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WINTER 2020

City News and Recreation Catalog

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Winter Events

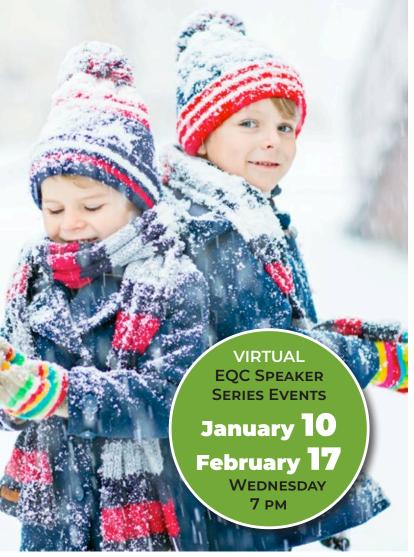












Contact Us

City Hall	651-490-4600
Community Center	651-490-4700
Parks and Recreation	651-490-4750
Building Permits	651-490-4683
Code Enforcement	651-490-4669
Forestry	651-490-4650
Human Resources	651-490-4619
Planning and Zoning	651-490-4680
Recycling	651-490-4665
Sewer & Water	651-490-4661
Streets	651-490-4671
Utility Billing	651-490-4630

POLICE & ANIMAL CONTROL

Police protection and animal control are provided by Ramsey County Sheriff's Office.

For non-emergencies 651-767-0640 For emergencies 911

FIRE

Fire protection is provided by the Lake Johanna Fire Department.

For emergencies 911 Dispatch Non-emergency 651-415-2100

CITY OFFICIALS

Sandy Martin, mayor

651-490-4618 | smartin@shoreviewmn.gov

Emy Johnson, council member

763-443-5218 | ejohnson@shoreviewmn.gov

Terry Quigley, council member

651-484-5418 | tquigley@shoreviewmn.gov

Sue Denkinger, council member

651-260-1940 | sdenkinger@shoreviewmn.gov

Cory Springhorn, council member

651-403-3422 | cspringhorn@shoreviewmn.gov

Terry Schwerm, city manager

651-490-4611 | tschwerm@shoreviewmn.gov





2021 BUDGET DESIGNED TO MAINTAIN ESSENTIAL SERVICES

At its September 8, 2020 meeting, the city council adopted a preliminary 2021 tax levy of \$13,465,874. This is a 5% increase above the 2020 tax levy and similar to what was projected in the city's two year budget.

The preliminary tax levy and corresponding capital budget are designed to maintain essential services and programs including:

- Public safety (Ramsey County Sheriff and Lake Johanna Fire Department)
- · Street maintenance and construction
- · Park maintenance and improvements
- · Building inspections
- · Community and economic development
- · Community center operations and recreation programs

Some of the reasons for the levy increase include increased police and fire costs, employee wages and benefits, and increased levies for the city's capital replacement funds and a new tax abatement levy.

COVID-19 has had significant impacts on the 2020 - 2021 budgets. While some revenues remained consistent, community center and recreation program revenues have decreased substantially. This is due to the three-month community center closure, reduced facility capacity since reopening, and program cancellations. The revenue loss for these two funds is more than \$1 million dollars through the end of August. We expect these lower revenue levels to continue through the rest of 2020 into early 2021. Thanks to sound financial planning, each fund has a healthy reserve to help buffer the impact of these revenue losses.

2021 BUDGET HEARING MONDAY, DECEMBER 7 AT 7 PM

One of the top priorities for staff in 2021 will be to rebuild, particularly our membership base, daily admissions, and rentals. Staff will expand participation in our many recreation programs. The expanded community center amenities added in 2018 position us for a strong comeback in 2021. We are confident that we will come out of this stronger and better than before.



THANK YOU VOLUNTEERS!

Although we can't be together this year, we would like to thank the volunteers in the groups below for their time, commitment, and dedication to Shoreview. Despite the challenges from COVID-19, our volunteers have continued their work to make Shoreview a great place to live, work, and play.

- · Bikeways and trails committee
- · Economic development authority
- · Economic development commission
- · Environmental quality committee
- · Gallery 96 Art Center
- · Human rights commission
- · Parks and recreation commission
- Planning commission
- Public safety committee
- Shoreview Community Foundation
- · Shoreview-Einhausen Sister City Association
- · Shoreview Historical Society
- Shoreview Northern Lights Variety band
- Slice of Shoreview Coordinating Committee
- · Snail Lake Improvement District Board







THANK YOU TO OUR ADOPT-A-TRAIL PARTICIPANTS FOR KEEPING SHOREVIEW TRAILS CLEAN!

- · Gladis Family
- · Ryan, Pam, and Rowan Sepion
- · The Anderson Family in Memory of Taylor Anderson
- · Shoreview Bikeways and Trails Committee
- · Jane-Kris-Sandi
- · Rich, Tina, and Kas Haavisto, and Michelle, Calvin, Elliot, and Evelyn Jordan
- · Troop 639
- Loden SV
- · The Rediske Family
- · The Farnsworth Family
- · Swisher Family and Friends
- · Tina Hansen
- · The Neal Family
- · Fand H
- · Rothbauer's
- · Golda and Lutsen's Family
- · Girl Scout Troop 57471



MEETING BROADCAST SCHEDULE

Channel 16 broadcasts live city council and planning commission meetings every month.

Live Shoreview City Council Meetings

· First and third Monday every month at 7 pm

Live Shoreview Planning Commission Meetings

· Fourth Tuesday of the month at 7 pm

View the full schedule and replay information at **shoreviewmn.gov**



cityofshoreview



ACCESS SHOREVIEW

Sign up to receive our online newsletter that is sent after each meeting with news and events.

Visit bit.ly/AccessShoreview



Resident resources



WINTER WEATHER GUIDE FOR HOMEOWNERS

Cold, dark and snowy – being a homeowner in winter can be a challenge. Use these helpful tips to keep your home comfortable.

SNOW SMART

Ready to shovel? Keep these tips in mind after a snowfall:

- · Clear snow from your driveway, sidewalk and mailbox area
- · Shovel snow onto your lawn not into the street
- Plows work overnight and during the day don't park on the street until it's been cleared from curb to curb
- · Shovel around the nearest fire hydrant and storm sewer
- Street parking is not permitted from 2-5 am
- Limit your use of salt just a teaspoon of road salt can pollute up to five gallons of water. Use salt sparingly and only when the temperature is above 15 degrees. Sweep up any excess before it's washed into the storm sewers

ENERGY EFFICIENCY

- Lock windows, keep curtains open during the day and closed at night, and close fireplace dampers to keep warm air in and cold air out
- Set your thermostat lower when you're not home or invest in a smart thermostat that can be set remotely with a smart phone
- Use a roof rake to remove snow from your roof and help prevent ice dams. Ice dams can cause leaks and extensive damage that is expensive to repair
- · Consider wifi-connected outlets or using timers for lights inside and outside
- · Furnace tune-ups can help prevent malfunctions during severely cold weather
- Newer windows and doors are more energy efficient than older versions if you're considering updating plan ahead for spring or fall installation when temperatures are more moderate.

WATER CONSERVATION

- · Installing low-flow shower heads, high efficiency toilets, and aerators on faucets will reduce your overall water consumption
- · When replacing appliances like washing machines and dishwashers choose a high efficiency models
- · Sign up for WaterSmart, a free online portal that lets you see your water usage and compare to similar households in Shoreview





RENTAL LICENSES

All rental licenses in Shoreview expire on December 31 and applications for a new license must be submitted before January 1. Licenses can be renewed if the property is up to code, the utility bill is current, and no conduct issues are present.

- · \$75 application fee
- · \$50 inspection fee if needed
- \$75 late application fee

Renew online or contact fcupery@shoreviewmn.gov or 651-490-4669.







Resident Resources



Christine and John Hoffman: Dale Street

Rains used to wash roof debris through the gardens on the north side of their house. The water also washed away the mulch, damaged the plants, and flooded the nearby sidewalk. Those problems were solved when the Hoffmans had two rain gardens installed. Now that rainwater soaks into the ground while sustaining the native plants which attract pollinators.

The Hoffmans wanted to do more to lessen their environmental impact. So on the south side of the house they added 23 solar panels.

Jacqueline Kovarik and David Longsdorf: Tanglewood Drive

Jacqueline and David have a south facing lawn that would burn up in the summer sun. They decided to remove the turf grass and replace it with native plants

that love it when it's hot and dry. One garden is

mature, and another went in this year; both attract pollinators. They also have a vegetable garden and shade garden in the backyard.

City of Shoreview - honorable mention
The environmental quality committee
also gave a special recognition to the
City of Shoreview for its commitment to
environmentally preferred practices. The city
has been a GreenStep City for a number of
years and earned Step 5, which is the highest
level, in 2019 and 2020. Shoreview installed a

solar array on the roof of the maintenance facility and recently unveiled electric vehicle charging stations in the upper parking lot of the community center.

GREEN COMMUNITY AWARD WINNERS

Go ahead and ask this year's Green Community Awards winners what's planted in their yards. They enjoy answering, and they've been getting lots of practice. All three couples say that people often walking by stop and inquire or comment about the beautiful blooms in their native or rain gardens. Not only are the gardens beautiful – they need less water and work than ordinary turf grass. The 2020 Green Community Awards are presented to:

Diane and Paul Close: Kent Street

Diane and Paul moved to Shoreview from California about 20 years ago, so they were used to low water use yards. They used their knowledge to replace some of the existing landscaping with drought tolerant plants such as fine fescue grasses. They also installed a row of plantings at the bottom of the slope in their front yard that naturally slows down rain so it can soak into the ground.

OAK TREES - READY TO PRUNE

Oak trees in Shoreview are at high risk for oak wilt, a fungal disease that kills a large number of trees every year. You can help stop the spread of oak wilt by trimming oak trees during winter months when the disease is dormant.

When to prune and trim: November - February

Sap beetles transfer fungal spores between oak trees and are strongly attracted to oak tree wounds, like those caused by trimming. Oak wilt can also spread through root grafts to neighboring trees.

Visit shoreviewmn.gov/trees to learn more about oak wilt and find licensed tree trimmers.

Emerald ash borer treatment

The city has been offering an emerald ash borer treatment program for almost 10 years. Through the program, residents can have their ash trees injected with a treatment in the spring and summer. The treatment is provided at a reduced cost and lasts two years.

If you would like to get on the list for 2021, please contact public works at 651-490-4665. Staff will come out in May to inspect your trees and provide a quote.

Resident Resources



DID YOU KNOW? REDUCE FOOD WASTE WITH THESE EASY TIPS

Did you know – 40% of food is wasted in America annually? That equals \$1,500 worth of food being thrown per household. Food isn't the only thing being wasted when it's thrown out. The fuel, water, fertilizer, and labor to produce and transport food is also wasted. Try out these food saving tips to give your wallet and the planet a break.

- · Meal plan before grocery shopping
- Create a "Use It Up" shelf or bin in the fridge Place food that is set to expire in this area to make sure it's used before it goes bad.
- Write purchase dates on egg cartons and use older ones first.
- Don't place milk in the refrigerator door This is the warmest area in the fridge and milk expires quicker here.
- Store cucumbers by refrigerating them upright; stalk down in a container of water.
- Store mushrooms in a paper bag to extend their shelf life
- Revive a stale baguette Run it under cold water and place it in a hot oven for ten minutes.
- Don't store bananas with other fruit They produce ethylene gas which speeds up the ripening process.
- The freezer is your friend Freeze all types of food for months at a time.
- Compost Turn food waste into fertile soil and keep it out of the landfill.

To find more food saving tips visit **savethefood.com**.

EACH YEAR, THE AVERAGE FAMILY OF FOUR LOSES \$1,500 ON FOOD NEVER EATEN









FALL CLEANUP DAY CANCELED

Shoreview's fall cleanup day, originally scheduled for October 10, was canceled due to the COVID-19 pandemic safety requirements. Here are a few alternative options for residents.

Items in good condition

RamseyRecycles.com/Reuse for local donation centers.

Bulky trash items

Call your trash hauler for curbside pickup.

Appliances, mattresses & electronics

RamseyRecycles.com/AtoZ or visit a recycling center listed below.

Household hazardous waste

RamseyRecycles.com/HHW for nearby collection sites.

