polling place on election day, you can vote by absentee ballot. With absentee voting, you can vote in person before election day or by mail.

#### IN PERSON:

- Primary election
  - · Through August 8, 2022
  - · Shoreview City Hall, 4600 Victoria St. N, Shoreview
- General election
  - · September 23 November 7, 2022
  - · Shoreview City Hall, 4600 Victoria St. N, Shoreview
  - · Several early voting locations throughout the county will be open
- · By mail:
- Request a mail ballot online at **mnvotes.org**For more information on absentee voting and early voting locations, visit **rcelections.org**.

#### POLLING PLACES

Find your polling place at **shoreviewmn.gov/polling-place**.

Additional safety measures may be set up due to COVID-19

#### **COUNCIL VACANCIES**

The mayor and two councilmember seats are up for election in November. The filling period is August 2 through August 16, 2022. You can file at city hall, Monday – Friday, 8 am – 4:30 pm. The cost is \$5.

Those interested in running for office must be:

- · An eligible voter
- A Shoreview resident for at least 30 days before the election
- At least 21 years' old



#### FALL CLEANUP DAY

OPEN TO SHOREVIEW RESIDENTS ONLY.

## **Saturday, October 8**

7 am - noon | McCullough Park | 955 County Road I

FEES: Pricing varies according to vehicle size. Check shoreviewmn.gov/cleanupday for updated pricing information.

**ITEMS** ACCEPTED: Electronics

Water softeners

Snow blowers

Vacuum cleaners

**Appliances** 

BBQ grills

Carpeting

**Furniture** 

Lawnmowers Mattresses/box springs

No household hazardous **ITEMS NOT** waste including paint, ACCEPTED: fluorescent bulbs, and

chemicals

No oversized items such as hot

tubs. boats. or sheds

No brush/yard waste

No materials from private

contractors.

No engines containing gasoline or oil

For more information on cleanup day: 651-490-4688 shoreviewmn.gov/cleanupday.

For more information on other disposal options: 651-633-EASY or ramseyrecycles.com.

#### CITIZEN OF THE YEAR

The city is currently accepting nominations for the 2022 Citizen of the Year award.

This annual award was created by the city council to present a special honor to a citizen who exemplifies the spirit of giving back to the community. The council's goals for this award are:

- Recognize the volunteer efforts of deserving citizens
- Inspire others to continue the tradition of Shoreview citizens volunteering

If you know someone who deserves this award, submit an application at shoreviewmn.gov. Nominations are due by October 12, 2022.s

#### CARING YOUTH AWARD

The city is currently accepting nominations for the 2022 Caring Youth award.

This annual award was created by the Human Rights Commission to honor our outstanding youth volunteers. Nominees help make Shoreview a community where all people are welcomed, valued, and respected.

If you know someone who deserves this award, submit an application at shoreviewmn.gov/hrc

Nominations are due by September 16, 2022.









## **Development Update**



## HOUSING AND ECONOMIC DEVELOPMENT

The city continues to see new commercial and residential development, reinvestment, and construction despite the pandemic. In the past few years, Shoreview has added more than 1,200 apartments and townhomes, expanding the variety of housing choices available. The following is a summary of commercial and housing development over the past year.

#### **NEW HOUSING**

Edison at Rice Creek - St. Louis-based JPL Development is developing a total of 401 rental housing units including 300 apartments and 101 townhomes and carriage homes. The city helped support 22 affordable units with the project through a local tax abatement. The final phase of a 150-unit apartment building and an additional 33 townhomes are currently under construction and scheduled to open by the end of 2022.

Midland Terrace - construction is nearing completion of a new apartment building within the Midland Terrace rental community. The project involved the tear down of an older 42-unit apartment building to be replaced with a new 103-unit building. The new building is being constructed adjacent to the luxury Lakeview Terrace building, and is expected to open by this summer.

**Emrik SV** - the second apartment building of the nearly \$90 million, multi-family residential redevelopment project opened in November, 2021. Along with the first building, Loden SV, a total of 410 upscale apartments were constructed. The city is providing funding assistance in support of 24 affordable units in both buildings.

#### **BUSINESS DEVELOPMENT**

The Lex at 4100 – a major redevelopment and upgrade to an older office building was completed in Shoreview Corporate Center campus at Lexington Avenue and County Road F. The city assisted with the renovations to modernize the offices to convert it to a high-end, multi-tenant facility. Once fully leased, the developer anticipates as many as 600 jobs at this site.

Nextek Development - Gradient Financial Group purchased and undertook major upgrades to a vacant medical office building at 4625 Churchill Street north of Hwy 96. Gradient moved their software division Nextek to the Shoreview location, and their growth plan projects up to 100 employees in the next several years. The project was financially supported with a grant from the city.



## OTHER COMMERCIAL PROJECTS THAT WERE APPROVED AND/OR COMPLETED THIS PAST YEAR INCLUDE:

- Wells Fargo Operations Center building expansion, 1801
   Park View Drive
- · Mead Metals building expansion, 555 Cardigan Road
- Holiday Station Store, northwest corner of I-694 & Rice Street
- · Churchill Street restaurant, 4606 Churchill Street
- · Cafesjian Art Museum, 4600 Churchill Street

#### **CONSTRUCTION ACTIVITY**

The city experienced another very busy year with construction permits in 2021. Some of the highlights included:

- \$88,716,640 total building valuation in 2021, up from \$69 million in 2020.
- · 21 new single-family homes constructed in 2021.
- The city also issued 33 townhouse permits at the Edison, which is currently under construction.

## The following lists some of the larger projects the city issued permits for this past year:

- · 150 unit apartment (Edison) at 5901 Rice Creek Parkway
- · 103 unit apartment (Midland Terrace) at 3585 Owasso Street
- · Warehouse addition (Mead Metals) at 555 Cardigan Road
- Restaurant (Churchill Street restaurant) at 4606 Churchill Street
- Exterior facade & drive-up delivery (Target) at 3800
   Lexington Avenue
- · Interior remodel (Wells Fargo) at 1801 Park View Drive
- Interior remodel (Allina Clinic) at 4194 Lexington Avenue







#### **BOAT & TRAILER PARKING**

Wondering where to park or store your boat, camper, ATV, snowmobile, or trailer? We have the answers below!

Can I store my boat/ATV/snowmobile/camper in the garage? Yes!

Can I store my boat/ATV/snowmobile/camper in a shed?

Yes!

#### Can I store my boat/ATV/snowmobile/camper in my yard?

- · Yes with the following conditions:
- · No more than two vehicles are stored outside.
- Only one of the stored vehicles can be an RV including: campers, trailers, tent trailers, travel trailers or motorhomes.
- Examples: a camper and a boat; a boat and an ATV; an ATV and a motorhome.
- Vehicles are at least 5 feet away from the side or front property line, and 10 feet away from the back property line.

#### Can I store them on my grass?

Yes, in the back and side yards. In the front yard any stored vehicle needs to be stored on an approved surface – like concrete.

#### Can I store them on the street?

No. Overnight parking is not permitted from 2-5 am on all Shoreview streets for any vehicle.

Questions? Visit shoreviewmn.gov or call 651-490-4669.



## SHOREVIEW DOWN PAYMENT ASSISTANCE PROGRAM FOR NEW HOME BUYERS IMPROVED

New home buyers in Shoreview can qualify for up to \$30,000 in down payment assistance. Low interest loans are available for homes under \$425,000.

Amortizing: For buyers with incomes below 120% of the Area Median Income, you can get up to \$30,000, with low interest, paid back in monthly payments.

Due on Sale: For buyers whose incomes are at or below 80% of the Area Median Income, up to \$20,000 is available in a due-on-sale loan with 0% interest and no payments, paid back when the home is sold, transferred, or no longer owner-occupied. Additional funds, up to a combined total of \$30,000 may be used.

- Applies to single-family homes, townhomes, duplexes, and condominiums within Shoreview city limits.
- Property must be owner-occupied as a primary residence.
- · Purchase price may not exceed \$425,000.
- Buyers must attend homebuyer education.
- Buyer may not have owned a home within 3 years.
- \$25 application fee
- There must be a minimum contribution of 3% of the purchase price paid by or on behalf of the borrower with a maxium contribution of \$10,000.



#### WATERING TIPS

Save water this fall while keeping your lawn healthy! Healthy lawns only need around two inches of water each week. That's about 20 minutes of watering twice a week. Be sure to water before 11 am or after 5 pm.



#### **KEEP IT CLEAN**

Shoreview's beautiful lakes, wetlands, and streams need your help! Sand, salt, dirt, leaves, and pet waste can find their way into our storm sewers, leading to pollution and algae, turning our lakes green. You can help keep our city's water supply clean!

#### PICK UP AFTER YOUR PET

Whether its in your lawn, on the sidewalk, or at the park, pet waste carries harmful bacteria and phosphorus into the water supply. Pick up after your pet and put pet waste in the trash to make sure it doesn't reach the storm sewer system and our local bodies of water.

#### RECYCLE YOUR LEAVES

Mulch them, bring them to county yard waste sites, or contact your trash hauler to find out what yard waste options they provide. If you use a leaf blower make sure leaves don't find their way into the street. Grass clippings should also be kept out of the street.

#### **ADOPT-A-DRAIN**

Residents can adopt a storm drain online! By adopting a storm drain near your home, you're protecting the water supply throughout the city. Simply keep the drain clear of leaves, trash, and debris. In winter you can help keep the drain clear of salt and sand build up. Visit adopt-a-drain.org to adopt a drain near your home.



#### RAMSEY COUNTY YARD WASTE SITES

Free yard waste sites are open through November 30 for leaves, grass clippings, brush and other plant material.

#### April - November

M/W/F: 11 am - 7 pmSaturday: 9 am - 5 pmSunday: 9 am - 5 pm

Arden Hills - 3530 Hudson Avenue

Accepts leaves, grass, garden waste, branches, trees, shrubs, organics

Mounds View – 8307 Long Lake Road

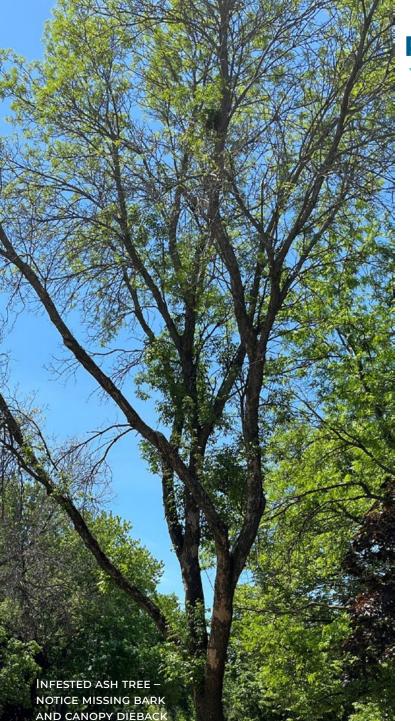
Accepts leaves, grass, garden waste, organics

White Bear Township - 5900 Sherwood Road

Accepts leaves, grass, garden waste, branches, trees, shrubs, dirt, sod, organics







## **Resident Resources**



#### **EMERALD ASH BORER IN SHOREVIEW**

All native ash trees in the city either are or will become infested with emerald ash borer (EAB) unless they are treated.

EAB is an invasive beetle that is killing ash trees throughout the Twin Cities and beyond.

#### What are some of the primary signs that a tree has EAB?

- Outer bark flaking off revealing lighter colored bark due to woodpecker activity
- Loss of leaves in the canopy

#### What are the options for ash trees?

The only options for ash trees are treatment or removal

#### **Treatment**

An insecticide injection is an effective method for trees that have minor signs of EAB damage

The city treats hundreds of public and private trees through the EAB treatment program in the summer.

Private tree companies also offer insecticide treatments for eligible trees.

#### Removal

Work with a licensed tree company to remove infested ash trees on your private property. shoreviewmn.gov/ tree-trimmers

The city is removing ash trees in the public right-of-way based on available funding and priority.



#### 2022 COMMUNITY SURVEY

Shoreview will launch community survey in August. This will be the first communitywide survey conducted with Polco, and the first with an online or mail-in option. Previous surveys were conducted over the phone. Keep an eye out for your invitation to participate. The survey will be open to all residents from September 12 - 26.

Visit **shoreviewmn.gov** for more details.

### **Resident Resources**



#### **SHOREVIEW COMMUNITY FOUNDATION 2022 GRANT RECIPIENTS**

The Shoreview Community Foundation provides grants to programs that focus on arts and cultural activities, recreational places such as parks and trails, community educational initiatives and leadership development, historical preservation, and human services. A total of \$28,000 was awarded to the following projects in 2022:







Arden Hills-Shoreview Rotary Club, in partnership with Shoreview Parks and Recreation and Public Works Department and the Rice Creek Watershed District: 2000 square foot pollinator garden at McCullough Park



Oak Hill Montessori Community
School/Ramsey County Library/
Shoreview Human Rights
Commission: "Peace of Mind"
exhibit that encompasses art and
storytelling while focusing on what
we have in common, rather than
what divides us.



Midwest Special Services:
Teaching artist for a class for adults
with disabilities



Tubman: Legal services for victims of domestic violence in Shoreview

North Suburban Chorus:
Performances for residents at 5
senior living facilities in Shoreview
as well as one at the Shoreview
Community Center

Gallery 96: 3 Plein Air painting session workshops in Shoreview parks

Shoreview Parks and Recreation:
Provide educational activities at the
Shoreview Farmers Market



Sacred Grounds Coffee House:
Funding for cow-tipping
workshops which are creative
writing workshops for people
with disabilities and those from

underrepresented communities



Shoreview Northern Lights Variety
Band: Professional grade interior
tie down system for the trailer
to secure instruments during
transport

The Shoreview Community Foundation is a community affiliate of the Saint Paul & Minnesota Foundation. Our mission is to maintain, enhance and enrich the quality of life in Shoreview by connecting the generosity of people who appreciate Shoreview with the evolving needs of the community. For information about supporting the Foundation or applying for a grant, go to <a href="https://www.shoreviewcommunityfoundation.org">www.shoreviewcommunityfoundation.org</a>



#### A PEACE OF MY MIND

A Peace of My Mind, a multimedia arts project created by award-winning photographer John Noltner, uses portraits and personal stories to bridge divides and encourage dialogue around important issues.

