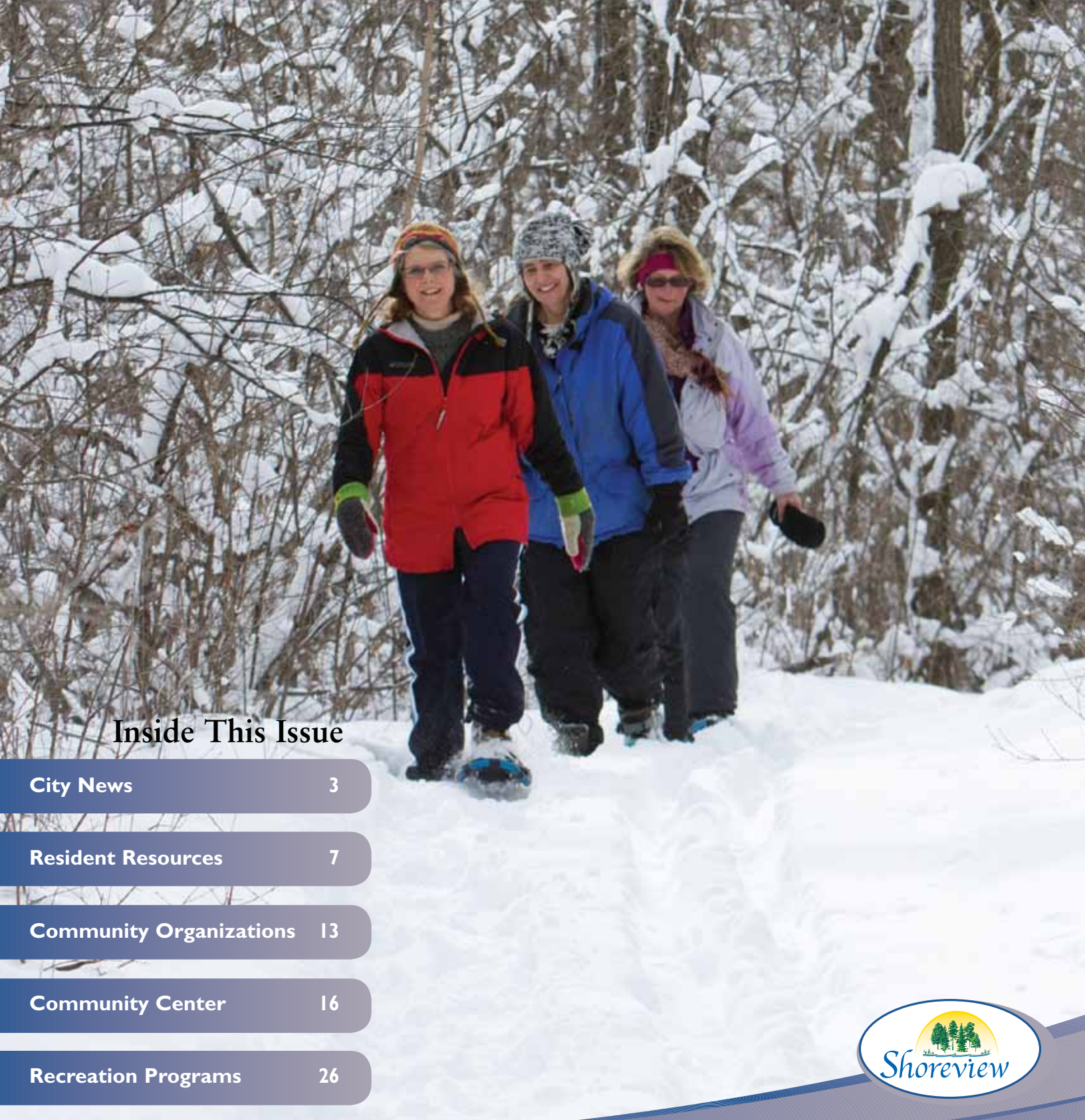


SHOREVIEWS

2017-18 Winter Recreation Catalog



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City Hall	651.490.4600
Community Center	651.490.4700
Parks and Recreation	651.490.4750
Building Permits	651.490.4690
Code Enforcement	651.490.4687
Forestry	651.490.4650
Human Resources	651.490.4619
Planning and Zoning	651.490.4680
Recycling	651.490.4650
Sewer & Water Maint/Svcs	651.490.4661
Streets	651.490.4671
Utility Billing	651.490.4630