Appliances & electronics

Green Lights Recycing

10040 Davenport St NE, Blaine 763-785-0456

The Retrofit Companies

2960 Yorkton Blvd, Little Canada

651-766-7422

Advanced Disposal

309 Como Ave, Saint Paul 651-487-8546

Mattresses & box springs

Second Chance Recycing 1179 15th Ave SE, Minneapolis 612-332-0664

For a full list of recycling and disposal options, search RamseyRecycles.com/AtoZ.

To contact the city about cleanup day, call 651-490-4665.

YARD WASTE HOURS:

December - March Monday - Friday: closed Saturday: 9 am - 5 pm Sunday: 11 am - 5 pm



SUSTAINABLE HOLIDAYS

The holiday season can be full of joy, unfortunately the season also generates a lot of waste.

Reduce your impact this year with

REDUCE

Americans typically produce 7.5 pounds of trash every day during the holidays.

Wrapping paper

 Wrapping paper with glitter, metal, or tissue is not recyclable. Opt for gift bags, recyclable gift wrap or newspaper to wrap.

Gifts

- Consider gifts that offer an experience like gift cards for a day of cross-country skiing or snowshoeing.
- · Handmade gifts like cookies & breads, or handmade mittens & scarves offer a personal touch.
- Traditional stocking stuffers including oranges and pears are sweet treats that won't leave a trail of trash.
- Cloth produce bags, beeswax wrap for food storage, kitchen compost bins and bags are all great gifts for an eco-conscience loved one.
- · Find more ideas at reduce.org.

REUSE

Save wrapping materials & decorations and use them next year. Simply break down boxes and store items until next year.

· Gift & shirt boxes, gift bags & ribbons & decorations

RECYCLE!

Tree recycling

After the holidays bring your live evergreen tree to the maintenance center for recycling.

Evergreen trees only – no wreathes or boughs 4615 Victoria Street N Monday – Friday 7 am – 3 pm

Cardboard

Cardboard can be placed in your recycling cart for regular pick up. If you have more than can fit in the cart it can also be dropped off at Advanced Disposal (309 Como Avenue).

Lights

Visit **recycleyourholidays.org** to find a drop-off site for burnt out holiday lights. These can't go in your recycling cart.

Toys & Gifts

Have more than you need? Local donation centers can often use toys, clothes and small household items. Senior care centers can often use arts and crafts supplies for programs and residents.



RALPH REEDER FOOD SHELF

The Ralph Reeder Food Shelf has been very busy since the start of the Covid-19 pandemic, serving thousands of families since March. Unemployment, underemployment and physical and mental illness are making it tough to make ends meet.

We continue to offer unlimited visits and provide food and hygiene items in a safe, and contactless model through both curbside pickups at our facility and deliveries to homebound seniors, those lacking transportation, and ill/high risk individuals. If you or someone you know needs food, please call the food shelf at 651-621-6280.

WANT TO HELP?

Most needed items include: meals in a can, granola bars, crackers, tuna, spaghetti sauce, vegetable oil, sugar, laundry detergent, toilet paper and monetary donations. Donation drop off hours are Monday – Friday, 9 am – noon. For more information or to make an online donation go to ralphreederfoodshelf.org

NORTHEAST YOUTH & FAMILY SERVICES

The Northeast Youth & Family Services' Senior Chore program is looking for youth and adult workers to help seniors with outdoor chores this fall and winter. Workers can earn \$15 per hour raking leaves, shoveling snow and performing light landscape maintenance duties.

Work schedules are flexible and volunteer opportunities are also available for those in need of service hours. All work will be conducted in accordance with safe social distancing protocols to protect both the worker and the senior.

Call 651-308-3490 or email **madelyn@nyfs.org** for more information.





HERITAGE FAMILY RECOGNITION

The Shoreview Historical Society selects a family that best exemplifies long-term service and involvement to the betterment of the Shoreview community. Past winners have included:

Herb and June Radmann: They built a home on Turtle Lake 60 years ago, and raised their children in Shoreview. Their family now numbers 55, and 28 have graduated from Mounds View High School

Sven and Charlotte Lundberg: These Swedish immigrants moved to the Snail Lake area in 1906. They raised eight children and their farm stayed in the family until 1978.

7 Dr. Bert R. Larson and Dr. Eva-Jane Ostergren Larson: The family has made its home on Turtle Lake for many generations in a specially built stone house. The house was built in 1930 by Olaf Swenson, Eva-Jane's great grandfather. Eva-Jane was a local physician, and Burt R. was a local dentist.

Hans Eric and Louise Nord: Hans was born in Sweden and came with his parents to this area in 1893. He married Louise, whose family had a neighboring farm, and had come to the US in 1872.

Cyril and Agnes DeMars: The family came from Canada and their ancestors are traced back to France. They spent their early days in the Shoreview area as farmers. They were the third generation to live in Ramsey County.

13 Lawrence and Michalene Trojanowski: The family immigrated from Poland and came to the Shoreview area in the 1890s.

Hugh and Alma Cunningham: The family moved here from Wisconsin in the 1930s. They first lived in a railway station house, since Hugh was a railway employee. There are now more than 80 blood relatives living in the area.

Thomas and Anna Schifsky: The Schifsky family $^{\prime}$ † † first farmed land west of Lexington Avenue, north of where Highway 96 is and also land on the shore of Turtle Lake back in the 1880s, known as Schifsky's Beach.

David and Emilie Guerin: Back a half century and more ago, motorists from the Twin Cities driving out Rice Street would drive by the Guerin gas station and confectionary store at Rice Street and Owasso Boulevard. The original gas station is now located on the Lepak/Larson property on the corner of Lexington Ave & County Road I

John and Magdalina Kurkowski: the John and Magdam.

Kurkowski family owned land west of Victoria

Sections of and is. and County Road E, that land has been developed and is now bisected by I-694.

Gust and Anna Larson: Gust and Anna Were early settlers on Turtle Lake. Family members still live on the south shore of the lake.

Hilmer and Gladys Seabloom: The Seabloom family settled here at the end of the pioneer era and the beginning of agribusiness.

Henry and Henrietta Bucher: The Bucher's • have been residents of this area for six generations. Bucher Park and the Western Pines development were both part of the Bucher farmstead.

Howard & Virginia Karth Lundgren: They are truly a Shoreview historical family. They grew up, married and settled down to live virtually all of their lives in Shoreview.



Registration

SET UP YOUR ACCOUNT



Go online

Visit shoreviewmn.gov/parks-rec. Click "register online." Create an account.



Create an account

Enter information about yourself. Before you save, add family members that participate in programs by clicking "add new member."

Ready, set, register!

Click the green "+" next to an activity, then "add to cart" at the bottom of your screen. Complete payment with credit card and a receipt will be emailed to you.

POLICIES

- Five days notice required for cancellations
- Cancellation fee \$5 \$10 depending on the program
- No refunds for missed classes
- Scholarships available for Shoreview residents; restrictions apply



Program dates are subject to change depending on the Minnesota Department of Health recommendations regarding COVID-19.

Visit our website for the most accurate information: shoreviewmn.gov/parks-rec.

Registration schedule

Registration begins at 8 am

WINTER REGISTRATION SCHEDULE

Tuesday, December 1: Shoreview residents

Thursday, December 3: Annual members

Friday, December 4: General registration

CONTACT US

Parks & Rec

Monday - Friday: 8 am - 4:30 pm 651-490-4750

recreation@shoreviewmn.gov









WEATHER UPDATES

Call the weather line at 651-490-4765 or text 55126 to 888777 to opt-in to text updates



Membership Rates and Benefits



MEMBERSHIP FEES

Annual Membership¹ (with one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$880	\$760	\$525	\$425
Shoreview Resident*	\$700	\$625	\$410	\$350
Military*	\$840	\$720	\$495	\$405
Military Resident*	\$680	\$600	\$395	\$340

Annual Membership Billed Monthly¹ (With one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$81	\$69	\$49	\$43
Shoreview Resident*	\$68	\$60	\$40	\$34
Military*	\$78	\$66	\$47	\$41
Military Resident*	\$65	\$57	\$38	\$32

¹ \$100 early cancellation fee

Seasonal Membership (Three month)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$335	\$315	\$225	\$175
Shoreview Resident*	\$267	\$247	\$175	\$145

Military rate not available for seasonal memberships.

- · Seniors: 65 & older
- · Youth: 17 & younger
- Dual membership is two people living in the same household. Family is two adults plus dependent children under 23 living in same household.
 Proof of dual and family member qualification is required.
- · Military ID required for military rate.
- · Fees are subject to change.
- · We accept payment by any major debit/credit card.
- · Free guest passes are included with annual membership
- We partner with select insurance companies to offer monthly reimbursements up to \$20 toward qualifying annual memberships. Contact your insurance provider to see if you qualify.

Annual membership includes unlimited use of:

- Fitness center (14 years and older. Ages 12 and 13 must complete teen equipment orientation)
- · 30% off Group X Card for group fitness classes
- · Shoreview waterpark, including tropics and bamboo bay
- · Indoor playground (Ages 1-10)
- · Indoor track (14 years and older)
- · Basketball courts
 - · Spa (Adults 18 years and older)
 - · Members registration day and the ShoreViews home mailing.







FIRST TIME ANNUAL MEMBERS RECEIVE:

- · 1 family guest pass
- 1 adult guest pass
- · 1 fitness drop-in class passes
- 1 cafe coupon
- 1 kids care sampler card
- 10% off personal training packages of three or more sessions
- 1 playground pass
- 1 pass for 10% off of Group X Card or more classes



^{*} Sales tax is included in price.



DAILY RATES

DAILY PASS	RATE	SHOREVIEW RESIDENT	MILITARY	MILITARY RESIDENT
Adult (18 and older)	\$11.25	\$10	\$10.25	\$9.25
Youth (1 to 17; under age 1 free, with paying adult)	\$10.25	\$8.75	N/A	N/A
Family* (2 adults + children living in same household)	\$43	\$36	\$41	\$34
Seniors (65 and older)	\$10.25	\$8.75	\$9.75	\$8.25

^{*}Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

INDOOR PLAYGROUND ONLY	RATE	SHOREVIEW RESIDENT
Ages 1 to 10	\$6	\$6
COUPON BOOKS (10 DAILY PASSES)	RATE	SHOREVIEW RESIDENT
Adult	\$101.25	\$90
Youth/Senior	\$92.25	\$78.75

LAP SWIM HOURS

Lap swim is available at various times throughout the week.
See the service desk for a schedule or visit the website at shoreviewcommunitycenter.com.



SENIOR TRACK DISCOUNT (65 & OLDER)	RATE	SHOREVIEW RESIDENT
Track use only		
Per visit	\$5.75	\$4.75
Punch card (includes 10 visits)	\$51.75	\$42.75

Fees are subject to change. We welcome payment by any major debit/XS Credit card. All rates above include sales tax. Visit **shoreviewmn.gov** for updates.

Hours*

Children 12 & under must be supervised by an adult while in the community center.

DAY	COMMUNITY CENTER	TROPICS WATERPARK*	BAMBOO BAY
Monday & Wednesday	5 am - 8 pm	Closed	Closed
Tuesday & Thursday	5 am - 8 pm	Closed	5 - 7:30 pm
Friday	5 am - 8 pm	5 - 7:30 pm	Closed
Saturday	6 am - 8 pm	12 - 7 pm	12 - 7 pm
Sunday *See page 14 for holiday hours	6 am - 8 pm	12 - 6 pm	12 - 6 pm

Pool Schedule



CALL FOR MORE INFORMATION

Community center 651-490-4700

Recreational programs (classes) 651-490-4750

Rental information 651-490-4790

City Information 651-490-4600

shoreviewcommunitycenter.com

COVID-19 POLICIES

- Masks are required for common areas including the locker room and pool deck
- Masks are not required while swimming
- If you or a member of your party are not feeling well, please do not visit the facility
- Guests are responsible for maintaining social distancing. All family groups need to maintain a distance of at least 6 feet from other guests. Parents are responsible for enforcing distancing with their children
- Access to locker and storage cubbies is limited; please come ready to swim
- The whirlpool will be closed during waterpark hours
- The pools and deck will be cleared of all guests between waterpark times for cleaning and sanitizing

Pool schedule is subject to change depending on Minnesota Department of Health recommendations regarding COVID-19. Visit our website for the most accurate information: shoreviewmn.gov/parks-rec



Holiday Hours

	TROPICS	BAMBOO BAY
November 26	Closed	Closed
December 24	Closed	9:30-11:45 am
December 25	Closed	Closed
December 31	12-5:30 pm	12-5:30 pm
January 1	12:30-7:30 pm	12:30-7:30 pm
January 18	12:30-7:30 pm	12:30-7:30 pm
February 15	12:30-7:30 pm	12:30-7:30 pm





COVID-19 RESOURCES



OPEN TO ALL

- Tropics waterpark
- · Bamboo bay
- Whirlpool
- Lap swim
- · Basketball gym
- · Fitness center
- · Walking track
- · Group fitness classes
- Programs

 Limited space available in each area. For details visit shoreviewmn.gov.