The program will be held October 24-28 at the Shoreview Community Center and will include:

- American Stories Banner exhibit featuring 54 portraits and personal stories from people of diverse backgrounds responding to the question "What does peace mean to you?"
- On-site studio allowing up to 100 community members to have their picture taken and answer questions such as "When have you bridged a divide?" or "When have you found unexpected courage?"
- Keynote presentation by Mr. Noltner. He will share his cross-country story to reveal the wisdom of everyday Americans and their stories of hope, transformation and forgiveness. More information on this program will be coming in August.

Presented by the Shoreview Human Rights Commission, along with Oak Hill Montessori Community School and the Ramsey County Library



#### MEETING BROADCAST SCHEDULE

Channel 16 broadcasts live city council and planning commission meetings every month.

#### Live Shoreview City Council Meetings

· First and third Monday every month at 7 pm

#### Live Shoreview Planning Commission Meetings

· Fourth Tuesday of the month at 7 pm

View the full schedule and replay information at **shoreviewmn.gov**. Council and planning commission meetings can be streamed live at **shoreviewmn.gov/agendas**.



#### cityofshoreview



#### **ACCESS SHOREVIEW**

Sign up to receive our online newsletter that is sent after each meeting with news and events.

Visit bit.ly/AccessShoreview





Register for fall programs in CivicRec!

Create your account on or after August 1 at shoreviewmn.gov.

Visit shoreviewmn.gov/parks-rec.

Click "register online"

Select Login/Create account on your desktop or mobile device

Create your SVMN account

Fill in all required information

Add additional household members and click "save"

If you are a Shoreview resident, enter your zip code and change your city to Shoreview

#### **POLICIES**

- · Five days notice required for cancellations
- · Cancellation fee \$5 \$10 depending on the program
- · No refunds for missed classes
- Scholarships available for Shoreview residents; restrictions apply



Program dates are subject to change depending on the Minnesota Department of Health recommendations regarding COVID-19.

Visit our website for the most accurate information: shoreviewmn.gov/parks-rec.

## Registration schedule

Registration begins at 8 am



#### FALL REGISTRATION SCHEDULE

Tuesday, August 9: Shoreview residents Thursday, August 11: Annual members Friday, August 12: General registration

#### **CONTACT US**

Parks & Rec

Monday – Friday: 8 am – 4:30 pm

651-490-4750

recreation@shoreviewmn.gov









#### **WEATHER UPDATES**

For weather updates call 651-490-4765





## **Membership Rates and Benefits**



#### MEMBERSHIP FEES

**Annual Membership**<sup>1</sup> (with one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$925	\$795	\$555	\$450
Shoreview resident	\$725	\$645	\$425	\$360
Military*	\$885	\$755	\$525	\$430
Military resident*	\$700	\$620	\$415	\$350

#### **Annual Membership Billed Monthly**<sup>1</sup> (With one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$84	\$72	\$51	\$45
Shoreview Resident*	\$70	\$62	\$41.50	\$35
Military*	\$81	\$69	\$49	\$43
Military Resident*	\$67	\$59	\$40	\$33

<sup>&</sup>lt;sup>1</sup> \$100 early cancellation fee \* Sales tax is included in price.

#### Seasonal Membership (Three month)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$345	\$330	\$235	\$182
Shoreview resident*	\$277	\$255	\$180	\$150

<sup>\*</sup> ID required for military and resident rates. Rates are subject to change. Military resident not available for senior memberships

- Seniors: 65 & older
- Youth: 17 & younger
- Dual membership is two people living in the same household. Family is two adults plus dependent children under 23 living in same household. Proof of dual and family member qualification is required.
- Military ID required for military rate.
- Fees are subject to change.
- We accept payment by any major debit/credit card.
- Free guest passes are included with annual membership

#### Annual membership includes unlimited use of:

- Fitness center (14 years and older. Children 12 and 13 years old must complete a teen equipment orientation to use the fitness center.)
- Shoreview waterpark, including tropics and bamboo bay
- Indoor playground (Ages 1 10)
- Indoor track (14 years and older)
- Basketball courts
- Whirlpool (18 years and older)
  - · Members registration day and the ShoreViews home mailing.













#### **DAILY RATES:**

All guests must pay admission; this includes non-swimming guests and adults in the playground and gymnasium.

DAILY PASS	RATE	SHOREVIEW RESIDENT	MILITARY	MILITARY RESIDENT
Adult (18 and older)	\$12	\$10.25	\$10.75	\$9.50
Youth (1 to 17; under)	\$11	\$9	n/a	n/a
Family* (2 adults + 4 children living in same household)	\$45	\$37	\$43	\$35
Seniors (65 and older)	\$11	\$9	\$10.25	\$8.50

<sup>\*</sup> Family pass is limited to six individuals living in same household.

INDOOR PLAYGROUND ONLY	RATE	SHOREVIEW RESIDENT
All visitors.	\$6.75	\$6.25

All playground visitors must pay admission; this includes supervising adults.

COUPON BOOKS (10 DAILY PASSES)	RATE	SHOREVIEW RESIDENT
Adult	\$108	\$92.25
Youth/Senior	\$99	\$81
Indoor Playground	\$60.75	\$56.25
SENIOR TRACK DISCOUNT (65 & OLDER)	RATE	SHOREVIEW RESIDENT
SENIOR TRACK DISCOUNT (65 & OLDER) Track use only	RATE	SHOREVIEW RESIDENT
	RATE \$6	SHOREVIEW RESIDENT \$5

Fees are subject to change. We accept any major debit/credit card. All rates above include sales tax. Visit **shoreviewmn.gov** for updates.



#### **POOL HOURS**

The waterparks, lap swim, and open swim are available at various times throughout the week.

See the service desk for a schedule or visit shoreviewmn.gov/waterpark. Reservations required for lap swim.



#### DROP-IN VOLLEYBALL

Sunday, 8 - 10 am, Tuesday & Thursday, noon - 1 pm

**HOURS** Children 12 & under must be supervised by an adult while in the community center.

DAY	COMMUNITY CEN	TER PLAYGROUND		
Monday – Friday	5 am – 9 pm	8 am - 8 pm		
Saturday	6 am – 8 pm	noon – 8 pm	For waterpark hours please visit shoreviewmn.gov/waterpark.	
Sunday	6 am – 8 pm	noon – 6 pm	Shoreviewini.gov/waterpark.	
HOLIDAY HOURS	5			
September 5	5 am – noon	8 am – noon	See page 16 for holiday hours	
November 24	5 am – noon	8 am – noon	see page to for holiday hours	

### **Pool Information**



#### **CALL FOR MORE INFORMATION**

Community center 651-490-4700 Recreation programs (classes) 651-490-4750 Rental information 651-490-4790 Pool rental information 651-490-4780 City information 651-490-4600

shoreviewcommunitycenter.com

#### **COVID-19 POLICIES**

If you or a member of your party are not feeling well, please do not visit the facility

Reservations are not required for the waterpark. Reservations are required for lap swim. To change or cancel your lap swim reservation

- Call 651-490-4780
- Reply directly to your confirmation email



Pool schedule is subject to change depending on Minnesota Department of Health recommendations regarding COVID-19. Visit our website for the most accurate information:

shoreviewmn.gov/waterpark



## **Holiday Hours**

DATE	TROPICS	ВАМВОО ВАУ
November 24	Closed	Closed

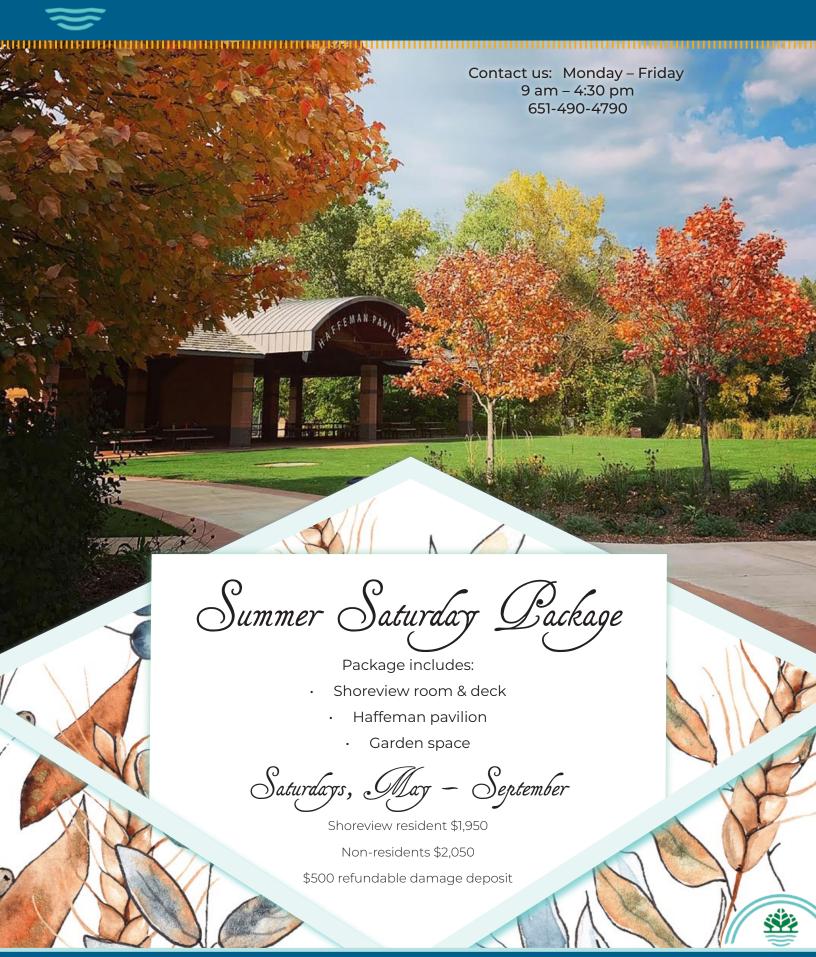
## **Annual pool shutdown**

#### **AUGUST 29 – SEPTEMBER 16**

Pool schedule is subject to change depending on Minnesota Department of Health recommendations regarding COVID-19. Visit our website for the most accurate information: shoreviewmn.gov/waterpark



## **Event Rentals**



## **Large Events**







#### **SHOREVIEW ROOM**

- Maximum capacity of 300 people
- Includes adjacent fireside lounge
- Private outdoor deck
- Choose your own licensed caterer
- Alcohol service available with in-house provider
- \$500 refundable damage deposit

Days	Rate	Shoreview resident
Sun – Thurs	\$950	\$825
Fri	\$1,360	\$1,240
Sat	\$1,650	\$1,500

#### **WEDELL COMMUNITY ROOM**

- Maximum capacity of 250 people
- Choose your own licensed caterer
- Alcohol service available with in-house provider
- \$500 refundable damage deposit

Days	Rate	Shoreview resident
Sun – Thurs	\$675	\$570
Fri	\$1,025	\$900
Sat	\$1,250	\$1,125

#### HALF COMMUNITY ROOM

- Available Sunday Thursday
- Maximum capacity of 100 people
- \$100 refundable damage deposit

Days	Rate	Shoreview resident
Sun – Thurs	\$400	\$370

## **Outdoor Spaces**





#### HAFFEMAN PAVILION

- · Permanent picnic tables seat up to 150 guests
- · Located in Commons Park, next to the community center
- · Indoor room with air conditioning, restrooms, and fireplace

#### **GARDEN SPACE**

- · Lawn space with AV capabilities
- · Decorative pond with fountain and benches
- · Ideal space for ceremonies
- · Located next to the pavilion
- \$500 refundable damage deposit

#### Haffeman Pavilion and Garden Space

Days	Month	Rate	SV Resident Rate
Fri or Sun	May – Sept	\$500	\$470 SV Res
Fri or Sun	Mar, Apr, Oct	\$400	\$370 SV Res



#### **PARK SHELTERS**

Small shelters are available at most Shoreview parks. The daily rental fee is \$40. Learn more at **shoreviewmn.gov**.

Park shelter	Capacity
Bucher	4 tables; up to 24 people
Lake Judy	2 tables; up to 15 people
McCullough	2 tables; up to 15 people
Shamrock	5 tables; up to 40 people
Sitzer	4 tables; up to 32 people
Commons	3 tables; up to 20 people

The following parks are owned and operated by Ramsey County Parks & Recreation. For more information call 651-748-2500 or visit ramseycounty.us.

