

# SHOREVIEWS

Summer 2019 City News & Recreation Catalog

Slice of Shoreview  
July 26-28

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<b>City Hall</b>	651.490.4600
<b>Community Center</b>	651.490.4700
<b>Parks and Recreation</b>	651.490.4750
<b>Building Permits</b>	651.490.4690
<b>Code Enforcement</b>	651.490.4687
<b>Forestry</b>	651.490.4650
<b>Human Resources</b>	651.490.4619
<b>Planning and Zoning</b>	651.490.4680
<b>Recycling</b>	651.490.4650
<b>Sewer &amp; Water</b>	651.490.4661
<b>Streets</b>	651.490.4671
<b>Utility Billing</b>	651.490.4630

### Police & Animal Control

Police protection and animal control are provided by Ramsey County Sheriff's Office.

**For non-emergencies call 651.767.0640.**

**For emergencies call 911.**

### Fire

Fire protection is provided by the Lake Johanna Fire Department.

**For emergencies call 911 Dispatch Non-emergency 651.415.2100**

### City Officials

#### Sandy Martin, Mayor

651.490.4618 | smartin@shoreviewmn.gov

#### Emy Johnson, Council Member

763.443.5218 | ejohnson@shoreviewmn.gov

#### Terry Quigley, Council Member

651.484.5418 | tquigley@shoreviewmn.gov

#### Sue Denkinger, Council Member

651.490.3166 | sdenkinger@shoreviewmn.gov

#### Cory Springhorn, Council Member

651.403.3422 | cspringhorn@shoreviewmn.gov

#### Terry Schwerm, City Manager

651.490.4611 | tschwerm@shoreviewmn.gov

### Access Shoreview

Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at [bit.ly/AccessShoreview](http://bit.ly/AccessShoreview).

# SHOREVIEW SUMMER FUN!

## 21st Annual Farmers Market

### Tuesday afternoons

June 11 – August 27 3-7 pm

September 3 – October 15 3-6 pm

Shoreview Community Center

Lower Level Parking Lot & Pavilion



## 2019 Concert in the Commons

### Shoreview Commons/Haffeman Pavilion – 7 pm

June 12 The Backyard Band

June 19 Sam Kuusisto Band

June 26 Church of Cash

July 3 The Jimtones

July 10 Music Junkies

July 17 The Arcades Band

July 24 Shoreview Northern Lights Variety Band

July 31 Socaholix

August 7 Jonah and the Whales

August 14 The Legendary Percolators

Kidz Concerts in the Commons are held Wednesdays at 10 am at Haffeman Pavilion – July 10 - Aug. 14.



## Slice of Shoreview Days 2019

### July 26-28, see page 3

Enjoy the three-day family event celebrating everything Shoreview! Visit [sliceofshoreview.com](http://sliceofshoreview.com).

## 19th Annual Tour de Trails

### July 28, see page 4

Join us for a leisurely, family-friendly bike ride and celebrate Shoreview as a bicycle-friendly city! The Tour de Trails is \$7 per person or \$20 per family. Details and registration online at [www.shoreviewmn.gov](http://www.shoreviewmn.gov).

*On the cover: The annual Slice of Shoreview celebration includes three days of carnival fun, food and entertainment every summer.*

## Enjoy the Sounds of Summer

*at the Concerts in the Commons*

Celebrate 13 years of free summer fun with the Concert in the Commons summer music series! Concerts are held Wednesdays at 7 p.m., June 12 - Aug. 14 at Haffeman Pavilion. Bring a chair, blanket and even a picnic dinner to enjoy!

Four audience favorites will return this year: **The Backyard Band, Church of Cash, The Jimtones, and Shoreview Northern Lights Variety Band.**

Concerts kick-off with **The Backyard Band**, performing songs by the Beatles, Bruce Springsteen, Journey and Billy Joel. Enjoy free ice cream courtesy of the Shoreview Community Foundation! Later in June **Sam Kuusisto Band** will take the stage and provide us with soulful vocals while **Church of Cash** rounds out the month.

July features local favorites, **The Jimtones**, followed by Music Junkies who will take us through top 40 hits and classic rock. Rock through the '50s & '60s with **The Arcades Band** with tunes from Elvis Presley, Buddy Holly and Roy Orbison. **Shoreview Northern Lights Variety Band** will take stage toward the end of July followed by **Socaholix**, a seven-piece, high-energy Caribbean dance band, making their Shoreview debut.

**Jonah and the Whales** take stage with classic '80s and contemporary hits in early August followed by **The Legendary Percolators.**

Shoreview Mayor Sandy Martin said, "The Concert in the Commons Music series is a great opportunity for family and friends to connect. I am very excited about this year's line-up and the new bands that will be featured."



## It's our 30th SliceAversary!

### New this Year!

- Pet junction
- YMCA Fun Run
- Ninja course rig
- Ready Go Art
  - Mobile sign
  - Letter press
  - Traveling museum
  - Rolling revelry
  - Traveling table tennis
  - Iron pouring

### Popular Returning Events:

- Art & Craft Show
- Bingo
- Carnival Rides
- Chalk Art in the Street
- Food Court
- Lake Johanna Fire Department Open House
- Pancake (Saturday) & Waffle (Sunday) Breakfasts
- Petting Zoo & Pony Rides
- Raptor Center Program
- Root Beer and Hymn Sing
- Rubber Ducky Races
- Slip 'n Slide
- Tour de Trails

### Live entertainment:

<b>Friday</b>	6 - 10 pm . . . . .	Bad Girlfriends
	10 pm . . . . .	Fireworks
<b>Saturday</b>	10 am . . . . .	Parade
	3 - 6 pm . . . . .	The Backyard Band
	7 - 10 pm . . . . .	Power of 10
	10 pm . . . . .	Fireworks
<b>Sunday</b>	10:30 am . . . . .	Church service
	12 pm . . . . .	Classic car parade
	12:30 - 3:30 pm . .	Holy Rocka Rollaz at the Car Show
	3:30 pm . . . . .	Car Show Awards

The Slice of Shoreview is run by volunteers and sponsored by the City of Shoreview and local businesses. Everyone can enjoy a "slice" of the excitement with free admission and free parking at Deluxe Corp. across the street.

For a complete event schedule and details, visit [www.SliceofShoreview.com](http://www.SliceofShoreview.com). Stay up-to-date on Facebook at [www.facebook.com/sliceofshoreview](http://www.facebook.com/sliceofshoreview).



Meet Mayor Sandy Martin and Rafa, her friendly Australian Labradoodle, to enjoy some fresh air and exercise while exploring some of the best that Shoreview has to offer. During the summer, Mayor Martin brings some of her “Talk with the Mayor” office hours outside. This year, “Walk and Talk with the Mayor” will take place on the second Tuesday of the month, June through September.

**June 11 • July 9**  
**August 13 • September 10**

Walks begin at 3 pm. Check the City’s website at [www.shoreviewmn.gov](http://www.shoreviewmn.gov) or Facebook page for location information.

In the event of rain, the outdoor walk may be cancelled and the office hours will be moved inside at City Hall. Mayor Martin has regular office hours most Tuesday afternoons from 3 to 5 pm. She is also available by phone at 651.490.4618.



## Simple Recycling

Time for spring cleaning! As you clean out your closets, please donate unwanted clothes and small household items to your favorite charity. Or, bag them up & leave them at the curb on your recycling day for Simple Recycling to pick up! Simple Recycling orange bags are available at City Hall.



## Tour Scenic Shoreview on the 2019 Tour de Trails

The 19th annual Tour de Trails bike ride will take place on Sunday, July 28 from 7:30 -11 am. Discover the wonderful trails in Shoreview with your friends and family! Short and long loop options are available. The event is \$7 per person or \$20 per family and includes a t-shirt for each participant. See [www.shoreviewmn.gov](http://www.shoreviewmn.gov) for more information. Pre-registration is accepted online through Thursday, July 25.



## Eureka! Recycling App

Wondering if your recycling is delayed? Get the new Eureka app! Download it for your smartphone from your app store for free! Enter your address to see recycling schedules; sign up for reminders and alerts by email, text, or phone call; and look up what items are accepted.



## New ShoreViews Schedule

The ShoreViews schedule is changing! Beginning with this issue, the ShoreViews newsletter and recreation catalog will be published quarterly. Residents can expect to see the newsletter and rec catalog in their mailboxes in late February, early May, early August, and mid-November.

## Water Quality Report

Shoreview monitors city drinking water each year, as required by federal law. The results from Jan. 1 to Dec. 31, 2018 show no contaminants were detected at levels that would violate state and federal standards. View the full report online at [www.shoreviewmn.gov/water-quality-report](http://www.shoreviewmn.gov/water-quality-report).

### Questions?

Contact Dan Curley, Public Works Superintendent, at 651.490.4672 or at [dcurley@shoreviewmn.gov](mailto:dcurley@shoreviewmn.gov).

## Watering Tips

Save water this summer while keeping your lawn healthy! Water every other day before 11 am or after 5 pm. Early morning is the best time to water. Your watering day is based on your house number – odd numbers may water on odd days; even house numbers may water on even days.

Example: 1500 Victoria Ave. waters on May 2, 4, 6, etc.  
1501 Victoria Ave. waters on May 1, 3, 5, etc.

Car washing, children running or playing in sprinklers, filling a child's pool, and hand-held watering of plants and shrubs are permitted at any time. Residents with new sod or grass seed can call Public Works at 651.490.4650 for an exemption. Watering restriction violations may result in a fine so make sure to check your day!

Sign up for  
WaterSmart!

## three steps to START SAVING

1

### Log on

[ShoreviewMN.WaterSmart.com](http://ShoreviewMN.WaterSmart.com)

2

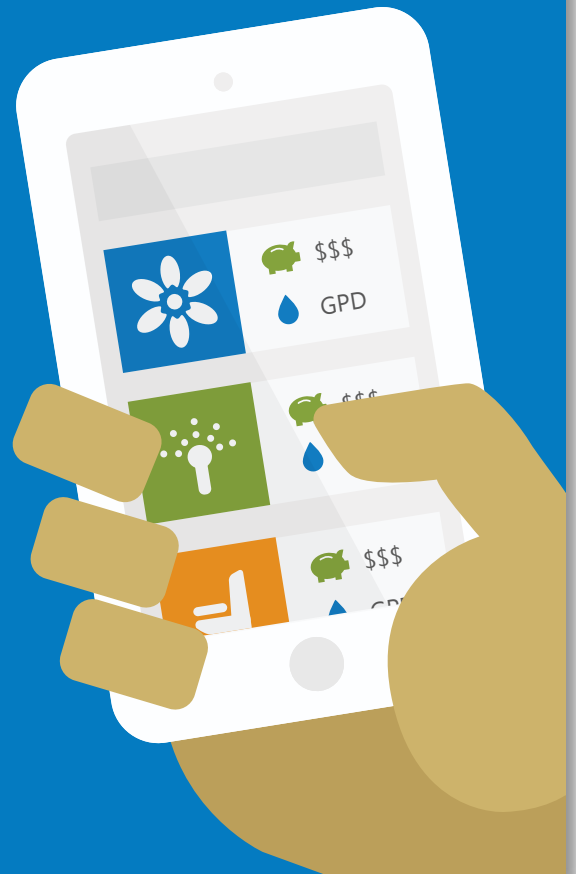
### Register

Use your account number listed on your water bill as your registration code.

3

### Personalize

Answer our simple profile survey to provide accurate comparisons to similar households.



## Young Artists Create “One Community of Many Colors”

*Shoreview Human Rights Commission’s  
26th Annual Fourth Grade Poster Contest*

Each year, the Human Rights Commission hosts a poster contest to honor Martin Luther King Jr. Day. This year, the HRC received 240 posters from fourth grade students at Emmet D. Williams, Island Lake, Oak Hill Montessori, St. Odilia, and Turtle Lake. Students were asked to create posters that show people of different races and cultures interacting positively together.

The City Council recognized the 20 winners at their February 4 meeting. Posters were on display at the Community Center in February.



*First Place: Nolan Horn*

<b>First</b>	<b>Nolan Horn</b>	<b>Sixth</b>	<b>Ethan Berge</b>
<b>Second</b>	<b>Kavya Patel</b>	<b>Seventh</b>	<b>Leah Marchek</b>
<b>Third</b>	<b>Zoe Buzan</b>	<b>Eighth</b>	<b>Emily Johnson</b>
<b>Fourth</b>	<b>Delaney Wald</b>	<b>Ninth</b>	<b>Cora Flinsch</b>
<b>Fifth</b>	<b>Helen Bentley</b>	<b>Tenth</b>	<b>Mitchell Pederson</b>

Honorable Mentions: Soren Erickson, Joe Fink, Rachel Guo, Capri Hartmann, Jessica Huang, Harrison Kleinjan, Ellyse Koerber, Zara Napp Anderson, Leighton Richter, and Josie Tanata.

## Home Loans

The city of Shoreview and NeighborWorks Home Partners offer a variety of loans with below-market interest rates and interest-only repayment options to qualified homeowners, including manufactured homeowners and first-time homebuyers.



- **Home Improvement Loans**

Loans of \$2000 - \$25,000 are available with low, fixed rates and terms up to 15 years.

- **Manufactured Home Improvement Loans – NEW!**

Loans up to \$10,000 are available with low, fixed rates and terms up to 10 years.

- **Down Payment Loans – First-time homebuyers**

Loans up to \$15,000 or 5% of purchase price are available with low, fixed rates and terms up to 30 years.

- **Combination Loan – First-time homebuyers**

A combination down payment/rehabilitation loan of up to \$30,000 is available with low, fixed rates.

Learn more about available loans at [nwhomepartners.org/shoreview](http://nwhomepartners.org/shoreview).

## Controlling Erosion

Erosion is what happens when bare ground is exposed to wind and water. Erosion moves dirt from our yards and into nearby lakes and stream. That dirt can have a negative impact on the quality of our water and on the habitats of animals that live in our wetlands. You can help prevent erosion with these steps:

- Keep dirt, leaves, grass clippings and other debris off of sidewalks and streets.
- A healthy grass boulevard, about 15 feet wide, helps filter dirt and sediment before it reaches the storm sewers.
- Any project that disturbs ground cover should include erosion control measures. Examples include using a tarp over small piles of soil. Larger areas may need erosion control blankets.
- Bring grass clippings to a county-provided yard waste site.

*Do you have an unsealed well on your property? Ramsey County offers a cost share program to help residents seal wells. Visit [ramseycounty.us](http://ramseycounty.us) to learn more.*

Learn more at [shoreviewmn.gov/erosioncontrol](http://shoreviewmn.gov/erosioncontrol) or call 651.490.4665.

## Rice Street & 694 Construction

Ramsey County is reconstructing the interchange at I-694 and Rice Street adjacent to Shoreview, Little Canada and Vadnais Heights. Work began in March and is expected to last two years. Ramp closures, lane shifts and detours will take place for several months of the project. Full details about the project, detours and project updates can be found online at [ramseycounty.us/694Rice](http://ramseycounty.us/694Rice)



Eastern Tiger Swallowtail (dark form) on Cup Plant  
Photo by Karen Eckman

### Free and Open To All Rain or Shine

**Landscape Revival:  
Shoreview**  
Saturday, June 1, 2019  
9 am - 1 pm

Shepherd of the Hills  
North Parking Lot  
3920 Victoria St N,  
Shoreview

**Landscape Revival:  
Oakdale**  
Saturday, June 8, 2019  
9 am - 1 pm

Oakdale City Hall  
Parking Lot  
1584 Hadley Ave N,  
Oakdale

See reverse for maps; for more information go online to [tiny.cc/SHOREVIEW](http://tiny.cc/SHOREVIEW) & [tiny.cc/OAKDALE](http://tiny.cc/OAKDALE)

### Join Us For Our 9th Annual More-Than-A-Plant Sale!

**Expo:** Learn how to select and grow native plants from local conservation and restoration groups to benefit pollinators and other wildlife.

**Market:** Purchase Minnesota native plants from a variety of local growers. No cultivars or systemic insecticides.

Cash or Check Preferred



## Do I Need a Permit?

Spring cleaning often leads right into home improvement season. If you're planning improvements, there's a good chance you'll need a permit. The following projects require a permit:

Air conditioner	Furnace	Roofing
Basement finish	Garage	Sewer line repair
Deck	Garbage disposal	Shed
Demolition	Gas line for appliance	Shower
Dishwasher	Grading	Siding
Driveway	Irrigation system	Water line repair
Electrical work	Overnight parking*	Water heater
Excavating	Pool	Water softener
Fence	Porch	Windows
Fireplace	Remodel	

\*Overnight parking permits are available for 14 days per year. For more information visit [shoreviewmn.gov](http://shoreviewmn.gov) or contact Community Development at 651.490.4680.

## Overnight and Special Event Parking

Overnight parking permits can be requested for up to seven days for events like building construction, out-of-town-guests, or driveway construction. Parking is not otherwise permitted from 2 - 5 am in all seasons.

Special event parking permits are also available for streets marked with "No Parking" for special events like graduation parties and garage sales.

Permits are available online at [shoreviewmn.gov](http://shoreviewmn.gov) or at City Hall. Questions? 651.490.4650.

## Rental Licenses

Property owners who own rental housing are required to have a rental license in Shoreview. Single-family homes, town homes, mobile homes and multi-family buildings that are used for rental housing must be licensed each year. Licenses expire annually on December 31. Apply for a new license at [www.shoreviewmn.gov/rental-housing](http://www.shoreviewmn.gov/rental-housing). Questions? Contact Brent Marshall, Housing and Code Enforcement Officer at 651.490.4687.

## It's Garage Sale Season!

Helpful tips to navigate garage sale season this year:

- Homes may have two garage sales each year
- Sales can be held for up to four days each
- Sale signs cannot block road signs or street access
- Two directional sign can be posted at major intersections
- One sign, not larger 72 inches by 72 inches, can be posted on the property the day of the sale.

## Shoreview Channel 16 City Meeting Broadcast Schedule

Tune in to Shoreview Channel 16 for access to public meetings, community events and other local government information.

### Shoreview City Council Meetings

**Live:** Every first and third Monday of the month at 7 pm

**Replays:** Monday, Wednesday, Friday and Saturday at 12:30 and 7 pm  
Tuesday, Thursday and Sunday at 12:30 am, 8 am and 3 pm

### Shoreview Planning Commission Meetings

**Live:** Every fourth Tuesday of the month at 7 pm

**Replays:** Monday, Wednesday, Friday and Saturday at 12:30 and 8 am  
Tuesday, Thursday and Sunday at 7 pm



## August 6: This Year's Night to Unite



Celebrate Night to Unite with your neighbors, the Ramsey County Sheriff's Office, and Lake Johanna Fire Department on Tuesday, August 6 from 5 - 9 pm. Night to Unite is a fun and affordable way to promote police-community partnerships and help residents feel safer and more connected with their neighbors.

First, apply for a block party permit and city crews will drop off barricades before the party. Permits are required for all summer block parties. Permits are available at [www.shoreviewmn.gov/block-party-permits](http://www.shoreviewmn.gov/block-party-permits).

Second, register your event with the Ramsey County Sheriff's Office. Visit [www.RamseyCountySheriff.us](http://www.RamseyCountySheriff.us) and click on **Night to Unite** under **Public Safety Resources**. The Sheriff's Office, Fire Department, elected officials and other city staff will visit registered events! Contact the Sheriff's Office at 651.266.9333 with any questions.

Finally, have fun and meet your neighbors! Please keep in mind that barricades should have signs informing drivers that a block party is taking place, and bands and loud music are not permitted due to noise ordinances. If your block party is scheduled for a night other than August 6 you can invite the Ramsey County Sheriff's deputies to attend by calling 651.266.7332 and the Lake Johanna Fire Department by calling 651.415.2100.



## Keeping Shoreview Beautiful

With 11 lakes, acres upon acres of open space, miles of trails and a diverse urban forest, Shoreview is a unique and beautiful city. City maintenance codes for residential properties are guidelines for residents, designed to keep our high-quality neighborhoods looking their best.

### Lawncare

- Keep grass and weeds shorter than nine inches.
- Grass and weeds on vacant properties should be kept under 18 inches.

### Recreation vehicles & equipment

Two recreational vehicles and/or trailers may be stored outside on a residential property.

- Backyard storage – at least 10 feet from the property line
- Side yard – at least 5 feet from the property line
- Front yard – on approved driveway surfaces only, and at least 5 feet from the property line

### Cars & trucks

- Licensed cars and trucks should be kept in a garage or outside on an asphalt or concrete driveway.

Questions about property maintenance standards? Call Community Development at 651.490.4680 or email us at [communitydevelopment@shoreviewmn.gov](mailto:communitydevelopment@shoreviewmn.gov).

