

SHOREVIEWS



FALL 2020

City News and Recreation Catalog

City news	4
Resident resources	7
Community center	11
Recreation programs	18
Fall programs	38



Fall Events



TUESDAYS
August 1-25
 3-7 PM
September 1-October 13
 3 - 6 PM
COMMUNITY CENTER

FARMERS MARKET



WEDNESDAY
August 5
 7 PM
HAFFEMAN PAVILION



CONCERTS IN THE COMMONS

In this Issue

City news	4
Resident resources	8
Registration information	11
Community center	12
Fitness	16
Adult sports	22
Adult programs	23
Aquatics	28
Kids Corner Preschool	36
Youth programs	38
Youth sports	46
Jobs	49
Calendar of events	50
Recreation areas	51



KIDZ CONCERTS IN THE COMMONS

WED
August
5
10 AM
HAFFEMAN
PAVILION

NIGHT TO UNITE

THURSDAY
October
6
5 - 8 PM

Contact Us

City Hall	651-490-4600
Community Center	651-490-4700
Parks and Recreation	651-490-4750
Building Permits	651-490-4683
Code Enforcement	651-490-4669
Forestry	651-490-4650
Human Resources	651-490-4619
Planning and Zoning	651-490-4680
Recycling	651-490-4665
Sewer & Water	651-490-4661
Streets	651-490-4671
Utility Billing	651-490-4630

POLICE & ANIMAL CONTROL

Police protection and animal control are provided by Ramsey County Sheriff's Office.

For non-emergencies	651-767-0640
For emergencies	911

FIRE

Fire protection is provided by the Lake Johanna Fire Department.

For emergencies	911 Dispatch
Non-emergency	651-415-2100

CITY OFFICIALS

Sandy Martin, mayor

651-490-4618 | smartin@shoreviewmn.gov

Emy Johnson, council member

763-443-5218 | ejohnson@shoreviewmn.gov

Terry Quigley, council member

651-484-5418 | tquigley@shoreviewmn.gov

Sue Denking, council member

651-490-3166 | sdenking@shoreviewmn.gov

Cory Springhorn, council member

651-403-3422 | cspringhorn@shoreviewmn.gov

Terry Schwerm, city manager

651-490-4611 | tschwerm@shoreviewmn.gov





ELECTIONS

Primary election – August 11, 2020

General election – November 3, 2020

HOW DO I REGISTER TO VOTE?

- Online at mnvotes.org
- Mail an application to:
Secretary of State
60 Empire Dr., Ste. 100
St. Paul, MN 55103

- On election day

ABSENTEE VOTING FOR PRIMARY AND GENERAL ELECTIONS

If you cannot make it to the polling place on election day, you can vote by absentee ballot. With absentee voting, you can vote in person before election day or by mail.

In person:

- **Primary election:** Through August 10, 2020
Shoreview City Hall, 4600 Victoria St. N, Shoreview
- **General election:** September 18 – October 26, 2020
Shoreview City Hall, 4600 Victoria St. N, Shoreview
- **Early Voting:** October 27 – November 2, 2020
Several early voting locations throughout the county will be open

By mail:

- Request a mail ballot online at mnvotes.org
- Ballots must be postmarked by election day, or returned in person by 3 pm on election day to the Ramsey County Election Office.

For more information on absentee voting and early voting locations, visit rcelections.org.

POLLING PLACES

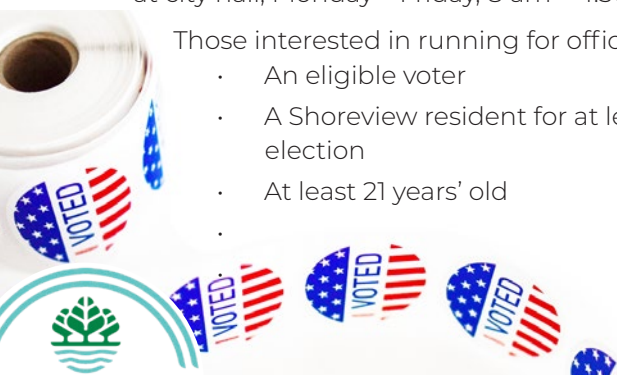
- Find your polling place at shoreviewmn.gov/polling-place.
- Additional safety measures will be set up due to COVID-19

COUNCIL VACANCIES

The mayor and two councilmember seats are up for election in November. The filing period is through August 11, 2020. You can file at city hall, Monday – Friday, 8 am – 4:30 pm. The cost is \$5.

Those interested in running for office must be:

- An eligible voter
- A Shoreview resident for at least 30 days before the election
- At least 21 years' old
-



SHOREVIEW COMMONS

The first phase of improvements is done at the Shoreview Commons. This phase included a new pond, walking paths, landscaping and skatepark.

Stop by to see the improvements yourself when visiting the farmers market, concerts in the commons, or just out for a walk.





SHOREVIEW LOGO WINS TWO AWARDS

The City of Shoreview's logo, launched in October 2019, won the Northern Lights Award for Logo, Icon, or Icon Set at the 2020 Minnesota Association of Government Communicators (MAGC)

annual gala. The annual awards gala, hosted virtually this year due to Covid-19, recognizes accomplishments across 26 categories of communications.

The City of Shoreview logo was also nominated for and won the 2020 Best of Show award. The Best of Show award is given to the one entry from the entire contest that best demonstrates effective government communications. Entries are chosen from the 26 category winners by the MAGC board.

CARING YOUTH AWARD

The city is currently accepting nominations for the 2020 Caring Youth award.

This award was created by the human rights commission to honor our outstanding youth volunteers. Nominees help make Shoreview a community where all people are welcomed, valued, and respected.

If you know someone who deserves this award, submit an application at shoreviewmn.gov. Nominations are due by September 18, 2020.

CITIZEN OF THE YEAR

The city is currently accepting nominations for the 2020 Citizen of the Year award.

This annual award was created by the city council to present a special honor to a citizen who exemplifies the spirit of giving back to the community. The council's goals for this award are:

- Recognize the volunteer efforts of deserving citizens
- Inspire others to continue the tradition of Shoreview citizens volunteering

If you know someone who deserves this award, submit an application at shoreviewmn.gov. Nominations are due by October 9, 2020.



MEETING BROADCAST SCHEDULE

Channel 16 broadcasts live city council and planning commission meetings every month.

Live Shoreview City Council Meetings

- First and third Monday every month at 7 pm

Live Shoreview Planning Commission Meetings

- Fourth Tuesday of the month at 7 pm

View the full schedule and replay information at shoreviewmn.gov



cityofshoreview



ACCESS SHOREVIEW

Sign up to receive our online newsletter that is sent after each meeting with news and events.

Visit bit.ly/AccessShorieview.





SHOREVIEW'S SOLAR ARRAY

By EQC student member, Sruthi Subramanian

In late 2019, Shoreview entered into a purchase-power agreement with a local solar developer for a 106-kW solar array. The array was installed on the city's maintenance building roof at no cost to the city, and expects a 10% savings in electricity during the first 15 years. After 15 years, Shoreview will take over ownership of the array and will receive all the energy produced at no cost.

The Shoreview solar array provides about half of the energy needed in the public works maintenance building each year. Since the installation of the solar array it has produced over 54 megawatt-hours of energy. This is equivalent to planting more than 630 trees or removing 84,000 pounds of CO₂ emissions from the air. This serves to demonstrate how actions taken even at a local level can have a significant impact on the environment.

Nonrenewable sources of energy, such as oil, coal, and natural gas, make up 85% of worldwide energy usage. These resources are finite and will be depleted as human consumption exceeds what is available. Renewable sources of energy, including solar power, are not in danger of being over consumed. This makes them more efficient alternatives than nonrenewable sources. Solar electricity represents a clean alternative to energy from fossil fuels. Solar energy does not pollute air or water, poses no risk of electricity prices spiking, and no threats to public health. The US Department of Energy estimates that 18 days of sunshine provide the same amount of energy as all of the planet's coal, oil, and natural gas reserves.

In recent years, cities across the United States have made a shift to renewable energy sources, just one of the many ways cities are becoming environmentally conscious.



ELECTRIC ENERGY

This summer, Shoreview installed two level-2 electric car charging stations in the city hall/community center parking lot. Each station has two ports, allowing up to four vehicles to charge at once. Charging is free for users for two hours, then costs \$2 per hour.

These stations will help fill a geographic gap in an area where few public charging sites can be found. Any resident with an electric vehicle is encouraged to come try out the new stations!

Shoreview is also entering into a partnership with Xcel Energy to study the feasibility of incorporating electric vehicles into the city fleet. The city will study how fleet vehicles are used each day in order to determine if they can be replaced with an electric vehicle. Data collected will include daily miles driven, idle time, and length of time parked overnight. The city will assess 12 vehicles and hopes to make replacements based on results of the study.

RAMSEY COUNTY YARD WASTE SITES

Free yard waste sites are open through November 30 for leaves, grass clippings, brush and other plant material.

April - November

- M/W/F 11 am – 7 pm
- Saturday: 9 am – 5 pm
- Sunday: 9 am – 5 pm

Arden Hills – 3530 Hudson Avenue

- Accepts leaves, grass, garden waste, branches, trees, shrubs, organics

Mounds View – 8307 Long Lake Road

- Accepts leaves, grass, garden waste, organics

White Bear Township – 5900 Sherwood Road

- Accepts leaves, grass, garden waste, branches, trees, shrubs, dirt, sod, organics





DID YOU KNOW? WHAT NOT TO FLUSH

Did you know – flushable wipes aren't really flushable? Wipes and similar products don't break down the way toilet paper does and can clog pipes, put stress on community watershed collection and treatment equipment and cost cities thousands on equipment repair and replacement. They can even damage wastewater treatment plant pumps.

You can help prevent expensive blockages at your home, and further down the line, by never placing the following items into the toilet, even if they have a "flushable" label.

- Baby wipes
- Flushable wipes
- Diapers
- Flushable toilet brushes or pads
- Cleaning pads and cloths
- Puppy training pads
- Wet mopping cloths

If your sewer backs up call Shoreview Public Works at 651-490-4650.

WHERE CAN I STORE MY GARBAGE?

Confused about where to store your garbage and recycling bins? We have the answers to the most common questions!

Can I store garbage and recycling bins in my garage?

Yes!

Can I store them behind my house?

Yes – as long as they're next to your home

Can I store them on the side of my house?

Yes, without a screen or fence unless the following is true

- If you have a corner lot bins cannot be stored on the side of your home that faces a street

Can I store them in or next to a shed?

Yes. Bins can be stored in a shed or alongside a shed.

Can I store them along my property line or fence?

No.

Can I store them in front of my house?

No, unless you have a one-car garage or a difficult yard. **Bins must be screened from view.**

Bins can be placed at the curb for pick up at noon the day before collection and need to be removed by noon the day after collection.



Resident Resources



BOAT & TRAILER PARKING

Wondering where to park or store your boat, camper, ATV, snowmobile, or trailer? We have the answers below!

Can I store my boat/ATV/snowmobile/camper in the garage?

Yes!

Can I store my boat/ATV/snowmobile/camper in a shed?

Yes!

Can I store my boat/ATV/snowmobile/camper in my yard?

Yes – with the following conditions:

- No more than two vehicles are stored outside.
- Only one of the stored vehicles can be an RV including: campers, trailers, tent trailers, travel trailers or motorhomes.

Examples: a camper and a boat; a boat and an ATV; an ATV and a motorhome.

- Vehicles are at least 5 feet away from the side or front property line, and 10 feet away from the back property line.

Can I store them on my grass?

Yes, in the back and side yards. In the front yard any stored vehicle needs to be stored on an approved surface – like concrete.

Can I store them on the street?

No. Overnight parking is not permitted from 2 – 5 am on all Shoreview streets for any vehicle.

Questions?

Visit shoreviewmn.gov or call 651-490-4669.



Resident Resources



SHOREVIEW COMMUNITY FOUNDATION RESPONDS TO COVID-19 CRISIS

True to its mission statement to “maintain, enhance and enrich the quality of life in Shoreview by connecting the generosity of people with the evolving needs of the community,” the Shoreview Community Foundation responded quickly to critical needs in the community brought on by the COVID-19 Pandemic. A record high of \$32,800 was awarded to 2020 grant recipients to support their pandemic response efforts: Ralph Reeder Food Shelf; Shoreview Parks & Recreation; Suburban Ramsey Family Collaborative; Northeast Youth & Family Services; and Shoreview YMCA.

In addition, the Shoreview Community Foundation partnered with area non-profits, service organizations and local foundations in a unique coalition the Suburban Ramsey COVID-19 Response Fund to address food insecurity and housing crisis caused by the pandemic. Through its affiliate relationship with the Shoreview Community Foundation, the St. Paul and Minnesota Foundations serves as the fiscal agent for the coalition. Grants will be made to local nonprofit organizations and government programs that provide food and housing services to our most vulnerable and under-served neighbors. Citizens are invited to donate toward the coalition’s goal of \$150,000 either online at suburbanramseycoalition.org or by mailing checks payable to Suburban Ramsey COVID-19 Response Fund to: Carol Mills, 5845 Saint Albans Court, Shoreview 55126.

Due to the shutdown, the Shoreview Community Foundation postponed regular spring and summer events, but continues to meet virtually according to COVID-19 guidelines. At their May meeting, four new advisory board members were welcomed: Bethany Kostolnik, Ashley Patel, Alex Rykken, and Max Segler. Outgoing board members were recognized: Nancy Hite, Chair; Helen Nelson, Secretary; John Conlin; and Lisa Jore. The slate of new officers includes: Gaye Melton, Chair; Gwen Simonson, ViceChair; Carol Mills, Secretary; Peggy Strom, Treasurer. The Shoreview Community Foundation thanks you for your continued support, and invites you to Save the Date November 10 for their annual Evening With Friends gala.

**SHOREVIEW
COMMUNITY
FOUNDATION**

ShoreviewCommunityFoundation.org



FALL HOME & LAWN CARE TIPS

Late summer and fall are a busy time of year for homeowners as we prepare for cooler weather. Preparing your home and lawn will keep things running smoothly and efficiently – and taking care of your lawn will also benefit the lakes and rivers in our community, too.

LATE SUMMER

- Repair roof leaks
- Remove tree branches that could fall on to your home
- Schedule a furnace tune-up
- Test your sump pump

EARLY FALL

- Aerate & overseed your lawn

Grass prefers cooler temperatures and thicker grass naturally crowds out weeds. Aerate and overseed with enough time for grass to establish before freezing

- Leaves

Rake leaves and compost them. Sweep leaves and grass clippings out of the curb to keep them out of storm sewers. Decomposing leaves cause algae blooms in water.