- Island Lake County Park
- · Lake Owasso County Park
- · Snail Lake County Park
- · Turtle Lake County Park



## **Exclusive Parties**





#### Bamboo Bay exclusive

- Exclusive access to Bamboo Bay waterpark and cabanas
- Admission included
- 30 days notice required

Day		Time
Friday		5 - 7:30 pm
Sunday		9 - 11:30 am
Total guests	No food	You provide food
50	\$625 + tax	\$725 + tax

#### Indoor playground exclusive

- Exclusive use of the indoor playground
- Includes playground admission
- Table seating for 12 guests; up to 50 people allowed in the playground area
- Bring your own food and cake
- \$100 refundable damage deposit

Days		Time	
Saturday and Sunday		9 am - noon	
Total guests	No food	You provide food	
50	\$400	\$500	

## **Birthday Parties**

## **\$**

#### **POOLSIDE CABANA**

- · Semi-private space, located in Bamboo Bay waterpark
- · Seating for 16 guests
- · Includes 16 admission wristbands (Sat Sun)
- \$100 refundable damage deposit

Day	Duration	Rate	Shoreview resident
Sat - Sun	3 hours	\$375	\$350

#### POOLSIDE PARTY ROOM

- · Private room, located downstairs
- · Seating for 32 guests
- · Jumbo locker included
- · Includes 32 admission wristbands
- \$100 refundable damage deposit

Day	Duration	Rate	Shoreview resident
Fri – Sun	3 hours	\$525	\$475

#### **ACTIVITY ROOM**

- · Private room, located upstairs
- · Large windows with natural lighting
- · Seating for 24 guests
- · Includes 24 admission wristbands (Fri Sun)
- · Adjacent rooms available for extra fee
- \$100 refundable damage deposit

Day	Duration	Rate	Shoreview resident
Mon – Thurs	2 hours	\$85	\$75
Fri – Sun	3 hours	\$425	\$375

#### PLAYGROUND PARTY AREA

- · Semi-private space, located in playground
- · Seating for 12 guests
- · Includes 12 admission wristbands (playground-only)
- \$100 refundable damage deposit

Day	Duration	Rate	Shoreview resident
Any	3 hours	\$225	\$200

#### MEETING ROOM

- · Private room, located upstairs
- · Seating for 16 guests
- · Includes 16 admission wristbands (Fri Sun)
- · Adjacent rooms available for extra fee
- · \$100 refundable damage deposit

Day	Duration	Rate	Shoreview resident
Fri – Sun	3 hours	\$300	\$275

Admission is now included with these party options. Visit shoreviewmn.gov to learn more or call 651-490-4790 to book your party.









#### **GROUP X CARDS**

- Good for all fitness classes
- Class schedule is available online and at the community center
- Purchase at the parks & recreation desk or by phone at 651-490-4750 during office hours (Monday - Friday, 8 am - 4:30 pm)
- You can reload your Group X Card online, in person, or by phone at 651-490-4750
- To use: swipe your Group X Card at any of the four kiosks
- The kiosk will print a receipt that you will give to the instructor

QUANTITY	REGULAR	ANNUAL MEMBER	RESIDENT	RESIDENT ANNUAL MEMBER
5 Classes	\$49	\$35	\$45	\$33
10 Classes	\$96	\$70	\$88	\$65
25 Classes	\$240	\$175	\$219	\$162
50 Classes	\$454	\$335	\$418	\$308

- One Group X Card allowed per person.
- Cards are non-refundable and non-transferrable.
- Member discount applies to annual memberships only. Onetime dropin passes are available at the lower-level service desk the day of class.
- SeniorFIT do not require registration.

#### GROUP FITNESS CLASSES

Call for information: 651-490-4750

- Please check class schedule at the beginning of the month
- Refunds are issued for medical reasons only
- Membership is not required
- SeniorFIT classes are free to only seniors with an annual senior membership.
- All classes are 50 to 60 minutes unless otherwise noted
- Classes with six participants or fewer are subject to change or cancellation
- Group fitness classes are great for all fitness levels
- Find out which classes best suit your needs by calling the fitness coordinator at 651-490-4768







#### KETTLEBELL TRAINING

This class uses kettlebell conditioning drills to provide a total body workout.

Power strength

This weightlifting class uses barbells and dumbbells and is focused on building muscle mass and strength. We'll use heavier weights with lower reps to focus on technique.

#### 60/40

The first 60% of the class is cardio – either high/low impact cardio, step, kickboxing, or dance followed by the remaining 40% of class time to execute effective resistance exercises.

#### BARRE PRINCIPLE

In each energizing and targeted workout, you'll use the barre and exercise equipment such as mini-balls and small hand weights to sculpt, slim, and stretch your entire body.

#### THE RESISTANCE WORKOUT

Incorporates strength training exercises using various pieces of equipment and/or your own body weight. Class focuses on all major muscle groups with some added attention to form. Progressions can include compound exercises and functional balance exercises.

#### STEP CARDIO

Warm up with basic step moves and then learn fun choreographed patterns, combinations, and movements on an adjustable step.

#### **DANCE JAM**

Dance your heart out while getting an amazing workout

#### **FUNDAMENTAL COMBO**

Low impact cardio followed by basic strength training.

## H.I.I.T. (HIGH INTENSITY INTERVAL TRAINING)

Intervals of extreme cardio and / or resistance followed by a short recovery.

#### THE GROOVE

In this choreographed class you will learn one awesome dance routine. You will be amazed at the great workout while you get your "groove" on!



#### **CYCLE RAVE**

We pedal to the music and that's it! Experience a fun, crazy party on your bike! You will be amazed at the workout you get.

#### **CYCLE TRAINING**

Ideal tool to compliment the outdoor cyclist. Doing hills, sprints, flat roads while using time, speed, and distance drills, this workout will help increase your overall performance in speed, power, and endurance.

#### TOTAL BODY WORKOUT

Incorporates exercises designed to enhance your agility, speed, power, strength, and quickness. Equipment used may include weights, TRX (suspension training), kettlebells, bands, benches, and BOSU® balls. The class will also elevate your heart rate as you are challenged with drills in either circuits and/or a stand-alone station.

#### POWER PUMP

- Weight training with free weights and dumbbells.
- Build lean muscle with different tempos for reps, higher reps, and supersets.

#### **CARDIO KICKBOXING**

A dynamic and energetic class that combines kicks, punches, and blocks. This athletic-based class is easy to follow and provides a challenging workout.

#### **ZUMBA®**

Grooving to the beats of salsa, reggaeton, cumbia, hip hop and merengue, this class feels more like a dance party than a workout, which is exactly what makes Zumba® so popular! The Latininspired dance workout is one of the most popular group exercise classes around.



### MIND/BODY CLASSES

#### STRETCH AND BALANCE

A beneficial blend of balance exercises and static (holding) and dynamic (moving) stretches.

#### YIN/RESTORATIVE YOGA

This grounding practice will have fewer postures which you hold for longer periods of time, allowing you to focus on breathing into the connective tissue (fascia) that surrounds the joints in the body.

#### YOGA BASICS

This class is based on physical postures, deep breathing, mindfulness, and listening to the body. A slower paced class that focuses on fundamental postures. Great class for beginners or for one seeking a modified (gentle) yoga class option.

#### **HOT YOGA**

Intense practice that will move you through powerful and aggressive postures and/or series. This practice is meant to detoxify the body, build strength, and burn calories through movement, breath, and heat. Designed for intermediate to advanced levels.

Class temp range is 80-90 degrees.

#### FITNESS PILATES

Focus on balancing all muscle groups, strength, and flexibility, with an emphasis on challenging the core muscles with each movement.

#### POWER YOGA

Students will focus on linking conscious breath with a vigorous and mindful flow. Participants will build strength, flexibility, and concentration while cleansing the body and calming the mind.

#### YOGA/PILATES FUSION

The perfect combination of Pilates and yoga! Receive the benefits of core training, muscle contraction and lengthening, isometric holds, balance postures, and mind/ body awareness.

#### YOGA SCULPT

Fusion of vinyasa yoga and strength endurance training. This unique and intense workout incorporates hand weights and is designed to tone and shape your body. Build stamina through a series of squats, lunges, crunches, plank holds, cardio work, balancing postures, and stretching.





#### WATER FITNESS CLASSES

All water classes are held in the pool.

- The pool is between 3 1/2 and 4 1/2 feet deep
- · All fitness levels are welcome
- · The pool temperature is between 83 84 degrees

#### **AQUA FIT**

Enjoy this active water class! You will increase your flexibility, endurance, and overall muscle strength in the water. The water's resistance provides a whole body workout.

#### SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

### **Kids Care**

Kids Care provides a stimulating and safe environment for children 6 months to 8 years of age. Kids can explore and interact with other children while you enjoy the community center's amenities. First come, first served. Max 2 hour stay.

Kids Care phone number: 651-490-4763

#### CLOSED:

September 5, October 31 (evening shift) November 24

#### **Hours**

Monday - Saturday: 8 am - 12:30 pm Monday - Thursday: 4 - 8:30 pm Friday: 4 - 7 pm

#### **COST**

\$1 per hour (no pro-rating for partial hours)





#### SENIORFIT CLASSES

SeniorFIT classes are free to annual senior members. If you are not an annual senior member, you may purchase a Group X Card or a drop-in pass. See page 22 for Group X Card information. All fitness levels are welcome.

#### SENIORFIT CHAIR YOGA

Experience the benefits of yoga while sitting in a chair. Some standing postures may be included in this class.

#### SENIORFIT STRENGTH TRAINING

Resistance exercise executed while sitting in a chair. Come join us for a great strength training workout in a comfortable setting.

#### SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

#### SENIORFIT LET'S MOVE

No chairs needed for this active movement class. Class ends with a 15 minute cool down and extended stretch.

#### **FALL SESSION** SEPTEMBER 6 - DECEMBER 23

No class November 24

Registration is not required.

CLASS/INSTRUCTOR	DAY	TIME
Chair yoga: Beth	Monday	8:30 am
Aqua exercise: Fran	Monday	9 am
Strength training: Nancy/Perry	Tuesday	8:30 am
Chair yoga: Gretchen	Wednesday	8:30 am
Aqua exercise: Fran	Wednesday	9 am
Let's Move: Perry	Thursday	8:30 am
Strength Training: Denise	Friday	8:30 am





#### PERSONAL TRAINING

- Personal training comes in packages of 3, 6 and 12 sessions
- · All sessions expire one year from the date of purchase
- Trainers help you set realistic goals and determine safe strategies to achieve them
- · Trainers will customize a program to fit your ability and health
- Trainers monitor progress and adapt your routine for consistent improvement
- Learn fitness principles and correct form to aid in progress and prevent injuries

#### INDIVIDUAL PERSONAL TRAINING:

SESSIONS	REGULAR	RESIDENT
3	\$226	\$209
6	\$426	\$396
12	\$806	\$734
24	\$1,525	\$1,391

#### **BUDDY PERSONAL TRAINING:**

Two participants train together and each pay the fee below.

SESSIONS	REGULAR	RESIDENT
3	\$173	\$159
6	\$320	\$297
12	\$606	\$559



## COMMUNITY CENTER MEMBER EQUIPMENT

#### ORIENTATION (INDIVIDUAL OR GROUP)

Get introduced to fitness center equipment and learn how to utilize strength and cardio equipment safely. The schedule and sign-up sheet for equipment orientations is located at the fitness center desk. For more information call 651-490-4768.

AGES	COST
All members of the community center	FREE to
are encouraged to attend a one-time	members
fitness equipment orientation.	

## INDIVIDUAL TEEN EQUIPMENT ORIENTATION

The teen equipment orientation provides 12 and 13-year-olds knowledge of proper form and appropriate use of fitness equipment.

Registration forms are available at the front desk and lower level service desk. The schedule is located at the fitness center desk, or call 651-490-4768 for more information

AGES	COST
Required for ages 12 and 13 to use the fitness center	\$40 \$35 SV Res





#### **OUTDOOR SHOREVIEW AREA PICKLEBALL CLUB**

REGULAR	RESIDENT	ACTIVITY#
\$20	\$17	520200-01
Name tag must	be worn for proof of r	membership The club

will email you with details about etiquette, nametag pick-up, clinics, and more. Verify and update your email address.

The season runs May through October, weather permitting. Pickleball club membership does not include the indoor community center or Island Lake School drop-in play.

#### Club benefits

- · Dedicated play time at two parks
- · Balls and nets
- Free beginner instruction\*
- · Organized ladder tournaments\*
- · Skill/drill sessions\*
- · Name tags

- · Fall pizza social and Spring potluck
- · Discounted equipment/ clothing at Dave's Sport shop in Fridley
- · CPR/AED instruction
- · Ratings instruction (new)
- · Tournaments and prizes

#### **OPEN PLAY:** Beginner and social players

Location: Commons Park Courts

Monday – Friday	8:30 – 11 am
Tuesday & Thursday	6 – 8 pm

#### **COMPETITIVE INTERMEDIATE & ADVANCED**

(rated 3.5 +)

Location: Bobby Theisen Courts

Monday, Wednesday, & Friday 8 – 11 am Sunday, Tuesday, & Thursday 6-8 pm

Good sportsmanship is expected; kindness goes a long way. Members are expected to play fairly, respect opponents and be gracious in winning or losing.

#### DROP-IN PICKLEBALL

All are welcome! You do not need to be a member of the Shoreview Area Pickleball Club for indoor drop-in play.

Pickleball punch card

Cost \$40 (11 visits)

Punch card is good for both drop-in locations. Available for purchase at the parks and recreation office

Office hours: Monday – Friday, 8 am-4:30 pm

AGE	DATE & TIME	COST	LOCATION
18+	Mon-Fri Oct 4 – April 28* 8 - 11 am	FREE to SCC Members, \$4 for non-mem- bers	Community Center
18+	Wed Oct 5 – May 17* 5 - 9 pm	\$4 per person	Island Lake School gym

<sup>\*</sup> Pickleball closed: Dec 23 - Jan 2, Jan 15, 26, & 27, Feb 20, March 9 - 17, & April 7

#### BEGINNER PICKLEBALL LESSONS

This is an introductory class for those who have little or no knowledge of pickleball. Class covers the basic rules, primary skills, terminology, and etiquette.