Police
 Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwood Drive, Arden Hills, MN 55112.
 For non-emergencies call 651.484.3366
 For emergencies call 911

Fire
 Fire protection is provided by the Lake Johanna Fire Department.
 For emergencies call 911 Dispatch
 Non-emergency 651.767.0640

City Officials
Sandy Martin, Mayor
 444 Lake Wabasso Court
 Office: 651.490.4618
 smartin@shoreviewmn.gov

Emy Johnson, Council Member
 4700 Lorinda Drive
 Cell: 763.443.5218
 ejohnson@shoreviewmn.gov

Terry Quigley, Council Member
 1212 Silverthorn Court
 Home: 651.484.5418
 tqigley@shoreviewmn.gov

Sue Denkinger, Council Member
 4494 Chatsworth Street
 Home: 651.490.3166
 sdenkinger@shoreviewmn.gov

Cory Springhorn, Council Member
 173 Dennison Ave.
 Cell: 651.403.3422
 cspringhorn@shoreviewmn.gov

Terry Schwerm, City Manager
 Office: 651.490.4611
 tschwerm@shoreviewmn.gov

Access Shoreview
 Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at www.shoreviewmn.gov.

SHOREVIEW WINTER FUN!

Indoor Farmers' Market Returns!

Beat the cold and join us inside the Shoreview Community Center for our second year of this event, where vendors offer a variety of baked goods, produce, salsa, jams and more.

Tuesdays, 3 P.M. – 6 P.M.
in the Community Room
 November 7 December 5
 November 21 December 19



Happy Holiday Happenings

Saturday, December 9

Kids' Holiday Shopping Spree
9 A.M. to 12 P.M.

If your kids are looking for gifts for family members and friends this season, bring them for some quick, inexpensive shopping. Park and Recreation Staff and volunteers will assist them with making purchases and wrapping gifts, while you sit back and relax in the Fireside Lounge. No registration needed!



Santa's Workshop
9 to 10 A.M. - or - 10:30 to 11:30 A.M.

Come spend the morning with Santa at his workshop and enjoy a continental breakfast, a craft, and time visiting him! Each session is limited to 30 kids. Children must be accompanied by an adult. Pre-registration required by Monday, Dec. 4.

New Year's Eve Party

Shoreview Community Center
Sunday, December 31st, 5:00 P.M. to 8 P.M.
Balloon drop at 7:45 P.M.

Ring in the New Year at the Shoreview Community Center!
 See the inside back cover for more details.



Community Center Expansion

The Community Center expansion is underway! After several months of planning and designing, the City Council approved the construction contracts for the expansion project at their October 2, 2017 meeting and construction started on October 23rd. This expansion project will enhance the Community Center's appeal to the community and create exciting new spaces for activities and programs. The project includes two distinct expansion areas, including an expansion of the Tropics Indoor Waterpark and a major two story addition adjacent to the gymnasium. The project is expected to be completed in August 2018.

During the project, the City will continue normal operations of the Community Center. Although the City will be working with the project construction manager to minimize disruptions during the project, there will be a few closures in the spring. The current time frame for these closures is:

- **Tropics Indoor Waterpark and Pool Locker Rooms** – Expected to close the beginning of April. The existing Waterpark will reopen in early June, while the new expanded area will open in August. The improvement to this area includes completing the interior connection to the 7,000 square foot expansion to the Waterpark that will include a new zero depth shallow water splash pool and major aquatic play structure. Additionally, the men's and women's locker rooms will be renovated and the number of family changing rooms will be increased from two to seven.



- **Wave Cafe** – Construction in this area will be taking place beginning in April. The Café will remain open during construction. This area is being remodeled and expanded to include new booths adjacent to the gym.
- **Tropical Adventure Indoor Playground** – Expected to close the beginning of June and reopen in July. In addition to creating a new entrance into the playground, the playground area will be doubled in size with more play features, a greatly improved toddler area, and improved seating area for adults.

