City Newsletter March/April 2018

SHOREVIEWS

Spring 2018 Recreation Catalog





Police

Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwold Drive, Arden Hills, MN 55112.

For non-emergencies call 651.484.3366
For emergencies call 911

Fire

Fire protection is provided by the Lake Johanna Fire Department.

For emergencies call 911 Dispatch

Non-emergency 651.767.0640

City Officials

Sandy Martin, Mayor 444 Lake Wabasso Court Office: 651.490.4618 smartin@shoreviewmn.gov

Emy Johnson, Council Member 4700 Lorinda Drive Cell: 763.443.5218 ejohnson@shoreviewmn.gov

Terry Quigley, Council Member 1212 Silverthorn Court Home: 651.484.5418 tquigley@shoreviewmn.gov

Sue Denkinger, Council Member 4494 Chatsworth Street Home: 651.490.3166 sdenkinger@shoreviewmn.gov

Cory Springhorn, Council Member 173 Dennison Ave.
Cell: 651.403.3422
cspringhorn@shoreviewmn.gov

Terry Schwerm, City Manager Office: 651.490.4611 tschwerm@shoreviewmn.gov

Access Shoreview

Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at www.shoreviewmn.gov.



2018 Speaker Series

Our Neighborhoods - Our Environment

Climate Change and Our Health

March 21

Nissa Tupper, Program Planner – Minnesota Climate and Health Program, Minnesota Department of Health

As Minnesotans, we love to talk about the weather. While we're used to the erratic nature of weather that we experience each day, it's important to



realize that extreme events have become more frequent and precipitation patterns have become even less predictable. Even more important, these measurable changes in our climate are leading to serious consequences for our health and well-being. Join this discussion to learn more about climate changes in Minnesota, potential impacts on public health, who's most at-risk, and what actions you can take to build resilience and strengthen your community for generations to come.

Urban Forestry Issues in Shoreview

April 18

Mark Rehder, Board Certified Master Arborist, S&S Tree Specialists

What pests and diseases are affecting trees in

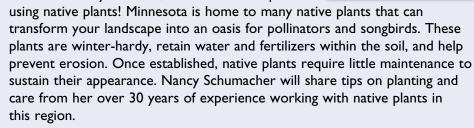
Shoreview and what is the best way to tackle them? What are the best trees to plant in that tough spot in your yard? What are the recommended pruning techniques and when should you prune your trees? Mark Rehder will speak briefly about urban forestry best practices specific to Shoreview, and highlight activities homeowners can undertake in order to improve tree habitat and health on their properties.

Landscaping with Native Plants

May 16

Nancy Schumacher, The Vagary Native Plant Nursery

Create naturally beautiful, care-free landscapes



All presentations are held in the City Council Chambers starting at 7:00 P.M. and last approximately 45 minutes with additional time for questions.

On the cover: "Concentration," photographed by Bob Straka, Grand Prize Winner of the "New Views of Shoreview" Summer 2016 Photo Contest.



2018 State Of The City Address

Mayor Sandy Martin

As we begin 2018, I continue to be filled with excitement, hope, and optimism for our great City. This will be a particularly exciting year because of the major expansion of our

Community Center which will enhance the visitor's experience and provide many new amenities for our residents. By the end of this year, the improvements will be completed and available for everyone's enjoyment.

The residents of Shoreview have enjoyed an extraordinarily high quality of life because, as a City Council and as a community, we have committed to certain core values and they include:

- Developing and maintaining an outstanding park and trail system;
- · Building and maintaining high quality and safe residential neighborhoods that provide a variety of housing choices;
- Enhancing and operating a state-of-the-art Community Center that serves as the central gathering place for our residents;
- Supporting a strong business community that provides jobs, tax base and commercial services;
- Preserving and protecting our natural environment and promoting sustainable practices; and
- Focusing on long range financial planning that maintains a strong financial position.

These core values have been instrumental in developing a city with exceptional livability and wonderful natural beauty in our lakes, parks and open spaces. I would especially like to thank my fellow City Council members: Sue Denkinger, Emy Johnson, Terry Quigley and Cory Springhorn who share these values, work countless hours, and are committed to ensuring that Shoreview continues to be a great place to live, work and play.

At this time, I would like to take a few minutes to review some of the key accomplishments of 2017, while also looking forward to important projects that are on the horizon for 2018.

Economic Development

Although Shoreview is almost completely developed, the City has experienced a record year in building construction activity in 2017 with more than \$100 million in new valuation. Two major redevelopment projects that will greatly expand the housing options in Shoreview are



currently under construction. The McMillan, a 134-unit market rate apartment building located at Rice Street and 694 is expected to open in late spring. This mixed-use development will also include 14 townhouse units and the apartment building will have some ground floor retail space, including a new restaurant.

Loden-SV, is a large, upscale 410-unit apartment project located at 1005 Gramsie Road within the Shoreview Corporate Center. It will be constructed in two phases with the first phase of 200+ apartments expected to open in the fall of 2018. This major redevelopment project is being undertaken by the development team of Eagle Ridge Partners and Greco on the former office/manufacturing site that was vacant for nearly 10 years at Lexington and Gramsie Road. The apartment project will include many high-end amenities and is considered an excellent location due to its proximity to many employers in the area and retail establishments along the Lexington Avenue corridor.



The City Council also recently reviewed a concept stage development proposal from JPL Development for a mixed-use development for the 18.6 acre vacant property within the Rice Creek Corporate Park located at County Road J and I-35W. This property is the largest remaining undeveloped parcel of land in the City. The project includes a 100-room hotel, restaurant, 310-unit apartment building, and about 70 townhome units. It is anticipated that the Council will consider the development plan for this significant new project in the first few months of 2018. This project would add significantly to the City's tax base and would nearly complete all of the development within the Rice Creek Corporate Park.

CITY

2018 State Of The City Address

During 2017, the City has started the process of updating our Comprehensive Plan, which serves as a "blueprint" for future development and redevelopment in the City. This update, which is required by the Metropolitan Council every 10 years, has been designated as "Destination Shoreview 2040" since it is designed to look 20 years into the future. Over the past several months, the City has held several Community Conversations as well as targeted neighborhood meetings to obtain community input into the plan. The "Destination Shoreview 2040" website also has a series of short videos designed to better explain various components of the Comprehensive Plan, as well as a series of short surveys for residents to provide input into the plan. During the next several months, the Planning Commission and City Council will be reviewing different sections of the plan so that it can be submitted to the Metropolitan Council in late 2018.



Community Center and Shoreview Commons Park

As I mentioned earlier, a long-awaited expansion to the Community Center is currently underway. The expansion project was designed to take into account the changing demographics in the City including the tremendous growth in school age children that is occurring in the Mounds View School District. This \$15 million project includes the first major expansion of the Tropics Indoor Water Park since the building was originally constructed in 1990. This water park expansion will create a large shallow water splash pool that has a major aquatic play structure with waterslides, water sprays, and other interactive water play features. In addition, the project will result in a partial renovation of the men's and women's pool locker rooms and the addition of several family changing rooms to better serve our members and guests.

The expansion project will also include a 15,000 square foot, two-story addition adjacent to the gymnasium. This new space will allow the Tropical Adventure Indoor Playground to be expanded to create a much improved toddler play area, new playground features, as well as improved seating areas for adults. The lower level of this

addition will also feature four group fitness studios that will be used for both adult and youth fitness classes and activities. Once these new fitness studios are complete, the current studio near the fitness center will be remodeled to provide expanded stretching and functional training space for our members. In addition, the Wave Café seating area will be remodeled and expanded to better serve our customers.

The upper level addition will feature a series of four multipurpose meeting rooms that will be accessed off of a new hallway from an expanded Fireside Lounge area. These rooms will be used for a variety of activities including our full-day summer childcare, preschool classes, and expanded art and cultural programs for both youth and adults. There will also be a new outdoor deck located adjacent to the large banquet room that will be accessed from the Fireside Lounge.

This addition represents the most significant improvement to the Community Center since the new fitness center was constructed 15 years ago. The project will create exciting new amenities that will further enhance the Community Center's appeal to the community. These improvements are expected to be completed by next fall.

I am also excited to announce that we are completing an update to the master plan for our Shoreview Commons Park. The new Master Plan includes several exciting features including a destination playground area, new park building, and an outdoor plaza that will also serve as a wedding/reception venue with formal gardens and a decorative pond. In addition, the Master Plan will include improved pedestrian connections to the new Ramsey County Regional Library that was recently opened within the Shoreview Commons campus. The new library has expanded hours and has seen a tremendous increase in use since it opened in January of 2017. The City currently anticipates beginning some of these Commons Park improvements in 2019.

Road Improvements

The Minnesota Department of Transportation has now completed the reconstruction of I-694 between Rice Street and Lexington Avenue that added a third general-purpose lane on this important roadway corridor. This \$42 million project was funded through the State's Corridors of Commerce program and eliminates a major bottleneck on the interstate system in Shoreview and also allows traffic to use both lanes on the bridge from northbound I-35E to westbound I-694.

2018 State Of The City Address

After many years of effort by Ramsey County and the cities of Shoreview, Little Canada and Vadnais Heights, Ramsey County has finally secured State and Federal funding for the replacement of the Rice Street Bridge over I-694. The planning and design for the bridge replacement has been completed and the right-of-way acquisition will begin soon. The reconstruction of this bridge will primarily occur in 2019. I would like to extend thanks to our State legislative delegation, past and present, for their assistance and support in obtaining the funding for this important project.

Ramsey County has completed the construction of the first roundabout in the City at the intersection of I-35W exit ramp/Rice Creek Parkway/County Road I in northwest Shoreview. Although the new roundabout design will take some "getting used to", the new intersection is much safer since it eliminated a difficult northbound access to I-35W. The new roundabout also includes a connection to the new road that serves as an access to the Rice Creek Commons development area and newly constructed County Road H intersection with I-35W.

After dealing with extremely high ground water levels for the past two years that had flooded Gramsie Road, the City was able to complete a project that significantly raised the road level through the flooded roadway section. The City is also working collaboratively with Ramsey County and the Ramsey Washington Metro Watershed District to study and consider methods to further reduce the high ground water levels in the area that not only flooded Gramsie Road but have also made several trail sections within the Snail Lake Regional Park area unusable.

In addition, in 2018 the City will undertake its third major street rehabilitation project in the past several years. We anticipate being able to repair and resurface about 5 miles of local roads that are currently in poor condition as part of a \$3 million bond issue. After the completion of this project, about 32 miles or one third of the local street mileage in the City will have either been rehabbed or reconstructed since 2005.

Financial Condition

The City continues to be in excellent financial condition as evidenced by our AAA bond rating that was recently reconfirmed by Standard and Poor's. This is the highest bond rating available and is due in large part to the City's continued focus on long range financial planning, sound financial policies, healthy reserves, as well as a strong regional economy. The City Council recently adopted

its \$60 million biennial budget, along with its five year operating plan that establishes financial targets for all of our governmental funds. It is satisfying to note that the City portion of the tax rate on a median valued home in Shoreview is the fifth lowest of 28 other cities in our comparison group. Shoreview's share of the tax on a median value home is \$846, which is more than 20% below the average city property tax of \$1,068.

Conclusion

During my many years of involvement with the City, I have become more convinced than ever before that local government can make a significant impact on the quality of life in the community. As a City Council, we take great pride that 98% of the respondents in our most recent community survey rate the quality of life as excellent or good; and that 97% believe that the City is headed in the right direction. These are among the highest ratings of any city in the metro area and reason for all of us to be proud of our community.

As a City, we are committed to ensuring that our governance process is open and accessible to our residents. We do this by televising and streaming all of our City Council and Planning Commission meetings, publishing the ShoreViews newsletter six times per year, and continuing to grow our social media presence through both Facebook and Twitter. In the past two years, we have also held two citizen leadership academies where more than 30 Shoreview residents were able to learn more detailed information about City operations and programs.

On behalf of our City Council, I would like to thank our many committee and commission volunteers who dedicate their time and talent to help make Shoreview a remarkable community. I would also thank our many Community groups such as the Shoreview Historical Society, Shoreview Northern Lights Variety Band, Gallery 96, Slice of Shoreview Committee, Shoreview-Einhausen Sister City Association, and Shoreview Community Foundation who help build civic pride and make our community stronger. Finally, thanks to our dedicated city staff that is committed to providing customer focused services and programs to our residents.

It is an honor and privilege to serve as Mayor of this great city and I look forward to an exciting and fulfilling 2018. Happy New Year everyone.

CITY

Community Center Expansion Update



As you visit the Community Center you can see that construction is well underway for the expansion. The expansion project includes two distinct expansion areas, including an expansion of the Tropics Indoor Waterpark and a major two story addition adjacent to the gymnasium. The project is expected to be completed in August 2018.

During the project, the City will continue normal operations of the Community Center. City staff are working close with the project construction manager to minimize disruptions, there are a few closures coming up in April.

Tropics Indoor Waterpark

The Waterpark is expected to close at the beginning of April to complete renovation in the pool locker rooms, expand the family changing area, and make the interior connection to the 7,000 square foot expansion. The existing Waterpark will reopen in early June and the new expanded area will open in fall. The new expanded area includes a new zero depth shallow water splash pool and major aquatic play structure. Due to this closure, all swim lessons, water aerobics classes, and lap swim will take place at Highview Middle School or Chippewa Middle School. See pages 29 and 30 for more details.



During this shutdown period, any member that has an active annual membership will receive a household credit for the two months that the pool will be closed. Members can continue to use the fitness center, gymnasium, track

and indoor playground during this time. For those who have a prepaid annual membership, staff will determine the monthly membership rate and credit your account for that amount. These credits will take place after the pool reopens. Please note that the City will not credit seasonal memberships and strongly discourages anyone from purchasing one if their primary interest is the pool.

Wave Café

Construction in the Wave Café area will also begin in April. The Wave is being remodeled and expanded to include new booths adjacent to the gym. The Wave will remain open with limited service throughout construction but there may be periodic closures to complete the flooring work.



Fitness Studios

Finally, Studio I will close in April to make way for a hallway to the new fitness studios and to an expanded Tropical Adventure Indoor Playground. The new fitness studios are expected to open in July. Once the new studios are open, renovations will begin in Studio 2 to modify it to stretching and functional training space within the Fitness Center.

While there will be a reduced fitness class schedule during the spring session due to the closure, staff does plan to hold some classes in the gym activity room or other spaces in the Community Center.

The City greatly appreciates your patience during this expansion project. You can view more information on the expansion at www.shoreviewmn.gov.



Open House Shoreview's Comprehensive Plan

The City of Shoreview is inviting you to join us at an Open House for the Shoreview Comprehensive Plan. The Comprehensive Plan builds on past planning efforts, addresses current trends and establishes long range goals for the community.

At the open house, you will be able to provide comments on the draft plan. City staff will be available to provide information and answer questions. No formal presentation will be given, so please feel free to drop anytime during the open house.

Can't make it? Information can be found on-line at destination.shoreviewmn.gov

Questions? Please contact Kathleen Castle, City Planner, at 651-490-4682 or via email at kcastle@shoreviewmn.gov.

Please join us on

May 15 May 17 3-6:00 P.M. 5-8:00 P.M.

Shoreview City Hall

City Council Chambers 4600 Victoria Street North Shoreview, MN 55126

Shoreview Salary Data

Minnesota state law requires that a city with a population of more than 15,000 residents must annually notify its residents of the positions and base salaries of its three highest-paid employees. For the City of Shoreview, as of January 2018, positions and salaries include:

- City Manager (includes car allowance): \$162.407
- Public Works Director: \$141,502
- Asst City Manager/Community Development Director: \$141,315

2018 Official City Newspaper: Legal and Public Hearings

The Shoreview City Council has designated the Shoreview-Arden Hills Bulletin as the official legal newspaper for the year 2018 for legal and public hearings.

Get Social with the City



Follow us on Twitter @ cityofshoreview

Like us on facebook! www.facebook.com/cityofshoreview

Shoreview Channel 16 City Meeting Broadcast Schedule

Tune in to Shoreview Channel 16 for access to public meetings, community events and other local government information.

Shoreview City Council Meetings

Live: Every first and third Monday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and

Saturday at 12:30 P.M. and 7 P.M. Tuesday, Thursday and Sunday at 12:30 A.M., 8 A.M. and 3 P.M.

Shoreview Planning Commission Meetings

Live: Every fourth Tuesday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and

Saturday at 12:30 A.M. and 8 A.M.

Tuesday, Thursday and Sunday at 7 P.M.

CITY

2018 Spring Cleanup Day







Saturday, May 19, 2018 – 7 A.M. to noon Highway 96 and Hamline Avenue

Watch for more details in the May/June 2018 issue of ShoreViews, and visit the City's website at www.shoreviewmn.gov



Ramsey County Organics and Yard Waste Sites Return to Regular Hours

Bring your organic waste, leaves, grass, tree debris, and garden waste

Ramsey County Yard Waste Sites will begin operating with regular seasonal hours on Sunday, April 1st. Bring organic waste as well as leaves, grass clippings, trees and other types of yard waste to one of seven Ramsey County yard waste sites for recycling. More information on yard waste sites at www.ramseycounty.us – click on the Residents drop-down menu, then Recycling and Waste, and then the Yard waste link.

Must be a Ramsey County resident

- Photo ID is required
- Organic waste, leaves, grass, garden plants, trees and shrubs are accepted
- Bags of yard waste must be emptied on-site and bags taken home

Convenient Yard Waste Site Locations:

- Arden Hills: 3530 Hudson Avenue
- White Bear Township: 5900 Sherwood Road



Hours thru March 31st:

- Saturday: 9 A.M. 5 P.M.
- Sunday: 11 A.M. 5 P.M.

Hours beginning April 1st:

- Monday, Wednesday, Friday: 11 A.M. 7 P.M.
- Saturday: 9 A.M. 5 P.M.
- Sunday: 11 A.M. 5 P.M.

BizRecycling Offers Recycling Assistance to Businesses

Maybe your company needs a little nudge to start a recycling program. Perhaps you want a helpful hand to guide you through the process of setting up an organics recycling program. Got a program, but want to get better? Whatever your situation, they're here to help businesses of any size.

BizRecycling is a free program to help businesses in Ramsey and Washington Counties recycle better. The program pays for independent Recycling Experts to consult with businesses to find ways to increase recycling and reduce waste. They offer free consultations, bin labels, technical assistance, expert advice and guidance. These Recycling Experts have experience working with a wide variety of business types, and are well-versed in business recycling options.