## Tree Care 101

Spring and summer are a great time to plant and care for the trees on your property. Healthy trees benefit not just our lawns and homes by providing shade, but also our air and water while providing important habitat area for animals. The most common trees in our community have special needs, so make sure you know how best to care for your trees. Whatever trees you have, make sure to hire only licensed and bonded tree contractors. A list of current contractors is available at [www.shoreviewmn.gov/tree-trimmers](http://www.shoreviewmn.gov/tree-trimmers).



### Ash trees

All ash trees should be protected from Emerald Ash Borer, an invasive species that kills ash trees. Shoreview offers a treatment program at a reduced cost that injects insecticide into the trunk of ash trees, protecting the trees against EAB for 2-3 years. Request an inspection and quote for the EAB program at 651.490.4665.



### Maple trees

Characterized by their large, colorful leaves, maple trees are abundant in our neighborhoods and community spaces. Maple trees should be trimmed in fall and winter when they are dormant to prevent them from losing too much sap. Tapping maple trees to gather sap for maple syrup is a popular activity in February/March. Learn more about tapping maple trees at [www.tapmytrees.com](http://www.tapmytrees.com).



### Oak trees

Oak trees should absolutely only be trimmed or removed during the winter months. This is because oak wilt, a fungal disease that kills thousands of oak trees every year, can be spread very quickly to any tree that has an open wound. If your oak tree is wounded in the spring or summer, seal the wound quickly with one coat of shellac or a water-based paint. If you suspect oak wilt, contact the natural resources office at 651.490.4665. More details available online at [www.shoreviewmn.gov/forestry](http://www.shoreviewmn.gov/forestry).

## Recycling Tips – Cardboard

Cardboard recycling can be confusing, especially when it comes to food containers. Here are some tips to help sort it out!

- Take-out and delivery pizza boxes that are not too contaminated with grease and cheese can be recycled.\*
- Shipping boxes can be recycled, but flatten them first.
- Milk & juice cartons and juice boxes can be recycled – including soy and almond milk cartons.
- Empty chip, cereal, and cracker boxes can be recycled.
- Tissue, toothpaste and toiletry boxes can be recycled.

\*Pizza boxes with heavy grease or cheese, toilet and paper towel cores and paper-based egg cartons can be composted with organic waste at Ramsey County yard waste sites. Learn more about what you can recycle at [RamseyRecycles.com](http://RamseyRecycles.com). Happy Recycling!



Stay up-to-date on city news & events.

Access Shoreview

Subscribe online at [bit.ly/AccessShoreview](https://bit.ly/AccessShoreview)

## Join the Lake Owasso Garden Club for their annual program and sale in May!

### Lilies for the Shade: Martagon Lilies

Presented by: Frans Officer

Monday, May 13 6:30 pm

Presbyterian Church of the Way, Shoreview

### Plant Sale

May 17: 8 am - 6 pm

May 18: 8 am - 2 pm

824 West County Road B2, Roseville

## Explore our Trails

Shoreview is a bicycle-friendly community with an exceptional trail system that allows residents to connect to parks, shopping and the Shoreview Community Center.

Visit [www.shoreviewmn.gov/trail-loops](http://www.shoreviewmn.gov/trail-loops) to download a map of scenic trail loops.



## Green Community Awards

Sponsored by Shoreview's Environmental Quality Committee, Green Community Awards recognize residents and businesses that help improve water quality, have become more energy efficient and have taken other steps to reduce their environmental impact.

Applications are available online at [shoreviewmn.gov/EQC](http://shoreviewmn.gov/EQC) or at City Hall. The application deadline is July 5.



**WaterFest 2019** is a free family festival celebrating our clean lakes and offers an opportunity for hands-on learning about the water quality, wildlife, and special ecological features of our beautiful watershed. Join a fun-filled day of free activities featuring food, exhibits, activities, a parade and more. Learn more at [rwmwd.org/waterfest](http://rwmwd.org/waterfest).

**Saturday, June 1**  
**11 am - 4 pm**  
**Phalen Lake Park, Saint Paul**

## SHOREVIEW & ARDEN HILLS

# RESIDENTIAL SPRING CLEANUP DAY



**Saturday, May 18 7 am – Noon**

**1425 Paul Kirkwold Drive (Hamline Avenue and Highway 96)**



### Recyclable Items Accepted:

- Electronics (TVs, Computers, etc.)
- Appliances
- Tires
- Water softeners
- BBQ grills
- Lawnmowers\*
- Mattresses
- Snow blowers\*
- Scrap metal

### Non-Recyclable Items Accepted:

- Construction debris
- Carpeting
- Vacuum cleaners
- Furniture
- Household Hazardous Waste\*\*

\* If an item has oil or gasoline, it must be drained or it will not be accepted. Used oil and gasoline can be disposed at the Ramsey County Household Hazardous Waste (HHW) site.

**\*\*Household Hazardous Waste: You can avoid Cleanup Day traffic by bringing your HHW to any one of the other HHW drop-off locations hosted by Ramsey County, or by visiting the Arden Hills site on another date.**

### Re-Use Items Accepted:

- Bicycles
- Tools for the St. Paul Tool Library

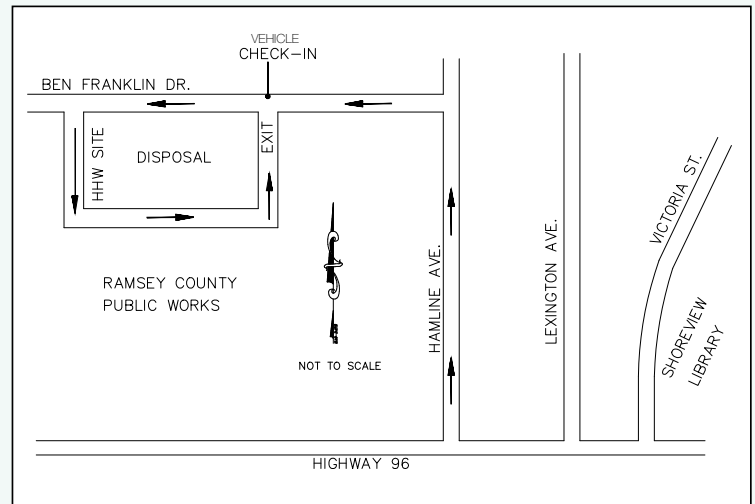
### Items Not Accepted:

- No brush/yard waste
- No railroad ties
- No oversized items such as hot tubs, boats, or sheds
- No engines containing gasoline or oil
- No donations other than the bicycles and tools listed above

### Charges by Vehicle Type/Load

Please remember, CASH or CHECK ONLY!

- Standard Vehicle: \$30
- Trailers: \$45
- Oversized Loads such as rented U-haul vehicles will be subject to extra charges. The minimum charge for an oversized vehicle will be \$75.



**For more information on Cleanup Day:**

**651.490.4688**

**[www.shoreviewmn.gov/cleanupday](http://www.shoreviewmn.gov/cleanupday)**

**For more information on other disposal options:**

**[RamseyRecycles.com](http://RamseyRecycles.com) • 651.633.EASY**

**Cleanup Day is a residential waste collection event.  
Open to Shoreview and Arden Hills residents only.**

**Must bring proof of residency, such as a driver's license or utility bill.**

 RAMSEY COUNTY

**YARD WASTE SITE HOURS**

**MON WED FRI**  
11 a.m. – 7 p.m.

**SAT SUN**  
9 a.m. – 5 p.m.      11 a.m. – 5 p.m.

[ramseyrecycles.com/yardwaste](http://ramseyrecycles.com/yardwaste)

**Get Social with the City**

 **Follow us on Twitter**  
@cityofshoreview

 **Like us on facebook!**  
[www.facebook.com/cityofshoreview](http://www.facebook.com/cityofshoreview)

 [www.instagram.com/cityofshoreview](http://www.instagram.com/cityofshoreview)

**Shoreview Community Foundation**  
Create Your Legacy. Build the Foundation.

**Ice Cream Social**  
Wednesday, June 12, 2019  
The Concert in the Commons  
6:30 pm

Sponsored by the Shoreview Community Foundation  
Join us for free ice-cream and entertainment  
Fun for the whole family!  
Recipients of our 2019 grants will be announced.



The Shoreview Community Foundation seeks to maintain, enhance and enrich the quality of life in Shoreview, Minnesota by connecting the generosity of people with the evolving needs of the community.

[www.shoreviewcommunityfoundation.org](http://www.shoreviewcommunityfoundation.org)





# SHOREVIEW CALENDAR

Meeting dates/times/locations are subject to change. For more current information, visit [www.shoreviewmn.gov](http://www.shoreviewmn.gov) or call 651.490.4600.

(CC) Council Chambers  
(UC) Upper Conference Room  
(LC) Lower Conference Room

(MC) Maintenance Center  
(SP) Shoreview Pavilion  
(LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot  
(SCC) Shoreview Community Center  
(SCP) Shoreview Commons Park  
ILCP - Island Lake County Park

## MAY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Bikeways and Trails Committee 7 pm, LC	3	4
Recycling Week: April 29 - May 3						
5	6 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	7	8	9	10	11
12 	13 Council Workshop 7 pm, CC	14	15 EQC Speaker Series 7 pm, CC	16 Public Safety Meeting 7 pm, CC	17	18 Spring Cleanup Day 7 am - 12 pm
Recycling Week: May 13 - 17						
19	20 City Council Meeting 7 pm, CC	21 Econ. Dev. Commission 7:30 am, UC	22 Human Rights Commission 7 pm, CC	23 Parks and Recreation Commission 7 pm, CC	24	25
26 	27 City Offices Closed Memorial Day	28 Planning Comm. 7 pm, CC	29	30	31	
Recycling Week: May 28 - June 1						

## JUNE 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Recycling Week: May 28 - June 1						
2	3 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	4	5	6 Bikeways and Trails Committee 7 pm, LC	7	8
9 	10 Council Workshop 7 pm, CC	11 Farmers Market 3 pm, LLPL	12 Concerts in the Commons 7 pm, SP	13	14	15
Recycling Week: June 10 - 14						
16	17 City Council Meeting 7 pm, CC	18 Econ. Dev. Commission 7:30 am, UC Farmers Market 3 pm, LLPL	19 Concerts in the Commons 7 pm, SP	20	21	22
23/30 	24 Environ. Quality Committee 7 pm, CC	25 Farmers Market 3 pm, LLPL Planning Comm. 7 pm, CC	26 Concerts in the Commons 7 pm, SP Human Rights Commission 7 pm, CC	27 Parks and Recreation Commission 7 pm, CC	28	29
Recycling Week: June 24 - 28						

## JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	2 Farmers Market 3 pm, LLPL	3 Concerts in the Commons 7 pm, SP	4 City Offices Closed Independence Day	5	6
Recycling week: July 8-12						
7 	8 Council Workshop 7 pm, CC	9 Farmers Market 3 pm, LLPL	10 Free Kidz Concert - 10 am, SP Concerts in the Commons 7 pm, SP	11	12	13
14	15 City Council Meeting 7 pm, CC	16 Econ. Dev. Commission 7:30 am, UC Farmers Market 3 pm, LLPL	17 Free Kidz Concert - 10 am, SP Concerts in the Commons 7 pm, SP	18 Public Safety Meeting 7 pm, CC	19	20
Recycling week: July 22-26						
21 	22 Environ. Quality Committee 7 pm, CC	23 Farmers Market 3 pm, LLPL Planning Comm. 7 pm, CC	24 Free Kidz Concert - 10 am, SP Concerts in the Commons 7 pm, SP Human Rights Commission 7 pm, CC	25 Parks and Recreation Commission 7 pm, CC	26 Slice of Shoreview Days ILCP	27 Slice of Shoreview Days ILCP
28 Slice of Shoreview Days ILCP	29	30 Farmers Market 3 pm, LLPL	31 Free Kidz Concert - 10 am, SP Concerts in the Commons 7 pm, SP			

## AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Bikeways and Trails Committee 7 pm, LC	2	3
Recycling Week: August 5-9						
4 	5 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	6 Farmers Market 3 pm, LLPL	7 Free Kidz Concert - 10 am, SP Concerts in the Commons 7 pm, SP	8	9	10
11	12 Council Workshop 7 pm, CC	13 Farmers Market 3 pm, LLPL	14 Free Kidz Concert - 10 am, SP Concerts in the Commons 7 pm, SP	15	16	17
Recycling Week: August 19-23						
18 	19 City Council Meeting 7 pm, CC	20 Econ. Dev. Commission 7:30 am, UC Farmers Market 3 pm, LLPL	21	22 Parks and Recreation Commission 7 pm, CC	23	24
25	26 Environ. Quality Committee 7 pm, CC	27 Farmers Market 3 pm, LLPL Planning Comm. 7 pm, CC	28 Human Rights Commission 7 pm, CC	29	30	31



WE WANT YOUR PHOTOS 

Have a great picture of a program, special event, or just hanging out at the waterpark? Share it with us for a chance to have it on our website, catalog, or social media!

SEND YOUR PHOTOS TO [RECREATION@SHOREVIEWMN.GOV](mailto:RECREATION@SHOREVIEWMN.GOV)




**SHOREVIEW FARMERS MARKET**  
**vendors wanted**  
 - TUESDAYS -

June 11 - August 27	3 - 7 pm
September 3 - October 15	3 - 6 pm

Vendor applications are accepted throughout the Market season.  
 Apply online: [shoreviewcommunitycenter.com](http://shoreviewcommunitycenter.com)

# REGISTER FOR PROGRAMS



**REGISTRATION BEGINS**  
online registration opens at 8am

Shoreview Residents: **May 7**  
Annual Members: **May 9**  
Non-Residents: **May 10**



**WEATHER UPDATES**

**Call the weather line** for updates on class cancellations anytime of the year. **651.490.4765**



**RECREATION CATALOG**

The ShoreViews Recreation Catalog is published four times a year and is mailed to residents and annual members.

## HOW TO SET UP YOUR ONLINE ACCOUNT



**1 GO ONLINE**

**shoreviewcommunitycenter.com**  
Click the blue "Register Online" button. Create an account



**2 CREATE AN ACCOUNT**

Enter information about yourself. Before you save, add family members that participate in recreation programs by clicking Add New Member.



**3 READY, SET, REGISTER!**

You're all set! To register, click the green "+" next to an activity, and then "add to cart" at the bottom of your screen.



### QUESTIONS ON PROGRAMS OR REGISTERING?

**651.490.4750 / recreation@shoreviewmn.gov / M-F, 8 am-4:30 pm**

#### REGISTRATION POLICIES

- A resident is defined as an individual whose legal residential address is within the City of Shoreview.
- Total fee must be paid at time of registration.
- Registrations are not accepted at program site.
- We reserve the right to cancel programs if needed. Full refunds will be issued if a class is cancelled by the City.
- Cancellations made by Parks & Rec will be sent via e-mail or phone. Credits will be put on the household account to use at a later date or account holder may request a check.
- Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- A receipt may be emailed as confirmation. Further confirmations will not be sent.
- When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.

#### CANCELLATION/TRANSFER POLICIES

- Class transfers are available and must be made at least one full week prior to the first class unless noted.
- Cancellation/refund requests must be made at least one full week prior to the first class unless noted.
- A \$5 cancellation fee will deducted from refunds for classes priced up to \$100. A \$10 cancellation fee will be deducted from refunds for classes price over \$100.
- There are no refunds for missed classes or prorated fees for late enrollments.

#### FINANCIAL ASSISTANCE Financial aid is available for certain programs to Shoreview residents with financial limitations.

- Financial assistance forms are available at shoreviewcommunitycenter.com or by calling 651.490.4750
- Program financial assistance dollars are available to assist families with children who meet income guidelines
- Funds are available to Shoreview residents only and only for children under 18 years of age
- Participant must provide provide proof (school district letter, WIC card, or other form) that they are on the free or reduced lunch program for the current year or other public assistance program.

WAIVER AND PERMISSION: In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number) is considered private data and not giving the information may limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.



## SUMMER 2019 PROGRAMS

### REGISTRATION SCHEDULE

Shoreview Resident Priority  
Begins Tuesday, May 7 at 8 am

Annual Community Center Member Registration  
Begins Thursday, May 9 at 8 am

General Registration  
Begins Friday, May 10 at 8 am

Register online at [Shoreviewcommunitycenter.com](http://Shoreviewcommunitycenter.com)

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PARKS & RECREATION

### We're Social. Follow us:



[shoreviewcommunitycenter](https://www.facebook.com/shoreviewcommunitycenter)



[@shoreviewCC](https://twitter.com/shoreviewCC)



[@shoreviewparksandrecreation](https://www.instagram.com/shoreviewparksandrecreation)

# We make your event memorable!

contact us: [rentals@shoreviewmn.gov](mailto:rentals@shoreviewmn.gov) 651.490.4790



Special events



Birthday parties



Places to meet



Outdoor events

# Parks Pride

1400

ACRES OF  
PARKS SPACE

10

CITY  
PARKS

4

COUNTY  
PARKS

55

MILES OF  
TRAILS

Full parks & amenities listing available online: [shoreviewmn.gov](http://shoreviewmn.gov)

2019  
JOB VACANCIES

# WE'RE HIRING!

## OPEN POSITIONS

LIFEGUARDS    SWIM INSTRUCTORS    SPORTS INSTRUCTORS  
ADVENTURE QUEST INSTRUCTORS    YOUTH SOCCER OFFICIALS  
SUMMER DISCOVERY INSTRUCTORS    TENNIS INSTRUCTORS

## WALK-IN INTERVIEWS

# APRIL 20 & MAY 11 { 10<sup>AM</sup> - NOON }

SAVE TIME & APPLY ONLINE: [SHOREVIEWCOMMUNITYCENTER.COM/JOBS](http://SHOREVIEWCOMMUNITYCENTER.COM/JOBS)

651.490.4700

# MEMBERSHIP RATES AND BENEFITS

## Membership Fees

	Rate*	Shoreview Resident*	Military*	Military Resident*
<b>Annual Membership<sup>1</sup></b>				
Family	\$855	\$680	\$815	\$660
Dual	\$740	\$605	\$700	\$580
Adult	\$505	\$395	\$480	\$380
Youth/Senior	\$410	\$340	\$390	\$330
<b>Annual Membership Billed Monthly<sup>1</sup> (With one year membership agreement)</b>				
Family	\$79	\$66	\$76	\$63
Dual	\$67	\$58	\$64	\$55
Adult	\$47	\$39	\$45	\$37
Youth/Senior	\$41	\$33	\$39	\$31
<b>Seasonal Membership (Three month)</b>				
Family	\$325	\$260	N/A	N/A
Dual	\$305	\$240	N/A	N/A
Adult	\$220	\$170	N/A	N/A
Youth/Senior	\$170	\$140	N/A	N/A

<sup>1</sup>There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

\*Sales tax is included in price.

Persons aged 65 and older qualify for the Senior rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification is required. Military ID required for military rate.

Fees are subject to change. We welcome payment by any major debit/credit card.

### Membership questions?

Contact Guest Services at **651.490.4739**.

### Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. **Direct Deposit Now Available!** Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms.



### Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group X Card for group fitness classes
- Tropics Indoor Waterpark & Bamboo Bay
- Tropical Adventure Indoor Playground (Ages 1-10)
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- Non-resident special recreation program Registration Day and the ShoreViews catalog mailed to your home.

## NEW First Time Annual Members also receive:

Special **Experience Us** book, which includes

- 1 family guest pass
- 1 adult guest pass
- 2 fitness drop-in class passes
- 1 Wave Cafe coupon
- 1 Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- 1 playground pass

**Experience Us** book is designed to encourage new members to experience all the amenities the Community Center has to offer. Excludes Silver & Fit.

## Silver & Fit

Silver & Fit Memberships are available for eligible seniors 65+. Contact your health insurance provider to see if you qualify.

## Daily Rates

Includes admission to the Tropics Indoor Waterpark, Bamboo Bay, Indoor Playground, Fitness Center, Gymnasium and Indoor Track.

	Rate	Shoreview Resident	Military	Military Resident
<b>Daily Pass</b>				
Adult (18 and over)	\$11	\$9.75	\$10	\$9
Youth (1 to 17; under age 1 free with paying adult)	\$10	\$8.50	N/A	N/A
Family* (2 adults + children living in same household)	\$42	\$35	\$40	\$33
Seniors (65 and older)	\$10	\$8.50	\$9.50	\$8
*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.				
<b>Indoor Playground Only</b> (ages 1 to 10)	\$6	\$6	N/A	N/A
<b>Coupon Books</b> (Includes 10 daily passes)				
Adult	\$99	\$87.75	N/A	N/A
Youth/Senior	\$90	\$76.50	N/A	N/A
Playground	\$54	\$54	N/A	N/A
<b>Senior Track Discount</b> (65 and over – for track use only)				
Per Visit	\$5.50	\$4.50	N/A	N/A
Punch Card	\$49.50	\$40.50	N/A	N/A

Fees are subject to change. We welcome payment by any major debit/credit card. All rates above include sales tax. Military ID required for military rate.

