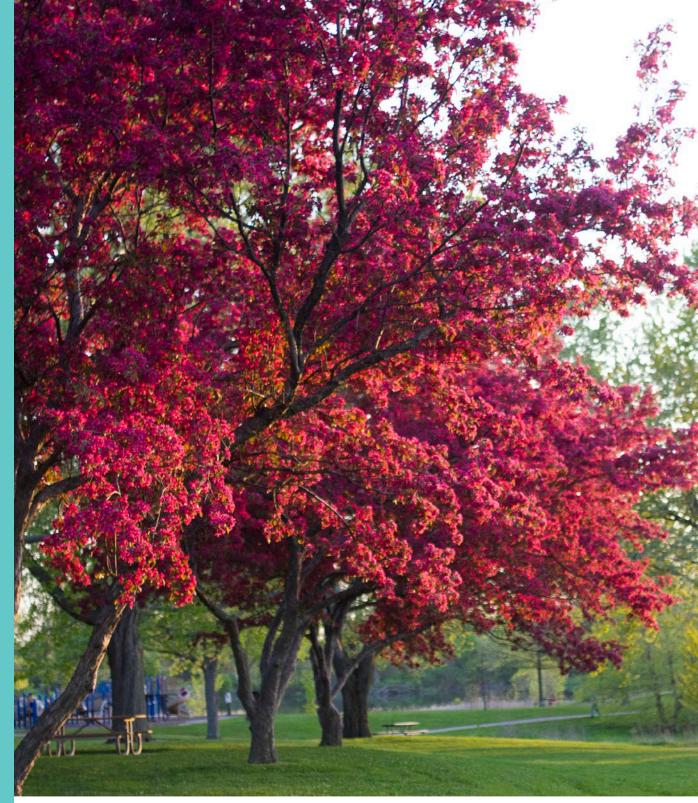
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# **SPRING 2021**

City News and Recreation Catalog

City News and Recreation Catalog	
City news	
Resident resources	
Community center	
Recreation programs	
Fall programs	-



# **Events at a Glance**



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### **Contact Us**

City Hall	651-490-4600
Community Center	651-490-4700
Parks and Recreation	651-490-4750
Building Permits	651-490-4683
Code Enforcement	651-490-4669
Forestry	651-490-4650
Human Resources	651-490-4619
Planning and Zoning	651-490-4680
Recycling	651-490-4665
Sewer & Water	651-490-4661
Streets	651-490-4671
Utility Billing	651-490-4630

### **POLICE & ANIMAL CONTROL**

Police protection and animal control are provided by Ramsey County Sheriff's Office.

For non-emergencies 651-767-0640 For emergencies 911

### FIRE

Fire protection is provided by the Lake Johanna Fire Department.

For emergencies 911 Dispatch Non-emergency 651-415-2100

### **CITY OFFICIALS**

Sandy Martin, mayor

651-490-4618 | smartin@shoreviewmn.gov

Emy Johnson, council member

763-443-5218 | ejohnson@shoreviewmn.gov

Terry Quigley, council member

651-484-5418 | tquigley@shoreviewmn.gov

Sue Denkinger, council member

651-260-1940 | sdenkinger@shoreviewmn.gov

Cory Springhorn, council member

651-403-3422 | cspringhorn@shoreviewmn.gov

Terry Schwerm, city manager

651-490-4611 | tschwerm@shoreviewmn.gov



# STATE OF THE CITY

For over 60 years, Shoreview has been one of the most respected and sought after cities in the region. It's a city where people come together to make Shoreview a great place to live and work. That has remained true this past year as we've navigated through the COVID-19 pandemic. Our staff, residents, and businesses have shown just how resilient we all are.

Despite the challenges, the city has completed several projects over the last year that make a significant impact on our community – and will launch even more projects in 2021.

Here are highlights from Mayor Martin's State of the City address. You can read or watch the full state of the city at **shoreviewmn.gov.** 

### **COVID-19 RESPONSE**

Throughout the pandemic essential city services have continued without interruption. City staff adapted many programs, projects, and services to keep everyone safe and healthy. They also created innovative ways to open facilities and provide programs such as social distance circles for the summer concert series and the Santa Cruise.

The city also created a forgivable loan program to help Shoreview's small businesses. Through the program, the city has given out over thirty \$5,000 loans.



### **SHOREVIEW COMMONS**

The first phase of the Shoreview Commons development was completed in 2020. This phase included a new skate park, pond, trails and gardens. The skate park has become an instant hit for skateboarders of all levels.

The second phase will be completed in 2021 and includes a destination playground and shelter. The playground will feature six different areas for kids of all ages with features

including a treehouse tower, challenge course, and hillside slides. It promises to be one of the most exciting playgrounds in the entire metro area.



### PARKS AND TRAILS

The city will update the park system plan in 2021. This includes reviewing all city parks, demographics and recreation trends, and developing a conceptual master plan for each park.

The city added three new trail links in 2020.

- At County Road E, between Vivian Avenue and Lexington Avenue in southern Shoreview at the retail area
- A connection from Chatsworth Street to Victoria Street along Gramsie Road.
- A crossing to the Grass Lake open space area at Vadnais-Snail Lakes Regional Park.

### Housing

Over the past few years, the city has added more than 1,000 apartments and townhomes with projects like Loden SV and Emrik, located in the Shoreview Corporate Center, and The Edison at Rice Creek, located in the Rice Creek Corporate Park. The second phase of The Edison at Rice Creek will begin this year.

In 2021, Midland Terrace will replace one of their 42-unit buildings with a new 103-unit building near Island Lake Elementary.

The city partnered with Community Action Partnership of Ramsey & Washington Counties a non-profit agency to renovate three homes and rent them as affordable housing. Two of the homes are located along County Road E and will eventually be added into Bobby Theisen Park. The third home is located in north Shoreview.

### **ECONOMIC DEVELOPMENT**

Several large commercial projects started or finished in 2020. Eagle Ridge Partners finished their renovation of the 120,000 square foot building at Lexington Avenue and County Road F. Currently two of their four floors are fully rented.

Gradient Financial is almost done with their major renovation of an office building at 4625 Churchill Street. Once completed, Gradient will move about 30 employees to this site.



Several large projects will come forward in 2021 including the redevelopment of the former Deluxe Campus. The site was sold to Scannell Properties. Scannell is currently working on several plans to maximize the development of the 50-acre site.

The city will issue a request for proposals to develop the 10-acre Rice Street Crossing property. This property is located at the southwest corner of I-694 and Rice Street.

### **ROAD PROJECTS**

The city finished the reconstruction of North Owasso Boulevard between Rice Street and Victoria Street in 2020. This project was in coordination with the county's renovation of Lake Owasso County Park.

Ramsey County's Rice Street reconstruction project was also completed this year. This project included a new bridge over I-694 and three roundabouts.

The city will finish its street reconstruction program in 2021. This program, started in the 1980s, was created to bring all city streets to current standards with curb-and-gutter and modern storm drainage systems. Edgetown Acres in northwest Shoreview, is the last project area and will be completed this year. After the project is complete the city will focus on maintenance and rehabilitation.

### STAY CONNECTED

We are committed to providing an open and accessible government. We do this by televising and live-streaming all of our city council and planning commission meetings, publishing the ShoreViews newsletter four times a year, publishing Access Shoreview—an e-newsletter sent twice a month, and engaging with residents on social media. Mayor Sandy Martin holds virtual office hours from 3 – 4 pm every Tuesday. We look forward to serving you in 2021.



### 2021 - 2022 GOALS

The city council held a goal-setting session in late 2020. They reviewed past accomplishments, discussed future opportunities and challenges, and created goals for the next two years. Below is a summary of the four goals for 2021 – 2022. View the complete goals at shoreviewmn.gov.

### FINANCIAL STABILITY

Maintain and further improve the city's financial stability. Maintaining a solid financial position allows the city to fund essential municipal services, maintain our infrastructure, and make key investments in many projects and activities.

### **ORGANIZATIONAL EXCELLENCE**

Ensure Shoreview's culture and values continue as key staff and council leaders retire. Attracting and retaining a high quality, skilled workforce as an employer of choice is important to the city's future.

# COMMUNITY AND ECONOMIC DEVELOPMENT

Continue to enhance the quality of life in Shoreview through community, housing and economic development. Remain a leader in sustainable practices and policies.

### INCLUSION AND ENGAGEMENT

Strengthen commitment to fostering inclusion and incorporate strategies across all city functions while expanding communications and engagement with residents and community members.



# **City News**



# 2020 CARING YOUTH AWARD WINNER: ANNA GRACE HOTTINGER

Anna Grace Hottinger received the 2020 Caring Youth Award in December 2020. This annual award, created by the Shoreview Human Rights Commission, honors the city's out-standing youth. It reminds us that anyone, no matter their age, can help form the foundation of our community.

According to Katie Engman, program director at Association for Nonsmokers-Minnesota, Anna Grace is an excellent recipient because of her contributions to public and environ-mental health issues in Shoreview.

As a junior at Edvisions Off Campus school, Anna Grace credits her grandparents and mom for helping her develop her love for volunteering. They showed her not only the importance of giving back to the community but how to use her passion and resources to help others.

We've seen Anna Grace's passion first-hand here in Shoreview where she helped organize students and speak at a council meeting in support for Tobacco 21 a few years ago. Most recently, she was named a National Youth Ambassador by the Campaign for Tobacco-Free Kids for exhibiting leadership in the fight for tobacco control. When she's not working on tobacco prevention, Anna Grace finds time to advocate for climate justice on local, national, and global levels. These two issues are especially important to Anna Grace because she's seen the devastating impacts of climate change and addiction and wants to help make a difference. It's clear that she's doing just that.

When asked what her favorite part of volunteering is, Anna Grace said that it's working with others, "There is nothing more satisfying and fulfilling to know that you have helped other people find something they love."



# 2020 SHOREVIEW CITIZEN OF THE YEAR: HELEN NELSON

Helen Nelson was honored by Mayor Sandy Martin and the Shoreview City Council with the 2020 Shoreview Citizen of the Year Award in November 2020.

Since moving to Shoreview over 40 years ago, Helen has become a passionate member of the community. She has served on numerous boards and committees such as the Kindergarten Center Task Force, Slice of Shoreview Committee, and Shoreview Community Foundation. While serving on the community foundation for six years, Helen helped secure business sponsors, advocated for adding youth board members, and organized several events.

Helen has also coordinated many volunteer projects as a real estate agent in the area. Through her work at Edina Realty, Helen has coordinated multiple home improvement projects in the city. Most recently, she put a team together to work on a city-owned house that was converted to an affordable rental home. You can also see Helen and other Edina Realty volunteers driving the golf carts from the Deluxe parking lot to the Slice of Shoreview.

When asked what inspires her to volunteer and give back, Helen stated that volunteering is key to a vital community and needed now more than ever. She encourages other residents to say "yes" to opportunities because you will meet amazing people and learn a lot about yourself and Shoreview.

During her presentation Mayor Martin said, "Helen has had a long and varied life as a volunteer, from civic involvement and community service to personal and professional generosity. She is the true definition of a citizen volunteer!"



### 2021 UTILITY RATES

Every year, the city reviews its utility funds to see if changes are needed to the utility rates proposed in the five-year operating plan.

The utility funds pay for the operations and improvements to

the city's utility system. Utility funds are also considered enterprise funds, which means that the rates charged should cover the expenses.

In recent years, the city has experienced a revenue shortfall in the water fund due to reduced water consumption and an increase in capital costs for projects like the water treatment plant. To improve water fund reserves, the city has been making significant increases to its water rates the last few years. However, in an effort to have a more reasonable increase in the total utility bill, the city made more moderate increases in the other utility rates. We are confident that the recent increases in water rates will allow the city to keep a strong and reliable system and provide safe drinking water.

# WHAT DOES THIS MEAN FOR YOUR UTILITY BILL?

Your utility bill includes water, sewer, surface water, street lights, and a state fee.

- · Water and sewer rates are based on usage
- Surface water and street lights are based on residential units
- · The city does not control the state fee
- Below is what an average household (15,000 gallons) will pay per quarter in 2021.

	2020	2021	TOTAL CHANGE	% CHANGE
Water	\$65.30	\$71.70	\$6.40	9.8%
Sewer	\$97.70	\$99.65	\$1.95	2%
Surface water	\$32.30	\$33.27	\$0.97	3%
Street lighting	\$14.31	\$15.03	\$0.72	5%
State fee	\$2.43	\$2.43	\$0	0%
Total	\$212.04	\$222.08	\$10.04	4.7%

The approved increases went into effect January 1, 2021.