BizRecycling offers grant funding (up to \$10K per business!) to start or improve recycling programs. Businesses can get help with programs for conventional recyclable items such as paper, bottles

and cans, as well as unique items like plastic film, and recycling of food and other organic waste.



They understand that every business has unique needs, and the recycling experts can help tailor the BizRecycling program offerings to help you meet your recycling goals. Consultations are completely free for businesses. Find out more about the consultation process and learn from the recycling experts at www.bizrecycling.com or call 651.266.1199.

City Partners with NeighborWorks

To replace the services previously provided to our residents by the Housing Resource Center, the City has entered into a partnership with NeighborWorks Home Partners. NeighborWorks is a non-profit organization that assists local communities with community development and housing programs and works throughout the metropolitan area. Their mission revolves around maintaining strong neighborhoods by creating and supporting successful homeownership opportunities. This mission is in line with the City's housing goals. NeighborWorks provides a comprehensive approach to addressing community housing needs by offering a variety of services including the administration of loan programs, homebuyer workshops, foreclosure prevention counseling, mortgage assistance and construction consultation services.



NeighborWorks has begun to administer the Shoreview Home Loan Program. This loan is designed to encourage renovation of existing homes by providing another lending source for homeowners. NeighborWorks also administers a variety of other loans that may serve our residents. The City is continuing discussions with NeighborWorks to provide construction consultation services to residents and evaluate other available tools that support reinvestment in our neighborhoods.

While NeighborWorks will not have an office in the City, they are easily accessible. For further information on loan programs, please contact NeighborWorks at 651.292.8710 or via their website, www.nwhomepartners.org. Their office is located at 533 Dale Street North, St. Paul, MN 55103.

CITY

Spring Cleaning in Your Garden

Spring is a time for more sun, warmer weather, and garden maintenance! Once the snow has vanished you can begin sprucing up your garden or native planting areas. Don't let the tasks overwhelm you. They are simple and effective when you stay on top of them.



- Cut it down: It is best to leave grass and flower stems tall for the winter to provide aesthetic value as well as food and shelter for wildlife over the winter. April is a good time to trim them back to make room for fresh growth.
- Clean it up: Clear any accumulated sand, dirt, leaves, and trash from the area. Besides looking bad, all this accumulation can interfere with drainage and plant growth. This is also a good time to pull out any early season weeds that have already sprouted.
- Renew mulch: The best thing to do to prevent weed problems and help retain moisture in your garden is to renew mulch every couple years. 3 inches of double shredded hardwood mulch is recommended.

Contact your watershed district for more information. www.rwmwd.org or www.rcwd.org

2018 Rain Barrel and Compost Bin Distribution Event

The Recycling Association of Minnesota will be offering compost bins, rain barrels, and other items for sale online that can be picked up at distribution events starting in April. Products can be purchased online at recycleminnesota.org. Schedules for distribution events are also located on the website.









Green Community Awards

The City of Shoreview is recognizing residents and businesses that are helping improve water quality, becoming more energy efficient and taking other steps to reduce their environmental impact.

Applications for the annual Shoreview Green Community Awards are available now at Shoreview City Hall, 4600 Victoria Ave. N or on the Environmental Quality Committee's page on the City's website www.shoreviewmn.gov. The application deadline is June 8, 2018.

The awards recognize residents and businesses using best management practices for improving water quality in local lakes, streams and wetlands; improving energy efficiency or using renewable forms of energy such as solar panels; and/or using other environmentally preferred practices. The awards are sponsored by Shoreview's Environmental Quality Committee (EQC).

The program is intended to be educational, rather than competitive, and applicants are asked to share one tip that others could use to achieve similar results.

Winners receive a small lawn stake they can proudly display, and they will be recognized at a City Council meeting.

For more information, call 651.490.4652 or visit www.shoreviewmn.gov.

2018 Annual Tree Sale – Additional Varieties for Stronger Landscapes!

Many new species are available in City's annual tree and shrub sale for 2018! In order to help increase diversity in Shoreview's urban forest, the City encourages residents to plant a wide variety of trees. This improves resilience in both your yard and the community. Residents can purchase up to 5 trees and 10 shrubs per household at wholesale prices, with the additional option to purchase one watering bag per tree. Please note that the watering bags do not work well on the coniferous species offered as their foliage is closer to the ground. Orders are due by Friday, April 20, 2018 and trees will be delivered to your home by City crews in late May. The nursery will not guarantee replacement or refund of trees at wholesale prices, so please be prepared to plant and care for the trees properly.

Shrubs



Nannyberry Viburnum Large native shrub with slender arching branches and glossy green leaves. Blueblack fruit in fall is attractive to birds.

Name: ˌ Address:_

Email Address

Contact Phone Number: ___



Green Velvet

Boxwood Slow growing shrub that retains its shape through rounded growth habit. Maintains overall year, turning slightly bronze in fall.

Deciduous Tress

Pagoda **Dogwood Tree** Ornamental tree that stays relatively compact. Fragrant. yellow-white flowers bloom in late spring, color throughout the followed by fruit that urban conditions. matures to blue-grey and is attractive to birds.



Hackberry A large, fast-growing and corky bark. Small that maintains a purple fruit attracts a variety of wildlife.



Swamp White Oak tree with unique grey A fast-growing oak rounded shape. It is both drought tolerant characteristic seed Very tolerant of harsh and able to thrive in very wet and heavy soils. Resistant to oak winter. Tolerant of and makes an excellent residential



Northern Catalpa A fast-growing tree with large white flowers in spring followed by pods that persist on the tree through wilt, very adaptable, many conditions and soil types.



Spartan Juniper A columnar juniper A rapid-growing variety with durable. evergreen tree with stiff, shiny, dark green foliage that retains its color year round. Is fast-Tolerant of a growing and tolerant variety of sites and of heat, cold, and urban conditions drought conditions. and excellent for Often used for screening and vegetative borders. windbreaks. Pruning not required.



Austrian Pine Tree Watering Bas The tree watering bag is a slow release watering system for dark green needles. trees. One Treegator holds approximately 20 gallons of water and drips 6-10 hours with two holes open. reducing watering frequency by 50% and significantly reducing transplant shock.

2018 Shrub and Tree Order Form

shade tree.

Species	Container Size	Height (feet)	Width (feet)	Official Price	Qty	Subtotal
Nannyberry Viburnum	#5	15-20'	6-10'	\$31.00		\$
Green Velvet Boxwood	#7	2-3'	3'	\$62.00		\$
Pagoda Dogwood Tree	#10	15-25'	20-30'	\$103.00		\$
Hackberry	#10	50-75'	50'	\$103.00		\$
Swamp White Oak	#10	50-60'	40-50'	\$131.00		\$
Northern Catalpa	#20	40-60'	20-40'	\$164.00		\$
Spartan Juniper	#10	15'	3-5'	\$120.00		\$
Austrian Pine	#10	50-60'	30-40'	\$90.00		\$
TreeGator Bag	Holds 20) gallons		\$18.50		\$

TOTAL (Tax & delivery is included)

Order online or make checks payable to the City of Shoreview and mail completed form and check by April 20th to: City of Shoreview Public Works, Tree Sale, 4600 Victoria Street North, Shoreview, MN 55126. Late orders will not be accepted.

Maple trees and Spruce trees tend to be over planted in Shoreview, so alternative varieties are offered to help diversify our landscape.

11

Metro Paint-A-Thon

Each year, on the first weekend in August, Metro Paint-A-Thon rallies volunteer teams from corporations, congregations, and civic groups to paint the homes of seniors and people with disabilities. The program helps homeowners remain living independently in their own homes and improves neighborhoods throughout the Twin Cities seven-county metropolitan area. Since 1984, Metro Paint-A-Thon volunteers have painted more than 6,000 homes.

Paint-A-Thon welcomes referrals and accepts applications from all eligible homeowners. To be considered, completed applications must be received by the end of April. Selected homeowners are notified by mail in early July of each year. This year's Paint-A-Thon takes place August 4-5, 2018, with some preparing work occurring in the weeks preceding. Some projects might be eligible to start earlier than August if requested!

To qualify, the applicant must meet the following criteria:

- Be over the age of 60 or have a permanent physical disability.
- Own and occupy a single-family home in Anoka, Carver, Dakota, Hennepin, Ramsey, Scott or Washington county that needs the exterior painted, but does not need major repairs.
- The monthly household income cannot exceed 200% of federal poverty level. (Current income guidelines are available on their website https://www.metropaintathon.org/)



Please note: Metro Paint-A-Thon does not paint home interiors, duplexes, rental properties or homes the owner no longer occupies, nor do they prepare homes to go up for sale.

Do you want to volunteer for Metro Paint-A-Thon? Volunteers have the opportunity to paint a home either as an individual where you'd be placed with a group, or getting your own group together through an organization, business, neighborhood or congregation. The more volunteers they have, the more homes that they can paint! Maybe you have an eligible home in your neighborhood and you can make a direct impact upon your own lives as well as that of your neighbor. Applicants for volunteers will be on the website late March/early April.

For more information, including a copy of the homeowner or volunteer application or to fill it out online, visit https://www.metropaintathon.org/ or call 651.276.1579.

Spring Hydrant Flushing and Street Sweeping

Street Sweeping

The Public Works Department will begin its annual street sweeping program in the spring. It's important to remove the salt residue as quickly as possible in the spring to minimize the amount of debris that runs off into the storm sewer system and, ultimately, into Shoreview's lakes.

The first round of sweeping is expected to collect 95 percent of the debris. Some of the streets may still have snow on them, so crews will return to do a more thorough sweeping once all of the streets have been swept the first time.

Crews work between the hours of 7:00 A.M. and 3:30 P.M.

Hydrant Flushing

City Utility Maintenance Crews will carry out our biannual hydrant flushing program in late April to clean sediment from water mains and ensure proper operation of hydrants and valves.

You may notice a color change in your tap water following the flushing of the water main. The discoloration is normal and will last only a short time after the nearby hydrants have been flushed. The discolored water is safe for drinking, but you may choose to reschedule laundry or other work that may be affected by discoloration.

If you have any questions, call 651.490.4650. For information on exact dates of flushing, and when your zone is complete, visit www.shoreviewmn.gov.

Shoreview Historical Society's 2018 Heritage Family

Descendants of Sven and Charlotte Lundberg have been chosen as the 2018 Shoreview Historical Society Heritage Family. Below is some history about the Lundberg's provided by Michelle Reichow, a great-great-grandchild of Sven and Charlotte.

In 1906, Sven and Charlotte Lundberg, Swedish immigrants, left their farm in Millersburg, MN and resettled their family on a small farmstead located on Snail Lake Blvd. Here they raised many of their eight children, and also their grandson, Ray Lundberg. Ray retained the house and then a smaller parcel of the original land with his wife Marion. Together, they had one son, Donald, who was born in 1925. Ray, a conductor for the Northern Pacific passenger railroad, was often found in the garden tending the crops while Marion was busy preparing meals, sewing and baking. The Lundberg home became the gathering place for family, friends and loved ones, often at meal time as everyone was welcome to the table. Marion's gift of hospitality was shared with many, often hosting community and church gatherings. In 1950, Donald married Shirley Walsh and soon built a home on a portion of the Lundberg land. The house, where they raised two daughters, Michelle and Marianne, still stands today.

The farm that Sven and Charlotte purchased in 1906 was called home to six generations of Lundberg's until 1978 when it was sold to Don and Joan Bendickson, also of Shoreview. The homestead is now a portion of Harbor Place neighborhood.

Join the Historical Society on Sunday, April 22, 2018 as the many descendants of Sven & Charlotte Lundberg share history, stories, and photos of the early days in Shoreview. Ray and Marion Lundberg's granddaughters, Michelle and Marianne, will share memories of life on the Lundberg farm and reminisce of times with their father, Donald, growing up in Shoreview and how this community still has a hold on their hearts.



NYFS Spring Cleanup for Seniors

Starts April 23rd

Northeast Youth & Family Services will offer its annual Spring Cleanup for Seniors event from April 23 to May 15.

Volunteers are needed to rake and bag leaves, pick up debris, sweep sidewalks and put out lawn furniture for seniors who are no longer able to complete these tasks themselves

Seniors who need help, and volunteers who would like to help, can contact Debbie Wells at 651.757.4061 to signup for this event. NYFS is a nonprofit community service and mental health organization that has been serving the Shoreview area since 1976. For more information about services available to Shoreview residents, please visit www.nyfs.org.





Want to play band music? Meet new people? Serve your community? Have fun? If you said yes, then you are ready to join the Shoreview Northern Lights Variety Band (SNLVB)! Band membership is open to wind instrument and percussion players 16 years of age and over. The band rehearses at the Shoreview Community Center on Tuesday evenings, 7 to 9:00 P.M. Auditions are not required.

Under the guidance of Music Director Dr. Michael Scott, the band has over 80 members representing all walks of life and generations. Members share a common interest in concert band music and community service. Visit www.snlvb.com for more information.

Save the Date!

Spring Concert featuring Musical Myths and Legends is on Saturday, April 28, at 7:00 P.M. in Benson Great Hall on the campus of Bethel University. See you there! CITY

Meeting dates/times/locations are subject to change. For more current information, visit www.shoreviewmn.gov or call 651.490.4600.

(CC) Council Chambers

(UC) Upper Conference Room

(LC) Lower Conference Room

(MC) Maintenance Center (SP) Shoreview Pavilion (LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot (SCC) Shoreview Community Center (SCP) Shoreview Commons Park

MARCH 2018

18		APR	IL 2018
V EDIDAV CAT	TIPDAY SUNDAY	MONDAY THESDAY	WEDNECDAY THIRDCOAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Bikeways and Trails Committee 7 pm, LC	2	3
		Recycling w	eek: February 26	- March 2		
4	Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	6	7	8	9	10
11	Council Workshop 7 pm, CC	13	14	Public Safety Meeting 7 pm, LC	16	17
		Recycl	ing week: March	12-16		
18	City Council Meeting 7 pm, CC	Econ. Dev. Commission 7:30 am, UC	EQC Speaker Series 7 pm, CC	Parks and Recreation Commission 7 pm, CC	23	24
25	26 Environ. Quality Committee 7 pm, CC	Planning Comm. 7 pm, CC	28 Human Rights Commission 7 pm, CC	29	30	31
			ing week: March			

SATURDAY Bikeways Authority 5 pm, CC and Trails City Council Meeting 7 pm, CC Committee 7 pm, LC 10 13 14 ш 12 Council Workshop 7 pm, CC 15 17 19 20 21 City Council Econ. Dev. Meeting Commission Speaker 7 pm, CC 7:30 am, UC Series 7 pm, CC ecycling Week: April 23-27 23 24 25 26 27 28 Environ. **Planning** Human Parks and Quality Comm. Rights Recreation Committee 7 pm, CC Commission Commission 7 pm, CC 7 pm, CC 7 pm, CC 29 30

MAY 2018

JUNE 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		ı	2	Bikeways and Trails Committee 7 pm, LC	4	5
		Recy	cling Week: May	7-11		
6	Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	8	9	10	П	12
13	Council Workshop 7 pm, CC	Econ. Dev. Commission 7:30 am, UC	EQC Speaker Series 7 pm, CC	Public Safety Meeting 7 pm, LC	18	19
		Recyc	ling Week: May	21-25		
20	City Council Meeting 7 pm, CC	Planning Comm. 7 pm, CC	Human Rights Commission 7 pm, CC	Parks and Recreation Commission 7 pm, CC	25	26
27	28 City Offices Closed Memorial Day	29	30	31		

					I	2
		· · · · · · · · · · · · · · · · · · ·	cling Week: June			
3	Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	Farmer's Market 3 pm, LLPL	6	Bikeways and Trails Committee 7 pm, LC	8	9
10	Council Workshop 7 pm, CC	Farmer's Market 3 pm, LLPL	Concerts in the Commons 7 pm, SP	14	15	16
		Recyc	ling Week: June	18-22		
17	City Council Meeting 7 pm, CC	Econ. Dev. Commission 7:30 am, UC Farmer's Market 3 pm, LLPL	Concerts in the Commons 7 pm, SP	21	22	23
24	Environ. Quality Committee 7 pm, CC	Farmer's Market pm, LLPL Planning Comm. pm, CC	Concerts in the Commons 7 pm, SP Human Rights Commission 7 pm, CC	Parks and Recreation Commission 7 pm, CC	29	30

Federal Elected Officials

U.S. Senator Amy Klobuchar

302 Hart Senate Office Bldg. Washington, DC 20510 612.727.5220 or 202.224.3244 www.klobuchar.senate.gov/emailamy.cfm

U.S. Senator Tina Smith

309 Hart Senate Office Building Washington, DC 20510 202.224.5641

U.S. Representative Betty McCollum

1714 Longworth House Office Bldg. Washington, DC 20515 651.224.9191 or 202.225.6631 www.house.gov/mccollum/contact.html

State Elected Officials

Governor Mark Dayton

130 State Capitol
75 Rev. Martin Luther King Jr. Blvd.
St. Paul, MN 55155
651.296.3391
mark.dayton@state.mn.us

State Senator Jason Isaacson-District 42

95 University Ave.W., Minnesota Senate Bldg., Rm. 2321, St. Paul, MN 55155 651.296.5537 sen.jason.isaacson@senate.mn

State Rep. Randy Jessup-District 42A

477 State Office Building, 100 Rev. Martin Luther King Jr. Blvd., St. Paul, MN 55155 651.296.0141

rep.randy.jessup@house.mn

State Rep. Jamie Becker-Finn-District 42B

307 State Office Building, 100 Rev. Martin Luther King Jr. Blvd. St. Paul, MN 55155 651.296.7153

rep.jamie.becker-finn@house.mn

County Elected Officials

Ramsey County Commissioner

Blake Huffman

City Hall-220 Courthouse 15 W. Kellogg Boulevard, St. Paul, MN 55102 651.266.8350

blake.huffman@co.ramsey.mn.us

Post Office - Retail Center

1056 Highway 96 E. Vadnais Heights, MN 55127 Phone: 651.407.9864 Mon.-Fri......8:30 A.M. – 5:30 P.M. Sat..................... 9 A.M. – 1 P.M.