- Dethatch & top dress lawn

Thatch prevents water reaching the soil and should be removed in fall with a rake. Afterwards, top dress with a thin layer of compost to improve soil quality. Worms will take surface compost into the soil.

- Caulk windows and doors
- Drain lawn sprinkler systems

MID-FALL

- Clean gutters
- Store hoses and turn off outdoor water
- Reverse ceiling fans to a clockwise direction
- Prepare to store lawn mower





910 COUNTY ROAD E

Spring 2020 has been anything but business as usual in Shoreview. One Shoreview company managed to turn the Covid-19 pandemic, and a significant loss in business, into an opportunity to donate their time and talent back to the community.

Mead Metals, a specialty metal products manufacturer, is an essential business in Shoreview. But even essential businesses saw dramatic drops in business in March, April and May this year. Mead kept all of their employees together so they could maintain full capacity, even with the drop in orders. Then, plant manager Jim Weber had an idea. Let's find a community project that could use our time and skills. President Sandy Crawford reached out directly to Mayor Sandy Martin and the idea found a project in need.

For nine days, four Mead Metals employees worked on demolition at 910 County Road E. The home is a city-owned property that's being converted into an affordable rental home. The budget to demolish and renovate the home had been an obstacle until Crawford reached out with her talented team.

Mayor Sandy Martin said, "The partnership between Mead Metals and the city was remarkable, but the best part was the enthusiasm, dedication and skill shown by this crew. They were excited about creating a great living space for a deserving family, and they recognized that their efforts were making it all possible. I hope we can all celebrate together when the house is ready for occupancy!"

Work included interior demolition, removing the garage, and outdoor shed, and several trees. Over half of the staff at Mead Metals signed up to volunteer – there was a lot of excitement to help provide an affordable home in the community and staff were motivated to take on the project. Because of social distancing requirements, only four people could work together at the site. Special thanks to Jesse Berlin, Jim Weber, Paul Cooper, Chris Auger, Dale Marty and Mead Metals for making this project happen.

Mead Metals moved to Shoreview in 1978 and has been a cornerstone business ever since. They specialize in narrow width slitting of high-quality, small volume, specialty metals serving a wide range of industries from aerospace and medical to food processing and automotive.



NYFS OFFERS SAFE SUPPORT SERVICES FOR SENIORS

Shoreview seniors age 60 and over can sign up for a convenient and affordable lawn care and snow shoveling help through Northeast Youth & Family Services. All work will be conducted in accordance with social distancing protocols to protect both the senior and the worker.

NYFS is a non-profit community mental health and social service agency based in the northern suburbs. Rates are affordable and a sliding-fee scale is offered to low-income seniors.

For more information, please call Madelyn Murray at 651-308-3490 or email madelyn@nyfs.org.



Resident Resources



SHOREVIEW DOWN PAYMENT ASSISTANCE PROGRAM FOR NEW HOME BUYERS

New home buyers in Shoreview can qualify for up to \$25,000 in down payment assistance. Low interest loans are available for homes under \$350,000.

Applies to single-family homes, townhomes, duplexes, and condominiums within Shoreview city limits.

- Property must be owner-occupied as a primary residence.
- Purchase price may not exceed \$350,000.
- Buyers must attend homebuyer education.
- Buyer may not have owned a home within 3 years.
- \$25 application fee
- There must be a minimum contribution of 3% of the purchase price paid by or on behalf of the borrower.

Home improvement loans and loans for manufactured homes are also available through Shoreview's partnership with NeighborWorks Home Partners. Full details for all three loan programs can be found online at nwhomeowners.org/shoreview.



creating homeowners | building community



ABOUT GALLERY 96

Early in 1998 a small group of people from the suburbs interested in the visual arts, gathered around the kitchen table of Tomi McClellan to complete plans for a non-profit art center. Today that kitchen conversation has grown into an active, vigorous organization to promote art in Shoreview and the other communities along Highway 96 giving both experienced and emerging artists in those cities a venue to share their art.

Art Exhibitions

After raising money for a hanging system in the community room, Gallery 96 has three major exhibitions a year in the Shoreview Ramsey County Library. Gallery 96 has been fortunate to have accomplished artist-educators from a variety of educational institutions, as well as professionals from the business world of art, serve as jurors and cash prizes are awarded. Gallery 96 artists can also show their work in the glass showcases on the upper floor of the Shoreview Community Center in four shows a year.

Slice of Shoreview

Gallery 96 has a booth at the Slice of Shoreview each July featuring hands on arts activities for the whole family and cutouts of famous works of art where young and old can replace the Mona Lisa's face with their own!

Community Outreach

Thanks to the generous support of the Shoreview Foundation, Gallery 96 conducts workshops on a variety of topics including the business of photography, iPhone photography, watercolor painting, and raku pottery. The workshops are free to the community.

Gallery 96 also sponsors two art discussion groups at the Shoreview Community Center. Every Monday morning at 10:00 the Articulators meet for coffee and casual art discussions in the Community Center lounge by the fireplace. The second discussion group meets monthly at 7:00 in the evening, usually the second Tuesday of the month. The Tuesday night meetings provide a forum to show others what you are working on, seek feedback, discuss recently visited exhibits or any other art related topic. Attendees of both groups are encouraged to bring a piece of art they are working on or a book on art they are reading to discuss with the group.

Membership

Membership is \$25 a year for individuals and \$40 for a family membership. There is also a patron of the arts level membership at \$100. You must be 18+ to submit art. Information on membership and our current and previous shows and workshops is available on our website, www.gallery96.org.



PARKS & RECREATION

Registration

SET UP YOUR ACCOUNT

- 1.** Go online
Visit shoreviewmn.gov/parks-rec. Click "register online." Create an account.
- 2.** Create an account
Enter information about yourself. Before you save, add family members that participate in programs by clicking "add new member."
- 3.** Ready, set, register!
Click the green "+" next to an activity, then "add to cart" at the bottom of your screen. Complete payment with credit card and a receipt will be emailed to you.

POLICIES

- Five days notice required for cancellations
- Cancellation fee \$5 - \$10 depending on the program
- No refunds for missed classes
- Scholarships available for Shoreview residents; restrictions apply

Program dates are subject to change depending on the Minnesota Department of Health recommendations regarding COVID-19.

Visit our website for the most accurate information: : shoreviewmn.gov/parks-rec.



Registration schedule

Registration begins at 8 am

FALL REGISTRATION SCHEDULE

Tuesday, August 11: Shoreview residents

Thursday, August 13: Annual members

Friday, August 14: General registration

CONTACT US

Parks & Rec

Monday – Friday: 8 am – 4:30 pm

651-490-4750

recreation@shoreviewmn.gov



WEATHER UPDATES

Call the weather line at

651-490-4765 or text 55126 to 888777 to opt-in to text updates



Membership Rates and Benefits



MEMBERSHIP FEES

Annual Membership¹ (with one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$880	\$760	\$525	\$425
Shoreview Resident*	\$700	\$625	\$410	\$350
Military*	\$840	\$720	\$495	\$405
Military Resident*	\$680	\$600	\$395	\$340

Annual Membership Billed Monthly¹ (With one year membership agreement)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$81	\$69	\$49	\$43
Shoreview Resident*	\$68	\$60	\$40	\$34
Military*	\$78	\$66	\$47	\$41
Military Resident*	\$65	\$57	\$38	\$32

¹ \$100 early cancellation fee

* Sales tax is included in price.

Seasonal Membership (Three month)

	FAMILY	DUAL	ADULT	YOUTH/SENIOR
Rate*	\$335	\$315	\$225	\$175
Shoreview Resident*	\$267	\$247	\$175	\$145

Military rate not available for seasonal memberships.

- Seniors: 65 & older
- Youth: 17 & younger
- Dual membership is two people residing in the same household. Family is two adults plus dependent children under 23 living in same household. Proof of dual and family member qualification is required.
- Military ID required for military rate.
- Fees are subject to change.
- We welcome payment by any major debit/credit card.
- Free guest passes are included with annual membership

Annual membership includes unlimited use of:

- Fitness center (14 years and older. Ages 12 and 13 must complete teen equipment orientation)
- 30% off Group X Card for group fitness classes
- Shoreview waterpark, including tropics and bamboo bay
- Indoor playground (Ages 1-10)
- Indoor track (14 years and older)
- Basketball courts
- Spa (Adults 18 years and older)
 - Members registration day and the ShoreViews home mailing.



MEDICA

bind



HealthPartners

PreferredOne

Care



Silver&Fit

General Information and Hours



Hours and rates are subject to change depending on Minnesota Department of Health regulations. Visit shoreviewmn.gov for the latest information.

DAILY WATERPARK RATES

DAILY PASS	RATE*	SHOREVIEW RESIDENT*
Adult (18 and older)	\$9.25	\$8
Youth (1 to 17; under age 1 free, with paying adult)	\$8.25	\$6.75
Family* (2 adults + children living in same household)	\$35	\$30
Seniors (65 and older)	\$8.25	\$6.75

*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

Fees are subject to change. We welcome payment by any major debit/credit card. All rates above include sales tax.

Children 12 and under must be supervised by an adult while in the community center.

The playground is closed until further notice. Visit shoreviewmn.gov for updates

HOURS*

DAY	COMMUNITY CENTER	TROPICS WATERPARK*	BAMBOO BAY
Monday & Wednesday	5 am - 8 pm	Closed	Closed
Tuesday & Thursday	5 am - 8 pm	Closed	5 - 7:30 pm
Friday	5 am - 8 pm	5 - 8 pm	Closed
Saturday	6 am - 8 pm	12 - 7 pm	Noon - 7:45 pm
Sunday	6 am - 8 pm	12 - 6 pm	Closed

*See page 14 for holiday hours

LAP SWIM HOURS

Lap swim is available at various times throughout the week. See the service desk for a schedule or visit the website at shoreviewcommunitycenter.com.

KIDS CARE

Child care is available for patrons of the community center. See page 19 for details.

FIRST TIME ANNUAL MEMBERS RECEIVE:

- 1 family guest pass
- 1 adult guest pass
- 1 fitness drop-in class passes
- 1 cafe coupon
- 1 kids care sampler card
- 10% off personal training packages of three or more sessions
- 1 playground pass
- 1 pass for 10% off of Group X Card or more classes



Pool Schedule



Holiday Hours

DAY	COMMUNITY CENTER
September 7	Community center: 5 am - noon Lap swim: 5 am - 11:45 am Tropics & Bamboo Bay: closed
November 26	Community center: 5 am - noon Lap swim: 5 - 11:45 am

CALL FOR MORE INFORMATION

Community center	651-490-4700
Recreational programs (classes)	651-490-4750
Rental information	651-490-4790
City Information	651-490-4600

shoreviewcommunitycenter.com

COVID-19 POLICIES

- Masks are required for common areas including the locker room and pool deck
- Masks are not required while swimming
- If you or a member of your party are not feeling well, please do not visit the facility
- Guests are responsible for maintaining social distancing. All family groups need to maintain a distance of at least 6 feet from other guests. Parents are responsible for enforcing distancing with their children
- Access to locker and storage cubbies is limited; please come ready to swim
- The whirlpool will be closed during waterpark hours
- The pools and deck will be cleared of all guests between reservation periods for cleaning and sanitizing



Pool schedule is subject to change depending on Minnesota Department of Health recommendations regarding COVID-19. Visit our website for the most accurate information:
shoreviewmn.gov/parks-rec



Pool Schedule & Daily Hours

TROPICS WATERPARK -

Waterslide and waterwalk

Starting Sept 11

Friday: 5 - 8 pm

Saturday: 12 - 7 pm

Sunday: 12 - 6 pm

TODDLER AREA -

Boat slide and zero-depth entry

TUESDAY & THURSDAY: 9 AM - 4 PM

Friday: 9 am - 8 pm

Saturday: 12 - 7:45 pm

Sunday: 12 - 6 pm

BAMBOO BAY -

Slides, buckets & spray structure

Bamboo Bay will be closed for annual maintenance
October 4 - November 14

Starting September 26

Tuesdays & Thursday: 5 - 7:30 pm

Sunday: 12 - 6 pm

FALL SPECIAL HOURS:

DATE	TROPICS	BAMBOO BAY
September 7	Closed	Closed
November 26	Closed	Closed

COVID-19 RESOURCES



MEMBER ONLY AREAS

- Fitness center
- Walking track
- Basketball gym
- Lap swim & whirlpool
- Subject to change; visit shoreviewmn.gov for the most current information



OPEN FOR DAILY VISITORS

- Tropics waterpark
- Bamboo bay
- Available at set times by appointment. Reserve waterpark time online at shoreviewmn.gov.



RESERVE ONLINE

- Lap swim
- Whirlpool
- Waterpark
- Group fitness classes
- Limited space available in each area. Save your spot online at shoreviewmn.gov.



STAY INFORMED

Sign up for Nixle text alerts. Text a keyword to 888-777. Carrier/data rates may apply. Opt out anytime.

KEYWORDS

- **SVPOOL** - lap swim, pool groups, special hours
- **SVMEMBER** - holiday hours, closures
- **SVFITNESS** - group fitness class subs & changes



POLICIES

New safety measures and policies are in place:

- Face masks required inside the community center; face masks may be removed when exercising or in the water
- Bring your own bottle filled with water
- Payment at lower service desk by credit/debit card only
- Full policies available at shoreviewmn.gov



WE'RE HERE TO HELP

Contact us

- Parks and recreation: 651-490-4750, recreation@shoreviewmn.gov
- Community center: 651-490-4700, communitycenter@shoreviewmn.gov



GROUP X CARDS

- Good for all fitness classes
- Class schedule is available online and at the community center
- Purchase at the parks & recreation desk or by phone at 651-490-4750 during office hours (Monday - Friday, 8 am - 4:30 pm)
- You can reload your Group X Card online, in person, or by phone at 651-490-4750
- To use: swipe your Group X Card at any of the four kiosks
- The kiosk will print a receipt that you will give to the instructor

QUANTITY	REGULAR	ANNUAL MEMBER	RESIDENT	RESIDENT ANNUAL MEMBER
5 Classes	\$44	\$30	\$40	\$28
10 Classes	\$86	\$60	\$78	\$55
25 Classes	\$214	\$150	\$194	\$137
50 Classes*	\$404	\$284	\$368	\$258

*5% discount included in price.