For more information, view the 2020 utility operations and rates booklet at **shoreviewmn.gov/utilities**.

Please contact Terese Roesler, 651-490-4630 **troesler@shoreviewmn.gov** with any questions.

# **Resident Resources**

### **DEVELOPMENT CODE UPDATE**

The planning commission has been working hard over the last year to update the city's development code. The development code is an important section of the city's code that outlines how land can be used and developed.

The city is updating it to:

- · Better address community needs
- Implement comprehensive plan policies
- · Address land use trends
- · Streamline the development review process

One proposed change is the creation of a mixed use zoning district. This would allow a variety of land uses in the same area and relax traditional building setback and height standards.

Once the draft update is complete, staff will be seeking feedback from the community.

Look for more information this spring.



# HEARTS AND HAMMERS – PAINTING AND HOME IMPROVEMENT ASSISTANCE

Hearts & Hammers is a nonprofit organization that provides exterior painting and home improvement help. The program helps homeowners remain in their own homes and improves neighborhoods throughout the Twin Cities area.

Help is free and the work is usually finished in one day.

### 2021 dates:

June 5

August 7

September 18

You can apply for yourself or someone you know at heartsandhammers.org/homeowner-applications.

Individuals or groups can sign up to volunteer at heartsandhammers.org/volunteers/. For more information visit heartsandhammers.org or call 651-636-0797.



### **Resident Resources**



### SAVE WATER - SAVE MONEY



### Watersmart

Shoreview residents can view personalized water usage reports online through Watersmart? Watersmart is an online dashboard that can help you save water and money. Sign up today at shoreviewmn.watersmart.com.

### Irrigation rebate program

Are you thinking of upgrading your irrigation controller? If so, you can apply for a rebate up to \$150 if you upgrade to a smart irrigation controller. Visit shoreviewmn.gov/watersmart for more information.

The Metropolitan Council's Water Efficiency Grant Program, with help from the Clean Water, Land and Legacy Amendment, provided partial funding for this program.



If your water meter shows one gallon of water used every hour for 24 hours you will receive a postcard letting you know that you might have a leak. Leaks are common in toilets, water softeners, faucets, sprinkler systems and humidifiers. Questions? 651-490-4650.

### Hydrant flushing

Crews will flush fire hydrants in late April. Flushing cleans sediment from the water mains and ensures all hydrants and valves are working properly. Tap water can sometimes change color after hydrant flushing. This is normal and is safe for drinking, but could discolor laundry. More details on hydrant flushing, dates, and zone information is available at

shoreviewmn.gov or 651-490-4650.



### MEETING BROADCAST SCHEDULE

Channel 16 broadcasts live city council and planning commission meetings every month.

### Live Shoreview City Council Meetings

First and third Monday every month at 7 pm

### Live Shoreview Planning Commission Meetings

· Fourth Tuesday of the month at 7 pm

View the full schedule and replay information at **shoreviewmn.gov** 



## cityofshoreview



### **ACCESS SHOREVIEW**

Sign up to receive our online newsletter that is sent after each meeting with news and events.

Visit bit.ly/AccessShoreview



# ENVIRONMENTAL QUALITY COMMISSION SPEAKER SERIES



Presented by Paige Ahlborg and Matt Doneux, Ramsey-Washington Metro Watershed District (RWMWD).

March 17 from 7-8 pm

Visit **shoreviewmn.gov/eqc** for Zoom meeting details.

Did you know that native plantings help filter pollutants from rain water before it reaches our lakes and wetlands? They also provide a much needed habitat for pollinators such as butterflies and bees. We will discuss restoration efforts RWMWD has done in the Snail Lake area and how these improvements are essential to a healthy ecosystem.

# TWIN CITIES COYOTE AND FOX PROJECT

April 21 from 7 - 8 pm

Presented by University of Minnesota researchers.

Visit **shoreviewmn.gov/eqc** for Zoom meeting details.

We will discuss the Twin Cities Coyote and Fox Project being completed by the University of Minnesota. Researchers have been studying red and gray foxes and coyotes for the last year. They are using data to map habitat use, assess diets, and measure disease prevalence. Join us for this interesting presentation on the wildlife we share habitat with!

# **Resident Resources**





### **RAIN BARRELS & COMPOST BINS**

The Recycling Association of Minnesota offers residents compost bins, rain barrels, and other items online. Items purchased can be picked up locally at distribution events starting in April. Products and distribution schedules can be found online at recycleminnesota.org.



### **GREEN COMMUNITY AWARDS**

Each year, the Shoreview Environmental Quality Committee recognizes residents and businesses that have had a positive impact on our environment. The green community awards are given to those who improve water quality, install renewable energy, or use eco-friendly practices. Winners receive a small lawn stake and are recognized at a city council meeting.

Applications are available at shoreviewmn.gov and due by July 9.

Questions? 651-490-4665.





# **2021 Annual Tree Sale**

New species are available for the 2021 Shoreview tree and shrub sale. Planting a wide variety of trees and shrubs increases the diversity of our urban forest and improves resilience in both your yard and the community.

Residents can purchase up to 5 trees and 10 shrubs per household at wholesale prices. One watering bag per tree is also available. Please note that watering bags are not suggested for evergreen trees.

Orders are due Friday, April 16, 2021 and trees will be delivered to your home by city crews in late May. Wholesale trees and shrubs do not include a guarantee, please be prepared to plant and care for the trees.

### 2021 TREE AND SHRUB ORDER FORM

Name:	
Address:	
Contact Phone Number:	
Email Address (if you wish to be notified the week the order will be delivered):	

Species	Container Size	Height (Feet)	Width (Feet)	Shade Tolerance	Fall Color	Price	Qty	Subtotal
Iroquois beauty chockeberry	#5	3-4'	3-5'	Full sun to part shade	Red-gold	\$33		
Red twigged dogwood	#5	8-10'	8-10'	Full sun to part shade	Red-purple	\$24		
Prairie gold aspen	#10	25-40'	15-20'	Full sun	Yellow	\$138		
Blue beech	#10 or #15	20-30'	15-30'	Full sun to shade	Orange-red	\$138		
Northern redbud	#10	20-30'	20-25'	Full sun to part shade	Yellow	\$138		
Showy mountain ash	#10	20-30'	10-20'	Full sun	Red	\$138		
Northern blue limber pine	#15 or #20	25-30'	10-15'	Full sun to part shade	-	\$105		
Eastern red cedar juniper	#10	20-30'	10-15'	Full sun	Green-brown- purple	\$112		



Tree watering bag: Holds 20 gallons

### Shrubs



Iroquois beauty chokeberry – Selection of black chokeberry known for its small size, fast growth rate, and abundant white flowers and fruit. This shrub has beautiful fall color.



Red twigged dogwood – Fast-growing shrub with vivid red stems. White flowers in spring and blue fruit in summer are attractive to wildlife. Tolerant of shade and wet soils.



Deciduous trees



Northern redbud – Hardy selection from the University of MN Arboretum. Abundant pink flowers emerge in early spring before leaves appear. Prefers moist, well-drained soils. Add color to your yard year round.



Showy mountain ash – A smaller, hardy ornamental native tree. This species is not susceptible to the emerald ash borer. Large white flowers in the spring and bright red fruit clusters year-round are very attractive to pollinators and other wildlife.



Blue beech/American hornbeam - A slow-growing tree with unique branch and trunk form.
Bark has a blue-gray color and smooth texture. Dark green foliage changes to red, orange, and yellow color tones in the fall



Prairie gold aspen – A fast-growing tree that is tolerant of harsh urban conditions and turns yellow in the fall. High disease resistance and adaptability.

### Evergreen trees



Northern blue limber pine – A rapid-growing evergreen tree with distinctive blue needle color. Tree grows in upright habit and is resistant to winter burn, insects, and disease. Selected for hardiness.



Eastern red cedar juniper – A cold-hardy, adaptable evergreen with reddish brown bark and silverblue foliage that can turn brown or purple in winter. Blue-green fruit attract birds and other wildlife in the fall and winter. Do not plant near or around apple or pear trees.

**Tree watering bag** – The tree watering bag is a slow release watering system for trees. One watering bag holds approximately 20 gallons of water and drips 6-10 hours with two holes open, reducing watering frequency by 50% and significantly reducing transplant shock.





# It's time to talk about race discussion series

### **RACISM IN REAL ESTATE**

April 1, 6 - 8 pm

Presented by RETHOS and Mapping Prejudice

Mapping Prejudice explores structural racism and the racial wealth gap as it applies to housing. We'll consider the role of the real estate industry in the history of racial housing discrimination and the consequences of these policies on housing equity today.

### **RACE AND POLICING**

May 6, 6 - 7:30 pm

Presented by Duchess Harris, Professor of American Studies and Political Science

Professor Duchess Harris will talk about the historical institutions and laws that underpin today's system and what police departments and the communities they serve are doing to improve communication and relationships.

Learn more and register online at shoreviewmn.gov/HRC.





# SHOREVIEW COMMUNITY FOUNDATION GRANT PROVIDED "REC ON THE GO" FOR AREA KIDS

This summer, kids were able to enjoy rec on the go thanks to a 2020 Shoreview Community Foundation grant. The grant allowed Shoreview Parks and Recreation to create "Rec on the Go" boxes. According to Stephanie Schutta, recreation program supervisor, 400 boxes were distributed to local children. Each box included many activities including:

- · Shoreview activity guide to use in local parks
- Summer reading program information from the Ramsey County Library
- · Goodies from the Ramsey County Sheriff's Office

The parks and recreation department originally submitted a grant for a program called "Rec in the Park" for free popup events throughout the summer. When large events were suspended due to COVID-19, the department quickly modified their grant proposal. The foundation applauded their effort to adapt to the crisis and pivot in a way to better fill current needs of Shoreview families. The "Rec on the Go" grant is another example of the foundation's mission to "maintain, enhance and enrich the quality of life in Shoreview by connecting the generosity of people with the evolving needs of the community.



### NYFS OFFERS SAFE SUPPORT SERVICES FOR SENIORS

Shoreview seniors age 60 and over can sign up for a convenient and affordable outdoor chore program through Northeast Youth & Family Services. All work will be conducted in accordance with social distancing protocols to protect both the senior and the worker. Senior chore staff are also available to make free check-in calls to seniors to reduce social isolation.

NYFS is a non-profit community mental health and social service agency based in the northern suburbs. Rates are affordable and a sliding-fee scale is offered to low-income seniors.

For more information, please call Madelyn Murray at 651-308-3490 or email madelyn@nyfs.org.



# Registration

### **SET UP YOUR ACCOUNT**



Go online

Visit **shoreviewmn.gov/parks-rec**. Click "register online." Create an account.

2.

### Create an account

Enter information about yourself. Before you save, add family members that participate in programs by clicking "add new member."

3.

### Ready, set, register!

Click the green "+" next to an activity, then "add to cart" at the bottom of your screen. Complete payment with credit card and a receipt will be emailed to you.

### **POLICIES**

- · Five days notice required for cancellations
- · Cancellation fee \$5 \$10 depending on the program
- · No refunds for missed classes
- Scholarships available for Shoreview residents; restrictions apply

Program dates are subject to change depending on the Minnesota Department of Health recommendations regarding COVID-19.

Visit our website for the most accurate information:

shoreviewmn.gov/parks-rec.

# Registration schedule

Registration begins at 8 am

### **SPRING REGISTRATION SCHEDULE**

Tuesday, March 9: Shoreview residents
Thursday, March 11: Annual members
Friday, March 12: General registration

### **CONTACT US**

Parks & Rec

Monday – Friday: 8 am – 4:30 pm 651-490-4750

recreation@shoreviewmn.gov









### **WEATHER UPDATES**

For weather updates

Text 55126 to 888777 to get text updates or call 651-490-4765"



# **Membership Rates and Benefits**



### MEMBERSHIP FEES

**Annual Membership**<sup>1</sup> (with one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$880	\$760	\$525	\$425
Shoreview Resident*	\$700	\$625	\$410	\$350
Military*	\$840	\$720	\$495	\$405
Military Resident*	\$680	\$600	\$395	\$340

### **Annual Membership Billed Monthly**<sup>1</sup> (With one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$81	\$69	\$49	\$43
Shoreview Resident*	\$68	\$60	\$40	\$34
Military*	\$78	\$66	\$47	\$41
Military Resident*	\$65	\$57	\$38	\$32

<sup>&</sup>lt;sup>1</sup> \$100 early cancellation fee

### **Seasonal Membership** (Three month)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$335	\$315	\$225	\$175
Shoreview Resident*	\$267	\$247	\$175	\$145

Military rate not available for seasonal memberships.