At the Groundbreaking for this project, Mayor Sandy Martin indicated that “the City is extremely excited to bring these enhanced amenities to our residents, members, and guests. The expansion project will continue to maintain the Shoreview Community Center as the primary gathering spot in the city for social, recreational, and cultural activities and programs.” You can view more information on the Community Center expansion on the City's website at www.shoreviewmn.gov.



This expansion project will enhance the Community Center's appeal to the community and create exciting new spaces for activities and programs.

Members of the Parks & Recreation Commission, RJM Construction, BWBR Architects, and staff joined the City Council at the groundbreaking ceremony.



destination shoreview2040

Comprehensive Plan

Work is continuing on Shoreview's Comprehensive Plan, Destination Shoreview 2040. This Plan will provide a long-term vision, complete with strategic goals, objectives, policies and recommendations that guides land use development and policies through the year 2040. For the community to remain vibrant, the Plan needs to address the challenges facing the community in the next 20 years. These challenges include changing demographics, limited land supply for new development, housing and neighborhood preservation and aging commercial centers and employment areas.

The following summarizes the policy direction being explored in a few of the Chapters. These policies are intended to address the long term needs of our community:

- **Land Use:** Policies aimed at expanding housing choice and increasing land area designated for medium/high-density/senior residential and mixed uses;
- **Transportation:** Transportation policies that enhance transportation options and/or multi-modal transportation systems, including public transit, and supporting other emerging choices; build upon the existing trail and sidewalk system to create walkable neighborhoods and connections to services; and integrate modifications to the street network that improve safety.
- **Housing and Neighborhoods:** Policies are intended to support life-cycle and affordable housing by increasing housing choice for our residents. This includes expanding housing choice for our senior citizens thereby increasing housing opportunities for younger individuals and families looking to move into the community. Policies are also aimed at allowing older adults to reside in the homes longer and providing assistance when needed to maintain and improve their homes.

A draft of the Plan will be presented to the public in the Spring/Summer of 2018. Formal adoption of the Plan by the City Council is expected in December of 2018.

Resident input is essential to this process and there are opportunities for you to be involved. Please check-out the City's webpage, destination.shoreviewmn.gov to learn more about the Plan and the how to get involved. The City wants you to be part of this journey.

BizRecycling

BizRecycling connects with businesses in Ramsey County and Washington County to help implement, expand, improve, and manage business recycling programs, including organics collection. They offer free consultations, bin labels, technical assistance, expert advice and guidance. Grants are available (up to \$10K per business!) to start or expand recycling, including purchasing bins and supplies.

The BizRecycling program was started in 2013 to help businesses in Ramsey and Washington Counties reduce waste. BizRecycling has consultants who will work with your business free of charge to design and implement a recycling and/or organics collection program. Maybe your company needs a little nudge to start a recycling program. Perhaps you want a helpful hand to guide you through the process of setting up an organics recycling program. Got a program, but want to make it better? Whatever your situation, they're here to help businesses of any size.

BizRecycling also offers grant funding to start or improve recycling programs. Businesses can get help with programs for conventional recyclable items such as paper, bottles and cans, as well as unique items like plastic film, and recycling of food and other organic waste.

They understand that every business has unique needs, and the recycling experts can help tailor the BizRecycling program offerings to help you meet your recycling goals. Consultations are completely free for businesses. Find out more about the consultation process and learn from the recycling experts at www.lesstrash.com or call 651.266.1199.

Get Social
with the City



Follow us on Twitter
@ cityofshoreview

Like us on facebook!
www.facebook.com/cityofshoreview

Another New Apartment Project Breaks Ground

LODEN • SV

Shoreview continues a recent influx of new market rate apartments with construction starting on the Loden SV, a two-phased 412 unit project at 1005 Gramsie Road – just east of Lexington Avenue and north of Interstate 694 within the Shoreview Corporate Center. The project is being undertaken by Greco Properties, which will redevelop an old vacant commercial building on the business campus into an upscale residential community that will include underground parking and a wide range of building and site amenities.

The first phase construction of a 4-story 206 unit building began in September with the demolition of the existing building, and is expected to be completed by Fall of 2018. Once both phases are completed, Loden SV will be the highest valued construction project in city history at \$85 million.