Animal Control

For animal complaints or to report a lost or found pet, call the Ramsey County Sheriff's Office non-emergency number at 651.484.3366.

For other emergencies, call 911.

All impounded animals will be held at the following location:

Hillcrest Animal Hospital 1320 Country Road D Circle Maplewood, MN 55109 651.484.7211

www.hillcrestanimalhosp.com

Police

Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwold Drive,

Arden Hills, MN 55112.

For non-emergencies, call 651.484.3366 For emergencies, call 911

Fire

For emergencies, call 911 Dispatch, Non-emergency 651.767.0640

Lake Johanna Fire Department Fire Chief, Tim Boehlke 651.481.7024 ljfd@ljfd.org

Ambulance & Paramedic

Ambulance and paramedic services are provided by Allina Medical Transportation.

For emergencies, call 911

Ramsey County Library – Shoreview

4560 Victoria Street North Shoreview, MN 55126 Phone: 651.486.2300

www.rclreads.org

Public Transportation

Transit Link (formerly Dial-A-Ride) is a curbto-curb minibus or van service that operates within certain Twin Cities communities. It is a shared-ride service which must be reserved in advance. Call 651.602.5465.

Make your commutes easier. Just hop on Route 261 from Shoreview Community Center to Minneapolis. Ride Route 261B each weekday evening. Or, to get to downtown St. Paul, take Route 62 from the Shoreview Community Center and Route 62C to return. 612.373.3333

Metro Mobility: Metro Mobility is a door-to-door public transportation system for people with disabilities in the Minneapolis-St. Paul area and many adjoining suburbs. 651.602.1111

Community Support & Resources

Northeast Youth and Family Services

provides support programs for youth, families, adults and seniors. Services include mental health, youth development, and senior chore assistance.

3490 Lexington Avenue North, Suite 205, Shoreview, MN 55126 651.486.3808 | www.nyfs.org

Ralph Reeder Food Shelf

Appt. Line: 651.621.7451 Office: 651.621.7450 www.ralphreederfoodshelf.org

The **Senior LinkAge Line** connects seniors to housing, home health care, housekeeping, transportation, legal and financial assistance and more. Call 651.641.8612 or

1.800.333.2433.

ShoreViews is published six times a year by the City of Shoreview and is mailed free of charge to City residents. Send comments, suggestions and submissions by e-mail to the City Editor, Renee Eisenbeisz at reisenbeisz@shoreviewmn.gov or to the Parks and Recreation Editor, Jessica Riley, at jriley@shoreviewmn.gov or mail to ShoreViews, 4600 Victoria St. N., Shoreview, MN 55126.



The Shoreview Community
Center offers numerous
activities that will make you
feel more ENERGIZED,
more ENGAGED, more
PRODUCTIVE and can
actually improve the
QUALITY OF
YOUR DAILY LIFE.



Call for More Information

Community Center Information 651.490.4700

Recreational Programs (classes) 651.490.4750

Rental Information

Kentai iiiioi iiiatio

651.490.4790

City Information

651.490.4600

www.ShoreviewCommunityCenter.com

Find Us on Facebook www.facebook.com/ShoreviewCommunityCenter

Daily Fees

Includes admission to the Tropics Indoor Waterpa	ark, Indoor	Playground, Fitness
Center, Gymnasium and Indoor Track.	Rate	Shoreview Resident
Daily Pass		
Adult (18 and over)	\$10.25	\$ 9.00
Youth (I to 17; under age I free with paying adult)	\$ 9.40	\$ 7.75
Family* (2 adults + children living in same household)	\$39.00	\$ 32.00
Seniors (65 and older)	\$ 9.40	\$ 7.75
*Family pass is limited to six individuals living in same house	ehold. Each ac	lditional person is \$4.50.
Indoor Playground Only (ages 1 to 12)	\$ 5.50	\$ 5.50
Coupon Books (Includes 10 daily passes)		
Adult	\$92.25	\$81.00
Youth/Senior	\$84.50	\$ 69.75
Playground	\$49.50	\$ 49.50
Senior Track Discount (65 and over – for track use	e only)	
Per visit	\$ 5.00	\$ 4.00
Punch Card	\$45.00	\$ 36.00
Fees are subject to change. We welcome payment by Visa of	and MasterCa	rd. VISA

Effective January 1, 2018, all children 10 years and younger must be supervised by an individual 16 years or older at all times.



Hours	Community Center	through March 31	Playground
Mon & Wed	5:00 A.M. – 10:00 P.M.	4:00 P.M. – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Tues & Thurs	5:00 A.M 10:00 P.M.	4:00 P.M 9:00 P.M.*	⁶ 8:00 A.M. – 8:00 P.M.
Friday	5:00 A.M 10:00 P.M.	4:00 P.M 9:45 P.M.	8:00 A.M. – 8:00 P.M.
Saturday	6:00 A.M. – 8:00 P.M.	Noon – 7:45 P.M.	8:00 A.M 8:00 P.M.
Sunday	6:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M 6:00 P.M.

Waterpark**

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday Hours Call 651.490.4700 for specific information.

Feb. 19	5:00 A.M 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
April I	6:00 A.M. – Noon	Closed	8:00 A.M. – Noon

^{**}See page 18 for extended waterpark hours on school's out days.

Lap Swim Hours

All rates above include sales tax.

The Tropics Indoor Waterpark will be closed April 2 – May 31 for the renovation
of the locker rooms and expansion of the waterpark. Lap swim will be available at
Highview Middle School & Chippewa Middle School. Lap swim schedule is available
on pages 29-30.

Kids Care

Child care is available for patrons of the Community Center. See page 19 for details.

Drop-in Volleyball Rate: daily admission or free to members.

Mon, Tues, Thurs 12:00 P.M. – 1:00 P.M. Sunday 8:00 A.M. – Noon.

Drop-in Pickleball See page 53 for more information.

Membership Fees

	Rate*	Shoreview Resident*
Annual Membership		
Family	\$ 835.00) \$ 670.00
Dual	\$ 720.00)\$ 590.00
Adult	\$ 490.00)\$ 385.00
Youth/Senior	\$ 395.00) \$ 330.00
Annual Membership Billed Monthly (With a	one year me	embership agreement)
Family	\$ 77.00	\$ 64.00
Dual	\$ 66.00	\$ 57.00
Adult	\$ 46.00	\$ 38.00
Youth/Senior	\$ 40.00	\$ 32.00

¹There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

Seasonal Membership (Three month)

Family	\$ 320.00	\$ 255.00
Dual		
Adult	\$ 215.00	\$ 165.00
Youth/Senior	\$ 165.00	\$ 135.00

^{*}Sales tax is included in price.

Persons aged 65 and older qualify for the Senior Citizen discounted rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification

Fees are subject to change. We welcome payment by Visa and Mastercard. VISI





Membership questions?

Contact Guest Services at 651.490.4739.



Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. Direct Deposit Now Available! Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms.







Membership

Renewal Reward!

The Community Center will be offering FREE

guest passes to all annual membership renewals.







Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group Fitness Classes
- Tropics Indoor Waterpark
- Tropical Adventure Indoor Playground
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- \$1 per hour per child Kids Care rate
- For non-residents, a special recreation program Registration Day and the ShoreViews mailed to your home.

VSilver&Fit.

Silver&Fit® memberships are now available! Call 651,490,4739 for more information.

NEW First Time Annual Members also receive:

Special Experience Us book, which includes

- I family guest pass
- I adult guest pass
- 2 fitness drop-in class passes
- I Wave Cafe coupon
- I Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- I playground pass

Experience Us book is designed to encourage new members to experience all the amenities the Community Center has to offer.





Waterpark Hours through March 31

Monday & Wednesday4:00 – 8:00 P.M.
Tuesday & Thursday4:00 - 9:00 P.M.*
Friday4:00 – 9:45 P.M.
SaturdayNoon - 7:45 P.M
SundayNoon - 6:00 P.M
*On Tuesdays and Thursdays, the
Waterpark will be limited to the Shark
Attack Waterslide, Zero Depth Beach
Area and Water Walk.

Holiday & School's Out Hours

February 19Noon – 8:00 P.M.
March 8 Noon – 4:00 P.M.
March 9Noon – 9:45 P.M.
March 12Noon – 8:00 P.M.
March 13Noon – 9:00 P.M.*
March 14Noon – 8:00 P.M.
March 15 Noon – 9:00 P.M.*
March 16Noon – 9:45 P.M.
March 30Noon – 9:45 P.M.
April IClosed
*Waterpark will be limited from
6:10 – 7:20 P.M.

The pool will be closed April 2 - May 31 for renovations.



Dive-In Movie Friday, March 2 at 7:00 P.M.



The Tropics Indoor Waterpark will be closed April 2 - May 31 for the renovation of the locker rooms, maintenance of the current waterpark area, and completion of the connection to the new waterpark expansion.

We can fill your day with endless fun as you enjoy a tropical getaway at Tropics Indoor Waterpark.

Riders of Shark Attack waterslide will be able to experience our one of a kind jukebox system. Riders will be able to choose from over 100 songs and enjoy a custom light and music show while they twist and turn down our thrilling slide.

Nothing can replace close adult supervision when using the pool. All children six years and under must be supervised by a paid adult swimmer. Supervisory adult must be within arm's reach of the child at all times.

Pool Information

- For our guests' safety, our lifeguards participate in ongoing training. Part of this training includes the use of life-like mannequins as a simulation device.
- Coast-Guard approved lifejackets are allowed when a swimming adult is present within arm's reach. Arm flotation and flotation swimming suits are prohibited.
- Pool is open for general use during most hours that the Community Center is open. However, classes may be in session or pool amenities may be unavailable.
- Boys need to be 4 years old and under to be in the women's locker room, girls need to be 4 years old and under to be in the men's locker room with an adult. Please use the family locker rooms with opposite gender children age 5 and older.
- Complete pool and lap swim schedules are available at the service desk.
- For a complete list of Tropics Indoor Waterpark rules go to www.ShoreviewCommunityCenter.com

TROPICAL ADVENTURE INDOOR PLAYGROUND | KIDS CARE



Come *CRAWL* through the caves, *SWING* through the jungle, slip down the waterfall *SLIDE*, and *SCREAM* down the five level spiral slide!

Rate & Hours

\$5.50 per child, ages 1-12 FREE to members

Mon – Sat	8:00 A.M. –	8:00	P.M.
Sunday	8:00 A.M. –	6:00	P.M.

Holiday Hours Call 651.490.4700 for specific information.

Feb. 19...... 8:00 A.M. – 8:00 P.M. April I..... 8:00 A.M. – Noon

Effective January 1, 2018, all children 10 years and younger must be supervised by an individual 16 years or older at all times.

General Information

- Wristbands and socks are required.
- The playground is an unsupervised area.
- Parents and guardians are responsible for supervision of their children.
- Children 6 and under must be accompanied by an adult in the playroom.
- Groups visiting the playground are posted at the entrance each week
- For information about reserving space for your group, call 651.490.4790.



Kids Care

Kids Care provides a stimulating and safe environment for your child to explore and interact with other children while you enjoy the amenities of the Shoreview Community Center. The Kids Care room is located directly across from the service desk.

Monday - Saturday 8:00 A.M. - 12:30 P.M.

Monday - Thursday 4:00 P.M. - 8:30 P.M.

Friday 4:00 P.M. - 7:00 P.M. Closed May 28

\$1 per hour per child (no pro-rating for partial hours)

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Community Center members and Fitness Class participants. Children are taken on a first-come, first-served basis. Kids Care phone number: 651.490.4763.







It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651,490,4790 to reserve your party package today!



ALL-INCLUSIVE PARTY PACKAGES

ALL-INCLUSIVE TROPICAL PACKAGES

Waterpark and Indoor Playground Admission

#1) ALL-INCLUSIVE TROPICAL CAKE DEAL

- · Full day use of Tropics Waterpark and Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our shared poolside birthday party room
- · Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- · Beach towel and card for birthday child
- · Large locker to store bags and gifts while you are enjoying the pool and playground
- Printable invites

	Rate	Resident
For up to 8 children	. \$ 176	\$168
Each additional child	.\$22	\$21

#2) ALL-INCLUSIVE TROPICAL MEAL DEAL

 Includes everything in the Tropical Package Cake Deal plus your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$200	\$192
Each additional child	\$ 25	\$24



UPGRADE YOUR PARTY!

THEMED PARTY OPTIONS:

Princess, Pirate, or Under the Sea Upgrade your child's party to include a special theme, including a personalized themed cake and paper products.

Rate: Add \$12 to your party package



Call 651.490.4790 to book your party!

4580 Victoria Street North • Shoreview, MN 55126 www.ShoreviewCommunityCenter.com

Shoreview





ALL-INCLUSIVE ADVENTURE PACKAGES

Indoor Playground Admission Only

#3) ALL-INCLUSIVE ADVENTURE CAKE DEAL

- Full day use of Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our shared poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- · Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the playground
- · Printable invites

		Shoreview
	Rate	Resident
For up to 8 children	\$160	\$ 152
Each additional child	\$ 20	\$19

#4) ALL-INCLUSIVE ADVENTURE MEAL DEAL

 Includes everything in the Adventure Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

		Snoreview
	Rate	Resident
For up to 8 children	\$184	\$ 176
Each additional child	\$ 23	\$ 22

COCONUT COVE PRIVATE PARTY ROOM

Coconut Cove is a private party room located within Beachcomber Bay. With a beautiful underwater mural and view of Tropics Waterpark, it is the perfect setting for families looking for a quieter, more personalized party option to make your child's birthday even more special! Coconut Cove has a maximum capacity of 15. Upgrade consists of 90 minutes in party room.

Rate: Add \$34 to your party package



Call 651.490.4790 to book your party!

4580 Victoria Street North • Shoreview, MN 55126 www.ShoreviewCommunityCenter.com



MAKE a SPLASH!

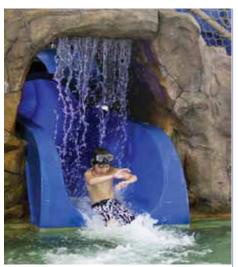
Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!







Shark Attack Waterslide

Have your next event at the Shoreview **Community Center!**

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

> Enjoy the amenities the **Shoreview Community** Center has to offer!

Call 651.490.4790 to make your reservation today!



POOLSIDE PARTY PACKAGE

BRING FOOD!

Waterpark & Indoor Playground

- Full day use of Tropics Indoor Waterpark and Tropical Adventures Indoor Playground
- 2 hours of private poolside party room for up to 50 people
- Option to bring in your own food or you may purchase food from our Wave Cafe
- Free jumbo locker available for use
- Printable invites

Available Times:

Fridays at 5 p.m. or 7:30 p.m. Saturdays at 5:30 p.m. Sundays at 4:30 p.m.



Shoreview Rate Resident

Includes 10 wristbands \$230 \$210

*Additional wristbands may be purchased at our discounted group rate the day of your event.

*\$25 refundable damage deposit required. Sales tax extra.

RENT A PARTY ROOM!



Rent one of our rooms on the upper level of the Community Center for your special gathering. Each room accommodates 20 partygoers for 2 hours of party time; adjoining rooms may be rented to accommodate up to 60. You may bring in your own food, cake, and decorations. Daily passes are sold separately.

Meeting Room (Per 2-hour time block) Rate	Resident
Monday-Thursday \$50	\$35
Friday-Sunday\$60	\$45

After Hours Parties

Have the place to yourself and invite your friends! The Shoreview Community Center is available for exclusive use overnight and after-hours. Each rate is listed per person and includes use of the Tropics Indoor Waterpark, gym facilities, and meeting rooms. Refundable damage deposit required. A minimum payment of 45 people is necessary to rent our facility overnight. All guests in attendance of an after-hours event must be paid for (both swimming & non-swimming).

PARTY DURATION	Rate	Shoreview Resident	
Two hours	\$12.50	\$12.00	
Three hours	\$13.00	\$12.50	
Four hours	\$ 13.50	\$13.00	
Overnight	\$21.00	\$19.00	



Our banquet rooms are perfect for corporate events, wedding ceremonies, receptions, dinners, and dances.







Call for More Information
Community Center Information
651.490.4700
Recreational Programs (classes)
651.490.4750
Rental Information
651.490.4790
City Information
651.490.4600

Shoreview Room

Experience the elegance of our Shoreview Room for your next event. You and your guests will enjoy the convenience of the adjacent Fireside Lounge and expanded dance floor.

- Seating up to 300.
- Choose your own licensed caterer.
- · Continental breakfast service available.
- · Alcohol service available with in-house provider.
- New audio-visual equipment
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday-Thursday	\$ 750	\$ 650
Friday	\$1,150	\$ 1,050
Saturday	\$1,400	\$ 1,300

*Fees are subject to change. Call for more information.

Wedell Community Room

The Community Room features round tables, oak parquet dance floor, indirect lighting, and audio/visual equipment.

- Seating up to 250.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterier for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday-Thursday	\$ 500	\$ 425
Friday	\$ 850	\$ 750
Saturday	\$1,050	\$ 950
Half Room	Rate*	Shoreview Resident*
Sunday-Thursday	\$ 290	\$ 260
Friday and Saturday	N/A	N/A
*Fees are subject to change. Call for more information.		

Haffeman Pavilion (closed until May 2018)

It's not too early to reserve your space for a family picnic, company event, or graduation gathering at the Haffeman Pavilion located behind the Shoreview Community Center. Picnic tables accommodate up to 125 people! Call to reserve your date: 651.490.4790. Pavilion rental hours are 8 A.M. – 8 P.M. daily.

Rate: \$275; \$250 Shoreview Resident *Refundable damage deposit required.

Picnic Shelter Rentals

Our parks are the perfect place for a small gathering or birthday party. Reserve a picnic shelter for your next event by calling 651.490.4790. Rental fee is \$30 plus tax.

Lake Judy Park	.Seats 15	Shamrock Park	Seats	35
McCullough Park	.Seats 15	Commons Park	Seats	20
Sitzer	.Seats 24	Bucher Park	Seats	24

Meeting Rooms

We are able to accommodate 20 people per room, depending on table and chair set-up. Retractable walls allow flexibility for accommodating large groups and seminars.

- Meeting rooms are rented in 2-hour blocks of time.
- Rates are listed per room for each time block rented.