- Seniors: 65 & older
- Youth: 17 & younger
- Dual membership is two people living in the same household. Family is two adults plus dependent children under 23 living in same household. Proof of dual and family member qualification is required.
- Military ID required for military rate.
- Fees are subject to change.
- We accept payment by any major debit/credit card.
- Free guest passes are included with annual membership
- We partner with select insurance companies to offer monthly reimbursements up to \$20 toward qualifying annual memberships. Contact your insurance provider to see if you qualify.

### Annual membership includes unlimited use of:

- Fitness center (14 years and older. Ages 12 and 13 must complete teen equipment orientation)
- 30% off Group X Card for group fitness classes
- Shoreview waterpark, including tropics and bamboo bay
- Indoor playground (Ages 1-10)
- Indoor track (14 years and older)
- Basketball courts
  - · Whirlpool (18 years and older)
  - · Members registration day and the ShoreViews home mailing.





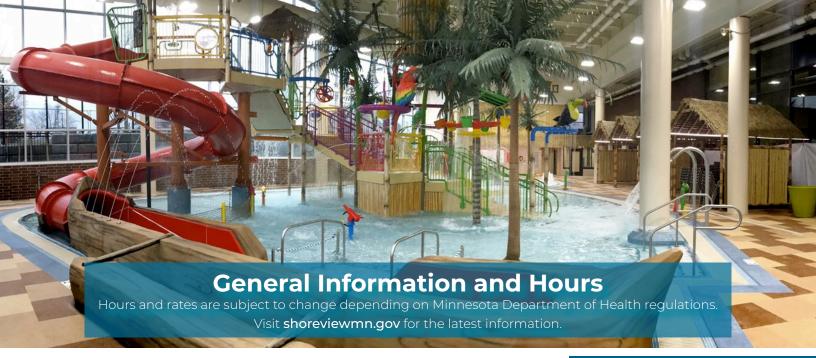


# **MEMBERS RECEIVE:**

- · 1 family guest pass
- · 1 adult guest pass
- · 1 fitness drop-in class pass
- 1 cafe coupon
- 1 kids care sampler card
- 10% off personal training packages of three or more sessions
- 1 playground pass
- 1 pass for 10% off of Group X Card or more classes



<sup>\*</sup> Sales tax is included in price.



### **DAILY RATES**

DAILY PASS	RATE	SHOREVIEW RESIDENT	MILITARY	MILITARY RESIDENT
Adult (18 and older)	\$11.25	\$10	\$10.25	\$9.25
Youth (1 to 17; under age 1 free, with paying adult)	\$10.25	\$8.75	N/A	N/A
Family* (2 adults + children living in same household)	\$43	\$36	\$41	\$34
Seniors (65 and older)	\$10.25	\$8.75	\$9.75	\$8.25

<sup>\*</sup>Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

INDOOR PLAYGROUND ONLY	RATE	SHOREVIEW RESIDENT
Ages 1 to 10	\$6	\$6
COUPON BOOKS (10 DAILY PASSES)	RATE	SHOREVIEW RESIDENT
Adult	\$101.25	\$90
Youth/Senior	\$92.25	\$78.75

### **LAP SWIM HOURS**

Lap swim is available at various times throughout the week.
See the service desk for a schedule or visit the website at shoreviewcommunitycenter.com.

KIDS CARE
Child care is
available
for
community
center
customers.



SENIOR TRACK DISCOUNT (65 & OLDER)	RATE	SHOREVIEW RESIDENT
Track use only		
Per visit	\$5.75	\$4.75
Punch card (includes 10 visits)	\$51.75	\$42.75

Fees are subject to change. We accept any major debit/credit card. All rates above include sales tax.

Visit shoreviewmn.gov for updates.

### Hours\*

Children 12 & under must be supervised by an adult while in the community center.

DAY	COMMUNITY CENTER	TROPICS WATERPARK* BAMBOO BAY
Monday & Wednesday	5 am - 8 pm	
Tuesday & Thursday	5 am - 8 pm	For waterpark hours please visit
Friday	5 am - 8 pm	shoreviewmn.gov/waterpark
Saturday	6 am - 8 pm	
Sunday	6 am - 8 pm	
*See page 14 for holiday hours		// <del>-</del>

# **Pool Schedule**



### **CALL FOR MORE INFORMATION**

Community center 651-490-4700

Recreational programs (classes) 651-490-4750

Rental information 651-490-4790

City Information 651-490-4600

shoreviewcommunitycenter.com

### **COVID-19 POLICIES**

- Masks are required for common areas including the locker room and pool deck
- Masks are not required while swimming
- If you or a member of your party are not feeling well, please do not visit the facility
- Guests are responsible for maintaining social distancing. Parents are responsible for enforcing distancing with their children
- Access to locker and storage cubbies is limited; please come ready to swim
- The whirlpool will be closed during waterpark hours
- The pools and deck will be cleared of all guests between waterpark times for cleaning and sanitizing

Pool schedule is subject to change depending on Minnesota Department of Health recommendations regarding COVID-19. Visit our website for the most accurate information: shoreviewmn.gov/waterpark



# **Holiday Hours**

	TROPICS	BAMBOO BAY
February 15	12:30-7:30 pm	Closed
April 4	Closed	Closed



# **COVID-19 RESOURCES**



### **OPEN AREAS**

- Tropics waterpark
- Bamboo bay
- Whirlpool
- Lap swim
- Fitness center
- Walking track
- Group fitness classes
- **Programs**
- Kids care

### **CLOSED AREAS**

- Basketball gym
- Drinking fountains
- Lobbies
- Cafe

This information is subject to change.

Visit shoreviewmn.gov for updates.



### RESERVATIONS REQUIRED FOR ALL AREAS

Plan your visit ahead of time and make reservations at shoreviewmn.gov.



### STAY INFORMED

Text a keyword to 888-777. Carrier/data rates may apply. Opt out anytime.

### **KEYWORDS**

- Sign up for Nixle text alerts. SVPOOL lap swim, pool groups, special hours
  - SVMEMBER holiday hours, closures
  - **SVFITNESS** group fitness class subs & changes



### **POLICIES**

New safety measures and policies are in place:

- Face masks required inside the community center; face masks may be removed when in the water
- Bring your own bottle filled with water
- Full policies available at shoreviewmn.gov



### WE'RE HERE TO HELP

Contact us

- Parks and recreation: 651-490-4750, recreation@shoreviewmn.gov
- Community center: 651-490-4700, community center@shoreviewmn.gov





### **GETTING TOGETHER SAFELY**

We've adjusted our rental options to meet current Minnesota Department of Health guidelines.

### We host:

- · birthday parties
- weddings
- graduations
- showers
- · meetings & more!

We're committed to making your event successful. Visit our website to learn more.

### **CONTACT US**

651-490-4790 rentals@shoreviewmn.gov shoreviewmn.gov

# **NEW OPTIONS**

# SATURDAY PACKAGE

### **MAY - SEPTEMBER**

### Includes:

- Shoreview room + deck
- · Haffeman pavilion
- Garden space new!

This new wedding package allows you the flexibility to host your ceremony, cocktail hour, and reception at the same venue.



# BAMBOO BAY EXCLUSIVE

### FRIDAY EVENINGS

### Includes:

- Private Bamboo Bay rental
- 2 Cabanas
- Waterpark admission for up to 40 guests

Have the waterpark to yourself! Bamboo Bay is the perfect place for your next family gathering or private event.











### **GROUP X CARDS**

- Good for all fitness classes
- Class schedule is available online and at the community center
- Purchase at the parks & recreation desk or by phone at 651-490-4750 during office hours (Monday - Friday, 8 am - 4:30 pm)
- You can reload your Group X Card online, in person, or by phone at 651-490-4750
- To use: swipe your Group X Card at any of the four kiosks
- The kiosk will print a receipt that you will give to the instructor

QUANTITY	REGULAR	ANNUAL MEMBER	RESIDENT	RESIDENT ANNUAL MEMBER
5 Classes	\$44	\$30	\$40	\$28
10 Classes	\$86	\$60	\$78	\$55
25 Classes	\$214	\$150	\$194	\$137
50 Classes*	\$404	\$284	\$368	\$258

- \*5% discount included in price.
- One Group X Card allowed per person.
- Cards are non-refundable and non-transferrable.
- Member discount applies to annual memberships only. Onetime drop-in passes are available at the lower-level service desk the day of class.
  - · SeniorFIT classes require registration for paid annual senior members

### **GROUP FITNESS CLASSES**

Call for information: 651-490-4750

- Please check class schedule at the beginning of the month
- Refunds are issued for medical reasons only
- Membership is not required
- SeniorFIT classes are free to only seniors with an annual senior membership.

### SeniorFIT classes require registration

- All classes are 50 to 60 minutes unless otherwise noted
- Classes with six participants or fewer are subject to change or cancellation
- Group fitness classes are great for all fitness levels
- Find out which classes best suit your needs by calling the fitness coordinator at 651-490-4768



### 60/40

The first 60% of the class is cardio – either high/low impact cardio, step, kickboxing, or dance followed by the remaining 40% of class time to execute effective resistance exercises.

### BARRE PRINCIPLE

In each energizing and targeted workout, you'll use the barre and exercise equipment such as mini-balls and small hand weights to sculpt, slim, and stretch your entire body

### **CARDIO KICKBOXING**

A dynamic and energetic class that combines kicks, punches, and blocks. This athletic-based class is easy to follow and provides a challenging workout.

### **CYCLE RAVE**

We pedal to the music and that's it! Experience a fun, crazy party on your bike! You will be amazed at the workout you get.

### **CYCLE TRAINING**

Ideal tool to compliment the outdoor cyclist. Doing hills, sprints, flat roads while using time, speed, and distance drills, this workout will help increase your overall performance in speed, power, and endurance.

### THE RESISTANCE WORKOUT

Incorporates strength training exercises using various pieces of equipment and/or your own body weight. Class focuses on all major muscle groups with some added attention to form. Progressions can include compound exercises and functional balance exercises.

### STEP CARDIO

Warm up with basic step moves and then learn fun choreographed patterns, combinations, and movements on an adjustable step.

### **DANCE JAM**

Dance your heart out while getting an amazing workout

### **FUNDAMENTAL COMBO**

Low impact cardio followed by basic strength training.

# H.I.I.T. (HIGH INTENSITY INTERVAL TRAINING)

Intervals of extreme cardio and/ or resistance followed by a short recovery.

### KETTLEBELL TRAINING

Conditioning drills with kettlebells provides a total body workout.

### **POWER STRENGTH**

- Weightlifting with barbells and dumbbells.
- Focused on building muscle mass and strength.
- · Focus on technique heavier weight, lower reps, multiple sets.



### THE GROOVE

In this choreographed class you will learn one awesome dance routine. You will be amazed at the great workout while you get your "groove" on!

### **TOTAL BODY WORKOUT**

Incorporates exercises designed to enhance your agility, speed, power, strength, and quickness. Equipment used may include weights, TRX (suspension training), kettlebells, bands, benches, and BOSU® balls. The class will also elevate your heart rate as you are challenged with drills in either circuits and/or a stand-alone station.

### **POWER PUMP**

- Weight training with free weights and dumbbells.
- Build lean muscle with different tempos for reps, higher reps, and supersets.

### **ZUMBA®**

Grooving to the beats of salsa, reggaeton, cumbia, hip hop and merengue, this class feels more like a dance party than a workout, which is exactly what makes Zumba® so popular! The Latin-inspired dance workout is one of the most popular group exercise classes around.





### MIND/BODY CLASSES

### **FITNESS PILATES**

Focus on balancing all muscle groups, strength, and flexibility, with an emphasis on challenging the core muscles with each movement.

### HOT YOGA

Intense practice that will move you through powerful and aggressive postures and/or series. This practice is meant to detoxify the body, build strength, and burn calories through movement, breath, and heat. Designed for intermediate to advanced levels.

Class temp range is 80-90 degrees.

### **POWER YOGA**

Students will focus on linking conscious breath with a vigorous and mindful flow. Participants will build strength, flexibility, and concentration while cleansing the body and calming the mind.

### STRETCH AND BALANCE

A beneficial blend of balance exercises and static (holding) and dynamic (moving) stretches.