RESERVATIONS REQUIRED FOR SOME AREAS

Plan your visit ahead of time and make reservations at shoreviewmn.gov.



STAY INFORMED

Sign up for Nixle text alerts.

Text a keyword to 888-777.

Carrier/data rates may
apply. Opt out anytime.

KEYWORDS

- Sign up for Nixle text alerts. SVPOOL lap swim, pool groups, special hours
 - SVMEMBER holiday hours, closures
 - SVFITNESS group fitness class subs & changes



POLICIES

New safety measures and policies are in place:

- Face masks required inside the community center; face masks may be removed when exercising or in the water
- · Bring your own bottle filled with water
- · Full policies available at shoreviewmn.gov



WE'RE HERE TO HELP

Contact us

- Parks and recreation: 651-490-4750, recreation@shoreviewmn.gov
- · Community center: 651-490-4700, community center@shoreviewmn.gov







EVENT RENTALS

GETTING TOGETHER SAFELY

We've adjusted our rental options to meet current Minnesota Department of Health guidelines.

WF HOST

- Weddings
- Birthday parties
- Showers
- Graduations
- Meetings & more

We're committed to making your event successful. Visit shoreviewmn.gov to learn more.

CONTACT US 651-490-4790 rentals@shoreviewmn.gov shoreviewmn.gov

Adopt-a-park program

THANK YOU 2020 VOLUNTEERS

STEFFEL FAMILY Ponds Park

SHOREVIEW/ARDEN HILLS LIONS CLUB Community center complex & Commons Park



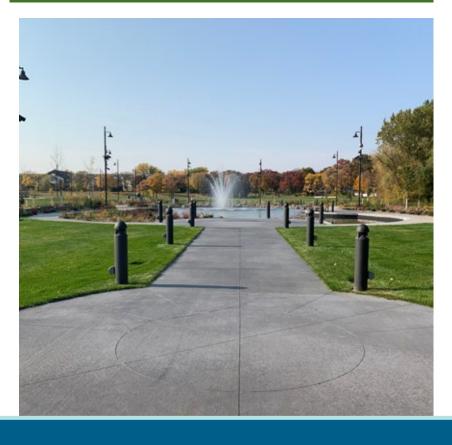


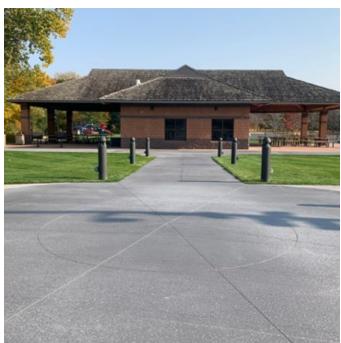
To learn more and apply:

shoreviewmn.gov • 651-490-4750

Open to Shoreview residents only

NEW SPACE





Great for ceremonies, picnics, & showers. Details at shoreviewmn.gov.



- Good for all fitness classes
- Class schedule is available online and at the community center
- Purchase at the parks & recreation desk or by phone at 651-490-4750 during office hours (Monday - Friday, 8 am - 4:30 pm)
- You can reload your Group X Card online, in person, or by phone at 651-490-4750
- To use: swipe your Group X Card at any of the four kiosks
- The kiosk will print a receipt that you will give to the instructor

QUANTITY	REGULAR	ANNUAL MEM- BER	RESIDENT	RESIDENT ANNUAL MEMBER
5 Classes	\$44	\$30	\$40	\$28
10 Classes	\$86	\$60	\$78	\$55
25 Classes	\$214	\$150	\$194	\$137
50 Classes*	\$404	\$284	\$368	\$258

- *5% discount included in price.
- One Group X Card allowed per person.
- Cards are non-refundable and non-transferrable.
- Member discount applies to annual memberships only. Onetime drop-in passes are available at the lower-level service desk the day of class.
- SeniorFIT classes require registration for paid annual senior members

Call for information: 651-490-4750

- Please check class schedule at the beginning of the month
- Refunds are issued for medical reasons only
- Membership is not required
- SeniorFIT classes are free to only seniors with an annual Senior Membership.

SeniorFIT classes require registration

- All classes are 50 to 60 minutes unless otherwise noted
- Classes with six participants or fewer are subject to change or cancellation
- Group fitness classes are great for all fitness levels
- Find out which classes best suit your needs by calling the fitness coordinator at 651-490-4768







60/40

The first 60% of the class is cardio – either high/low impact cardio, step, kickboxing, or dance followed by the remaining 40% of class time to execute effective resistance exercises.

BARRE PRINCIPLE

In each energizing and targeted workout, you'll use the barre and exercise equipment such as mini-balls and small hand weights to sculpt, slim, and stretch your entire body

CARDIO KICKBOXING

A dynamic and energetic class that combines kicks, punches, and blocks. This athletic-based class is easy to follow but provides a challenging workout.

CYCLE RAVE

We pedal to the music and that's it! Experience a fun, crazy party on your bike! You will be amazed at the workout you get.

CYCLE TRAINING

Ideal tool to compliment the outdoor cyclist. Doing hills, sprints, flat roads while using time, speed and distance drills, this workout will help increase your overall performance in speed, power, and endurance.



DANCE JAM

Let's get funky! Dance your heart out while getting an amazing workout

FUNDAMENTAL COMBO

Low impact cardio followed by basic strength training.

H.I.I.T. (HIGH INTENSITY INTERVAL TRAINING)

Intervals of extreme cardio and/ or resistance followed by a short recovery.

KETTLEBELL TRAINING

Conditioning drills with kettlebells provides a total body workout.

POWER PUMP

- Weight training with free weights and dumbbells.
- Build lean muscle with different tempos for reps, higher reps, and supersets.

POWER STRENGTH

- · Weightlifting with barbells and dumbbells.
- Focused on building muscle mass and strength.

Focus on technique – heavier weight, lower reps, multiple sets.



THE RESISTANCE WORKOUT

This resistance class incorporates strength training exercises using various pieces of equipment and/or your own body weight. Class focuses on all major muscle groups with some added attention to form. Progressions can include compound exercises and functional balance exercises.

STEP CARDIO

Warm up with basic step moves and then learn fun choreographed patterns, combinations, and movements on an adjustable step.

THE GROOVE

Okay dancers, here you go! In this choreographed class you will learn one awesome dance routine. You will be amazed at the great workout while you get your "groove" on!

TOTAL BODY WORKOUT

Incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Equipment used may include weights, TRX (suspension training), kettlebells, bands, benches, and BOSU® balls,. The class will also elevate your heart rate as you are challenged with drills in either circuits and/or a stand-alone station.



ZUMBA®

Grooving to the beats of salsa, reggaeton, cumbia, hip hop and merengue, this class feels more like a dance party than a workout, which is exactly what makes Zumba® so popular! The Latin-inspired dance workout is one of the most popular group exercise classes around.





MIND/BODY CLASSES

FITNESS PILATES

Pilates classes focus on balancing all muscle groups strength and flexibility, with an emphasis on challenging the core muscles with each movement.

HATHA YOGA

Build flexibility, strength and balance through a comprehensive exploration of yoga. Each class will cover a variety of asana poses that will help you improve muscle tone and mobility in various parts of the body, while reducing stress.

HOT YOGA

Hot yoga is an intense practice that will move you through powerful and aggressive postures and/or series. This practice is meant to detoxify the body, build strength and burn calories through movement, breath, and heat. Designed for intermediate to advanced levels.

Class temp range is 80-90 degrees.

YIN/RESTORATIVE YOGA

This grounding practice will have fewer postures which you hold for longer periods of time, allowing you to focus on breathing into the connective tissue (fascia) that surrounds the joints in the body.

YOGA BASICS

This class is based on physical postures, deep breathing, mindfulness and listening to the body. A slower paced class that focuses on fundamental postures. Great class for beginners or for one seeking a modified (gentle) yoga class option.

YOGA/PILATES FUSION

The perfect combination of Pilates and yoga! Receive the benefits of core training, muscle contraction and lengthening, isometric holds, balance postures and mind/body awareness.

POWER YOGA

Students will focus on linking conscious breath with a vigorous and mindful flow. Participants will build strength, flexibility and concentration while cleansing the body and calming the mind.

STRETCH AND BALANCE

A beneficial blend of balance exercises and static (holding) and dynamic (moving) stretches.

YOGA SCULPT

Yoga sculpt is the fusion of vinyasa yoga and strength endurance training. unique and intense workout incorporates hand weights and is designed to tone and shape your body. Build stamina through a series of squats, lunges, crunches, plank holds, cardio work, balancing postures, and stretching.





Water Fitness







All water classes are held in the pool.

- The pool is between 3 1/2 and 4 1/2 feet deep
- · All fitness levels are welcome
- · The pool temperature is between 83 84 degrees

AQUA FIT

Enjoy this active water class! You will increase your flexibility, endurance, and overall muscle strength in the water. The water's resistance provides a whole body workout.

SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

WATER STRETCH THERAPY NEW!

Increase your range of motion and soothe aches and pains. Come join us for a low impact water class that will make you feel great.



Kids Care

Please check our website for updates, hours and policies

Kids Care phone number: 651-490-4763

CLOSED: NOVEMBER 26, DECEMBER 24, 25, 31, AND JANUARY 1

AGES

6 months - 8 years

COST

\$1 per hour (no pro-rating for partial hours)



Group Fitness





SENIORFIT CLASSES

SeniorFIT classes are free to annual senior members and require registration. If you are not an annual senior member, you may purchase a Group X Card or a drop-in pass. See page 18 for Group X Card information. All fitness levels are welcome.

SENIORFIT CHAIR YOGA

Experience the benefits of yoga while sitting in a chair. Some standing postures may be included in this class.

SENIORFIT STRENGTH TRAINING

Resistance exercise executed while sitting in a chair. Come join us for a great strength training workout in a comfortable setting.

SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

SENIORFIT LET'S MOVE

No chairs needed for this active movement class. Class ends with a 15-minute cool down and extended stretch.

Check with your health insurance provider to see if you qualify for a Silver&Fit® or Silver Sneaker membership! These memberships include free membership to the community center (admin fee may apply); membership does not include SeniorFIT group fitness classes. Stop by the community center for details and to sign up

See page 24 for pickleball information.



CLASS/INSTRUCTOR	DAY & TIME	ACTIVITY#
Strength Training Adrienne	Monday 8:30 am	110161-01
Aqua Exercise Fran	Monday 9 am	110162-01
Chair Yoga Adrienne	Monday 10 am	110163-01
Chair Yoga Katie	Tuesday 8:30 am	110163-02
Strength Training Bridget	Tuesday 10 am	110161-02
Chair Yoga Gretchen	Wednesday 8:30 am	110163-03
Aqua Exercise Fran	Wednesday 9 am	110162-02
Strength Training Gretchen	Wednesday 10 am	110161-03
Strength Training Bridget	Thursday 8:30 am	110161-04
Let's Move Perry	Friday 8:30 am	110161-05
Chair Yoga Adrienne	Friday 10 am	110163-04





PERSONAL TRAINING

- Personal training comes in packages of 1, 3, 6 and 12 sessions
- · All sessions expire one year from the date of purchase
- Trainers help you set realistic goals and determine safe strategies to achieve them
- Trainers will customize a program to fit your ability and health
- Trainers monitor progress and adapt your routine for consistent improvement
- · Learn fitness principles and correct form to aid in progress and prevent injuries

INDIVIDUAL PERSONAL TRAINING:

SESSIONS	REGULAR	RESIDENT
3	\$215	\$199
6	\$406	\$377
12	\$768	\$699
24	\$1,452	\$1,325

BUDDY PERSONAL TRAINING:

Two participants train together and each pay the fee below.