Meeting Room (Per 2-hour time block)	Rate*	Shoreview Resident	
Monday-Thursday	\$ 50	\$35	
Friday-Sunday	\$ 60	\$ 45	
*Refundable damage deposit required. For organizations, Shoreview Residency applies when			
50% of group lives in Shoreview and contact person is a Shoreview resident.			

Island Lake Room

Our Island Lake Room is comfortable and quiet, suitable for all your meeting needs. Enjoy the window lighting as well as the on-site audiovisual equipment, including an interactive white board.

Island Lake Room is rented in 2-hour blocks of time.

Rate: \$75; \$60 Shoreview Resident *Refundable damage deposit required.











Call for More Information

Community Center Information 651.490.4700
Recreational Programs (classes) 651.490.4750
Rental Information 651.490.4790
City Information

651.490.4600

SPRING RECREATION PROGRAMS

REGISTRATION SCHEDULE

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs. **Begins Tuesday, March 6 at 8 A.M.**

Annual Community Center Member Registration Begins Thursday, March 8 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required. **Begins Friday, March 9 at 8 A.M.**

Phone Registration

Begins Monday, March 12 at 8 A.M.

*See page 62 for registration information.

EASY WAYS TO REGISTER

- 1. On-line at: www.shoreviewcommunitycenter.com
- 2. Mail-in
- 3. Fax 651.490.4797 payment by credit card only
- 4. Drop-off
- 5. In-person









6. Over the phone after March 12

Shoreview Parks and Recreation

4580 Victoria St. N | Shoreview, MN 55126 Office located on upper level of the Shoreview Community Center 651.490.4750

recreation@shoreviewmn.gov www.ShoreviewCommunityCenter.com

Office Hours

Monday – Friday

8:00 A.M. – 4:30 P.M.

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AOUATICS

SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

PRIVATE LESSONS

Private Lessons (PR) Ages 3 to Adult

30-minute swim lessons; available at set times.

Private Lessons:

Rate for 8 lessons: \$180; \$163 Shoreview Resident Rate for 6 lessons: \$135; \$122 Shoreview Resident

Semi-Private Lessons:

Rate for 8 lessons: \$134; \$121 Shoreview Resident* Rate for 6 lessons: \$100; \$91 Shoreview Resident* *Cost each for 2 participants of equivalent ability

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.

Custom Private Lessons

Private Lesson Rate: \$224;\$204 Shoreview Resident Semi-Private Lesson Rate*: \$153;\$139 Shoreview Resident *Cost each for 2 participants of equivalent ability

Custom private or semi-private lessons are designed to fit each individual based on their skill level and scheduling availability. These custom lessons allow the individual to progress at their pace and have a customized lesson plan that fits their goals. Our custom private instructors have a passion for teaching swimming and have many years of experience. Contact the Aquatic Coordinator at 651.490.4766 for more information or set up your custom private lessons.

Custom Private Instruction provides:

- Flexible scheduling with 3 months to complete after first lesson starts
- · Option to reschedule with advance notification
- You can choose between 4, 60-minute lessons or 8, 30-minute lessons
- After your session is complete you can continue without taking a session break

GROUP LESSONS

Rate for 8 group lessons: \$86; \$78 Shoreview Resident Rate for 6 group lessons: \$65; \$59 Shoreview Resident

These lessons will have I instructor to a maximum student ratio of:

Classes with more students will be assigned an aid to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.

ADULT LESSONS

Adult Lessonsl (AL): Beginner

It's never too late to learn how to swim and enjoy the water. With the guidance of our swim instructors, you will learn basic swimming skills in a safe environment while gaining confidence in the water. The following skills will be covered:

- Front/Back Floats
- Front/Back Kicking w/support
- Breathing
- Recovery Position
- · Comfort in water independently

PARENT/CHILD LESSONS

Star Fish

(SF 1) Ages 9 months to 24 months

(SF 2) Ages 24 months to 36 months

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

Manta Ray (MR) Ages 2 1/2 to 4 years old

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. The main goal of this class is to gain confidence and familiarity in a pool environment independently from a guardian. Swimmers will learn the following:

- Enter/Exit water independently
- · Comfort with group instruction independent from guardian
- Blow bubbles
- Submerge head
- Arm scoops

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BEGINNER LESSONS

Preschool (PS): Jelly Fish Ages 3-4

Preschool is an introduction level to group learning without a guardian in the water. The main goal is to gain confidence and knowledge in basic swim skills which include: floating and front crawl with an introduction to rhythmic breathing. Swimmers will learn the following:

- Unassisted Entry/Exit
- Front/Back Floats with instructor support
- Flutter kicking on front/back with barbell support
- · Front crawl arms
- · Rhythmic breathing with bubbles

Level 1 (L1): Angel Fish Ages 3 ½ or passed preschool Swimmers will learn basic exploration that leads to assisted swimming. Students should be comfortable in the water and come prepared to put their face in the water. The main objective of level I is to expand knowledge and confidence in floats, glides and front crawl with rhythmic breathing. Swimmers will learn the following:

- Independent front/back floats for 5 seconds
- Introduction to front/back glides with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms with rhythmic breathing and support

Level 2 (L2): Sea Monkeys Ages 4 or passed level 1

The objective of level 2 is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers must be comfortable on their own and fully submerged in water where they can touch. The main goal is to develop confidence and competence in floating, gliding, kicking independently while gaining the knowledge in front crawl with rhythmic breathing without support. Swimmers will learn the following:

- Front/Back floats unsupported for 10 seconds
- Front/Back glides with flutter kick
- Flutter kicking on front/back with barbell support for 8 yards
- Front crawl with rhythmic breathing and barbell support for 8 yards
- · Elementary backstroke arms
- Jump into deep water, submerge and return to wall independently

Youth Beginner (YB) Ages 6 & older

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. Students will be in a class with other school - aged children and learn at a faster pace. Students can continue to take youth beginner until they reach a level that includes their peers.



INTERMEDIATE LESSONS

Level 2.5 (L 2.5): Otters

Level 2.5 bridges the gap between L2 and L3. The objective of this level is to develop knowledge in the elementary backstroke and gain technique and endurance in the front crawl with rhythmic breathing. Swimmers will learn the following:

- Front/Back glide with flutter kick
- Flutter kick on front/back with support (25 yards)
- Front crawl with controlled rhythmic breathing (1/2 length)
- Elementary backstroke (½ length)
- Introduction to whip kick

Level 3 (L3): Seals

Level 3 builds on skills by coordinating strokes and increasing endurance. The main objective is to gain technique and endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Flutter kick on front/back with equipment (50 yards)
- Front glide with flutter kick to front crawl
- · Back glide with flutter kick to back crawl
- Front crawl with rhythmic breathing (25 yards)
- Back crawl (½ length)
- Elementary backstroke (25 yards)

Level 4 (L4): Sting Rays

Level 4 develops endurance in previously learned strokes and introduces breaststroke. The objective is to gain knowledge and technique skills in the breaststroke while gaining endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Front crawl with open turn (50 yards)
- Back crawl with open turn (50 yards)
- Elementary backstroke (50 yards)
- Breaststroke (25 yards)
- Dolphin kick

ADVANCED LESSONS

Level 5 (L5): Dolphins

Level 5 refines coordination and technique while increasing endurance in the front and back crawl and elementary backstroke while learning the butterfly. Swimmers will learn the following:

- Front crawl with I flip turn (100 yards)
- Back crawl with open turns (100 yards)
- Elementary backstroke (100 yards)
- Breaststroke (50 yards)
- Butterfly (½ length)
- Dolphin kick (50 yards)

Level 6 (L6): Orcas

Level 6 polishes strokes and develops a strong technique to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Front crawl with flip turns (200 yards)
- Back crawl with open turns (200 yards)
- Breaststroke with underwater pull outs (11 yards)
- Butterfly (25 yards)
- Individual Medley (100 yards)
- Sidestroke (25 yards)

Introduction to Lifeguarding (IL)

During this class you will join a professional lifeguard to learn about water safety, first aid techniques, and basic water rescues. Participants will get the chance to shadow a lifeguard in rotation to gain a better understanding of the daily responsibilities of a lifeguard.

Introduction to Swim Team (IS)

\$134: \$121 Shoreview Resident

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke and freestyle; along with competitive turns. This class is one hour.

COMMUNITY CENTER LESSONS

TWO DAY CLASSES

2 times per week for 3 weeks Tuesday/Thursday Feb. 27 - Mar. 15

6 Lessons Only - discounted fee

EVENING					
Time	Level	Activity #	6:45 P.M.	PS	130111-2
4:30 P.M.	LI	130101-23		LI	130101-2
	L2	130102-15		L2	130102-1
	PR	130114-66		L2.5	130112-2
	PR	130114-67		L2.5	130112-2
	PR	130114-68		PR	130114-7
5:15 P.M.	MR	130117-11	7:30 P.M.	L5	130105-0
	PS	130111-20		PR	130114-7
	L2.5	130112-26		PR	130114-7
	PR	130114-69		PR	130114-7
	PR	130144-70		PR	130114-7
6:00 P.M.	LI	130101-24			
	L2	130102-16			
	L2.5	130112-27			
	L3	130103-14			
	L4	130104-09			
	YΒ	130113-05			

FREE SWIM CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.

A NOTE ABOUT COMMUNITY CENTER LESSONS

- Swimming lessons will not be canceled if Mounds View School District cancels their after school activities due to weather.
- Group classes with fewer than 2 registered participants are subject to cancellations.
- Students are not allowed to swim before or after lessons unless they have purchased a wristband during the following times: Weekday Morning lessons (school year only), Weekday Evening lessons (all year), and weekend Morning lessons (at 12:00 P.M. when the water park opens).
- •Children ages 4 and under may use either locker room or the family locker room. Children ages 5 and older must use the same-gender locker room or family locker room.

- · Have your child use the bathroom and shower before entering the pool area. Instructors & lifeguards are not allowed to take a child to the bathroom during lessons.
- On the first day of lessons, we will meet on the pool patio located by the entrance to the pool prior the start of class to go over first day introductions.
- We do not have make up lessons for group or private lessons.
- The pool water is temperature is kept between 83 and 84 degrees.



Highview Middle School pool is located at 2300 7th St. NW, New Brighton, MN 55112. The pool has 5 lap lanes, a shallow end at 3'6", and a deep end of 4'.





Swim Lessons						
Monday April. 2 - May 21			Monday Wednesday			•
EVENING				EVENING		
Time	Level	Activity #		Time	Level	Activity #
5:30 P.M.	PS LI	230117-01 230111-01 230101-01 230114-01 230114-02		5:30 P.M.	L2.5 L3 YB PR PR	230112-05 230103-02 230113-01 230114-11 230114-12
6:15 P.M.	L2 L2.5 L2.5 PR PR	230101-01 230112-01 230112-02 230114-03 230114-04		6:15 P.M.	SF I SF 2 LI L2 PR	230110-01 230101-02 230102-02 230114-13
7:00 P.M.	L3 PR PR	230103-01 230114-05 230114-06		7:00 P.M.	PR L3 PR	230114-14 230103-03 230114-15
7:45 P.M.	PR PR PR PR	230114-07 230114-08 230114-09 230114-10		7:45 P.M.	PR PR PR PR PR	230114-16 230114-17 230114-18 230114-19 230114-20

Lap Swim at Highview

Members must present membership card to lifeguard.

Monday & Wednesday PM April 2 – May 23

5:30 P.M. –7:00 P.M. 2 lanes 7:00 P.M. – 8:00 P.M. I lane

Tuesday, Thursday, Friday AM April 4 - May 31

5:30 A.M. - 7:00 A.M...... 5 lanes

Water Aerobics at Highview

 Monday
 Wednesday

 April 2 - May 2 I
 April 4 - May 23

 7:00 P.M. - 8:00 P.M.
 7:00 P.M. - 8:00 P.M.

*Refer to page 37 for more information.

A NOTE ABOUT MIDDLE SCHOOL LESSONS:

- If Mounds View School District cancels their after school activities due to weather lessons will not run.
- Group classes with fewer than 2 registered participants are subject to cancellations.
- Students are not allowed to swim before or after lessons.
- Children ages 4 and under may use either locker room. Children ages 5 and older must use the same gender locker room.
- Have your child use the bathroom and shower before entering the pool area. Instructors & lifeguards are not allowed to take a child to the bathroom during lessons.
- On the first day of lessons, we will meet on the pool deck prior to the start of class to go over first day introductions.
- We do not have makeup lessons for group or private lessons.
- The pool water temperature is kept at 83 degrees.

AOUATICS

Chippewa Middle School pool is located at 5000 Hodgson Road, North Oaks, MN 55126. The pool has 6 lap lanes, a shallow end at 3', and a deep end of 6'8".





Swim Lessons

Saturday April 7 - May 26

AFTERNOON

Time	Level	Activity #	Time	Level	Activity #
12:15 P.M.	L3	230103-04	2:10 P.M.	L2.5	230112-07
	L4	230104-01		L5	230105-02
	IS	230109-01		L6	230106-01
	PR	230114-21		PR	230114-25
12:55 P.M.	L5	230105-01	2:50 P.M.	AL	230115-01
	PR	230114-22		PR	230114-26
	PR	230114-23		PR	230114-27
1:35 P.M.	L2.5	230112-06		PR	230114-28
	L4	230104-02			
	IL	250305-01			
	PR	230114-24			

Lap Swim at Chippewa

Members must present membership card to lifeguard.

Monday & Wednesday AM April 2 – May 30

(No Lap Swim May 28)

5:30 A.M. –7:00 A.M. 6 lanes

Saturday April 7 – May 26

12:15 P.M. - 3:30 P.M......2 lanes

LESSON RATES

8 Lessons

Group

\$86; \$78 Shoreview Resident

Private

\$180; \$163 Shoreview Resident

Semi-Private

\$134; \$121 Shoreview Resident (2 participants of equivalent ability)

6 Lessons

Group

\$65; \$59 Shoreview Resident

Private

\$135; \$113 Shoreview Resident

Semi-Private

\$100; \$91 Shoreview Resident (2 participants of equivalent ability)

AQUATIC KEY

SF I Starfish 9-24 months

SF 2 Starfish 24-36 months

MR Manta Ray

PS Preschool

LI Level I, 2, etc.

YB Youth Beginner

PR Private Lessons

IS Intro to Swim Team

IL Intro to Lifeguarding

AL Adult Lessons

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RED CROSS COMMUNITY CPR/AED

Ages 16+

Tuesday, April 17	6:00 P.M. – 10:00 P.M.
\$92: \$83 Shoreview Residents	Activity # 250301-01

Deadline to Register: Tuesday, April 10

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- · Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain, CPR mask and ready reference materials.

RED CROSS STANDARD FIRST AID

Ages 16+

Thursday, April 19	6:00 F	P.M. –	8:30 P.M.
\$59; \$54 Shoreview Resident	Activity	y # 25	0301-02

Deadline to Register: Tuesday, April 10

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

RED CROSS COMMUNITY CPR/AED & FIRST AID

Ages 16+

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Tuesday, April 17	6:00 P.M. – 10:00 P.M.
and Thursday, April 19	
\$104; \$95 Shoreview Residents	

Deadline to Register: Tuesday, April 10

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- · Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.



BABYSITTING 101

Grades 5 to 7\$66; \$60 Shoreview Resident

Saturdays, 8:00 A.M. - 12:00 P.M.

March 10	Activity # 150101-03
April 14	-
May 12	Activity # 250101-02

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.

ALL ABOUT BOATING SAFETY

Ages 12+	
Saturday, April 21	8:00 P.M 4:00 P.M.
\$50/person	Activity # 250401-01
Youth are ½ price if registered wit	th a full paying adult

This boating class meets the requirements for watercraft operators permits in both Minnesota and Wisconsin. Many boat insurance companies offer discounts on boating insurance to boaters who successfully complete this course. Topics include: introduction to boating, boating law, boat safety equipment, safe boating, navigation, boating problems, trailering, storing and protecting your boat, hunting and fishing, water-skiing, and river boating. This course is taught by trained, experienced instructors from the U.S. Coast Guard Auxiliary.

BOY SCOUT MERIT BADGES

Swimming and Lifesaving Merit Badges can be completed at the Chippewa Middle School pool. You will be asked to provide the Merit Badge Books and Certification Card. We will provide the Swimming or Lifesaving workbook and Instructor.

Swimming Merit Badge.....Activity # 230301-01 \$61; \$55 Shoreview Resident

Deadline to Register: Saturday, April 21

Location: Chippewa Middle School Pool

Lifesaving Merit Badge.....Activity # 230301-02 \$67; \$61 Shoreview Resident

Deadline to Register: Saturday, April 21

Location: Chippewa Middle School Pool

NEW! 1ST AID MERIT BADGE

The 1st Aid merit badge can be completed at the Shoreview Community Center. You will learn to care for an injured or ill person until they can receive professional medical care and is an important skill for every scout to have. You will be asked to provide the Merit Badge Book and Certification card. We will provide the 1st aid workbook and instructor.

Thursday, April 26...... 5:00 P.M. – 8:30 P.M.

Deadline to Register: Thursday, April 19

BOY SCOUT SWIM CHECKS

If you need to complete your Boy Scout swim check before you leave for summer camp, register for a time and date below. Our certified lifeguard will determine if you are a learner, beginner, or swimmer and complete the certification card after the swim test. \$5 per participant.

The swimmer will be asked to demonstrate the following:

- · Jump feet first into water over their head and begin swimming
- Swim 75 yards in a strong manner using: sidestroke, breaststroke, trudgen or crawl
- Swim 25 yards using an easy, resting backstroke
- Float for I minute

You will need to bring the following:

• Boy Scouts of America Swim Test Certification form

Activity # 330301-04
Activity # 330301-06
Activity # 330301-08
Activity # 330301-10

DIVE IN TO YOUR NEXT JOB AND MAKE A DIFFERENCE!

FREE MEMBERSHIP **LIFEGUARD PAY RATE \$10.75-\$12.50 SWIM INSTRUCTOR PAY RATE**

\$10.25-13.50 PER CLASS

APPLY ONLINE AT:

SHOREVIEW COMMUNITY CENTER. COM



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REGISTER NOW!

SWIM INSTRUCTOR AID TRAINING 1.0

Ages 13-15.....\$33; \$30 Shoreview Resident

Activity # 330319-01

July 16 – 20...... 5:30 P.M. – 7:30 P.M.