### YIN/RESTORATIVE YOGA

This grounding practice will have fewer postures which you hold for longer periods of time, allowing you to focus on breathing into the connective tissue (fascia) that surrounds the joints in the body.

### YOGA BASICS

This class is based on physical postures, deep breathing, mindfulness, and listening to the body. A slower paced class that focuses on fundamental postures. Great class for beginners or for one seeking a modified (gentle) yoga class option.

### YOGA/PILATES FUSION

The perfect combination of Pilates and yoga! Receive the benefits of core training, muscle contraction and lengthening, isometric holds, balance postures, and mind/body awareness.

### YOGA SCULPT

Fusion of vinyasa yoga and strength endurance training. This unique and intense workout incorporates hand weights and is designed to tone and shape your body. Build stamina through a series of squats, lunges, crunches, plank holds, cardio work, balancing postures, and stretching.



# **Water Fitness**







### WATER FITNESS CLASSES

All water classes are held in the pool.

- · The pool is between 3 1/2 and 4 1/2 feet deep
- · All fitness levels are welcome
- · The pool temperature is between 83 84 degrees

### **AQUA FIT**

Enjoy this active water class! You will increase your flexibility, endurance, and overall muscle strength in the water. The water's resistance provides a whole body workout.

### SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

# **Kids Care**

Please check our website for updates, hours and policies

Kids Care phone number: 651-490-4763

CLOSED: MAY 31

AGES

6 months - 8 years

### Cost

\$1 per hour (no pro-rating for partial hours)



# **Group Fitness**





### SENIORFIT CLASSES

SeniorFIT classes are free to annual senior members and require registration. If you are not an annual senior member, you may purchase a Group X Card or a drop-in pass. See page 18 for Group X Card information. All fitness levels are welcome.

### SENIORFIT CHAIR YOGA

Experience the benefits of yoga while sitting in a chair. Some standing postures may be included in this class.

### SENIORFIT STRENGTH TRAINING

Resistance exercise executed while sitting in a chair. Come join us for a great strength training workout in a comfortable setting.

### SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

### SENIORFIT LET'S MOVE

No chairs needed for this active movement class. Class ends with a 15-minute cool down and extended stretch.

Check with your health insurance provider to see if you qualify for a Silver&Fit® or Silver Sneaker membership! These memberships include free membership to the community center (admin fee may apply); membership does not include SeniorFIT group fitness classes. Stop by the community center for details and to sign up

See page 24 for pickleball information.



### SPRING SESSION APRIL 5 - MAY 28

CLASS/INSTRUCTOR	DAY & TIME	ACTIVITY#
<b>Aqua exercise:</b> Fran	Monday 9 am	210162-01
Chair yoga: Scott	Monday 8:30 am	210163-01
Chair yoga: Katie	Tuesday 8:30 am	210163-02
Strength training: Perry	Tuesday 8:30 am	210161-01
Chair yoga: Gretchen	Wednesday 8:30 am	210163-03
Aqua exercise: Fran	Wednesday 9 am	210162-02
Let's move: Perry	Thursday 8:30 am	210161-05
Strength Training: Perry	Friday 8:30 am	210161-02
Chair yoga: Adrienne	Friday 10 am	210163-03





### PERSONAL TRAINING

- Personal training comes in packages of 1, 3, 6 and 12 sessions
- All sessions expire one year from the date of purchase
- Trainers help you set realistic goals and determine safe strategies to achieve them
- Trainers will customize a program to fit your ability and health
- Trainers monitor progress and adapt your routine for consistent improvement
- Learn fitness principles and correct form to aid in progress and prevent injuries

### INDIVIDUAL PERSONAL TRAINING:

SESSIONS	REGULAR	RESIDENT
3	\$215	\$199
6	\$406	\$377
12	\$768	\$699
24	\$1,452	\$1,325

### **BUDDY PERSONAL TRAINING:**

Two participants train together and each pay the fee below.

SESSIONS	REGULAR	RESIDENT
3	\$165	\$151
6	\$305	\$283
12	\$577	\$532



### COMMUNITY CENTER MEMBER **EQUIPMENT**

### ORIENTATION (INDIVIDUAL OR GROUP)

Get introduced to fitness center equipment and learn how to utilize strength and cardio equipment safely. The schedule and sign-up sheet for equipment orientations is located at the fitness center desk. For more information call 651-490-4768.

AGES	COST
All members of the community	FREE to
center are encouraged to attend	members
a one-time fitness equipment	
orientation.	

### INDIVIDUAL TEEN EQUIPMENT ORIENTATION

The teen equipment orientation provides 12 and 13-year-olds knowledge of proper form and appropriate use of fitness equipment.

Registration forms are available at the front desk and lower level service desk. The schedule is located at the fitness center desk, or call 651-490-4768 for more information

AGES	COST
Required for ages 12 and 13 to use the fitness center	\$40 \$35 SV Res





### DROP-IN PICKLEBALL

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball.

### Drop-In pickleball punch card

Available for purchase at the parks & recreation office 651-490-4750

Office hours: Monday - Friday, 8 am - 4:30 pm

Cost: \$40

Punch card is good for both drop-in locations

Location: Community center. Reservations required. Make a reservation at **shoreviewmn.gov**.

AGES	DATE & TIME	COST
18+	October 5 – April 30 8 – 11 am	FREE to SCC members \$4 non-member

Location: Island Lake School gym

3555 Victoria St. N. Reservations required. Make a

reservation at shoreviewmn.gov.

AGES	DATE & TIME	COST
18+	Wed, Sept 30 – May 19: 6 - 9 pm	\$4 per person

### PICKLEBALL DRILL SESSIONS

Advanced Beginner (2.5)

These pickleball drill sessions are specific to your player rating. Participants will be put to the test with a variety of drills meant to improve their skills and have fun.

Registration Deadline: April 21 Location: Island Lake School gym

AGES	DATE & TIME	COST	ACTIVITY#
18+	Sat, April 24 – May 15 9 - 10:15 am	\$65; \$60 SV Res	220200-03

Advanced (4.0)

Location: Island Lake School gym

AGES	DATE & TIME	COST	ACTIVITY#
18+	Sat, April 24 – May 15 10:15 - 11:45 am	\$65; \$60 SV Res	220200-04
Sec.			



### SHOREVIEW AREA PICKLEBALL CLUB

2021 Club membership includes:

Dedicated court time
 Free beginner training

Club news emails

Membership valid 1/1 - 12/31

Location: Bobby Theisen Park

AGES	ANNUAL MEMBERSHIP	ACTIVITY#
18+	\$20; \$17 SV Res	520200-01

LEVEL OF PLAY	DAY & TIME
Experienced	Mon-Fri: 8 - 11 am
All skill levels	Tue, Thu & Sun: 6 - 8 pm

Location: Commons Park

LEVEL OF PLAY	DAY & TIME
Beginner & social	Mon-Fri: 8:30 - 11 am



### SOCIAL SPORTS

Play games of corn hole or can jam each week while socializing with your friends or co-workers. All equipment is provided. Register as an individual and get placed on a team or sign up as a team. Rules available online.

Location: Sitzer Park

AGE	DAY OF WEEK	COST	ACTIVITY#
21+	Tues, June 1 - Aug 10 6 - 9 pm	\$12; \$10 SV Res	320701-01
21+	Tues, June 1 - Aug 10 6 - 9 pm	\$24 team; \$20 SV Res team	320701-02



Find support in a facilitated support group led by a trained facilitator from Brookdale North Oaks. In a nearby room your loved one can enjoy activities including: music therapy, movement, and balance. Registration requested but drop-ins are welcome if space is available.

AGE	DATE	TIME	ACTIVITY#
18+	Wed, March 31	10 – 11 am	200180-01
	Wed, April 28	10 – 11 am	200180-02
	Wed, May 26	10 – 11 am	200180-03

FREE TEN-MINUTE FUNCTIONAL

BALANCE SCREENING BY TWIN CITIES

ORTHOPEDICS

Make an appointment for an in-person screening to measure your fall risk and identify areas to strengthen. Past participants are raving fans and recommend the evaluation to their friends. Masks required.

### Evaluate:

- · Static and dynamic balance systems to establish fall risks
- · Identify any areas that could benefit from focused training
- · Identify simple assistive devices

Ten minute appointments are available from 8 to 8:40 am. Register online or call 651-490-4714.

AGES	DATE	ACTIVITY#
55+	Tues, March 2	200160-01
	Tues, April 6	200161-01
	Tues, May 4	200162-01
	Tues, June 1	200163-01

### **SELF-CARE 101 WEBINAR**

It's okay

Face the challenges of self-care in a one-hour webinar led by certified life coach, Shoma Hokanson. Create a self-care plan and leave motivated and equipped with multiple techniques. Shoma is a busy mom who juggles work, childcare, and household duties. Finding time to focus on herself has changed her life, and now her passion is to help others do the same.

Registration deadline: One week before class

AGE	DATE & TIME	COST	ACTIVITY#
18+	Thurs, March 25 7 - 8 pm	\$14; \$13 SV Res	200151-01
	Tues, April 6 7 - 8 pm	\$14; \$13 SV Res	200151-02





# SENIOR LINKAGE LINE 800-333-2433

A free state-wide resource supporting older Minnesotans and their caregivers. Get connected to local resources, housing, Medicare information, and free classes. Senior LinkAge line is a division of the MN Board on Aging; working to ensure that all Minnesotans can age and live well.



# ELDER FRIENDS PHONE COMPANIONS

Little Brother's Friends of the Elderly Phone Companions is open to any elder in need of a warm, friendly voice on the phone. Register online at littlebrothersmn.org or call 612-721-6215 for more information.



# AARP AND THE ALZHEIMER'S ASSOCIATION

Find support for an aging family member who has Alzheimer's or dementia. AARP and the Alzheimer's Association have an easy to navigate resource finder. Visit CommunityResourceFinder.org.

# QL

# LOOKING FOR A VOLUNTEER OPPORTUNITY?

RSVP is the one-stop volunteer connection for people 55 and over. They'll match you with rewarding opportunities and help with issues that matter to you. Learn more at rsvpmn.org or call 612-704-6116.

### MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who live in Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651- 621-7950.

### **ADULT ACTIVITIES NEWSLETTER**

Sign up to receive a copy of our quarterly adult activities newsletter. It contains additional program offerings, interesting articles, and more. Call 651-490-4714 to join our mailing list.

# **Adult Programs**



### HEAR FOR THE HEALTH OF IT! VIRTUAL SEMINAR

Research shows that even mild untreated hearing loss can lead to depression, anxiety, fall-related injuries, and a higher risk of cognitive decline and dementia. Physicians don't always screen for hearing even though one-third of people between 65 and 74 and half of people over 75 have hearing loss. Led by Mary Bauer, a deaf and hard of hearing specialist with the Minnesota Department of Health and Human Services, this class will cover how to get an accurate diagnosis, low-cost apps and devices, and financial resources.

This virtual program is for people who are concerned about hearing loss but haven't sought treatment yet. Connection instructions will be sent after registration. Handouts will be mailed.

AGES	DATE & TIME	COST	ACTIVITY#
18+	Wed, April 14: 1 - 2:30 pm	\$4; \$3 SV Res	200150-01

### **CHOOSE JOY MASTERCLASS WITH BABS PLUNKETT**

Led by author, certified professional retirement coach and life coach, Babs Plunkett. Discover the three keys to investing your retirement time with joy and meaning. Learn how to create your own "Plan to Choose Joy" that will help you be happier, healthier, and have stronger connections with the people you care about. A copy of Choose Joy (\$14.95 value) is included with your registration.

AGE	DATE & TIME	COST	ACTIVITY#
45+	Thurs, April 22: 6 - 7 pm	\$24; \$22 SV Res	200152-01

### **CHOOSE JOY TEAM**

Now that you've gone through the masterclass join the accountability team. Create and commit to your individualized "Plan to Choose Joy". Each week the team will try out one of the three keys, celebrate successes, and explore challenges. You will leave with an individualized action plan defining what helps you live joyfully in retirement.

AGE	DATE & TIME	COST	ACTIVITY#
45+	Thurs, May 6, 13, 20, 27	\$143; \$130 SV Res	200153-01

### PEACE OF MIND FUNERAL PLANNING WITH BRADSHAW **FUNERAL HOME AND CREMATION SERVICES**

Reduce emotional and financial burdens for your family at your time of death. Learn the protections you can put in place and find value by planning now.. Bring your questions and get peace of mind answers.

Registration deadline: Three days before class.