- One Group X Card allowed per person.
- Cards are non-refundable and non-transferrable.
- Member discount applies to annual memberships only. Onetime drop-in passes are available at the lower-level service desk the day of class.
- SeniorFIT classes require registration for paid annual senior members

GROUP FITNESS CLASSES

Call for information: 651-490-4750

- Please check class schedule at the beginning of the month
- Refunds are issued for medical reasons only
- Membership is not required
- SeniorFIT classes are free to only seniors with an annual Senior Membership.
 - SeniorFIT classes require registration
- All classes are 50 to 60 minutes unless otherwise noted
- Monthly schedules are available online and at the community center
- Classes with six participants or fewer are subject to change or cancellation
- Group fitness classes are great for all fitness levels
- Find out which classes best suit your needs by calling the fitness coordinator at 651-490-4768

Group Fitness



60/40

The first 60% of the class is cardio – either high/low impact cardio, step, kickboxing, or dance followed by the remaining 40% of class time to execute effective resistance exercises.



BARRE PRINCIPLE

In each energizing and targeted workout, you'll use the barre and exercise equipment such as mini-balls and small hand weights to sculpt, slim, and stretch your entire body.

CARDIO KICKBOXING

A dynamic and energetic class that combines kicks, punches and blocks. This athletic-based class is easy to follow but provides a challenging workout.



CYCLE RAVE

We pedal to the music and that's it! Experience a fun, crazy party on your bike! You will be amazed at the workout you get.

COSMIC DRUMS

Hit the lights, hit the music, and hit the drums! This class is a great cardio workout. Equipment provided.





CYCLE TRAINING

This class is the ideal tool to compliment the outdoor cyclist. Doing hills, sprints, flat roads while using time, speed and distance drills, this workout will help increase your overall performance in speed, power, and endurance.

DANCE JAM

Let's get funky! Dance your heart out while getting an amazing workout

FUNDAMENTAL COMBO

This class incorporates low impact cardio followed by basic strength training exercises.

H.I.I.T. (HIGH INTENSITY INTERVAL TRAINING)

This class uses intervals of extreme cardio and/or resistance exercises for a designated amount of time followed by a short recovery period.

KETTLEBELL TRAINING

This class uses exercises using kettlebells and conditioning drills to provide a total body workout that will leave you feeling strong!



POWER PUMP

This is a weight training class using free weights and dumbbells. This class uses different tempos for reps, higher repetitions and supersets to help build lean muscle tissue, strength and muscular endurance.

POWER STRENGTH

This is a weightlifting class using barbells and dumbbells. This workout is designed to build muscle mass and strength. Focusing on technique, the exercises are done in multiple sets with lower repetitions so that more weight can be used or added.

THE RESISTANCE WORKOUT

This resistance class incorporates strength training exercises using various pieces of equipment and/or your own body weight. Class focuses on all major muscle groups with some added attention to form. Progressions can include compound exercises and functional balance exercises.



STEP CARDIO

Warm up with basic step moves and then learn fun choreographed patterns, combinations, and movements on an adjustable step.

THE GROOVE

Okay dancers, here you go! In this choreographed class you will learn one awesome dance routine. You will be amazed at the great workout while you get your "groove" on!

TOTAL BODY WORKOUT

This workout incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Equipment used may include weights, TRX (suspension training), kettlebells, bands, benches, and bosus. The class will also elevate your heart rate as you are challenged with drills in either circuits and/or a stand-alone station.

ZUMBA®

Grooving to the beats of salsa, reggaeton, cumbia, hip hop and merengue, this class feels more like a dance party than a workout, which is exactly what makes Zumba so popular! The Latin-inspired dance workout is one of the most popular group exercise classes around.





MIND/BODY CLASSES

FITNESS PILATES

Pilates classes focus on balancing all muscle groups strength and flexibility, with an emphasis on challenging the core muscles with each movement.

HATHA YOGA

Build flexibility, strength and balance through a comprehensive exploration of the discipline of yoga. Each class will cover a variety of asana poses that will help you improve muscle tone and mobility in various parts of the body, while reducing stress.

HOT YOGA

Hot yoga is an intense practice that will move you through powerful and aggressive postures and/or series. This practice is meant to detoxify the body, build strength and burn calories through movement, breath, and heat. Designed for intermediate to advanced levels.

Class temp range is 80-90 degrees.

POWER YOGA

Students will focus on linking conscious breath with a vigorous and mindful flow. Participants will build strength, flexibility and concentration while cleansing the body and calming the mind.

STRETCH AND BALANCE

A beneficial blend of balance exercises and static (holding) and dynamic (moving) stretches.

TAI CHI

Simple yet profound, Tai chi exercises foster clarity and focus for the mind, vitality and power for the body, as well as balance and peace for the spirit.

YIN/RESTORATIVE YOGA

This grounding practice will have fewer postures which you hold for longer periods of time, allowing you to focus on breathing into the connective tissue (fascia) that surrounds the joints in the body.

YOGA BASICS

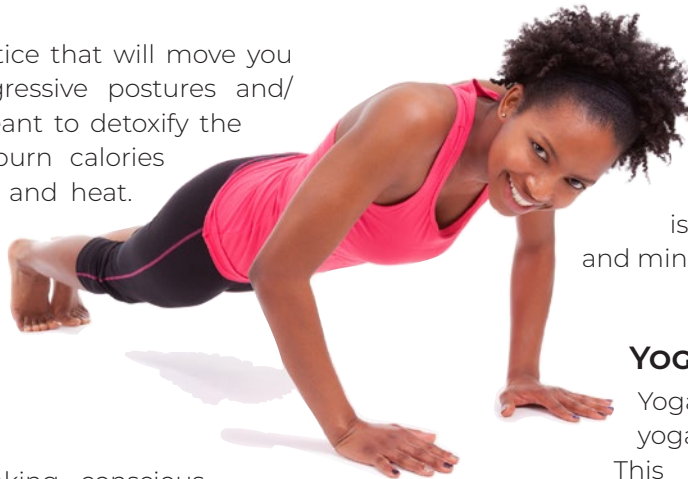
This class is based on physical postures, deep breathing, mindfulness and listening to the body. A slower paced class that focuses on fundamental postures. Great class for beginners or for one seeking a modified (gentle) yoga class option.

YOGA/PILATES FUSION

The perfect combination of pilates and yoga! Receive the benefits of core training, muscle contraction and lengthening, isometric holds, balance postures and mind/body awareness.

YOGA SCULPT

Yoga sculpt is the fusion of vinyasa yoga and strength endurance training. This unique and intense workout incorporates hand weights and is designed to tone and shape your body. Build stamina through a series of squats, lunges, crunches, plank holds, cardio work, balancing postures, and stretching.



Water Fitness



WATER FITNESS CLASSES

All water classes are held in the pool.

- The pool is between 3 1/2 and 4 1/2 feet deep
- All fitness levels are welcome
- The pool temperature is between 83 - 84 degrees

AQUA FIT

Enjoy this active water class! You will increase your flexibility, endurance, and overall muscle strength in the water. The water's resistance provides a whole body workout.

SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

WATER WALKING

Come and use your Group X Card Monday - Friday, 10 am - noon and walk the swim lanes. No instructor; give your receipt to the lifeguard.

WATER STRETCH THERAPY NEW!

Increase your range of motion and soothe aches and pains. Come join us for a low impact water class that will make you feel great.

Kid Care

- Maximum stay is 2 hours.
- Parents must remain in the building.
- Reservations are accepted for Group X card holders.
- Care provided on a first-come, first served basis.

Kids Care is located directly across from the service desk.

Kids Care phone number: 651-490-4763

CLOSED: SEPTEMBER 7

AGES

6 months - 8 years

DATE & TIME

Monday - Saturday, 8 am - 12:30 pm

Monday - Thursday, 4 - 8:30 pm

Friday, 4 - 7 pm

COST

\$1 per hour
(no pro-rating for partial hours)





SENIORFIT CLASSES

SeniorFIT classes are free to annual senior members and require registration. If you are not an annual senior member, you may purchase a Group X Card or a drop-in pass. See page 18 for Group X Card information. All fitness levels are welcome.

SENIORFIT CHAIR YOGA

Experience the benefits of yoga while sitting in a chair. Some standing postures may be included in this class.

SENIORFIT STRENGTH TRAINING

Resistance exercise executed while sitting in a chair. Come join us for a great strength training workout in a comfortable setting.

SENIORFIT AQUA EXERCISE

Join us for a low-impact water class. You will work on increasing your cardiovascular health, flexibility and overall range of motion. Swimming ability is not required.

SENIORFIT LET'S MOVE

No chairs needed for this active movement class. Class ends with a 15-minute cool down and extended stretch.

Check with your health insurance provider to see if you qualify for a Silver&Fit® or Silver Sneaker membership! These memberships include free membership to the community center (admin fee may apply); membership does not include SeniorFIT group fitness classes. Stop by the community center for details and to sign up.

FALL SESSION SEPTEMBER 1 - DECEMBER 18 (no class Sept 7)

DAY & TIME	CLASS/INSTRUCTOR	ACTIVITY #
Mon, 8:30 am	SeniorFIT Strength Training with Sarah	410161-01
Mon, 9:15 am	SeniorFIT Aqua Exercise with Fran	410162-01
Mon, 10 am	SeniorFIT Chair Yoga with Adrienne	4310163-01
Tues, 8:30 am	SeniorFIT Chair Yoga with Katie	410163-02
Tues, 10 am	SeniorFIT Strength Training with Bridget	410161-02
Wed, 8:30 am	SeniorFIT Chair Yoga with Gretchen	4310163-03
Wed, 9:15 am	SeniorFIT Aqua Exercise with Fran	410162-02
Wed, 1 pm	SeniorFIT Strength Training with Gretchen	410161-03
Thu, 8:30 am	SeniorFIT Strength Training with Bridget	410161-04
Fri, 8:30 am	SeniorFIT Let's Move with Perry	410161-05
Fri, 10 am	SeniorFIT Chair Yoga with Adrienne	410163-04



See page 24 for pickleball information.



PERSONAL TRAINING

- Personal training comes in packages of 1, 3, 6 and 12 sessions
- All sessions expire one year from the date of purchase
- Trainers help you establish realistic goals and determine safe strategies to achieve those goals
- Trainers will customize a program to fit your ability and health status
- Trainers monitor progress & adapt your routine for consistent improvement
- Learn fitness principles and correct form to aid in progress and prevent injuries

INDIVIDUAL PERSONAL TRAINING:

SESSIONS	REGULAR	RESIDENT
Three Sessions	\$215	\$199
Six Sessions	\$406	\$377
Twelve Sessions	\$768	\$699
Twenty-four Sessions	\$1,452	\$1,325

BUDDY PERSONAL TRAINING:

Two participants train together and each pay the fee below.

SESSIONS	REGULAR	RESIDENT
Three Sessions	\$165	\$151
Six Sessions	\$305	\$283
Twelve Sessions	\$577	\$532

COMMUNITY CENTER MEMBER EQUIPMENT

ORIENTATION (INDIVIDUAL OR GROUP)

Get introduced to fitness center equipment and learn how to utilize strength and cardio equipment safely. The schedule and sign-up sheet for equipment orientations is located at the fitness center desk. For more information call 651-490-4768.

AGES	COST
All members of the community center are encouraged to attend a one-time fitness equipment orientation.	FREE to members

INDIVIDUAL TEEN EQUIPMENT ORIENTATION

The teen equipment orientation provides 12 and 13-year-olds knowledge of proper form and appropriate use of fitness equipment.

Registration forms are available at the front desk and lower level service desk. The schedule is located at the fitness center desk, or call 651-490-4768 for more information

AGES	COST
Required for ages 12 and 13 to use the fitness center	\$40 \$35 SV Res

OUTDOOR TOTAL BODY WORKOUT

Saturdays
8 - 8:50am

Saturdays 8 - 8:50am

June 20 with Steph and Lindsey
July 18 with Steph and Mike
Aug. 15 with Steph and Lindsey
Sept. 12 with Steph and Mike

Attend with your Group X Card or pay the drop-in fee at the desk.



Adult Sports



PICKLEBALL LESSONS

Beginner (1.0 – 2.0)

This is an introductory class geared for those who have little or no knowledge of pickleball. We will cover basic rules, primary skills, terminology and etiquette.

Location: Bobby Theisen Park courts

AGES	DATE & TIME	COST	ACTIVITY #
18+	Mon, Sept 7-28 3:30-4:30 pm	\$75; \$70 SV res	420200-01

Intermediate (3.0-3.5)

For players who have played pickleball and would like to build their confidence, develop technique, court positioning and strategy.

Location: Bobby Theisen Park courts

AGES	DATE & TIME	COST	ACTIVITY #
18+	Sat, September 12 - October 3 12:30 - 2 pm	\$75; \$70 SV res	420200-02

SHOREVIEW AREA PICKLEBALL CLUB

2021 Club membership includes:

- Dedicated court time
- Free beginner training
- Club news emails
- Membership valid Jan 1 - Dec 31

Location: Bobby Theisen Park

AGES	ANNUAL MEMBERSHIP	ACTIVITY #
18+	\$20; \$17 SV Res	520200-01

LEVEL OF PLAY	DAY & TIME
Experienced	Mon-Fri: 8-11 am
All skill levels	Tue, Thu & Sun: 6-8 pm

Location: Commons Park

Beginner & social Mon, Wed & Fri
8:30-11 am



DROP-IN PICKLEBALL

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball.

Drop-In pickleball punch card available for purchase at the parks & recreation office

651-490-4750

Office hours:

Monday - Friday, 8 am - 4:30 pm

Cost: \$40

Punch card is good for both drop-in locations

Location: Community center

AGES	DATE & TIME	COST
18+	October 5 - April 30 Mon-Fri, Sep 1-May 1 8-11 am	FREE to SCC members \$4 non-member

Location: Island Lake School gym

3555 Victoria St. N.

AGES	DATE & TIME	COST
18+	Wed, Sept 30-May 19 6 - 9 pm (closed December 23)	\$4 per person



ADULT GROUP TENNIS LESSONS

All classes are taught by United States Tennis Association trained instructors. Classes are for those who have little or no tennis experience. Learn the basic strokes and begin to rally. Wilson tennis racquets provided by USTA.

Registration deadline: one week before classes start

Location: Commons Park Tennis Courts

AGES	LEVEL	DATE & TIME	COST	ACTIVITY #
18+	Beginner	Sept 8 - Oct 13, 6 - 7 pm	\$75; \$65 SV Res	320600-01

(If necessary, make-up lessons held Oct. 20: 6-7 pm)





ALZHEIMER'S/ DEMENTIA CAREGIVER SUPPORT GROUP

Second Thursday of the month: 1-3:30pm

Drop-in for a facilitated support group*. Help manage your stress as a caregiver and take time for your own much-needed care.