Location: Bobby Theisen courts

AGE	DATE	TIME	COST
18+	Wed, Sept 7 – 28	1 - 2:15 pm	\$85; \$80 SV Res



<sup>\*</sup> Commons Park Courts

#### **Adult Activities Newsletter**

Sign up to receive a copy of our quarterly adult activities newsletter. It contains additional program offerings, interesting articles. and more. 651-490-4714 to join our mailing.



#### Friends & co.

Little Brothers Friends of the Elderly is now

Friends & Co! The new name expresses all that they do: fostering friendships, connections, companionship and community. Their new name and logo convey their compassionate nature and focus on meaningful connections for older adults. Friendsco.com 612-721-1400



#### Alzheimer's Association

Helpline 24/7/365 • 800-272-3900

Dial 711 for a TRS operator

Helpline specialists and clinicians confidential support and information to people living with the disease, caregivers, families and the public.

Call: We are available in any language around the clock, at 800-272-3900.

E-Chat: Visit Alz.org, click the green "we're here to help" button to connect with Helpline staff. Live chat is typically available from 7 am - 7 pm (CST) Monday - Friday. See page 29 for Shoreview group.

#### Meals On Wheels

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who live in Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651-621-7950.



#### Senior MINNESOTA LinkAge Line

SENIOR LINKAGE LINE 800-333-2433

A free state-wide resource supporting older Minnesotans and their caregivers. Get connected to local resources, housing, Medicare information, and free classes. Senior LinkAge line is a division of the MN Board on Aging; working to ensure that all Minnesotans can age and live well.



#### **DEMENTIA CARE GIVER SUPPORT GROUP WITH RESPITE CARE**

This support group is led by a trained facilitator from Alzheimer's Speaks. In a nearby room your loved one can enjoy activities lead by Brookdale North Oaks. The program is free. Registration requested but drop-ins are welcome if space is available.

AGES	DATE	TIME
18+	Wed, Aug 31	10 – 11 am
	Wed, Sept 28	10 – 11 am
	Wed, Oct 26	10 – 11 am
	Wed, Nov 30	10 – 11 am
	Wed, Dec 28	10 – 11 am



#### FREE TEN-MINUTE **FUNCTIONAL BALANCE SCREENING** BY OSI PHYSICAL THERAPY

Make an appointment for an in-person screening to measure your fall risk and identify areas to strengthen. Past participants are fans and recommend the evaluation to their friends. You can re-test to see your progress.

#### Evaluate:

- Static and dynamic balance systems to establish fall risks
- Identify any areas that could benefit from focused strength training
- Identify simple assistive devices

Ten minute appointments available from 9 - 10 am.

Register online or call 651-490-4714.

AGE	DATE
55+	Tues, Sept 13
	Tues, Oct 4
	Tues, Nov 1
	Tues, Dec 6



## **Adult Programs**





#### 500 CARD CLUB

Join us for cards and conversations. No partner required.

Location: community center fireside lounge

AGES	DATE	TIME	COST
55+	Mondays	12:30 pm	Free

#### 500 CARD CLUB

Join our Shoreview 500 club for the return of their annual tournament. Cash prizes awarded for first through third place winners. You must register with a partner. Light refreshments will be served. No walk-ins. Doors open at 12:30 pm.

Registration deadline: September 13

AGES	DATE	TIME	COST
21+	Tues, Oct 18	1-3 pm	\$10



#### NEW BRIGHTON FREE 55+ THRIVE EXPO

#### OCTOBER 6

#### 1 – 3:30 PM

Get tips for living an active life at the annual ThriveExpo at the New Brighton Community Center, 400 10th Street NW, New Brighton.

- **Door Prizes**
- **Snacks**
- Speakers
- Vendor Fair





#### MEDICARE SEMINAR BY TRELLIS

We've partnered with Trellis Community Outreach to teach pre-Medicare and Medicare-eligible adults and those working with them how to navigate Medicare. Trellis is a nonprofit organization that receives federal and state funding. They do not sell Medicare products. They provide impartial information helping you make informed healthcare choices.

#### MEDICARE 101 - NEW TO MEDICARE

Learn what is covered by Parts A, B, C and D of Medicare, as well as what additional insurance options are available.

- Enrollment process and options
- Personal costs of the program
- Understanding the donut hole
- Eligibility for additional prescription drug assistance

Senior LinkAge Line® assistance making personal comparisons using the Medicare.gov website and the Health Care Choices booklet

Registration deadline: one week before class Location: Shoreview Community Center

AGES	DATE	TIME	COST
50+	Wed, Sept 28	9 - 10:30 am	Free
	Tues, Oct 4	6:30 – 8 pm	Free

#### **ANNUAL MEDICARE UPDATE**

Learn about Medicare's recent changes in benefits, coverage, and how changes affect you.

- Importance of reviewing Medicare Part D coverage during annual Open Enrollment Period (Oct 15 - Dec 7)
- How to use Medicare.gov to make health insurance comparisons
- How Part D works, and the impact of the Affordable Care Act
- Low Income Subsidy, a Federal program for people with lower incomes that may reduce prescription costs

Registration deadline: one week before class Location: Shoreview Community Center

AGES	DATE	TIME	COST
50+	Tues, Oct 25	10 – 11:30 am	Free
	*Wed, Nov 9	2-3:30 pm	Free

\*this session includes the premium updates that are released in late October.



#### SMARTPHONE WORKSHOP I

Become more familiar with your smart phone. Learn to use various functions including: calling, text messaging, camera, Wi-Fi, apps and accessories. There will be time to ask questions.

Registration deadline: four days before class Location: community center

AGE	DATE & TIME	COST
18+	Tues, Sept 13 noon – 2 pm	\$40; \$36 SV Res
	Tues, Oct 4 noon – 2 pm	\$40; \$36 SV Res
	Tues, Nov 15 1 – 3 pm	\$40; \$36 SV Res

#### **SMARTPHONE WORKSHOP II**

A continuation of Smartphone workshop I Registration deadline: four days before class

AGE	DATE & TIME	COST
18+	Tues, Sept 20 noon - 2 pm	\$40; \$36 SV Res
	Tues, Oct 18 noon - 2 pm	\$40; \$36 SV Res
	Tues, Nov 22 1 - 3 pm	\$40; \$36 SV Res



#### AARP DRIVER SAFETY PROGRAM

Taught by AARP trained instructors, Smart Driver teaches safe driving techniques to help keep you and your loved ones safe on the road. Insurance discounts for those 55+ after completing the eight-hour introductory course. A four-hour refresher course is required every three years. Have your AARP member number ready for a discounted registration rate.

Registration deadline: three days before class

Location: community center

#### FOUR HOUR REFRESHER CLASSES

AGE	DATE & TIME	COST
55+	Wed, Sept 14 9 am – 1 pm	\$33; \$26 AARP member
	Thurs, Sept 22 5 - 9 pm	\$33; \$26 AARP member
	Thurs, Oct 13 5 - 9 pm	\$33; \$26 AARP member
	Wed, Oct 26 9 am – 1 pm	\$33; \$26 AARP member
	Thurs, Nov 10 9 am – 1 pm	\$33; \$26 AARP member
	Wed, Dec 7 9 am – 1 pm	\$33; \$26 AARP member

#### **EIGHT HOUR CLASSES**

AGE	DATE & TIME	COST
55+	Wed Thurs, Sept 28 & 29 5 - 9 pm	\$33; \$26 AARP member
	Tues & Wed, Oct 4 & 5 9 am – 1 pm	\$33; \$26 AARP member
	Wed & Thurs Nov 16 & 17 9 am – 1 pm	\$33; \$26 AARP member

#### **AARP SMART DRIVER TEK**

A live, online, interactive workshop

Learn the latest high-tech safety features in your current car, or what technology to look for when shopping for a new car. The safety benefits of blind spot warning systems, forward collision warnings and more.

Registration deadline: One week before class

Location: community center

AGE	DATE & TIME	COST
55+	Tues, Oct 11: 10 – 11:30 am	\$4; \$3 SV res
	Tues, Nov 15: 2 - 3:30 pm	\$4; \$3 SV res





## **Adult Programs**

#### **APP AND SOCIAL MEDIA INSTRUCTION VIRTUAL CLASSES**

A recording of class be sent to all registered students. You can attend at the time listed, watch or re-watch later. Followup support is also included.

Would you like to utilize your smart phone more? Do you want to learn how to use social answer your question. The virtual format offers flexibility. If you need help, the instructor will call and talk you through the basics before the class. The classes are taught live through Zoom. Classes and recorded so registered students can re-watch. Registration deadline: one week before class



TOPIC	DATE & TIME	COST
Ease into Social Media	Mon, Sept 12: noon – 1 pm	\$24; \$22 SV Res
Help with Facebook	Tues, Sept 13: noon – 1 pm	\$24; \$22 SV Res
Intro. to Podcasts	Mon, Sept 19: noon – 1 pm	\$24; \$22 SV Res
Social Media for Business	Tues, Sept 20: noon – 1 pm	\$24; \$22 SV Res
Help with Snapchat	Mon, Sept 26: noon – 1 pm	\$24; \$22 SV Res
Parent Guide to TikTok	Tues, Sept 27: noon – 1 pm	\$24; \$22 SV Res
Twitter for beginners	Mon, Oct 3: noon – 1 pm	\$24; \$22 SV Res
Uber for Transportation Independence	Tues, Oct 4: noon – 1 pm	\$24; \$22 SV Res
Cell Phones & Parenting	Mon, Oct 10: noon – 1 pm	\$24; \$22 SV Res
To Create Your Own YouTube Channel	Tues, Oct 11: noon – 1 pm	\$24; \$22 SV Res
What in the World Is an NFT?	Mon, Oct 17: noon – 1 pm	\$24; \$22 SV Res



#### DOWNSIZING MADE EASY

Let the experts help you create a downsizing plan. Learn how to effectively sort and receive helpful resources. Get tips for what, and where to donate, recycle, and sell items.

Registration deadline: four days before class

Location: community center

DATE	TIME	COST
Tues, Sept 13	5 - 6:30 pm	\$11; \$10 SV Res
Tues, Oct 18	1 – 2:30 pm	\$11; \$10 SV Res

#### **LEARN TO PAINT**

Learn the basic technique of one-stroke painting using acrylic paints. Class includes step-by-step instruction and painting supplies. Classes are taught by Jill Mason from Painting with Jill. See page XX for Jill's painting with me class.

Registration deadline: Five days before class start.

AGES	DATE & TIME	CLASS	COST
18+	Mon, Sept 12 1 - 4 pm	Fall pumpkin pillow cover	\$48 \$44 SV Res
	Mon, Oct 3 1 - 4 pm	Feeling winter	\$48 \$44 SV Res
	Mon, Nov 7 1 - 4 pm	Hearts & Flowers	\$48 \$44 SV Res
	Mon, Dec 5 1 - 4 pm	Holiday design	\$48 \$44 SV Res

#### MIXED MEDIA ART CLASSES

Explore texture, color and creativity as you use epoxy resin, alcohol inks, and other media to create unique pieces of colorful art.

Registration deadline: One week before class start.

AGES	DATE & TIME	CLASS	COST
18+	Wed, Sept 21 6 - 8 pm	Create flowers with alcohol inks	\$48, \$44 SV Res
	Wed, Oct 19 6 - 8 pm	Fall paining with glass and resin	\$48, \$44 SV Res
	Tues, Nov 15 6 - 8 pm	Learn sublimation with paints	\$48, \$44 SV Res
	Wed, Dec 7 6 – 8:30 pm	Create a gnome (tomato cage style)	\$48, \$44 SV Res

## **Adult Programs**



## TRAVEL SHOW WITH JEANIE'S JOURNEYS

Jeanie from Jeanie's Journeys will be talking about some amazing upcoming tours for 2022/2023.

Upcoming trips include: New York City in December: \$1,798, December in Branson: \$1,498 & Cruising the Hawaiian Islands: \$4,895.

All prices per person double occupancy & include air/motor-coach. Join us for a talk on the highlights.

No registration required

AGES	DATE & TIME	COST
18+	Tues, Oct 11 1 – 2 pm	Free

#### BRIDGE AND DAM FALL COLORS TOUR

Float down the Mississippi River from the Bohemian Flats past a number of historic bridges that you can only see from the river and enjoy the fall colors. Trip includes transportation and a box lunch with a sandwich, chips, cookie and a drink.

Wheelchair accessible. No power chairs or scooters please.

AGES	DATE & TIME	COST
21+	Fri, Oct 14 10:45 am – 2:45 pm	\$58; \$53 SV Res

#### AN AFTERNOON 'STROLL' THROUGH THE

#### **DECADES** with The North Suburban Chorus

Join us for a delightful afternoon of coffee, teas, fruits, desserts and fun! Enjoy social time and sit back for a journey through the decades sung by the North Suburban Chorus. They'll entertain us with familiar pieces from the 40's through the 90's.

AGES	DATE & TIME	COST	
55+	Thursday, Sept 15 1 – 3 pm	\$4; \$3 SV Res	



## **Adult Programs**



#### BETWEEN THE LINES: HISTORY SEMINARS WITH KATHY SIMMER

Explore fascinating topics from America's past. Understand why something happened and how it changed our path, along with the juicy details usually left out of textbooks. Kathy is a retired teacher, a curriculum consultant, and licensed librarian.

Registration deadline: Five days before class

Location: community center



#### MOONSHINE MINNESOTA

The Volstead Act, also known as "Prohibition" was written by a Minnesota congressman. Yet, Minnesotans became known for their high quality, illegal liquor. St. Paul was called the wettest city in America. Who were the gangsters using Minnesota as a safe haven. What clever ways did the locals kept the booze flowing during the Roaring Twenties.