DATE & TIME	COST	ACTIVITY#
Thurs, April 15: 11 am – noon	\$4; \$3 SV Res	200140-01



### SOCIAL SECURITY AND LONG-TERM CARE PLANNING WORKSHOPS

with Shoreview resident Johnathan Rice, RICP &CRPC of Health and Wealth Retirement Systems. Johnathan has been educating people about preparing and planning retirement for over 20 years.

Registration deadline: one week before class.

### PLANNING FOR LONG-TERM CARE

With 70% of 65 year olds needing some form of long-term care during their lives you should plan ahead. Learn about the MN Partnership program and receive a planning workbook to help guide your decisions.

AGE	DATE & TIME	COST	ACTIVITY#
18+	Wed, April 21 11 am – noon	\$4; \$3 SV Res	200141-01
	Thurs, May 13 6 - 7 pm	\$4; \$3 SV Res	200141-02

### **NAVIGATING SOCIAL SECURITY**

There are over 700 different Social Security filing strategies. Your social security choice is a big financial decision with even bigger consequences. Learn your options and understand how to make the best decision when filing.

AGE	DATE & TIME	COST	ACTIVITY#
18+	Wed, April 28 11 am - noon		200142-01
	Thurs, May 20 6 - 7 pm	\$4; \$3 SV Res	200142-02





### **LEARN TO PAINT**

Learn the basic technique of one-stroke painting and techniques using acrylic paints. Class includes step-by-step instruction and painting supplies. Classes are taught by Jill Mason from Painting with Jill.

Registration deadline: One week before class start

AGE	DATE & TIME	THEME	COST	ACTIVITY#
16+	Mon, April 12 1 - 4 pm	Wheel barrel of flowers	\$49; \$45 SV Res	200400-01
	Mon, May 3 1 - 4 pm	Spring / summer	\$49; \$45 SV Res	200400-02
	Thurs, May 6 6 – 9 pm	Spring / summer	\$49; \$45 SV Res	200400-03
	Wed, June 16* 3 - 6 pm	Music!	\$49; \$45 SV Res	200400-04

<sup>\*</sup>Bring a picnic dinner to enjoy on the community center deck and stay for our first summer concert at 7 pm

### MIXED MEDIA ART CLASSES

Mixed media classes explore texture, color, and creativity with epoxy resin, alcohol inks, and other media to create a unique pieces of colorful art.

Registration deadline: One week before class

AGE	DATE & TIME	THEME	COST	ACTIVITY #
16+	Mon, April 26 6 - 8 pm	Garden glass art	\$63; \$58 SV Res	200410-01
	Mon, May 17 1 - 3 pm	Glass monarch butterfly art	\$63; \$58 SV Res	200410-02
	Tues, June 8 6 – 9 pm	Door Décor, Summer fun	\$63; \$58 SV Res	200410-03
	Mon, June 14 1 -4 pm	Flag Day Minnesota	\$63; \$58 SV Res	200410-04











### HOW ABOUT SOCIALLY DISTANCED BINGO!

Come and play bingo for small prizes and one grand prize (a gift card). Chairs will be spaced safely apart.

AGE	DATE & TIME	COST	ACTIVITY#
18+	Wed, March 3:1 - 2 pm	\$4; \$3 SV Res	100350-03
	Wed, April 7:1 - 2 pm	\$4; \$3 SV Res	200350-01
	Wed, May 5:1 - 2 pm	\$4; \$3 SV Res	200350-02

# **Adult Programs**



### Virtual Travel Show

Are you ready for your next adventure? I know we are! Learn about fantastic travel opportunities for 2021 and beyond.

Tuesday, April 20th at 10am JOIN US for an online presentation Email info@gowithlandmark.com to register

Nova Scotia & The Maritimes







Autumn in New England

Albuquerque Balloon Fiesta





Jandmark Tours

New York City 2 itineraries available!







Islands of Hawaii Cruise & Tour

Southern California





### ALL TRIPS INCLUDE -

- Roundtrip Airfare from MSP / Airport Greeting
- Quality Accommodations in Great Locations
- Professional Tour Manager & Local Guides
- Deluxe Motorcoach Transportation
- Must-See Attractions
- Many Quality Meals

For a complete list of tours, visit our website.

www.GoWithLandmark.com



# **Adult Programs**



### **AARP SMART DRIVER**

AARP has suspended all in-person classes at the time of print. Check our website or the Adult Programs newsletter for updated class schedules. Visit AARPdriversafety.org to get 25% off the online class by entering 'drivingskills'. The online class allows you to pause your training and complete it over a longer period of time.

### **AARP SMART DRIVER TEK VIA ZOOM**

These classes are an easy, interactive way to stay up to date on the newest technology in your current or future car. Learn about features like blind-spot detection systems, forward-collision warning systems, and much more. Boost your driving confidence and stay safer on the road.

DATE & TIME	COST	ACTIVITY#
Tues, April 13 1 - 2:30 pm	\$4; \$3 SV Res	250202-01
Tues, May 11 1 – 2:30 pm	\$4; \$3 SV Res	250202-02



### **ALZHEIMER'S ASSOCIATION**

Helpline 24/7/365 · 800-272-3900

Dial 711 for a TRS operator

Helpline specialists and master's-level clinicians offer confidential support and information to people living with the disease, caregivers, families and the public.

Call: We are available in any language around the clock, 365 days a year at 800-272-3900. Dial 711 to connect with a TRS operator.

**E-Chat:** Visit Alz.org, click the green "we're here to help" button to connect with Helpline staff. Live chat is typically available from 7a.m.-7p.m. (CST) Monday through Friday. See page 27 for Shoreview group.



### LEARN TO USE YOUR SMART PHONE

Become more familiar with your smart phone. Learn to use the various functions including: camera, WiFi, apps, and accessories. There will be time to answer any questions.

Registration deadline: Five days before class start

Beginner classes: Smart Phone 1

DATE & TIME	COST	ACTIVITY#
Tues, March 2:1 - 3 pm	\$40; \$36 SV Res	200200-01
Tues, April 6: 1 - 3 pm	\$40; \$36 SV Res	200200-02
Tues, May 4:1 - 3 pm	\$40; \$36 SV Res	200200-03

Advanced Beginner: Smart Phone 2

DATE & TIME	COST	ACTIVITY#
Tues, March 9:1 - 3 pm	\$40; \$36 SV Res	200203-01
Tues, April 20: 1 - 3 pm	\$40; \$36 SV Res	200203-02
Tues, May 18: 1 - 3 pm	\$40; \$36 SV Res	200203-03











### APP AND SOCIAL MEDIA INSTRUCTION VIRTUAL **CLASS**

Would you like to utilize your smart phone more? Do you want to learn how to use social media? These classes will teach basics and answer your questions. Don't let virtual deter you. Our instructor will call and talk you through the basics before the class.

Registration deadline: One week before class

CLASS	DATE & TIME	COST	ACTIVITY#
Social media	Mon, March 15 5:30 - 6:30 pm	\$24; \$22 SV Res	200214-01
Snapchat	Thurs, March 18 5:30 - 6:30 pm	\$24; \$22 SV Res	200214-02
TikTok	Mon, March 22 5:30 - 6:30 pm	\$24; \$22 SV Res	200214-03
Twitter	Thurs, March 25 5:30 - 6:30 pm	\$24; \$22 SV Res	200214-04
Using Uber	Mon, March 29 5:30 - 6:30 pm	\$24; \$22 SV Res	200214-05





### BETWEEN THE LINES: HISTORY SEMINARS WITH KATHY SIMMER

Explore fascinating topics from America's past. Understand why something happened and how it changed our path, along with the juicy details usually left out of textbooks. Kathy is a retired teacher, a curriculum consultant, and licensed librarian.

Registration deadline: Five days prior to class

### THE HMONG AMONG US

Explore the rich history of the Hmong. Learn about their migration, involvement with the CIA during the Vietnam War, and settlement in the US. Discover how living in the US has altered their customs.

AGE	DATE & TIME	COST	ACTIVITY#
18+	Thurs, March 25	\$19; \$17 SV Res	200110-01
	1 - 3 pm		

### BEN FRANKLIN: STATESMAN, SCIENTIST, LADIES' MAN

One of the most interesting characters in American history, Franklin was wise, inventive, intelligent, funny, charming, and yes, even sexy. Find out how this portly fellow with the stringy hair became respected and beloved here and abroad; but was rejected by his only son for political reasons.

AGE	DATE & TIME	COST	ACTIVITY#
18+	Thurs, April 29 1 - 3 pm	\$19; \$17 SV Res	200110-02

### THE MOST DANGEROUS JOB

One of the most dangerous jobs in the US is being the President. They've been victims of assassinations, shootings, targets of bombs, poison, plane crashes or stabbings. Learn about the attackers, how they were thwarted and how presidential protection changed. Special focus on Presidents Garfield and McKinley.

AGE	DATE & TIME	COST	ACTIVITY#
18+	Thurs, May 27 1 - 3 pm	\$19; \$17 SV Res	200110-03

### TEDDY'S BIG DIG: THE PANAMA CANAL

Teddy Roosevelt loved ships and wanted a canal so badly that he fostered a phony revolution to make it happen. Understand the sheer magnitude of the project, the failed French canal, worker living conditions, yellow fever and malaria, and see it today.

AGE	DATE & TIME	COST	ACTIVITY#
18+	Thurs, June 24 1 - 3 pm	\$19; \$17 SV Res	300110-01



# Adopt-a-park program



Parks are a critical component of Shoreview's great quality of life!

This program is a great opportunity to get involved in your community and help keep parks clean and safe.

Volunteers are asked to pick up litter

### Available parks:

- Rice Creek Fields

Open to Shoreview residents only

To learn more and apply:

shoreviewmn.gov • 651-490-4750



### **WALK-IN INTERVIEWS FOR:**

- summer discovery
- adventure quest
- lifeguards
- swim instructors
- waterslide attendants

**EVENTS** 

Saturday April 24 1 - 3 pm

**Tuesday** May 11 3 - 5:30 pm

Haffeman Pavilion



4580 VICTORIA ST N SHOREVIEW, MN 55126 651-490-4750

**SAVE TIME** & APPLY ONLINE: SHOREVIEWMN.GOV/JOBS

# **Swim Lessons**

# SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group or private instruction. Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.



# FREE SWIM LESSON CHECKS

Not sure of what level to register your child for? Stop by for a free swim check.

If your child has been away for more than three months we recommend repeating the previous level.

Monday, March 1, 5:30 - 6:30 pm Saturday, May 8, 10:30 - 11:30 am



### PRIVATE LESSONS (PR)

Ages 3 - Adult

Private and semi-private lessons offer one-on-one training so you're able to learn at your own pace. Lessons are 30 minutes and available at set times.

NUMBER OF LESSONS	COST	COST SV RES
6	\$139	\$126

### SEMI-PRIVATE LESSONS

- You must have two people at the same ability for a semi-private lesson
- Registration with the parks & recreation office in person or call 651-490-4750
- · Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
6	\$104	\$94

### **CUSTOM PRIVATE INSTRUCTION PROVIDES:**

- Flexible scheduling with three months to complete after first lessons starts
- · Option to reschedule with advance notification
- Contact the aquatic coordinator at 651-490-4766 to set up custom private lessons.
- · Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$231	\$210
6 lessons	\$189	\$172
4 lessons	\$127	\$115

### SEMI-PRIVATE LESSONS:

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$157	\$143
6 lessons	\$128	\$116
4 lessons	\$91	\$83



### **GROUP LESSONS**

Group lessons will have one instructor to a maximum of four students.

Group lessons are 40 minutes unless noted.

Parent/child lessons are 30 minutes.

NUMBER OF LESSONS	COST	COST SV RES
6 lessons	\$89	\$81



### AGES 9 MONTHS - 2.5 YEARS

- Enter/exit water with assistance
- Blow bubbles & submerge head
- Front/back float with guardian & instructor
- One adult must accompany each child in the water.