**All children 7 and under are required to have an adult (16 years or older) supervising them.  
Children 8-11 are required to be supervised by someone 12 years or older.**

Hours	Community Center	Tropics Waterpark** June 10 - Sept. 2	Bamboo Bay** June 10 - Aug. 25	Playground
Mon - Thurs	5 am - 10 pm	Noon - 8 pm*	Noon - 8 pm	8 am - 8 pm
Friday	5 am - 10 pm	Noon - 9:45 pm	Noon - 9:45 pm	8 am - 8 pm
Saturday	6 am - 8 pm	Noon - 7:45 pm	10 am - 7:45 pm	8 am - 8 pm
Sunday	6 am - 8 pm	Noon - 6 pm	10 am - 6 pm	8 am - 6 pm

\*On Tuesdays and Thursdays from 6:10 - 7:20 pm, the Tropics Waterpark will be limited to the Zero Depth Beach Area and Waterwalk.

**Holiday Hours** Call 651.490.4700 for specific information.

	Community Center	Tropics Waterpark	Bamboo Bay	Playground
May 27	5 am - 6 pm	Noon - 5:45 pm	Noon - 5:45 pm	8 am - 6 pm
July 4	5 am - 6 pm	Noon - 5:45 pm	Closed	8 am - 6 pm
September 2	5 am - 6 pm	Noon - 5:45 pm	Closed	8 am - 6 pm

\*\*See page 22 for extended waterpark hours on school's out days.

### Lap Swim Hours

Lap swim is available at various times throughout the week. See the Service Desk for a schedule or visit our website at [ShoreviewCommunityCenter.com](http://ShoreviewCommunityCenter.com).

### Kids Care

Child care is available for patrons of the Community Center. See page 27 for details.

**Drop-in Volleyball** Rate: daily admission or free to members.

Mon, Tues, Thurs	Noon - 1 pm
Sunday	8 am - Noon

## Call for More Information

Community Center Information

**651.490.4700**

Recreational Programs (classes)

**651.490.4750**

Rental Information

**651.490.4790**

City Information

**651.490.4600**

[www.ShoreviewCommunityCenter.com](http://www.ShoreviewCommunityCenter.com)

# Waterpark Schedule

June 8 – September 2

Monday–Friday: 5 am – 9:45 pm  
 Saturday: 6 am – 7:45 pm  
 Sunday: 6 am – 6 pm (all schedules are subject to change)

## Family Fun

### Bamboo Bay

Shallow pool with play structure featuring slides, sprayers & buckets plus zero-depth entry. Bamboo Bay will be closed Aug. 26-Sept. 2.

Mon. -Thurs. 5-8 pm  
 Fri. 12-9:45 pm  
 Sat. 10 am-7:45 pm  
 Sun. 10 am-6 pm



### Tropics Waterpark

Shark attack waterslide, water basketball & volleyball, & floating creatures.

Mon. - Thurs. 12-8 pm  
 Fri. 12-9:45 pm  
 Sat. 12-7:45 pm  
 Sun. 12-6 pm



### Shipwreck Beach

Zero-depth entry area with boat slide & water walk, located near locker rooms in Tropics Waterpark.

Mon.- Thurs., 12-9:45 pm  
 Fri. 8 am-9:45 pm  
 Sat. 12-7:45 pm  
 Sun. 12-6 pm



## Double the Fun Fridays

One admission - two fantastic play areas! Visit the indoor playground and Bamboo Bay on select Fridays this summer. Learn more online!

Date	Bamboo Bay	Indoor Playground
June 14 & 28	10 am - noon	8 am - 8 pm
July 12 & 26	10 am - noon	8 am - 8 pm
August 9 & 23	10 am - noon	8 am - 8 pm

## Holiday Hours

Date	Tropics Waterpark	Bamboo Bay
Memorial Day	12-5:45 pm	12-5:45 pm
July 4	12-5:45 pm	Closed
Labor Day	12-5:45 pm	Closed

Come **CRAWL** through the caves, **SWING** through the jungle, slip down the waterfall **SLIDE**, and **SCREAM** down the five-level spiral slide!

## Tropical Adventure Indoor Playground Rate & Hours

\$6 per child, ages 1-10

**FREE to members**

Mon – Sat 8 am - 8 pm

Sunday 8 am - 6 pm

**Holiday Hours** Call 651.490.4700 for specific information.

### General Information

- Wristbands and socks are required.
- The playground is an unsupervised area.
- Parents and guardians are responsible for supervision of their children.
- Groups visiting the playground are posted at the entrance each week.
- For information about reserving space for your group, call **651.490.4790**.



# BIRTHDAY PARTIES

are kind of a big deal. Let's make your next party epic.

Get started today:

[rentals@shoreviewmn.gov](mailto:rentals@shoreviewmn.gov)

**651.490.4790**

For a list of all we offer, visit:  
[shoreviewcommunitycenter.com/event-rentals](http://shoreviewcommunitycenter.com/event-rentals)



# GROUP X CARD

**NEW STUDIOS • NEW CLASSES • NEW WAY TO ATTEND GROUP FITNESS CLASSES!**

## HOW IT WORKS:

- **To start:** purchase Group X Card at the Parks & Recreation desk in-person or over the phone at 651.490.4750 during office hours (M-F, 8am-4:30pm).
- **To use:** swipe Group X Card at the kiosks outside the fitness studios. The kiosk will print a ticket for you to give to the instructor. The ticket also indicates how many class visits you have left. Then go to any class!

**Questions? Contact Parks & Recreation:**

651.490.4750 | [recreation@shoreviewmn.gov](mailto:recreation@shoreviewmn.gov)



## MAXIMIZE FLEXIBILITY

## WHAT IT COSTS:

QUANTITY	REGULAR	ANNUAL MEMBER	RESIDENT	RESIDENT ANNUAL MEMBER
5 CLASSES	\$42	\$29	\$38	\$27
10 CLASSES	\$83	\$58	\$75	\$53
25 CLASSES	\$207	\$145	\$188	\$132
50 CLASSES <small>5% discount included in price</small>	\$392	\$275	\$357	\$250

There is one Group X Card allowed per individual. These cards are non-refundable and non-transferrable. Member discount applies to annual memberships only. One-time drop-in passes are still available at the lower-level service desk the day of class. SeniorFIT classes require registration for paid annual senior members.



Class schedule will be available the first week of May online and at the Community Center

## GROUP FITNESS CLASSES

**Call for information: 651.490.4750**

- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- SeniorFIT classes are free to only seniors with an annual Senior Membership. SeniorFIT classes require registration.
- All classes are 50 to 60 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Classes are evaluated on a monthly basis. Classes that average six participants or fewer are subject to change or cancellation. Please check the schedule at the beginning of each month for the most current class listing.

## DROP-IN RATES

Drop-in passes allow you to attend a class.

Drop-in schedule will be available the first week of classes.

Drop-in Rate

\$10; \$9 Shoreview Resident

## MIND/BODY CLASSES

### Fitness Pilates

We take Joseph Pilates principles to the floor in this incredible core workout! With focus to awareness, detail and movement with each exercise, your core (The Powerhouse) will gain amazing strength. Props may be used. **All fitness levels are welcome.**

### Hatha Yoga

Hatha encompasses all yoga. Build flexibility, strength and balance through a comprehensive exploration of the discipline of yoga. Each class will cover a variety of asana (poses) that will help you improve muscle tone and mobility in various parts of the body, while reducing stress. Hatha Yoga is suitable for all age and all skill levels. This class will allow you to embrace the concepts of optimum energy flow and mindfulness through movement.

### Heated Yoga

Hot Yoga is an intense practice that will move you through powerful and aggressive postures and/or series. This practice is meant to detoxify the body, build strength and burn calories through movement, breath, and heat. Designed for intermediate to advanced levels. Class temp range is 80-90 degrees. **Intermediate to advanced fitness levels welcome.**

### Power Yoga

A fitness-based approach to Vinyasa style flow. Students will focus on linking conscious breath with a vigorous and mindful flow. In a power yoga class, participants will build strength, flexibility and concentration while cleansing the body and calming the mind.

**All fitness levels are welcome.**

### Stretch and Balance

A beneficial blend of balance exercises and static (holding) and dynamic (moving) stretches. **All fitness levels are welcome.**

### Tai Chi

Tai Chi utilizes the complementary energies of Yin and Yang to cultivate wellness for the whole being. Simple yet profound, Tai Chi exercises foster clarity and focus for the mind, vitality and power for the body, as well as balance and peace for the spirit.

### Yin/Restorative Yoga

This grounding practice will provide fewer postures which you will hold for longer periods of time, allowing you to focus on breathing into the connective tissue (fascia) that surrounds the joints in the body. A perfect complement to yang-style practices like yoga sculpt and power yoga and cardio such as biking and running. **All fitness levels are welcome.**

### Yoga Basics

Yoga Basics is a potent alignment-oriented practice that emphasizes the forms and actions within yoga postures. This class is based on physical postures (asanas), deep breathing, mindfulness and listening to the body. A slower paced class that focuses on fundamental postures. Great class for beginners or for one seeking a modified (gentle) yoga class option! **All fitness levels are welcome.**

### Yoga/Pilates Fusion

The perfect combination of Pilates and Yoga! Receive the benefits of core training, muscle contraction and lengthening, isometric holds, balance postures and mind/body awareness. **All fitness levels are welcome.**

### Yoga Sculpt

Yoga sculpt is the fusion of vinyasa yoga and strength endurance training. This unique and intense workout incorporates hand weights and is designed to tone and shape your body. Build stamina through a series of squats, lunges, crunches, plank holds, cardio work, balancing postures, and stretching. Music is a central influence to this practice and is used to create an upbeat and energetic atmosphere. **All fitness levels are welcome.**

## CARDIO/STRENGTH CLASSES

### 60/40

This class equals a 100% overall great workout! The first 60% of the class is cardio which will be either hi/lo impact cardio, or step or kickboxing or dance and then followed by the remaining 40% of class time to execute effective resistance exercises. Class will be listed as 60/40 Cardio Floor, 60/40 Step, 60/40 Kickboxing, or 60/40 Dance. **All fitness levels are welcome.**

### Barre Principle

Essentially, our barre classes mix elements of Pilates, dance, yoga and functional training, and the moves are choreographed to motivating music. In each energizing and targeted workout, you'll use the barre and exercise equipment such as mini-balls and small hand weights to sculpt, slim and stretch your entire body. **All fitness levels are welcome.**

### Cardio Kickboxing

A dynamic and energetic class that combines kicks, punches and blocks. This athletic based class is easy to follow but provides a hard/challenging workout. Get in on this popular class! **All fitness levels are welcome.**

### Cycle Rave

We peddle to the music and that's it! Experience a fun, crazy party on your bike! You will be amazed at the workout you will get. The lights, the music and the video screen all enhance the overall party experience! **All fitness levels are welcome.**

### Cycle Training

This class is the ideal tool to help compliment the outdoor cyclist. Doing hills, sprints, flat roads while using time, speed and/or distance drills, this workout will help increase your overall performance in speed, power and endurance. A great workout for the avid cyclist but also for the fitness enthusiast! **All fitness levels are welcome.**

### Dance Jam

Let's get funky! Dance your heart out and let the music and rhythms take you away! Express yourself while getting an amazing workout! Class format varies via the instructors background/style. **All fitness levels are welcome.**

### Fundamental Combo

This class incorporates low impact cardio followed by basic strength training exercises. **Beginner to intermediate fitness levels are welcome.**

### The Groove

Okay dancers, here you go! In this choreographed class you will learn one awesome dance routine. You will be amazed at the great workout you get while you get your "groove" on! Don't forget to bring your smile and attitude! **All fitness levels are welcome.**

### H.I.I.T. (High Intensity Interval Training)

This class showcases interval training, intervals of extreme cardio and/or resistance exercises for a designated amount of time followed by a short recovery period. What a great, highly intense workout! **All fitness levels are welcome.**

### Kettlebell Training

Transform your body with kettlebell exercises that develop strength, power and stamina. The kettlebell class fuses exercises using kettlebells and conditioning drills to provide a total body workout that will leave you feeling strong! **All fitness levels are welcome.**

### Power Pump

Power Pump is strictly a weight training class using free weights and dumbbells. This class uses different tempos for reps, higher repetitions and supersets to help build lean muscle tissue, strength and muscular endurance. **All fitness levels are welcome.**

### Power Strength

Power strength is strictly a weightlifting class using barbells and dumbbells. This workout is designed to build muscle mass and strength. Focusing on technique, the exercises are done in multiple sets with lower repetitions so that more weight can be used/added. Watch your power and strength gains increase by doing this effective workout! **All fitness levels are welcome.**

### The Resistance Workout

No cardio here! This class is strictly strength training exercises using various pieces of equipment and/or your own body weight. Class focuses on all major muscle groups with some added attention to detail (form/feel). Progressions can include compound exercises and functional (balance) exercises. **All fitness levels are welcome.**

### Step Cardio

Warm up with basic step moves and then learn fun choreographed patterns, combinations and movements on an adjustable step. What a great cardio workout! **All fitness levels are welcome.**

### Total Body Workout

This workout incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Equipment used may include weights, TRX (suspension training), Kettlebells, bands, benches, bosu's, cycles and mat works. The class will also elevate your heart rate as you are challenged with drills in either circuits and/or a stand-alone station. Anything goes in this fast and furious workout! **All fitness levels are welcome.**

## Zumba®

Grooving to the beats like salsa, reggaeton, cumbia, hip hop and meringue, music feels more like a dance party than a workout, which is exactly what makes Zumba so popular! The Latin-inspired and World-inspired dance workout is one of the most popular group exercise classes around. You don't need to be a great dancer to feel welcome in a Zumba class. You will become one though! **All fitness levels are welcome.**

## WATER OPTIONS:

The Shoreview Community Center offers a variety of water based classes to suit all ages and abilities. The pool depth is between 3 ½ feet and 4 ½ feet with the water temperature regulated for maximum comfort. All water classes are held in the Shoreview Community Center pool.

### Aqua Fit

Enjoy a high energy class to help increase your flexibility, endurance, and overall muscle strength. The resistance of the water provides a whole body workout. **All fitness levels are welcome.**

### Aqua Yoga

The supportive environment of the pool provides easier access to muscles and joints, while the quiet atmosphere allows a deeper mind/body connection. This class integrates slow fluid movements to help improve flexibility, balance, posture, and breathing. This class is 45 minutes and does not meet every week. **All fitness levels are welcome.**



## KIDS CARE

**Monday – Saturday**  
**8 am - 12:30 pm**

**Monday – Thursday**  
**4 - 8:30 pm**

**Friday**  
**4 - 7 pm**  
**Closed May 27, July 4**

**\$1 per hour/per child**  
**(no pro-rating for partial hours)**

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Group X Card holders. Children are taken on a first-come, first-served basis. The Kids Care room is located directly across from the service desk. Kids Care phone number: 651.490.4763.



## Coming this summer:

- New outdoor classes
- Movie night rides in the cycling studio
- Teen cycling classes
- Sampler classes
- Team weight loss challenge
- Team boot camp challenge

Information will be available when the new schedule comes out beginning of May. Schedules will be at the Community Center and available online at [shoreviewcommunitycenter.com](http://shoreviewcommunitycenter.com)

## SENIORFIT CLASSES

SeniorFIT classes are free to annual senior members and require registration. If you are not an annual senior member and would like to participate in these classes, you may purchase a Group X Card through Parks & Recreation, or a drop-in pass at the lower-level service desk the day of class. See pages 24 for Group X Card information.

### SeniorFit Chair Yoga

Experience the benefits of Yoga while sitting in a chair! Some standing postures may be included in this class. **Beginner to intermediate levels are welcome.**

### SeniorFit Strength Training

Resistance exercise executed while sitting in a chair. Come join us for a great strength training workout in a comfortable setting. **Beginner to intermediate fitness levels are welcome.**

### SeniorFIT Aqua Exercise

Use the water's buoyancy to help reduce pressure on your joints in this low-impact class as you increase your cardiovascular health, flexibility, and range of motion. Swimming ability is not required. **All fitness levels are welcome.**

### SUMMER SESSION *June 10 - September 1*

<b>MONDAY</b>		Activity #
8:30 am	SeniorFIT Strength Training with Sarah	310161-01
10 am	SeniorFIT Chair Yoga with Wanda	310163-01
<b>TUESDAY</b>		
8:30 am	SeniorFIT Chair Yoga with Katie	310163-02
10 am	SeniorFIT Strength Training with Bridget	310161-02
<b>WEDNESDAY</b>		
8 am	SeniorFIT Aqua Exercise with Fran	310162-01
8:30 am	SeniorFIT Chair Yoga with Gretchen	310163-03
1 pm	SeniorFIT Strength Training with Wanda	310161-03
<b>THURSDAY</b>		
8:30 am	SeniorFIT Strength Training with Bridget	310161-04
<b>FRIDAY</b>		
8:15 am	SeniorFIT Aqua Exercise with Fran	310162-02
8:30 am	SeniorFIT Strength Training with Perry	310161-05
10 am	SeniorFIT Chair Yoga with Adrienne	310163-04



## SILVER & FIT® MEMBERSHIPS

Check with your health insurance provider to see if you qualify for a Silver&Fit® membership! These memberships include free admission\* to the Community Center (\*admin fee may apply); membership does not include SeniorFIT group fitness classes. Stop by the Community Center for details and to sign up.



## PERSONAL TRAINING:

A trainer can plan a safe, effective program and provide one-on-one instruction to ensure you use proper form and technique, exercise at the appropriate intensity, and maximize the effectiveness of your workout. Personal Trainers serve as coaches, educators and a source of encouragement to help you overcome obstacles and stick to your program. Personal Training comes in packages of 1, 3, 6 and 12 sessions. All sessions expire one year from the date of purchase.

### Personal Trainers will:

- Establish realistic goals and determine safe strategies to achieve those goals
- Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- Achieve maximum results in minimum time
- Provide encouragement and accountability

### How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, while others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress.

Sessions	Regular	Resident
Three Sessions	\$209	\$193
Six Sessions	\$394	\$366
Twelve Sessions	\$746	\$679
Twenty-four Sessions	\$1,410	\$1,286

### Buddy Personal Training:

Buddy Sessions	Regular	Resident
Three Sessions	\$159	\$146
Six Sessions	\$296	\$275
Twelve Sessions	\$560	\$517

### What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, postural assessment, cardiovascular testing, and sports-specific tests. Assessments are included in personal training packages of 3, 6, 12 and 24 sessions for first-time clients.

## INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13 to use the Fitness Center

\$40; \$35 Shoreview Res      **Activity # 510299-01**

Shoreview Community Center

The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover a beginning strength training program and guidelines for cardiovascular exercise. Registration forms are available at the front desk and lower-level service desk. The schedule is located at the fitness center desk, or call 651.490.4768 for more information.

## COMMUNITY CENTER MEMBER EQUIPMENT ORIENTATION

(Individual or Group)

FREE to members age 14 and older

All members of the community center are encouraged to attend a one-time fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize strength and cardiovascular equipment and provide guidelines for safe exercise. The schedule and sign-up sheet for equipment orientations is located at the fitness center desk. For more information call 651.490.4768.

## SHOREVIEW AREA PICKLEBALL CLUB

\$15 Annual Membership

Activity # 520200-01

We're happy to welcome you to the fastest growing sport for adults in the country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Members will have the option to purchase a club t-shirt for \$20 per shirt at the Parks and Recreation Office. Membership is good for 2019 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.

### Bobby Theisen Park (6 dedicated pickleball courts)

\*Monday - Friday, 8 - 11 am

\*For experienced players

\*\*Tuesday, Thursday & Sunday, 6 - 8 pm

\*\*For all skill level players

### Commons Park (6 courts striped on tennis courts)

\*\*\*Monday, Wednesday & Friday, 8:30 - 11 am

\*\*\*For beginner and social players

## PICKLEBALL LESSONS

\$60 Per Person

### Beginner (1.0 - 2.0)

This is an introductory class geared for those who have little or no knowledge of Pickleball. We will cover basic rules, primary skills, terminology and etiquette.

Wednesdays, June 12 - July 10

5:30 - 7 pm

(no class July 4)

Island Lake School Gym

Activity # 320200-01

### Advanced Beginner (2.0 - 3.0)

For players who have played Pickleball and would like to build their confidence, develop technique, court positioning and strategy.

Wednesdays, June 12 - July 10

2:30 - 4 pm

(no class July 4)

Island Lake School Gym

Activity # 320200-02

### Intermediate/Advanced (3.0 - 4.5)

For players who want to fine-tune their skills and techniques. Get comfortable with the dinking game, use of the third shot and competitive play.