SESSIONS	REGULAR	RESIDENT
3	\$165	\$151
6	\$305	\$283
12	\$577	\$532



COMMUNITY CENTER MEMBER EQUIPMENT

ORIENTATION (INDIVIDUAL OR GROUP)

Get introduced to fitness center equipment and learn how to utilize strength and cardio equipment safely. The schedule and sign-up sheet for equipment orientations is located at the fitness center desk. For more information call 651-490-4768.

AGES	COST
All members of the community	FREE to
center are encouraged to attend	members
a one-time fitness equipment	
orientation	

INDIVIDUAL TEEN EQUIPMENT ORIENTATION

The teen equipment orientation provides 12 and 13-year-olds knowledge of proper form and appropriate use of fitness equipment.

Registration forms are available at the front desk and lower level service desk. The schedule is located at the fitness center desk, or call 651-490-4768 for more information

AGES	COST
Required for ages 12 and 13 to use the fitness center	\$40 \$35 SV Res



Adult Sports





Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball.

Drop-In pickleball punch card

Available for purchase at the parks & recreation office 651-490-4750

Office hours: Monday - Friday, 8 am - 4:30 pm

Punch card is good for both drop-in locations

Location: Community center. Reservations required. Make a reservation at shoreviewmn.gov.

AGES	DATE & TIME	COST
18+	October 5 – April 30 8 – 11 am	FREE to SCC members \$4 non-member

Location: Island Lake School gym - Closed Dec 23 3555 Victoria St. N. Reservations required. Make a reservation at shoreviewmn.gov.

AGES	DATE & TIME	COST
18+	Wed, Sept 30-May 19: 6 - 9 pm	\$4 per person

SHOREVIEW AREA PICKLEBALL CLUB

2021 Club membership includes:

- Dedicated court time
 Free beginner training
- Membership valid 1/1 12/31 Club news emails

Location: Bobby Theisen Park

AGES	ANNUAL MEMBERSHIP	ACTIVITY#
18+	\$20; \$17 SV Res	520200-01

LEVEL OF PLAY	DAY & TIME
Experienced	Mon-Fri: 8 - 11 am
All skill levels	Tue, Thu & Sun: 6 - 8 pm

Location: Commons Park

LEVEL OF PLAY	DAY & TIME
Beginner & social	Mon, Wed & Fri: 8:30 - 11 am



INDOOR PICKLEBALL LEAGUE

Form a team and play with friends in this indoor pickleball league.

Location: Island Lake Elementary

LEVEL OF PLAY	DATE & TIME	COST	ACTIVITY#
Advanced Beginner – 3.0	Sat. Jan. 9-30 8-9 am	\$50 per team	120200-01
Advanced Beginner 3.0	Sat. Feb. 6 - Mar. 6 8-9 am	\$50 per team	120200-03
Intermediate -3.5	Sat. Jan. 9-30 8-9 am	\$50 per team	120200-02
Intermediate - 3.5	Sat. Feb. 6 - Mar. 6 8-9 am	\$50 per team	120200-04



INDOOR TRIATHLON CHALLENGE

Challenge yourself in this fun triathlon challenge. Participants will set their own goals and swim for 10 minutes, bike for 20 minutes and run for 20 minutes. Participants will not compete or race against others.

Registration deadline: Feb. 28

AGES	DATE & TIME	COST	ACTIVITY#
18+	Sun., Feb. 14 6-7:45 pm	\$30; \$25 SV res.	120801-01



HOW ABOUT SOCIALLY DISTANCED BINGO!

Come and play bingo for small prizes and one grand prize (a gift card). Chairs will be spaced safely apart.

AGES	DATE & TIME	COST	ACTIVITY#
18+	Wed, Jan 6, 1 pm	\$4; \$3 SV Res	100350-01
	Wed, Feb 3, 1 pm	\$4; \$3 SV Res	100350-02
	Wed, March 3, 1 pm	\$4; \$3 SV Res	100350-03
	Wed, April 7, 1 pm	\$4; \$3 SV Res	200350-01
	Wed, May 5, 1 pm	\$4; \$3 SV Res	200350-02



BETWEEN THE LINES: HISTORY SEMINARS WITH

KATHY SIMMER

Explore fascinating topics from America's past. Understand why something happened and how it changed our path, along with the juicy details usually left out of textbooks. Kathy is a retired teacher, a curriculum consultant, and licensed librarian.

Registration deadline: five days prior to class

"GO TO HEAVEN FOR THE CLIMATE AND HELL FOR THE COMPANY" - MARK TWAIN

What made Sam Clemens become Mark Twain? Was he eager to be rich? How popular was he among the elite since he made fun of them? What were his views on Washington? Why did he become bitter? Get the answers and a lot of the famous Twain humor.

AGES	DATE & TIME	COST	ACTIVITY#
18+	Thur, March 18 1-3 pm	\$19; \$17 SV Res	100110-01



ELDER FRIENDS PHONE COMPANIONS

Little Brother's Friends of the Elderly Phone Companions is open to any elder in need of a warm, friendly voice on the phone. Our online registration portal is now open and the application process is simple and quick. Visit littlebrothersmn.org or call 612-721-6215 to register and for more information.

AARP AND THE ALZHEIMER'S ASSOCIATION

Find support for an aging family member who has Alzheimer's or dementia. AARP and the Alzheimer's Association have an easy to navigate resource finder. Visit CommunityResourceFinder.org.

LOOKING FOR A VOLUNTEER OPPORTUNITY?

RSVP is the one-stop volunteer connection for people 55 and over. They'll match you with rewarding opportunities and help with issues that matter to you. Learn more: rsvpmn.org or call 612-704-6116

MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who live in Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651-621-7950.

ADULT ACTIVITIES NEWSLETTER

Sign up to receive a copy of our quarterly adult activities newsletter. It contains additional program offerings, interesting articles and more. Call 651-490-4714 to join our mailing list.





LEARN TO PAINT

Learn the basic technique of one-stroke painting and techniques using acrylic paints. Class includes step-by-step instruction and painting supplies. Classes are taught by Jill Mason from Painting with Jill.

Registration deadline: I week before class start

AGES	DATE & TIME	CLASS	COST	ACTIVITY#
16+	Mon Jan 11 1 - 4 pm	Winter bliss	\$49; \$45 SV Res	100400-01
	Tue, Jan 19 6 - 9 pm	Winter gnome	\$49; \$45 SV Res	100400-02
	Mon, March 1 1 - 4 pm	Spring bunny	\$49 \$45 SV Res	100400-03



MIXED MEDIA ART CLASSES

Mixed media classes explore texture, color and creativity with epoxy resin, alcohol inks, and other media to create a unique pieces of colorful art. Registration deadline: a week before class

AGES	DATE & TIME	CLASS	COST	ACTIVITY#
16+	Thur, Jan 14, 6 - 8 pm	Snowman head with fractured glass and resin	\$63; \$57 SV Res	100410-01
	Mon, Feb 1, 1 - 3 pm	Glass heart on wood	\$63; \$57 SV Res	100410-02
	Tue, Feb 9, 6 – 8 pm	Fractured glass heart	\$63; \$57 SV Res	100410-03
	Tue, Feb 23, 6 – 8 pm	Spring wood door hanger	\$57; \$52 SV Res	100410-04
	Mon, March 22, 6 - 9 pm	Spring porch/ wall leaner	\$71; \$65 SV Res	100410-05
	Tue, March 30, 6 - 8 pm	Fractured glass cross on wood	\$63; \$57 SV Res	100410-06

Adult Programs



Virtual **Travel Show**

Although travel is currently interrupted, we're looking to the future!

Learn how the industry is adapting to a new reality and hear about fantastic tours for 2021 and beyond.

Join us & our local travel partner, Landmark Tours, from the comfort of your home on February 2nd @ 10am.

> Email info@gowithlandmark.com to register for the Zoom presentation.

Nova Scotia

Canyonlands





Albuquerque



landmark

When you are ready to explore, we have Unforgettable Travel Experiences waiting for you.



New York





Rose Parade



For a complete list of tours, visit our website.

www.GoWithLandmark.com



PREVENT MEDICARE FRAUD AND AVOID SCAMS

Led by a specialist from Minnesota Senior LinkAge Line, this presentation will teach you to protect yourself from healthcare fraud. Learn to detect, report and avoid scams and fraudsters. We'll discuss current scams and why seniors are targeted.

AGES	DATE & TIME	COST	ACTIVITY#
18+	Tues, Jan 12 1 - 2 pm	Free	100170-01



APP AND SOCIAL MEDIA INSTRUCTION VIRTUAL CLASS

Learn the basics of various smart phone apps. Let us know if you would like help attending virtually; our instructor is happy to assist you.

Registration deadline: one week before class

CLASS	DATE & TIME	COST	ACTIVITY#
Facebook	Tue, Jan 5 5 – 6 pm	\$24; \$22 SV Res	100201-01
Uber	Thur, Jan 7 6 – 7 pm	\$24; \$22 SV Res	100201-02
Social Media	Mon, Jan 11 6 - 7 pm	\$24; \$22 SV Res	100201-03
Using Podcasts	Mon, Jan 18 6 – 7 pm	\$24; \$22 SV Res	100201-04

Adult Programs





PARENT GUIDE TO SNAP CHAT AND TIK TOK

Have a lot of questions about these popular apps used by teens and tweens? Learn about these fast growing apps and how parents can make it safer for their kids.

CLASS	DATE & TIME	COST	ACTIVITY#
Snap Chat	Wed, Jan 13 6 - 7 pm	\$24; \$22 SV Res	100210-01
Tik Tok	Wed, Jan 20 6 - 7 pm	\$24; \$22 SV Res	100210-02



LEARN TO USE YOUR SMART PHONE

This class will help you become more familiar with your smart phone. Learn to use the camera, Wi-Fi and hotspot, apps management, and accessories. You will become fluent in calling, voice and text messaging, and more. There will be time to answer any questions.

Registration deadline: 5 days before class start

Beginner classes: Smart Phone 1

DATE & TIME	COST	ACTIVITY#
Tue, Jan 5:1 - 3 pm	\$40; \$36 SV Res	100202-01
Tue, Jan 12: 1-3 pm	\$40; \$36 SV Res	100202-02
Tue, Feb 9: 1 - 3 pm	\$40; \$36 SV Res	100202-03
Tue, Mar 2: 1–3 pm	\$40; \$36 SV Res	100202-04

Intermediate classes: Smart Phone 2

DATE & TIME	COST	ACTIVITY#
Tue, Jan 19: 1 - 3 pm	\$40; \$36 SV Res	100204-01
Tue, Feb 16: 1 - 3 pm	\$40; \$36 SV Res	100204-02
Tue, March 9:1 - 3 pm	\$40; \$36 SV Res	100204-03



Adult Programs





AARP TAX AIDE

AARP's Tax Aide volunteers provide free tax assistance to seniors and people who are lowincome. Trained volunteers complete basic tax forms and answer your tax questions. Bring your current tax records, last year's tax return, social security card and picture ID. Income tax appointments are about an hour and property taxes are about 30 minutes.

Call the parks & recreation office at 651-490-4750 on or after January 11 to schedule an appointment. AARP has not yet determined if tax appointment will be: in-person, curbside, Details when you make your or virtual. appointment.

If you are interested in volunteering as a member of the AARP Tax Team contact District Coordinator, Maggie Bratton: mbtaxes77@ gmail.com. No experience necessary, and an extensive IRS approved training program is provided.

ALZHEIMER'S SUPPORT GROUP



ALZHEIMER'S ASSOCIATION

Helpline 24/7/365 · 800-272-3900

Dial 711 for a TRS operator

The Helpline specialists and master's-level clinicians offer confidential support and information to people living with the disease, caregivers, families and the public. Our bilingual staff and translation service accommodate more than 200 languages.

Contact day or night: To get decision-making support, crisis assistance and education.