* If conditions prevent an in-person meeting we will host a meeting by phone. Please call 651-490-4714 for details and instructions.



ART DISCUSSION GROUP

Gallery 96 hosts a monthly art discussion group at 7 pm at the community center (check monitors for the room).

AGE	DATE & TIME	COST
18+	Second Tuesday of the month, 7 pm	Free

GALLERY 96 ARTICULATORS

Drop in for a casual discussion at the community center fireside lounge. Meet fellow artists, get new ideas in art and work together on projects. Come join the group. It's free, loose in structure, and ideas abound.

DATE & TIME	COST
Mondays, 10 am-12 pm	Free

HEAR FOR THE HEALTH OF IT!

Research shows that untreated hearing loss can lead to depression, anxiety, fall-related injuries, and a higher risk of cognitive decline and dementia. Physicians don't always screen for hearing even though one-third of people between 65 and 74 and half of people over 75 have hearing loss. Led by Mary Bauer, a deaf and hard of hearing specialist with the Minnesota Department of Health and Human Services, this class will cover how to get an accurate diagnosis, low-cost apps and devices, and financial resources. This program allows you to attend from home. Details when you register.

AGES	DATE & TIME	COST	ACTIVITY #
18+	Thu, Sept 17 1-2:30 pm	\$3 \$4 SV Res	400150-01

ADULT ACTIVITIES NEWSLETTER

Sign up to receive a copy of our adult activities newsletter each season! Call 651- 490-4750 to be added to our mailing list.

ELDER FRIENDS PHONE COMPANIONS

Are you a lonely or isolated elder? Enjoy the warmth offered by a phone volunteer who is background-checked and ready to share friendship during this crisis and beyond.

Little Brother's Friends of the Elderly Phone Companions is open to any elder in need of the warm voice of a friend on the phone. Our online registration portal is now open and the application process is simple and quick. Visit littlebrothersmn.org or call 612-721-6215 to register and for more information

MEALS ON WHEELS

Meals On Wheels is available to eligible seniors and certified, disabled individuals, regardless of age, who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651-621-7950.

AARP AND THE ALZHEIMER'S ASSOCIATION

Do you need resources to find support for an aging family member who has Alzheimer's or dementia? AARP and the Alzheimer's Association have an easy to navigate resource finder. Visit them at CommunityResourceFinder.org.

Drop-in for a facilitated Alzheimer caregiver support group. Help manage your stress as a caregiver and take time for your own care. Shoreview Community Center, second Thursday of the month from 1:30 - 3 pm.

LOOKING FOR A VOLUNTEER OPPORTUNITY?

RSVP: The one-stop volunteer connection for people 55 and over. We'll match you with rewarding opportunities to use your skills and help with issues that matter to you. We also provide free benefits. To learn more: 612-704-6116, koschak@voamn.org or rsvpmn.org



Adult Programs



BETWEEN THE LINES: HISTORY SEMINARS WITH KATHY SIMMER

Explore topics from America's past. Each session will give you an understanding of why something happened, how it changed our path, along with the juicy details usually left out of textbooks. Seminars are led by Kathy Simmer, a retired teacher, curriculum consultant, and licensed librarian. Kathy donates her fees to Alzheimer's research.

Registration deadline: five days prior to class



HOPING FOR A HOME: THE ORPHAN TRAINS

From 1854 to 1930, more than 200,000 children were put on trains to remove them from the poverty and sins of the city streets in the eastern United States. Learn about the process and the stories of the children hoping for a home.

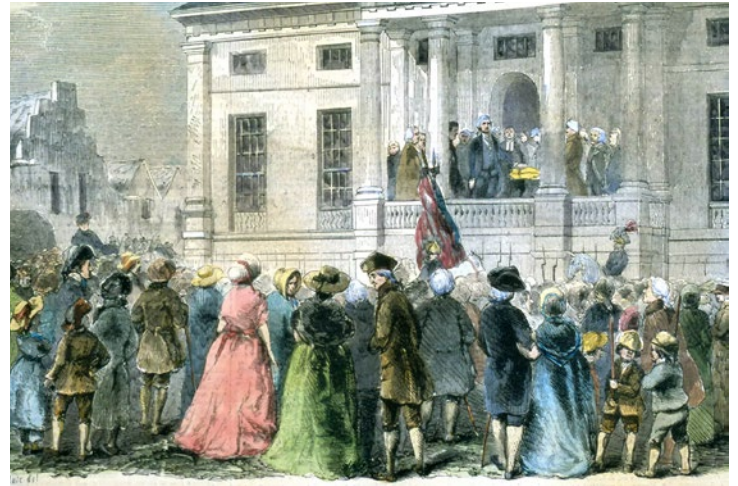
AGES	DATE & TIME	COST	ACTIVITY #
18+	Thu, Sept 24 1-3 pm	\$19; \$17 SV Res	400110-01



SECRETS OF THE U.S. SECRET SERVICE

The enormous job of protecting the president includes close calls, tragic failures, mind-numbing attention to detail, and some funny moments. From Lincoln's Pinkerton agents to the 6,500 employees of today, discover the organization's rich history and scandals.

AGES	DATE & TIME	COST	ACTIVITY #
18+	Thu, Oct 15 1-3 pm	\$19; \$17 SV Res	400110-02



HISTORY OF PRESIDENTIAL ELECTIONS

Step back in time and learn election history. In early presidential elections few people voted and smear tactics were outrageous by today's standard. Learn the scandals, upsets and the stolen elections. Understand the Electoral College, the start of red state/blue state, and the effect of religion and ethnicity on elections.

AGES	DATE & TIME	COST	ACTIVITY #
18+	Thu, Oct 29 1-3 pm	\$19; \$17 SV Res	400110-03



IF THE WALLS COULD TALK

The White House is an iconic structure built next to a sewage ditch, burned down, expanded, and supposedly haunted. Learn about the behind-the-scenes workers who make this house/museum work. Which occupant lost a set of White House china in a poker game, who served without pay, and who gutted and rebuilt it.

AGES	DATE & TIME	COST	ACTIVITY #
18+	Thu, Nov 19 1-3 pm	\$19; \$17 SV Res	400110-04





LEARN TO PAINT

Students will learn the basic technique of one-stroke painting and techniques using acrylic paints. Class includes step-by-step instruction and painting supplies. Classes are taught by Jill Mason from Painting with Jill. *If in-person classes are not available due to COVID restrictions, students will be contacted with information on take home kits and virtual instruction.*

Registration deadline: five days before class start

AGES	DATE & TIME	CLASS	COST	ACTIVITY #
18+	Tues, Sept 15: 1-4pm	Fall floral painting	\$49; \$45 SV Res	400401-01
18+	Tues, Sept 29: 6-9pm	Fall themed wood door hanger	\$63; \$57 SV Res	400401-02
18+	Thurs, Oct 15: 6-9 pm	Leopard print on pumpkins	\$49; \$45 SV Res	400401-03
18+	Tues, Oct 20: 1-4 pm	Fall design	\$49; \$45 SV Res	400401-04
18+	Mon, Nov 9: 1-4 pm	Simply blessed	\$49; \$45 SV Res	400401-05
18+	Tues, Dec 8: 1-4 pm	Holiday painting	\$49; \$45 SV Res	400401-06

MIXED MEDIA ART CLASSES

Explore texture, color, and creativity with epoxy resin, alcohol inks, and other media to create unique pieces of colorful art. Resin pours will cure over night with pick up the next day.

Registration deadline: a week before class

AGES	DATE & TIME	CLASS	COST	ACTIVITY #
18+	Tues, Oct 27: 6-8pm	Resin Pour in shape of MN	\$63; \$57 SV Res	400420-01
18+	Thurs, Oct 29: 6-8pm	Vintage wood serving tray	\$63; \$57 SV Res	400420-02
18+	Thurs, Nov 19: 6-9pm	Winter porch wall leaner	\$86; \$78 SV Res	400420-03
18+	Mon, Nov 23: 6-9pm	Wire wrapped silverware*	\$63; \$57 SV Res	400420-04
18+	Mon, Nov 30: 6-8pm	Alcohol inks ornament	\$63; \$57 SV Res	400420-05
18+	Tues, Dec 1: 1-3pm	Alcohol inks ornament	\$63; \$57 SV Res	400420-06
18+	Thurs, Dec 3: 6-8pm	Angel resin pour	\$63; \$57 SV Res	400420-07
18+	Thurs, Dec 10: 6-8pm	Resin pour - tree	\$63; \$57 SV Res	400420-08

**bring your own tools: round nose and flat jewelry pliers and wire cutter*

FAUX STAINED GLASS

Join us at White Bear Makerspace, 5966 Hwy 61 N, White Bear Lake, to make faux stained glass. This beginner class is quicker and easier than traditional stained glass. Metal is replaced by wood; glass is replaced by epoxy. No soldering needed! Choose from heart, star, cross, or flag. Epoxy takes 24 hours to cure, you will need to come back to pick up your finished project.

AGES	DATE & TIME	CLASS	COST	ACTIVITY #
18+	Tues, Oct 6: 6 – 8 pm	Faux Stained glass	\$57; \$52 SV Res	400471-01

KNITTING OR CROCHETING

Learn basic techniques, how to read patterns, how to hold needles, count stitches, and pick up dropped stitches. Please bring a small scissors and a zippered cloth bag. Required materials will be purchased from the instructor for \$10 the first night. Please do not bring your own materials.

Registration deadline: one week before class

AGES	DATE & TIME	CLASS	COST	ACTIVITY #
18+	Tues, Sept 8 - Oct 20: 6 - 8 pm	Knitting	\$40; \$35 SV Res	400450-01
18+	Thu, Sept 10- Oct 22: 6 - 8 pm	Crocheting	\$40; \$35 SV Res	400450-02



Adult Programs



INTRODUCTION TO FACEBOOK

Learn how to use the world's most popular social media site to safely connect with family and friends. Learn to log-in, create a profile, post photos and tips for utilizing the site. We'll also review recommended privacy settings.

Registration deadline: one week before class start

AGES	DATE & TIME	COST	ACTIVITY #
18+	Sat, Sept 12 9 - 10:30 am	\$24; \$22 SV Res	40020-01



INTRODUCTION TO SOCIAL MEDIA

This class will cover the basics for Facebook, Instagram, Snapchat, Twitter and YouTube. Common question and insights on social media will be reviewed so that you're up to date on the latest buzz words and topics. No prior experience required.

Registration deadline: one week before class

AGES	DATE & TIME	COST	ACTIVITY #
18+	Thurs, Oct 1 6 - 7:30 pm	\$24; \$22 SV Res	40021-01

USING UBER

Do you hate to driving in bad weather or when it's dark? Expand your transportation options and independence through the ride sharing service, Uber. No experience required and training materials are provided. Taught by Social Club Simple

Registration deadline: one week before class start

AGES	DATE & TIME	COST	ACTIVITY #
18+	Mon, Sept 14 6 - 7:30 pm	\$24; \$22 SV Res	400202-01



APP INSTRUCTION

Here are a few more classes to help you utilize your smart phone to its fullest.

Registration deadline: one week before class

CLASS	DATE & TIME	COST	ACTIVITY #
Intro to Podcasts	Sat Oct 10 9 - 10:30 am	\$24; \$22 SV Res	400203-01
Parent guide to Snapchat	Tues, Oct 13 6-7:30 pm	\$24; \$22 SV Res	400203-02
What is Tik Tok	Tues, Oct 20 6 - 7:30 pm	\$24; \$22 SV Res	400203-03

LEARN TO USE YOUR SMARTPHONE

Become more familiar with your smart phone. Learn to use Wi-Fi and hotspots, apps management, camera and accessories. You will become fluent in calling, voice messaging, text messaging, and more. There will be time to ask questions.

Registration deadline: four days before class start

Beginner classes

AGES	DATE & TIME	COST	ACTIVITY #
18+	Tue, Sept 15: 1-3 pm	\$40; \$36 SV Res	400224-01
18+	Tue, Oct 13: 1-3 pm	\$40; \$36 SV Res	400224-02

Intermediate classes:

AGES	DATE & TIME	COST	ACTIVITY #
18+	Tue, Sept 22, 1-3pm	\$40; \$36 SV Res	400224-03
18+	Tue, Oct 20, 1- 3 pm	\$40; \$36 SV Res	400224-04



LEGAL SEMINARS

Join trust and estate planning attorney Maria Pitner of Henson & Efron P.A. as she presents a series of seminars to educate you about legal matters that impact your life.



CABIN FEVER: SUCCESSION PLANNING FOR YOUR FAMILY CABIN

Cabin succession planning refers to the legal and financial tools used to keep the family cabin in the family. While joint ownership can make the dream of a cabin come true, it takes advanced, thoughtful

planning, especially when family members and close friends are involved.

AGES	DATE & TIME	COST	ACTIVITY #
18+	Wed, Sept 9 6:30 - 8 pm	\$4; \$3 SV Res	400120-01

RETIREMENT ACCOUNT UPDATES

The SECURE Act went into effect on January 1, 2020 and is one of the most-impactful legal changes to retirement accounts in a generation. This seminar provides an overview of the biggest changes to how retirement accounts are treated and how these changes may impact retirement plan participants and their families.

AGES	DATE & TIME	COST	ACTIVITY #
18+	Wed, Sept 23 9 - 10:30 am	\$4; \$3 SV Res	400120-02



GRADUATE TO GROWN-UP

Are you launching (or re-launching) your young adult? Add these important forms to your list: Statutory Short Form Power of Attorney, Health Care Directive, and Digital Property Authorization.

Once a child turns 18, parents do not have statutory authority to make legal, financial, or health care decisions on your child's behalf. This is true even though you may be paying your child's tuition and health care costs, and claiming them as a dependent on your income tax return.

AGES	DATE & TIME	COST	ACTIVITY #
18+	Thurs, Oct 1 6:30 - 8:30 pm	\$4; \$3 SV Res	400120-03

Virtual Travel Show

Although travel is currently interrupted, we're looking to the future!

Learn how the industry is adapting to a new reality and hear about fantastic tours for 2021 and beyond.

Join us and our local travel partner, Landmark Tours, for a virtual presentation from the comfort of your home on Oct 6th at 2pm.

RSVP for the online presentation here:
www.GoWithLandmark.com/Shoreview



landmark
tours

When you are ready to explore, we have Unforgettable Travel Experiences waiting for you.