Mondays, July 8 - 29

2:30 - 4 pm

Island Lake School Gym

Activity # 320200-03

## FIERCE: WOMEN'S SELF-DEFENSE COURSE

Ages 13 and older (participants under 18 must attend with a registered adult 18 or older)

Individual Rate: \$138; \$125 Shoreview Resident

Buddy Rate: \$125/person; \$110/person Shoreview Resident (2 people enroll together)

Tuesdays, June 18 - August 13 (No class 7/12) 6 - 7:15 pm

Individual Rate Activity # 320300-01

Buddy Package Rate Activity # 320300-02

**Deadline to register: Tuesday, June 11**

This intense course focuses on the most common and dangerous attacks on women. Students will learn physical techniques and verbal strategies on how to avoid and escape an attack or submit an attacker if need be. Instructor Molly Nielsen is an extremely motivated and passionate learner in several martial arts styles. Non-restrictive and modest clothing is recommended to allow freedom of movement during class.



## NEW! TRIATHLON CLUB

Ages 18+

Tuesdays & Thursdays, June 4 - August 29

5 - 6:30 pm

(no class July 4)

\$299 per participant

Activity # 320810-01

Work with experienced local elite triathletes, Diane Hankee and Shelley Ostrander in this fun program. Whether you are a beginner, an experienced athlete or are thinking of participating in a triathlon, this club is friendly, welcoming and supportive. Participants will have a planned workout twice per week. This club will get you fit and ready for a summer triathlon! Participants will get a Triathlon Club T-shirt.

## NEW! TRIATHLON CLINIC

Ages 18+

Sunday, May 19

5 - 6:30 pm

\$15 per participant

Activity # 220810-01

Local Elite Triathlete, Diane Hankee, will share her knowledge, strategies and trainings tips for participating in a triathlon. Whether you are a beginner, an experienced athlete or are just thinking of participating in one, this clinic is welcoming to everyone! Bring what you need to run outside, your own swim suit, swim cap and goggles. A bike is not needed.

## ADULT GROUP TENNIS LESSONS

Find yourself in the game! Have fun, stay in shape, and meet new friends while playing the lifetime sport of tennis. All classes are taught by USTA-trained instructors.

**Deadline to register is one week prior to class start.**



### Session I

Tuesdays, June 11 - July 16  
(If necessary, make-up lessons held July 23)  
Commons Park Tennis Courts  
\$75; \$65 Shoreview Resident

#### Beginner

6 - 7 pm

#### Activity # 320600-01

Classes are for those who have little or no tennis experience. Learn the basic strokes and begin to rally. Wilson tennis racquets will be provided by USTA.

#### Advanced Beginner

7 - 8 pm

#### Activity # 320601-01

Classes are for those who know the basic strokes and are working further on ball tracking, movement, and consistency. Players are ready for introductory social match play. Wilson tennis racquets will be provided by USTA.

#### Intermediate

7 - 8 pm

#### Activity # 320602-01

Classes are for those continuing to develop their stroke consistency and accuracy while earning net play, court coverage, and match strategy. Players are ready for formal, organized play if they choose. Wilson tennis racquets will be provided by USTA.

## FALL SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

### Program Information

Softballs and umpires are provided for all games. League game times are 6 and 7 pm (some 8 pm and 9 pm games). Later fall games will start at 5:50 pm due to less daylight. No playoffs for fall leagues. League fees include USSSA Sanctioning fees and sales tax. Leagues are run in collaboration with Arden Hills Parks and Recreation. **Registration deadline is July 19 for Fall Leagues.**

### Softball League Descriptions

**Men's Recreation E:** Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

**Co-Rec D:** Average teams. Teams have players with broad range of ability levels. Three home runs per team. Co-Rec leagues use an 11-inch softball for women and a 12-inch softball for men.

League	Day	Start Date	Games	Early Bird Rate by 7/8	Reg. Rate After 7/8	Activity #
Co-Rec D	Monday	August 5	10 Games – Doubleheaders	\$370	\$395	420801-01
Men's E	Tuesday	August 6	10 Games – Doubleheaders	\$345	\$370	420801-02
Co-Rec D	Thursday	August 8	10 Games – Doubleheaders	\$370	\$395	420801-04

## MONTHLY AFTERNOON BINGO

May 29, June 26, July 31, August 28 1 pm

One Wednesday a month at 1 pm we lead an easy hour of Bingo games. Cards are \$.25 each; no min/max.

## 500 CARD CLUB

Mondays 12:30 pm  
*No partner required*

Join a wonderful group of players for cards and conversations in the Community Center's Fireside Lounge (upper level). We provide the coffee; you're welcome to bring a treat to share. No registration required.

## NEW! CRAZY FOR CRAFTING – CRAFTER KLATCH

Second and fourth Tuesdays 9:30 am - Noon  
 June 11, 25, July 9, 23, August 13, 27

Are you crafty and enjoy being around others? Drop-in our NEW informal crafting club. Pull together your supplies and come every other week to work on projects, share ideas, learn new skills, laugh and enjoy the company while you work.

## NEW! LUNCH AND LEARN

Third Thursday of the month Noon - 1 pm

Pack a bag lunch and join us the third Thursday of each month for these learning opportunities. We'll watch a short talk and hold a thoughtful discussion and inspire future topics or maybe even a new program. Many find inspiration from these talks to make positive changes in their lives, increase happiness in relationships, work, and life.

TED is a non-profit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED began in 1984 as a conference where Technology, Entertainment and Design converged, and today covers almost all topics in more than 100 languages. Check online registration for topic updates or call 651-490-4714.

### June 20: My Stroke of Insight

Jill Bolte Taylor got a research opportunity few brain scientists would wish for: She had a massive stroke, and watched as her brain functions – motion, speech, self-awareness – shut down one by one. An astonishing story.

### July 18: The art of living... with Dementia

Following her mother's diagnosis with Alzheimer's at the age of 58, Liza Futerman was motivated to understand how to better support and care for her family and herself. She talks about what she has learned on how to use the arts, creativity, humor, education, and technology to inspire, empower and enhance the quality of life of those affected by dementia and Alzheimer's Disease. Liza is currently a CIHR-funded PhD researcher, and a dementia care activist.

### August 15: Brené Brown: The power of vulnerability

Brené Brown studies human connection – our ability to empathize, belong, love. In a poignant, funny talk, she shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity. A talk to share.

Learn more about the exciting world of escorted group travel!

**June 26<sup>th</sup> at 10:00 AM**  
 at the Shoreview Community Center  
 Can't make the show? Call for a free catalog! 612-230-2040

<p><b>Ireland</b> the Emerald Isle</p> 	<p><b>Albuquerque</b> Balloon Fiesta</p> 	<p><b>New England</b> Fall Foliage</p> 
<p><b>Landmark Tours</b> United States • Canada • Central America • Europe Tours • Cruises • River Cruises</p>		
<p><b>Iceland</b> Northern Lights</p> 	<p><b>America's Heritage</b> Philadelphia, Gettysburg</p> 	<p><b>New York City</b> Holiday Spectacular</p> 

In partnership with  Shoreview Parks and Recreation

[www.GoWithLandmark.com](http://www.GoWithLandmark.com)

**SENIOR NEWSLETTER**

Sign up to receive a copy of our Senior Newsletter each season!  
 Call 651.490.4750 to be added to our mailing list.



## BINGO & DONUTS

Thursday, June 13 10 - 11:30 am  
\$6; \$5 Shoreview Resident Activity # 300513-01

**Location:** Shoreview Community Center

**Deadline to register:** Tuesday, June 11

Join us for some donuts, coffee and various Bingo games. You'll have a chance at various prizes and the grand prize cover-all game winner gets a gift card. Registration includes treats, prizes and four cards.

## BINGO & ICE CREAM TREATS

Thursday, July 18 10 - 11:30 am  
\$7; \$6 Shoreview Resident Activity # 300513-02

**Location:** Shoreview Community Center

**Deadline to register:** Tuesday, July 16

Ice Cream treats make a great summer mid-morning treat. Join us for ice cream treats, coffee, iced tea and various Bingo games. You'll have a chance at various prizes and a grand prize cover-all game for a gift card. Registration includes treats, prizes and four cards.

## BINGO, KNOCK, KNOCK JOKES & FRESH FRUIT

Thursday August 15 10 - 11:30 am  
\$7; \$6 Shoreview Resident Activity # 300513-03

**Location:** Shoreview Community Center

**Deadline to register:** Tuesday, August 13

Join us for some wonderful summer fruits and a barrage of silly knock-knock jokes in between bingo games. You'll have a chance at various prizes and a grand prize cover-all game for a gift card. Registration includes treats, prizes and four cards.



## DEMENTIA DISCUSSION: WHEN THEY DON'T WANT HELP

Wednesday, May 15 10 - 11:30 am  
FREE Activity # 300311-02

*Registration is requested for planning purposes*

**Deadline to register:** Wednesday, May 8

Do you have a friend/family member in your life who has dementia but refuses your help? Why do some people with dementia seem to have little understanding of the disease or their own need for support? Join us as we dive deeper into questions about care-giving for a person with dementia. *This class made possible through a partnership with the Wilder Foundation.*

## HEALTHY LIVING FOR YOUR BRAIN AND BODY- HEALTHIER AGING

Wednesday, June 12 9 - 10 am  
FREE; Registration required Activity # 300309-01

**Deadline to register:** Thursday, June 6

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Taught by a highly qualified instructor from the Alzheimer's Association, you'll learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. *This class made possible through a partnership with the Alzheimer's Association.*

## DEMENTIA DISCUSSION: OVERCOMING COMMUNICATION BARRIERS

Tuesday, June 18 10 - 11:30 am  
FREE; Registration required Activity # 300311-03

**Deadline to register:** Wednesday, June 12

A person who has dementia processes information differently. You'll learn about the common changes in a brain affected by dementia and get some tips on how to improve communication during these difficult transitions. *This class made possible through a partnership with the Wilder Foundation*



## AARP DRIVER SAFETY PROGRAM

An auto insurance discount can be obtained by those ages 55 and over who complete an introductory eight hour Smart Driver course. A four hour refresher course is needed every three years. AARP members are eligible for a discounted rate, however, your membership number must be provided at the time of registration. Payment must be made at the time of registration. Please bring your current driver's license with you to the class. Seminars are taught by AARP trained volunteers. This rate includes a Shoreview administration fee. **Registration deadline is 3 days prior to the class.**

AARP member cards **MUST BE PRESENTED** at the time of registration to qualify for member rates. All classes held at Shoreview Community Center.

**4 Hour Refresher Day Course** 9 am - 1 pm  
 AARP Member Rate: \$24; Non-Member Rate: \$29  
 Tuesday, June 11 **Activity # 300310-01**  
 Tuesday, July 16 **Activity # 300310-03**  
 Tuesday, August 20 **Activity # 300310-04**

**4 Hour Refresher Evening Courses** 5:30 - 9:30 pm  
 AARP Member Rate: \$24; Non-Member Rate: \$29  
 Wednesday, June 19 **Activity # 300310-02**  
 Wednesday, July 24 **Activity # 300310-05**

## THE POWER OF FOOD

Wednesday, June 19 5:30 - 8 pm  
 \$33; \$30 Shoreview Resident **Activity # 300305-01**  
*Includes meal and cookbook*

**Deadline to register: Wednesday, June 12**

The saying goes... you are what you eat. See what the National Library of Medicine, The American Institute for Cancer Research and The International Agency for Research on Cancer say about a healthy diet. Cook Dick Ogren will teach you which foods can lead to death and disability and which foods can lead to health and a longer life. Participants receive Dick's Vegan Cookbook with 30 recipes, and get to enjoy a deliciously nutritious 5 course meal made with whole grains, legumes, fruits and vegetables. Learn how to unleash the power of plant-centered eating.

## ONLINE SAFETY: PROTECT YOUR INFORMATION

Wednesday, May 22 5:30 - 7 pm  
 \$20; \$15 Shoreview Resident **Activity # 300308-01**

**Deadline to register: Wednesday, May 15**

**Location:** Shoreview Community Center

Learn the top essentials for keeping your information safe while you are online. The internet is a powerful and useful too, but should be used with some basic precautions. We'll go over how how to protect yourself, your family and devices so that you leave the class with an action plan for staying out of cyber crimes way. Instructed by: Social Club Simple

## FACEBOOK 101

Wednesday, June 12 5:30 - 7 pm  
 \$20; \$15 Shoreview Resident **Activity # 300308-02**

**Deadline to register: Wednesday, June 5**

**Location:** Shoreview Community Center

Are you new to Facebook or just getting started? Learn how to use the popular social media site to safely connect with family and friends. You will leave this hands-on class with your own free Facebook account. We'll also review the recommended privacy settings and you'll leave this training with the knowledge on how to navigate confidently through the website. If you do have a pre-existing account, it's recommended that you bring your username and password. Feel free to join us for the Concert in the Commons outside right after the class. Instructed by: Social Club Simple

## HOW TO USE PODCASTS AND WEBINARS

Tuesday, June 18 1 - 3 pm  
 \$37; \$35 Shoreview Resident **Activity # 300307-01**

**Deadline to register: Tuesday, June 11**

**Location:** Shoreview Community Center

Podcasts is like an audio broadcast available for download on the internet. Almost all of them are free. Typically they'll be a series with new installments or episodes. From fiction to non-fiction there are millions of topics to discover. Webinars are web-based seminars. Usually informational and available to download or stream. Discover the benefits offered through these platforms. We discuss tools and the how-to for podcast and webinar conferencing. We will discuss any safety and security concerns. There will be time for questions, answers and resources. Taught by: Ray of RayTheComputerGuy.com.

## IPAD WORKSHOP – I

Tuesday, June 11 1 - 3 pm  
\$35 per participant Activity # 300303-01

**Deadline to register: Tuesday, June 4**

**Location:** Shoreview Community Center

This two-hour introductory workshop covers some of the most common & basic usage of iPad use. We become familiar with smart device interface, buttons, ports, status bar, accessories, important iPad concept, its use in our society, sound settings, simple Apps management, Airplane mode, Wi-Fi and Hotspot network search, security, and internet connection, light web browsing, security awareness, camera use, photos, video & share, clock, alarm, stop watch, world clock settings, and finally answer a few questions you may have. We also look at outside resources to help you learn more about iPad use. Taught by: Ray of RayTheComputerGuy.com.

**Prerequisite: Must be familiar with iPad and some web browsing.**

## SMARTPHONE WORKSHOP – I

Tuesday, July 9 1 - 3 pm  
\$35 per participant Activity # 300304-01

**Deadline to register: Tuesday, July 2**

**Location:** Shoreview Community Center

This two-hour introductory workshop covers some of the most common & basic usage of a smartphone. We become familiar with smart device interface, buttons, ports, status bar, accessories, important cellphone concept, its use in our society, call, voice, and text messaging, Emergency SOS, sound settings, simple Apps management, Airplane mode, Wi-Fi and Hotspot network search, security, and internet connection, light web browsing, security awareness, camera use, photos, video & share via texting, clock, alarm, stop watch, and world clock settings, and finally answer a few questions you may have. We also look at outside resources to help you learn more about smartphone use. Taught by: Ray of RayTheComputerGuy.com.

**Prerequisite: Must be familiar with smartphone and know how to call or answer phone.**

## MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7950.

## SMARTPHONE WORKSHOP – II

Tuesday, July 16 1 - 3 pm  
\$35 per participant Activity # 300304-02

**Deadline to register: Tuesday, July 9**

**Location:** Shoreview Community Center

This two-hour workshop is a continuation of Workshop-I session. It covers more of the most common basic usage of a smartphone features. We briefly review workshop-I material and dive right into more in-depth use of smart device features and functionalities. We will explore more smartphone settings, camera use, photos, video & share via texting, notifications, wallpaper, sounds, internet access and web browsing, map and directions, media access, download and launch Apps like weather App, remove unwanted Apps and delete background running web pages, keyboard, language, and finally answer a few questions you may have. We also look at outside resources to help us learn more about smartphone use. Taught by: Ray of RayTheComputerGuy.com. **Prerequisite: Completed Smartphone Workshop-I session, or be familiar with Smartphone use.**

## STREAMING WORKSHOP

Tuesday, August 6 1 - 3 pm  
\$35 per participant Activity # 300307-02

**Deadline to register: Tuesday, July 30**

**Location:** Shoreview Community Center

This workshop covers how to connect to the internet, browse the web, research, purchase, download and install different apps that allow you to stream music and movies. It also covers some of the pros and cons of the different apps available. Taught by: Ray of RayTheComputerGuy.com. **Prerequisite: To be familiar with Online Browsing, shopping, and security awareness.**

## AARP AND THE ALZHEIMER'S ASSOCIATION

Do you need resources to find support for an aging family member who has Alzheimer's or dementia? AARP and the Alzheimer's Association have an easy to navigate resource finder. Visit them at [CommunityResourceFinder.org](http://CommunityResourceFinder.org) Look for classes provided by the Alzheimer's Association in this and future brochures.

## LOOKING FOR A VOLUNTEER OPPORTUNITY?

RSVP: The 1-stop volunteer connection for people 55 and over. We'll match you with rewarding opportunities to use your skills and help with issues that matter to you. We also provide free benefits. To learn more: 612-704-6116, [koschak@voamn.org](mailto:koschak@voamn.org), or [rsvpmn.org](http://rsvpmn.org)

## SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

### PRIVATE LESSONS

#### Private Lessons (PR) **Ages 3 to Adult**

30-minute swim lessons; available at set times.

Private Lessons:

Rate for 8 lessons: \$182; \$165 Shoreview Resident

Rate for 7 lessons: \$159; \$144 Shoreview Resident

Rate for 6 lessons: \$136; \$124 Shoreview Resident

Semi-Private Lessons:

Rate for 8 lessons: \$136; \$123 Shoreview Resident\*

Rate for 7 lessons: \$119; \$108 Shoreview Resident\*

Rate for 6 lessons: \$102; \$92 Shoreview Resident\*

\*Rate listed per person

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.

#### Custom Private Lessons

Custom Private Lessons:

Rate for 8 lessons: \$226; \$206 Shoreview Resident

Rate for 6 lessons: \$180; \$169 Shoreview Resident

Rate for 4 lessons: \$124; \$113 Shoreview Resident

Custom Semi-Private Lessons:

Rate for 8 lessons: \$155; \$140 Shoreview Resident\*

Rate for 6 lessons: \$125; \$114 Shoreview Resident\*

Rate for 4 lessons: \$88; \$81 Shoreview Resident\*

\*Rate listed per person

Custom private or semi-private lessons are designed to fit each individual based on their skill level and scheduling availability. These custom lessons allow the individual to progress at their own pace and have a customized lesson plan that fits their goals. Our custom private instructors have a passion for teaching swimming and have many years of experience. Contact the Aquatic Coordinator at 651.490.4766 for more information or set up your custom private lessons.

Custom Private Instruction provides:

- Flexible scheduling with 3 months to complete after first lesson starts
- Option to reschedule with advance notification
- You can choose between 4, 6 or 8, 30-minute lessons
- After your session is complete you can continue without taking a session break

### GROUP LESSONS

Rate for 8 group lessons: \$87; \$79 Shoreview Resident

Rate for 7 group lessons: \$76; \$69 Shoreview Resident

Rate for 6 group lessons: \$66; \$60 Shoreview Resident

These lessons will have one instructor to a maximum student ratio of:

(MR), (PS), (YB), (AL 1 & 2) 1 to 4

(L1) - (L3) 1 to 5

(L4) - (L6), (IS), (IL) 1 to 6

Classes with more students will be assigned an aide to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.