- Learn symptoms of Alzheimer's and other dementias
- Discover local programs and services
- General information on legal, financial and care decisions
- Options for managing symptoms
- Medication and treatment options that may help with cognitive and behavioral symptoms for a time
- Safety issues
- Tips for providing and finding quality care
- Strategies to reduce caregiver stress
- Legal and financial considerations for future care
- Aging and brain health
- Local program and service referrals

Our COVID-19 Help Center has more resources, help, and support. During these difficult times and always, you're not alone in the fight against Alzheimer's.

Two ways to connect



Call: We are available in any language around the clock, 365 days a year at 800-272-3900. Dial 711 to connect with a TRS operator.



E-Chat: Visit Alz.org, click the green "we're here to help" button to connect with Helpline staff. Live chat is typically available from 7a.m.-7p.m. (CST) Monday through Friday.



Swim Lessons

SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group or private instruction. Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.



FREE SWIM LESSON CHECKS

Not sure of what level to register your child for? Stop by for a free swim check.

If your child has been away for more than three months we recommend repeating the previous level.

Sunday, November 29, 10:30 - 11:30 am Monday, March 1, 5:30 -6:30 pm



PRIVATE LESSONS (PR)

Ages 3 - Adult

Private and semi-private lessons offer one-on-one training so you're able to learn at your own pace. Lessons are 30 minutes and available at set times.

NUMBER O	F LESSONS	COST	COST SV RES
6		\$139	\$126

SEMI-PRIVATE LESSONS

- You must have two people at the same ability for a semi-private lesson
- Registration with the parks & recreation office in person or call 651-490-4750
- · Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
6	\$104	\$94

CUSTOM PRIVATE INSTRUCTION PROVIDES:

- Flexible scheduling with three months to complete after first lessons starts
- · Option to reschedule with advance notification
- Contact the aquatic coordinator at 651-490-4766 to set up custom private lessons.
- · Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$231	\$210
6 lessons	\$189	\$172
4 lessons	\$127	\$115

SEMI-PRIVATE LESSONS:

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$157	\$143
6 lessons	\$128	\$116
4 lessons	\$91	\$83



Swim Lessons



DUE TO COVID-19 AN ADULT NEEDS TO BE IN THE WATER WITH PARTICIPANTS FOR BEGINNER LEVELS 1-4.

BEGINNER LESSONS

BEGINNER 1 (B1)

AGES 2.5-3.5

- Independent entry/exit
- Front/back floats with assistance-3 seconds
- Front/back glides with assistance
- Front/back flutter kicking with support
- Front crawl arms with face in the water

BEGINNER 2 (B2)

AGES 3 - 4 OR PASSED BEGINNER 1

- Independent front/back floats 5 seconds
- Front/back glides
- Front/back flutter kicking
- Front crawl arms with flutter kick
- Rhythmic breathing

BEGINNER 3 (B3)

AGES 3.5 - 4.5 OR PASSED BEGINNER 2

- Independent front/back floats 8 seconds
- Independent front/back glides with flutter kicking
- Front/back flutter kicking 8 yards
- front crawl with rhythmic breathing with assistance

BEGINNER 4 (B4)

AGES 4 - 5

- Independent front/back floats 10 seconds
- Independent front glide into front crawl
- Front/back flutter kicking 1/2 length
- Front crawl with rhythmic breathing with assistance 8 yards

YOUTH BEGINNER (YB)

AGES 6 & OLDER

- New to swim lessons or haven't been in lessons for several vears
- Independent front/back floats 10 seconds
- Independent front/back glides with flutter kick
- Front/back flutter kicking 1/2 length
- Front crawl arms with rhythmic breathing

GROUP LESSONS

Group lessons will have one instructor to a maximum of four students.

Group lessons are 40 minutes unless noted.

Parent/child lessons are 30 minutes.

NUMBER OF LESSONS	COST	COST SV RES
6 lessons	\$86	\$78

PARENT/CHILD LESSONS

PARENT/CHILD PC 1

AGES 9 MONTHS - 2.5 YEARS

- Enter/exit water with assistance
- Blow bubbles & submerge head
- Front/back float with quardian & instructor
- One adult must accompany each child in the water.

PARENT/CHILD 2 (PC 2)

AGES 2 - 3

A parent accompanies their child in the water for the first few weeks and gradually reduces participation

- Enter/exit water independently
- Blow bubbles & submerge head
- Front/back float with instructor
- Front/back glides with assistance
- Front/back flutter kicking with instructor





INTERMEDIATE LESSONS

INTERMEDIATE 1 (I1)

AGES 4 .5- 5 .5

- · Front/back flutter kicking ½ length
- · Independent back glide with flutter kicking
- Flutter kick with rhythmic breathing ½ length
- Front crawl with rhythmic breathing ½ length

INTERMEDIATE 2 (I2)

AGES 5 - 7

- · Front glide into front crawl 8 yards
- · Back glide into back crawl 8 yards
- Front/back flutter kicking 25 yards
- · Back crawl with assistance 8 yards
- Elementary backstroke kick ½ length
- · Tread water

INTERMEDIATE 3 (13)

AGES 5.5 AND UP

- · Front crawl with rhythmic breathing 25 yards
- Back crawl ½ length
- Elementary backstroke ½ length
- · Tread water

INTERMEDIATE 4 (I4)

AGES 5.5 AND UP

- · Front crawl with open turn 50 yards
- · Back crawl 25 yards
- · Elementary backstroke 25 yards
- · Open turn front
- · Whip kick 25 yards

Swim Lessons



ADVANCE 1 (A1)

- · Front crawl with flip turns –75 yards
- · Back crawl with open turns 50 yards
- · Elementary backstroke –25 yards
- · Breaststroke 25 yards
- · Breaststroke whip kick
- · Flip turns

ADVANCE 2 (A2)

- Front crawl with flip turns 100 yards
- · Back crawl w/open turns 75 yards
- · Breaststroke w/underwater pull out 50 yards
- · Breaststroke underwater pull out
- · Dolphin kick 25 yards
- · Scissors kick 25 yards

ADVANCE 3 (A3)

- · Front crawl with flip turns- 150 yards
- · Back crawl with open turns–100 yards
- · Breaststroke with underwater pull out 75 yards
- · Butterfly ½ length
- · Sidestroke 25 yards



Swim Lessons



WEEKLY CLASSES

1 day per week for 6 weeks

TUESDAY SESSION JAN 5-FEB 9			
TIME	LEVEL	ACTIVITY#	
5:00 pm	PC1	130101-01	
	PC2	130102-01	
	B4	130106-01	
	12	130108-01	
	PR	130115-01	
5:50 pm	B1	130103-01	
	B3	130105-01	
	11	130107-01	
	Al	130111-01	
	PR	130115-02	
6:40 pm	B2	130104-01	
	B4	130106-02	
	11	130107-02	

WEDNESDAY SESSION JAN 6-FEB 10			
TIME	LEVEL	ACTIVITY#	
9:20 AM	PC2	130102-10	
10:10 AM	PC1	130101-07	
11:00 AM	B1	130103-13	
5:00 PM	B1	130103-02	
	В3	130105-02	
	11	130107-03	
	13	130109-01	
	PR	130115-03	
5:50 PM	PC2	130102-02	
	B2	130104-02	
	YB	130114-02	
	A2	130112-01	
	PR	130115-04	
6:40 PM	В3	130105-03	
	B4	130106-03	
	12	130108-02	
	13	130109-02	

THURSDAY SESSION JAN 7 - FEB 11			
TIME	LEVEL	ACTIVITY#	
5:00 pm	PC2	130102-03	
	B4	130106-04	
	13	130109-03	
	14	130110-01	
5:45 pm	B1	130103-03	
	B2	130104-03	
	17	130107-04	
	12	130108-03	
	YΒ	130114-03	
6:40 pm	B3	130105-04	
	B4	130106-05	
	13	130109-04	
	A2	130112-02	

A NOTE ABOUT SWIM LESSONS

ΥB

Swim lessons are not canceled if Mounds View School District cancels after school activities due to weather.

130114-01

- We do not provide make-up lessons.
- Face masks are required for common areas including the pool deck and locker rooms.
- Group classes with fewer than three registered participants will be canceled.
- Students are not allowed to swim before or after lessons.
- Students should use the bathroom and shower before entering the pool area. Staff aren't allowed to take students to the bathroom.
- If your child needs a quieter environment to learn look at our Tuesday, Thursday, Saturday, and Sunday lessons.
- Children ages 4 and under may use any locker room. Children ages 5 and older must use the same sex locker room or family locker room.
- The pool water temperature is kept between 83 and 84 degrees.
 - First day instructions will be emailed to participants before the class start date.







WEEKLY CLASSES

1 day per week for 6 weeks

SATURDAY SESSION JAN 9 - FEB 13			
TIME	LEVEL	ACTIVITY#	
8:30 AM	PC2	130102-04	
	B1	130103-04	
	12	130108-04	
	A2	130112-03	
9:20 AM	PC1	130101-02	
	B2	130104-04	
	В4	130106-06	
	Al	130111-02	
	PR	130115-05	
10:10 AM	PC2	130102-05	
	B1	130103-05	
	11	130107-05	
	YB	130114-04	
	A3	130113-01	
11:00 AM	PC1	130101-03	
	B2	130104-05	
	B3	130105-05	
	13	130109-05	
	14	130110-02	

14	130110-02
	Ulive

SUNDAY SESSION 1 JAN 3 - FEB 7			
TIME	LEVEL	ACTIVITY#	
8:30 AM	B2	130104-06	
	B4	130106-07	
	11	130107-06	
	YB	130114-05	
	PR	130115-06	
9:20 AM	PC1	130101-04	
	B1	130103-06	
	В3	130105-06	
	14	130110-03	
	PR	130115-07	
10:10 AM	PC2	130102-06	
	B2	130104-07	
	11	130107-07	
	A2	130112-04	
	PR	130115-08	
11:00 AM	B1	130103-07	
	В3	130105-07	
	14	130110-04	
	A3	130113-02	
6:15 PM	В4	130106-08	
	Al	130111-03	
	PR	130115-09	
	PR	130115-10	
7:05 PM	В3	130105-08	
	14	130110-05	
	PR	130115-11	
	PR	130115-12	

	SUNDAY SE FEB 21 - M	
TIME	LEVEL	ACTIVITY#
8:30 AM	PC2	130102-07
	B1	130103-08
	YB	130114-06
	12	130108-05
	PR	130115-13
9:20 AM	B2	130104-08
	B4	130106-09
	11	130107-08
	Al	130111-04
	PR	130115-14
10:10 AM	PC1	130101-05
	B1	130103-09
	B3	130105-09
	13	130109-06
	PR	130115-15
11:00 AM	B2	130104-09
	B4	130106-10
	11	130107-09
	A3	130113-03
	PR	130115-16
6:15 PM	B3	130105-10
	13	130109-07
	PR	130115-17
	PR	130115-18
7:05 PM	В4	130106-11
	A2	130112-05
	PR	130115-19
	PR	130115-20



Swim Lessons



WEEKLY CLASSES

2 day per week for 4 weeks

MONDAY & WEDNESDAY SESSION FEB 22 - MAR 10			
TIME	LEVEL	ACTIVITY#	
5:00 PM	PC1	130101-06	
	B1	130103-10	
	В3	130105-11	
	14	130110-06	
	PR	130115-21	
5:50 PM	PC2	130102-08	
	B2	130104-10	
	11	130107-10	
	11	130107-11	
	PR	130115-22	
6:40 PM	B2	130104-11	
	ВЗ	130105-12	
	17	130107-12	
	YB	103114-07	
	PR	130115-23	

TUESDAY & THURSDAY SESSION FEB 23 - MAR 11			
TIME	LEVEL	ACTIVITY#	
5:00 PM	PC2	130102-09	
	B1	130103-11	
	12	130108-06	
	PR	130115-24	
5:50 PM	B1	130103-12	
	B4	130106-12	
	13	130109-08	
	PR	130115-25	
6:40 PM	B2	130104-12	
	В3	130105-13	
	Al	130111-05	

LESSON RATES

Group lessons:

6 lessons: \$86;

\$78 SV Res

Private lessons:

6 lessons \$139;

\$126 SV Res

Semi-private*:

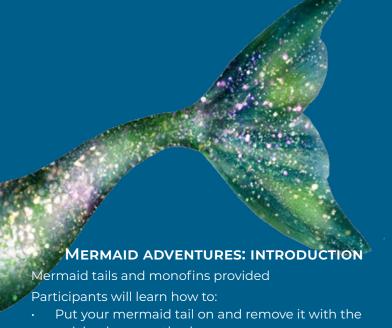
6 lessons: \$104;

\$94 SV Res

* Two participants of equal ability.