Greco, which has developed and managed a number of high end apartment projects mostly in the Uptown and North Loop areas of Minneapolis, believed Shoreview was the ideal suburban location given the proximity to major employers, nearby retail and restaurants, freeway access, and strong residential market.

The developer worked with the City to provide a total of 24 mixed-income affordable apartments within the 412-unit project, receiving funding support from Ramsey County. The City Council, through the Economic Development Authority, also provided tax increment financing assistance towards the teardown and redevelopment of the property.

Besides providing more housing choices for the community, the Loden SV project should also complement the significant improvements planned by Eagle Ridge Partners, owners of the Shoreview Corporate Center, to maintain the business park as an attractive employment center for our area. The Shoreview Corporate Center currently includes businesses such as Aerotek, Ally Financial Services, Hill-Rom, and Land O' Lakes.

Greco Properties has begun construction of a 412-unit apartment complex called Loden SV at 1005 Gramsie Road in the Shoreview Corporate Center just east of Lexington Avenue north of Interstate 694. The first building of the two-phased project will provide 206 units and is expected to be open by Fall of 2018.

Rendering provided by Greco Properties



Mayor Sandy Martin is joined by members of the City Council, Economic Development Authority Planning Commission, and Greco Development in a ground-breaking ceremony for the Loden SV apartments on September 18th. Photo provided courtesy of Anna Stauber Photography



The \$85 million apartment project will feature a number of attractive site amenities including walking paths, sport courts, dog run space, and outdoor pools and patio areas.

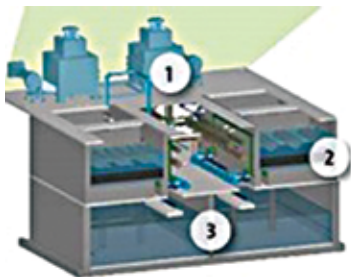
Site plan provided by Greco Properties

Water Treatment Plant Operating Efficiently One Year after Opening

During 2016, the City completed construction on one of its largest public improvement projects to date, the water treatment plant that is located along Highway 96. The plant, which was in the works since 2012, went online November 1, 2016 and has been operating smoothly since.

The City takes pride in providing safe and high quality drinking water to our residents and businesses and the operation of this plant allows us to continue that service. The plant reduces the amount of iron and manganese from the City's drinking water and provides more consistent water quality and improved efficiencies throughout the water system. If left untreated, high levels of iron and manganese can cause build up and reduce efficiencies in not only the City's water system, but home plumbing systems as well. Since the plant went online, iron and manganese levels of the treated water leaving the plant have essentially been reduced to zero.

What's inside?



1. Forced Draft Aeration: The facility is equipped with two (2) forced draft aerators. These aerators are designed to provide preliminary oxidation to the iron and release any dissolved gasses present in the water. These aerators will also help to limit the need for chlorine use in the drinking water.

2. Conventional Filtration: The facility is equipped with six (6) conventional filters which filter iron and manganese from the water after aeration.

3. Backwash reclaim: Backwash water from the filters is sent to one of the two (2) 250,000-gallon reclaim basins where the iron and manganese that is removed from the water is settled out. The clarified water is then suctioned from the top of this basin and pumped to the beginning of the WTP where it is reused. This process allows for very little waste in the treatment process.

For more information on the plant, visit www.shoreviewmn.gov or call 651.490.4650.



Did you know that you can take tours of the plant to see what's inside and how it works? Since it opened last year, the City has given tours to numerous groups and residents. If you're interested in a tour, please contact the Public Works Department at 651.490.4650. The graphic at the left also shows some of the equipment that is located inside the plant.

Budget Hearing

Shoreview's hearing on the 2018 budget and tax levy is scheduled for Monday, December 4 at 7 P.M. The proposed property tax levy of \$11,631,971 represents a 4.9% increase over the 2017 levy. Primary factors causing the increase in the levy include public safety costs and computer maintenance and support costs.

Check out how Shoreview's share of the property tax bill compares to similar sized cities by reading our Community Benchmarks booklet, available online at www.shoreviewmn.gov.