Do you want to get ready for a fun and exciting career as a swim instructor aid? This class will focus on teaching participants key principles of teaching and mastering basic skill progressions with a focus on: kicking, parent & toddler communication, water adjustment, class organization, holds & supports, water safety.

JR. LIFEGUARD 1.0

Ages 13-14.....\$33; \$30 Shoreview Resident

Activity # 350306-01

Saturdays, June 16 – July 14......10:00 A.M. – 12:00 P.M.

Activity # 350306-02

Monday-Friday, July 30 – August 3...... 5:30 P.M. – 7:30 P.M.

Location: Shoreview Community Center Pool & Council Chambers

Do you want to get ready for an exciting career as a lifeguard? This course provides a foundation of lifeguarding and life skills that will allow for a smooth transition to any lifeguard certification program. This course focuses on the following key areas: recognition of people in possible trouble, conscious & unconscious rescues, rule enforcement & public relations, first aid certification, and fitness.

Course prerequisites:

- 50 yard swim of front crawl or breaststroke
- Retrieve a 10 lb brick bring it to a wall from a depth of 4 ft
- · Swim under water 10 ft

LIFEGUARD ACADEMY

Ages 15-17.....\$198; \$180 Shoreview Resident

Activity # 350507-01

Wednesday, July 11 - August 22.....8:30 A.M. - 4:00 P.M.

Location: Shoreview Community Center Pool & Room 206

The lifeguard academy is a learning program that helps step you right up the ranks to lifeguard. Participants have the opportunity to complete an Ellis & Associates Lifeguarding course and earn their shallow water course completion certificate in:

- Conscious, unconscious and suspected neck and back rescue skills
- Healthcare Provider CPR, AED, Oxygen Administration
- · Standard First Aid training

Certification will be issued after successful completion of a written test and skill check off.

In the afternoons participants will earn practical experience assisting lifeguards and shadow guarding. Participants need to bring a lunch. Participants will receive a shirt, whistle, and lanyard.

Course prerequisites:

- 100 yard swim of front crawl or breaststroke
- Retrieve a 10 lb brick & bring it to a wall from a depth of 4 ft
- Swim under water 10 ft

HOW TO GET YOUR FIRST JOB

Ages 15-17.....\$40 flat fee

Activity # 350308-01

Fridays, April 20 and April 27...... 5:30 P.M. - 7:30 P.M.

Location: Room 206

This two day workshop will give teens looking for their first job an edge in the competitive job market. Participants will learn how to make that first impression that will make them a desirable asset to any organization along with how to interview. Participants will complete an application and go through a mock interview.

FITNESS

PERSONAL TRAINING:

A trainer can plan a safe, effective program and provide one-on-one instruction to ensure you use proper form and technique, exercise at the appropriate intensity, and maximize the effectiveness of your workout. Personal Trainers serve as coaches, educators and a source of encouragement to help you overcome obstacles and stick to your program. Personal Training comes in packages of I, 3, 6 and I2 sessions. All sessions expire one year from the date of purchase.

Personal Trainers will:

- Establish realistic goals and determine safe strategies to achieve those goals
- · Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- · Achieve maximum results in minimum time
- · Provide encouragement and accountability

How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, while others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress.

Sessions	Regular	Resident
Fitness Assessment	\$34	\$29
Single Session	\$72	\$67
Three Sessions	\$201	\$185
Six Sessions	\$379	\$352
Twelve Sessions	\$718	\$663
Twenty-four Sessions	\$1360	\$1236

Buddy Personal Training:

Buddy Sessions	Regular	Resident
Assessment	\$34.50	\$29
Single Session	\$54	\$50
Three Sessions	\$153	\$140
Six Sessions	\$285.50	\$264
Twelve Sessions	\$539	\$498

What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, postural assessment, cardiovascular testing, and sports-specific tests. You can register for a fitness assessment without signing up for personal training, however, assessments are included in personal training packages of 3, 6, and 12 sessions for first time clients.





GROUP FITNESS CLASSES

Call for information: 651.490.4750

SPRING SESSION April 2 – July 1 (13 weeks)

Welcome to Shoreview's group fitness classes. The Shoreview Parks and Recreation Fitness program boasts the best equipment in the industry with two state-of-the-art fitness studios. Our classes utilize high-quality resistive equipment, and new, innovative program offerings. Our instructors are nationally certified and follow the standards and recommendations of nationally accredited fitness organizations.

Shoreview is committed to providing fitness opportunities for individuals of all ages, fitness levels, and health status. Most fitness classes are suitable for everyone, but there are also class options available for beginners and those looking for classes of lower intensity levels. Please feel free to call to find out which classes best suit your needs – 651.490.4750.

Annual Members receive 30% off group fitness classes listed on pages 38-39. Discount now available online!

FITNESS PUNCH CARDS

Give our fitness classes a try! This Punch Card will allow you to take five classes during the session. Note: if individual classes are full, Punch Card holders may not be able to participate. Drop-In class schedule will be available the first week of classes. Card does not include Tae Kwon Do classes.

General Fitness Classes

\$37.50; \$35 Shoreview Resident

Indoor Group Cycling, Cycling, Zumba®, Kettlebell, TRX®

\$46.50; \$43.25 Shoreview Resident

Yoga, Pilates, and Yogalates

\$54.25; \$49 Shoreview Resident

Available for purchase at the Upper Parks and Recreation Desk during office hours: M-F, 8 A.M. – 4:30 P.M. Over the phone payment accepted at 651.490.4750.



DROP-IN RATES

Drop-in passes allow you to attend a class.

Drop-in schedule will be available the first week of classes.

No drop-ins for Aqua classes.

General Fitness Classes Drop-in Rate \$8.50: \$8.00 Shoreview Resident

Indoor Group Cycling, Zumba®, TRX®, Kettlebell

\$10.30; \$9.70 Shoreview Resident

Yoga, Pilates, and Yogalates

\$11.90; \$10.90 Shoreview Resident

MIND/BODY OPTIONS

Mind/Body Yoga

Mind/Body Yoga is a potent alignment-oriented practice that emphasizes the forms and actions within yoga postures. This class is based on physical postures (asanas), deep breathing, mindfulness and listening to the body. A slower paced class that focuses on fundamental postures. Great class for beginners or for one seeking a modified (gentle) yoga class option! All fitness levels are welcome.

Tai Chi

This class involves a series of movements performed in a slow, focused manner and accompanied by deep breathing Tai chi, also called tai chi chuan, is a noncompetitive, self-paced system of gentle physical exercise and stretching. Each posture flows into the next without pause, ensuring that your body is in constant motion. Improve your balance, agility, strength and coordination. All fitness levels are welcome.

Yogalates

The perfect combination of Pilates and Yoga! Receive the benefits of core training, muscle contraction and lengthening, isometric holds, balance postures and mind/body awareness. All fitness levels are welcome.



STRENGTH/CARDIO OPTIONS

Cardio and Strength Conditioning

This class fuses cardiovascular and strength exercises to provide you a complete strength and cardiovascular workout. All levels of fitness welcome.

Cardio Dance

Increase cardiovascular endurance and burn fat as you workout using combinations of movements and floor patterns. The instructor provides modifications, including low-impact alternatives, to accommodate all fitness levels, creating a fun cardio class that will help you reach your goals safely and effectively.

Classic Strength

This class focuses on strength exercises and routines while protecting your joints by keeping the moves low impact.

Core Fusion

If you're looking for a strong, lean and graceful body, then this class is for you. Core Fusion mixes body sculpting strength exercises with cardio, flexibility, and balance work to help you achieve a lean look.

Fundamental Strength Conditioning

This basic strength training class uses hand weights, resistance bands, mats, etc. to help strengthen major muscle groups of your body. Pick your weight loads and resistance levels to work at your fitness ability. Beginner to intermediate fitness levels are welcome.

H.I.I.T. (High Intensity Interval Training)

This class showcases interval training, intervals of extreme cardio and/or resistance exercises for a designated amount of time followed by a short recovery period. What a great, highly intense workout! All fitness levels are welcome.

Indoor Group Cycling

Indoor Group Cycling is fun, challenging and accommodates all fitness levels using revolutionary group exercise cycles. This energetic class consists of a continuous bike ride set to up-beat music. Climb hills, sprint, and ride in and out of the saddle to simulate cycling outdoors. The resistance of the stationary bikes is adjustable to provide a variety of intensities.

Kettlebell/HIIT/TRX®

This class combines the strength benefits of a traditional Kettlebell workout and the cardiovascular benefits of a High Intensity Interval Workout (H.I.I.T.) and Total Resistance Training (TRX®) resulting in an intense total body workout in 30 minutes.

Kettlebell Training

Transform your body with kettlebell exercises that develop strength, power and stamina. This kettlebell class fuses exercises using kettlebell and non-kettlebell conditioning drills to provide a total body workout that will leave you feeling strong and lean.

Power Pump

Power Pump is a strength training workout that targets the major muscle groups to strengthen and tone your body. This class utilizes supersets, tempo changes, alternating slow and fast reps, and pulsing that challenges your body. Equipment used includes a weight bar, weight plates, dumbbells, and resistance bands. Power Pump is suitable for all fitness abilities.

Power Strength

Power Strength class is a progressive weight lifting workout, focusing on your form and learning body mechanics while executing the lift. There is a set routine with challenging the reps and weights, but this is not a choreographed lift class set to aerobics music. Looking to increase muscle strength and learn about proper lifting technique? This is the class for you!

Step Cardio

Warm up with basic step moves, then learn fun patterns, combinations and movements on an adjustable step to work at all levels of endurance. Class ends with a core exercise component and a cool-down.

Strength Conditioning

No cardio here! This class is strictly strength training exercises using various pieces of equipment and/or your own body weight. Class focuses on all major muscle groups with some added attention to detail (form/feel). Progressions can include compound exercises and functional (balance) exercises. All fitness levels are welcome.

Stretch and Balance

A beneficial blend of balance exercises and static (holding) and dynamic (moving) stretches. All fitness level s are welcome.

Circuit Class

This fast-paced class incorporates stations of cardio, strength, plyometrics, and core training.





NEW! Shoreview Walkers

Walk the outdoor trails of Shoreview with one of our fitness staff members while enjoying some fresh air and making new friends! Every two weeks, enjoy a special treat of coffee and cookies in the Fireside lounge after the walk to warm up. In the event of bad weather, Shoreview Walkers will be held in the indoor walking track. Meet weekly at the Fireside Lounge.

Total Body Workout

Work all of your muscles in this total body workout. Improve your agility, speed, strength and endurance. Classes utilize a variety of weights, bodyweight exercises, conditioning drills, cycling, kickboxing, core work, kettlebells and more. Come ready to work, leave feeling accomplished.

TRX® Suspension Training (30 minutes)

Born in the Navy SEALs, Suspension Training bodyweight exercise develops strength, balance, flexibility and core stability simultaneously. It requires the use of the TRX Suspension Trainer, a highly portable performance training tool that leverages gravity and the user's body weight to complete hundreds of exercises. Class size is limited, register to guarantee a spot.

Warrior Sculpt

Combine Pilates, Strength and cardio into one class. Take Yoga to a new level by adding light and heavy weights to traditional poses, and get your heart rate up by adding cardio drills and squats.

Zumba®

Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective and fun!

SENIORFIT CLASSES

SeniorFIT Chair Yoga

Experience the benefits of Yoga while sitting in a chair! Some standing postures may be included in this class. Beginner to intermediate levels are welcome.

SeniorFIT Seated Strength

Resistance exercise executed while sitting in a chair. Come join us for a great strength training workout in a comfortable setting. Beginner to intermediate fitness levels are welcome.

SeniorFIT Strength Training

This strength training class focuses on increasing muscular strength, making everyday tasks such as lifting and bending safer and easier. Moving to your favorite music, the instructor will lead you in a variety of exercises using lights weights, bands and exercise balls. Beginner to intermediate levels are welcome. (no chair)

WATER OPTIONS:

Highview Middle School, 2300 7th St NW, New Brighton

Due to the Community Center Expansion Project, all spring session classes are being held at Highview Middle School pool, located near 694 and Silver Lake Rd. NW in New Brighton. The pool depth is 3 feet to 5 feet and the water temperature is kept around 83 degrees for maximum comfort. Swimming ability is not required; the gradual slope of the pool allows each participant to work at an appropriate depth.

Aqua Fit

Aqua Fit uses the water's natural resistant properties to help you increase overall muscle strength and endurance while conditioning your cardiovascular system.

Cardio Aqua Dance

Achieve long-term benefits while experiencing an absolute blast in our pools with exciting calorie burning and body energizing movements! The water provides natural resistance, making every step more challenging to help tone muscles.



P.M. classes on next page

MORNING AND DAYTIME CLASSES All classes are 50 minutes unless otherwise indicated.

SPRING 2018 FITNESS CLASSES: April 2 – July 1 (13 Weeks).

MONDAY	(No class 5/28 - Memorial Day)	Reg/Sv. Res	Activity #			
5:35 A.M.	Total Body Workout	\$78/\$72	210502-01			
8:30 A.M.	Mind/Body Yoga	\$118/\$106	210506-09			
8:30 A.M.	SeniorFIT - Seated Strength*	\$78/\$72	210161-01			
9:00 A.M.	Shoreview Walkers (ends 5/21)	\$30/\$27	210555-01			
9:30 A.M.	Fundamental Strength Conditioning	\$78/\$72	210561-02			
10:30 A.M.	SeniorFIT - Chair Yoga*	\$78/\$72 210163-0				
10:30 A.M.	Cardio Kickboxing	\$78/\$72	210501-02			
11:45 A.M.	Mind/Body Yoga	\$118/\$106	210506-01			
TUESDAY						
5:35 A.M.	Core Fusion	\$85/\$78	210530-01			
8:30 A.M.	Mind/Body Yoga	\$128/\$115 210506-0				
8:30 A.M.	Power Pump	\$85/\$78	210523-02			
9:30 A.M.	Step Cardio	\$85/\$78	210516-01			
9:30 A.M.	SeniorFIT - Chair Yoga*	\$85/\$78	210163-01			
10:30 A.M.	Cardio Dance	\$85/\$78	210545-02			
10:30 A.M.	SeniorFIT - Seated Strength*	\$85/\$78	210161-03			
11:45 A.M.	Strength Conditioning	\$85/\$78	210539-03			
I:00 P.M.	Tai Chi	\$128/\$115	210575-01			
WEDNESDA	AY					
5:35 A.M.	Total Body Workout	\$85/\$78	210502-02			
8:30 A.M.	Stretch and Balance	\$85/\$78	210576-01			
9:30 A.M.	Total Body Workout	\$85/\$78	210502-07			
10:30 A.M.	Cardio & Strength Conditioning	\$85/\$78	210540-01			
11:30 A.M.	TRX (30 minutes)	\$108/\$99	210557-01			
12:15 P.M.	Mind/Body Yoga	\$128/\$115	210506-04			
THURSDAY	, ,					
5:35 A.M.	Circuit Class	\$85/\$78	210530-02			
8:30 A.M.	Mind/Body Yoga	\$128/\$115	210506-07			
8:30 A.M.	Power Pump	\$85/\$78	210523-06			
9:00 A.M.	Shoreview Walkers (ends 5/25)	\$30/\$27	210555-02			
9:30 A.M.	SeniorFIT - Seated Strength*	\$85/\$78	210161-04			
9:30 A.M.	Step Cardio	\$85/\$78	210516-04			
10:30 A.M.	SeniorFIT - Chair Yoga*	\$85/\$78	210163-02			
10:30 A.M.	Yogalates	\$128/\$115	210525-04			
11:45 A.M.	Strength Conditioning	\$85/\$78	210539-04			
FRIDAY						
5:35 A.M.	Total Body Workout	\$85/\$78	210502-03			
8:30 A.M.	Classic Strength Conditioning	\$85/\$78	210561-01			
8:30 A.M.	SeniorFIT - Seated Strength*	\$85/\$78	210161-02			
9:00 A.M.	Shoreview Walkers (ends 5/25)	\$30/\$27	210555-02			
9:30 A.M.	Cardio Strength	\$85/\$78	210504-02			
10:30 A.M.	SeniorFIT - Chair Yoga*	\$85/\$78	210163-03			
10:30 A.M.	Power Strength	\$85/\$78	210559-04			
SATURDAY						
8:30 A.M.	TRX/Kettlebell/HIIT	\$108/\$99	210510-01			
8:30 A.M.	Mind/Body Yoga	\$128/\$115	210556-01			
9:30 A.M.	Warrior Sculpt	\$108/\$99	210505-03			
10:30 A.M.	Zumba [®]	\$108/\$99	210544-06			
SUNDAY						
8:30 A.M.	Indoor Cycling (4 weeks)	\$33/\$31	210512-09			
*Cania mEIT alassa ana available at na arat ta tha ara with an annual Canian manakanakin at tha						

8:30 A.M. Indoor Cycling (4 weeks) \$33/\$31

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center; this does not include Silver and Fit Memberships.

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 38 & 39.

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

REGISTER EARLY AND SAVE YOUR SPOT IN CLASS!

Classes with fewer than 6 registered participants are subject to cancellations.

Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.

CHILD CARE AVAILABLE!

Mon-Sat.... 8 A.M. – 12:30 P.M. Mon-Thu..... 4 P.M. – 8:30 P.M. Fri...... 4 P.M. – 7 P.M.

Rate \$1 per hour per child.

See page 19 for additional information and holiday hours.

GROUP FITNESS



EVENING CLASSES All classes are 50 minutes unless otherwise indicated.

SPRING 2018 FITNESS CLASSES: April 2 - July 1 (13 Weeks).