### PARENT/CHILD 2 (PC 2)

### **AGES 2 - 3**

A parent accompanies their child in the water for the first few weeks and gradually reduces participation

- Enter/exit water independently
- Blow bubbles & submerge head
- Front/back float with instructor
- Front/back glides with assistance
- Front/back flutter kicking with instructor



### AGES 2 .5- 3 .5

- Independent entry/exit
- Front/back floats with assistance-3 seconds
- Front/back glides with assistance
- Front/back flutter kicking with support
- Front crawl arms with face in the water

### BEGINNER 2 (B2)

### AGES 3 - 4 OR PASSED BEGINNER 1

- Independent front/back floats 5 seconds
- Front/back glides
- Front/back flutter kicking
- Front crawl arms with flutter kick
- Rhythmic breathing

### BEGINNER 3 (B3)

### AGES 3.5 - 4.5 OR PASSED BEGINNER 2

- Independent front/back floats 8 seconds
- Independent front/back glides with flutter kicking
- Front/back flutter kicking 8 yards
- Front crawl with rhythmic breathing with assistance

### BEGINNER 4 (B4)

### **AGES 4 - 5**

- Independent front/back floats 10 seconds
- Independent front glide into front crawl
- Front/back flutter kicking ½ length
- Front crawl with rhythmic breathing with assistance 8 yards

### YOUTH BEGINNER (YB)

### AGES 6 & OLDER

- New to swim lessons or haven't been in lessons for several years
- Independent front/back floats 10 seconds
- Independent front/back glides with flutter kick
- Front/back flutter kicking 1/2 length
- Front crawl arms with rhythmic breathing





### INTERMEDIATE 1 (II)

### AGES 4 .5- 5 .5

- Front/back flutter kicking ½ length
- · Independent back glide with flutter kicking
- · Flutter kick with rhythmic breathing ½ length
- Front crawl with rhythmic breathing ½ length

### **INTERMEDIATE 2 (12)**

### **AGES 5 - 7**

- · Front glide into front crawl 8 yards
- · Back glide into back crawl 8 yards
- Front/back flutter kicking 25 yards
- · Back crawl with assistance 8 yards
- Elementary backstroke kick ½ length
- · Tread water

### INTERMEDIATE 3 (13)

### AGES 5.5 AND UP

- · Front crawl with rhythmic breathing 25 yards
- Back crawl ½ length
- Elementary backstroke ½ length
- · Tread water

### INTERMEDIATE 4 (14)

### AGES 5.5 AND UP

- · Front crawl with open turn 50 yards
- · Back crawl 25 yards
- Elementary backstroke 25 yards
- · Open turn front
- · Whip kick 25 yards

# Swim Lessons



### ADVANCE 1 (A1)

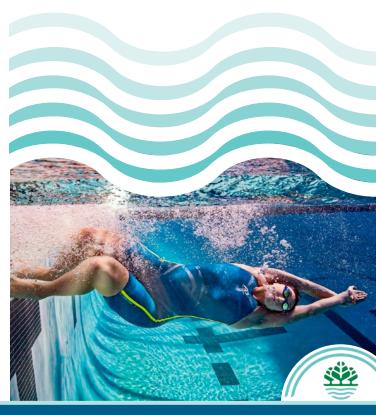
- Front crawl with flip turns –75 yards
- · Back crawl with open turns 50 yards
- · Elementary backstroke –25 yards
- · Breaststroke 25 yards
- · Breaststroke whip kick
- Flip turns

### ADVANCE 2 (A2)

- · Front crawl with flip turns 100 yards
- · Back crawl w/open turns 75 yards
- Breaststroke w/underwater pull out 50 yards
- · Breaststroke underwater pull out
- · Dolphin kick 25 yards
- · Scissors kick 25 yards

### ADVANCE 3 (A3)

- · Front crawl with flip turns- 150 yards
- · Back crawl with open turns–100 yards
- · Breaststroke with underwater pull out 75 yards
- Butterfly ½ length
- · Sidestroke 25 yards



# **Swim Lessons**

### WEEKLY CLASSES

Check the website for a detailed class schedule.

ONE D	AY A WEEK	for 6 weeks
DAY	DATE	TIME
Monday	March 22- April 26	5 - 7:45 pm
Tuesday	March 23 - April 27	5 - 7:45 pm
Wednesday	March 24 - April 28	5 - 7:45 pm
Thursday	March 25 - April 29	5 - 7:45 pm
	Session 1	
Saturday	March 27 - May 1	8:30 -11:40 am
	Session 2	
Saturday	May 15 - June 26 No class: May 29	8:30 - 11:40 am
Sunday	April 11 - May 16	8:30 - 11:40 am 6:15 - 7:45 pm

# TWO DAYS A WEEK for 6 weeks

DAY	DATE	TIME
Mon & Wed	May 10 - May 26	5 - 7 pm
Tues & Thurs	May 11 - May 27	5 - 7:45 pm

### **LESSON RATES**

Group lessons:		Private lessons:	
6 lessons:	\$89; \$81 SV Res	6 lessons	\$139; \$126 SV Res
Semi-private: Two participants of equal ability.			
6 lessons: \$104; \$94 SV Res			



### A NOTE ABOUT SWIM LESSONS

- Swim lessons are not canceled if Mounds View School District cancels after school activities due to weather.
- We do not provide make-up lessons.
- Face masks are required for common areas including the pool deck and locker rooms.
- Group classes with fewer than three registered participants will be canceled.
- Students are not allowed to swim before or after lessons
- Students should use the bathroom and shower before entering the pool area. Staff aren't allowed to take students to the bathroom.
- If your child needs a quieter environment to learn look at our Tuesday, Thursday, Saturday, and Sunday lessons.
- Children ages 4 and under may use any locker room. Children ages 5 and older must use the same sex locker room or family locker room.
- The pool water temperature is kept between 83 and 84 degrees.
- First day instructions will be emailed to participants before the class start date.





#### **BSA SWIMMING MERIT BADGE**

Scouts learn about:

- · Safety when swimming and diving
- How swimming can contribute to overall fitness and health
- · Gain some basic completive swimming skills

Scouts must provide the Swimming Merit Badge pamphlet and certification card.

**Registration deadline:** One week before class **Location:** Chippewa Middle School pool

AGES	DATE & TIME	COST	ACTIVITY#
11+	Sat, April 10 noon - 3 pm	\$69; \$63 SV Res	230301-01

#### BSA FIRST AID MERIT BADGE

Scouts learn how to:

- Care for an injured or ill person until professional medical care is available
- Provide immediate care and help someone who's hurt or ill
- · Help prevent infection and serious blood loss

Scouts must provide the First Aid Merit Badge pamphlet and certification card.

Registration deadline: One week prior to class start

AGES	DATE & TIME	COST	ACTIVITY#
]] +	Tues, April 13 4 - 7:30 pm	\$73; \$65 SV Res	230301-03

#### **BSA LIFESAVING MERIT BADGE**

Scouts learn how to:

- · Assist those involved in water accident
- · Knowledge in rescue techniques
- Perform and judge when and how to act in an emergency

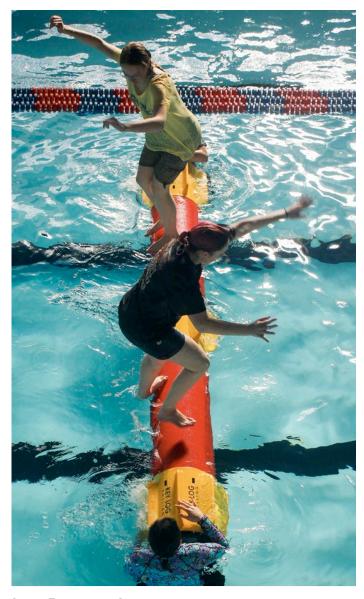
Scout must provide the Lifesaving Merit Badge pamphlet and certification card.

**Registration deadline:** One week before class

Location: Chippewa Middle School pool

AGES	DATE & TIME	COST	ACTIVITY#
11+	Sat, April 10 noon - 3:45 pm	\$69; \$63 SV Res	230301-02





#### LOG ROLLING INTRO

Challenge yourself and others in this fun for the whole family, whole core workout class. Trained staff will be there to help you learn the log rolling basics and balance to help get you started.

AGES	DATE & TIME	COST	ACTIVITY#
Families	Thurs March 25 - April 29 6:30 - 7:30 pm	\$72; \$65 SV Res	210105-01
Families	Sun April 11 - May 16, 6:30 - 7:30 pm	\$72; \$65 SV Res	210105-03





### **KIDS CORNER PRESCHOOL**

#### September 13, 2021 - May 26, 2022

A \$75 non-refundable fee is required at the time of registration.

#### **REGISTER NOW!**

Kids Corner offers students fun and educational experiences that help get them ready for kindergarten.

Located inside the community center, students have an opportunity to play and explore indoor and outdoor playgrounds, the gymnasium, and outdoor nature areas. Outdoor nature and science programming provides a unique learning experience you won't find at most preschools.

Daily snack included.

Calendar follows Mounds View School District 621 non-school days.



### **Kids Corner Preschool**



#### A TO Z: FULL DAY PRESCHOOL PROGRAM:

- Structured learning 9:30 am 3:30 pm
- Skill work: letters, numbers, colors, shapes, printing, counting, beginning math, and more.
- Weekly nature based play, music, Spanish, physical education, swimming and library visits.
- Lunch not provided students need a bag lunch and drink
- Must be toilet-trained
- Must be 3 by June 1, 2021

AGES	DATE & TIME	WEEKLY FEE	ACTIVITY#
3-5	Mon – Fri Sept 13, 2021 - May 26, 2022 7 am - 5:30 pm	\$272; \$248 SV Res	540470-01
3-5	Mon, Wed, Fri Sept 13, 2021 - May 26, 2022 7 am - 5:30 pm	\$189; \$171 SV Res	540470-02
3-5	Tues & Thurs Sept 13, 2021 - May 26, 2022 7 am - 5:30 pm	\$147; \$133 SV Res	540470-03



#### SPECIALTY CLASSES

- 30 minute swim lesson taught by certified swim instructors
- Busy Buddies: art projects, creative movement, foreign language
- Investigators: hands-on science education & more
- Must be 3 by September 1, 2021

AGES	CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY#
3-5	Busy Buddies	Mon, Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$116 \$106 SV Res	540471-01
3-5	Investigators	Wed, Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$123; \$111 SV Res	540471-02



#### $2\frac{1}{2}$ - 3 YEARS OLD

- Early learning: colors, shapes, patterns, days of the week and more
- · Great first-time classroom experience
- · Socialization skills in large group
- · Monday & Friday curriculum varies
- Must be 3 by May 31, 2022

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY#
Monday Funday	Mon, Sept 13, 2021 - May 26, 2022 9:30 - 11 am	\$82; \$74 SV Res	540472-01
Friday Funday	Fri, Sept 13, 2021 - May 26, 2022 9:30 - 11 am	\$68 \$62 SV Res	540472-02

#### 3 - 4 YEARS OLD

- Early learning: letters, numbers, colors, shapes, writing skills, social skills
- · Weekly large motor skills/physical education time included
- · W/F & T/TH curriculum varies
- · Must be 3 by September 1, 2021

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY #
Tiny Treasures	Wed/Fri Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$147 \$134 SV Res	540473-01
ABC's & 123's	Tues/Thurs Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$165 \$150 SV Res	540473-02

#### 4 - 5 YEARS OLD

- · Kindergarten readiness
- Skill work: letter recognition, printing, counting, early math, cutting and scissors
- Weekly large motor skills/physical education time included
- · Must be 4 by September 1, 2021

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY#
Alpha Kids	Tues/Thurs Sept 13, 2021 - May 26, 2022 9:30 am- 12:30 pm	\$182 \$165 SV Res	540474-01
Stepping Stones	Tues/Wed/ Thurs Sept 13, 2021 - May 26, 2022 1-3:30 pm	\$249 \$225 SV Res	540474-02



# **Special Events**



Join us for an old fashion egg hunt. Each participant will receive a bag of goodies in addition to hunting for prize-filled eggs.

Due to COVID this event could be switched to a pickup Egg Hunt kit that you complete in the safety of your yard. Participants would be notified if it were to switch and be given a date/time for pickup.

Location: Commons Soccer Field Registration deadline: March 22

AGES	DATE & TIME	COST	ACTIVITY#
2-5	Sat, March 27 10 – 10:30 am	\$8	260219-01
6-10	Sat, March 27 10:45 – 11:15 am	\$8	260219-02
•		20 %	6
		0	



#### **INVEST IN YOUR NEIGHBORHOOD!**

Celebrate Earth Day by gathering with your neighbors and cleaning up your community! You select the date, time and park location and we will provide the supplies!

What we supply: Garbage & yard waste bags

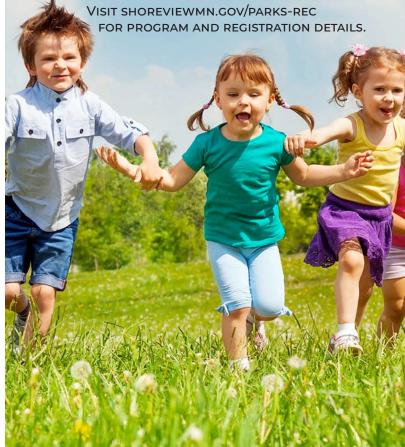
What the neighborhood supplies: Volunteers and

work gloves and yard tools

Select a date anytime between April 17 – 24.