Resources Available to Assist with Property and Housing Maintenance

The City has adopted property and housing maintenance standards to protect the character, value and stability of our residential neighborhoods. When the City becomes aware of property or housing maintenance concerns, the Staff will work with property owners to resolve non-compliant conditions within a timely manner. In some cases, the property owner may not be physically able or have the financial resources available to resolve these conditions and bring the property into compliance with the City's standards. In these situations, the City will connect the resident to volunteer organizations, non-profit organizations and programs that may be able to assist the resident and work with the City in resolving the non-compliant conditions. A list of these resources can be found on the City's website at www.shoreviewmn.gov/homeowners-resources or you may call the Housing and Code Enforcement Officer at 651.490.4687.



A volunteer group from Edina Realty recently assisted a Shoreview homeowner with some property maintenance.

Rental License Renewal

Just a friendly reminder that it is renewal time again for rental licenses within Shoreview as all rental licenses are set to expire December 31st of this year. Applications to renew a license must be submitted prior to this expiration date. The license can be renewed if the property complies with the City's property and housing maintenance codes, the utility bill is current and conduct issues are not present. Please keep in mind the following fees apply with the license renewal.

- **\$75 fee** for the application
- **\$75 late application fee** for each property you fail to apply for renewal before the expiration.
- **\$50 fee** for re-inspection of property due to code violations or no-show.

If you have not received a renewal notice from the City of Shoreview, please contact Brent Marshall, our Housing and Code Enforcement Officer, at 651.490.4687 or e-mail bmarshall@shoreviewmn.gov. You may also look at our website for further information, including an option to apply for the renewal license online.



Shoreview Channel 16 City Meeting Broadcast Schedule

Tune in to Shoreview Channel 16 for access to public meetings, community events and other local government information.

Shoreview City Council Meetings

Live: Every first and third Monday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 P.M. and 7 P.M.
Tuesday, Thursday and Sunday at 12:30 A.M., 8 A.M. and 3 P.M.

Shoreview Planning Commission Meetings

Live: Every fourth Tuesday of the month at 7 P.M.

Replays: Monday, Wednesday, Friday and Saturday at 12:30 A.M. and 8 A.M.
Tuesday, Thursday and Sunday at 7 P.M.

10 Tips for Snow Plowing Season

Having patience and a cooperative attitude are necessities to surviving most winter plowing seasons in Minnesota. We can ease a lot of snowstorm frustrations when we as citizens, plowing contractors, and city crews work together. To minimize plow-related problems, and to help ensure that city crews do the most effective job possible, here are some things you can do:

1. Observe Shoreview's parking regulations: Don't park your car on any city street between the hours of 2 A.M. – 5 A.M., or after a two-inch snowfall. This ensures more effective plowing – and helps you avoid a citation.
2. Wait until the plow trucks have completed your street before cleaning the end of your driveway. City plows are designed to discharge snow to the sides of the road and cannot skip driveway areas.
3. Snow from the bottom of your driveway should be shoveled to the right, as you are facing the street. This will lessen the amount of snow placed back into the driveway during the next plowing.
4. If hiring a snow removal contractor for your driveway, please remind them about state and local laws that prohibit pushing or placing snow back into or across the street. Doing so not only creates hazards for drivers, but also makes it difficult for the city to keep the streets clean.
5. Clear snow from your mailbox area after each plowing. Snow that remains in front of mailboxes will get compacted by post office vehicles and make later plowing less effective.
6. If trash and recycling pickup day coincides with plowing activities, make sure your bins are well behind the curb or in the driveway, so the plow will not hit them.
7. If you have experienced sod damage in the past, mark your yard line with flexible stakes or lathe to help the plow operators avoid future damage.
8. It can be difficult for the plow operators to see children, so don't allow children to build snow forts and tunnels in the snow banks adjacent to the curb, or to play near the curbs.
9. Keep sleds and toys away from the street.
10. Locate the hydrant nearest to your home and keep snow shoveled away from it to it is accessible in an emergency.



Be Prepared and Let It Snow

DRIVEWAYS

When it comes to snow removal from public streets, one of the most common frustrations is the snow deposited in driveways. Unfortunately, snow collected on the plow blade has no other place to go but in the boulevard areas – including driveways. While plow drivers make every attempt to reduce the amount of snow deposited in driveways, it can still be significant.