- quick release method
- Swim with your mermaid tail
- Swim like a mermaid and perfect your dolphin-kick technique

Prerequisites:

- Front and back float independently 10 seconds
- Roll from front to back and back to front
- Front crawl with rhythmic breathing-8 yards

Registration deadline: one week prior to class start

AGES	DATE	TIME	COST	ACTIVITY#
6-7	Mon, Jan 18	10- 11:30 am	\$40	130302-01
8-10	Sat, Feb 20	10 – 11:30 am	\$40	130302-02
11-13	Tue, March 16	5:30 – 7 pm	\$40	130302-03

MERMAID ADVENTURES

Mermaid tails and monofins provided

Participants will learn how to:

- Put on your mermaid tail on and remove it with the quick release method
- Mermaid movement and dolphin motion
- Core rolls
- Frontward and backward somersaults
- Fluke splashes, mermaid bubble kisses and more

Prerequisites:

- Front & back float independently 30 seconds
- Roll from front to back and back to front
- Tread water 1 minute
- Front crawl with rhythmic breathing half length

Registration deadline: one week prior to class start

AGES	DATE	TIME	COST	ACTIVITY#
6-7	Mon, Jan 25 – Feb 8	6-7 pm	\$88; \$80 SV Res	130303-01

Aquatic Programs



LOG ROLLING INTRO

Challenge yourself and others in this fun for the whole family, whole core workout class. Trained staff will be there to help you learn the log rolling basics and balance to help get you started.

AGES	DATE & TIME	COST	ACTIVITY#
5-9	Sat. Jan 9-Feb 27 10:30 -11:30 am	\$96; \$86 SV	#110105-01
9-16	Thurs. Jan 7-Feb 25 6:30-7:30 pm	\$96; \$86 SV	#110105-03
Families	Mon Jan 4-Mar 8 6:30-7:30 pm NO CLASS Jan 18 & Feb 15	\$96; \$86 SV	#110105-02











BSA FIRST AID MERIT BADGE

Scouts learn how to:

- Care for an injured or ill person until professional medical care is available
- Provide immediate care and help someone who's hurt or ill
- Help prevent infection and serious blood loss

Scouts must provide the First Aid Merit Badge pamphlet and certification card.

Registration deadline: one week prior to class start

AGES	DATE & TIME	COST	ACTIVITY#
11+	Thurs, Feb 18 5 – 8:30 pm	\$73; \$65 SV Res	130301-03





KIDS CORNER PRESCHOOL

September 13, 2021 - May 26, 2022

A \$75 non-refundable fee is required at the time of registration.

REGISTRATION BEGINS JANUARY 26

Kids Corner offers students fun and educational experiences that help get them ready for kindergarten.

Located inside the community center, students have an opportunity to play and explore indoor and outdoor playgrounds, the gymnasium, and outdoor nature areas. Outdoor nature and science programming provides a unique learning experience you won't find at most preschools.

Daily snack included.

Calendar follows Mounds View School District 621 non-school days.



Kids Corner Preschool



A TO Z: FULL DAY PRESCHOOL PROGRAM:

- Structured learning 9:30 am 3:30 pm
- Skill work: letters, numbers, colors, shapes, printing, counting, beginning math & more.
- Weekly nature based play, music, Spanish, physical education, swimming and library visits.
- Lunch not provided students need a bag lunch & drink
- Must be toilet-trained
- Must be 3 by June 1, 2021

AGES	DATE & TIME	WEEKLY FEE	ACTIVITY#
3-5	Mon – Fri Sept 13, 2021 - May 26, 2022 7 am - 5:30 pm	\$272; \$248 SV Res	540470-01
3-5	Mon, Wed, Fri Sept 13, 2021 - May 26, 2022 7 am-5:30 pm	\$189; \$171 SV Res	540470-02
3-5	Tues & Thur Sept 13, 2021 - May 26, 2022 7 am-5:30 pm	\$147; \$133 SV Res	540470-03



SPECIALTY CLASSES

- 30 minute swim lesson taught by certified swim instructors
- Busy Buddies: art projects, creative movement, foreign language
- Investigators: hands-on science education & more
- Must be 3 by September 1, 2021

AGES	CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY#
3-5	Busy Buddies	Mon, Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$116 \$106 SV Res	540471-01
3-5	Investigators	Wed, Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$123; \$111 SV Res	540471-02

Kids Corner Preschool



2½ - 3 YEARS OLD

- Early learning: colors, shapes, patterns, days of the week and more
- · Great first-time classroom experience
- · Socialization skills in large group
- · Monday & Friday curriculum varies
- Must be 3 by May 31, 2022

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY#
Monday Funday	Mon,Sept 13, 2021 - May 26, 2022 9:30 - 11 am	\$82 \$74 SV Res	540472-01
Friday Funday	Fri, Sept 13, 2021 - May 26, 2022 9:30 - 11 am	\$68 \$62 SV Res	540472-02

3 - 4 YEARS OLD

- Early learning: letters, numbers, colors, shapes, writing skills, social skills
- · Weekly large motor skills/physical education time included
- · W/F & T/TH curriculum varies
- · Must be 3 by September 1, 2021

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY#
Tiny Treasures	Wed/Fri Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$147 \$134 SV Res	540473-01
ABC's & 123's	Tues/Thurs Sept 13, 2021 - May 26, 2022 9:30 am - noon	\$165 \$150 SV Res	540473-02

4 - 5 YEARS OLD

- · Kindergarten readiness
- Skill work: letter recognition, printing, counting, early math, cutting and scissors
- Weekly large motor skills/physical education time included
- · Must be 4 by September 1, 2021

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY#
Alpha Kids	Tues/Thurs Sept 13, 2021 - May 26, 2022 9:30 am- 12:30 pm	\$182 \$165 SV Res	540474-01
Stepping Stones	Tues/Wed/ Thurs Sept 13, 2021 - May 26, 2022 1-3:30 pm	\$249 \$225 SV Res	540474-02



Special Events



LETTER FROM SANTA

Santa would like to wish everyone a very happy holiday from the North Pole. This letter will come in an envelope with Santa's name and return address in the corner, addressed directly to your child. Letters will be mailed around December 18.

Registration deadline: Dec 14

AGES	COST	ACTIVITY#
All	\$5 per letter	160102-01



KIDS' SECRET HOLIDAY SHOPPING SPREE

Are your kids looking for gifts for family members and friends this holiday season? Personal shoppers will help your child pick out the perfect gift. Gifts range from \$2 -\$20 with gift wrapping included.

No walk-ins will be accepted at this event. Reservations are required; the reservation fee does not apply towards purchases and is non-refundable.

Registration deadline: Dec 15

AGES	COST	COST	ACTIVITY#
3 - 12	Sat, Dec 19 9 am - noon	\$2 reserva- tion fee	160101-01





LITTLE SCHOOL'S OUT CAMP

While schools out, come spend the day with us at the Shoreview Community Center. Bring a bag lunch and dress for an active day. Drop off any time after 7 am and pick up any time before 5:30 pm. Participants must be fully potty trained.

Registration deadline: 5 business days before program date

AGES	COST	COST	ACTIVITY#
3 - 5	Mon, Nov 23	\$45; \$40 SV Res	470282-01
3 – 5	Tue, Nov 24	\$45; \$40 SV Res	470282-02
3 – 5	Wed, Nov 25	\$45; \$40 SV Res	470282-03
3-5	Mon, Dec 28	\$45; \$40 SV Res	170391-01
3-5	Tue, Dec 29	\$45; \$40 SV Res	170391-02
3 – 5	Wed, Dec 30	\$45; \$40 SV Res	170391-03
3-5	Mon, March 15	\$45; \$40 SV Res	270291-03
3-5	Tue, March 16	\$45; \$40 SV Res	270291-04
3-5	Wed, March 17	\$45; \$40 SV Res	270291-05
3-5	Thur, March 18	\$45; \$40 SV Res	270291-06
3 – 5	Fri, March 19	\$45; \$40 SV Res	270291-07

SCHOOL'S OUT CAMP

While school's out, come spend the day with us at the Shoreview Community Center. Bring a bag lunch and dress for an active day. Drop off any time after 7 am and pick up any time before 5:30 pm.

Registration deadline: 5 business days before program date

GRADE	COST	COST	ACTIVITY#
K-5	Mon, Nov 23	\$45; \$40 SV Res	470281-01
K-5	Tue, Nov 24	\$45; \$40 SV Res	470281-02
K-5	Wed, Nov 25	\$45; \$40 SV Res	470281-03
K-5	Mon, Dec 28	\$45; \$40 SV Res	170390-01
K-5	Tue, Dec 29	\$45; \$40 SV Res	170390-02
K-5	Wed, Dec 30	\$45; \$40 SV Res	170390-03
K-5	Mon, March 15	\$45; \$40 SV Res	270290-03
K-5	Tue, March 16	\$45; \$40 SV Res	270290-04
K-5	Wed, March 17	\$45; \$40 SV Res	270290-05
K-5	Thur, March 18	\$45; \$40 SV Res	270290-06
K-5	Fri, March 19	\$45; \$40 SV Res	270290-07





VIRTUAL MUSIC **TOGETHER**

Sing, dance, play and learn with award-winning music and movement classes for infants, toddlers, preschoolers and the adults who love them. The rich music environment in class will

help your child grow into a confident, lifelong music maker. Infants (born after May 4, 2020) attend at no cost with a paid sibling.

Our winter session programming features the following, all delivered via Zoom:

- One 30-minute live, interactive class each week at your designated class time
- Weekly "musical play dates" each Tuesday at 6:30 pm.
- Weekly "story and lullaby times" each Thursday at 6:30 pm - new this fall!
- Saturday night dance parties every other week
- Monthly "happy hour" parent education events just for adults - also new!

DEMO

Registration deadline: Dec 7

AGES	DATE & TIME	COST	ACTIVITY#
0 - 5	Sun, Dec: 13 4:30 – 5 pm	Free	170340-01
0 – 5	Tue, Dec 15: 9:15 - 9:45 am	Free	170340-02
0-5	Wed, Dec 16: 10:15 – 10:45 am	Free	170340-03

Registration deadline: Dec 28

AGES	DATE & TIME	COST	ACTIVITY#
0-5	Tue, Jan 5 – March 9	\$189; \$104 addi-	170341-01
	10:15 – 10:45 am	tional sibling	

Registration deadline: Dec 28

AGES	DATE & TIME	COST	ACTIVITY#
0 – 5	Wed, Jan 6 – March 10 10:15 – 10:45 am	\$189; \$104 additional sibling	170342-01

Registration deadline: Dec 28

AGES	DATE & TIME	COST	ACTIVITY#
0-5	Sun, Jan 10 – March 14 5 – 5:30pm	\$189; \$104 additional sibling	170343-01



WISH UPON A BALLET

This program takes popular children's stories as well as ballet stories to create a dance class that is more than learning steps. Using musical instruments, parachutes and scarves kids create a complete fairy tale experience while skipping, leaping, jumping and spinning.

Ballet shoes required. Shoes will be available to purchase on the first day of class for an extra fee.

Classes taught by Mayer Arts.

Registration deadline: Jan 11

AGES	DATE & TIME	COST	ACTIVITY#
3 - 6	Sun, Jan 17 – March 7 2 -2:45 pm	\$90; \$84 SV Res	170202-01



This program offers the same curriculum as wish upon a ballet with the added fun of tap dancing! Tap provides the development of rhythm and motor skills. Ballet and tap shoes are required.

Classes taught by Mayer Arts.

Registration deadline: Jan 11

AGES	DATE & TIME	COST	ACTIVITY#
4 - 7	Sun, Jan 17 – March 7 2:45 – 3:30 pm	\$90; \$84 SV Res	170203-01

HIP HOP DANCE PARTY

Get into the Groove! Learn upbeat styles such as jazz and hip hop and move to your favorite songs. Students will also learn warm-ups such as stretching, isolations and across the floor exercise!

Classes taught by Mayer Arts.