AGE	DATE & TIME	COST
18+	Thurs, Sept 22 1 - 3 pm	\$19; \$17 SV Res

#### WHITE HOUSE WOMEN

Not all First Ladies have been wives of the presidents. Some didn't enjoy their time and not all of them survived it. Others embraced the roll and became influential in policy decisions. Whether called "Lady" or "Mrs. Presidentress," learn about their difficulties, successes, and the perks of the job.

AGE	DATE & TIME	COST
18+	Thurs, Oct 13 1 - 3 pm	\$19; \$17 SV Res



#### HERE COME THE FEDS! -THE HISTORY OF THE FBI

The bureau's first official task was visiting houses of prostitution to enforce the Mann Act, of 1910. For years agents weren't issued guns. J. Edgar Hoover ordered some pretty odd investigations. What about corruption in the Bureau? What is the job of the FBI today? Join us for this fascinating seminar.

AGE	DATE & TIME	COST
18+	Thurs, Nov 17 1 - 3 pm	\$19; \$17 SV Res



#### **NEW! HISTORY SEMINAR WITH** DR. PHILLIP KIBORT

#### THE HEALTH OF THE PRESIDENTS - WHAT WE DID AND DIDN'T KNOW

Learn about the health of many of our former presidents as we discuss the known and unknown diseases they had (and died from).

Presented by Phillip Kibort.

AGE	DATE & TIME	COST
18+	Wed, Oct 12 10:30 – 11:30 am	\$10; \$8 SV Res





## PELVIC FLOOR HEALTH BEYOND MENOPAUSE

Have you avoided going out because you may laugh a little too hard? Do you find yourself traveling with emergency underwear in your purse, just in case? Learn the anatomy of the pelvic floor, it's connection to surrounding muscles groups and how hormonal changes from menopause can impact pelvic floor health. Learn what is normal and tips for improving pelvic floor function. Improve your pelvic floor and your quality of life.

#### THE LOWDOWN ON THE PELVIC FLOOR:

Have you wondered if you are healing well following delivery? Do you avoid laughing, sneezing, running or jumping with your kids because you don't trust your pelvic floor? Learn the pelvic floor anatomy and how it works as part of the core canister. What is and isn't normal pelvic floor function. Learn tips and tricks to work toward a life without incontinence, pain, or weakness.

CLASS	DATE & TIME	COST
Pelvic Floor Beyond	Tues, Sept 20	\$4;
Menopause	6 – 7pm	\$3 SV Res
Pelvic Floor Beyond	Tues, Oct 18	\$4;
Menopause	9:30-10:30 am	\$3 SV Res
The Lowdown on the Pelvic Floor	Thurs, Sept 22 6 – 7 pm	\$4; \$3 SV Res
The Lowdown on the	Wed, Oct 19	\$4;
Pelvic Floor	11am – noon	\$3 SV Res





#### **JUMPSTART TO JOY**

Jumpstart your life with joy and meaning. Best-selling author, certified life coach, and retirement coach Babs Plunkett will help you create your own "Plan to Choose Joy" from empty nest through retirement. Find that fresh energy you've been looking for.

- · "Try This" ideas
- · Interactive activities
- · Discuss playful, thought-provoking questions
- · Celebrate successes
- · Explore the challenges of finding joy

Leave with an individualized "Plan to Choose Joy" - a concrete action plan defining what you're committing to each week that helps you live joyfully.

Registration includes a copy of the book CHOOSE JOY: Three Keys to Investing Your Time in Retirement and The Guidebook to Choose Joy.

AGES	DATE & TIME	COST
40+	Fri, Sept 16: 9 am – noon	\$18; \$16 SV Res







#### LEARN TO KNIT/CROCHET

Learn basic techniques to complete a small project or two. Bring a small scissors and zippered cloth bag.

Instructor will provide required materials the first night, \$10 for crochet, \$20 for knitting. Do not bring your own materials.

AGES	DATE & TIME	CLASS	COST
18+	Mon Sept 12 – Oct 17 9 – 11 am	Learn to knit	\$40 \$35 SV Res
18+	Wed Sept 14 – Oct 19 9 – 11 am	Learn to crochet	\$40 \$35 SV Res

## **Landmark Tours**

Family owned & operated in MN since 1990

Join us to learn more about the exciting world of group travel and discover what makes Landmark Tours so unique.

#### **UPCOMING DESTINATIONS**

- · Taste of Italy: Rome, Tuscany, Venice
- Christmas in New York

- Nashville Country Christmas
- Tournament of Roses Parade with Catalina Island
- · Southern California Escape



#### **ALL TRIPS INCLUDE:**

- Roundtrip airfare from MSP
- Quality hotel accomodations
- Deluxe motorcoach transportation
- Professional tour manager
- Activity admissions per itinerary
- Daily breakfast & many quality meals

Learn more at gowithlandmark.com



## SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group or private instruction. Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

#### A NOTE ABOUT SWIM LESSONS

- Swim lessons are not canceled if Mounds View School District cancels after school activities due to weather.
- · We do not provide make-up lessons.
- Group classes with fewer than three registered participants will be canceled.
- · Students cannot swim before or after lessons.
- Students should use the bathroom and shower before entering the pool area. Staff aren't allowed to take students to the bathroom.
- · If your child needs a quieter environment to learn, look at our Tuesday, Thursday, Saturday, and Sunday lessons.
- Children ages 4 and under may use any locker room.
   Children ages 5 and older must use the same sex locker room or family locker room.
- The pool water temperature is kept between 83 and 84 degrees.
- First day instructions will be emailed to participants before the class start date

#### FREE SWIM LESSON CHECKS

Not sure of what level to register your child for? Reserve your time at **shoreviewmn.gov** 

If your child has been away for more than three months we recommend repeating the previous level.

Saturday, November 19, 10 - 11 am Thursday, December 1, 5 - 6 pm Sunday, December 11, 10 - 11 am



#### PRIVATE LESSONS (PR)

Ages 3 - Adult

Private and semi-private lessons offer one-on-one training so you're able to learn at your own pace. Lessons are 30 minutes and available at set times.

NUMBER OF LESSONS	COST	COST SV RES
6	\$144	\$131

#### **SEMI-PRIVATE LESSONS**

You must have two people at the same ability for a semi-private lesson

Register one child for a regular private lesson then visit or call Parks & Rec 651-490-4750 to have the lesson switched to semi-private

Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
6	\$108	\$98

#### **CUSTOM PRIVATE INSTRUCTION**

Flexible scheduling with three months to complete after first lesson starts

Option to reschedule with advance notification

For more information contact the aquatic coordinator at 651-490-4766.

Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$235	\$214
6 lessons	\$193	\$175
4 lessons	\$128	\$117

#### **CUSTOM SEMI-PRIVATE LESSONS:**

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$161	\$146
6 lessons	\$130	\$118
4 lessons	\$95	\$86 //



#### **GROUP LESSONS**

- Group lessons will have one instructor to a maximum of four students.
- Group lessons are 40 minutes unless noted.
- Parent/child lessons are 30 minutes.

NUMBER OF LESSONS	COST	COST SV RES
6 lessons	\$89	\$81



#### PARENT/CHILD (PC 1)

#### AGES 9 MONTHS - 21/2 YEARS

- Enter/exit water with assistance
- Blow bubbles & submerge head
- Front/back float with guardian & instructor
- One adult must accompany each child in the water.

## PARENT/CHILD 2 (PC 2)

#### AGES 2 - 31/2

A parent accompanies their child in the water for the first few weeks and gradually reduces participation

- Enter/exit water independently
- Blow bubbles & submerge head
- Front/back float with instructor
- Front/back glides with assistance
- Front/back flutter kicking with instructor

## **BEGINNER LESSONS**

BEGINNER 1 (B1)

#### AGES 2 1/2 - 4

- Independent entry/exit
- Front/back floats with assistance – 3 seconds
- Front/back glides with assistance
- Front/back flutter kicking with support
- Front crawl arms with face in the water

#### BEGINNER 2 (B2)

#### AGES 3 - 5 OR PASSED B1

- Independent front/back floats - 5 seconds
- Front/back glides
- Front/back flutter kicking
- Front crawl arms with flutter kick
- Rhythmic breathing

#### BEGINNER 3 (B3)

#### AGES 3 - 5 OR PASSED B2

- Independent front/back floats - 8 seconds
- Independent front/back glides with flutter kicking
- Front/back flutter kicking -8 yards
- Front crawl with rhythmic breathing with assistance

#### BEGINNER 4 (B4)

#### **AGES 4 - 6**

- Independent front/back floats - 10 seconds
- Independent front glide into front crawl
- Front/back flutter kicking -½ length
- Front crawl with rhythmic breathing with assistance -8 yards

#### YOUTH BEGINNER (YB) **AGES 6 - 12**

New to swim lessons or haven't been in lessons for several years

- Independent front/back floats - 10 seconds
- Independent front/back glides with flutter kick
- Front/back flutter kicking -½ length
- Front crawl arms with rhythmic breathing







#### **INTERMEDIATE 1 (I1)**

#### **AGES 5 - 7**

- Front/back flutter kicking 1/2 length
- Independent back glide with flutter kicking
- Flutter kick with rhythmic breathing ½ length
- Front crawl with rhythmic breathing 1/2 length

#### **INTERMEDIATE 2 (12)**

#### **AGES 5 AND OLDER**

- Front glide into front crawl 8 yards
- Back glide into back crawl 8 yards
- Front/back flutter kicking 25 yards
- Back crawl with assistance 8 yards
- Elementary backstroke kick ½ length
- Tread water

#### INTERMEDIATE 3 (I3)

#### AGES 51/2 AND OLDER

- Front crawl with rhythmic breathing 25 yards
- Back crawl 1/2 length
- Elementary backstroke ½ length
- Tread water

#### INTERMEDIATE 4 (14)

#### AGES 51/2 AND OLDER

- Front crawl with open turn 50 yards
- Back crawl 25 yards
- Elementary backstroke 25 yards
- Open turn front
- Whip kick 25 yards

# **Swim Lessons** ADVANCED LESSONS

#### ADVANCE 1 (A1) AGES 6 AND OLDER

- Front crawl with flip turns 75 yards
- Back crawl with open turns 50 yards
- Elementary backstroke 25 yards
- Breaststroke 25 yards
- Breaststroke whip kick
- Flip turns

#### **ADVANCE 2 (A2)**

#### AGES 6 AND OLDER

- Front crawl with flip turns 100 yards
- Back crawl w/open turns 75 yards
- Breaststroke w/underwater pull out 50 yards
- Breaststroke underwater pull out
- Dolphin kick 25 yards
- Scissors kick 25 yards

#### ADVANCE 3 (A3)

#### AGES 6 AND OLDER

- Front crawl with flip turns 150 yards
- Back crawl with open turns 100 yards
- Breaststroke with underwater pull out 75 yards
- Butterfly ½ length
- Sidestroke 25 yards



# Swim Lessons

## One day a week for six weeks

DAY	DATE	TIME
Monday	Sept 19 - Oct 24	5 - 8 pm
Tuesday	Sept 20 - Oct 25	5 - 8 pm
Wednesday	Sept 21 - Oct 26	5 - 8 pm
Saturday	Sept 24 - Nov 5 (No class: Oct 22)	8:30 - 11:40 am
Sunday	Sept 25 - Nov 6 No class: Oct 23)	8:30 - 11:40 am
	Nov 13 - Dec 18	8:30 - 11:40 am

## Two days a week for three weeks

DAY	DATE	TIME
Mon/Wed	Nov 7 - 23 Nov 28 - Dec 14	5 - 8 pm 5 - 8 pm
Tues/Thurs	Nov 1 – 17 Nov 29 - Dec 15	5 - 8 pm 5 - 8 pm

## **Lesson Rates**

Group lessons	6 lessons	\$89; \$81 SV Res
Private lessons	6 lessons	\$144; \$131 SV Res
Semi-private*	6 lessons	\$108; \$98 SV Res

<sup>\*</sup> Two participants of equal ability

#### **SNORKELING**

Learn the basics of snorkeling while discovering the underwater world. A variety of swimming abilities are encouraged to join us, but basic swimming skills are needed. Equipment provided.

AGES	DATE & TIME	COST
7 - 12	Thurs, Oct 6 5:30 – 6:30 pm	\$29; \$26 SV Res



VISIT SHOREVIEWMN.GOV/PARKS-REC FOR FULL SWIM LESSON SCHEDULE







#### MERMAID ADVENTURES: INTRODUCTION

#### Participants will learn how to:

- Swim with your mermaid tail
- Swim like a mermaid and perfect your dolphin-kick technique

#### **Prerequisites:**

- · Front and back float independently 10 seconds
- · Roll from front to back and back to front
- · Front crawl with rhythmic breathing 8 yards

#### Registration deadline: one week before class

AGES	DATE	TIME	COST
7-9	Sun, Nov 13	10 - 11:30 am	\$41
9-12	Sat, Dec 3	10 - 11:30 am	\$41

Mermaid tails and monofins provided.

#### **KEY LOG ROLLING**

Join our six week course where you will learn beginning to intermediate Log Rolling skills with one of our trained instructors. Course is open to all ages and abilities who are interested in improving their skills! (May re-word this)

Not sure about joining an entire six week course? Try our intro class where you will learn the basics of Log Rolling with one of our trained instructors guiding a beginner lesson.

Registration Deadline: One week before class

AGES	DATE	TIME	COST
10 - 16	Thurs, Oct 20	6:30 – 7:30 pm	\$30
16+	Thurs, Nov 10	6:30 – 7:30 pm	\$30





#### **BSA SWIMMING MERIT BADGE**

Scouts learn about:

- Safety when swimming and diving
- How swimming can contribute to overall fitness and health
- Gain some basic competitive swimming skills Scouts must provide the Swimming Merit Badge pamphlet and certification card.