	41 1 700 11 115)		
MONDAY	(No class 5/28 - Memorial Day)	Reg/Sv. Res.	Activity #
4:30 P.M.	Zumba	\$100/\$92	210544-10
5:30 P.M.	Yogalates	\$118/\$106	210525-01
6:30 P.M.	Total Body Workout (4 weeks)	\$26/\$24	210502-10
6:30 P.M.	Warrior Sculpt	\$100/\$92	210505-02
7:00 P.M.	Aqua Fit (HIGHVIEW MIDDLE SCHOOL, ends 5/21)	\$48/\$52	210522-01
7:30 P.M.	Power Strength	\$78/\$72	210523-04
TUESDAY			
4:30 P.M.	Mind/Body Yoga	\$128/\$115	210513-02
5:30 P.M.	HIIT (High Intensity Interval Training)	\$108/\$99	210499-01
6:30 P.M.	Power Pump	\$85/\$78	210523-03
7:30 P.M.	Cardio Kickboxing	\$85/\$78	210501-01
WEDNESD	AY		
4:30 P.M.	Kettlebell Training	\$108/\$99	210528-03
5:30 P.M.	Step Cardio	\$85/\$78	210516-03
6:30 P.M.	Yogalates	\$128/\$115	210525-02
6:30 P.M.	Total Body Workout (4 weeks)	\$26/\$24	210502-04
7:00 P.M.	Cardio Aqua Dance (HIGHVIEW MIDDLE SCHOOL, end	ds 5/23) \$48/\$52	210553-01
7:30 P.M.	TRX (30 minutes)	\$108/\$99	210557-01
THURSDAY			
4:30 P.M.	Tai Chi	\$128/\$115	210575-02
5:30 P.M.	Power Strength	\$85/\$78	210559-05
6:30 P.M.	Cardio Strength	\$85/\$78	210504-03
7:30 P.M.	Yogalates	\$128/\$115	210525-04
FRIDAY			
4:30 P.M.	Zumba®	\$108/\$99	210544-04
SUNDAY			
5:30 P.M.	Candlelight Yoga	\$128/\$115	210537-01
SeniorFIT cl	asses are available at no cost to those with an annual Se	enior membership at the	

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 38 & 39.

SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center, this does not include Silver and Fit Memberships.

A.M. classes on next page

NOTES ABOUT GROUP FITNESS CLASSES:

- Classes with fewer than 6 registered participants are subject to cancellations.
- Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.
- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- Annual Community Center members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Senior Fit classes are free to only seniors with an annual Senior Membership. This does not include Silver and Fit Memberships. Silver and Fit members receive a 30% discount off group fitness class registration fess (exclusions apply).
- Fitness class attendance for members is applicable to the minimum monthly visits required by insurance providers to receive insurance reimbursements.
- All classes are 50 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Minimum age is 14. Ages 12 & 13 may sign up with a parent/guardian.
- Group Fitness insurance Program available. See website for more information.
- Two make-up classes are available per class registration. Please email **recreation@shoreviewmn.gov** to request a make-up pass.
- Aqua classes will be held at Highview Middle School.
- No drop-ins for Aqua classes.



FITNESS

MEMBER EQUIPMENT ORIENTATION (Individual or Group) FREE to members age 14 and older

COMMUNITY CENTER

All members of the community center are encouraged to attend a fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize strength and cardiovascular equipment and provide guidelines for safe exercise. The schedule and sign-up sheet for equipment orientations is located on the desk in the fitness center. For more information call 651.490.4750.

INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13

Shoreview Community Center

The Teen Equipment Orientation is required for 12 and 13 year olds to use the fitness center. The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover a beginning strength training program and guidelines for cardiovascular exercise. Registration forms are available at the front desk and lower level service desk. The schedule is located on the desk in the fitness center, or call 651.490.4768 to find out more.







Tuesdays, 1:00pm Thursdays, 4:30pm

\$128; \$115 Shoreview Resident Instructor: Richard - Studio 2

Join us for a noncompetitive, self-paced class of gentle physical exercise and stretching! See page 35 for additional class details.

651.490.4750 Shoreviewcommunitycenter.com



TUMBLING

Saturdays...... March 24 - May 12

\$92; \$82 Shoreview Resident

Children will discover the sport of tumbling within a positive, educational atmosphere. Participants will learn basic skills on floor, balance beam, bars, and vault. Along with athletics, participants will learn self-discipline and have fun. Due to space limitations, we are unable to provide an observation area; parents are invited to observe the final class.

Toddler and Parent Parent participation and support are re Please only send one adult with child.	•
9:45 A.M. – 10:30 A.M	Activity # 280101-01
10:45 A.M. – 11:30 A.M.	
Tumbling Tykes	
Rolly Pollys	•
Beginners Headstanders/Handstande I:45 P.M. – 2:30 P.M.	•



WISH UPON A BALLET

Ages 3 to 6 **Tuesdays**

April 24 - May 29 (6 weeks)

Rodeo......\$68; \$65 Shoreview Resident 9:30 A.M. - 10:15 A.M.Activity # 270202-01

Wish upon a Ballet is a dance program for children that incorporates popular children's stories as well as ballet to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun! Girls and boys will need ballet shoes. Girls should wear a leotard and tights. Boys should wear comfortable clothes they can move around in. Shoes will be available to order at the first day of class for an extra fee.



DANCE WITH ME!

Ages 18 months to 4 years An adult is required to attend class with child. **Tuesdays**



Does your child love to dance and jump around? This class will encourage your little mover to dance and sing along with you. Using musical instruments, parachutes and scarves we will create a movement experience while we jump and spin. An introduction to the movements and vocabulary of jazz and ballet are taught in a fun and creative manner. Children will learn an appreciation for dance and music while developing strength and flexibility. An adult is required to be with each child for this class.



2018-2019 School Year

A \$75 non-refundable registration fee is required at the time of registration. This fee is <u>not</u> applied toward tuition. Monthly tuition is charged August – April. SCHOOL YEAR DATES: September 10, 2018 – May 23, 2019.

Register Now!

Our preschool program offers your child a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten. Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, children have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience.

2¹/₂ TO 3 YEAR OLD CLASSES

Our preschool classes for $2\frac{1}{2}$ to 3 year olds will offer your child a great first-time classroom experience. Class time will include opportunities for your child to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Children must be 3 years old by March 1, 2019.

Monday Funday AM	9:00 A.M. – 10:30 A.M.
\$70/mo; \$64/mo SV Res	Activity # 540400-01
Monday Funday PM	I I:00 A.M. – I2:30 P.M.
\$70/mo; \$64/mo SV Res	Activity # 540400-02
Friday Funday AM	9:00 A.M. – 10:30 A.M.
\$66/mo; \$60/mo SV Res	Activity # 540401-01
Friday Funday PM	I I:00 A.M. – I2:30 P.M.
\$66/mo; \$60/mo SV Res	Activity # 540401-02



3 TO 4 YEAR OLD CLASS

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Children will learn social skills and self-help abilities through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2018.

Tiny Treasures

Wednesday & Friday	9:00 A.M. – 11:30 A.M.
\$142/mo; \$128/mo SV Res	Activity # 540402-01
ABC's & 123's	
Tuesday & Thursday	9:00 A.M. – II:30 A.M.
\$153/mo; \$139/mo SV Res	Activity # 540403-01

4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare your child to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 4 years old by September 1, 2018.

Alpha Kids

Tuesday & Thursday	9:00 A.M. – 12:00 P.M.
\$168/mo; \$153/mo SV Res	Activity # 540404-01

Stepping Stones

Monday - Friday	12:30 P.M. – 3:30 P.M.
	Res Activity # 540405-01

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SPECIALTY CLASSES

Busy Buddies

Your 3 to 5 year old child will enjoy this fun, unique, and energy-filled preschool class. Classes will include focused learning along with early educational concepts, individual and group discovery, art projects, creative movement, and snack. This action packed class includes swimming lessons taught by certified lifeguards in Tropics Indoor Waterpark. Eight week sessions of swimming lessons are included the last 30 minutes of class during the fall, winter, and spring. Children must be 3 by September 1, 2018.



A TO Z: FULL DAY PRESCHOOL PROGRAM

September 10, 2018 - May 23, 2019*

Monday – Friday, 7:00 A.M. – 5:30 P.M. (structured learning time from 9:00 A.M. – 3:00 P.M.)

This new FULL-DAY class offering designed for 3 to 5 year olds will provide a combination of early learning activities in an environment that will prepare your child for the next step. The class will focus on skill work including letters, numbers, colors, shapes, printing, counting and beginning math concepts. Students will learn social skills and gain confidence and understanding in how to relate to others through group play. Introduction to nature based play, music, foreign languages, field trips and swimming will also be incorporated into this class. Each week physical education time will be included with activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Morning and afternoon snack included. Children need to bring a bag lunch with a drink. Children must be toilet trained and 3 years old by September I, 2018. A \$75 non-refundable fee is due at time of registration.

* School calendar will follow Mounds View School District non-school days.







Registration begins: February 27 at 8 A.M.

Entering grades K-9 (2018-19 school year) June II - August 24, 2018 (No program July 4)

Are you looking for a safe and fun place to send the kids during the summer? Shoreview Parks and Recreation Summer Discovery program offers your child the opportunity to have a fun-filled, jam-packed summer while under the guidance of highly qualified staff. Each week will include a variety of activities for your child, including field trips, swimming, sports, games, crafts and more!

Program Registration requires an II-week commitment with up to two weeks unpaid vacation allowed per child. Participants have the ability to register for 3, 4, or 5 days per week A \$75 non-refundable registration fee is due at time of registration.

WEEKLY TUITION:

Summer Discovery Beginnings.... Activity # 340308-01

Entering Kindergarten (2018-19 School Year)

*Smaller Staff to Child ratio, Wednesday on-site entertainment, Swimming on Fridays, 3 off-site field trips during summer

5 days/week.....\$220 4 days/week......\$196 3 days/week.....\$156

Summer Discovery Activity # 340308-02

Entering grades 1-6 (2018-19 School Year)

*Wednesday Field Trips, Swimming on Mondays & Thursdays, Enrichment Class Opportunities at an additional cost

5 days/week.....\$210 4 days/week.....\$180 3 days/week.....\$147

Summer Discovery Extreme...... Activity # 340308-03

Entering grades 7-9 (2018-19 School Year)

*Monday, Tuesday, & Thursday Field Trips/Service Learning Activities, Swimming on Wednesdays & Fridays

5 days/week.....\$235 4 days/week.....\$200 3 days/week.....\$165 2 days/week.....\$124

HIRING EVENT

Committed to making a difference?

Then join

April 21, 12-3pm & May 6, 2-5pm

On the spot interviews!

We're hiring: Summer Camp & Event Staff, Lifeguards, Swim Instructors, **Wave Cafe Attendants, Service Desk Staff, & more!**

Benefits include: free membership, flexible hours 3 hours of free childcare per shift, uniforms, & more!

Apply online at Shoreviewcommunitycenter.com | 651.490.4700

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ADVENTURE QUEST SUMMER PLAYGROUND PROGRAM

June II - August 2 (no program July 4)

Join us for the journey of a lifetime this summer! Adventure Quest, our Summer Park Program, is filled with sports, crafts, games, songs, and other themed events. Our highly trained and energetic summer staff will be your child's summer adventure guide. Each week will unveil a new theme sure to keep your child interested and challenged this summer. Children will stretch their imaginations, keep physically active, and make new friends in Adventure Quest.

General Information:

Children are broken into age groups and activities are designed to be developmentally appropriate for each age group. Participants must be the designated age/grade by June 11, 2018. Consider attending both sessions for four fun-filled mornings per week.

TINY TREKKERS

Ages 3-5 (1:7 staff/child ratio)	
June 11 – August 2 No class July 4	9:00 A.M. – II:30 A.M.
Monday & Wednesday	\$105; \$98 Shoreview Resident
Sitzer Park	Activity # 370501-01
McCullough Park	Activity # 370501-02
Bucher Park	Activity # 370501-03
Wilson Park	Activity # 370501-04
Tuesday & Thursday	\$112; \$104 Shoreview Resident
Sitzer Park	Activity # 370502-01
McCullough Park	Activity # 370502-02
Bucher Park	Activity # 370502-03
Wilson Park	Activity # 370502-04



OUTDOOR GAMES

Ages 7-11Commons Pai	^K
Mondays, June 11 – July 30 1:00 P.M. – 3:00 P.N	۷.
\$52; \$47 Shoreview Resident Activity # 390514-0	H

Participate in an assortment of exciting sports. We'll play sand volleyball, ultimate frisbee, bocce ball, kickball, dodgeball, ladderball, bean bag toss, washer toss, and other sports. Class will start and end at the adult softball field.

TRAVELERS

Grades K-5 (2017-18 Scho	ol year; 1:15 staff/child ratio)
June 11 – August 2 No class July 4	9:00 A.M. – 11:30 A.M.
Monday & Wednesday	\$90; \$83 Shoreview Resident
Sitzer Park	Activity # 370503-01
McCullough Park	Activity # 370503-02
Bucher Park	Activity # 370503-03
Wilson Park	Activity # 370503-04
Tuesday & Thursday	\$96; \$88 Shoreview Resident
Sitzer Park	Activity # 370504-01
McCullough Park	Activity # 370504-02
Bucher Park	Activity # 370504-03
Wilson Park	Activity # 370504-04

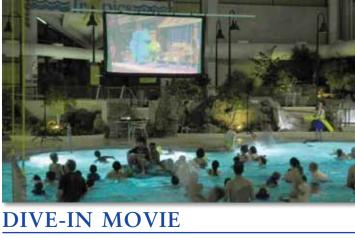
ADVENTURE QUEST LEADERS IN TRAINING

Entering grades 7 to 10

Join us for this exciting leadership program! We are looking for youth that will be entering 7th to 10th grade in the fall of 2018 that are interested in learning more about leadership and getting a chance to develop those leadership skills working with our Summer Playgrounds Program.

* Participants will be required to attend a mandatory training on Thursday, June 7 from 6:30 – 8:00 P.M. at the Shoreview Community Center. During this time, participants will meet with a program staff to determine park placement and dates to work with playground program. Weekly LIT meetings will take place on Wednesdays at noon at the Shoreview Community Center.

* Information on Adventure
Quest Academy Classes, Friday Funday
Classes, Friday Field Trips and Special Events
will be featured in our Summer Catalog.



Friday, March 2......7:00 P.M.

Shoreview Community Center

Join your friends and family at the Tropics Indoor Water Park inside the Shoreview Community Center for Dive-In Movie nights! Guests can float with water noodles (not provided), relax on giant sea creatures, or lounge on pool-side chairs and enjoy a popular family friendly movie. No need to register. The purchase of a daily pass on the day of the movie will be your ticket. Free for Community Center Members. Please note the hot tub will be closed during and after the movie. Movie titles will be posted at the Community Center or call 651.490.4750 for more information.

SPRING ROYAL TEA PARTY

Deadline to Register: Wednesday, April 18

Location: Shoreview Community Center

Join us at the Spring Royal Tea Party! Your afternoon will consist of crafts, a special appearance by a princess, storytelling, a temporary tattoo, and refreshments. Come in your favorite princess dress and don't forget your camera! Children must be accompanied by an adult. Pre-registration required. No Walk-ins Allowed. Ages 10 and under.





SHOREVIEW EGG HUNT

Location: Shoreview Community Center Soccer Field

Deadline to Register: Wednesday, March 21

Join the Bunny in an Old-Fashioned eggciting hunt for prized-filled eggs! Each participant will be given a Easter bag for the hunt! Space is limited. The Shoreview Egg Hunt is held outdoors. Please, dress for the weather.



SPRING COOKIE DECORATING

Shoreview Community Center

Deadline to Register: Friday, March 23

Come have fun and decorate a dozen spring cookies! Each child will get a dozen cookies and be provided with all the decorating supplies. Please bring a container to transport your beautiful cookies home! **Children must be accompanied by an adult.**



Registration is open for these summer sports leagues! DEADLINE IS APRIL 27

VOLUNTEER COACHES ARE NEEDED

Volunteer coaches are needed for all youth sports leagues. If you sign up to be a coach, your child's registration fee will be refunded at the end of the season (one child per team coached). Please complete the box on the registration form if you are interested in coaching. If you have any questions contact Program Supervisor at 651-490-4753.

T-BALL & BASEBALL LEAGUES

Grade levels based on 2017-18 school year (Must be 4 by June 1, 2018)

Games and practices last for one hour, starting at 6:00 P.M. or 7:15 P.M.

\$74; \$64 Shoreview Resident; \$20 late fee after April 27

Mini Sluggers (CoRec T-Ball), Ages 4-5

Tues & Thurs, May 31 – July 26...... Activity # 390101-01

Little Sluggers (CoRec Coach Pitch), Gr K-I

Tues & Thurs, May 31 – July 26......Activity # 390102-01

Sluggers (CoRec Machine Pitch), Grades 2-3

Mon & Wed, May 30 – July 25......Activity # 390102-02

This program is designed to introduce youth to the game of baseball. Each age level will include instructional practices and games. A pitching machine is used in the baseball leagues. Children will receive a team shirt and hat. Parents will be informed of team assignment and first practice details shortly after the May 23 coaches meeting.

COACHES MEETING: Wednesday, May 23, 6:30 P.M., Shoreview Community Center



SUMMER SOCCER LEAGUES

Grade levels based on 2018-19 school year (Must be age 4 by June 1, 2018)

Games and practices last for one hour, starting at 6:00 P.M. or 7:15 P.M.

\$74; \$64 Shoreview Resident; \$20 late fee after April 27.

Mini Mites CoRec, Ages 4-K

Mon & Wed, May 30 - July 25......Activity # 390201-01 Team schedule will vary throughout the season, meeting 1-2 times per week.

Mites CoRec, Grades I and 2

Mon & Wed, May 30 – July 25..... Activity # 390201-02

Squirts CoRec, Grades 3 and 4

PeeWee CoRec, Grades 5 and 6

Tues & Thurs, May 31 – July 26...... Activity # 390201-04

Our summer soccer leagues focus on learning the basic skills, fundamentals and rules of soccer through fun filled practices and games against other teams. Players receive a shirt and are required to wear shin guards. Parents will be informed of team assignment and first practice details shortly after the May 21 coaches meeting.

COACHES MEETINGS: Monday, May 21, 6:30 P.M.,

Shoreview Community Center

IMPORTANT YOUTH SPORT LEAGUE INFORMATION

- · You may request to be on a team with a friend, but that friend must request you as well. One special request per player, no chain requests will be allowed. All teammate requests must be submitted by the registration deadline. There is no guarantee that special friend requests can be honored.
- · No requests, roster changes, or refunds will be honored after the registration deadline.
- · A volunteer coach will contact you with your first practice time and location the week before practices begin. A detailed schedule for the whole season will be given out at the first practice.
- · Practices and games will be held at various parks in Shoreview or neighboring cities.
- Every effort is made to balance the number of boys and girls in our co-rec league, dependent on requests and registrations.