Registration deadline: Jan 11

AGES	DATE & TIME	COST	ACTIVITY#
5 - 10	Sun, Jan 17 – March 7 3:30 – 4:15 pm	\$90; \$84 SV Res	170205-01







Youth Programs









SPACE ALIENS

Space aliens are coming to your school and it will be laugh-out-loud funny! There are big aliens... and little aliens! If we can imagine an alien, we'll draw it! Students will learn how to draw amazing cartoon characters with humorous expressions and animated poses. Class taught by Young Rembrandts.

Registration deadline: Jan 1

AGES	DATE & TIME	COST	ACTIVITY#
5 - 12	Sat, Jan 9 - 30; 10-11 am	\$55; \$51 SV Res	170350-01

FASHION RUNWAY WORKSHOP

This stylish Young Rembrandts workshop is tailored for the aspiring fashionista. Join us as we illustrate the various aspects of fashion design. If you love to design clothes and are hip to the latest fashions, this drawing workshop is a perfect fit.

Registration deadline: Feb. 1

AGES	DATE & TIME	COST	ACTIVITY#
5 - 12	Sat, Feb 6 – 27; 10-11 am	\$55; \$51 SV Res	170351-01

NOAH'S ARK WORKSHOP

During this special Young Rembrandts workshop we will explore the world of Noah and the ark he built. Hurry and enroll now, this workshop favorite fills up fast!

Registration deadline: March 1

AGES	DATE & TIME	COST	ACTIVITY#
5 - 12	Sat, March 6 -27; 10-11 am	\$55; \$51 SV Res	170352-01

PARENT & CHILD CREATE NIGHT - VALENTINE'S DAY CRAFT

Celebrate Valentine's Day with your child! You and your child will enjoy getting messy with clay! Air-dry clay, and paint will be used to create a lovely heart-themed trinket box. Each parent and child will create their own craft. Class taught by KidCreate.

Registration deadline: Feb 4

AGES	DATE & TIME	COST	ACTIVITY#
5 - 12	Thur, Feb 11; 6:30-8 pm	\$45; \$42 SV Res	170360-01

VALENTINE'S CRAFT PARTY - HERSHEY® KISS

Join us for a Valentine's Day story and gift making party. Nothing says "I love you" like a homemade gift! Let your young artist show their favorite valentine how much they love them with a jumbo sized Hershey® Kiss made out of clay. This is a great class for siblings to attend together! Children must be accompanied by a caregiver. Class taught by KidCreate.

Registration Deadline: Feb. 4

AGES	DATE & TIME	COST	ACTIVITY#
18 months - 6	Fri, Feb 12; 9:30 – 10:30 am	\$22;\$20 SV Res	170361-01





PARENT & CHILD CREATE NIGHT - PAPER MACHE EASTER EGG

You and your child will make an Easter scene inside a paper-mâché egg! These projects will be excellent additions to your Easter table! Each parent and child will create their own craft. Class taught by KidCreate.

Registration deadline: March 18

AGES	DATE & TIME	COST	ACTIVITY#
5 - 12	Thurs, March 25; 6:30-8 pm	\$45;\$42 Sv Res	170362-01

EASTER CRAFT - PEEP® PARTY

Hop on over to class to create an Easter themed art project. Play with some clay as you create a larger than life sculpture of a marshmallow Peep®. Come and create right along with your child. Children must be accompanied by a caregiver. Class taught by KidCreate.

Registration deadline: March 24

AGES	DATE & TIME	COST	ACTIVITY#
18 months - 6	Wed, March 31 9:30-10:30 am	\$22;\$20 SV Res	170363-01

GRANDPARENT AND ME LEARN TO PAINT

Enjoy a fun morning of painting with Paint by Jill. A young person along with their grandparent, parent or special friend will create a painting together. Children of all ages welcome but six and older is recommended.

Registration deadline: five days before class

AGES	CLASS	DATE & TIME	COST	ACTIVITY#
6+	Happy Snow- man	Sat, Jan 9 10 am - noon	\$34; \$31 SV Res	100440-01
6+	Heart Strings	Sat, Feb 6 10 am - noon	\$34; \$31 SV Res	100440-02
6+	Easter Me	Sat, March 27	\$34; \$31 SV Res	100440-03

CHESS SCHOOL

Twin Cities Chess club provides an environment for children of all skill levels to learn and enjoy the wonderful game of chess. Students are grouped together according to their age and ability. Classes will be taught by Igor Rybakov, the USCF-rated tournament chess player, named best chess coach in Minnesota.

Registration deadline: Jan 1

AGES	DATE & TIME	COST	ACTIVITY#
5 - 18	Session 1: Sat, Jan 9 – Feb 13 9:30-10:30 am	\$80	170300-01
5 - 18	Session 2: Sat, Feb 20 – March 27 9:30-10:30 am	\$80	170300-02
5 - 18	Combined Session: Sat, Jan 9 – March 27 9:30-10:30 am	\$150	170300-03









Youth Programs





VIRTUAL JAVA MINECRAFT MODDING

In this virtual camp we will create custom armor. Learn to mod Minecraft using Java and the Forge API and customize your gaming experience. Students will be introduced to coding concepts and learn how to use Eclipse. Students should be comfortable with keyboarding and playing Minecraft.

Registration deadline: Jan. 27

AGES	DATE & TIME	COST	ACTIVITY#
5 - 12	Sat, Feb 6 & 13,	\$84;	170370-01
	10:30am-12:30pm	\$78 SV Res	

VIRTUAL ROBOTICS

Learn computer science principles using Vexcode VR. VEXcode VR lets you code a virtual robot using a blockbased coding environment powered by Scratch Blocks. Use drivetrains to navigate, sensors to help solve mazes and pen features on the art canvas to code a creative drawing.

Registration deadline: Feb 24

AGES	DATE & TIME	COST	ACTIVITY#
8-13	Sat; March 6 & 13 10:30 am – 12:30 pm	\$84; \$78 SV Res	170371-01



BABYSITTING 101

All winter classes will be online. Class materials and instructions will be available the Friday before class.

This class will cover the following skills of childcare:

- First aid + sitter safety
- Crafts, toys + childproofing
- Nutrition

Registration deadline: four days before class start

AGES	DATE & TIME	COST	ACTIVITY#
5-7	Sat, Jan 9 ONLINE	\$45; \$41 SV Res	150101-01
5-7	Sat, Feb 13 ONLINE	\$45; \$41 SV Res	150101-02
5-7	Saturday, Mar 6 ONLINE	\$45; \$41 SV Res	150101-03

BABYSITTING FIRST AID

Students interested in continuing their babysitting skills will learn about:

- Recognizing an emergency
- When to call for help
- Care of injuries
- Allergic reactions
- How to help a choking child/infant
- Students will also put together a small take home first aid kit

Registration deadline: seven days before class start

AGES	DATE & TIME	COST	ACTIVITY#
5-7	Sun, Feb 21, 12:30 - 3:30 pm	\$45 \$41	150102-01





Youth Programs



TAE KWON DO

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes teach kicking, punching, striking, and blocking techniques through traditional Tae Kwon

Do. Classes are taught by Pam Meyers of Sun Yi's Academy of Traditional Tae Kwon Do.

Registration deadline: : four days before class start. There is a \$10 fee for late registrations.

6 weeks Session A

AGES	DATE & TIME	COST	ACTIVITY#
Beginner 7+	Tues & Thur Jan 5 - Feb 11 6:15 – 7 pm	\$90; \$84 SV Res	110231-01
Advanced 7+	Tues & Thur Jan 5 – Feb 11 7 – 8 pm	\$90 ; \$84 SV Res	110231-02

6 weeks Session B - no class Mar 16 & 18

AGES	DATE & TIME	COST	ACTIVITY#
Beginner 7+	Tues & Thur Feb 16 - Apr 1 6:15 – 7 pm	\$90; \$84 SV Res	110233-01
Advanced 7+	Tues & Thur Feb 16 - Apr 1 7 – 8 pm	\$90; \$84 SV Res	110233-02

LIL' NINJAS

Lil' Ninjas is specifically designed to enhance your child's development in a fun and motivating way. Curriculum focuses on improving children's basic listening, social and motor skills.

Work on nine major skills including: Focus, team work, control, balance, memory, discipline, fitness, coordination, and respect.

Class is limited to 6 students. No class March 19

AGES	DATE & TIME	COST	ACTIVITY#
4-6	Fridays, Jan 8 - Feb 12 4:30 - 5 pm	\$51; \$48 SV Res	110234-03
4-6	Fridays, Jan 8 - Feb 12 5:30 - 6 pm	\$51; \$48 SV Res	110234-01
4-6	Fridays, Feb 19 - Apr 2 4:30 - 5 pm	\$51; \$48 SV Res	110234-04
4-6	Fridays, Feb 19 - Apr 2 5:30 - 6 pm	\$51; \$48 SV Res	110234-02

TUMBLING

Discover the sport of tumbling in a positive, educational atmosphere. Participants will learn basic skills on floor, balance beam, bars, and vault. Due to space limitations there is no observation area for parents; parents are invited to observe the final class.

*Parent participation and support are required as part of this class. Please only send one adult with child.

Registration deadline: Jan 1

Sat, Jan 9 - Feb 27

AGES	DATE & TIME	COST	ACTIVITY#
2 -3	Toddler & Parent * 9:45 – 10:30 am	\$100; \$90 SV Res	180101-01
2 - 3	Toddler & Parent * 10:45 – 11:30 am	\$100; \$90 SV Res	180101-02
3-4	Beginner 11:45 – 12:30 pm	\$100; \$90 SV Res	180102-01
4-5	Advanced Beginner 12:45 – 1:30 pm	\$100; \$90 SV Res	180103-01
5-8	Intermediate 1:45 – 2:30 pm	\$100; \$90 SV Res	180104-01



Youth Sports





BASKETBALL

Instructors will provide fun games and drills for participants to learn the fundamentals of basketball. Participants should bring their desire to learn and have fun!

Location: Island Lake Elementary

Registration deadline: two days before classes start

GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Thu. Jan. 14 – Feb. 25 5 pm - 6 pm	\$55 per participant	190403-01
1 - 5	Thu. Mar. 25 – April 29 5 pm - 6 pm	\$55 per participant	190403-03

Location: Turtle Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Thurs Jan 14 - March 4	\$55 per participant	190403-02
1 - 5	Thurs March 25 - April 29	\$55 per participant	190403-04







SOCCER

Our instructors will provide fun games and drills for participants to learn the fundamentals of soccer. Participants should bring their desire to learn and have fun.

Registration deadline: two days before class start

Location: Island Lake Elementary.

GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Wed., Jan. 13 – Feb. 17 5 pm - 6 pm	\$55 per participant	190406-01
1 - 5	Wed., Mar. 3 – April 14 5 pm - 6 pm	\$55 per participant	190406-03

Location: Turtle Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Wed., Jan. 13 – Feb. 17 5 pm - 6 pm	\$55 per participant	190406-02
1 - 5	Wed., Mar. 3 – April 14 5 pm - 6 pm	\$55 per participant	190406-04

TGA GOLF

TGA golf brings the golf course to your student. Instructors help students develop golf skills and knowledge, while teaching valuable life lessons like honesty and sportsmanship.

Registration deadline: two days before class start **Location**: Island Lake Elementary, 5:30 – 6:30 pm

GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Mon, Jan. 11 – Mar. 1 5:30 – 6:30 pm	\$99 per participant	190910-01
1-5	Mon, Mar. 8 – April 19 5:30 – 6:30 pm	\$99 per participant	190910-03

Location: Turtle Lake Elementary, 5:30 – 6:30 pm

		,	
GRADES	DATE & TIME	COST	ACTIVITY#
1 - 5	Mon, Jan. 11 – Mar. 1 5:30 – 6:30 pm	\$99 per participant	190910-02
1 - 5	Mon, Mar. 8 – April 19 5:30 – 6:30 pm	\$99 per participant	190910-04

Youth Sports







MINI KICKERS SOCCER

This program teaches fundamental skills and each session ends with small side scrimmages. Small group sizes provide a fun and active environment. Age appropriate equipment is used. This class is taught by John Swallen.