Regardless, the City cannot provide private driveway cleaning after plowing public roads. Property owners should also use the (non-improved) boulevard areas for storage of snow blown or thrown from their driveways and private sidewalks.

Municipal Code 211.060 (D) states: "Storage of snow shall be maintained on the property and cannot be placed on any public street, alley, sidewalk, bike path, trailway, or adjoining private property or boulevard."

SOD AND SPRINKLER SYSTEMS

You can stake out your yard along the curb line with flexible driveway markers with reflectors to protect your yard from possible damage. Despite the plow operator's best efforts, sod along the edge of the road may occasionally become damaged during snow removal activities. In general, the City will repair boulevard sod damaged by snow plows or trucks. The City will not be responsible for damage to underground irrigation systems and landscaping within the City's right-of-way.



Recycle Your Holidays

Holiday lights that won't light on one side? Don't let them make you feel grinchy.

Bring your used lights to Ace Hardware or other participating retailers, and place them in their special recycling bins. To find a drop-off location, visit www.recycleyourholidays.org.

Don't put lights in your curbside recycling cart. Strings, chains and hoses get wrapped around the machinery at the sorting facility and end up in the trash.

No-Waste Holidays

Many of us will try to watch our waist this holiday season, but don't forget to watch your waste. On a typical day each of us creates about six pounds of garbage. During the holidays we create 25% more trash. By taking a few simple steps, we can trim our trash without curtailing the cheer.

Gift Wrap

Many people are surprised to find out their gift wrapping paper is not recyclable. Typical gift wrap has metal and other things in it to make it shiny and attractive. Unfortunately those things mean paper mills can't use it to make new paper products.

Instead use gift bags which can be reused and recycled. Other suggestions include: using the Sunday comics, paper colored by the kids, using a scarf to wrap the present which then become part of the gift.

Stop Stuffing the Stocking with Stuff

For many people what makes the holidays bright is time spent with family and loved ones. So give gifts of time and love instead of another sweater or knickknack. How about a coupon for a night of free babysitting? Try a gift

certificate to a restaurant or tickets to concert. If you have a special talent such as baking or crafting, make a gift using your skills.

Find more ideas at www.reduce.org.



Recycle Your Evergreen Christmas Tree

After the holidays, take advantage of the City of Shoreview's free drop-off location for your live evergreen trees.

Trees can be brought to the Shoreview Maintenance Center, 4615 Victoria St. N. and dropped off at the main gate between 7 A.M. and 3 P.M., Monday through Friday, until February 1, 2018.

Please be sure to remove all items such as ornaments, tinsel, lights and stands.

Deck the Halls and Collapse Your Cardboard

The holiday season creates an enormous amount of cardboard waste, especially from boxes. The cardboard recycling drop off is located at Advanced Disposal, 309 Como Ave, St. Paul, MN 55103. You may also cut up the cardboard and place in your recycling container.



Reduce Your Use of Salt This Winter

Winter Maintenance Tips from Rice Creek Watershed District

Minnesotans often have a love/hate relationship with winter due to the cold temperatures as well as the snow and ice commonly found on our roads, parking lots, and sidewalks. The most common reaction for dealing with these issues – besides staying indoors – is to apply salt, which contains chloride and can be harmful to aquatic life such as fish.

When snow and ice melts, the salt goes with it, washing into our lakes, streams, wetlands, and groundwater. It takes only 1 teaspoon of road salt to pollute 5 gallons of water. Once in the water, there is no way to remove the chloride. High concentrations of chloride can harm fish and plant life and can also have a negative impact on your grass, gardens and trees. Therefore, less is more when it comes to applying salt to paved surfaces.