### PARENT/CHILD LESSONS

#### Star Fish

(SF 1) **Ages 9 months to 24 months**

(SF 2) **Ages 24 months to 36 months**

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

#### Manta Ray (MR) **Ages 2 ½ to 4 years old**

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. The main goal of this class is to gain confidence and familiarity in a pool environment independently from a guardian. Swimmers will learn the following:

- Enter/Exit water independently
- Comfort with group instruction independent from guardian
- Blow bubbles
- Submerge head
- Arm scoops

### FREE SWIM LESSON CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

Tuesday, April 30

6 - 7 pm

Saturday, June 8

10:30 - 11:30 am

Sunday, July 7

6:15 - 7:15 pm

Wednesday, July 31

6:30 - 7:30 am

**If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.**

## BEGINNER LESSONS

### Preschool (PS): Jelly Fish

#### Ages 3 - 4

Preschool is an introduction level to group learning without a guardian in the water. The main goal is to gain confidence and knowledge in basic swim skills which include: floating and front crawl with an introduction to rhythmic breathing. Swimmers will learn the following:

- Unassisted Entry/Exit
- Front/Back Floats with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms
- Rhythmic breathing with bubbles

### Level 1 (L1): Angel Fish

#### Ages 3 ½ or passed preschool

Swimmers will learn basic exploration that leads to assisted swimming. Students should be comfortable in the water and come prepared to put their face in the water. The main objective of level 1 is to expand knowledge and confidence in floats, glides and front crawl with rhythmic breathing. Swimmers will learn the following:

- Independent front/back floats for 5 seconds
- Introduction to front/back glides with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms with rhythmic breathing and support

### Level 2 (L2): Sea Monkeys

#### Ages 4 or passed level 1

The objective of level 2 is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers must be comfortable on their own and fully submerged in water where they can touch. The main goal is to develop confidence and competence in floating, gliding, kicking independently while gaining the knowledge in front crawl with rhythmic breathing without support. Swimmers will learn the following:

- Front/Back floats unsupported for 10 seconds
- Front/Back glides with flutter kick
- Flutter kicking on front/back with barbell support for 8 yards
- Front crawl with rhythmic breathing and barbell support for 8 yards
- Elementary backstroke arms
- Jump into deep water, submerge and return to wall independently

### Youth Beginner (YB)

#### Ages 6 & older

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. Students will be in a class with other school - aged children and learn at a faster pace. Students can continue to take youth beginner until they reach a level that includes their peers.



## INTERMEDIATE LESSONS

### Level 2.5 (L 2.5): Otters

Level 2.5 bridges the gap between L2 and L3. The objective of this level is to develop knowledge in the elementary backstroke and gain technique and endurance in the front crawl with rhythmic breathing. Swimmers will learn the following:

- Front/Back glide with flutter kick
- Flutter kick on front/back with support (25 yards)
- Front crawl with controlled rhythmic breathing (½ length)
- Elementary backstroke (½ length)
- Introduction to whip kick

### Level 3 (L3): Seals

Level 3 builds on skills by coordinating strokes and increasing endurance. The main objective is to gain technique and endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Flutter kick on front/back with equipment (50 yards)
- Front glide with flutter kick to front crawl
- Back glide with flutter kick to back crawl
- Front crawl with rhythmic breathing (25 yards)
- Back crawl (½ length)
- Elementary backstroke (25 yards)

### Level 4 (L4): Sting Rays

Level 4 develops endurance in previously learned strokes and introduces breaststroke. The objective is to gain knowledge and technique skills in the breaststroke while gaining endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Front crawl with open turn (50 yards)
- Back crawl with open turn (50 yards)
- Elementary backstroke (50 yards)
- Breaststroke (25 yards)
- Dolphin kick

## ADVANCED LESSONS

### Level 5 (L5): Dolphins

Level 5 refines coordination and technique while increasing endurance in the front and back crawl and elementary backstroke while learning the butterfly. Swimmers will learn the following:

- Front crawl with one flip turn (100 yards)
- Back crawl with open turns (100 yards)
- Elementary backstroke (100 yards)
- Breaststroke (50 yards)
- Butterfly (½ length)
- Dolphin kick (50 yards)

### Level 6 (L6): Orcas

Level 6 polishes strokes and develops a strong technique to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Front crawl with flip turns (200 yards)
- Back crawl with open turns (200 yards)
- Breaststroke with underwater pull outs (11 yards)
- Butterfly (25 yards)
- Individual Medley (100 yards)
- Sidestroke (25 yards)

**Introduction to Lifeguarding  
on next page!**

### Introduction to Swim Team (IS)

\$134; \$122 Shoreview Resident

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke and freestyle; along with competitive turns. **This class is one hour.**

## JR. LIFEGUARD

Ages 13-15

\$44; \$40 Shoreview Resident

**Activity # 350306-01**

Tuesdays, July 9 - August 6

6 - 8 pm

**Deadline to register: Thursday, July 2**

**Location: Shoreview Community Center Pool & Council Chambers**

Do you want to get ready for an exciting career as a lifeguard? This course provides a foundation of lifeguarding and life skills that will allow for a smooth transition to any lifeguard certification program. This course focuses on the following key areas: recognition of people in possible trouble, conscious & unconscious rescues, rule enforcement & public relations, first aid certification, and fitness.

Course prerequisites:

- 50 yard swim of front crawl or breaststroke
- Retrieve a 10 lb brick bring it to a wall from a depth of 4 ft
- Swim under water 10 ft



## ADULT LESSONS

### Adult Lessons (AL1): Beginner

It's never too late to learn how to swim and enjoy the water. With the guidance of our swim instructors, you will learn basic swimming skills in a safe environment while gaining confidence in the water. The following skills will be covered:

- Front/Back Floats
- Front/Back Kicking w/support
- Breathing
- Recovery Position
- Comfort in water independently

### Adult Lessons (AL2): Intermediate

With the guidance of our swim instructors, you will build on skills previously learned in Adult Lessons: Beginner and expand on your knowledge and confidence in the water while learning the following skills:

- Front/back glides with flutter kick
- Rhythmic breathing
- Front crawl arms w/ rhythmic breathing & support
- Elementary backstroke



# AQUATIC TEEN LEADERSHIP PROGRAMS at the Shoreview Community Center

**AGES  
13-15**

## **JR. LIFEGUARD**

**Tuesdays, July 9 - August 6**

**\$44, \$40 Shoreview Resident, Activity #350306-01**

This course provides a foundation of lifeguarding and life skills that will allow for a smooth transition to any lifeguard program. Course prerequisites: 50 yard swim of front crawl or breaststroke, retrieve a 10lb brick & bring to a wall from a depth of 4ft, swim under water 10ft.

## **INTRODUCTION TO LIFEGUARDING**

**Monday-Thursday, 9 - 9:35 am, \$87, \$79 Shoreview Resident**

**Session 1: June 10-20, Activity #350305-01**

**Session 2: July 8-18, Activity #350305-02**

This course provides a foundation of lifeguarding and life skills that will allow for a smooth transition to any lifeguard program. Course prerequisites: 50 yard swim of front crawl or breaststroke, retrieve a 10lb brick & bring to a wall from a depth of 4ft, swim under water 10ft.

**AGES  
15+**

## **JOIN OUR AQUATIC TEAM!**

We are accepting applications for lifeguards, swim instructors, and more!  
Learn more and apply online: [shoreviewcommunitycenter.com](http://shoreviewcommunitycenter.com)

**ShoreviewCommunityCenter.com | 651.490.4750**

# SWIM LESSONS AT THE COMMUNITY CENTER POOL

## SUMMER MORNING SESSION Monday – Thursday, 4 times per week for 2 weeks

Session 1 June 10 – 20			Session 2 June 24 – July 3 (7 Lessons)			Session 3 July 8 – July 18			Session 4 July 22 – Aug 1			Session 5 Aug 5 – 15		
Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #
9 am	PS	330111-01	9 am	PS	330111-03	9 am	PS	330111-05	9 am	MR	330117-04	9 am	PS	330111-09
	L2	330102-01		LI	330101-03		L2	330102-06		PS	330111-07		LI	330101-11
	L2.5	330112-01		L2.5	330112-04		L2.5	330112-07		LI	330101-08		L2.5	330112-13
	L3	330103-01		L3	330103-04		YB	330113-03		L3	330103-07		YB	330113-05
	L4	330104-01		L5	330105-02		L5	330105-03		L4	330104-05		L3	330103-09
	IL	350305-01		PR	330114-07		L6	330106-02		PR	330114-21		L5	330105-05
9:45 am	PR	330114-01	9:45 am	PS	330111-04	9:45 am	IL	350305-02	9:45 am	PR	330114-22	9:45 am	IS	330109-01
	MR	330117-01		L2	330102-04		PS	330111-06		LI	330101-09		MR	330117-05
	LI	330101-01		L4	330104-03		LI	330101-06		L2	330102-08		L2	330102-11
	L2.5	330112-02		PR	330114-08		L2.5	330112-08		L2.5	330112-10		L2.5	330112-14
	YB	330113-01		PR	330114-09		L3	330103-06		YB	330113-04		L2.5	330112-15
	L4	330104-02		PR	330114-10		PR	330114-14		L5	330105-04		L4	330104-06
10:30 am	L5	330105-01	10:30 am	MR	330117-02	10:30 am	PR	330114-15	10:30 am	PR	330114-23	10:30 am	L6	330106-03
	L6	330106-01		LI	330101-04		PR	330114-16		PR	330114-24		PS	330111-10
	PS	330111-02		L2	330102-05		MR	330117-03		PS	330111-08		LI	330101-12
	LI	330101-02		L2.5	330112-05		L2	330102-07		LI	330101-10		L2	330102-12
	L2	330102-02		L3	330103-05		L2.5	330112-09		L2	330102-09		L2.5	330112-16
	L2.5	330112-03		PR	330114-11		L4	330104-04		L2.5	330112-11		YB	330113-06
11:15 am	L3	330103-02	11:15 am	LI	330101-05	11:15 am	PR	330114-17	11:15 am	L2.5	330112-12	11:15 am	L3	330103-10
	PR	330114-02		L2.5	330112-06		LI	330101-07		L3	330103-08		L4	330104-07
	PR	330114-03		YB	330113-02		PR	330114-18		PR	330114-25		PS	330111-11
	L2	330102-03		PR	330114-12		PR	330114-19		L2	330102-10		L2	330102-13
	L3	330103-03		PR	330114-13		PR	330114-20		PR	330114-26		PR	330114-29
	PR	330114-04						PR		330114-27	PR		330114-30	
11:15 am	PR	330114-05				PR	330114-28	PR	330114-31					
	PR	330114-06												

### Session 6 Aug 19 – 29

Time	Level	Activity #
9 am	PR	330114-32
	PR	330114-33
	PR	330114-34
9:45 am	PR	330114-35
	PR	330114-36
	PR	330114-37
10:30 am	PR	330114-38
	PR	330114-39
	PR	330114-40
11:15 am	PR	330114-41
	PR	330114-42
	PR	330114-43

## AQUATIC KEY

<b>SF 1</b> Starfish 9-24 months	<b>PR</b> Private Lessons
<b>SF 2</b> Starfish 24-36 months	<b>IS</b> Intro to Swim Team
<b>MR</b> Manta Ray	<b>IL</b> Intro to Lifeguarding
<b>PS</b> Preschool	<b>AL</b> Adult Lessons
<b>LI</b> Level 1, 2, etc.	<b>AL 1</b> Adult Beginner
<b>YB</b> Youth Beginner	<b>AL 2</b> Adult Intermediate

## LESSON RATES

<b>8 Lessons</b>	<b>Group</b> \$87; \$79 SV Res.	<b>Private</b> \$182; \$165 SV Res.	<b>Semi-Private</b> \$136; \$123 SV Res.*
<b>7 Lessons</b>	<b>Group</b> \$76; \$69 SV Res.	<b>Private</b> \$159; \$144 SV Res.	<b>Semi-Private</b> \$119; \$108 SV Res.*
<b>6 Lessons</b>	<b>Group</b> \$66; \$60 SV Res.	<b>Private</b> \$136; \$124 SV Res.	<b>Semi-Private</b> \$102; \$92 SV Res.*

\*2 participants of equivalent ability



## WEEKLY CLASSES

1 day per week for 8 weeks

Monday June 17 – Aug 5			Wednesday June 19 – Aug 7			Thursday June 20 – Aug 15 (No Class: July 4)		
Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #
5 pm	MR	330117-06	5 pm	PS	330111-14	5 pm	PS	330111-16
	LI	330101-13		L2	330102-16		PR	330114-53
	L2.5	330112-17		PR	330114-48		PR	330114-54
	YB	330113-07		PR	330114-49	5:45 pm	LI	330101-17
	L3	330103-11		PR	330114-50		PR	330114-55
5:45 pm	SF 1	330110-01	5:45 pm	SF 1	330110-02	6:30 pm	PR	330114-56
	SF 2			SF 2			L2	330102-18
	PS	330111-12	MR	330117-07	PR		330114-57	
	L2	330102-14	L2.5	330112-20	PR	330114-58		
	L2.5	330112-18	YB	330113-09	7:15 pm	PR	330114-59	
	PR	330114-44	L3	330103-13		PR	330114-60	
6:30 pm	PS	330111-13	6:30 pm	PS	330111-15	8 pm	PR	330114-61
	L2	330102-15		LI	330101-15		PR	330114-62
	L3	330103-12		L2.5	330112-21			
	L6	330106-04		L4	330104-09			
	PR	330114-45		L5	330105-07			
7:15 pm	LI	330101-14	7:15 pm	LI	330101-16			
	L2.5	330112-19		L2	330102-17			
	YB	330113-08		L3	330103-14			
	L4	330104-08		IS	330109-02			
	L5	330105-06		PR	330114-51			
8 pm	AL 1	330115-01	8 pm	AL 2	330115-02			
	PR	330114-46		PR	330114-52			
	PR	330114-47						

## Saturday June 15 – Aug 3

Time	Level	Activity #
8:15 am	LI	330101-18
	L2.5	330112-22
	PR	330114-72
	PR	330114-73
9 am	MR	330117-08
	PS	330111-17
	L2	330102-19
	L3	330103-15
9:45 am	SF 1	330110-03
	SF 2	
	LI	330101-19
	L2.5	330112-23
	YB	330113-10
	PS	330111-18
10:30 am	L2	330102-20
	L5	330105-08
	PR	330114-74
	PR	330114-75
11:15 am	MR	330117-09
	LI	330101-20
	L4	330104-10
	PR	330114-75

## Sunday June 16 – Aug 4

Morning			Evening		
Time	Level	Activity #	Time	Level	Activity #
9 am	SF 1	330110-04	6:15 pm	SF 1	330110-06
	SF 2			SF 2	
	LI	330101-21	PS	330111-20	
	L2.5	330112-24	LI	330101-23	
9:45 am	PR	330114-76	YB	330113-11	
	MR	330117-10	L3	330103-17	
	PS	330111-19	L5	330105-09	
	L3	330103-16	6:55 pm	MR	330117-12
10:30 am	PR	330114-77	L2	330102-22	
	SF 1	330110-05	L2.5	330112-26	
	SF 2		L4	330104-12	
	LI	330101-22	PR	330114-80	
L2.5	330112-25	PR	330114-81		
11:15 am	PR	330114-78			
	MR	330117-11			
	L2	330102-21			
	L4	330104-11			
PR	330114-79				

## TWO-DAY CLASSES

2 times per week for 3 weeks

### Monday/Wednesday Aug 12 – 28 (6 lessons)

Time	Level	Activity #
5 pm	PR	330114-63
	PR	330114-64
	PR	330114-65
5:45 pm	PR	330114-66
	PR	330114-67
	PR	330114-68
6:30 pm	PR	330114-69
	PR	330114-70
	PR	330114-71

## A NOTE ABOUT COMMUNITY CENTER LESSONS

- We do not have make up lessons for group or private lessons.
- Group classes with fewer than 2 registered participants are subject to cancellation.
- Students are not allowed to swim before or after lessons unless they have purchased a wristband during the following times: Weekday Morning lessons (school year only), Weekday Evening lessons (all year), and weekend Morning lessons (at 12 pm when the water park opens).
- If your child needs a quieter environment to learn, please look at our Saturday & Sunday availability for lessons. The pool is exclusively for lessons & lap swim during these times.
- Children ages 4 and under may use either locker room or the family locker room. Children ages 5 and older must use the same-gender locker room or family locker room.
- Have your child use the bathroom and shower before entering the pool area. Instructors & lifeguards are not allowed to take a child to the bathroom during lessons.
- On the first day of lessons, we will meet on the pool patio located by the entrance to the pool prior the start of class to go over first day introductions.
- The pool water temperature is kept between 84 and 85 degrees.



## ELLIS & ASSOCIATES COMMUNITY CPR/AED

Ages 14+

Tuesday, June 25

6 - 10 pm

\$72; \$65 Shoreview Resident

Activity # 350301-01

**Deadline to register: Tuesday, June 11**

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain, CPR mask and ready reference materials.

## ELLIS & ASSOCIATES STANDARD FIRST AID

Ages 14+

Thursday, June 27

6 - 8:30 pm

\$45; \$41 Shoreview Resident

Activity # 350301-02

**Deadline to register: Tuesday, June 11**

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

## ELLIS & ASSOCIATES COMMUNITY CPR/AED & FIRST AID

Ages 14+

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Tuesday, June 25

6 - 10 pm

Thursday, June 27

6:30 - 8:30 pm

\$94; \$85 Shoreview Residents

Activity # 350301-03

**Deadline to register: Tuesday, June 11**

This two-day course will provide certification in infant, child, and adult CPR including AED use along with basic first aid care for injuries and sudden illness.

Certification is awarded through Ellis & Associates after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.



## SNORKELING

Ages 8 to 13

Friday, July 12

10:30 - 11:30 am

\$27; \$24 Shoreview Resident

Activity # 330306-01

**Deadline to register: Friday, July 5**

Come learn the basics of snorkeling and we will provide the equipment. A variety of swimming abilities are encouraged to join us in discovering the underwater world, but basic swimming skills are needed.

## BABYSITTING 101

Grades 5 to 7

\$67; \$61 Shoreview Resident

Saturdays

8 am - Noon

May 11

Activity # 250101-02

June 22

Activity # 350101-01

August 10

Activity # 350101-02

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.

## BABYSITTING FIRST AID

Grades 5 to 7

Sunday, July 14

12:30 - 3:30 pm

\$44; \$40 Shoreview Resident

Activity # 350102-01

**Deadline to register: Sunday, July 7**

Students will gain a more in depth understanding of how to recognize and provide immediate care to an ill or injured person. They will learn how to recognize the significance of injuries and medical emergencies including how to respond to a choking person. Students will put together a small take home first aid kit.

Standard First Aid certification is awarded through Ellis and Associates Safety & Health once the course is completed.

## SCOUTS BSA MERIT BADGES

### Swimming Merit Badge

Scouts will learn about safety when swimming and diving, how swimming can contribute to overall fitness and health, and gain some basic competitive swimming skills.

The swimming merit badge can be completed at Chippewa Middle School. You will be asked to provide the Merit Badge book and Certification card. We will provide the Swimming Workbook and instructor.

Friday, July 19 Noon - 3 pm  
\$62; \$56 Shoreview Resident **Activity # 330301-01**

**Deadline to register: Friday, July 12**

**Location:** Chippewa Middle School Pool

### Lifesaving Merit Badge

Scouts will learn how to assist those involved in a water accident along with getting the best knowledge of rescue techniques, skills to perform them and the judgment to know when and how to act so they can be prepared for emergencies.

The Lifesaving merit badge can be completed at Chippewa Middle School. You will be asked to provide the Merit Badge book and Certification card. We will provide the Lifesaving Workbook and instructor.

Friday, July 19 Noon - 3:30 pm  
\$68; \$62 Shoreview Resident **Activity # 330301-02**

**Deadline to register: Friday, July 12**

**Location:** Chippewa Middle School Pool



### First Aid Merit Badge

Scouts will learn to care for an injured or ill person until they can receive professional medical care and is an important skill for every scout to have.

The First Aid Merit Badge can be completed at the Shoreview Community Center. You will be asked to provide the Merit Badge book and Certification card. We will provide the First Aid workbook and instructor.

Thursday, July 25 5 - 8:30 pm  
\$68; \$62 Shoreview Resident **Activity # 330301-03**

**Deadline to register: Thursday, July 18**

**Location:** Shoreview Community Center



## BOY SCOUT SWIM CHECKS

If you need to complete your Boy Scout swim check before you leave for summer camp, register for a time and date below. Our certified lifeguard will determine if you are a learner, beginner, or swimmer and complete the certification card after the swim test. \$5 per participant.

The swimmer will be asked to demonstrate the following:

- Jump feet first into water over their head and begin swimming
- Swim 75 yards in a strong manner using: sidestroke, breaststroke, trudgen or crawl
- Swim 25 yards using an easy, resting backstroke
- Float for one minute

You will need to bring the following:

- Boy Scouts of America Swim Test Certification form

Thursday, June 13  
7 - 7:30 pm **Activity # 330301-04**  
7:30 - 8 pm **Activity # 330301-05**

Wednesday, June 26  
7 - 7:30 pm **Activity # 330301-06**  
7:30 - 8 pm **Activity # 330301-07**

Sunday, July 14  
6:15 - 6:45 pm **Activity # 330301-08**  
6:45 - 7:15 pm **Activity # 330301-09**

Monday, August 29  
6 - 6:30 pm **Activity # 330301-10**  
7 - 8 pm **Activity # 330301-11**



## 2019-2020 School Year: Sept. 9, 2019 - May 21, 2020

A \$75 non-refundable registration fee is required at the time of registration.

**Register now  
for the 2019-20  
school year!**

Our preschool program offers students a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten. Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, students have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience. Tuition for all classes except A to Z will be billed on the 15th of the month beginning August 15 and ending April 15.