Registration deadline: One week before class Location: Chippewa Middle School pool

AGES	DATE & TIME	COST
11+	Sat, Oct 1 2:30 - 4:30 pm	\$70; \$64 SV Res



#### **BSA LIFESAVING MERIT BADGE**

Scouts learn how to:

- Assist those involved in water accident
- Knowledge in rescue techniques
- Perform and judge when and how to act in an emergency

Scout must provide the Lifesaving Merit Badge pamphlet and certification card.

Prerequisite: completed BSA swimming merit badge

Registration deadline: One week before class Location: Chippewa Middle School pool

AGES	DATE & TIME	COST
11+	Sat, Oct 1	\$73;
	12:30 - 4:30 pm	\$66 SV Res

#### BSA FIRST AID MERIT BADGE

Scouts learn how to:

- Care for an injured or ill person until professional medical care is available
- Provide immediate care and help someone who's hurt or ill
- Help prevent infection and serious blood loss

Scouts must provide the First Aid Merit Badge pamphlet and certification card.

Registration deadline: One week before class

AGES	DATE & TIME	COST
]]+	Sun, Oct 9 8:30 - 11:30 am	\$73; \$66 SV Res

# volunteer spotlight

## Adopt-a-park program

#### THANK YOU VOLUNTEERS

- Commons Park
  - Shoreview/Arden Hills Lions Club
- Lake Judy Park
  - The Swisher Family
- McCullough Park
  - Arden Hills/Shoreview Rotary Club
- Wilson Park
  - Bill & Jean Kiehnbaum
- Rice Creek Fields
  - Village at Rice Creek Association

- Bobby Theisen Park
  - The Gentry Family
- Heritage Park
  - Alexa Harmon & Sheldon Carlsted
- Sitzer Park
  - RBC Wealth Management North Oaks
- Bucher Park
  - Buy Nothing Shoreview (North) Group
- Ponds Park
  - Maloney Family
- Shamrock Park
  - Sam & Jack



Open to Shoreview residents only

To learn more and apply: shoreviewmn.gov • 651-490-4750

# We're hiring!

free training • flexible hours free community center membership

#### current openings:

child care attendant • lifeguard manager on duty • pool coordinator special events staff • swim instructor preschool assistant • personal trainer

apply online at shoreviewmn.gov/jobs





#### KIDS CORNER **PRESCHOOL**

September 12, 2022 - May 25, 2023

A \$75 non-refundable fee is required at the time of registration.

#### REGISTRATION OPEN NOW!

Kids Corner offers students fun and educational experiences that help get them ready for kindergarten.

Located inside the community center, students have an opportunity to play and explore indoor and outdoor playgrounds, the gymnasium, and outdoor nature areas. Outdoor nature and science programming provides a unique learning experience you won't find at most preschools.

Daily snack included.

Calendar follows Mounds View School District 621 non-school days.

## **Kids Corner Preschool**



#### A TO Z: FULL DAY PRESCHOOL PROGRAM:

- Structured learning 9:30 am 3:30 pm
- Skill work: letters, numbers, colors, shapes, printing, counting, beginning math, and more.
- Weekly nature based play, music, Spanish, physical education, swimming and library visits.
- Lunch not provided students need a bag lunch and drink
- Must be toilet-trained
- Must be three by June 1, 2022

AGES	DATE & TIME	WEEKLY FEE
3 - 5	Mon – Fri: 7 am - 5:30 pm	\$280; \$255 SV Res
3 - 5	Mon, Wed, Fri.: 7 am - 5:30 pm	\$194; \$176 SV Res
3 - 5	Tues & Thurs: 7 am - 5:30 pm	\$154; \$140 SV Res



#### SPECIALTY CLASSES

- Hands-on science education
- Nature-based play
- Pair this class with one of our two day classes for additional days of learning & fun
- Must be 3 by September 1, 2022

AGES	CLASS	DATE & TIME	MONTHLY FEE
3 - 5	Investigators	Wed 9:30 am - noon	\$88; \$80 SV Res





#### 2½ - 3 YEARS OLD

- Early learning: colors, shapes, patterns, days of the week and more
- · Great first-time classroom experience
- · Socialization skills in large group
- · Monday & Friday curriculum varies
- Must be 3 by May 31, 2023

CLASS	DATE & TIME	MONTHLY FEE
Monday Funday	Mon 9:30 – 11 am	\$87; \$79 SV Res
Friday Funday	Fri 9:30 – 11 am	\$70; \$64 SV Res

#### 3 - 4 YEARS OLD

- Early learning: letters, numbers, colors, shapes, writing skills, social skills
- Weekly large motor skills/physical education time included
- · Must be 3 by September 1, 2022

CLASS	DATE & TIME	MONTHLY FEE
ABCs & 123s	Tues & Thurs 9:30 am - noon	\$170; \$155 SV Res

#### 3 - 5 YEARS OLD

- · Skill work: letters, numbers, colors, shapes, printing, counting, beginning math, and more.
- Weekly large motor skills/physical education time included.
- · Must be 3 by September 1, 2022

CLASS	DATE & TIME	MONTHLY FEE
Stepping Stones	Mon, Wed, Fri 9:30 am – noon	\$239; \$218 SV Res

#### 4 - 5 YEARS OLD

- · Kindergarten readiness
- · Skill work: letter recognition, printing, counting, early math, cutting and scissors
- Weekly large motor skills/physical education time included
- · Must be 4 by September 1, 2022

CLASS	DATE & TIME	MONTHLY FEE
Alpha Kids	Tues & Thurs 9:30 am -12:30 pm	\$188; \$170 SV Res



## **Special Events**



## **Farmers** market

**Tuesday afternoons** 

June 7 - August 30: 3 - 7 pm

September 6 - October 11: 3 - 6 pm

#### **Shoreview Community Center**

Lower level community center parking lot

- · Local fresh produce
- · Handcrafted artisan items
- · Weekly e-newsletter
- · Frequent shopper program
- · and a lot more!



## **Kids Garage** Sale

#### October 1

9 am - noon

Calling all kids! Here's your chance to make a little money to use for holiday shopping or to find special gifts at bargain prices. Kids can rent a table to sell toys, games, books, and sporting goods. Please do not bring food items to sell.

Pre-registration is required.

Registration deadline: September 24

AGES	LOCATION	COST
5 – 12	Shoreview Community Center	\$20 per table

## **Special Events**



## **Touch-A-Truck** Saturday October 1 9 am - noon

This is your chance to hop in the driver's seat of a snowplow, dump truck, and more! Free to attend. Don't forget your camera!

AGES	LOCATION	COST
All ages	Shoreview Community Center - lower parking lot	FREE





## Halloween **Trunk-or-Treat**

Saturday, October 29 4 - 7 pm

Come join us for an evening of spooky fun! Bring your trunk decorated for our trunk contest and wear your best costume! We will have hay rides, trunk-or-treating and a spooky walk in the woods. Please visit shoreviewmn.gov for more information on decorated trunks.

AGES	LOCATION	COST
All ages	McCullough Park	\$20 per vehicle



## **Special Events**



## **Kids' Secret Holiday Shopping Spree**

## Saturday, December 17

Are your kids looking for gifts for family members and friends this holiday season? Personal shoppers will help your child pick out the perfect gift. Gifts range from \$2 - \$20, gift wrapping

Pre-registration is required. No walk-ins will be accepted at this

Registration deadline: December 15

AGES	TIME	LOCATION
3 - 12	9 am - noon	Shoreview Community Center



## Santa's Workshop

## Saturday, December 10 from 9 am - noon

Come spend the morning with Santa at his workshop! Enjoy a free breakfast, craft, and visit with Santa himself! Children must be accompanied by an adult. Pre-registration required and tickets must be purchased for each individual in your party.

Registration deadline: Dec 7

AGES	LOCATION	COST
5 - 12	Shoreview Community Center	\$10 per participant



## **Letter from Santa**

Santa would like to wish everyone a very happy holiday from the North Pole. This letter will come in an envelope with Santa's name and return address in the corner, addressed directly to your child. Letters will be mailed around December 13. Register online.

REGISTRATION DEADLINE	COST
December 8	\$5 per letter



#### MUSIC TOGETHER

Sing, dance, play, and learn with award-winning music and movement classes for infants, toddlers, preschoolers, and the adults who love them. The rich music environment in class will help your child grow into a confident, lifelong music maker. Infants (born after January 26, 2022) attend at no cost with a paid sibling.

#### DEMO

Registration deadline: September 7

AGES	DATE	TIME	COST
0 - 5	Mon, Sept 12	10 - 10:45 am	Free
0 - 5	Tues, Sept 13	9:15 - 10 am	Free
0 - 5	Sun, Sept 18	4:30 - 5:15 pm	Free

Registration deadline: September 15

AGES	DATE & TIME	COST
0 - 5	Mon, Sept 26 - Nov 28 10 - 10:45 am	\$195; \$109 additional sibling

Registration deadline: September 15

AGES	DATE & TIME	COST
0-5	Tues, Sept 27 - Nov 29 9:15 – 10 am	\$195; \$109 additional sibling
0 - 5	Tues, Sept 27 - Nov 29 10:15 - 11 am	\$195; \$109 additional sibling

Registration deadline: September 15

AGES	DATE & TIME	COST
0 – 5	Sun, Oct 2 - Dec 11 4:30 - 5:15 pm	\$195; \$109 additional sibling

## **Youth Programs**



#### WISH UPON A BALLET

This program incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Students will need ballet shoes and comfortable clothes they can move around in. Classes taught by Mayer Arts.

#### Registration deadline:

Location: Shoreview Community Center

AGES	DATE & TIME	COST
3 - 6	Sun, Sept 25 - Dec 11: 2 - 2:45 pm	\$104
	(no class Oct 23 Nov 27)	

#### WISH UPON A BALLET AND TAP

This program offers the same curriculum as wish upon a ballet with the added fun of tap dancing! Tap provides the development of rhythm and motor skills. Ballet and tap shoes are required. Classes taught by Mayer Arts.

#### Registration deadline:

Location: Shoreview Community Center

AGES D	ATE & TIME	COST
	un, Sept 25 - Dec 11: 2 - 2:45 pm 10 class Oct 23 Nov 27)	\$104

#### **HIP HOP DANCE PARTY**

Get into the groove! Learn upbeat styles such as jazz and hip hop and move to your favorite songs. Students will also learn warm-ups such as stretching, isolations and across the floor exercise! Classes taught by Mayer Arts.

#### Registration deadline:

Location: Shoreview Community Center

AGES	DATE & TIME	COST
5 - 10	Sun, Sept 25 - Dec 11 3:30 - 4:15 pm	\$104





Location: Shoreview Community Center

#### PAINT WITH ME!

Grab your favorite adult for a fun morning of painting with Paint by Jill. A young person along with their grandparent, parent or another adult will create a painting together on one canvas. Children of all ages welcome but six and older is recommended. See page 33 for adult learn to paint classes.

Registration deadline: Monday before class

AGES	CLASS	DATE & TIME	COST
6+	Puppy Love	Sat, Sept 24 10 am - noon	\$38; \$35 SV Res
	Halloween Fun	Sat, Oct 15 10 am - noon	\$38; \$35 SV Res
	Fall Scene	Sat, Nov 12 10 am - noon	\$38; \$35 SV Res
	Holiday Love	Sat, Dec 10 10 am - noon	\$38; \$35 SV Res

#### **PUPPY PALACE**

In this class, artists will create a soft, huggable sock puppy with a doghouse fit for canine royalty. After all, man's best friend deserves the best. Woof! Please pack a nut free snack and drink for your child. Class is taught by Kidcreate Studio.

Registration deadline: August 13

AGES	DATE & TIME	COST
3 – 6	Sat, Sept 3: 9 am - noon	\$45

#### SIMPLY SILLY STUFF

Get ready to go bananas with all the silly stuff you'll create in this camp! You're going to make some of the craziest art you could imagine. A messy monster made of mush. A cute 3D goldfish to bring home and keep you company in your room. And, have you ever made your very own popup art? Well now you will! This combination of wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible! Please pack a nut free snack and drink for your child each day.

Class is taught by Kidcreate Studio.

Registration deadline: Sept 29

AGES	DATE & TIME	COST	
4-9	Thurs & Fri Oct 20 – 21 1 – 4pm	\$100; \$95 SV Res	

## **Youth Programs**

#### **LET'S DRAW**

If it's drawing, sketching, and cartooning you're after, then this is the class for you! In this introductory drawing class, we'll learn basic techniques and principles of drawing as we create puppies, ponies, people, and more. The kids will master a simple step-by-step method that is essential to creating memorable drawings. Each child will receive their own take-home How to Draw booklet! Please pack a nut free snack and drink for your child each day. This class is taught by KidCreate Studio.

Registration Deadline: Sept 29

AGES	DATE	TIME	COST
5 – 12	Thurs & Fri; Oct 20 – 21	1 – 4 pm	\$100; \$95 SV Res

#### **SQUISHY SQUISHMALLOWS**

Bunnycorn, Prince the Pug, Mauve the Alpaca and more – the hardest thing about those squishy Squishmallows is deciding which one you love the most! In this workshop, artists will create a clay version of their favorite Squishmallow using air-dry clay, paint, and so much more. What could be more fun? Bring your Squishmallow to class so they can join in the fun! Please pack a nut free snack and drink for your child. Class is taught by KidCreate Studios.

Registration Deadline: Nov 2

AGES	DATE	TIME	COST	
4 - 9	Wed, Nov 23	1 – 4 pm	\$45	

#### HOLIDAY ORNAMENT MAKING PARTY

Join us for an ornament making party. We will set up 4 stations, each with a different ornament to make. Your child will be creating an adorable snowman ornament, an ornament inspired by that famous reindeer with the red nose, and so much more! Please pack a nut free snack and drink for your child. Class is taught by KidCreate Studio.