SPORTS UNLIMITED

Sports Unlimited Camps provide fundamental skill development for boys and girls with an emphasis on fun! The camps help players learn the core skills and techniques used in each sport and then allow them to practice these skills in a number of games and scrimmages. All campers receive quality instruction, water bottle and sportsmanship award. All equipment is provided unless noted below. **Registration deadline is one week before camp starts.**

Camp	Age	Date	Time	Location	Fee	Activity #
Lacrosse non-contact	5-12	June 18-21	9:00 A.M. – 12:00 P.M.	Shamrock Park	\$100; \$90 Shoreview Resident	390912-01
SNAG Golf Oversized Equipment Used	5-12	June 18-21	I:00 P.M. – 4:00 P.M.	Shamrock Park	\$100; \$90 Shoreview Resident	390912-02
Mini Sport Sampler Variety of Sports and Playground Games	4-8	June 25-28	9:00 A.M. – 12:00 P.M.	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	390912-03
Soccer	5-12	June 25-28	I:00 P.M. – 4:00 P.M.	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	390912-04
Disc Golf	8-14	July 9-12	I:00 P.M. – 4:00 P.M.	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	390912-05
Volleyball	5-12	July 9-12	9:00 A.M. – 12:00 P.M.	Turtle Lake School Gym	\$100; \$90 Shoreview Resident	390912-06
Cheerleading and Dance	4-8	July 16-19	9:00 A.M. – 12:00 P.M.	Turtle Lake School Gym	\$100; \$90 Shoreview Resident	390912-07
Floor Hockey	5-12	July 16-19	I:00 P.M4:00 P.M.	Turtle Lake School Gym	\$100; \$90 Shoreview Resident	390912-08
Ninja Warrior	5-12	July 23-26	10:00 A.M 12:00 P.M.	Perry Park (Arden Hills)	\$90; \$80 Shoreview Resident	390912-09
Basketball	5-12	July 23-26	I:00 P.M. – 4:00 PM	Turtle Lake School Gym	\$100; \$90 Shoreview Resident	390912-10
Flag Football	5-12	July 30 - August 2	9:00 A.M. – 12:00 P.M.	Perry Park (Arden Hills)	\$100; \$90 Shoreview Resident	390912-11



ELEMENTARY TRACK

On your mark, get set, have fun! Join your friends this spring in Elementary Track as we put fun in fitness. Participate in the high jump, 60-meter dash, relay events and much more! At the first practice a detailed schedule will be handed out with all the track practice and meet dates. Team shirts will be available for purchase from your track coach for a nominal fee. **Participants must register for the school they attend.**



SOCCER

Island Lake Elementary Gym

Mondays, April 16 - May 21Activity # 290401-01

Turtle Lake Elementary Gym

Wednesdays, April 18 - May 23.....**Activity # 290401-02**

Learn the fundamentals of the fun and exciting game of soccer. Kids will build on their skills each week by participating in a variety of drills and games.

BASEBALL

Island Lake Elementary Gym

Tuesdays, April 17 - May 22Activity # 290402-01

Turtle Lake Elementary Gym

Thursdays, April 19 - May 24......Activity # 290402-02

This is a perfect way to get ready for summer's most popular game! Learn the basic skills and techniques in a fun, supportive atmosphere! Skills will include catching, throwing,

fielding, hitting and much more! Sign up for this class today and get ready for a home run!



MINI KICKERS SOCCER CAMP

Ages 3 to 8......\$75; \$70 Shoreview Resident Saturdays, April 7 – May 12

Ages 6 to 8

9:00 A.M. – 9:45 A.M......**Activity# 290801-01**

Ages 3 to 5

Shoreview Community Center Gym

Come out and learn the fundamentals of little kids' soccer. This is a great class for learning the basic skills and sportsmanship of soccer. John Swallen, former goalkeeper for the Minnesota Thunder, will teach youth through a variety of fun soccer games.



SPRING TENNIS LESSONS

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels. Using USTA QuickStart tennis curriculum, instructors will help participants progress from basic skills through intermediate skills. Participants should bring their own racquet and water bottle. Sign up with a friend or family member. Meet other players, develop your skills, get some exercise – and, most of all, have fun! Tennis balls are provided. Weather cancellations will be made at the court by the instructor.

PRIVATE LESSONS

Individual Private Lessons (60 minutes)

Five lessons: \$180; \$170 Shoreview Resident

......Activity # 290602-01

Semi Private Lessons (60 minutes)

Personalized high-quality tennis instruction for players who want to improve their court game. This program offers one-on-one tennis instruction for the casual or avid tennis player. Our instructors will help you work on your ground strokes, serves, volleys, lobs, and smashes in an individual setting. Semi private lessons are for two participants of equivalent ability. Participants must enroll with a partner for semi-private lessons.

Please note: Our instructors have other job responsibilities outside of the individual tennis instruction. They come specifically to teach tennis to individuals. For this reason, please note that notice of any cancellation must be given 24 hours in advance, or you will forfeit the session.



GROUP LESSONS

Saturdays, April 21 – June 2 (no class May 26) If necessary, make-up lessons held June 9 and 16.

Youth Group Lessons: \$70; \$60 Shoreview Resident Wilson Park, 815 County Road F

Pee Wees

9:00 A.M. – 9:45 A.M......**Activity # 290606-01**

Beginners

10:00 A.M. – 10:55 A.M. Activity # 290607-01

Advanced Beginners

Intermediate

PeeWees

Ages 5 to 7

Peewees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

Beginners

Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.

Advanced Beginners

Ages 9 to 11

Perfect for the player who has taken lessons, but needs stroke and technique improvement. Instruction focuses on stroke consistency and introduces new strokes.

Intermediate

Ages II to 14

For youth with dependable strokes who have completed advanced beginner class. Instruction will focus on court coverage, game strategy, stroke use and much more.

50

LEISER'S GREEN WHITE BOYS BASKETBALL CAMP

Grades 6-9 (2017-18 school year)

Tuesdays, March 20 & 27

Location: Island Lake School

 Grades 6-7
 6:00 P.M. – 7:30 P.M.

 \$20 per participant
 Activity #290907-01

 Grades 8-9
 7:30 P.M. – 9:00 P.M.

 \$20 per participant
 Activity #290907-02

Please join local boys basketball coach Dave Leiser for these fast-paced basketball camps. Players will learn the basic fundamentals of basketball to be a successful high school player. Please bring a basketball to camp.





51

ADULT SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

Program Information

Softballs and umpires are provided for all games. Summer league game times are 6 and 7 P.M. (some 8 P.M. and 9 P.M. games in combined leagues). Leagues consist of 20 doubleheader games and a season ending single elimination playoff. League fees include USSSA Sanctioning fees and sales tax. All leagues run in collaboration with Adren Hills Parks and Recreation. **Registration deadline is March 30.**

Softball League Descriptions

Men's Recreation E: Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

Men's Recreation D: Better teams. Many of the players hit well. Team capable of scoring many runs. Three home runs per team.

CoRec D: Average teams. Teams have players with broad range of ability levels. Three home runs per team. CoRec leagues use an II-inch softball for women and a I2-inch softball for men.

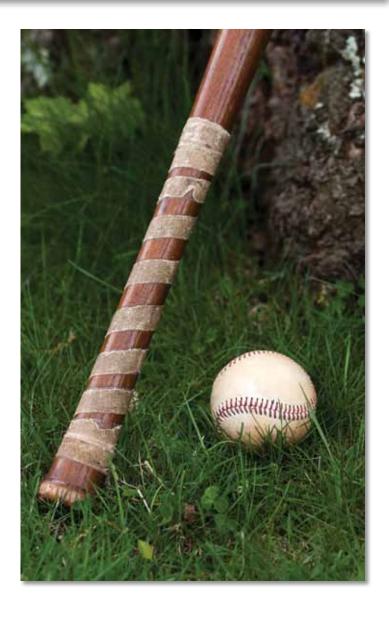
Managers Meeting

This meeting is required for all teams registered in Shoreview's leagues. Schedules, rules, information and game balls will be handed out.

Thursday, April 12.....6:00 P.M. Shoreview Community Center

Adult Softball League Information

_	_	Start	_		y Bird	
League	Day	Date	Games	by 3/2	after 3/2	Activity #
CoRec D	Mon	4/23	20 Games: Doubleheaders	\$700	\$750	220801-01
Men's E	Tue	4/24	& Playoffs 20 Games: Doubleheaders	\$660	\$710	220801-02
CoRec D	Thu	4/26	& Playoffs 20 Games: Doubleheaders & Playoffs	\$700	\$750	220801-04







DROP-IN PICKLEBALL

Ages 18 and up

Monday - Friday......8:30 A.M. - 11:00 A.M. October 2 - April 27.....\$3, I punch or free to members Closed Nov. 23 & 24, Dec. 25, Jan. 15, Feb. 19 Shoreview Community Center Gymnasium (4 courts)

4580 Victoria St. N.

Oct. 4 – April 25\$3 per person or 1 punch

Closed Nov. 22

Island Lake School Gym (6 courts)

3555 Victoria St. N.

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about as current players will teach you all about the fastest growing sport in America. We have the equipment, just drop by.

DROP-IN PICKLEBALL PUNCH CARD......\$30

Available for purchase at the Parks & Recreation Office

Monday- Friday...... 8:00 A.M. - 4:30 P.M. 651.490.4750

Punch card is good for both Drop-In locations.

SHOREVIEW AREA PICKLEBALL CLUB

We're happy to welcome you to the fastest growing sport for adults in the Country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Membership is good for 2018 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.

Bobby Theisen Park (6 dedicated pickleball courts)

*Monday – Friday	8:00 A.M. – II:00 A.M.
*For experienced players	

**Tuesday, Thursday & Sunday 6:00 P.M. - 8:00 P.M.

**For all skill level players

Commons Park (6 courts striped on tennis courts)

***Monday, Wednesday & Friday8:30 A.M. - II:00 A.M. ***For beginner and social players

FREE ACTIVITIES AT THE **COMMUNITY CENTER**

500

Mondays at 12:30 P.M. Activity #500603-01 No partners required No cards March 5, 12, 19, and June 4

Bingo

One Wednesday monthly at 1:00 P.M. Activity #500605-01 \$0.25 per card (no min/max cards) Feb. 28, March 28, April 25, and May 30



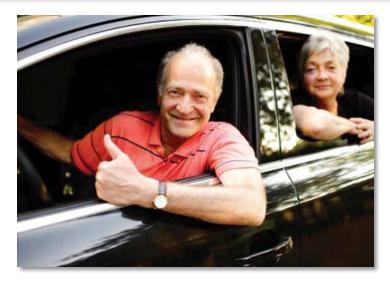
SENIORFIT

The Shoreview Community Center is dedicated to helping seniors stay active and fit. SeniorFIT group exercise classes offer you the best opportunity to stay on track toward your health and fitness goals. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. Any participant may register for these classes, however, these classes are only free to individuals with an annual senior membership. Please see page 37 for SeniorFIT classes.

SILVER & FIT® MEMBERSHIPS

Check with your health insurance provider to see if you qualify for a Silver&Fit® membership! These memberships include free admission* to the Community Center (*admin fee may apply); membership does not include SeniorFIT group fitness classes. Join us for an information social the first Tuesday of each month, 9 A.M. -10 A.M., in the Fireside Lounge.





AARP SMART DRIVER COURSE

An auto insurance discount can be obtained by those ages 55 and over who complete an introductory 8 hour Smart Driver course. A 4 hour refresher course is needed every three years thereafter. AARP members are eligible for a discounted rate, however, your membership number must be provided at the time of registration. Payment must be made at the time of registration. Please bring your current driver's license with you to the class. Seminars are taught by AARP trained volunteers. Registration deadline is 3 days prior to the class. This rate includes a Shoreview administration fee.

2018 Courses

4 Hour Refresher Day Cour AARP Member Rate: \$24; Non-	
Tuesday, March 27	
Tuesday, April 10	Activity # 250201-03
Tuesday, May 8	Activity # 250201-05
4 Hour Refresher Evening C AARP Member Rate: \$24; Non-	
	Member Rate: \$29
AARP Member Rate: \$24; Non-	Member Rate: \$29 Activity # 250201-02

8 Hour Courses

AARP Member Rate: \$26; Non-N	1ember Rate: \$31
Monday, February 26 and Tuesda	ıy, February 27
9:00 A.M. – I:00 P.M	Activity # 150204-01
Tuesday, April 3 and Thursday, A	April 5
5:30 P.M. – 9:30 P.M.	Activity # 250201-07

AARP TAX AIDE

Income Tax Aide	Activity # 100601
Wednesday, February 7 – April II	9:00 A.M. – I:00 P.M.
Property Tax Aide	Activity # 100602

Shoreview Community Center

AARP's Tax Aide volunteers will provide FREE tax assistance to seniors and low income taxpayers. The trained volunteers can complete basic tax forms and answer your tax questions. Bring your current tax records, last year's tax return, Social Security Card and Picture ID. Income tax aid appointments are approximately 1-hour and property taxes are approximately 30-minutes. Please visit our website at www. shoreviewcommunitycenter.com or call 651-490-4750 to make an appointment. Appointments are necessary and will be reserved on a first come, first serve basis as space is limited.

If you are interested in volunteering as a member of the AARP Tax team contact District Coordinator, Tom Leiser at 651-483-5162. No experience necessary, and an extensive IRS approved training program is provided.



BINGO & BANANA SPLITS

Deadline to Register: Monday, March 12

Location: Shoreview Community Center

Shake off the winter blues with banana splits and bingo! Join us for a great afternoon of fun! We will have lots of prizes to give away and a lucky winner will walk away with a gift card! (Price includes treats, prizes & Bingo)

BOOKS & BINGO

Tuesday, April 17	. I:30 P.M.	− 3:00 P.M.
\$7; \$6 Shoreview Resident	ctivity #	100301-01

Deadline to Register: Friday, April 13

Location: Shoreview Community Center

Join us for a great afternoon of fun! Enjoy a special treat and bingo! We will have lots of prizes to give away and a lucky winner will walk away with a gift card! (Price includes treats, prizes & Bingo)

DESSERT & BINGO

Thursday, May 17	I:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident	Activity # 200305-01

Deadline to Register: Monday, May 14

Location: Shoreview Community Center

Come spend the afternoon playing bingo and enjoying some afternoon dessert! We will have lots of prizes to give away and a lucky winner will walk away with a gift card! Price includes treats, prizes & Bingo)

SOCIAL MEDIA: STEP-BY-STEP ON THE BASICS

\$15; \$20 Shoreview Resident

Location: Shoreview Community Center

Learn the basics of navigating Social Media platforms. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, Laptops or smart phones are welcome to bring to class. User must have knowledge on their own device. Media devices are not necessary. Register by the Friday before the scheduled class date.

Pintrest	Activity # 100202-03
Thursday, March 22	
Instagram	Activity # 100202-04
Thursday, April 12	I:30 P.M. – 2:30 P.M.

COFFEE & CRAFTING

Monday, February 26	I:30 P.M. – 3:00 P.M.
\$20; \$15 Shoreview Resident	Activity # 100511-02

Deadline to Register: Friday, February 23

Monday, March 26	I:30 P.M	1. – 3:00 P.M
\$20; \$15 Shoreview Resident	Activity #	# 100511-03

Deadline to Register: Friday, March 23

Location: Shoreview Community Center

Enjoy good company and coffee while having fun creating our pinterest craft! We will choose fun and easy craft and provide all of the supplies! You get to be creative and take home a seasonal craft project!

KNITTING

Wednesdays, April 4 - May 9	6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident	Activity # 200202-01

Deadline to Register: Wednesday, March 28

Location: Shoreview Community Center

Come learn the basic knitting techniques and how to read patterns. Also you will learn the correct way to hold the needles, count stitches, and pick up dropped stitches. Please bring a small scissors and zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$20.00 the first night. Please, do not bring your own materials.

CROCHETING

Thursdays, April 5 -	May 10	. 6:00 P.M. – 8:00 P.M.
\$40: \$35 Shoreview	Resident	ctivity # 200201-01

Deadline to Register: Thursday, March 29

Location: Shoreview Community Center

Come learn the basic crocheting techniques and how to read patterns. Also, you will learn the correct way to hold the hook and count stitches. Please bring a small scissors and a zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$10.00 the first night. Please, do not bring your own materials.







SPRING TEA

Wednesday, May 9......1:30 P.M. \$16; \$14 Shoreview Resident...... Activity # 200509-01

Deadline to Register: Friday, May 4

Location: Shoreview Community Center

It's time for the annual spring tea. Dress in your fanciest attire and wear your favorite spring hat. Bring a teacup and pot if you have one to share. We will serve a variety of teas and many delicate appetizers. Pre-registration is required. No Walk-in registrations allowed.





WEDNESDAY, MAY 16, 2018 · 10 A.M. - 12 P.M.

Join us for the Active Life Fair at the beautiful Shoreview Community Center! The Active Life Fair is a FREE resource fair for adults 55+ and their caretakers. You will have the opportunity to gather information regarding local programs and services about health, fitness and wellness opportunities to improve your quality of life.

YOUR SPECIAL DAY INCLUDES:

Senior Housing Facilities | Hearing Checks Membership Info. | SeniorFIT Classes Area Agencies of Aging | Computer Info. Balance Screens | Retirement Planning

NEW:

20 Minute seminars will be taking place at the event! Seminar schedule will be available closer to the event date. Visit our website at Shoreviewcommunitycenter.com for more information.



IPAD WORKSHOP - I

Deadline to Register: Tuesday, March 27

Location: Shoreview Community Center

This two hour introductory workshop covers some of the most common & basic usage of iPad use. We become familiar with smart device interface, buttons, ports, status bar, accessories, important iPad concept, its use in our society, sound settings, simple Apps management, Airplane mode, Wi-Fi and Hotspot network search, security, and internet connection, light web browsing, security awareness, camera use, photos, video & share, clock, alarm, stop watch, world clock settings, and finally answer a few questions you may have. We also look at outside resources to help you learn more about iPad use. Class taught by "Raythecomputerguy". Prerequisite: Must be familiar with iPad and some web browsing.