### 2½ TO 3 YEAR OLD CLASSES

Our preschool classes for 2½ to 3 year olds will offer students a great first-time classroom experience. Class time will include opportunities to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Students must be 3 years old by May 31, 2020.

**Monday Funday AM** 9:15 - 10:45 am  
\$82/mo; \$74/mo SV Res **Activity # 540420-01**

**Monday Funday PM** 11 am - 12:30 pm  
\$82/mo; \$74/mo SV Res **Activity # 540420-02**

**Friday Funday AM** 9:15 am - 10:45 am  
\$68/mo; \$62/mo SV Res **Activity # 540421-01**

**Friday Funday PM** 11 am - 12:30 pm  
\$68/mo; \$62/mo SV Res **Activity # 540421-02**

### 3 TO 4 YEAR OLD CLASS

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Social skills and self-help abilities will be taught through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Students must be 3 years old by September 1, 2019.

**Tiny Treasures** 9:30 am - Noon  
Wednesday & Friday  
\$147/mo; \$134/mo SV Res **Activity # 540422-01**

**ABC's & 123's** 9:30 am - Noon  
Tuesday & Thursday  
\$165/mo; \$150/mo SV Res **Activity # 540423-01**

### 4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare students to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Students must be 4 years old by September 1, 2019.

**Alpha Kids** 9:30 am - 12:30 pm  
Tuesday & Thursday  
\$182/mo; \$165/mo SV Res **Activity # 540424-01**

**Stepping Stones** 1 - 3:30 pm  
Tuesday, Wednesday & Thursday  
\$274/mo; \$249/mo SV Res **Activity # 540427-01**



## SPECIALTY CLASSES (3 TO 5 YEAR OLDS)

Our specialty classes are designed for a fun, unique, and energy-filled preschool experience for 3 to 5 year olds. **Classes include swimming lessons taught by certified lifeguards in the Tropics Indoor Waterpark.** Eight week session of swimming lessons are included the last 30 minutes of class during fall, winter, and spring. Students must be 3 by September 1, 2019.



### Busy Buddies

Monday

9:30 am - Noon

\$116/mo; \$106/mo SV Res

**Activity # 540425-01**

During this class students will discover a love of learning through art projects, creative movement, foreign language, and early learning activities.

### Investigators

Wednesday

9:30 am - Noon

\$123/mo; \$111/mo SV Res

**Activity # 540428-01**

This class includes fun, hands-on experiential learning that will introduce students to an investigative approach to science-based education.

## A TO Z: FULL DAY PRESCHOOL PROGRAM

September 9, 2019 – May 21, 2020\*

Monday – Friday, 7 am - 5:30 pm (structured learning time from 9 am - 3:30 pm)

5 days/week: \$272/week; \$248/week SV Resident

3 days/week (M,W,F): \$189/week; \$171/week SV Resident

2 days/week (T, R): \$147/week; \$133/week SV Resident

**Activity # 540426-01**

**Activity # 540426-02**

**Activity # 540426-03**

This **FULL-DAY** class offering designed for 3½ to 5 year olds will provide a combination of early learning activities in an environment that will prepare students for the next step. The class will focus on skill work including letters, numbers, colors, shapes, printing, counting and beginning math concepts. Students will learn social skills and gain confidence and understanding in how to relate to others through group play. Introduction to nature based play, music, foreign languages, field trips and swimming will also be incorporated into this class. Each week physical education time will be included with activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Morning and afternoon snack included. Students need to bring a bag lunch with a drink. Students must be toilet trained and 3 years old by June 1, 2019. A \$75 non-refundable fee is due at time of registration. School year tuition will be billed on a weekly basis beginning Thursday, September 5, 2019.



\* School calendar will follow Mounds View School District non-school days.



## ADVENTURE QUEST SUMMER PLAYGROUND PROGRAM

June 10 – August 1 (no program July 4)

Join us for the journey of a lifetime this summer! Adventure Quest, our Summer Park Program, is filled with sports, crafts, games, songs, and other themed events. Our highly trained and energetic summer staff will be your child's summer adventure guide. Each week will unveil a new theme sure to keep your child interested and challenged this summer. Children will stretch their imaginations, keep physically active, and make new friends in Adventure Quest.

### General Information:

Children are divided into age groups and activities are designed to be developmentally appropriate for each age group. Participants must be the designated age/grade by June 10, 2019. Consider attending both sessions for four fun-filled mornings per week.

### TINY TREKKERS

Ages 3-5 (1:7 staff/child ratio)

June 10 – August 1 9 - 11:30 am  
No class July 4

**Monday & Wednesday** \$120; \$112 Shoreview Resident  
Sitzer Park **Activity # 370501-01**  
McCullough Park **Activity # 370501-02**  
Bucher Park **Activity # 370501-03**

**Tuesday & Thursday** \$113; \$105 Shoreview Resident  
Sitzer Park **Activity # 370502-01**  
McCullough Park **Activity # 370502-02**  
Bucher Park **Activity # 370502-03**

### TRAVELERS

Grades K-5 (2018-19 School year; 1:15 staff/child ratio)

June 10 – August 1 9 - 11:30 am  
No class July 4

**Monday & Wednesday** \$104; \$96 Shoreview Resident  
Sitzer Park **Activity # 370503-01**  
McCullough Park **Activity # 370503-02**  
Bucher Park **Activity # 370503-03**

**Tuesday & Thursday** \$98; \$90 Shoreview Resident  
Sitzer Park **Activity # 370504-01**  
McCullough Park **Activity # 370504-02**  
Bucher Park **Activity # 370504-03**



### ADVENTURE QUEST LEADERS IN TRAINING

Entering grades 7 to 10

June 10 – August 1, No program July 4  
\$80; \$73 Shoreview Resident **Activity # 370507-01**

Join us for this exciting leadership program! We are looking for youth that will be entering 7th to 10th grade in the fall of 2019 that are interested in learning more about leadership and getting a chance to develop those leadership skills working with our Summer Playgrounds Program.

\* Participants will be required to attend a mandatory training on Thursday, June 6 from 6:30 - 8 pm at the Shoreview Community Center. During this time, participants will meet with a program staff to determine park placement and dates to work with playground program. Weekly LIT meetings will take place on Wednesdays at noon at the Shoreview Community Center.

### OUTDOOR GAMES

Ages 7-11 Commons Park

Mondays, June 10 - July 29 1 - 3 pm  
\$54; \$48 Shoreview Resident **Activity # 390514-01**

Participate in an assortment of exciting sports. We'll play ultimate frisbee, bocce ball, kickball, dodgeball, ladderball, bean bag toss, washer toss, and other sports.

**Class will start and end at the Haffeman Pavilion (behind the Community Center).**

## Adventure Quest Academy

The Adventure Quest Academy classes provide your child with a variety of opportunities to try new things and expand their interests. Each session explores a topic in-depth, promoting creativity and the power of imagination.

### ART IN THE PARK

Ages 4 to 10 \$35; \$30 Shoreview Resident.

Tuesday, Wednesday, Thursday  
June 11 - 13 1 - 3 pm.

Sitzer Park **Activity # 370519-01**  
Bucher Park **Activity # 370519-02**

**Deadline to register: Monday, June 3**

Exploring the arts outdoors and making a bit of mess give children a chance to explore art in a fun environment. In this class we will indulge in a variety of forms of art including painting, drawing, crafts, theater and more!

### MAD SCIENTISTS

Ages 4 to 10 \$35; \$30 Shoreview Resident

Tuesday, Wednesday, Thursday  
June 18 - 20 1 - 3 pm

Sitzer Park **Activity # 370520-01**  
Bucher Park **Activity # 370520-02**

**Deadline to register: Monday, June 10**

Do you love doing experiments and letting out your inner scientist? Then this is the class for you! We will perform a variety of fun science experiments in this crazy course as well as learn basic safety skills and have a hands-on approach to science.

### INVENTORS WORKSHOP

Ages 4 to 10 \$35; \$30 Shoreview Resident

Tuesday, Wednesday, Thursday  
June 25 - 27 1 - 3 pm

Sitzer Park **Activity # 370521-01**  
Bucher Park **Activity # 370521-02**

**Deadline to register: Monday, June 17**

If you enjoy creating inventions from everyday objects you find around the house or drawing your own creations, and then this is the class for you! We will use creative thinking, design and invention to create our own extraordinary objects and explore the process of invention

### DESTINATION: OUTDOORS

Ages 4 to 10 \$35; \$30 Shoreview Resident

Tuesday, Wednesday, Thursday  
July 30 - August 1 1 - 3 pm

Sitzer Park **Activity # 370525-01**  
Bucher Park **Activity # 370525-02**

### GOOFY GARDENERS

Ages 4 to 10 \$35; \$30 Shoreview Resident

Tuesday, Wednesday, Thursday  
July 9 - 11 1 - 3 pm

Sitzer Park **Activity # 370522-01**  
Bucher Park **Activity # 370522-02**

**Deadline to register: Monday, July 1**

Start your journey to becoming the next great Minnesota Gardener! We will discover the world of plants, including vegetables and flowers while we see all that nature has to offer. We will see what we can make grow by planting some flowers and vegetables.

### ACTIVE KIDS

Ages 4 to 10 \$35; \$30 Shoreview Resident

Tuesday, Wednesday, Thursday  
July 16 - 18 1 - 3 pm

Sitzer Park **Activity # 370523-01**  
Bucher Park **Activity # 370523-02**

**Deadline to register: Monday, July 8**

Try out a variety of different sports and activities that are sure to get your heart pumping! We will introduce you to some new games and sports as well as enjoy many of our old favorites. Sports help us not only build our athletic skills, but also create leadership opportunities, focus on sportsmanship, and have FUN!

### BUSY BUGS

Ages 4 to 10 \$35; \$30 Shoreview Resident

Tuesday, Wednesday, Thursday  
July 23 - 25 1 - 3 pm

Sitzer Park **Activity # 370524-01**  
Bucher Park **Activity # 370524-02**

**Deadline to register: Monday, July 15**

Come explore the world of creepy crawly creatures! Learn about all kinds of insects, spiders, and more. We will dig in the dirt and look at nature to see what is crawling in our own backyards. You will have fun making art insects and even more fun making edible bugs!

**Deadline to register: Monday, July 22**

Set off on a different outdoor adventure every day as we explore what each of our parks has to offer. We will watch for wildlife, take a scavenger hunt, nature inspired artwork with various media and other activities.

## NOT SO BORING BOARD GAMES

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, June 14 9 - 11 am.  
 Commons Park **Activity # 370509-01**

**Deadline to register: Friday, June 7**

Your favorite board games come to life as we play life size hungry hungry hippo, Pac Man, and many more!

## TRASH TO TREASURES

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, June 14 1 - 3 pm.  
 Commons Park **Activity # 370510-01**

**Deadline to register: Friday, June 7**

Trash to treasures is a great way to re-use and recycle materials to produce fun innovative crafts. We will be using cardboard, water bottles, bottle caps, and other materials!

## JUNIOR BUILDERS

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, June 21 9 - 11 am.  
 Commons Park **Activity # 370511-01**

**Deadline to register: Friday, June 14**

Enjoy a morning of fun building and designing with Lego bricks creating a variety of structures. Use your science, engineering, and math skills as we take Lego building to a whole new level.

## IMAGINATION STATION

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, June 28 9 - 11 am.  
 Commons Park **Activity # 370512-01**

**Deadline to register: Friday, June 21**

Hands-on learning is the best way to discover, imagine and create! We will work together to explore the world of science and art and all that it holds for us. You are sure to have a blast while you get your hands dirty in this class with fun activities and projects!

## MISSION IMPOSSIBLE

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, June 28 1 - 3 pm.  
 Commons Park **Activity # 370513-01**

**Deadline to register: Friday, June 21**

Wish you could be a spy like 007? You will be at this spy training camp! You will make your own spy gadgets and even go on a super secret mission

## WATER BONANZA

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, July 12 9 - 11 am.  
 Commons Park **Activity # 370514-01**

**Deadline to register: Friday, July 5**

Grab your swimsuit and towel and get ready to get wet! During this water extravaganza we will be testing your skills with some water games you may have never played before. You are sure to have a blast and enjoy cooling off on a warm afternoon.

## DIG THOSE DINOSAURS

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, July 26 9 - 11 am.  
 Commons Park **Activity # 370515-01**

**Deadline to register: Friday, July 19**

Step into the Mesozoic Era and discover how these creatures really lived and how big dinosaur really were. We will be making dinosaur crafts, going on a hunt, and other activities.

## BUG-A-THON

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, July 26 1 - 3 pm.  
 Commons Park **Activity # 370516-01**

**Deadline to register: Friday, July 19**

Get up close to those amazing creatures called bugs! We will observe and learn more the variety of bugs that share this planet with us through a variety of activities.

## HAWAIIAN HULLABALO

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, August 2 9 - 11 am.  
 Commons Park **Activity # 370517-01**

**Deadline to register: Friday, July 26**

Aloha means hello and goodbye. Join us as we say farewell to summer time at this end of the season bash! There will be music, dancing, crafts and most of all FUN!

## WATER OLYMPICS

Ages 4 to 10 \$20; \$18 Shoreview Resident.  
 Friday, August 2 1 - 3 pm.  
 Commons Park **Activity # 370518-01**

**Deadline to register: Friday, July 26**

This Shoreview version of the Olympics using water games is one you won't want to miss! Get ready to make a soggy dash for the finish line as we slide through the afternoon with an assortment of water relays. Come dressed with swimsuit and towel.



We are off on another adventure! Join us on these fun-filled packed trips as we travel around to these exciting locations. **Pre-registration is required at least one week prior to the trip start date or until the trip fills. Bus pick-up and drop-off will be at the Shoreview Community Center.** Event times listed are approximate only.

**NEW!** Extended care is available from 8 am and until 5:30 pm for an additional \$8 per trip. Please select the option during registration. Check-in and out at the Haffeman Pavilion (Located behind the Shoreview Community Center).

## SCIENCE MUSEUM OF MN & ZERO GRAVITY

Ages 6 to 14

Friday, June 14 8:30 am - 4:20 pm  
\$50, \$45 Shoreview Resident **Activity # 370701-01**

**Deadline to register: Friday, June 7**

Come walk with dinosaurs at the Science Museum of Minnesota! Enjoy interactive, hands-on fun as you learn about many subjects, such as, the Mississippi River, the Human Body, and experience the giant Omnitheater. After this we will be going to Zero Gravity in Mounds View and we will spend time jumping on their trampolines, enjoying the foam pit, using the climbing wall, and even playing dodgeball and basketball. Bring a bag lunch or money for concessions.

## CONQUER NINJA WARRIOR & BLAINBROOK BOWLING

Ages 6 to 14

Friday, June 21 9:15 am - 4 pm  
\$50, \$45 Shoreview Resident **Activity # 370702-01**

**Deadline to register: Friday, June 14**

Learn and build your ninja skills at Conquer Ninja Warrior! Participants will Climb, jump and leap from one obstacle to another to become a true Ninja Warrior. Next we will head to Blainbrook to enjoy a pizza lunch and bowling. Participants who have a dietary need may bring their own lunch or money to purchase alternative food from Blainbrook.

## VALLEYFAIR

Ages 6 to 14

Friday, June 28 8:40 am - 6 pm  
\$57, \$52 Shoreview Resident **Activity # 370703-01**

**Deadline to register: Friday, June 21**

From flips and dips to a 200-foot drop, there's excitement galore on Valleyfair's seven thrilling roller coasters, including Steel Venom, an impulse coaster with a twist! Don't miss Power Tower – 275 feet of extreme scream! For those looking for relaxed thrills, the park offers a myriad of magical delights. There's something for everyone at Valleyfair! All rides inside the park are included in admission, including the water rides. We will not be visiting Challenge Go-Cart Park. Bring a bag lunch or money for concessions, swimsuit, towel, and sunscreen.

## BUNKER BEACH WATER PARK

Ages 6 to 14

Friday, July 5 10:15 am - 4:35 pm  
\$50, \$45 Shoreview Resident **Activity # 370704-01**

**Deadline to register: Friday, June 28**

Need a break from hot sun? What better way to do so then at Minnesota's largest outdoor water park, where the water is always cool! Take a ride down six unique waterslides, float along the Lazy Loop, or challenge yourself by climbing one of the 10 foot aqua climb walls. Make sure to visit the sand play area to build sand castles or make rivers. Please bring a swimsuit, towel, sunscreen and a bag lunch/money for concessions.

## MN SEA LIFE AQUARIUM & NICKELODEON UNIVERSE

Ages 6 to 14

Friday, July 12 8:30 am - 4:35 pm  
\$52, \$47 Shoreview Resident **Activity # 370705-01**

**Deadline to register: Friday, July 5**

Imagine traveling 300 feet of ocean tunnel where sharks, stingrays, and giant sea turtles swim so close, you'll feel like you can reach out and touch them! Join us as we explore the Minnesota Sea Life Aquarium at the Mall of America. Not only will we be able to walk around the biggest mall in the USA, but we will also get to have some fun at Nickelodeon Universe. Hop on the Fairly Odd Coaster or take a ride on SpongeBob Squarepants Rock Bottom Plunge. Bring a bag lunch or money for concessions.

## COMO ZOO & CAN CAN WONDERLAND

Ages 6 to 14

Friday, July 26 9:10 am - 4:50 pm  
\$50, \$45 Shoreview Resident **Activity # 370706-01**

**Deadline to register: Friday, July 19**

Bison, Flamingo's, Gorilla's oh my! Join us as we explore Como Zoo and Conservatory. We will start our morning with the Creepy Creature Confessions lead by an expert at the Zoo! We get to see and interact with some creepy crawly creatures in this morning session. After exploring the Zoo we will jump back on the bus and head to Can Can Wonderland. We will enjoy playing the 18 artist-inspired holes mini golf. We will also have some time to spend at the Boardwalk Arcade playing vintage arcade games from pinball to ping pong. Please bring a bag lunch.

## SPRING ROYAL TEA PARTY

Ages 10 and under  
 Sunday, May 19 3 - 4:30 pm  
 \$14; \$12 Shoreview Resident Activity # 260220-01

**Deadline to register: Wednesday, May 15**

Shoreview Community Center

Join us at the Spring Royal Tea Party! Your afternoon will consist of crafts, a special appearance by a princess, storytelling, a temporary tattoo, and refreshments. Come in your favorite princess dress and don't forget your camera! Children must be accompanied by an adult. Pre-registration required. **No Walk-ins Allowed.**



## ADVENTURE QUEST CARNIVAL

All ages  
 Friday, July 19 1 - 4 pm  
 \$3 per child Activity # 370508-01

**Deadline to register: Thursday, July 18**  
 Shoreview Community Center

It's carnival time! Shoreview Parks and Recreation Summer Adventure Quest program hosts this annual carnival for all to enjoy. Come try your luck at many games including Ring 'Em, Duck Pond, Hockey Shot, Race Track and more! **Register in advance or pay cash at the door.**

## POP UP REC IN THE PARK

**Save the Date!**

Thursdays, June 27, July 11 & August 1  
 6 - 7:30 pm

Watch Facebook for details!

# FREE SUMMER FUN



**WET & WILD**  
 slip-n-slide, ages 5+



**PUPPET WAGON**  
 all ages welcome

### Wear sunscreen & bring a towel!

June 21	Commons Park	12:30-2:30pm
July 12	Commons Park	12:30-2:30pm
July 27	Slice of Shoreview	2-4pm
July 28	Slice of Shoreview	1-3pm

### Free popcorn & activities provided!

June 24	Commons Park	6:30-7pm
June 25	Farmers' Market	6-6:30pm
July 8	Commons Park	6:30-7pm
July 29	Commons Park	6:30-7pm

[shoreviewcommunitycenter.com](http://shoreviewcommunitycenter.com)



These classes are taught by Play Well

## SUPERHERO ENGINEERING WITH LEGO MATERIALS

Ages 5 to 7

Monday, July 8 - Friday July 12 9 am - 12 pm  
\$175; \$163 Shoreview Resident **Activity # 370820-01**

**Deadline to register: Friday, June 28**

Save the world with LEGO® Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor guides young heroes as they design, build, and save a city where ingenuity and imagination can solve any conflict.

## SUPERHERO MASTER ENGINEERING WITH LEGO MATERIALS

Ages 7 to 12

Monday, July 8 - Friday July 12 1 - 4 pm  
\$175; \$163 Shoreview Resident **Activity # 370821-02**

**Deadline to register: Friday, June 28**

LEGO® Super Heroes need your help to defeat the destructive forces of evil arch-villains as they threaten LEGOopolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Super Heroes, but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build, and save a city where ingenuity and imagination can solve any conflict.