Registration Deadline: Nov 26

AGES	DATE	TIME	COST
5 – 12	Sat, Dec 17	1 – 4 pm	\$45

## **Youth Programs**





#### **DO-AT-HOME ART KITS** WITH ONLINE INSTRUCTION

These art kits are so much fun; it's like having your very own private art teacher! The kit contains an easy to follow lesson plan, a link to a correlating online instructional video taught by a KidCreate Studio art teacher, art materials needed to create one fridge-worthy masterpiece and additional suggestions for online learning that relate to the art lesson. Available for pick-up at the Shoreview Community Center.

#### Registration deadline:

AGES	KIT	COST
5 - 12	Clay Fairy House	\$40
5 - 12	Holiday Clay Mosaic	\$40

#### BE YOUR OWN FAVORITE WRITER

Love to read, but not sure where to begin writing your own story? This session is for avid youth readers who want to learn what their favorite stories and characters can teach them about writing their own strong stories. This class will teach youth techniques for reading as writers and is intended for readers and writers alike. Class taught by The Loft.

AGES	DATE & TIME	COST
9 - 12	Sun, Nov 26	\$40
	9 - 10:30 am	



#### MAKE THE GAME COME ALIVE

For fans of video games, this class will encourage you to write new stories about your favorite characters. Create a new sidequest for Link, imagine new adventures in Minecraft or Fortnite, or make up your own game from scratch. The only requirement is that you come ready to play. Class taught by The Loft.

AGES	DATE & TIME	COST
12 - 14	Fri, Oct 21 noon - 1:30 pm	\$40



#### WRITING GREAT COLLEGE APPLICATION ESSAYS

Learn to utilize basic creative writing craft elements such as strong characterization, compelling narrative structure, an interesting premise to write the best possible college application essay. Leave with ideas that will get you started on writing an essay that'll really wow your readers!

AGES	DATE & TIME	COST
16 - 18	Sat, Nov 19 9:30 - 10:30 am	\$40

#### FICTION BASICS

You've got your story or novel idea down, maybe even a first draft. What's next? You need to create detailed, interesting characters and a plot that keeps the action moving. Come learn the ins and outs of creating memorable settings, developing an exciting plot, and writing believable characters with depth and complexity.

AGES	DATE & TIME	COST
14 - 16	Fri, Nov 5 5 - 6:30 am	\$40



## **Youth Programs**

Location: Shoreview Community Center





#### YOUNG LEARNERS SPANISH

Come sing, dance and play as we learn Spanish! Our young learners program blends real world play with language immersion to have your child on a fast track to bilingualism. Join us as we learn colors, shapes, numbers, feelings, pets, vegetables and more. In session 2 we will continue to learn fruit, animals, action words and more in this uniquely fun language program.

\*These classes require a guardian to attend with child.

Mondays and Wednesdays 10 – 10:45 am

AGES	DATE & TIME	COST
2 - 5	Sept 19 - Oct 26	\$215
2 - 5	Nov 7 – Dec 14	\$215

#### Saturdays 10:30 - 11:15 am

AGES	DATE & TIME	COST
2 - 5	Sept 24 – Dec 10	\$195
2 - 5	Nov 7 – Dec 14	\$215

#### **ELEMENTARY SPANISH**

Come learn Spanish with Language Sprout. This elementary-focused, immersive program will get your child speaking fast. Our classes combine theme based and grammar lessons with hands-on learning to meet your child at their right level. Class includes a parent portal for continued learning at home.

(No class 10/22 or 11/26) Saturdays 9:30 – 10:15 am

AGES	DATE & TIME	COST
6 - 12	Sat, Sept 24 – Dec 10 9:30 – 10:15 am	\$195



#### **ELEMENTARY MANDARIN**

Come learn Mandarin with Language Sprout. This elementary-focused, immersive program will get your child speaking fast. Our classes combine theme based lessons learning both how to read, write and speak with hands-on learning to meet your child at their right level. Class includes a parent portal for continued learning at home. (No class 10/22 or 11/26)

Saturdays: 10:30 - 11:15 am

AGES	DATE & TIME	COST
6 - 12	Sept 24 – Dec 10	\$195



## YOUNG LEARNERS MANDARIN CLASSES

Come sing, dance and play as we learn Mandarin! Our young learners program blends real world play with language immersion to have your child on a fast track to bilingualism. Join us as we learn colors, shapes, numbers, feelings, pets, vegetables and more. In session 2 we will continue to learn fruit, animals, action words and more in this uniquely fun language program.

\*These classes require a guardian to attend with child

Tuesdays and Thursdays 10 – 10:45 am

AGES	DATE & TIME	COST
2 - 5	Sept 20 – Oct 27	\$215
2 - 5	Nov 8 – Dec 15	\$215

Saturdays 9:30 – 10:15 am

AGES	DATE & TIME	COST
2 - 5	Sept 24 – Dec 10	\$195



#### **BABYSITTING 101**

This class will cover:

- First aid · Sitter safety
- Crafts, toys & childproofing · Nutrition

Registration deadline: Four days before class

CLASS	DATE & TIME	COST
10 – 13	Sat, Oct 8:8 am - noon	\$69; \$63 SV Res
10 – 13	Sat, Nov 12: 8 am - noon	\$69; \$63 SV Res



#### **BABYSITTING FIRST AID**

Students interested in continuing their babysitting skills will learn about:

- Recognizing an emergency
- When to call for help
- Care of injuries and allergic reactions
- How to help a choking child/infant

Students will also put together a small first aid kit

Registration deadline: Four days before class

CLASS	DATE & TIME	COST
10 – 13	Sat, Oct 15 : 8:30 – 11:30 am	\$47; \$43 SV Res

#### **CHESS SCHOOL**

Twin Cities Chess club provides an environment for children of all skill levels to learn and enjoy the game of chess. Students are grouped together according to their age and ability with an optional tournament. Classes will be taught by Igor Rybakov, the USCF-rated tournament chess player, named best chess coach in Minnesota.

Registration deadline: September 3

registrati	on acadime. September 5	
CLASS	DATE & TIME	COST
5 - 15	Session 1: Sat, Sept 24 - Oct 29 10 - 11 am	\$99
5 - 15	Session 2: Sat, Nov 5 - Dec 17 10 - 11 am	\$99





This class is for students new to Sun Yi's Academy of Tae Kwon Do. Students will learn the fundamental skills of Tae Kwon Do. No uniform is needed for this class. Wear comfortable clothing. Classes taught by Master Pam Meyers of Sun Yi's Academy of Traditional Tae Kwon Do.

Registration deadline: Four days before class

AGE	DATE	TIME	COST
7+	Fri, Sept 9 – Dec 16 (No class Oct 21 or Nov 25)	6:30 – 7 pm	\$108; \$96 SV Res

#### TAE KWON DO

Tae Kwon Do is unlike other martial arts programs, incorporating physical and mental elements into each class. Classes teach kicking, punching, striking, and blocking techniques through traditional Tae Kwon Do. Students will improve stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration, and confidence. Classes are taught by Master Pam Meyers of Sun Yi's Academy of Traditional Tae Kwon Do. Uniforms are available for purchase through instructor.

Registration deadline: Four days before class. No classes Oct. 18, Oct. 20, Nov. 22, Nov. 24

AGE	DATE	TIME	COST
Low Ranks   Ages 7+	Tues & Thurs Sept 13 – Dec 15	5:30 – 6:15 pm	\$216; \$192 SV Res
Middle Ranks   Ages 7+	Tues & Thurs Sept 13 – Dec 15	6:15-7:15 pm	\$216; \$192 SV Res
High Ranks Ages 7+	Tues & Thurs Sept 13 – Dec 15	7:15-8:15 pm	\$216; \$192 SV Res

#### LIL' NINJAS

Sun Yi's Academy Lil' Ninjas is specifically designed to enhance your child's development in a fun and motivating way. Some of the most important years in a child's development are between the ages of 4 and 6. Curriculum focuses on improving pre-school aged children's basic listening, social, and motor skills. Our instructors work on: focus, team work, control, balance, memory, discipline, fitness, coordination, and respect. Class is limited to 8 students. Sun Yi Academy uniforms are required. Uniforms can be purchased for an additional fee (cash or check) with the instructor the first night of class. Classes are taught by Master Pam Meyers of Sun Yi's Academy of Traditional Tae Kwon Do. Uniforms are available for purchase through instructor.

Registration deadline: Four days before class

AGE	DATE	TIME	COST
4 - 6	Wed, Sept 14 – Dec 14 (No class Oct 19 or Nov 23)	5:15 – 5:45 pm	\$108; \$96 SV Res
4 - 6	Wed, Sept 14 – Dec 14 (No class Oct 19 or Nov 23)	5:45 – 6:15 pm	\$108; \$96 SV Res
4 - 6	Fri, Sept 16 – Dec 16 (No class Oct 21 or Nov 25)	5:15 – 5:45 pm	\$108;\$96 SV Res
4 - 6	Fri, Sept 16 – Dec 16 (No class Oct 21 or Nov 25)	5:45 – 6:15 pm	\$108; \$96 SV Res

# **Youth Sports**



#### **TUMBLING**

Discover the sport of tumbling in a positive, educational atmosphere. Participants will learn basic skills on floor, balance beam, bars, and vault. Due to space limitations there is no observation area for parents; parents are invited to observe the final class.

Registration deadline: July 1

Location: Shoreview Community Center

Sept 24 - Oct 2

AGES	CLASS	TIME	COST
2 - 3	Toddler & parent	9:45 – 10:30 am	\$100; \$90 SV Res
2 - 3	Toddler & parent	10:45 – 11:30 am	\$100; \$90 SV Res
3 - 4	Beginner	11:45 am – 12:30 pm	\$100; \$90 SV Res
4 - 5	Advanced beginner	12:45 – 1:30 pm	\$100; \$90 SV Res
5 - 8	Intermediate	1:45 – 2:30 pm	\$100; \$90 SV Res



#### PLAYBALL! MN TWINS BASEBALL CLINIC

This clinic teaches basic fundamentals, including hitting, throwing, and defense in a fun and encouraging atmosphere. Instruction is provided by qualified coaches. The Twins Community Fund provides all of the equipment for the clinic.

Registration deadline: August 4

Location: Sitzer Park

Rain out location: Chippewa Middle School Gym

AGE	DATE	TIME	COST	ACTIVITY#
6 - 9	Sat, Aug 13	9 - 10:30 am	FREE	390103-01
10 - 13	Sat, Aug 13	10:30 am - noon	FREE	390103-02



#### **E SPORTS**

Register and compete against other gamers in your community

- All ages and all skill levels welcome
- Players only need to purchase one season pass to unlock all of the games
- If the game is team based, all players on the team must purchase a season pass
- Once a player has registered, an activation code will be
- Online capabilities and designated console/games are required for participation

See website for more information

Registration period: August 29 - September 16

AGE	DATE	TIME	COST
8+	Mon – Fri, Oct 3 - Nov 25	Varies: 7, 8 or 9 pm	\$10







#### **AFTER-SCHOOL SPORTS**

Instructors provide the opportunity for participants to try a new sport each week! Sports include basketball, soccer, kickball, pickleball, and more.

Registration deadline: September 13 Location: Island Lake Elementary

GRADE	DATE & TIME	COST
1-5	Tues & Thurs Sept 20 – Oct 27 (no class Oct 20) 4:05 - 5:05 pm	\$110 per participant

Location: Turtle Lake Elementary

GRADE	DATE & TIME	COST
1-5	Tues & Thurs Sept 20 – Oct 27 (no class Oct 20) 4:05 - 5:05 pm	\$110 per participant

#### MINI KICKERS SOCCER

This program teaches fundamental skills and each session ends with small side scrimmages. Small group sizes provide a fun and active environment. Age appropriate equipment is used. This class is taught by John Swallen.

Registration deadline: September 3 Location: Community Center Gym

AGES	DATE & TIME	COST
3 - 5	Sat, Sept 10 - Oct 15 9 - 9:30 am	\$83; \$76 SV Res
3 - 5	Sat, Sept 10 - Oct 15 9:35 - 10:05 am	\$83; \$76 SV Res
3 - 5	Sat, Sept 10 - Oct 15 10:10 - 10:40 am	\$83; \$76 SV Res

Registration deadline: October 25 Location: Community Center Gym

AGES	DATE & TIME	COST
3 - 5	Sat, Oct 29 - Dec 10 9 - 9:30 am	\$83; \$76 SV Res
3 - 5	Sat, Oct 29 - Dec 10 9:35 - 10:05 am	\$83; \$76 SV Res
3 - 5	Sat, Oct 29 - Dec 10 10:10 - 10:40 am	\$83; \$76 SV Res





#### **GROUP TENNIS LESSONS**

#### PEE WEES AGES 5 TO 7

Includes lessons on the basics of tennis. Low compression tennis balls provided. Participants should bring a junior sized racquet.

#### **BEGINNERS AGES 7 TO 11**

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.

#### **ADVANCED BEGINNERS AGES 9 TO 11**

Perfect for the player who has taken lessons, but needs stroke and technique improvement. Instruction focuses on stroke consistency and introduces new strokes.

#### **INTERMEDIATE AGES 11 TO 14**

For players with dependable strokes who have completed an advanced beginner class. Instruction focuses on court coverage, game strategy, stroke use, and much more.