For a complete list of tours, visit our website.

www.GoWithLandmark.com





LOG ROLLING INTRO

Challenge yourself and others in this fun for the whole family, whole core workout class. Trained staff will be there to help you learn the log rolling basics and balance to help get you started.

AGES	DATE & TIME	COST	ACTIVITY #
5-9	Sat Sept 26 – Nov 21 10:30-11:30 am <i>No class 10/17</i>	\$96; \$86 SV Res	410105-03
Families	Sun Sept 27 – Nov 22 6:30-7:30 pm <i>No class 10/18</i>	\$96; \$86 SV Res	410105-04
9-16	Thurs Sept 24 - Nov 19 7 - 8 pm <i>No class 10/15</i>	\$96; \$86 SV Res	410105-01
16+	Thurs Sept. 24 – Nov. 19 <i>No class 10/15</i>	\$96; \$86 SV Res	410105-02

LOG ROLLING

Free demos with purchase of wristband
Tuesdays, Sept 22-Nov 11 5 - 6 pm

NEW

LOG ROLLING WORKSHOP

Saturday, Oct 14 \$17/\$15 SV Res
Ages: all Time: 8 am-9 am

Come spend an hour to refresh and refine your log rolling skills. A trained staff person will be there to give you tips.

NEW

LOG ROLLING TOURNAMENT

\$20/\$18 SV Res Saturday, Nov 28

Challenge yourself and others and show everything you have learned in this fun log rolling tournament. Winners will be awarded best out of three.

Ages: 5-9 Time: 8-8:45 am
Ages: 9-15 Time: 9-9:45 am
Ages: 16+ Time: 10-10:45 am



Aquatic Programs



MERMAID ADVENTURES: INTRODUCTION

Mermaid tails and monofins provided

Participants will learn how to:

- Put your mermaid tail on and remove it with the quick release method
- Swim with your mermaid tail
- Swim like a mermaid and perfect your dolphin-kick technique

Prerequisites:

- Front and back float independently - 10 seconds
- Roll from front to back and back to front
- Front crawl with rhythmic breathing-8 yards

Registration deadline: one week prior to class start

AGES	DATE & TIME	TIME	COST	ACTIVITY #
6-7	Thurs, Oct 15	5-6:30 pm	\$40	430302-01
8-10	Sat, Oct 17	10- 11:30 am	\$40	430302-02
11-13	Mon, Nov 23	10- 11:30 am	\$40	430302-03
6-7	Sun, Dec 6	10-11:30 am	\$40	430302-04

MERMAID ADVENTURES

Mermaid tails and monofins provided

Participants will learn how to:

- Put on your mermaid tail on and remove it with the quick release method
- Mermaid movement and dolphin motion
- Core rolls
- Frontward and backward somersaults
- Fluke splashes, mermaid bubble kisses and more!

Prerequisites:

- Front & back float independently - 30 seconds
- Roll from front to back and back to front
- Tread water - 1 minute
- Front crawl with rhythmic breathing - half length

Registration deadline: one week prior to class start

AGES	DATE	TIME	COST	ACTIVITY #
8-11	Tues/Thur Dec 1 - 10	7:15-8 pm	\$88; \$80 SV Res	430303-01



SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group or private instruction. Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.



PRIVATE LESSONS (PR)

Ages 3 - Adult

Private and semi-private lessons offer one-on-one training so you're able to learn at your own pace. Lessons are 30 minutes and available at set times.

NUMBER OF LESSONS	COST	COST SV RES
8	\$185	\$168
6	\$139	\$126

SEMI-PRIVATE LESSONS

- You must have two people at the same ability for a semi-private lesson
- Registration by phone or in person
- Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
8	\$138	\$125
6	\$104	\$94

CUSTOM PRIVATE INSTRUCTION PROVIDES:

- Flexible scheduling with three months to complete after first lessons starts
- Option to reschedule with advance notification
- Contact the aquatic coordinator at 651-490-4766 to set up custom private lessons.
- Rate listed per person

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$231	\$210
6 lessons	\$189	\$172
4 lessons	\$127	\$115

SEMI-PRIVATE LESSONS:

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$157	\$143
6 lessons	\$128	\$116
4 lessons	\$91	\$83



FREE SWIM LESSON CHECKS

Not sure of what level to register your child for? Stop by for a free swim check.

If your child has been away for more than three months we recommend repeating the previous level.

Thursday, August 27, 6 - 7 pm

Sunday, November 29, 10:30 - 11:30 am



Swim Lessons



GROUP LESSONS

These lessons will have one instructor to a maximum student ratio of:

- MR, PS, YB, AL 1& 2: 1 to 4
- L1 – L3: 1 to 5
- L4 – L6, IS, IL: 1 to 6

All group lessons are 35 minutes unless noted.

Starfish lessons are 30 minutes.

NUMBER OF LESSONS	COST	COST SV RES
8 lessons	\$89	\$81
6 lessons	\$67	\$61



PARENT/CHILD LESSONS

STARFISH

(SF 1) Ages 9 months to 24 months

(SF 2) Ages 24 months to 36 months

This class promotes water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

MANTARAY

(MR) Ages 2½ - 4

A parent accompanies their child in the water for the first few weeks and gradually reduces participation

- Comfort with group instruction independent from guardian
- Enter/exit water independently
- Blow bubbles & submerge head
- Front/back float with instructor
- Arm scoops



Due to COVID-19 an adult needs to be in the water with participants for preschool, level 1, and level 2.



BEGINNER LESSONS

PRESCHOOL (PS): JELLYFISH

Ages 3 - 4

- Independent entry/exit
- Front/back floats with support – three seconds
- Front/back flutter kicking with support
- Front crawl arms
- Rhythmic breathing with bubbles

LEVEL 1 (L1): ANGELFISH

Ages 3½ or passed preschool

- Independent front/back floats - five seconds
- Front/back glides with support
- Front/back flutter kicking with support
- Front crawl arms with rhythmic breathing and support

LEVEL 2 (L2): SEA MONKEYS

Ages 4 or passed level 1

- Independent front/back floats - 10 seconds
- Independent front/back glides with flutter kick
- Front/back flutter kicking - eight yards
- Independent front crawl with rhythmic breathing - eight yards
- Elementary backstroke arms

YOUTH BEGINNER (YB)

Ages 6 & older

- New to swim lessons or haven't been in lessons for several years
- Independent front/back floats – 10 seconds
- Independent front/back glides with flutter kick
- Front/back flutter kicking – half length
- Front crawl arms with rhythmic breathing





INTERMEDIATE LESSONS

LEVEL 2.5 (L2.5): OTTERS

- Front/back flutter kicking – 25 yards
- Front crawl w/controlled rhythmic breathing – half length
- Elementary backstroke – half length
- Whip kick
- Tread Water

LEVEL 3 (L3): SEALS

- Front/back flutter kicking – 50 yards
- Front glide into front crawl
- Back glide into back crawl
- Front crawl w/rhythmic breathing – 25 yards
- Back crawl – 25 yards
- Elementary backstroke – 25 yards

LEVEL 4 (L4): STINGRAYS

- Front crawl with open turn – 50 yards
- Back crawl with open turn – 50 yards
- Elementary backstroke – 50 yards
- Breaststroke – 50 yards
- Dolphin kick – 25 yards



ADULT LESSONS

BEGINNER (AL1):

Ages 18+

- Front/back floats
- Front/back kicking with support
- Breathing
- Recovery position
- Comfort in water independently

INTERMEDIATE (AL2):

Ages 18+

- Front/back glide with flutter kick
- Rhythmic breathing
- Front crawl arms with rhythmic breathing
- Support elementary backstroke



ADVANCED LESSONS

LEVEL 5 (L5): DOLPHINS

- Front crawl with flip turn – 100 yards
- Back crawl with open turns – 100 yards
- Elementary backstroke – 100 yards
- Breaststroke – 50 yards
- Underwater pull outs for breaststroke
- Butterfly – half length

LEVEL 6 (L6): ORCAS

- Back crawl with open turns – 200 yards
- Breaststroke with underwater pullouts – 100 yards
- Sidestroke – 25 yards
- Butterfly – 25 yards
- Individual Medley – 100 yards

INTRODUCTION TO SWIM TEAM (IS)

Begin your journey into competitive swimming by working on stroke technique and build endurance in the butterfly, backstroke, breaststroke, and freestyle, along with competitive turns.

COST	COST SV RES
\$119	\$108



INTRODUCTION TO LIFEGUARDING (IL)

This course provides a foundation of lifeguarding and life skills that will allow for a smooth transition to any lifeguard program.

Prerequisites:

- 50 yard swim of front crawl or breaststroke
- Retrieve a 10 pound brick and bring to a wall from a depth of four feet
- Swim under water 10 feet

COST	COST SV RES
\$89	\$81



Swim Lessons

WEEKLY CLASSES

1 day per week for 8 weeks



MONDAY SESSION SEPT 21 - NOV 9		
TIME	LEVEL	ACTIVITY #
9:25 AM	L1	430101-01
10:05 AM	SF 1 & 2	430110-01
10:45 AM	PS	430111-01
5:00 pm	PS	430111-03
	L2	430102-01
	L2.5	430112-01
	PR	430114-01
5:45 pm	MR	430117-02
	L1	430101-03
	L3	430103-01
	PR	430114-02
6:30 pm	SF 1 & 2	430110-02
	PS	430111-04
	L4	430104-01
	PR	430114-03
7:15 pm	L2.5	430112-02
	L5	430105-01
	PR	430114-04
8:00 pm	AL 1	430115-01
	PR	430114-05
	PR	430114-06

TUESDAY SESSION SEPT 22 - NOV 10		
TIME	LEVEL	ACTIVITY #
5:00 pm	PS	430111-05
	L1	430101-04
	L5	430105-02
5:45 pm	PR	430114-07
	MR	430117-03
	L2	430102-02
6:30 pm	L2.5	430112-03
	PR	430114-08
	PS	430111-06
7:15 pm	L2	430102-03
	L2.5	430112-04
	PR	430114-09
8:00 pm	PR	430114-10
	PR	430114-11
	PR	430114-12
	PR	430114-13
	PR	430114-14

WEDNESDAY SESSION SEPT 23 - Nov 11		
TIME	LEVEL	ACTIVITY #
9:25 am	PS	430111-02
10:05 am	MR	430117-01
10:45 am	L1	430101-02
5:00 pm	MR	430117-04
	L1	430101-05
	L3	430103-05
5:45 pm	PR	430114-15
	SF 1 & 2	430110-03
	L1	430101-06
6:30 pm	L5	430105-03
	PR	430114-16
	PS	430111-07
7:15 pm	L2	430102-04
	YB	430113-01
	PR	430114-17
	L2	430102-05
8:00 pm	L6	430106-01
	PR	430114-18
	AL 2	430115-02
	PR	430114-19
	PR	430114-20

A NOTE ABOUT SWIM LESSONS

- Swim lessons are not canceled if Mounds View School District cancels after school activities due to weather.
- We do not provide make-up lessons.
- Face masks are required for common areas including the pool deck and locker rooms.
- Group classes with fewer than 2 registered participants will be canceled.
- Students are not allowed to swim before or after lessons.
- Students should use the bathroom and shower before entering the pool area. Staff aren't allowed to take students to the bathroom.
- Meet on the patio located by the pool entrance to go over introductions on the first day of lessons.
- If your child needs a quieter environment to learn look at our Tuesday, Thursday, Saturday, and Sunday lessons.
- Children ages 4 and under may use any locker room. Children ages 5 and older must use the same sex locker room or family locker room.
- The pool water temperature is kept between 83 and 84 degrees.



Swim Lessons



WEEKLY CLASSES

1 day per week for 8 weeks

No class Oct 15, 17, 18



THURSDAY SESSION SEPT 24 - NOV 19		
TIME	LEVEL	ACTIVITY #
5:00 pm	PS	430111-08
	L2	430102-06
	YB	430113-02
	PR	430114-21
5:45 pm	MR	430117-05
	PS	430111-09
	L3	430103-04
6:30 pm	PR	430114-22
	L1	430101-07
	L2	430102-07
	L2.5	430112-05
7:15 pm	PR	430114-23
	L2	430102-08
	L4	430104-02
	PR	430114-24
8:00 pm	PR	430114-25
	PR	430114-26
	PR	430114-27
	PR	430114-28

SATURDAY SESSION SEPT 26 - NOV 21		
TIME	LEVEL	ACTIVITY #
8:15 am	PS	430111-10
	L2	430102-09
	YB	430113-03
	PR	430114-29
9:00 am	PR	430114-30
	SF 2	430110-04
	PS	430111-11
9:45 am	L1	430101-08
	L3	430103-05
	PR	430114-31
	SF 1	430110-05
10:30 am	MR	430117-06
	L1	430101-09
	L2.5	430112-06
	L4	430104-03
11:15 am	PR	430114-32
	PS	430111-12
	L2	430102-10
	L5	430105-04
11:15 am	PR	430114-33
	PR	430114-34
	PR	430114-35
	PR	430114-35

SUNDAY SESSION SEPT 27 - NOV 22		
TIME	LEVEL	ACTIVITY #
9:00 am	SF 1 & 2	430110-07
	PS	430111-13
	L2.5	430112-07
	PR	430114-36
9:45 am	MR	430117-07
	L2	430102-11
	L5	430105-05
10:30 am	PR	430114-37
	SF 1 & 2	430110-08
	L1	430101-10
	L4	430104-04
11:15 am	PR	430114-38
	L2	430102-12
	L3	430103-06
6:15 pm	PR	430114-39
	PS	430111-15
	L1	430101-11
	L6	430106-03
6:55 pm	PR	430114-40
	SF 1 & 2	430110-09
	L2	430102-13
	L2.5	430112-08
	PR	430114-41



Swim Lessons



WEEKLY CLASSES

2 day per week for 4 weeks

MONDAY & WEDNESDAY SESSION NOV 30 - DEC 16		
TIME	LEVEL	ACTIVITY #
5:00 pm	PR	430114-50
	PR	430114-51
	PR	430114-52
5:40 pm	PR	430114-53
	PR	430114-54
	PR	430114-55
6:20 pm	PR	430114-56
	PR	430114-57
	PR	430114-58

LESSON RATES

Group lessons:

8 lessons: \$89; \$81 SV Res
6 lessons: \$67; \$61 SV Res

Private lessons:

8 lessons: \$185; \$168 SV Res
6 lessons: \$139; \$126 SV Res

Semi-private*:

8 lessons: \$138; \$125 SV Res
6 lessons: \$104; \$94 SV Res

* Two participants of equal ability.