These classes are taught by Tech Tac Toe

## T3 STEM SQUAD: LOCO-MOTION



Ages 5 to 8

Monday, June 24 - Thursday, June 27 1 - 4 pm  
\$147; \$137 Shoreview Resident **Activity # 370822-01**

**Deadline to register: Friday, June 14**

Go loco-fun this summer as you tinker, brainstorm and solve cool engineering challenges that move! You and your team will be put to the test to create the fastest...everything! Including a catamaran, land yachting, rocket car and many more fun, fast paced adventures! Please bring a peanut-free snack and beverage.

## FORTNITE - GAME DESIGN



Ages 8 to 12

Monday, August 5 - Thursday, August 8 9 - 11:55 am  
\$170; \$159 Shoreview Resident **Activity # 370823-01**

**Deadline to register: Friday, July 26**

Don't just play Fortnite, learn the game engine used to create the game! This class explores designing and building your own creative ideas. Make your own scenery and landscape using Fortnite inspired assets. It is recommended for kids taking this class to have typing skills, and mouse skills. No Fortnite gaming in this camp. Basic Windows and keyboarding skills required. Must have experience playing Fortnite. Please bring a USB Jump Drive to save your work. Please bring a peanut-free snack and beverage.

## CHESS SCHOOL

Ages 5 - 18

Saturdays, June 15 - July 27 10 - 11:15 am  
(6 weeks - no class 7/6)  
\$90; \$84 Shoreview Resident **Activity # 370824-01**

**Deadline to register: Monday, July 10**



Twin Cities Chess Club offers the chess classes at Shoreview Community Center. We are dedicated to providing a safe and educational environment for children to learn and enjoy the wonderful game of chess. Chess is known to improve memory, concentration and reading skills, as well as increase problem solving & creativity skills. We offer a full range of sessions for K-12 grades boys and girls; students are grouped together according to their age and ability. By playing tournaments and chess games students compete for chess awards. Classes will be taught by Igor Rybakov, the USCF-rated tournament chess player who was named the best Chess Coach of Minnesota. All chess levels are welcome!

## BATTLE ROYALE GAMING CODING

Grades 3 - 7

Monday, June 17 - Friday, June 21 1 - 4 pm  
 \$220; \$195 Shoreview Resident **Activity # 370825-01**

**Deadline to register: Friday, June 7**

Tech Academy Battle Royale inspired by Fortnite! Join us for an exciting week of game coding! Create your own battle royale game for you and your friends to drop in to. Customize the map, set your characters, and create upgrades to scatter across the world by learning coding and game design. Use your skills to achieve a Victory Royale. Please bring a drink and snack daily. Bring a USB drive on the last day to save your games, or they can be emailed to parents.

## ROBOTICS: STAR WARS DROID BUILDER

Grades 1 - 5

Monday, July 22 - Friday, July 26 1 - 4 pm  
 \$168; \$156 Shoreview Resident **Activity # 370826-01**

**Deadline to register: Friday, July 12**

Bring Star Wars-inspired inventions to life with the Star Wars LEGO Mindstorms Robotics Developer Kit. We will start with a simple droid mechanism, and then move on to more ambitious droids that move and walk. This modular building system allows students to build using subassemblies, making it easy to create and customize the robotic droids. All these great robotic inventions are powered by the Micro Scout, the smallest LEGO microcomputer, equipped with a light sensor and six robotic programs to control our droid creations. Possible models include Droid Vehicle, Trainer Droids, our version of R2-D2, and more! We will experiment with robotic programs that avoid light, seek light, and are controlled by lights, act as alarms, and more. Please bring a drink and snack daily.



## INTRO TO CODING SUPERHEROES

Grades 1 - 3

Monday, July 29 - Friday, August 2 1 - 4 pm  
 \$220; \$195 Shoreview Resident **Activity # 370827-01**

**Deadline to register: Friday, June 7**

Create YOUR OWN VIDEO GAME! Love video games? Students as young as five years old can create their own platform video games in this cool class! Choose your storyline with favorite superheroes as your stars; add challenges and levels of difficulty, then share by email or post on the web to challenge family and friends. Now young students can practice math, logic, and programming and put their video game talents to work! The game will be in an animated Flash format, viewable in most internet browsers. Bring a jump drive to the last day of class, or files can be emailed to parents.

## JUNIOR ENGINEERING: THEME PARKS

Grades K - 3

Monday, August 12 - Friday, August 16 1 - 4 pm  
 \$168; \$156 Shoreview Resident **Activity # 370828-01**

**Deadline to register: Friday, August 2**

All new LEGOS class. Children have a blast using LEGO Technics Engineering Kits to explore the world of science, technology, engineering, and mathematics in a team-based environment. Then we will build working theme park rides and machines that reinforce concepts learned. After each building project, students will customize, share, compete in challenges and enjoy experimenting with their creations. Possible models include Catapult Games, Crazy Floors, Merry-Go-Rounds, Go-Karts, Moving Clowns, Popcorn Carts, and more.



## MUSIC TOGETHER

Sing, dance, play learn! Music Together is an award-winning, internationally acclaimed music and movement classes for infants, toddlers, preschoolers – and the grown-ups who love them. Experience delightful ways to interact musically with your children that are designed to encourage their overall development – their cognitive, verbal, physical social and emotional and development. Research shows that music learning supports all learning. What better gift can you give your child? The rich music environment in class, full of opportunities for experimentation and play, will help your child grow into a confident, lifelong music maker. Classes are 45 minutes of PURE FUN each week and are mixed-age so siblings can attend together. Receive a CD, a code to download the music, an illustrated song book and parent education materials. Infants under eight months attend free with paid sibling.

### Free Demo Classes:

Sunday, June 16, 4:30 - 5:15 pm      **Activity # 370810-01**  
 Monday, June 17, 10:15 - 11 am      **Activity # 370810-02**  
 Wednesday, June 19, 9:15 - 10 am      **Activity # 370810-03**

### Summer Session: (All are 8 weeks)

\$159; \$79 for each additional sibling 8 months or older

Sundays, June 23 - August 11  
 4:30 - 5:15 pm      **Activity # 370811-01**  
 5:30 - 6:15 pm      **Activity # 370811-02**

Mondays, June 24 - August 12  
 9:15 - 10 am      **Activity # 370812-01**  
 10:15 - 11 am      **Activity # 370812-02**

Wednesdays, June 26 - August 14  
 9:15 - 10 am      **Activity # 370813-01**  
 10:15 - 11 am      **Activity # 370813-01**



## TUMBLING

Saturdays, July 13 - August 3  
 \$50; \$45 Shoreview Resident

Children will discover the sport of tumbling within a positive, educational atmosphere. Participants will learn basic skills on floor, balance beam, bars, and vault. Along with athletics, participants will learn self-discipline and have fun. Due to space limitations, we are unable to provide an observation area; parents are invited to observe the final class.

**Tumbling Tykes, Ages 3 & 4**  
 9:45 - 10:30 am      **Activity # 370800-01**

**Rolly Pollys, Ages 4 & 5**  
 10:45 - 11:30 am      **Activity # 370801-01**

**Beginners Headstanders/Handstanders,**  
 Ages 5 - 8  
 11:45 am - 12:30 pm      **Activity # 370802-01**



## RAINBOW FISH WITH KIDCREATE STUDIO

Ages 18 months - 6 years **Location:** Shamrock Park  
 Monday, June 10 9:30 - 10:30 am  
 \$19; \$17 Shoreview Resident **Activity # 370600-01**

**Deadline to register: Monday, June 3**

The wonderful children's book Rainbow Fish by Marcus Pfister will be our inspiration as we create masterpieces inspired by the story – glittery scales and all! This is a great class for siblings to take together. Children must be accompanied by a caregiver.



## NEMO'S WORLD WITH KIDCREATE STUDIO

Ages 18 months - 6 years **Location:** Shamrock Park  
 Thursday, June 13 9:30 - 10:30 am  
 \$19; \$17 Shoreview Resident **Activity # 370601-01**

**Deadline to register: Thursday, June 6**

Come to class and create an underwater world that your little guppy will be excited to explore! The kids might even recognize a few fish friends from Finding Nemo in the underwater world that they create. This project even glows-in-the-dark! Come and create right along with your child. Children must be accompanied by a caregiver.

## OUR LITTLEST FAN'S FAVORITES ART CAMP WITH KIDCREATE STUDIO

Ages 3 - 6 years **Location:** Shamrock Park  
 Thursday, July 11 & Friday, July 12 9 am - 12 pm  
 \$80; \$75 Shoreview Resident **Activity # 370602-01**

**Deadline to register: Wednesday, July 3**

This camp is packed full of fan favorites! From papier mache bowls, projects that glow-in-the-dark, and messy clay masterpieces, these are the Kidcreate projects our littlest students love the most! All of them put together in one very popular camp. This is the stuff the kids can't get enough of and guaranteed to be an artsy good time! Please pack a nut free snack and drink for your child.



## LITTLE MESS MAKER'S ART CAMP WITH KIDCREATE STUDIO

Ages 3 - 6 years **Location:** Sitzer Park  
 Monday, August 19 & Tuesday, August 20 9 am - 12 pm  
 \$80; \$75 Shoreview Resident **Activity # 370603-01**

**Deadline to register: Monday, August 12**

Your little mess maker will have a blast in this hands-on camp! They will enjoy many artistic, mess-making moments as they create marvelously messy masterpieces. We plan to paint, sculpt, scribble, and giggle our way to discovering mess making at its very best. These are not projects to tackle at home. Leave the mess with us! Please pack a nut free snack and drink for your child.

## BACK TO SCHOOL WITH KIDCREATE STUDIO

Ages 3 - 6 years **Location:** Sitzer Park  
 Thursday, August 15 9 am - 12 pm  
 \$40; \$36 Shoreview Resident **Activity # 370604-01**

**Deadline to register: Thursday, August 8**

It's almost time for the kids to go back to school! This art project is sure to get them excited! We'll read the book Franklin Goes to School and create a masterpiece Franklin would be proud of. Please pack a nut free snack and drink for your child.

## PAW PATROL – CHASE WITH KIDCREATE STUDIO

Ages 3 - 6 years **Location:** Shamrock Park  
 Tuesday, July 23 9:30 - 11 am  
 \$22; \$20 Shoreview Resident **Activity # 370605-01**

**Deadline to register: Tuesday, July 16**

Ryder and his PAW Patrol pals would love this! In this popular class, your PAW Patrol fan will get to create Chase, the German Shepherd police puppy out of air-dry clay. After all, no job (or art project) is too big, no pup is too small, and this class is going to be loved by all! Please pack a nut free snack and drink for your child.



## GLITTER & GLOW ART CAMP WITH KIDCREATE STUDIO

Ages 5 - 12 years **Location:** Sitzer Park  
Wednesday, August 7 & Thursday, August 8 1 - 4 pm  
\$80; \$75 Shoreview Resident **Activity # 370606-01**

**Deadline to register: Wednesday, July 31**

What rules supreme in your child's world? Art projects that glitter or glow-in-the-dark? No need for your child to choose when you sign them up for this art camp! We will work with a variety of art supplies including clay, glow-in-the-dark paint, and of course, lots and lots of glitter! The kids will create snow globes that glow-in-the-dark, butterflies that shimmer and glimmer, an Eiffel Tower with stars that twinkle, and so much more. Glitter and glow... here we go! Please pack a nut free snack and drink for your child.

## THE MESSIEST ART CAMP EVER! WITH KIDCREATE STUDIO

Ages 5 - 12 years **Location:** Sitzer Park  
Monday, July 1 & Tuesday, July 2 1 - 4 pm  
\$80; \$75 Shoreview Resident **Activity # 370607-01**

**Deadline to register: Monday, June 24**

Does your young artist love to get messy? So do we! We'll paint with plaster, sculpt with gooey gunk, make paper maché dragonflies and fling paint like Jackson Pollock. We will even learn some art terms along the way. These are not projects to tackle at home – leave the mess with us. Making a mess is the best! Please pack a nut free snack and drink for your child.

## LEGO MINECRAFT WITH KIDCREATE STUDIO

Ages 5 - 12 years **Location:** Sitzer Park  
Friday, August 2 9 am - 12 pm  
\$40; \$36 Shoreview Resident **Activity # 370608-01**

**Deadline to register: Friday, July 26**

LEGO® bricks and Minecraft® what an amazing combination! In this class, the kids will create multiple projects inspired by Creepers, the popular Minecraft characters. We will use air-dry clay, paint and LEGO bricks to create these explosive masterpieces. Please pack a nut free snack and drink for your child.

## TIE DYE PARTY WITH KIDCREATE STUDIO

Ages 5 - 12 years **Location:** Sitzer Park  
Friday, August 9 9 am - 12 pm  
\$40; \$36 Shoreview Resident **Activity # 370609-01**

**Deadline to register: Friday, August 2**

This is NOT a project you want your kids doing at home! Send your kids to class to make a tie-dyed shirt that they will wear all summer long. Children must bring their own white t-shirt to class. Please pack a nut free snack and drink for your child.





Mayer Arts offers dance and theater classes for children all over the Twin Cities metro area. Our belief about teaching the arts is not only providing training for those who are serious about learning but also to just have fun! We teach proper technique, terminology, body awareness, and an appreciation for the arts. Our goal is that students will not only find a love for the arts, but also build healthy habits and self-esteem. Skills that will be helpful to them for the rest of their lives!

## THE GREATEST SHOWMAN MUSICAL THEATER CAMP

Ages 6 - 11

Monday, June 24 - Friday, June 28 1 - 4 pm  
\$135; \$125 Shoreview Resident **Activity # 370830-01**

**Deadline to register: Friday, June 14**

It's the Greatest Show! Let's learn songs and dances from The Greatest Showman and write a story that we will present on the last day of class. Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and much more! We will also play fun and creative theater games. No experience necessary. All that is needed are comfortable clothing and lightweight tennis shoes or dance shoes. Please bring a nut free snack and beverage daily. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

## MARY POPPINS MUSICAL THEATER CAMP

Ages 4 - 8

Monday, August 5 - Friday, August 9 1 - 4 pm  
\$135; \$125 Shoreview Resident **Activity # 370831-01**

**Deadline to register: Friday, July 26**

What happens when your favorite nanny returns to London? Find out in this fantastic camp! We will learn music and choreography from the new Mary Poppins and put together our own musical! Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and much more! We will also play fun and creative theater games. No experience necessary. All that is needed are comfortable clothing and lightweight tennis shoes or dance shoes. Please bring a nut free snack and beverage daily. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

## DANCE WITH ME!

Ages 18 months - 4 years

\*An adult is required to attend class with child

Thursdays, July 11 - August 15 5 - 5:50 pm  
\$70; \$65 Shoreview Resident **Activity # 370832-01**

**Deadline to register: Friday, July 5**

Does your child love to dance and jump around? This class will encourage your little mover to dance and sing along with you. Using musical instruments, parachutes and scarves we will create a movement experience while we jump and spin. An introduction to the movements and vocabulary of jazz and ballet are taught in a fun and creative manner. Children will learn an appreciation for dance and music while developing strength and flexibility.

## WISH UPON A BALLET

Ages 3 - 6

Thursdays, July 11 - August 15 5:30 - 6:15 pm  
\$70; \$65 Shoreview Resident **Activity # 370833-01**

**Deadline to register: Friday, July 5**

Wish Upon a Ballet is a dance program for children that incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way, an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Our stories and songs are always entertaining and preschool friendly. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun! Children will need ballet shoes and comfortable clothes. Shoes will be available to purchase on the first day of class for an extra fee.



## TAE KWON DO

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes will teach kicking, punching, striking, and blocking techniques through the philosophy and discipline of traditional Tae Kwon Do. While learning self defense, you will develop both physically and mentally. You will improve your stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by certified instructors of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be assessed for registrations received after 12 pm on the Wednesday following the first class of the session. Pre-registration is required; drop-ins are not permitted.

Tuesdays and Thursdays 7 - 8 pm

**Spring Session A** April 2 - May 2 (5 weeks)  
\$75; \$70 Shoreview Resident **Activity #210231-01**

**Deadline to register: Monday, April 1**

**Spring Session B** May 7 - June 6 (5 weeks)  
\$75; \$70 Shoreview Resident **Activity #210233-01**

**Deadline to register: Monday, May 6**



## NEW! NINJA WARRIOR

Mondays, July 8 - August 12 \$66 per participant

**Location:** Shamrock Park

TotStars (Ages 2 - 3)  
5:15 - 5:45 pm **Activity # 390913-01**

KinderStars (Ages 4 - 6)  
5:45 - 6:30 pm **Activity # 390913-02**

MightyStars (Ages 6 - 9)  
6:30 - 7:15 pm **Activity # 390913-05**

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve, running, jumping, balance, control, coordination, strength and agility. Each session is challenging and FUN! This class is taught by Revolutionary Sports.

## LITTLE STRIKERS BOWLING CAMP



Ages 5 - 10

July 22 - 26 10 am - Noon  
\$60 per participant **Activity # 390901-01**

Flaherty's Arden Bowl – 1273 West Co. Rd E, Arden Hills 55112

**Deadline to register: Monday, July 15**

This camp is designed for beginning bowlers. Kids will learn bowling basics. They will also visit Bowlopolis, an animated city all about bowling, where they'll meet the characters and learn that bowling is fun! Transportation NOT provided.

## YOUTH YOGA

Saturdays, June 15 - August 3 (no class July 6)

\$155 per participant

Child Yoga 9 - 10 am  
Ages 5-11 **Activity # 390407-03**

Teen Yoga 10 - 11 am  
Ages 11-18 **Activity # 390408-03**

Develop healthy habits for a lifetime of wellness and happiness. Practicing yoga reduces stress, improves concentration, strength, and flexibility. All participants should bring their own yoga mat.

## ADAPTED KICKBALL LEAGUE

Ages 12 & up

**Location:** Various fields in Shoreview

Mondays, Starting June 10

6 or 7 pm

\$100 per team

**Activity # 320702-01**

**Deadline to register: May 24 or until league fills**

Gather up your team of family, friends, and neighbors to join our adapted kickball league! This league gives people with disabilities and peers the opportunity to make new friends, learn new skills, and have tons of fun being on a team! Games are self-officiated. Equipment is provided. Individuals looking to join a team are encouraged to contact Matt, Program Supervisor at 651.490.4753.

## SPORTS UNLIMITED

Sports Unlimited Camps provide fundamental skill development for boys and girls with an emphasis on fun! The camps help players learn the core skills and techniques used in each sport and then allow them to practice these skills in a number of games and scrimmages. All campers receive quality instruction, water bottle and sportsmanship award. All equipment is provided unless noted below. **Registration deadline is one week before camp starts.**

Camp	Age	Date	Time	Location	Fee	Activity #
<b>Flag Football</b>	5-12	June 17-20	9 am - 12 pm	Shamrock Park	\$100; \$90 Shoreview Resident	<b>390912-01</b>
<b>Ninja Warrior</b>	5-12	June 17-20	1 - 4 pm	Shamrock Park	\$90; \$80 Shoreview Resident	<b>390912-02</b>
<b>Mini Sport Sampler</b> Variety of Sports and Playground Games	4-8	June 24-27	9 am - 12 pm	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	<b>390912-03</b>
<b>Ultimate Frisbee</b>	8-14	June 24-27	1 - 4 pm	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	<b>390912-04</b>
<b>Disc Golf</b>	8-14	July 8-11	1 - 4 pm	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	<b>390912-05</b>
<b>Volleyball</b>	5-12	July 8-11	9 am - 12 pm	Island Lake School Gym	\$100; \$90 Shoreview Resident	<b>390912-06</b>
<b>Cheerleading and Dance</b>	4-8	July 15-18	9 am - 12 pm	Island Lake School Gym	\$100; \$90 Shoreview Resident	<b>390912-07</b>
<b>Badminton</b>	5-12	July 15-18	1 - 4 pm	Chippewa Middle School Gym	\$100; \$90 Shoreview Resident	<b>390912-08</b>
<b>Ninja Warrior</b>	5-12	July 22-25	10 am - 12 pm	Chippewa Middle School Gym	\$90; \$80 Shoreview Resident	<b>390912-09</b>
<b>Basketball</b>	5-12	July 22-25	1 - 4 pm	Turtle Lake School Gym	\$100; \$90 Shoreview Resident	<b>390912-10</b>
<b>Flag Football</b>	5-12	July 29 - August 1	9 am - 12 pm	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	<b>390912-11</b>

## SKYHAWKS SPORTS CAMPS

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life such as teamwork, respect and sportsmanship. **Registration deadline is one week before camp starts.**

Camp	Age	Day(s) of the week	Dates	Time	Fee	Location	Activity #
<b>Track and Field</b>	7 - 12	Monday - Thursday	June 17 - 20	9 am - 12 pm	\$125 per participant	Chippewa Middle School Track	<b># 390930-01</b>
<b>Basketball</b>	6 - 12	Monday - Thursday	June 24 - 27	9 am - 12 pm	\$125 per participant	Chippewa Middle School Gym	<b># 390930-02</b>
<b>Mini Hawk</b>	4 - 7	Monday - Thursday	July 8 - 11	9 am - 12 pm	\$125 per participant	Bobby Theisen Park	<b># 390930-03</b>
<b>Game Camp</b>	8 - 12	Monday - Thursday	July 8 - 11	1 pm - 4 pm	\$125 per participant	Bobby Theisen Park	<b># 390930-04</b>
<b>Lacrosse</b>	7 - 12	Monday - Thursday	July 22 - 25	9 am - 12 pm	\$125 per participant	Bobby Theisen Park	<b># 390930-05</b>
<b>Full Day Multi-Sport</b>	7 - 12	Monday - Thursday	July 29 - August 1	9 am - 4 pm	\$229 per participant	Bobby Theisen Park	<b># 390930-06</b>
<b>Soccer</b>	6 - 12	Monday - Thursday	August 12 - 15	9 am - 12 pm	\$125 per participant	Bobby Theisen Park	<b># 390930-07</b>
<b>Flag Football</b>	6 - 12	Monday - Thursday	August 12 - 15	1 pm - 4 pm	\$125 per participant	Bobby Theisen Park	<b># 390930-08</b>



## TGA GOLF

Grades 1 - 5

\$130 per participant

**Location:** McCullough Park

**Deadline to register: One week before session start date.**

Monday - Thursdays

9 am - 12 pm

July 22 - 25

**Activity # 390910-01**

July 29 - August 1

**Activity # 390910-02**

August 5 - 8

**Activity # 390910-03**

August 19 - 22

**Activity # 390910-04**

TGA (Teach. Grow. Achieve.) brings the golf course to your student, making it convenient and affordable to learn and play golf in a fun and safe environment. Kid-friendly instructors help students develop golf skills and knowledge, while using the sport to teach valuable life lessons like honesty and sportsmanship. Best of all, top-notch equipment and training materials are provided, so students of all skill levels have the chance to come and play with TGA!