Saturdays, September 10 - October 8

Location: McCullough Park tennis courts

If necessary, makeup lessons will be held on October 15

LEVEL	DATE & TIME	COST
Pee Wees	10 - 10:45 am	\$76; \$66 SV Res
Beginners	11 - 11:45 am	\$76; \$66 SV Res
Advanced Beginners	Noon - 12:55 pm	\$76; \$66 SV Res
Intermediate	1 - 1:55 pm	\$76; \$66 SV Res

#### PRIVATE AND SEMI-PRIVATE TENNIS **LESSONS**

- Personalized high-quality tennis instruction for players who want to improve their court game
- Our instructors will help you work on your ground strokes, serves, volleys, lobs, and smashes in an individual setting
- This program offers one-on-one tennis instruction for the casual or avid tennis player
- Semi-private lessons are for two participants of equivalent ability
- Participants must enroll with a partner for semi-private lessons. Each participant pays registration fee.
- Instructor will call you to set up dates, times and locations for lessons.

	TIME	COST
Private Lessons	5 lessons – 60 minutes	\$195; \$185 SV Res
Semi-Private Lessons	5 lessons – 60 minutes	\$115; \$105 SV Res







## FALL SPORTS LEAGUES

## **AUGUST 15 - OCTOBER 8**

**GRADES K-6** 

CO-REC FLAG FOOTBALL LEAGUES

AGE 4 - GRADE 6

#### **CO-REC SOCCER LEAGUES**

Register now, space is limited.

Visit our website for information shoreviewmn.gov

## **VOLUNTEER COACHES**

Soccer coaches meeting August 10 at 6:30 pm at the community center

Flag football coaches meeting August 11 at 6:30 pm at the community center

- Benefits of volunteer coaching:
- Give back to the community
- Provide youth with a fun experience
- 50% refund on registration





#### REVSPORTS BASKETBALL CAMP

Come and enjoy the fun filled camps that RevSports has to offer! Each camp will provide instruction, games and fun! All equipment is provided.

Registration deadline: Friday before camp Location: Community Center Gym

AGES	DATE	TIME	COST
3 - 5	Mon, Sept 26 - Oct 17	5 - 5:25 pm	\$84; \$77 SV Res
4 - 6	Mon, Sept 26 - Oct 17	5:30 - 6:10 pm	\$84; \$77 SV Res
4 - 6	Mon, Sept 26 - Oct 17	6:15 - 6:55 pm	\$84; \$77 SV Res
7 - 8	Mon, Sept 26 - Oct 17	7 - 7:40 pm	\$84; \$77 SV Res
3 - 5	Mon, Oct 24 - Nov 21	5 - 5:25 pm	\$84; \$77 SV Res
4 - 6	Mon, Oct 24 - Nov 21	5:30 - 6:10 pm	\$84; \$77 SV Res
4 - 6	Mon, Oct 24 - Nov 21	6:15 - 6:55 pm	\$84; \$77 SV Res
7 - 8	Mon, Oct 24 - Nov 21	7 - 7:40 pm	\$84; \$77 SV Res
3 - 5	Mon, Nov 28 - Dec 19	5 - 5:25 pm	\$84; \$77 SV Res
4 - 6	Mon, Nov 28 - Dec 19	5:30 - 6:10 pm	\$84; \$77 SV Res
4 - 6	Mon, Nov 28 - Dec 19	6:15 - 6:55 pm	\$84; \$77 SV Res
7-8	Mon, Nov 28 - Dec 19	7 - 7:40 pm	\$84; \$77 SV Res



## **Youth Sports**



#### ICE SKATING INSTRUCTION

#### **GROUP LESSONS**

Get an edge on winter by enrolling in ice skating lessons early.

#### **PRE-SNOWPLOW**

Ages 4 - 8

With a mix of fun games and drills, this class will help participants gain the strength and confidence to stand on their own while introducing preliminary skating moves and techniques.

#### **SNOWPLOW SAM**

Ages 4 - 10

Participants will learn to skate in a safe and fun environment. This class introduces preliminary moves that will help develop the familiarity, coordination and strength needed to maneuver on skates.

#### LEVELS 1-3

Ages 6+

Our leveled classes encourage participants to trade in hesitation for excitement as their confidence grows with each stride. Participants will focus on skills that build their agility, balance, coordination and speed.

Fall 2022 schedule: Saturday, October 29 – December 17 (no class Nov 26)

Registration deadline: October 21

Location: The Shoreview Arena, Hwy 96 and Victoria

CLASS	COST	TIME
Snowplow	\$108; \$93 SV Res	8 – 8:30 am
Level 1	\$108; \$93 SV Res	8 – 8:30 am
Level 3	\$108; \$93 SV Res	8 – 8:30 am
Snowplow	\$108; \$93 SV Res	8:35 – 9:05 am
Level 1	\$108; \$93 SV Res	8:35 – 9:05 am
Level 2	\$108; \$93 SV Res	8:35 – 9:05 am
Snowplow	\$108; \$93 SV Res	9:10 - 9:40 am
Level 1	\$108; \$93 SV Res	9:10 - 9:40 am
Level 2	\$108; \$93 SV Res	9:10 - 9:40 am
Pre-Snowplow	\$161; \$147 SV Res	9:40 – 10:10 am



**HELPFUL TIPS FOR SKATERS:** Lace skates more snugly in the middle of the shoe than at the top or bottom for best support. Skates should fit correctly - don't use skates that are too big. Keep the blades sharp. Wear one pair of light weight wool or synthetic socks. Cotton socks are not suitable for skating. If a child does not meet the basic requirements of the level registered for, the instructor will adjust the child's level.

**HELMETS AND SKATES:** For safety, all participants are required to wear helmets. Bike helmets are acceptable. Helmets and skate rental are NOT available at the rink.





# JOIN OUR TEAM

## PART-TIME, FLEXIBLE HOURS, FREE COMMUNITY CENTER MEMBERSHIP

## CHILD CARE ATTENDANT

\$10.50-13/hour

Provide care for children 6 months to 8 years in our drop-off center. Exp. with preschoolers preferred.

#### **GROUP FITNESS INSTRUCTORS**

\$16-25/hour

Seeking certified instructors to teach cardio and strength, kettlebell.

#### **GUEST SERVICE/MEMBERSHIPS**

\$12.25-16/hour

Answer questions, give tours, room set-up, address guest issues, provide backup at desk and cafe.

## GYMNASTICS/TUMBLING INSTRUCTORS

\$11-15/hour

Teach beginning to intermediate level gymnastics to kids ages 3 through 8. No experience required.

#### **LIFEGUARDS**

\$12.50-15/hour (Up to \$20/hr for certain shifts)

No experience required. Free training is provided through Ellis Certification. Must be at least 15 years old.

#### MANAGER ON DUTY

\$16.25-22/hour

Coordinate daily activities, supervise staff, assist guests, follow safety/security procedures.

#### PERSONAL TRAINERS

\$19-25/hour

Nationally certified trainers provide personalized workouts for general fitness & sport-specific conditioning.

#### **POOL COORDINATOR**

\$15-17/hour

Coordinate activities/operations, supervise/train staff, schedule shifts, carry out policies, maintain systems.

#### PRESCHOOL ASSISTANT

\$12-15/hour

September-May

Assist the teacher with preschool recreation classes. Exp. working with preschoolers preferred.

#### PRESCHOOL INSTRUCTOR

\$18-22/hour

September-May

Plan and implement a developmentally appropriate program for young children; organize and lead activities.

#### SERVICE DESK

\$11.25-14.50/hour

Help guests on the phone and in-person, operate cash register, log membership information, assist cafe staff.

#### SPECIAL EVENT STAFF

\$10.50-13/hour

Help host our Egg Hunt, Kids Garage Sale, Halloween Hoopla, etc. Duties include decorating & clean up.

#### SPORTS INSTRUCTORS

\$12-18/hour

Lead youth and adults in a variety of sports activities. Sports background required.

**SHOREVIEW** 

## SWIMMING INSTRUCTORS (WE WILL TRAIN)

\$14-17/hour

No experience required, free training provided. Morning/early evening classes held at the community center.

#### WATERSLIDE ATTENDANTS

\$10.75-12.25/hour (Up to \$20/hr for certain shifts)

Control access to water slide entrance, supervise guests and ensure guest safety.

#### **WAVE CAFE**

\$10.75-13/hour

Prepare food, operate cash register, maintain a clean work area and lobby/tables, stock supplies.

#### YOUTH FLAG FOOTBALL OFFICIALS

\$15-25/game

Sept. - Oct.

Officiate flag football league games for children. Knowledge of football rules, previous officiating and football playing experience desired.

#### YOUTH SOCCER OFFICIALS

\$15-25/game

Sept. - Oct.

Officiate soccer league games for children. Knowledge of football rules, previous officiating and football playing experience desired.

#### Open until filled!

For a list of current job opportunities, go to shoreviewmn.gov/jobs



# **City Meetings**

## August 2022

- 5 pm, CC: Economic development authority
  - 7 pm, CC: City council meeting
- 7 pm, LC: Bikeways and trails committee
- 5 pm, CC: City council workshop 15
  - 7 pm, CC: City council meeting
- 7:30 am, UC: Economic development commission
- 22 6:30 pm: Environmental quality committee 7 pm, CC: Parks and recreation commission
- 23 7 pm, CC: Planning commission
- 24 7 pm, CC: Human rights commission

## September 2022

- 7 pm, LC: Bikeways and trails committee
- City offices closed Labor Day 5



- 5 pm, CC: Economic development authority 6
  - 7 pm, CC: City council meeting
- 7 pm, CC: Public safety meeting 15
- 5 pm, CC: City council workshop 19 7 pm, CC: City council meeting
- 20 7:30 am, UC: Economic development commission
- 26 6:30 pm, CC: Environmental quality committee 7 pm, CC: Parks and recreation commission
- 27 7 pm, CC: Planning commission
- 28 7 pm, CC: Human rights commission

#### October 2022

- 5 pm, CC: Economic development authority 3
  - 7 pm, CC: City council meeting
- 7 pm, LC: Bikeways and trails committee
- 5 pm, CC: City council workshop 7 pm, CC: City council meeting
- 7:30 am, UC: Economic development commission 18
- 6:30 pm: Environmental quality committee 24 7 pm, CC: Parks and recreation commission
- 7 pm, CC: Planning commission
- 7 pm, CC: Human rights commission 26

#### November 2022

- 3 7 pm, LC: Bikeways and trails committee
- 7 5 pm, CC: Economic development authority
  - 7 pm, CC: City council meeting
- 11 City offices closed - Veteran's Day



- 15 7:30 am, UC: Economic development commission
- 16 7 pm, CC: Human rights commission
- 17 7 pm, CC: Public safety meeting
- 21 5 pm, CC: City council workshop 7 pm, CC: City council meeting
- 22 6:30 pm: Planning commission
- 24 & 25 City offices closed Thanksgiving



- 28 6:30 pm, CC: Environmental quality committee
  - 7 pm, CC: Parks and recreation commission

#### **LOCATION KEY**

City council chambers UC

Upper conference room



Lower conference room City offices closed



## **Parks and Facilities**

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Recreation Areas		Acres	Ballfields	Basketball Co	Football	Skating Rink	Paths	Pickleball	Tennis	Picnic Area	Playground	Shelter	Soccer	Circuit Traini
Bobby Theisen Park	3575 Vivian Avenue	15		1	$\checkmark$	$\sqrt{}$	$\checkmark$	6	2			1	$\sqrt{}$	
Bucher Park	5900 Mackubin Street	25	2	1	$\checkmark$	$\sqrt{}$	$\checkmark$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	$\sqrt{}$
Heritage Park	1170 Lepak Court	3												
Lake Judy Park	900 Tiller Lane	5		1/2			$\checkmark$			$\sqrt{}$	$\sqrt{}$			
McCullough Park	955 County Rd I	75	2	1	$\checkmark$	$\sqrt{}$	$\checkmark$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	
Ponds Park	190 Sherwood Road	1					$\checkmark$			$\sqrt{}$	$\sqrt{}$			
Rice Creek Fields	5880 Rice Creek Pkwy	10	4				$\checkmark$			$\sqrt{}$	$\sqrt{}$			
Shamrock Park	5623 Snelling Avenue	23	2	1	$\sqrt{}$	$\sqrt{}$	$\checkmark$		2	$\checkmark$	$\checkmark$	1	$\sqrt{}$	
Shoreview Commons	4580 North Victoria	40		1	$\sqrt{}$	$\sqrt{}$	$\checkmark$	2	2	$\checkmark$	$\checkmark$	1	$\checkmark$	
Sitzer Park	4344 Hodgson Road	8	2	1		$\sqrt{}$	$\checkmark$		2	$\checkmark$	$\checkmark$	1		
Wilson Park	815 County Road F	13	2	1		$\sqrt{}$	$\sqrt{}$			$\sqrt{}$	$\sqrt{}$			

The following are operated by Ramsey County Parks & Recreation. 651.748.2500 ramseycounty.us/parks		Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rink	Golf Course	Paths	Picnic Area	Playground	Shelter	Swimming
Island Lake Cty Park	3611 Victoria Street	167	$\sqrt{}$		$\sqrt{}$			$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	
Lake Owasso Cty Park	370 N. Owasso Blvd.	9	$\sqrt{}$		$\sqrt{}$				$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Shoreview Ice Arena	877 Highway 96						$\sqrt{}$						
Snail Lake Regional Park	580 Lake Blvd.	400	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$			$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Turtle Lake Cty Park	4979 Hodgson Road	9			$\sqrt{}$					$\sqrt{}$			



For indoor pickleball and swimming visit the Shoreview Community Center.





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## New registration experience this fall!



**SHOREVIEW PARKS & RECREATION** 

We have a new software coming
August 1! CivicRec is a mobile-friendly
site that's easy to navigate. Use it to
register for programs, book facilities, and
keep tabs on your membership.

Everyone will need to create a new account in CivicRec on or after August 1.

See page 13 to learn how to set up your account or visit shoreviewmn.gov.

Learn more at shoreviewmn.gov