TUESDAY & THURSDAY SESSION DEC 1 - DEC 17		
TIME	LEVEL	ACTIVITY #
5:00 pm	PS	430111-20
	L1	430101-18
	PR	430114-59
5:45 pm	PR	430114-60
	MR	430117-10
	PS	430111-21
6:30 pm	L3	430103-14
	PR	430114-61
	L1	430101-19
7:15 pm	L2	430102-17
	L2.5	430112-18
	YB	430113-08
	L2	430102-18
	L2.5	430112-19
PR	PR	430114-62
	PR	430114-63





ELLIS & ASSOCIATES COMMUNITY CPR/AED

The following information is covered for adult, child, and infant skills for:

- Rescue breathing
- Obstructed airway
- CPR with AED

Certification is awarded after successful completion of all skills. Participants will receive a keychain with CPR mask and ready reference materials.

Registration deadline: Sept 28

AGES	DATE & TIME	COST	ACTIVITY #
14+	Tue, Oct 6 6-10 pm	\$54 \$49 SV Res	450301-01

ELLIS & ASSOCIATES STANDARD FIRST AID

Learn how to provide:

- Basic first aid skills
- Caring for injuries and sudden illness

Ready reference materials are included.

Registration deadline: Sept 28

AGES	DATE & TIME	COST	ACTIVITY #
14+	Thu, Oct 8 6-8:30 pm	\$34; \$31 SV Res	450301-02

ELLIS & ASSOCIATES COMMUNITY CPR/AED AND FIRST AID

The following information is covered for adult, child, and infant skills for:

- Rescue breathing
- CPR with AED
- Basic first aid skills
- Obstructed airway
- Caring for injuries and sudden illness

Certification is awarded after successful completion of all skills. Participants will receive a keychain with CPR mask and ready reference materials.

Registration deadline: Sept 28

AGES	DATE & TIME	COST	ACTIVITY #
14+	Tue, Oct.6 6-10 pm and Thu, Oct 8, 6:30-8:30 pm	\$70 \$64 SV Res	450301-03

Safety Programs



BSA FIRST AID MERIT BADGE

Scouts learn how to:

- Care for an injured or ill person until professional medical care is available
- Provide immediate care and help someone who's hurt or ill
- Help prevent infection and serious blood loss

Scouts must provide the First Aid Merit Badge pamphlet and certification card.

Registration deadline: one week prior to class start

AGES	DATE & TIME	COST	ACTIVITY #
11+	Tue, Dec 8: 5-8:30 pm	\$69; \$63 SV Res	430301-03

BSA SWIMMING MERIT BADGE

Scouts learn about:

- Safety when swimming and diving
- How swimming can contribute to overall fitness and health
- Gain some basic competitive swimming skills.

Scouts must provide the Swimming Merit Badge pamphlet and certification card.

Registration deadline: one week prior to class start

Location: Chippewa Middle School pool

AGES	DATE & TIME	COST	ACTIVITY #
11+	Sat, Nov 21: 12-3 pm	\$63; \$57 SV Res	430301-01

BSA LIFESAVING MERIT BADGE

Scouts learn how to:

- Assist those involved in water accident
- Knowledge in rescue techniques
- Perform and judge when and how to act in an emergency

Scout must provide the Lifesaving Merit Badge pamphlet and certification card.

Registration deadline: one week prior to class start

Location: Chippewa Middle School pool

AGES	DATE & TIME	COST	ACTIVITY #
11+	Sat, Nov 21: 12-4 pm	\$69; \$63 SV Res	430301-02



Kids Corner Preschool



KIDS CORNER PRESCHOOL

September 14, 2020 - May 27, 2021

A \$75 non-refundable fee is required at the time of registration.

REGISTRATION OPEN

Kids Corner offers students fun and educational experiences that help get them ready for kindergarten.

Located inside the community center, students have an opportunity to play and explore indoor and outdoor playgrounds, the gymnasium, and outdoor nature areas. Outdoor nature and science programming provides a unique learning experience you won't find at most preschools.

Daily snack included.

Calendar follows Mounds View School District 621 non-school days.



A TO Z: FULL DAY PRESCHOOL PROGRAM:

- Structured learning 9:30 am - 3:30 pm
- Skill work: letters, numbers, colors, shapes, printing, counting, beginning math & more
- Weekly nature based play, music, Spanish, physical education, swimming and library visits
- Lunch not provided – students need a bag lunch & drink
- Must be toilet-trained
- Must be 3 by June 1, 2020

AGES	DATE & TIME	WEEKLY FEE	ACTIVITY #
3-5	Mon – Fri Sept 14 - May 27, 2021 7 am-5:30 pm	\$272; \$248 SV Res	540450-01
3-5	Mon, Wed, Fri Sept 14 - May 27, 2021 7 am-5:30 pm	\$189; \$171 SV Res	540450-02
3-5	Tues & Thur Sept 14 - May 27, 2021 7 am-5:30 pm	\$147; \$133 SV Res	540450-03

SPECIALTY CLASSES

- 30 minute swim lesson taught by certified swim instructors
- Busy Buddies: art projects, creative movement, foreign language & more
- Investigators: hands-on science education & more
- Must be 3 by September 1, 2020

AGES	CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY #
3-5	Busy Buddies	Mon, Sept 14 - May 27, 2021 9:30 am - noon	\$116 \$106 SV Res	540451-01
3-5	Investigators	Wed, Sept 14 - May 27, 2021 9:30 am - noon	\$123; \$111 SV Res	540452-01





2½ - 3 YEARS OLD

- Early learning: colors, shapes, patterns, days of the week and more
- Great first-time classroom experience
- Socialization skills in large group
- Monday & Friday curriculum varies
- Must be 3 by May 31, 2021

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY #
Monday Funday	Mon, Sept 14 - May 27, 2021 9:30 - 11 am	\$82 \$74 SV Res	540453-01
Friday Funday	Fri, Sept 14 - May 27, 2021 9:30 - 11 am	\$68 \$62 SV Res	540454-01

3 - 4 YEARS OLD

- Early learning: letters, numbers, colors, shapes, writing skills, social skills
- Weekly large motor skills/physical education time included
- W/F & T/TH curriculum varies
- Must be 3 by September 1, 2020

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY #
Tiny Treasures	Wed/Fri Sept 14 - May 27, 2021 9:30 am - noon	\$147 \$134 SV Res	540455-01
ABC's & 123's	Tues/Thurs Sept 14 - May 27, 2021 9:30 am - noon	\$165 \$150 SV Res	540456-01

4 - 5 YEARS OLD

- Kindergarten readiness
- Skill work: letter recognition, printing, counting, early math, cutting and scissors
- Weekly large motor skills/physical education time included
- Must be 4 by September 1, 2020

CLASS	DATE & TIME	MONTHLY FEE	ACTIVITY #
Alpha Kids	Tues/Thurs Sept 14 - May 27, 2021 9:30 am - 12:30 pm	\$182 \$165 SV Res	540457-01
Stepping Stones	Tues/Wed/ Thurs Sept 14 - May 27, 2021 1-3:30 pm	\$249 \$225 SV Res	540458-01





SPOOKY NIGHT OUT

Come enjoy this spooky night at the Haffeman pavilion. Come in costume and enjoy the night with dancing, pumpkins, games and light refreshments. This event is held outdoors. Please, plan accordingly and each member of the group must purchase a ticket.

Registration deadline: October 16

Ages: 5-10
\$10 per person

Friday, October 23
6:30 - 8:30pm



Youth Programs



REC ON THE GO BAGS

Celebrate the fall season and choose a themed bag to create something fun at home. Get while supplies last!

AGES	THEME	COST	ACTIVITY #
5-10	STEM	\$10	470290-01
5-10	Road Trip Adventures	\$10	470290-02
5-10	Outer Space	\$10	470290-03
5-10	Dino Detectives	\$10	470290-04
5-10	Express your mess	\$10	470290-05
5-10	Princess Party	\$10	470290-06



GRANDPARENT* AND ME LEARN TO PAINT CLASSES

No experience necessary. Come to a fun morning of painting with Paint by Jill. A young person with their grandparent, parent or special friend create a one-of-a-kind masterpiece together. Children of all ages welcome, ages 5 and older is recommended though. Multiple children need to register separately. If in-person classes are not available due to COVID restrictions, students will be contacted with details on picking up kits and login for virtual instruction. **Adult or caretaker welcome to accompany children to class*

Registration deadline: one week prior to class

AGES	DATE & TIME	CLASS	COST	ACTIVITY #
5+	Sept 19: 10am – noon	You and Me	\$43; \$39 SV Res	400440-01
5+	Oct 24: 10am – noon	Holiday Ghouls	\$43; \$39 SV Res	400440-02
5+	Nov 21: 10am – noon	Fall Time	\$43; \$39 SV Res	400440-03
5+	Dec 5: 10am – noon	Tis The Season	\$43; \$39 SV Res	400440-04



GRANDPARENT AND ME AT MAKERSPACE

Travel to White Bear Makerspace, 5966 HYW 61 N, White Bear Lake, for an easy make and take project for Grandparents Day (Sept 13). Everything you need: Unfinished wood, stencils, glue, paint, and brush. You make a special gift and we do all the clean-up. Suggested ages 7 and up.

Registration deadline: one week prior to class, choose one project

AGES	DATE & TIME	CLASS CHOICE	COST	ACTIVITY #
5+	Sept 12: 10 am – noon	Lizards	\$55; \$50 SV Res	400441-01
		Handprints	\$55; \$50 SV Res	400441-02
		MN Home	\$55; \$50 SV Res	400441-03
		S'more	\$55; \$50 SV Res	400441-04

WISH UPON A BALLET & TAP

Class Theme: Toy Story. This program offers the same curriculum as our Wish Upon a Ballet program with the added fun of tap dancing! Tap develops rhythm and motor skills. Ballet and tap shoes are required.

Registration deadline: Sept. 21

AGES	DATE & TIME	COST	ACTIVITY #
4 - 7	Sun, Sept. 27 - Dec. 6: 2:45 – 3:30pm	\$90; \$84 SV Res	

WISH UPON A BALLET

Incorporating popular children's and ballet stories we create a dance class that is more than ballet steps. Using musical instruments, parachutes, and scarves we will create a fairy tale experience while we skip, leap, and spin. Ballet shoes needed. Shoes available to purchase on the first day of class for an extra fee.

Registration deadline: Sept. 21

AGES	DATE & TIME	COST	ACTIVITY #
4 - 7	Sun, Sept. 27 – Dec. 6: 2 -2:45pm	\$90; \$84 SV Res	470202-01

Classes taught by Mayer Arts. (No Classes 10/18 & 11/29)



Youth Programs



MUSIC TOGETHER

Share the fun as you sing, play rhythm instruments and move along with your baby, toddler or preschooler. In our Music Together class, you will experience a joyful, research-based curriculum that supports children's cognitive, social, physical, verbal and musical development. This class is full of opportunities for experimentation and play and will help your child grow into a confident, lifelong music maker! Classes are mixed-age so siblings can attend together. Infant (under 8 months, born after Jan. 26, 2020) attend at no cost with a paid sibling.



DEMO

Registration deadline: Sept 8

AGES	DATE & TIME	COST	ACTIVITY #
0-5	Sun, Sept. 13 4:30 pm	Free	470263-01
0-5	Tues, Sept. 15 9:15 am	Free	470263-02
0-5	Wed, Sept. 16 10:15 am	Free	470263-03

Registration deadline: Sept 21

AGES	DATE & TIME	COST	ACTIVITY #
0 - 5	Sun, Sept. 27 – Dec. 6 (no class 11/29) 4:30 – 5:15 pm	\$189; \$109 additional sibling	470260-01
0 - 5	Sun, Sept. 27 – Dec. 6 (no class 11/29) 5:30 – 6:15 pm	\$189; \$109 additional sibling	470260-02

Registration deadline: Sept 21

AGES	DATE & TIME	COST	ACTIVITY #
0 - 5	Tues, Sept. 29 – Dec. 9:15 – 10 am	\$189; \$109 additional sibling	470261-01
0 - 5	Tues, Sept. 29 – Dec. 1 10:15 – 11 am	\$189; \$109 additional sibling	470261-02

Registration deadline: Sept 21

AGES	DATE & TIME	COST	ACTIVITY #
0 - 5	Weds, Sept. 30 – Dec. 2 9:15 – 10 am	\$189; \$109 additional sibling	470262-01
0 - 5	Weds, Sept. 30 – Dec. 2 10:15 – 11 am	\$189; \$109 additional sibling	470262-02



HIP HOP DANCE PARTY

Get into the groove! Learn upbeat styles such as jazz and hip hop and move to your favorite songs. Students will also learn warm-ups such as stretching, isolations and across the floor exercise! Classes Taught by Mayer Arts.

Registration deadline: Sept 21

AGES	DATE & TIME	COST	ACTIVITY #
5 - 10	Sun, Sept. 27 – Dec. 6 (No Classes 10/18 & 11/29) 3:30 – 4:15 pm	\$90; \$84 SV Res	470206-01

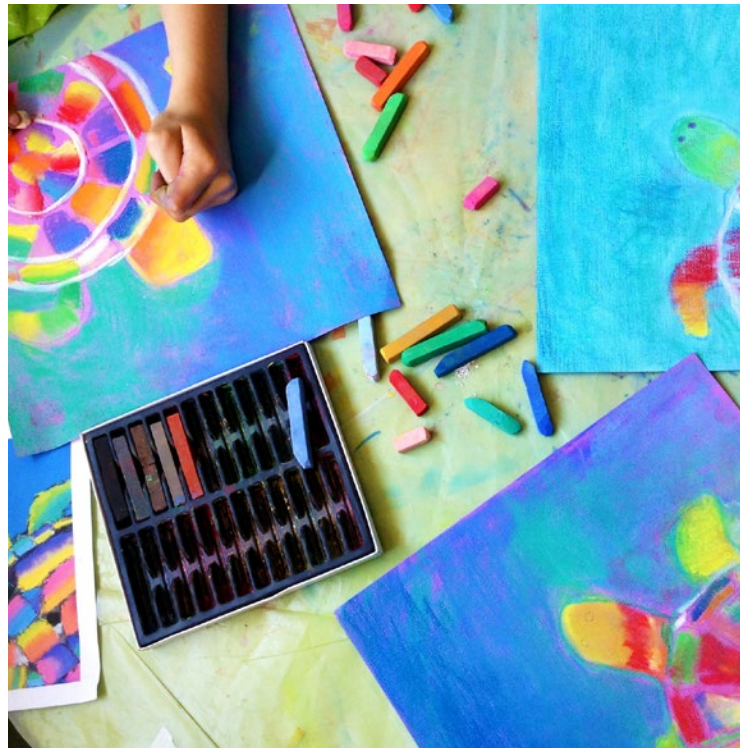


PASTEL COLORFUL CRITTERS

Animal lovers rejoice; an all new, all pastel workshop is here! Students will learn pastel drawing and texturing techniques to illustrate whimsical bees, a fanciful army of frogs, a striking owl and more artistic critters filled with detail. Challenge your creative kids by introducing them to the world of pastels, a guaranteed favorite tradition for every Young Rembrandts artist.