AGES	DATE & TIME	COST	ACTIVITY#
3 - 5	Sat, Jan 9 – Feb 13 9-9:30 am	\$75; \$70 SV Res	190801-01
3 - 5	Sat, Jan 9 – Feb 13 9:35-10:05 am	\$75; \$70 SV Res	190801-02
3 - 5	Sat, Jan 9 – Feb 13 10:10-10:40 am	\$75; \$70 SV Res	190801-03

AGES	TIME	COST	ACTIVITY#
3 - 5	Sat, Feb 27 – April 3 9-9:30 am	\$75; \$70 SV Res	190801-04
3 - 5	Sat, Feb 27 – April 3 9:35-10:05 am	\$75; \$70 SV Res	190801-05
3 - 5	Sat, Feb 27 – April 3 10:10-10:40 am	\$75; \$70 SV Res	190801-06





REVSPORTS - BASKETBALL

This program teaches fundamental skills and each session ends with small side scrimmages. Small group sizes are used for a more fun and active environment. Age appropriate equipment is used. This class is taught by Revolutionary Sports.

Registration deadline: December 31

AGES	DATE & TIME	COST	ACTIVITY#
3-4	Mon., Jan. 4 – Feb. 22, 5 – 5:30 pm	\$60; \$55 SV Res	190913-01
4-5	Mon., Jan. 4 – Feb. 22, 5 – 5:30 pm	\$60; \$55 SV Res	190913-02
6-7	Mon., Jan. 4 – Feb. 22, 5 – 5:30 pm	\$60; \$55 SV Res	190913-03
3-4	Mon., March 8– April 19, 5 – 5:30 pm	\$60; \$55 SV Res	190913-04
4-5	Mon., March 8– April 19, 5 – 5:30 pm	\$60; \$55 SV Res	190913-05
6-7	Mon., March 8– April 19, 5 – 5:30 pm	\$60; \$55 SV Res	190913-06



E-SPORTS TOURNAMENTS

Come join us for our e-sports events!

Ages 13-17.

Food, prizes and fun!

Saturday, January 16 - Mario Kart - \$15 per participant Saturday, February 20 – Smash Bros - \$15 Saturday, March 20 – Rocket League - \$15 per participant (spring break tournament)



GROUP LESSONS

WINTER 2021 SCHEDULE:

SATURDAY
JANUARY 9 – FEBRUARY 20

PRE-SNOWPLOW: AGES 4-8

With a mix of fun games and drills, this class will help participants gain the strength and confidence to stand on their own while introducing preliminary skating moves and techniques.

SNOWPLOW SAM: AGES 4-10

Participants will learn to skate in a safe and fun environment. This class introduces preliminary moves that will help develop the familiarity, coordination and strength needed to maneuver on skates

LEVELS 1-3

Our leveled classes encourage participants to trade in hesitation for excitement as their confidence grows with each stride. Participants will focus on skills that build their agility, balance, coordination and speed.

Registration deadline: Jan. 6 Location: The Shoreview Arena Hwy 96 and Victoria

CLASS	TIME	COST	ACTIVITY#
Snowplow	8-8:30 am	\$99, \$85 SV Res	170401-01
Level 1	8-8:30 am	\$99, \$85 SV Res	170402-01
Level 3	8-8:30 am	\$99, \$85 SV Res	170404-01
Snowplow	8:35-9:05 am	\$99, \$85 SV Res	170401-02
Level 1	8:35-9:05 am	\$99, \$85 SV Res	170402-02
Level 2	8:35-9:05 am	\$99, \$85 SV Res	170403-01
Snowplow	9:10-9:40 am	\$99, \$85 SV Res	170401-03
Level 1	9:10-9:40 am	\$99, \$85 SV Res	170402-03
Level 2	9:10-9:40 am	\$99, \$85 SV Res	170403-02
Pre-Snowplow	9:40-10:10 am	\$152, \$138 SV Res	170400-01

HELPFUL TIPS FOR SKATERS: Lace skates more snugly in the middle of the shoe than at the top or bottom for best support. Skates should fit correctly – don't use skates that are too big. Keep the blades sharp. Wear one pair of light weight wool or synthetic socks. Cotton socks are not suitable for skating. If a child does not meet the basic requirements of the level registered for, the instructor will adjust the child's level.

HELMETS AND SKATES: For safety, all participants are required to wear helmets. Bike helmets are acceptable. Helmets and skate rental are NOT available at the rink.





Jobs that fit YOUR lifestyle!

Part-time • Flexible Hours • Fun People

Child care

\$10.50-12/hour

Provide care for children ages 6 months to 8 years in our drop-off childcare center.

Explorers instructor-distance learning+activities

\$15-17/hour

Plan structured days for elementary school-aged kids that includes activities and time for distance learning.

Farmers Market coordinator

\$14-16/hour June-October Coordinate event and serve as point person for vendors, entertainment and quests.

Group fitness instructors

\$16-23/hour

Certified instructors needed to teach Yoga, Water Ex, Kettlebells, and Cardio & Strength classes.

Gym supervisors

\$11.25-12.25/hour

Supervise gym and indoor playground area for drop-in activities. Interest in Pickleball and an ability to work with people desired.

Gymnastics/tumbling instructors

\$11-12/hour

Teach beginning to intermediate level classes. Past teaching and gymnastics experience preferred.

Ice rink attendants

\$10.25-11.25/hour Mid-December-February Work at warminghouses and assist skaters. Ability to skate not necessary.

Ice skating instructors

\$12-13.50/hour

October-February

Instruct youth in ice skating. Skating knowledge & experience required. 2-4 hours Saturday mornings.

Lifeguards

\$12.50-14/hour

No experience is required. Training is provided through Ellis Certification.

Read full details and apply online at **shoreviewmn.gov/jobs**

We are an equal opportunity employer

Manager on duty

\$16.25-18/hour

Coordinate day-to-day activities in the Community Center, supervise staff, assist guests, follow safety/ security procedures.

Pool coordinator

\$15-17/hour

Coordinate activities/operations, supervise/train staff, schedule shifts, carry out policies, maintain systems.

Preschool assistant

\$12-14/hour

Assist teacher with preschool recreation classes. Experience working with preschoolers preferred.

Service desk

\$11.25-12.25/hour

Help guests on phone and in-person, operate cash register, log membership info, assist at cafe.

Special events staff

\$10.50-12/hour

Help host our Egg Hunt, Kids Garage Sale, Halloween Hoopla, etc. Duties include decorating and clean up.

Sports instructors

\$12-14.50/hour

Lead youth and adults in a variety of sports activities. Sports background required.

Swimming instructors (we will train)

\$14-17/hour

No experience required, training provided. Morning & early evening classes held at the Community Center.

Wave cafe

\$10.75-11.75/hour

Prepare food, operate cash register, maintain clean work area and lobby/tables, stock supplies.

Youth volleyball officials

\$15-25/game January-February

Officiate the girls youth volleyball league grades 4-8 at Turtle Lake Elementary in Shoreview.

Free community center membership



November, 2020

T 2 City Council Meeting: 7 pm, CC

 Economic Development Authority: 5 pm, CC

 TH 5 Bikeways and Trails Committee: 7 pm, LC
 M 9 Council Workshop: 7 pm, CC

W 11 City offices closed: Veteran's Day

M 16 City Council Meeting: 7 pm, CC

T Econ. Development Commission: 7:30 am, UC

W 18 Human Rights Commission: 7 pm, CC

TH 19 Public Safety Meeting: 7 pm, CC

M **23** Environmental Quality Committee: 7 pm, CC Parks and Recreation Commission: 7 pm, CC

T **24** Planning Commission: 7 pm, CC

26/27 City offices closed: Thanksgiving

December, 2020

TH **3** Bikeways And Trails Committee – 7 pm, LC

T Economic Development Authority – 5 pm, CC
City Council Meeting – 7 pm, CC

T 15 Econ. Development Commission: 7:30 am, UC

M 16 Human Rights Commission – 7 pm, CC

M 21 City Council Workshop – 5 pm, CC

21 City Council Meeting – 7 pm, CC

Planning Commission – 7 pm, CC

24/25 City Offices Closed: Christmas Holiday

City Council Meeting - 7 pm, CC

Parks and Recreation Commission – 7 pm, CC

January, 2021

TH Offices closed – New Year's Day

Economic Development Authority – 5 pm, CCCity Council Meeting – 7 Pm, CC

TH 7 Bikeways And Trails Committee – 7 pm

M 18 City Offices Closed: Martin Luther King Jr. Day

T 19 Econ. Development Commission: 7:30 am, UC

T 19 City Council Workshop – 5 pm, CC

T 19 City Council Meeting – 7 pm, CC

TH 21 Public Safety Committee – 7 pm, CC

M **25** Environmental Quality Committee – 6:30 pm Parks And Recreation Commission – 7 pm

T **26** Planning Commission – 7 Pm, CC

TH **27** Human Rights Commission – 7 pm, CC

February, 2021

M 1 Economic Development Authority – 5 pm, CC
City Council Meeting – 7 Pm, CC

TH 4 Bikeways And Trails Committee – 7 pm, LC

15 City Offices Closed: Presidents Day

T City Council Workshop – 5 pm, CC
City Council Meeting – 7 pm, CC
Econ. Development Commission: 7:30 am, UC

22 Environmental Quality Committee – 6:30 pm

Parks And Recreation Commission – 7 pm, CC

T 23 Planning Commission – 7 pm, CC

TH 24 Human Rights Commission – 7 pm, CC



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Location Key

СС	Council Chambers	LLPL	Lower Level Parking Lot
UC	Upper Conference Room	CCPL	Comm. Center Parking Lot
LC	Lower Conference Room	SCC	Shoreview Community Center
МС	Maintenance Center	SCP	Shoreview Commons Park
SP	Shoreview Pavilion	ILCP	Island Lake County Park

Parks and Facilities

Recreation													₹	7
Areas		Acres	Ballfields	Basketball Court	Football	Skating Rink	Paths	Pickleball	Tennis	Picnic Area	Playground	Shelter	Soccer	Circuit Training
Bobby Theisen Park	3575 Vivian Avenue	15		1	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	6	2			1	$\sqrt{}$	
Bucher Park	5900 Mackubin Street	25	2	1	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	$\sqrt{}$
Heritage Park	1170 Lepak Court	3												
Lake Judy Park	900 Tiller Lane	5		1/2			$\sqrt{}$			$\sqrt{}$	$\sqrt{}$			
McCullough Park	915 County Rd I	75	2	1	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	
Ponds Park	190 Sherwood Road	1					$\sqrt{}$			$\sqrt{}$	$\sqrt{}$			
Rice Creek Fields	5880 Rice Creek Pkwy	10	4				$\sqrt{}$			$\sqrt{}$	$\sqrt{}$			
Shamrock Park	5623 Snelling Avenue	23	2	1	$\sqrt{}$	\checkmark	$\sqrt{}$		2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	
Shoreview Commons	4580 North Victoria	40	1	1	\checkmark	$\sqrt{}$	$\sqrt{}$	2	2	$\sqrt{}$	$\sqrt{}$	1	$\sqrt{}$	
Sitzer	4344 Hodgson Road	8	2	1		$\sqrt{}$	$\sqrt{}$		2	$\sqrt{}$	$\sqrt{}$			

The following are operate Parks & Recreation. 651.748.2500 ramseycounty.us/parks	d by Ramsey County	Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rink	Golf Course	Paths	Picnic Area	Playground	Shelter	Swimming
Island Lake Cty Park	3611 Victoria Street	167	$\sqrt{}$		$\sqrt{}$			$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	
Lake Owasso Cty Park	370 N. Owasso Blvd.	9	$\sqrt{}$		$\sqrt{}$				$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Shoreview Ice Arena	877 Highway 96						$\sqrt{}$						
Snail Lake Regional Park	580 Lake Blvd.	400	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$			$\sqrt{}$		$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Turtle Lake Cty Park	4979 Hodgson Road	9	$\sqrt{}$		$\sqrt{}$								

13 2 1



815 County Road F

Wilson Park

For Indoor Pickleball and swimming visit the Shoreview Community Center.





City of Shoreview 4600 Victoria Street North Shoreview MN 55126 Presorted Standard U.S. POSTAGE PAID TWIN CITIES, MN PERMIT NO. 5606

******ECRWSS******
POSTAL CUSTOMER





MEMBERSHIP SPECIAL

November 27 - December 31

- 30 days for \$30
- includes tax
- limit 1 per person

Membership must start by January 1, 2021. Details at shoreviewmn.gov