Visit our website for more program and registration detail.







### **Youth Programs**





#### LITTLE SCHOOL'S OUT CAMP

While schools out, come spend the day with us at the Shoreview Community Center. Bring a bag lunch and dress for an active day. Drop off any time after 7 am and pick up any time before 5:30 pm. Participants must be fully potty trained.

**Registration deadline:** five days before program date

AGES	DATE	COST	ACTIVITY#
3-5	Mon, March 15	\$45; \$40 SV Res	270291-01
3 – 5	Tues, March 16	\$45; \$40 SV Res	270291-02
3-5	Wed, March 17	\$45; \$40 SV Res	270291-03
3-5	Thurs, March 18	\$45; \$40 SV Res	270291-04
3-5	Fri, March 19	\$45; \$40 SV Res	270291-05

#### SCHOOL'S OUT CAMP

While school's out, come spend the day with us at the Shoreview Community Center. Bring a bag lunch and dress for an active day. Drop off any time after 7 am and pick up any time before 5:30 pm.

**Registration deadline:** five days before program date

GRADE	DATE	COST	ACTIVITY#
K-5	Mon, March 15	\$45; \$40 SV Res	270290-01
K-5	Tues, March 16	\$45; \$40 SV Res	270290-02
K-5	Wed, March 17	\$45 \$40 SV Res	270290-03
K-5	Thurs, March 18	\$45; \$40 SV Res	270290-04
K-5	Fri, March 19	\$45; \$40 SV Res	270290-05

#### GRANDPARENT AND ME LEARN TO PAINT

Enjoy a fun morning of painting with Paint by Jill. A young person along with their grandparent, parent, or special friend will create a painting together. Children of all ages welcome but six and older is recommended. One registration per child.

Registration deadline: Five days before class

GR	THEME	DATE & TIME	COST	ACTIVITY#
6+	March Fun	Sat, March 27 10 am - noon	\$34; \$31 SV Res	200440-01
6+	Hello Spring!	Sat, April 10 10 am - noon	\$34; \$31 SV Res	200440-02
6+	Mother's Day Love	Sat, May 8 10 am - noon	\$34; \$31 SV Res	200440-03

## PARENT & CHILD CREATE NIGHT – PAPER MACHE EASTER EGG

You and your child will make an Easter scene inside a papermâché egg! These projects will be excellent additions to your Easter table. Each parent and child will create their own craft. Class taught by KidCreate.

Registration deadline: March 18

GRADE	DATE & TIME	COST	ACTIVITY#
5 - 12	Thurs, March 25 6:30 - 8 pm	\$45; \$42 SV Res	170362-01

#### EASTER CRAFT - PEEP® PARTY

Hop on over to class to create an Easter themed art project. Play with some clay as you create a larger than life sculpture of a marshmallow Peep®. Come and create right along with your child. Children must be accompanied by a caregiver. Class taught by KidCreate.

Registration deadline: March 24

GRADE	DATE & TIME	COST	ACTIVITY#
18 months	Wed, March 31 9:30 -	\$22;	170363-01
- 6	10:30 am	\$20 SV Res	



#### VIRTUAL MUSIC TOGETHER

Sing, dance, play, and learn with award-winning music and movement classes for infants, toddlers, preschoolers, and the adults who love them. The rich music environment in class will help your child grow into a confident, lifelong music maker. Infants (born after July 27, 2020) attend at no cost with a paid sibling.

Our spring session programming will be done via Zoom and features the following:

- One 30-minute live, interactive class each week at your designated class time
- Weekly "musical play dates" each Tuesday at 6:30 pm.
- Weekly "story and lullaby times" each Thursday at
- Five Saturday night family dance parties at 6:30pm
- Monthly "happy hour" parent education events just for
- CD with class activities/ songbook

Registration deadline: March 10

AGES	DATE & TIME	COST	ACTIVITY#
0 - 5	Sun, March 21: 5 pm	Free	270212-01
0 – 5	Tues, March 16: 10:15 am	Free	270212-02
0-5	Wed, March 17: 10:15 am	Free	270212-03

Registration deadline: March 22

AGES	DATE & TIME	COST	ACTIVITY#
0 – 5	Tues March 30 – June 1 10:15 – 10:45 am	\$189; \$104 additional sibling	270214-01

Registration deadline: March 22

AGES	DATE & TIME	COST	ACTIVITY#
0-5	Wed March 31 – June 1 10:15 – 10:45 am	\$189; \$104 additional sibling	270215-01

Registration deadline: March 22

AGES	DATE & TIME	COST	ACTIVITY#
0-5	Sun March 28 – June 6 (no class April 4) 5 - 5:30 pm	\$189; \$104 additional sibling	270213-01





#### WISH UPON A BALLET

Incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Students will need ballet shoes and comfortable clothes they can move around in.

Classes taught by Mayer Arts.

Registration deadline: March 15

AGES	DATE & TIME	COST	ACTIVITY#
3 - 6	Sun, March21 – May 23 (No class April 4 & May 9) 2 - 2:45 pm	\$90; \$84 SV Res	270202-01

#### **WISH UPON A BALLET & TAP**

This program offers the same curriculum as wish upon a ballet with the added fun of tap dancing! Tap provides the development of rhythm and motor skills. Ballet and tap shoes are required.

Classes taught by Mayer Arts.

Registration deadline: March 15

AGES	DATE & TIME	COST	ACTIVITY#
4 - 7	Sun, March21 - May 23 (No class April 4 & May 9) 2:45 – 3:30 pm	\$90; \$84 SV Res	270204-01

#### HIP HOP DANCE PARTY

Learn upbeat styles such as jazz and hip hop and move to your favorite songs. Students will also learn warmups such as stretching, isolations, and across the floor exercise.

Classes taught by Mayer Arts.

Registration deadline: March 15

AGES	DATE & TIME	COST	ACTIVITY#
5 - 10	Sun, March 21 – May 23 (No class April 4 & May 9) 3:30 – 4:15 pm	\$90; \$84 SV Res	270205-01

#### **CHESS SCHOOL**

Twin Cities Chess club provides an environment for children of all skill levels to learn and enjoy the game of chess. Students are grouped together according to their age and ability. Classes will be taught by Igor Rybakov, the USCF-rated tournament chess player, named best chess coach in Minnesota.

Registration deadline: March 26

AGES	DATE & TIME	COST	ACTIVITY#
5 - 18	Sat, April 3 – May 8: 10 - 11 am	\$80	270216-01
9		CONTRACTOR OF THE PARTY OF	



#### **BABYSITTING 101**

All classes will be online. Class materials and instructions will be available the Friday before class.

This class will cover: first aid, sitter safety, crafts, toys, childproofing, and nutrition.

Registration deadline: Four days before class

AGES	DATE & TIME	COST	ACTIVITY#
10-13	Sat, March 6: online	\$45; \$41 SV Res	150101-03
10-13	Sat, April 10: online	\$45; \$41 SV Res	250101-01
10-13	Sat, May 8: online	\$45: \$41 SV Res	250101-02

#### BABYSITTING FIRST AID

Students interested in continuing their babysitting skills will learn: recognizing an emergency, when to call for help, care of injuries and allergic reactions, how to help a choking child/infant. Students will put together a small first aid kit. First Aid certificate awarded through Ellis & Associates.

AGES	DATE & TIME	COST	ACTIVITY#
10 - 13	Sun, April 11	\$45; \$41 SV Res	250102-01
	12:30 – 3:30 pm		



## **Youth Sports**



#### TAE KWON DO

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes teach kicking, punching, striking, and blocking techniques through traditional Tae Kwon Do. Students will improve stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration, and confidence. Classes are taught by Pam Meyers of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be added to registrations received after noon on the Wednesday following the first class. Pre-registration is required. Drop-ins are not permitted.

**Registration deadline:** Four days before class

AGES	DATE & TIME	COST	ACTIVITY#
Beginner 7+	Tues & Thurs April 6 - May 27 6 - 6:45 pm	\$136; \$128 SV Res	230231-01
Advance 7+	Tues & Thurs April 6 – May 27 7 – 8 pm	\$136; \$128 SV Res	230231-02

#### LIL' NINJAS

Sun Yi's Academy Lil' Ninjas is specifically designed to enhance your child's development in a fun and motivating way. Some of the most important years in a child's development are between the ages of 4 and 6. Curriculum focuses on improving pre-school age children's basic listening, social, and motor skills. There are nine major skills that our instructors work on: focus, team work, control, balance, memory, discipline, fitness, coordination, and respect.

Class is limited to 6 students.

AGES	DATE & TIME	COST	ACTIVITY#
4 - 6	Fridays: April 9 – May 28: 5 - 5:30 pm	\$68; \$64 SV Res	210234-01
4 - 6	Fridays: April 9 – May 28: 5:45 - 6:15 pm	\$68; \$64 SV Res	210234-02

#### **TUMBLING**

Discover the sport of tumbling in a positive, educational atmosphere. Participants will learn basic skills on floor, balance beam, bars, and vault. Due to space limitations there is no observation area for parents; parents are invited to observe the final class.

\*Parent participation and support are required as part of this class. Please only send one adult with child.

Registration deadline: March 19

Sat, March 27 – May 15

AGES	DATE & TIME	COST	ACTIVITY#
2 - 3	Toddler & Parent * 9:45 – 10:30 am	\$100; \$90 SV Res	280101-01
2 - 3	Toddler & Parent * 10:45 – 11:30 am	\$100; \$90 SV Res	280101-02
3-4	Beginner 11:45 am – 12:30 pm	\$100; \$90 SV Res	280102-01
4 - 5	Advanced Beginner 12:45 – 1:30 pm	\$100; \$90 SV Res	280103-01
5 - 8	Intermediate 1:45 – 2:30 pm	\$100; \$90 SV Res	280104-01









#### **BASKETBALL**

Instructors will provide fun games and drills for participants to learn the fundamentals of basketball. Participants should bring their desire to learn and have fun!

Registration deadline: Two days before class

Location: Island Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY #
1-5	Thurs, March 25 – April 29: 5 - 6 pm	\$55 per participant	190403-03
Location:	Turtle Lake Elementary		
GRADES	DATE & TIME	COST	ACTIVITY#
1-5	Thurs, March 25 - April 29: 5 – 6 pm	\$55 per participant	190403-04

#### SOCCER

Our instructors will provide fun games and drills for participants to learn the fundamentals of soccer. Participants should bring their desire to learn and have fun.

Registration deadline: Two days before class

**Location**: Island Lake Elementary.

GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Wed, March 3 – April 14 5 - 6 pm	\$55 per participant	190406-03
Location:	Turtle Lake Elementary		
GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Wed., March 3 – April 14 5 - 6 pm	\$55 per participant	190406-04

#### **TGA GOLF**

TGA golf brings the golf course to your student. Instructors help students develop golf skills and knowledge, while teaching valuable life lessons like honesty and sportsmanship.

Registration deadline: Two days before class

Location: Island Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Mon, March 8 – April 19 5 – 6 pm	\$99 per participant	190910-03
Location:	Turtle Lake Elementary		
Location.	Tartie Lake Lierrieritary		
	DATE & TIME	COST	ACTIVITY#



## **Youth Sports**





This program teaches fundamental skills and each session ends with small side scrimmages. Small group sizes provide a fun and active environment. Age appropriate equipment is used. This class is taught by John Swallen.

Registration deadline: February 24

AGES	DATE & TIME	COST	ACTIVITY#
3 - 5	April 17 - May 22 9 - 9:30 am	\$75; \$70 SV Res	190801-04
3 - 5	April 17 - May 22 9:35 - 10:05 am	\$75; \$70 SV Res	190801-05
3 - 5	April 17 - May 22 10:10 - 10:40 am	\$75; \$70 SV Res	190801-06



#### **REVSPORTS - BASKETBALL**

This program teaches fundamental skills and each session ends with small side scrimmages. Small group sizes are used for a more fun and active environment. Age appropriate equipment is used. This class is taught by Revolutionary Sports.