Registration deadline: Sept. 4

AGES	DATE & TIME	COST	ACTIVITY #
5 - 12	Sat, Sept. 12 – Oct. 3 10-11 am	\$95; \$90 SV Res	470230-01



FASHION RUNWAY 2

Young Rembrandts offers a “Medieval Fashion” workshop for everyone who dreams of being a princess. Join us for four days of beautiful medieval pageantry. During the first day of class, students will draw portraits showcasing medieval headwear. Medieval clothing will be explored, learn basic figure drawing, and illustrate medieval-themed fashion accessories. More advanced figure drawing techniques and elaborate clothing will be drawn on the fourth day of class. On the last day students will create a large, wonderfully detailed medieval scene of a queen and her ladies in waiting. No drawing experience is necessary.

Registration deadline: Oct. 24

AGES	DATE & TIME	COST	ACTIVITY #
5 - 12	Sat, Oct. 31 – Nov. 21 10-11 am	\$95; \$90 SV Res	470231-01



Youth Programs



HALLOWEEN CRAFT PARTY

Park your broom at the door and come on in! Together, you and your child will create an adorable picture of a haunted house, complete with spooky handprint ghosts. What a great keepsake! The kids are welcome to wear costumes to class. Children must be accompanied by a caregiver. Class taught by KidCreate.

Registration deadline: Oct. 9

18 mths – 6 years **Sat. Oct. 17** 9:30-10:30 am
\$20; \$17 SV Res 470270-01



HALLOWEEN CRAFT PARTY

What's the best part about Halloween? The candy, of course! We'll create a spooky graveyard scene out of tons of "sweet" art supplies including some Halloween candy favorites like candy corn! Kids are welcome to wear their costumes to class. Please pack a nut-free snack and drink for your child. Class taught by KidCreate.

Registration deadline: Oct. 16

Age 4 - 9 **Sat. Oct. 24** 9 - noon
\$40; \$37 SV Res 470272-01



CUPCAKE ART WITH FONDANT

Have you ever used fondant to decorate cupcakes? Fondant is a pliable and edible icing used to create a variety of designs on cupcakes. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. Have fun attaching your decorative fondant to create festive cupcakes for any occasion! Class is taught by Artistic Moments.

Registration deadline: Sept. 18

AGES	DATE & TIME	COST	ACTIVITY #
5 - 11	Sat, Sept. 26 10-11:30 am	\$28; \$23 SV Res	470225-01



THANKSGIVING CRAFT PARTY

Kids will celebrate Thanksgiving by creating an adorable turkey that is sure to attract smiles. This is a great class for siblings to attend together! Children must be accompanied by a caregiver.

Class taught by KidCreate.

Registration deadline: Nov. 6

AGES	DATE & TIME	COST	ACTIVITY #
18 months – 6 years	Sat. Nov. 14 9:30-10:30 am	\$20; \$17 SV Res	470271-01



GOBBLE BOBBLE

Do you need a little more time to get that turkey stuffed? Sign your kids up for some art fun and get your last minute cooking done. The kids will start celebrating Thanksgiving early by creating an adorable turkey bobble head. It will be a wonderful addition to any Thanksgiving table! This is a great class for siblings to attend together! Please pack a nut-free snack and drink for your child. Class taught by KidCreate.

Registration deadline: Nov. 13

AGES	DATE & TIME	COST	ACTIVITY #
4 - 9	Sat. Nov. 21: 9 - noon	\$40; \$37 SV Res	470273-01



CHESS SCHOOL

Twin Cities Chess Club provides an environment for children of all skill levels to learn and enjoy the wonderful game of chess. Students are grouped together according to their age and ability. Classes will be taught by Igor Rybakov, the USCF-rated tournament chess player who was named the best chess coach in Minnesota.

Registration deadline: Sept. 4

AGES	DATE & TIME	COST	ACTIVITY #
5-18	Session 1: Sat, Sept. 12 – Oct. 24 (No class 10/17) 9:30-10:30 am	\$80	470220-01
5-18	Session 2: Sat, Oct. 31 – Dec. 12 (No class 11/28) 9:30-10:30 am	\$80	470220-02
5-18	Combined Session: Sat, Sept. 12 – Dec. 12 (No class 10/17 & 11/28) 9:30-10:30 am	\$150	470220-03



BABYSITTING 101

This class will cover the following skills of childcare:

- + First aid + sitter safety
- + Crafts, toys + childproofing
- + Nutrition

Registration deadline: four days before class start

GRADES	DATE & TIME	COST	ACTIVITY #
5-7	Sat, Aug 8: 8 am-noon	\$68; \$62 SV Res	350101-03

All fall classes will be online. Class materials and instructions will be available for pickup the Friday before class.

GRADES	DATE & TIME	COST	ACTIVITY #
5-7	Sat, Sept 12; 8 am- noon	\$68; \$62 SV Res	450101-01
5-7	Sat, Oct 10; 8 am-noon	\$68; \$62 SV Res	450101-02
5-7	Nov 14; 8 am-noon	\$68; \$62 SV Res	450101-03
5-7	Dec. 12; 8 am-noon	\$68; \$62 SV Res	450101-04



BABYSITTING FIRST AID

Students interested in continuing their babysitting skills will learn about:

- + Recognizing an emergency
- + When to call for help
- + Care of injuries
- + Allergic reactions
- + How to help a choking child/infant
- + Students will also put together a small take home first aid kit

Registration deadline: seven days before class start

AGES	DATE & TIME	COST	ACTIVITY #
5-7	Sun, Dec 6; 12:30-3:30 pm	\$45; \$41 SV Res	450102-01



Youth Programs



TAE KWON DO

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes teach kicking, punching, striking, and blocking techniques through traditional Tae Kwon Do. Students will improve stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by Pam Meyers of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be added to registrations received after noon on the Wednesday following the first class. Pre-registration is required. Drop-ins are not permitted.

Registration deadline: four days before class start.

6 weeks Session A - No class Oct 13 & 15

AGES	DATE & TIME	COST	ACTIVITY #
Beginner 7+	Tues & Thurs Sept 14 - Oct 26 6:15 - 7 pm)	\$90 \$84 SV Res	410231-01
Advanced 7+	Tues & Thurs, Sept 14 - Oct 26 7 - 8 pm	\$90 \$84 SV Res	410233-01

6 weeks Session B - no class Nov 24 & 26

AGES	DATE & TIME	COST	ACTIVITY #
Beginner	Tues & Thurs Nov 2 - Dec 14 6:15 - 7 pm	\$90 \$84 SV Res	410231-02
Advanced	Tues & Thurs Nov 2 - Dec 14 7 - 8 pm	\$90 \$84 SV Res	410233-02

LITTLE NINJAS

Sun Yi's Academy Little Ninjas is specifically designed to enhance your child's development in a fun and motivating way. Some of the most important years in a child's development are between the ages of 4 and 6. Curriculum focuses on improving pre-school age children's basic listening, social and motor skills. There are nine major skills that our instructors focus:

Focus, team work, control, balance, memory, discipline, fitness, coordination, and respect. Class is limited to 6 students - No class Oct 16 & Nov 27

AGES	DATE & TIME	COST	ACTIVITY #
4-6	Fri, Sept 18 - Oct 30 5:30 - 6 pm	\$51 \$48 SV Res	410234-01
4-6	Fri, Nov 6 - Dec 18 5:30 - 6 pm	\$51 \$48 SV Res	410234-02



TUMBLING

Discover the sport of tumbling in a positive, educational atmosphere. Participants will learn basic skills on floor, balance beam, bars, and vault. Participants will learn self-discipline and have fun. Due to space limitations there is no observation area for parents, however parents are invited to observe the final class.

Registration deadline: Sept. 11

Sat, Sept. 19 - Nov. 14 (no class 10/17)

AGES	DATE & TIME	COST	ACTIVITY #
2-3	Toddler & Parent* 9:45 - 10:30 am	\$100; \$90 SV Res	480101-01
2-3	Toddler & Parent* 10:45 - 11:30 am	\$100; \$90 SV Res	480101-02
3-4	Tumbling Tykes 11:45 - 12:30 pm	\$100; \$90 SV Res	480102-01
4-5	Rolly Pollys 12:45 - 1:30 pm	\$100; \$90 SV Res	480103-01
5-8	Handstanders 1:45 - 2:30 pm	\$100; \$90 SV Res	480104-01

*Parent participation and support are required as part of this class. Please only send one adult with child.

COMING FALL 2020! ESPORTS

Come join us for our virtual Esports events!
For more information, please visit our website.

AGES	DATE & TIME	GAME	COST
13-17	Sat, Aug 22, 8am-4pm	Mario Kart	FREE
13-17	Sat, Oct 10, 8am-4pm	Smash Bros	\$15
13-17	Sat, Nov 21, 8am-4pm	Smash Bros	\$15

May be held in-person at SVCC if COVID conditions allow





TENNIS LESSONS

PRIVATE LESSONS

Individual Private Lessons (60 minutes)

Five lessons: \$190; \$180 Shoreview Resident
Activity #: 490602-01

Semi Private Lessons (60 minutes)

Five lessons: \$110; \$100 SV Res Activity #: 490603-01

Each participant pays registration fee and must enroll with a partner.

Personalized, high-quality tennis instruction. This program offers one-on-one tennis instruction for the casual or avid tennis player. Our instructors will help you work on your ground strokes, serves, volleys, lobs, and smashes in an individual setting. Semi-private lessons are for two participants of equivalent ability. Participants must enroll with a partner for semi-private lessons.



GROUP LESSONS

Youth Group Lessons: \$74; \$64 SV Res

PeeWees: Ages 5 to 7

Peewees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

Beginners: Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.

Advanced Beginners Ages 9 to 11

Perfect for the player who has taken lessons, but needs stroke and technique improvement. Instruction focuses on stroke consistency and introduces new strokes.

Intermediate: Ages 11 to 14

For youth with dependable strokes who have completed advanced beginner class. Instruction will focus on court coverage, game strategy, stroke use and much more.

AGES	DATE & TIME	COST	ACTIVITY #
Pee Wees	Sat, Sept 5 - Oct 3 10 – 10:45 am	\$70; \$60 SV RES	490606-01
Beginners	Sat, Sept 5 - Oct 3 11 – 11:45 am	\$70; \$60 SV RES	490607-01
Advanced Beginners	Sat, Sept 5 - Oct 3 12 – 12:55 pm	\$70; \$60 SV RES	490608-01
Intermediate	Sat, Sept 5 - Oct 3 1 – 1:55 pm	\$70; \$60 SV RES	490609-01

GIRLS VOLLEYBALL LEAGUE

Participants will develop skills and learn the rules and strategy in a team setting in this league play format. Teams will have one practice and one game per week. Games and practices will last one hour. Starting times will vary each week. Tuesday's will be between 5:30 – 8:30 pm and Saturdays between 9 am – 4 pm.

\$80; \$70 SV Res

Deadline to register: Friday, Dec. 4
(\$20 late fee after Dec. 4)

Location: Turtle Lake Elementary

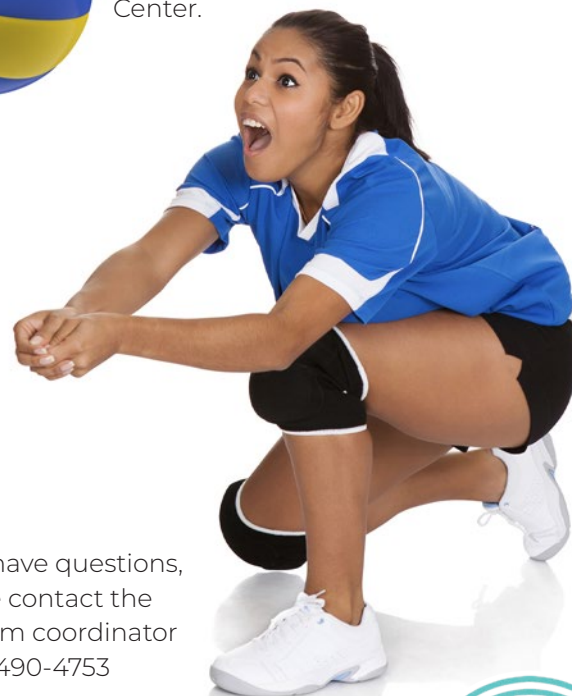
GRADES	DATE & TIME	ACTIVITY #
4 - 5	Tues & Sat Jan. 5 - March 6	190304-01
6 - 8	Tues & Sat Jan. 5 - March 6	190304-02

Volunteer coaches are needed! Benefits of volunteer coaching:

- Give back to the community
- Provide youth with fun experience
- 50% refund of registration fee

VOLUNTEER COACHES MEETING

Tuesday, December 15
from 6:30 – 7:30 pm at
Shoreview Community Center.



If you have questions, please contact the program coordinator at 651-490-4753



Youth Sports



All classes on this page are 4:05 - 5:05 pm (unless noted)

BASKETBALL

Instructors will provide fun games and drills for participants to learn the fundamentals of basketball. Participants should bring their desire to learn and have fun!

Location: Island Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Tues, Sept. 22 – Oct. 27	\$50 per participant	490403-01
1 - 5	Tues, Nov. 10 – Dec. 15	\$50 per participant	490403-02

Location: Turtle Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Tues, Sept. 22 – Oct. 27	\$50 per participant	490403-03
1 - 5	Tues, Nov. 10 – Dec. 15	\$50 per participant	490403-04

SOCCER

Our instructors will provide fun games and drills for participants to learn the fundamentals of soccer. Participants should bring their desire to learn and have fun.

Registration deadline: two days before class start

Location: Island Lake Elementary. No class Oct 15 & Nov 26

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Wed., Sept. 23 – Oct. 28	\$50 per participant	490406-01
1 - 5	Wed., Nov. 11 – Dec. 16	\$50 per participant	490406-02

Location: Turtle Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Thurs, Sept 17 - Oct 29	\$50 per participant	490406-03
1 - 5	Thurs, Nov 5 - Dec 17	\$50 per participant	490406-04

PICKLEBALL

Our instructors provide fun games and drills for participants to learn the fundamentals of pickleball. Participants should bring their desire to learn and have fun.