IPAD WORKSHOP - II

Deadline to Register: Tuesday, April 3

Location: Shoreview Community Center

This two hour workshop is a continuation of Workshop-I session. It covers more of the most common basic usage of iPad features. We briefly review workshop-I material and dive right into more in-depth use of smart device features and functionalities. We will explore more iPad settings, camera use, photo, video & share, notifications, wallpaper, sounds, internet access and web browsing, map and directions, media access, download and launch Apps like weather App, remove unwanted Apps and delete background running web pages, keyboard, language, and finally answer a few questions you may have. We also look at outside resources to help us learn more about iPad use. Class taught by "Raythecomputerguy". Prerequisite: Completed iPad Workshop-I session, or be familiar with iPad use.



SMARTPHONE WORKSHOP - I

Deadline to Register: Tuesday, April 24

Location: Shoreview Community Center

This two hour introductory workshop covers some of the most common & basic usage of a smartphone. We become familiar with smart device interface, buttons, ports, status bar, accessories, important cellphone concept, its use in our society, call, voice, and text messaging, Emergency SOS, sound settings, simple Apps management, Airplane mode, Wi-Fi and Hotspot network search, security, and internet connection, light web browsing, security awareness, camera use, photos, video & share via texting, clock, alarm, stop watch, and world clock settings, and finally answer a few questions you may have. We also look at outside resources to help you learn more about smartphone use. Class taught by "Raythecomputerguy". Prerequisite: Must be familiar with smartphone and know how to call or answer phone.

SMARTPHONE WORKSHOP – II

Deadline to Register: Tuesday, May I

Location: Shoreview Community Center

This two hour workshop is a continuation of Workshop-I session. It covers more of the most common basic usage of a smartphone features. We briefly review workshop-I material and dive right into more in-depth use of smart device features and functionalities. We will explore more smartphone settings, camera use, photos, video & share via texting, notifications, wallpaper, sounds, internet access and web browsing, map and directions, media access, download and launch Apps like weather App, remove unwanted Apps and delete background running web pages, keyboard, language, and finally answer a few questions you may have. We also look at outside resources to help us learn more about smartphone use. Class taught by "Raythecomputerguy". Prerequisite: Completed Smartphone Workshop-I session, or be familiar with Smartphone use.

STREAMING WORKSHOP

Deadline to Register: Tuesday, May 15

Location: Shoreview Community Center

This workshop covers how to connect to the internet, browse the web, research, purchase, download and install different apps that allow you to stream music and movies. It also covers some of the pros and cons of the different apps available. Class taught by "Raythecomputerguy". Prerequisite: To be familiar with Online Browsing, shopping, and security awareness.

Jobs that Fit Your Lifestyle!



Part-time > Flexible Hours > Fun People

Adventure Quest Playground Instructors: Lead pre-school & elementary age children in Summer playground program including sports, crafts, games, storytelling, songs & special events. Experience working with children and elementary course work desired. June-Aug. Daytime hrs. \$9.75-11/hr. Must commit for entire summer.

Fitness Instructors: All formats including cardio-kick, cycling, kettle bells, ballet fitness, strength training, water exercise, yoga, pilates, and dance-based fitness classes. Certification required. Morning, afternoon, evening and weekend hours available. \$24/class.

Guest Service/Memberships: Introduce potential members to facility, features and membership benefits; retain members through follow-up calls and direct mail; provide rental information; operate in lead capacity at our Service Desk; troubleshoot guest issues and concerns; operate cash register and computer. \$11.25-12.25/hr.

Gymnastics Instructors: Teach beginning to intermediate level classes. Previous teaching, gymnastics experience and knowledge are preferred \$10.25-11.50/hr. Saturday hrs avail.

Lifeguards: Lifeguard in a tropical paradise at our indoor pool. Ensure the safety of pool guests by preventing and responding to emergencies. No exp required. Training is provided for Ellis Certification. Lifeguards needed for morning, afternoon, weekend and evening hours. \$10.75-12.50/hr. School year M-F daytime (5am-4pm) \$12/hr.

Manager On Duty: Coordinate day-to-day activities in the Community Center, supervise staff, assist guests, follow safety/security procedures. Minimum qualifications include I yr customer service exp, 6 months supervisory experience, HS diploma or equivalent, ability to lift/move 50 lbs., CPR & First Aid certifications preferred. \$14.75-16.75/hr.

Personal Trainers: We emphasize helping people meet their fitness goals. Generate client base and provide one-on-one personalized fitness consultations, education, and motivation to clients. Design safe, effective workouts and work on general health, sports specific conditioning, and general fitness. Nat'l training certif required. \$19-23/hr.

Seasonal Maintenance Workers: Parks, Streets and Utilities are hiring full-time summer help to perform general labor such as landscape and grounds care, street maintenance and repairs, and/or water/sewer maintenance. Must have HS diploma or GED, be 18+ years of age, able to lift/move 50-100 lbs. \$11.50-13.50/hr.

Service Desk: Work in a fast-paced environment assisting guests on the phone and in-person, operate cash register and reconcile cash, enter memberships into computer, handle a variety of information, assist with concessions when needed. \$10.25-11.25/hr.

Summer Discovery Coordinator: Oversee summer child care program. Duties include program development, staff supervision, communication with parents. Previous childcare or youth instruction experience required. Background in elementary education and supervisory exp pref. Weekdays, M-F. Hours vary between 6:00 am-6:30 pm. May-Aug. \$13.50-15/hr. Must commit for entire summer.

Summer Discovery Instructors: Supervise and care for children grades Pre K-8th grade in full-day childcare. Plan and implement program activities ranging from arts & crafts to sports instruction and field trips. Weekdays, M-F. Hours vary between 6:15am-6:15pm. Mid-May-Aug. \$10.50-12.50/hr. Must commit for entire summer.

Special Event Staff: We're looking for creative people to work our special events, such as Kids Garage Sale, Halloween Hoopla, New Years Eve Party, Egg Hunt, etc. Duties include decorating and clean up. Hours vary for each event. I-2 events held per month. \$9.75-10.75/hour.

Sports Instructors: Instruct elementary age children in a variety of sports including t-ball, floor hockey, soccer, kickball, flag football, and basketball. A general sports background/knowledge and a desire to teach children basic sports skills required. Weekday afternoons approximately 3:15-5:40pm. 5 hrs/wk. April-May. \$10.50-13.50/hr.

Swimming Instructors (we will train): Instructors needed for morning and early evening lessons at the Community Center pool. \$10.25-13.50/class (35 min. classes).

Tennis Instructors: Instruct youth & adults in beginning through advanced tennis classes. Previous teaching experience along with playing experience desired. Weekday mornings & evenings, April-August. \$14-16/hr. DOQ

Wave Cafe: Prepare food orders, operate cash register, maintain a clean work area, stock supplies, clean tables and help keep the lobby area neat. Daytime (school year): \$10.75-11.75/hr. Eves/weekends/summer: \$9.75-10.75/hr.

Youth Soccer Officials: Officiate soccer league games for children. Knowledge of soccer rules, previous officiating experience desired. Soccer playing exp preferred & good interpersonal skills. Must be age 16 or older. June-July weekday evenings and Saturday mornings; \$15-25/game.



Apply at: shoreviewmn.gov Shoreview Parks & Recreation 4580 North Victoria Street, Shoreview MN 651-490-4750. Equal Opportunity Employer







MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7431.

FOOD SHELF DONATIONS

The Community Center is a year-round drop-off site for the Ralph Reeder Food Shelf. When you pack your gym bag, include a non-perishable food item to contribute to the food shelf. Look for the green bins. Thank you!

NORTHEAST YOUTH AND FAMILY SERVICES

Northeast Youth and Family Services, a non-profit social service agency based in Shoreview, serves residents of the northern suburbs. Services include mental health counseling for youth and adults, employment programs for at-risk youth, parenting support groups, and chore services for seniors. For a full listing of programs and services, please visit our web site at www.nyfs.org or call us at 651.486.3808.

SENIOR CHORE SERVICE

Need assistance with household chores? Students ages 12 to 17 are available to assist with mowing, snow shoveling, housecleaning and other projects on a one-time, weekly or monthly basis. Rates are affordable and financial assistance is available to eligible seniors to offset the cost. Call Debbie at 651.379.3451 to arrange for chore service.



ATHLETIC ASSOCIATIONS

Irondale Baseball League www.iblbaseball.com

Irondale Girls Fastpitch Association www.knightsfastpitch.org

Mounds View Youth Wrestling www.moundsviewwrestling.com

Mounds View Basketball Association www.moundsviewbasketball.com

Mounds View Area Youth Lacrosse
Association

www.mvaylax.org

Mounds View Softball Association www.moundsview.softballsystems.com

Mounds View/Irondale
Youth Hockey Association
www.moundsview.pucksystems2.com

Mounds View Youth Football League www.moundsviewyouthfootball.org

North Suburban Aquatic Club www.nsmakos.org

North Suburban Soccer Association www.nssasoccer.org

Roseville Area Youth Hockey www.rosevillehockey.org

Shoreview Area Youth Baseball www.sayb.org

Shoreview Recreation Areas Web Page: www.shoreviewmn.gov	Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Indoor Pickleball Courts	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Skating, Speed	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball	Circuit Training
Bobby Theisen Park 3575 Vivian Ave.	15		1	0		W.	\sim		6			$\hat{\Box}$	S.		1		2		
Bucher Park 5900 Mackubin Street	25	2	1	0		de la company de	\sim			TE T		\bigcirc	S.		1		2		4
Lake Judy Park 900 Tiller Lane	5		1/2				\sim			PED		\Box							
McCullough Park 915 County Rd I	75	2	1	0		de.	\sim			With grill		$\hat{\Box}$	S.		1		2		
Ponds Park 190 Sherwood Road	1						\sim			Table only									
Rice Creek Fields 5880 Rice Creek Parkway	10	4					\sim					\bigcirc							
Shamrock Park 5623 Snelling Ave.	23	2	1	0		de la company de	\sim			With grill			á.		1		2		
Shoreview Commons and Community Center 4580 North Victoria	40	2	1	0		A.	\sim	4	2	With grill		\bigcirc	<u>s</u>	الأ	1	>	2		
Sitzer Park 4344 Hodgson Road	8	2	1			d.	\sim			With grill			á.				2		
Wilson Park 815 County Road F	13	2	1			W.	\sim			Tables Only With grill		\bigcirc	\$				2		

The following are operated by Ramsey County Parks. 651-748-2500 www.co.Ramsey.mn.us	Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
Island Lake County Park 3611 Victoria Street	167	4		•(9		चिह्निच			
Lake Owasso County Park 370 N. Owasso Blvd.	9	4		(THE STATE OF		û	×
Shoreview Ice Arena 877 Highway 96 (Hockey only)						W.						
Snail Lake Regional Park 580 Snail Lake Blvd.	400	4	1	•	*			\sim	TE C			3 2
Turtle Lake County Park 4979 Hodgson Road	9	4		•(THE C			3

For detailed park info and maps, visit www.GoRamsey.org

SWEETROLL SKATE PARK

The SweetRoll is a tier-one skating facility, located on the north side of the Shoreview Community Center, 4580 Victoria Street North, adjacent to the paved trail that runs under Highway 96. This allows access to the SweetRoll via the City of Shoreview's 41 miles of paved trails. The attractions include a wedge, a spine, a fun box, a quarter pipe, grind rails, and a mini ramp. The Skate Park will be open for inline skaters and skateboarders during the times listed below.

Park Hours Hours subject to change.

Monday-Friday

3:30 - 8:00 P.M. School Year

9:00 A.M. - 8:30 P.M. Summer

Saturday

9:00 A.M. - 7:30 P.M. School Year

9:00 A.M. - 8:30 P.M. Summer

Sunday

9:00 A.M. - 5:30 P.M. School Year & Summer



Program Registration Form

Shoreview Parks & Recreation Dept. | 4580 Victoria Street North | Shoreview, MN 55126 Phone: 651.490.4750 | Fax: 651.490.4797 | Web: www.shoreviewcommunitycenter.com

Please fill out the form below completely. An incomplete form may delay your registration. If you prefer, you may register online at: https://registration.shoreviewmn.com. LAST NAME (PRIMARY) FIRST NAME (PRIMARY) HOME PHONE (AREA CODE) ADDRESS CITY CELL PHONE (AREA CODE) E-MAIL ADDRESS **EMERGENCY CONTACT** Participants Last Name/First M/F **Birthdate Activity Number Activity Name** Activity Day/Time Are you a Silver & Fit® member? Yes No Total Amount Enclosed \$ Are you a Community Center Annual member? Yes No YOUTH SPORTS LEAGUES (Please fill out completely) If you are registering in person, do not write your credit card information on this form Special requests for teammates are NOT guaranteed and are limited to ONE If paying by credit card please circle type REQUEST PER PLAYER. Group and/or chain requests will not be honored. **PAYMENT TYPE** The City encourages players to make new friends and develop social skills. If you sign up as a head coach, your child's registration will be reimbursed □ Cash □ Check # ___ □ Credit Card after the season is completed. Checks Payable to "City of Shoreview" School child attends: Grade (2018-2019 school year): Card # _ Exp. Date Child shirt size: Youth / Adult XL Zip Code _____ CVV Code_ _ Signature _ Teammate request name: _ ☐ Billing address is different from above (Please include billing address) I would like to coach: Y N shirt size: S M L XL XXL Coach Name: Special Needs/ Allergies/ Etc: WAIVER AND PERMISSION: In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number), is considered private data and not giving the information may

limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.

Signature:	Date:				
Your signature indicates you have read the registration information and understand all information relevant to your program choice.					

Spring Registration Schedule Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Tuesday, March 6 at 8 A.M.

Annual Community Center Member Registration

Begins Thursday, March 8 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, March 9 at 8 A.M.

Phone Registration

Begins Monday, March 12 at 8 A.M.

How to Register:

- I. On-line at www.shoreviewcommunitycenter.com
- Mail in to: Shoreview Parks and Recreation 4580 Victoria St N Shoreview, MN 55126
- 3. Fax to 651.490.4797 (credit card payment only)
- 4. Drop-off at our office, Community Center Service Desk, or City Hall drop box
- 5. In-person during normal business hours: M-F, 8 A.M. 4:30 P.M.
- 6. Over the phone after March 12

Registering on-line is easy!

- Go to www.shoreviewcommunitycenter.com and click "Member Login".
- 2. Login with your user name and password
 - If you have never used our system before, you may create an account on-line. Please allow one business day to receive your username and password. We strongly encourage setting up your account <u>prior</u> to registration day.
 - If you are unsure of your user name or password and you do not have an email address on file with us, contact us at 651.490.4750.
- 3. Click on "Browse Activities" or "Activity Type"
- 4. Search for a program
- 5. Click the green "+" button and "add to cart" located at the bottom of the screen. You can enroll in multiple classes or register multiple participants at a time.
- 6. Continue shopping or proceed to check out.

Register Early!

Space is limited in most activities.

Registration Information

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

- I. Drop-off points include:
 - a. The Parks and Recreation Reception Desk, Monday through Friday, 8:00 A.M. to 4:30 P.M.;
 - b. The Shoreview Community Center Service Desk,
 - c. The after-hours payment box, to left of front door of City Hall.
- Occasionally, activities are filled. To help continue the immediate processing of your enrollment, please indicate a second choice. If your first choice is full, we will call or email you confirming enrollment in your second choice.
- 3. A resident is defined as an individual whose legal residential address is within the City of Shoreview.
- 4. Activity fees may not be pro-rated.
- 5. Make all checks payable to the City of Shoreview. Visa, MasterCard, AMEX, and Discover are accepted.
- 6. Registrations will be processed at the Parks and Recreation desk from 8 A.M. to 4:30 P.M. Participants are notified if classes are filled or canceled. If a class is canceled due to insufficient registration, a refund check will be mailed to you. Confirmations will be issued only by e-mail. You can view your class confirmation information on-line. On-line registrations receive a higher priority than registrations that are in-person, mailed, faxed, or dropped off.
- The City of Shoreview supports participation by persons with disabilities. Please include information about any accommodations you need.
- 8. Refunds may be issued when requested 5 working days before the activity or class begins unless otherwise noted in the class description. A service charge of \$5 will be deducted from refunds for classes priced up to \$100. A service charge of \$10 will be deducted from refunds for classes priced over \$100.
- 9. Financial aid for qualifying residents with financial limitations is available for certain programs.
- 10. Voice/TDD: 651.490.4750.
- I I. Periodically, the City of Shoreview will take pictures or videotapes of participants while they are engaged in programs, activities, or special events or while enjoying parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, on local cable television, and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.

SUMMER PREVIEW

Shoreview Parks and Recreation offers a wide variety of Summer programs for you and your family. Check your mailbox for the Summer Shoreviews late April!



ADVENTURE QUEST ACADEMY

June 11 - August 3 (no program July 4) We will trek through the Summer exploring our parks through sports, crafts, games, and other special events.

Adventure Quest Carnival - July 13
Come one, come all, join us for a carnival!
We host this annual carnival for all to enjoy!

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SPECIAL EVENTS

Wet and Wild Waterslide
June 22 & July 20........... 12:30 - 2:30 P.M.
Join us on select Friday afternoons at
Commons Park and slip down our giant
waterslide!

Friday Fundays & Field Trips Adventure out with us this Summer on Fridays for field trips and theme days as we visit hot spots of the Twin Cities.

Puppet Wagon The puppet wagon will be performing at various parks throughout the Summer. Look for more information in the Summer Shoreviews.

CONCERT IN THE COMMONS

June 13 - August 15......7:00 P.M. Come join us Wednesday nights at the Haffeman Pavilion as we celebrate with a Summer full of music for the whole family! Bring your blanket and a picnic dinner!

SHOREVIEW FARMERS' MARKET

Tuesday Afternoons
June 5 - Sept. 4.............3:00 - 7:00 P.M.
Sept. 11 - October 23......3:00 - 6:00 P.M.
Now accepting vendor applications!
To receive an application for our
Summer market contact Stephanie at
651.490.4734, sschutta@shoreviewmn.gov
or download an application at our
website: shoreviewcommunitycenter.com

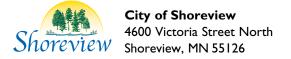
KIDZCONCERTS IN THE COMMONS- NEW!

SUMMER CAMPS

We have the Summer camp for your child! These camps are instructed by experienced coaches, teachers, and highly trained instructors. Your child will expand their knowledge, practice skills, and have a great time! Camps include volleyball, basketball, soccer, bowling, SNAG golf, flag football, and more!

Questions? Contact us:

www.ShoreviewCommunityCenter.com | 651.490.4750



Feeling frozen?