## Tennis Lessons

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels

## PRIVATE LESSONS

### Individual Private Lessons (60 minutes)

Five lessons: \$180; \$170 Shoreview Resident  
Summer

**Activity # 390602-01**

### Semi Private Lessons (60 minutes)

Five lessons: \$100; \$90 Shoreview Resident  
(Each participant must pay registration fee and must enroll with a partner)  
Summer

**Activity # 390603-01**

**Participants should bring their own racquet and water bottle.**



## GROUP LESSONS

Youth group lessons: \$70; \$60 Shoreview Resident  
Adult group lessons: \$100; \$90 Shoreview Resident

### PeeWees Ages 5 to 7

Peeweess are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided.

### Beginners Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.

### Advanced Beginners Ages 9 to 11

Perfect for the player who has taken lessons, but needs stroke and technique improvement. Instruction focuses on stroke consistency and introduces new strokes.

### Intermediate Ages 11 to 14

For youth with dependable strokes who have completed advanced beginner class. Instruction will focus on court coverage, game strategy, stroke use and much more.

### Adult Basics Ages 18+

Brushing up on your tennis skills – or even just getting started – is easy and fun with our Basics class, an accelerated six-lesson program. All tennis basics will be covered, including actual play led by instructor. Instructor will group participants of similar ability.



## SUMMER EVENING LESSONS

**Deadline to register is one week prior to lesson start.**

*June 10 - July 26 (No class week of July 4). If necessary, make-up lessons will be the week of July 29 & August 5.*

Class Level	Day	Time	Location	Activity #
Pee Wees	M	6 - 6:45 pm	McCullough Park	390606-06
Pee Wees	T	6 - 6:45 pm	McCullough Park	390606-07
Beginners	T	7 - 7:55 pm	McCullough Park	390607-06
Beginners	Th	6 - 6:55 pm	McCullough Park	390607-07
Advanced Beginners	Th	7 - 7:55 pm	McCullough Park	390608-06
Intermediate	W	6 - 6:55 pm	McCullough Park	390609-06
Adult Basics	M	7 - 8:30 pm	McCullough Park	390601-01
Adult Basics	W	7 - 8:30 pm	McCullough Park	390601-02

## SUMMER MORNING LESSONS

*June 10-27. If necessary, make-up lessons will be July 1 & 2.*

Class Level	Day	Time	Location	Activity #
Pee Wees	M, W	9 - 9:45 am	Wilson Park	390606-01
Pee Wees	T, Th	9 - 9:45 am	McCullough Park	390606-02
Beginners	M, W	9:50 - 10:45 am	Wilson Park	390607-01
Beginners	T, Th	9:50 - 10:45 am	McCullough Park	390607-02
Advanced Beginners	M, W	10:50 - 11:45 am	Wilson Park	390608-01
Advanced Beginners	T, Th	10:50 - 11:45 am	McCullough Park	390608-02
Intermediate	M, W	11:50 am - 12:45 pm	Wilson Park	390609-01
Intermediate	T, Th	11:50 am - 12:45 pm	McCullough Park	390609-02

*July 8-25. If necessary, make-up lessons will be the week of July 29.*

Class Level	Day	Time	Location	Activity #
Pee Wees	M, W	9 - 9:45 am	Wilson Park	390606-03
Pee Wees	T, Th	9 - 9:45 am	McCullough Park	390606-04
Beginners	M, W	9:50 - 10:45 am	Wilson Park	390607-03
Beginners	T, Th	9:50 - 10:45 am	McCullough Park	390607-04
Advanced Beginners	M, W	10:50 - 11:45 am	Wilson Park	390608-03
Advanced Beginners	T, Th	10:50 - 11:45 am	McCullough Park	390608-04
Intermediate	M, W	11:50 am - 12:45 pm	Wilson Park	390609-03
Intermediate	T, Th	11:50 am - 12:45 pm	McCullough Park	390609-04

*August 13-22. If necessary, make-up lessons will be the week of August 26.*

Class Level	Day	Time	Location	Activity #
Pee Wees	T, W, Th	9 - 9:45 am	McCullough Park	390606-05
Beginners	T, W, Th	9:50 - 10:45 am	McCullough Park	390607-05
Advanced Beginners	T, W, Th	10:50 - 11:45 am	McCullough Park	390608-05
Intermediate	T, W, Th	11:50 am - 12:45 pm	McCullough Park	390609-05

## 2019 PLAY BALL! MINNESOTA TWINS YOUTH BASEBALL CLINIC

Saturday, August 10 **Location:** Sitzer Park Baseball Field  
 Ages 6-9 9 - 10:30 am  
 Ages 10-13 10:30 am - 12 pm  
**FREE** **Activity # 390103-01**

This clinic is designed to teach basic fundamentals, including hitting, throwing, and defense in a fun and encouraging atmosphere. The clinics provide quality instruction from qualified coaches. The Twins Community Fund provides all of the necessary equipment for the clinic.

## NSSA SUMMER SOCCER CAMP

Monday - Thursday, June 10-13  
**Location:** Dale Street Fields (Roseville)  
 \$95 per participant

**Deadline to register: Monday, June 3**

Pre-K & Kindergarten **Activity # 390200-01**  
 9 am - 12 pm  
 Grades 1 - 2 **Activity # 390200-02**  
 9 am - 12 pm  
 Grades 3 - 4 **Activity # 390200-03**  
 9 am - 12 pm  
 Grades 5 - 6 **Activity # 390200-04**  
 9 am - 12 pm

This camp provides each camper with individual attention to help them develop their dribbling, passing, receiving and finishing skills; and, of course, putting it all together in a fun game environment.

## MVA YOUTH LAX – INTRO TO LACROSSE

Mondays/Wednesdays, July 8 - 24 (6 sessions)  
**Deadline to register: Monday, July 1**

Grades K-1 **Activity # 390405-01**  
 6 - 7 pm  
 Grades 2-3 **Activity # 390405-02**  
 7 - 8 pm  
**Location:** Acceleration North Turf Room  
 \$60 per participant **Max. – 20 per camp**

The Mounds View Area Youth Lacrosse Association provides a fun opportunity for boys and girls to be introduced to the game of Lacrosse. Each practice will focus on developing basic skills, and teamwork with an emphasis on fun games and growing a passion for the sport. All equipment is provided. Participants will receive a free lacrosse stick.



## 2019 PRE-SEASON SOCCER CLINICS

Saturday, May 11 **Location:** Shamrock Park Fields  
 Pre-K - Grade 2 \$25; Grades 3 - 6 \$30

**Deadline to register: Wednesday, May 8**

PreK & Kindergarten **Activity # 290202-01**  
 9:30 - 10:30 am  
 Grades 1 - 2 **Activity # 290202-02**  
 9:30 - 10:30 am  
 Grades 3 - 4 **Activity # 290202-03**  
 11 am - 12:30 pm  
 Grades 5 - 6 **Activity # 290202-04**  
 11 am - 12:30 pm

Saturday, August 10 **Location:** Shamrock Park Fields  
 Pre-K - Grade 2 \$25; Grades 3 - 6 \$30

**Deadline to register: Wednesday, August 7**

Pre-K & Kindergarten **Activity # 390202-05**  
 9:30 - 10:30 am  
 Grades 1 - 2 **Activity # 390202-06**  
 9:30 - 10:30 am  
 Grades 3 - 4 **Activity # 390202-07**  
 11 am - 12:30 pm  
 Grades 5 - 6 **Activity # 390202-08**  
 11 am- 12:30 pm

Volunteer Coaches clinic from 8 - 9:30 am. This will be invite only for those coaching in our league. Prepare for your soccer season with a mini-clinic designed to provide girls and boys with a chance to work on dribbling, shooting, passing and finishing while they develop an understanding of the game of soccer. Led by the NSSA, this clinic will provide a mix of instruction, training and competition for young players wanting to get some time on the ball before the soccer season begins.

Register now for summer sports leagues!

## SUMMER CO-REC T-BALL & BASEBALL LEAGUES

\$74; \$64 Shoreview Resident; \$20 late fee after April 26 **Deadline to register: Friday, April 26**

League	Ages/Grade (2019-20 school year)	Day(s) of the week	Dates	Activity #
<b>Mini Sluggers T-Ball</b>	Ages 4-5	Tues & Thurs	May 30 - July 25	<b># 390101-01</b>
<b>Little Sluggers</b>	Grades K-1	Tues & Thurs	May 30 - July 25	<b># 390102-01</b>
<b>Sluggers</b>	Grades 2-3	Mon & Wed	May 29 - July 24	<b># 390102-02</b>

Games & practices last for one hour starting at 6 pm or 7:15 pm. Coaches meeting May 22 at 6:30 pm.

## SUMMER CO-REC SOCCER LEAGUES

\$74; \$64 Shoreview Resident; \$20 late fee after April 26 **Deadline to register: Friday, April 26**

League	Ages/Grade (2019-20 school year)	Day(s) of the week	Dates	Activity #
<b>Mini Mites</b>	Ages 4-K	Mon & Wed	May 29 - July 24	<b># 390201-01</b>
<b>Mites</b>	Grades 1-2	Mon & Wed	May 29 - July 24	<b># 390201-02</b>
<b>Squirts</b>	Grades 3-4	Tues & Thurs	May 30 - July 25	<b># 390201-03</b>
<b>PeeWee</b>	Grades 5-6	Tues & Thurs	May 30 - July 25	<b># 390201-04</b>

Games & practices last for one hour starting at 6 pm or 7:15 pm. Coaches meeting May 20 at 6:30 pm.

### Volunteer coaches are needed!

Coaches are refunded the child's registration fee at the end of the season. Contact Program Coordinator with questions 651.490.4753.

### Important info:

- Practice schedules are TBD by coach. Coach will contact participants one week prior to start.
- Detailed schedule given out at first practice.
- Teammate requests are not guaranteed
- Practices and games held in various parks in Shoreview or neighboring cities



# FALL YOUTH SPORTS LEAGUES



## FALL CO-REC SOCCER LEAGUES

\$74; \$64 Shoreview Resident; \$20 late fee after July 26 **Deadline to register: Friday, July 26**

League	Ages/Grade (2019-20 school year)	Day(s) of the week	Dates	Activity #
<b>Mini Mites</b>	Ages 4-K	Varies	Aug 19 - Oct 12	<b># 490208-01</b>
<b>Mites</b>	Grades 1-2	Varies	Aug 19 - Oct 12	<b># 490208-02</b>
<b>Squirts</b>	Grades 3-4	Varies	Aug 19 - Oct 12	<b># 490208-03</b>
<b>PeeWee</b>	Grades 5-6	Varies	Aug 19 - Oct 12	<b># 490208-04</b>

Games & practices last for one hour. Practices will be between 6 - 8 pm, and games on Saturdays between 9 am - 2 pm. Coaches meeting August 12 at 6:30 pm.

### Volunteer coaches are needed!

Coaches are refunded the child's registration fee at the end of the season. Contact Program Coordinator with questions 651.490.4753.

### Important info:

- Practice schedules are TBD by coach. Coach will contact participants one week prior to start.
- Detailed schedule given out at first practice.
- Teammate requests are not guaranteed
- Practices and games held in various parks in Shoreview or neighboring cities

## FALL CO-REC FLAG FOOTBALL LEAGUES

\$94; \$84 Shoreview Resident; \$20 late fee after July 26 **Deadline to register: Friday, July 26**

	Ages/Grade (2019-20 school year)	Day(s) of the week	Dates	Activity #
	Grades K-1	Varies	Aug 19 - Oct 12	<b># 490207-01</b>
	Grades 2-3	Varies	Aug 19 - Oct 12	<b># 490207-02</b>
	Grades 2-6	Varies	Aug 19 - Oct 12	<b># 490207-03</b>

Games & practices last for one hour. Practices will be between 6 - 8 pm, & games on Saturdays between 1 - 4 pm. Coaches meeting August 13 at 6:30 pm.



# Jobs that fit YOUR Lifestyle!

Part-time ♦ Flexible Hours ♦ Fun People

## Adventure Quest Playground Instructors

\$10-11.25/hour June-August  
Lead kids ages 3-11 in summer playground events, sports, crafts, songs, art & special events.

## Child Care

\$10-11/hour  
Provide care for children ages 6 months to 8 years in our drop-off childcare center. Experience working with pre-schoolers preferred.

## Fitness Instructors

\$16-23/hour (1.5 hrs paid/1 hr class)  
Certified instructors teach cardio-kick, cycling, kettle bells, ballet fitness, strength training, water exercise, yoga, pilates, & dance-based fitness classes.

## Guest Service/Memberships

\$11.50-13/hour  
Answer member questions, give tours, help with event room set-ups, address guest issues, provide backup support at the Service Desk & Wave Cafe.

## Gymnastics Instructors

\$10.50-11.50/hour  
Teach beginning to intermediate level classes. Past teaching and gymnastics experience preferred.

## Lifeguards

\$11.25-13/hour  
No experience is required. Training is provided through Ellis Certification.

## Personal Trainers

\$19-23/hour  
Nationally certified trainers provide personalized workouts that focus on general fitness & sport-specific conditioning.

## Pool Coordinator

\$13.75-15.50/hour  
Coordinate pool activities and operations, supervise staff, schedule shifts, carry out pool policies, operate & maintain pool systems, & assist with training.

## Preschool Assistant

\$11.50-13.50/hour September-May  
Assist teacher with preschool recreation classes. Experience working with preschoolers preferred.

## Preschool Instructor

\$18-22/hour September-May  
Develop curriculum & teach in our creative recreation preschool program.

## Seasonal Maintenance Workers

\$12-14/hour  
Parks, Streets & Utilities are hiring full-time summer help to perform general labor.

## Service Desk

\$10.50-11.50/hour  
Help guests on the phone & in-person, operate cash register, log membership info, assist Cafe staff.

## Special Events Staff

\$10-11/hour  
Help host our Egg Hunt, Kids Garage Sale, Halloween Hoopla, etc. Duties include decorating & clean up.

## Summer Discovery Instructors

\$11.25-13/hour May-August  
Supervise and care for children ages 3-14 in summer childcare. Plan activities from arts & crafts to sports instruction & field trips.

## Swim Instructors (we will train)

\$10.50-13.50/class (35 min. classes)  
No experience required, training provided. Morning & early evening classes held at the Community Center.

## Tennis Instructors

\$14.50-16.50/hour April-August  
Instruct youth & adults in beginning to advanced level classes. Past teaching & playing experience desired.

## Water Slide Attendant

\$10.75-11.25/hour  
Control access to waterslide entrance, provide supervision of guests & ensure guest safety.

## Wave Cafe

\$10-12/hour  
Stock supplies, clean tables & keep the lobby neat.

## Youth Soccer Officials


\$15-25/game June-July  
Officiate soccer league games for children.

Read full job details and apply online at  
**[shoreviewmn.gov/jobs](http://shoreviewmn.gov/jobs)**

*We are an Equal Opportunity Employer*

FREE  
Community Center  
Membership!

# PARKS & FACILITIES

<b>Shoreview Recreation Areas</b>  Web Page: <a href="http://www.shoreviewmn.gov">www.shoreviewmn.gov</a>		Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Indoor Pickleball Courts	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball	Circuit Training
<b>Bobby Theisen Park</b> 3575 Vivian Ave.		15		1						6				1		2			
<b>Bucher Park</b> 5900 Mackubin Street		25	2	1											1		2		
<b>Lake Judy Park</b> 900 Tiller Lane		5		1/2															
<b>McCullough Park</b> 915 County Rd I		75	2	1							 With grill				1		2		
<b>Ponds Park</b> 190 Sherwood Road		1									 Table only								
<b>Rice Creek Fields</b> 5880 Rice Creek Parkway		10	4																
<b>Shamrock Park</b> 5623 Snelling Ave.		23	2	1							 With grill				1		2		
<b>Shoreview Commons and Community Center</b> 4580 North Victoria		40	2	1					4	2	 With grill				1		2		
<b>Sitzer Park</b> 4344 Hodgson Road		8	2	1							 With grill						2		
<b>Wilson Park</b> 815 County Road F		13	2	1							 With grill						2		

The following are operated by Ramsey County Parks & Recreation. 651.748.2500 <a href="http://www.ramseycounty.us/parks">www.ramseycounty.us/parks</a>		Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
<b>Island Lake County Park</b> 3611 Victoria Street		167											
<b>Lake Owasso County Park</b> 370 N. Owasso Blvd.		9											
<b>Shoreview Ice Arena</b> 877 Highway 96 (Hockey only)													
<b>Snail Lake Regional Park</b> 580 Snail Lake Blvd.		400											
<b>Turtle Lake County Park</b> 4979 Hodgson Road		9											

# SHOREVIEW

EST. 1998

## FARMERS MARKET

**Tuesdays**

June 11 - Aug. 27: 3-7pm

Sept. 3 - Oct. 15: 3-6pm

Shoreview Community Center  
Lower Level Parking Lot  
4580 Victoria St. N.

New & returning vendors  
Kids activities & live music  
Frequent shopper program

[ShoreviewCommunityCenter.com](http://ShoreviewCommunityCenter.com)



**ARTISAN FOODS**  
**FARMSTEAD PRODUCTS**  
**FRESH PRODUCE**

## Concert in the Commons

Free open-air concerts Wednesdays at 7pm at the Haffeman Pavilion.

June 12	The Backyard Band	Rock from 60's to today
June 19	Sam Kuusisto	Jazz
June 26	Church of Cash	Johnny Cash Tribute
July 3	JimTones	Variety
July 10	Music Junkies	Variety
July 17	The Arcades	50's & 60's
July 24	SNLV Band	Community Band
July 31	The Socaholix	Caribbean Dance
August 7	Jonah and the Whales	Variety
August 14	The Legendary Percolators	Rock & Roll



## Kidz Concert in the Commons

Free children's concerts Wednesdays at 10am at the Haffeman Pavilion. Bring the whole family!

July 10	AlphaBits Band
July 17	The Raptor Center
July 24	Will Hale Acoustic Show
July 31	The Jolly Pops
August 7	The Magic of Patrick Wallace
August 14	The Big Epic Show

More details: [shoreviewcommunitycenter.com](http://shoreviewcommunitycenter.com)





**City of Shoreview**  
4600 Victoria Street North  
Shoreview, MN 55126

Presorted Standard  
U.S. Postage Paid  
Twin Cities, MN  
Permit No. 5606

# SUMMER HAPPENINGS

## Wet & Wild

free outdoor slip-n-slide

June 21

July 12

July 27

July 28

see page 50 for details

## Slice of Shoreview

annual festival at island  
lake county park

July 26

July 27

July 28

for details visit  
[sliceofshoreview.com](http://sliceofshoreview.com)

## Hiring Events

seasonal & year round  
positions available

April 20

May 11

Walk-in interviews

see page 19 for details  
apply online  
[shoreviewmn.gov/jobs](http://shoreviewmn.gov/jobs)