Registration deadline: March 5

AGES	DATE & TIME	COST	ACTIVITY#
3 - 4	Mon, March 8 – April 19 5 – 5:30 pm	\$60; \$55 SV Res	190913-04
4 - 5	Mon, March 8 – April 19 5:30 - 6:15 pm	\$60; \$55 SV Res	190913-05
6 - 7	Mon, March 8 – April 19 6:15 - 7 pm	\$60; \$55 SV Res	190913-06

#### **E-SPORTS TOURNAMENTS**

It's easy to participate in our VIRTUAL e-sports events! Ages 13 - 17

Prizes and fun!

Saturday, April 10 Mario Kart: \$15 per participant

Saturday, May 15 Smash Bros \$15 per participant





#### **PRIVATE & SEMI-PRIVATE TENNIS LESSONS**

- · Personalized high-quality tennis instruction for players who want to improve their court game
- · Our instructors will help you work on your ground strokes, serves, volleys, lobs, and smashes in an individual setting
- · This program offers one-on-one tennis instruction for the casual or avid tennis player
- · Semi private lessons are for two participants of equivalent ability
- · Participants must enroll with a partner for semi- private lessons

	DATE & TIME	COST	ACTIVITY#
Individual, Private Lesson	5 lessons -60 minutes	\$190; \$180 SV Res	290602-01
Semi-private lesson	5 lessons - 60 minutes	\$110; \$100 SV Res	290603-01

#### **GROUP TENNIS LESSONS**

Pee wees Ages 5 to 7	Includes lessons on the basics of tennis. Low compression tennis balls provided. Participants should bring a junior size racquet.
Beginners Ages 7 to 11	For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.
Advanced beginners Ages 9 to 11	Perfect for the player who has taken lessons, but needs stroke and technique improvement. Instruction focuses on stroke consistency and introduces new strokes .
Intermediate Ages 11 to 14	For youth with dependable strokes who have completed advanced beginner class. Instruction will focus on court coverage, game strategy, stroke use and much more

#### Registration deadline: April 14

AGES	DATE & TIME	COST	ACTIVITY#
Pee wees	Sat, April 17 – May 22 10 – 10:45 am	\$74; 64 SV Res	290606-01
Beginners	Sat, April 17 – May 22 11 – 11:45 am	\$74; 64 SV Res	290607-01
Advanced beginners	Sat, April 17 – May 22 12 – 12:55 pm	\$74; 64 SV Res	290608-01
Intermediate	Sat, April 17 – May 22 1 – 1:55 pm	\$74; 64 SV Res	290609-01



### **Youth Sports**





SUMMER CO-REC SOCCER **LEAGUES** 

Mini-mites: \$66; \$56 SV Res **Grades 1-6:** \$76; \$66 SV Res Registration deadline: May 1

LEAGUE	AGE/ GRADE	DATE	ACTIVITY#					
Tiny Sluggers T-Ball	3 - 4	Wed June 2 – July 21	390101-01					
Mini Sluggers T-Ball	5 - K	Mon June 7 – July 19	390101-02					
Little Sluggers	Grades 1 - 2	Tues & Thurs June 1 – July 22	390102-01					
Sluggers	Grades 3 - 4	Mon & Wed June 2 – July 21	390102-02					



**T-Ball:** \$66; \$56 SV Res

Sluggers baseball: \$76; \$66 SV Res

Registration deadline: May 1

LEAGUE	GRADE/ AGE 2021- 22 SCHOOL YEAR	DATE	ACTIVITY#					
Tiny Sluggers T-Ball	3 - 4	Wed June 2 – July 21	390101-01					
Mini Sluggers T-Ball	5 - K	Mon June 7 – July 19	390101-02					
Little Sluggers	Grades 1 - 2	Tues & Thurs June 1 – July 22	390102-01					
Sluggers	Grades 3 - 4	Mon & Wed June 2 – July 21	390102-02					

### **VOLUNTEER COACHES ARE NEEDED!**

Soccer coaches meeting May 18 at 6:30 pm.

Baseball coaches meeting May 17 at 6:30 pm.

T-Ball coaches meeting May 25 at 6:30 pm.

Benefits of volunteer coaching:

- · Give back to the community · 50% refund of registration fee
- · Provide youth with fun experience

Important info:

Coach will contact participants one week prior to start. Detailed schedule given out at first practice. Teammate requests can be

Practices and games held in various parks in Shoreview or neighboring cities.



## Jobs that fit YOUR lifestyle!

### Part-time • Flexible hours • Fun people



\$10.50-12.50/hour Lead kids ages 3-11 in summer playground events, sports, crafts, songs, art and special events.

#### Child care attendant

\$10.50-12/hour

Provide care for children ages 6 months to 8 years in our drop-off child care center.

#### **Farmers Market coordinator**

\$14-16/hour June-October Coordinate event and serve as point person for vendors, entertainment and guests.

#### **Group fitness instructors**

\$16-23/hour

Certified instructors needed to teach Yoga, Water Ex, Kettlebells, and Cardio & Strength classes.

#### **Guest service/memberships**

\$12.25-13.75/hour

Answer questions, give tours, help with room set up, address guest issues, provide backup at desk and cafe.

#### **Gymnastics and tumbling instructors**

\$11-12/hour

Teach beginning to intermediate level classes. Past teaching and gymnastics experience preferred.

#### Lifequards

\$12.50-14/hour

No experience is required. Training is provided through Ellis Certification.

#### Manager on duty

\$16.25-18/hour

Coordinate daily activities, supervise staff, assist guests, follow safety/security procedures.

#### **Personal trainers**

\$19-23/hour

Nationally certified trainers provide personalized workouts for general fitness and sport-specific conditioning.

#### **Pool coordinator**

\$15-17/hour

Coordinate activities/operations, supervise & train staff, schedule shifts, carry out policies, maintain systems.

### Free community center membership

#### Seasonal maintenance workers

\$12-14/hour

Parks, streets and utilities are hiring full-time summer help to perform general labor.

#### Service desk

\$11.25-12.25/hour

Help guests on phone and in-person, operate cash register, log membership info, assist at cafe as needed.

#### Special events staff

\$10.50-12/hour

Help us host our Kids Garage Sale, Egg Hunt, New Years Eve Party, etc. Includes decorating and clean up.

#### Sports instructors

\$12-14.50/hour

Lead youth and adults in a variety of sports activities. Sports background required.

#### Summer Discovery coordinator

\$15-17/hour May-August Oversee summer child care program. Develop programs, supervise staff and communicate with parents.

#### **Summer Discovery instructors**

\$11.50-13.75/hour May-August Supervise and care for kids ages 3-14 in summer child care. Plan arts, crafts, sports, field trips and more.

#### Swimming instructors (we will train)

\$14-17/hour

No experience required, training provided. Morning and early evening classes held at the community center.

#### **Tennis instructors**

\$14.50-16.50/hour April-August Instruct youth and adults in basic to advanced level classes. Past teaching and playing experience desired.

#### Water slide attendant

\$10.75-11.25/hour

Control access to waterslide entrance, supervise quests, and ensure guest safety.

#### Wave cafe

\$10.75-11.75/hour

Prepare food, operate cash register, maintain clean work area and lobby/tables, stock supplies.

Read full details and apply

shoreviewmn.gov/jobs

We are an equal opportunity employer



# **Calendar**

#### February, 2021

Economic Development Authority – 5 pm, CC City Council Meeting - 7 Pm, CC

Bikeways And Trails Committee - 7 pm, LC TH

City Offices Closed: Presidents Day

Τ 16 City Council Workshop - 5 pm, CC City Council Meeting - 7 pm, CC Econ. Development Commission: 7:30 am, UC

17 EQC speaker series, 7 pm

22 Environmental Quality Committee – 6:30 pm M Parks And Recreation Commission – 7 pm, CC

Т Planning Commission – 7 pm, CC

Human Rights Commission – 7 pm, CC W

Planning Commission: 7 pm, CC

#### **March, 2021**

Economic Development Authority – 5 pm, CC M City Council Meeting - 7 Pm, CC

TH Bikeways And Trails Committee - 7 pm, LC

16 City Council Workshop - 5 pm, CC М City Council Meeting - 7 pm, CC

16 Econ. Development Commission: 7:30 am, UC Τ

17 EQC speaker series, 7 pm W

TH 18 Public Safety Committee - 7 pm, CC

М 22 Environmental Quality Committee – 6:30 pm Parks And Recreation Commission - 7 pm, CC

Planning Commission – 7 pm, CC Τ

Human Rights Commission – 7 pm, CC TH

#### **April, 2021**

TH Bikeways and trails committee - 7 pm

М Economic Development Authority – 5 pm, CC

19 City Council Workshop - 5 pm, CC М City Council Meeting - 7 pm, CC

Τ 20 Econ. Development Commission: 7:30 am, UC

21  $\mathbb{W}$ EQC speaker series, 7 pm

26 Environmental Quality Committee – 6:30 pm М Parks And Recreation Commission – 7 pm

Planning Commission - 7 Pm, CC

Human Rights Commission - 7 pm, CC TH

#### May, 2021

Economic Development Authority – 5 pm, CC City Council Meeting - 7 Pm, CC

6 TH Bikeways And Trails Committee – 7 pm, LC

Μ 17 City Council Workshop - 5 pm, CC City Council Meeting - 7 pm, CC

18 Τ Econ. Development Commission: 7:30 am, UC

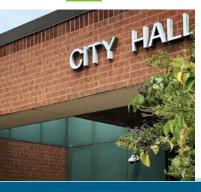
20 Public Safety Committee - 7 pm, CC TH

М 24 Environmental Quality Committee – 6:30 pm Parks And Recreation Commission - 7 pm, CC

25 Planning Commission - 7 pm, CC

26 Human Rights Commission - 7 pm, CC W

City Offices Closed: Memorial Day



### **Location Key**

CC	Council Chambers	LLPL	Lower Level Parking Lot
UC	Upper Conference Room	CCPL	Comm. Center Parking Lot
LC	Lower Conference Room	SCC	Shoreview Community Center
МС	Maintenance Center	SCP	Shoreview Commons Park
SP	Shoreview Pavilion	ILCP	Island Lake County Park

Outdoor Recreation						-	'ar	KS	ar	10	Fa	ICI	iiti	es
Areas		Acres	Ballfields	Basketball Court	Football	Skating Rink	Paths	Pickleball	Tennis	Picnic Area	Playground	Shelter	Soccer	Circuit Training
Bobby Theisen Park	3575 Vivian Avenue	15		1	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	6	2			1	$\sqrt{}$	
Bucher Park	5900 Mackubin Street	25	2	1	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	$\sqrt{}$
Heritage Park	1170 Lepak Court	3												
Lake Judy Park	900 Tiller Lane	5		1/2			$\sqrt{}$			$\sqrt{}$	$\sqrt{}$			
McCullough Park	915 County Rd I	75	2	1	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	
Ponds Park	190 Sherwood Road	1					$\sqrt{}$			$\sqrt{}$	$\sqrt{}$			
Rice Creek Fields	5880 Rice Creek Pkwy	10	4				$\sqrt{}$			$\sqrt{}$	$\sqrt{}$			
Shamrock Park	5623 Snelling Avenue	23	2	1	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	
Shoreview Commons	4580 North Victoria	40	1	1	$\checkmark$	$\checkmark$	$\sqrt{}$	2	2	$\checkmark$	$\checkmark$	1	$\sqrt{}$	
Sitzer	4344 Hodgson Road	8	2	1		$\checkmark$	$\sqrt{}$		2	$\checkmark$	$\checkmark$			
Wilson Park	815 County Road F	13	2	1		$\checkmark$	$\checkmark$			$\checkmark$	$\sqrt{}$			

The following are operate Parks & Recreation. 651.748.2500 ramseycounty.us/parks	d by Ramsey County	Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rink	Golf Course	Paths	Picnic Area	Playground	Shelter	Swimming
Island Lake Cty Park	3611 Victoria Street	167	$\sqrt{}$		$\sqrt{}$			$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	
Lake Owasso Cty Park	370 N. Owasso Blvd.	9	$\sqrt{}$		$\sqrt{}$				$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\checkmark$
Shoreview Ice Arena	877 Highway 96						$\sqrt{}$						
Snail Lake Regional Park	580 Lake Blvd.	400	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$			$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Turtle Lake Cty Park	4979 Hodgson Road	9	$\checkmark$		$\sqrt{}$					$\sqrt{}$	<b>√</b>	$\sqrt{}$	$\sqrt{}$



For Indoor Pickleball and swimming visit the Shoreview Community Center.







City of Shoreview 4600 Victoria Street North Shoreview MN 55126

\*\*\*\*\*\*ECRWSS\*\*\*\*\*\*
POSTAL CUSTOMER