Registration deadline: two days before class start

Location: Island Lake Elementary. No class Oct 15 & Nov 26

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Thurs Sept. 17 – Oct. 29	\$50 per participant	490405-01
1 - 5	Thurs Nov. 5 – Dec. 17	\$50 per participant	490405-02

Location: Turtle Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Wed Sept 16 - Oct 21	\$50 per participant	490405-03
1 - 5	Wed Nov 4 - Dec 16	\$50 per participant	490405-04

WRESTLING

Join Mounds View High School coaches for this entry-level wrestling program. Participants will learn basic moves and techniques that build self confidence.

Registration deadline: two days before class start

Location: Island Lake Elementary. No class Oct 15

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Mon Sept. 21 – Oct. 26	\$50 per participant	490409-01

Location: Turtle Lake Elementary

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Tues Sept 22 - Oct 27	\$50 per participant	490409-02

Location: Mounds View High School

GRADE	DATE & TIME	COST	ACTIVITY #
K	Tues./Thurs. October 20 – 29 6-7 pm	\$35 per participant	490409-03





TGA GOLF

TGA golf brings the golf course to your student, making it easy to learn and play golf in a fun and safe environment. Instructors help students develop golf skills and knowledge, while teaching valuable life lessons like honesty and sportsmanship.

Registration deadline: two days before class start

Location: Island Lake Elementary, 4:05 – 5:05PM

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Mon, Sept. 21 – Oct. 26 8:05 - 9:05 am	\$50 per participant	490910-01
1 - 5	Mon, Nov. 9 – Dec. 14 4:05 - 5:05 pm	\$50 per participant	490910-02

Location: Turtle Lake Elementary, 4:05 – 5:05PM

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Mon, Sept. 21 – Oct. 26	\$50 per participant	490910-03
1 - 5	Mon, Nov. 9 – Dec. 14	\$50 per participant	490910-04

Location: Commons Park Soccer Field

GRADES	DATE & TIME	COST	ACTIVITY #
1 - 5	Sat, Sept. 12 – 26 10 – 11:30 am	\$50 per participant	490910-05

MINI KICKERS SOCCER

This program teaches fundamental skills that end each session with small side scrimmages. Small group sizes provide a fun and active environment. Age appropriate equipment is used. This class is taught by John Swallen. No class October 17.

Saturdays, October 3 – November 14

GRADES	TIME	COST	ACTIVITY #
3 - 5	9-9:30 am	\$75; \$70 SV Res	490801-01
3 - 5	9:35-10:05 am	\$75; \$70 SV Res	490801-02
3 - 5	10:10-10:40 am	\$75; \$70 SV Res	490801-03

REVSPORTS - T-BALL/BASEBALL

This program teaches fundamental skills that end each session with small side scrimmages. Small group sizes are used for a more fun and active environment. Age appropriate equipment is used. This class is taught by Revolutionary Sports.

Registration deadline: October 22

GRADES	DATE & TIME	COST	ACTIVITY #
3-4	Mon., Sept. 21 – Oct. 26 5 – 5:30PM	\$60; \$55 SV RES	490914-01
4-5	Mon., Sept. 21 – Oct. 26 5:30 – 6:15PM	\$60; \$55 SV RES	490914-02
6-7	Mon., Sept. 21 – Oct. 26, 6:15 – 7PM	\$60; \$55 SV RES	490914-03
3-4	Mon., Nov. 9 – Dec. 21 5 – 5:30PM	\$60; \$55 SV RES	490914-04
4-5	Mon., Nov. 9 – Dec. 21 5:30 – 6:15PM	\$60; \$55 SV RES	490914-05
6-7	Mon., Nov. 9 – Dec. 21 5:30 – 6:15PM	\$60; \$55 SV RES	490914-06

LITTLE STRIKERS BOWLING CAMP

Spare, split, STRIKE! Participants will learn the bowling basics and visit Bowlopolis, an animated city all about bowling, where they will meet characters and learn that bowling is fun.

Registration deadline: December 23

Location: Flaherty's Arden Bowl, 1273 West Co. Rd. E, Arden Hills, MN. 55112

AGES	DATE & TIME	COST	ACTIVITY #
5-10	Mon. – Tues., December 28-29 10 am - noon	\$45 per participant	190901-01

FALL SPORTS LEAGUES

Co-Rec Flag Football Leagues Grades K – 6

Co-Rec Soccer Leagues Ages 4 – Grade 6

Register Now! Space is limited!

Check out the website for more information.



Recreational Ice Skating Lessons



GROUP LESSONS

Get an edge on winter by enrolling in ice skating lessons early.

Fall 2020 Schedule: Saturday, October 24 – December 5

The Shoreview Arena
Hwy 96 and Victoria St N

PRE-SNOWPLOW: AGES 4-8

With a mix of fun games and drills, this class will help participants gain the strength and confidence to stand on their own while introducing preliminary skating moves and techniques.

SNOWPLOW SAM: Ages 4-10

Participants will learn to skate in a safe and fun environment. This class introduces preliminary moves that will help develop the familiarity, coordination and strength needed to maneuver on skates.

LEVELS 1-3

Our leveled classes encourage participants to trade in hesitation for excitement as their confidence grows with each stride. Participants will focus on skills that build their agility, balance, coordination and speed.

Registration deadline: 10/22

Location: The Shoreview Arena, 96 and Victoria

CLASS	TIME	COST	ACTIVITY #
Snowplow	8 – 8:30 am	\$99; \$85 SV RES	470401-01
Level 1	8 – 8:30 am	\$99; \$85 SV RES	470402-01
Level 3	8 – 8:30 am	\$99; \$85 SV RES	470404-01
Snowplow	8:35 – 9:05 am	\$99; \$85 SV RES	470401-02
Level 1	8:35 – 9:05 am	\$99; \$85 SV RES	470402-02
Level 2	8:35 – 9:05 am	\$99; \$85 SV RES	470403-01
Snowplow	9:10 - 9:40 am	\$99; \$85 SV RES	470401-03
Level 1	9:10 - 9:40 am	\$99; \$85 SV RES	470402-03
Level 2	9:10 - 9:40 am	\$99; \$85 SV RES	470403-02
Pre-Snowplow	9:40 – 10:10 am	\$152; \$138 SV RES	470400-01

HELPFUL TIPS FOR SKATERS: Lace skates more snugly in the middle of the shoe than at the top or bottom for best support. Skates should fit correctly – don't use skates that are too big. Keep the blades sharp. Wear one pair of light weight wool or synthetic socks. Cotton socks are not suitable for skating. If a child does not meet the basic requirements of the level registered for, the instructor will adjust the child's level.

HELMETS AND SKATES: For safety, all participants are required to wear helmets. Bike helmets are acceptable. Helmets and skate rental are NOT available at the rink.





Jobs that fit YOUR lifestyle!

Part-time • Flexible Hours • Fun People

Child care

\$10.50-12/hour

Provide care for children 6 months to 8 years in our drop-off center. Exp. with pre-schoolers preferred.

Fitness instructors

\$16-23/hour (1.5 hrs paid/1 hr class)

Currently seeking cardio and strength, water ex, and kettlebell instructors.

Guest service/memberships

\$12.25-13.75/hour

Answer questions, give tours, room set-up, address guest issues, provide backup at desk and cafe.

Gym supervisors

\$11.25-12.25/hour

Supervise adult drop-in pickleball and other activities.

Gymnastics/tumbling instructors

\$11-12/hour

Teach beginning to intermediate level gymnastics to kids ages 3 through 8. No experience required.

Ice skating instructors

\$12-13.50/hour

October-February

Instruct youth in ice skating. Skating knowledge and experience required. 2-4 hours Saturday mornings.

Lifeguards (we will train)

\$12.50-14/hour

No experience is required. Training is provided through Ellis Certification.

Manager on duty

\$16.25-18/hour

Coordinate daily activities, supervise staff, assist guests, follow safety/security procedures.

Personal trainers

\$19-23/hour

Nationally certified trainers provide personalized workouts for general fitness and sport-specific conditioning.

Pool coordinator

\$15-17/hour

Coordinate activities/operations, supervise/train staff, schedule shifts, carry out policies, maintain systems.

Preschool assistant

\$12-14/hour

Assist teacher with preschool recreation classes. Experience working with preschoolers preferred.

Service desk

\$11.25-12.25/hour

Help guests on the phone and in-person, operate cash register, log membership info, assist Cafe staff.

Special events staff

\$10.50-12/hour

Help host our Egg Hunt, Kids Garage Sale, Halloween Hoopla, etc. Duties include decorating and clean up.

Sports instructors

\$12-14.50/hour

Lead youth and adults in a variety of sports activities. Sports background required.

Swimming instructors (we will train)

\$14-17/hour

No experience required, training provided. Morning/early evening classes held at the community center.

Water slide attendant

\$10.75-11.25/hour

Control access to waterslide entrance, provide supervision of guests and ensure guest safety.

Wave cafe

\$10.75-11.75/hour

Prepare food, operate cash register, stock supplies, clean tables and keep the lobby neat.

Youth flag football officials

\$15-25/game

September-October

Officiate flag football league games for children. Knowledge of football rules, previous officiating and football playing experience desired.

Youth soccer officials

\$15-25/game

September-October

Officiate soccer league games for children. Knowledge of soccer rules, previous officiating and playing experience desired.

Read full details and apply
shoreviewmn.gov/jobs

We are an equal opportunity employer

Free
community center
membership



August

- M **3** Economic Development Authority: 5 pm, CC
City Council Meeting: 7 pm, CC
- TH **6** Bikeways and Trails Committee: 7 pm, LC
- M **10** Council Workshop: 6 pm, CC
- M **17** City Council Meeting: 7 pm, CC
- T **18** Econ. Development Commission: 7:30 am, UC
- M **24** Environmental Quality Committee: 7 pm, CC
- T **25** Planning Commission: 7 pm, CC
- W **26** Human Rights Commission: 7 pm
- TH **27** Parks and Recreation Commission: 7 pm, CC

October

- 1** Bikeways and Trails Committee – 7 pm, LC
City Council Meeting: 7 pm, CC
- 5** Economic Development Authority: 5 pm, CC
- 12** Council Workshop: 7 pm, CC
City Council Meeting: 7 pm, CC
- 20** Econ. Development Commission: 7:30 am, UC
- 22** Parks and Recreation Commission: 7 pm, CC
- 26** Environmental Quality Committee: 7 pm, CC
- 27** Planning Commission: 7 pm, CC
- 28** Human Rights Commission: 7 pm

September

- TH **3** Bikeways and Trails Committee: 7 pm, LC
- M **7** City offices closed for Labor Day
- T **8** Economic Development Authority: 5 pm, CC
City Council Meeting: 7 pm, CC
- 9** Council Workshop: 7 pm, CC
- T **15** Econ. Development Commission: 7:30 am, UC
- TH **17** Public Safety Meeting: 7 pm, CC
- 21** City Council Meeting: 7 pm, CC
- 22** Planning Commission: 7 pm, CC
- 23** Human Rights Commission: 7 pm
- 24** Parks and Recreation Commission: 7 pm, CC
- 28** Environmental Quality Committee: 6:30 pm, CC

November

- 2** City Council Meeting: 7 pm, CC
Economic Development Authority: 5 pm, CC
- 5** Bikeways and Trails Committee: 7 pm, LC
- 9** Council Workshop: 7 pm, CC
- 11** City offices closed: Veteran's Day
- 16** City Council Meeting: 7 pm, CC
- 17** Econ. Development Commission: 7:30 am, UC
- 18** Human Rights Commission: 7 pm, CC
- 19** Public Safety Meeting: 7 pm, CC
- 23** Environmental Quality Committee: 7 pm, CC
- 26** City offices closed: Thanksgiving
- 27** Planning Commission: 7 pm, CC
- 27** City offices closed: Thanksgiving



Location Key

CC	Council Chambers	LLPL	Lower Level Parking Lot
UC	Upper Conference Room	CCPL	Comm. Center Parking Lot
LC	Lower Conference Room	SCC	Shoreview Community Center
MC	Maintenance Center	SCP	Shoreview Commons Park
SP	Shoreview Pavilion	ILCP	Island Lake County Park



Outdoor Recreation Areas

		Acres	Ballfields	Basketball Court	Football	Skating Rink	Paths	Pickleball	Tennis	Picnic Area	Playground	Shelter	Soccer	Circuit Training
Bobby Theisen Park	3575 Vivian Avenue	15		1	✓	✓	✓	6	2			1	✓	
Bucher Park	5900 Mackubin Street	25	2	1	✓	✓	✓		2	✓	✓	1	✓	✓
Heritage Park	1170 Lepak Court	3												
Lake Judy Park	900 Tiller Lane	5		½			✓			✓	✓			
McCullough Park	915 County Rd I	75	2	1	✓	✓	✓		2	✓	✓	1	✓	
Ponds Park	190 Sherwood Road	1					✓			✓	✓			
Rice Creek Fields	5880 Rice Creek Pkwy	10	4				✓			✓	✓			
Shamrock Park	5623 Snelling Avenue	23	2	1	✓	✓	✓		2	✓	✓	1	✓	
Shoreview Commons	4580 North Victoria	40	1	1	✓	✓	✓	2	2	✓	✓	1	✓	
Sitzer	4344 Hodgson Road	8	2	1		✓	✓		2	✓	✓			
Wilson Park	815 County Road F	13	2	1		✓	✓			✓	✓			

The following are operated by Ramsey County Parks & Recreation.

651.748.2500

ramseycounty.us/parks

		Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rink	Golf Course	Paths	Picnic Area	Playground	Shelter	Swimming
Island Lake Cty Park	3611 Victoria Street	167	✓		✓			✓	✓	✓	✓	✓	
Lake Owasso Cty Park	370 N. Owasso Blvd.	9	✓		✓				✓	✓	✓	✓	✓
Shoreview Ice Arena	877 Highway 96						✓						
Snail Lake Regional Park	580 Lake Blvd.	400	✓	✓	✓	✓			✓	✓	✓	✓	✓
Turtle Lake Cty Park	4979 Hodgson Road	9	✓		✓					✓	✓	✓	✓



For Indoor Pickleball and swimming visit the Shoreview Community Center.





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4600 Victoria Street North
Shoreview MN 55126

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shoreviewmn.gov