To reduce the negative impacts of salt:

- **Shovel.** The more snow and ice you remove, the less salt you will have to use, and the more effective it will be in terms of keeping your driveways and sidewalks safe.
- **15°F and below, the salt must go.** Most salts stop working at this temperature. Sand can be used for traction, but remember that sand does not melt ice and it eventually finds its way into the storm water collection systems, which often lead to wetlands, ponds, streams and lakes.
- **Slow down.** Drive for the conditions and make sure to give plow drivers plenty of space to do their work. The City does not manage winter road conditions so that they can be driven at excessive speeds.
- **Be patient.** These products take time to work and are not always visible to the naked eye.
- **More is NOT better.** Use less than 4 pounds of salt per 1,000 square feet (an average parking space is about 150 square feet). One pound of salt is approximately a heaping 12-ounce coffee mug. Consider purchasing a hand-held spreader to help you apply a consistent amount to your private property paved surfaces.
- **Sweep up.** Salt or sand that is visible on dry pavement is no longer doing any work and will be washed away and cause problems elsewhere in the environment. Use this salt or sand somewhere else or throw it away.



Winter is the Best Time to Prune your Oak Trees!

The Oak Wilt fungus is responsible for killing large numbers of oaks annually in Minnesota. In Shoreview, oak trees are some of our most valuable suburban shade trees. You can help stop the spread of the fungus by knowing when it is safe to prune.

The high-risk period for Oak Wilt is April-July. During this time, sap beetles that can transfer fungal spores between oaks are active. These beetles are strongly attracted to oak tree wounds. August through October marks a low-risk period where the beetles are no longer active, but the fungus has yet to go dormant for the winter. The Oak Wilt fungus can spread through root grafts to neighboring trees during this period.

The safe period for pruning oaks is November through March. During this time, both the fungal pathogen and insects that carry the fungus are inactive. If you have oak trees on your property in need of trimming, November 1st through March 31st is the best time! The City maintains a list of licensed tree care professionals on our website, and encourages residents to obtain multiple quotes prior to selecting a tree service professional.



SHOREVIEW COMMUNITY
FOUNDATION

CREATE YOUR LEGACY

YOUR COMMUNITY FOUNDATION

Time and time again residents say they value the memorable quality of life they and their families enjoy in Shoreview. Shoreview is a leader—in the Metro area, in Minnesota, and nationally. We choose to live here because our schools are highly rated, our lakes, parks and trails are beautiful and accessible, and our city government earns high satisfaction rankings. This did not happen by accident. **We are part of a community that listens to residents and responds to their needs.**

The all-volunteer board of the Shoreview Community Foundation stays in touch with current and emerging needs. We depend on the goodwill and generosity of others to achieve our mission. Through us you support projects that government either cannot or should not do in the areas of arts and culture, recreational places, human services, and historical preservation.

Each year grant applications are reviewed and funded through our endowment. Because only interest on the principal is used for grant funding, an endowment produces many times its original value over time. The Shoreview Community Foundation is the savings account of our community.

THE GOAL

The Shoreview Community Foundation has set a goal of achieving a one million dollar endowment by our 10th anniversary in 2018!

THE RESULT

Increased funding for annual grants that will make a substantial difference in our city.

This is an opportunity for you to leave a legacy of your values and beliefs to future generations.

REASONS TO GIVE:

- We are the **ONLY** organization focused specifically on funding the Shoreview community through tax deductible donations
- We help people invest in the causes they most care about
- We multiply the impact of your gift dollar by pooling them with other gifts
- Our endowment builds permanent funds that will grow and provide resources to our community for generations to come
- We offer you the opportunity to build a personal legacy that will meet the evolving needs of the Shoreview community

Together we can keep Shoreview a great place for everyone!



‘Disposable’ Does Not Mean ‘Flushable’

Disposable or flushable wipes are continuing to be found as the cause of blockages in Shoreview Public Works sewer system lift station pumps. Though many of these products are labeled “disposable,” “flushable” or “septic safe,” they need to be disposed of in your trash.

Because they don’t break down the way toilet paper does, these wipes clog homeowner and municipal sewer pipes, put stress on community wastewater collection and treatment equipment, and cause cities to spend thousands on premature equipment repair and replacement. Wipes snag on any imperfection in sewer pipes, catch passing debris and grease, and create a “ball” that will grow to plug the pipe. They also get drawn into sewer-line and wastewater treatment plant pumps and clog and damage them.

Items you should **NOT** place in the toilet include:

- “flushable” toilet brushes and pads
- “flushable” toilet wipes
- wet mopping cloths
- cleaning pads and cloths
- baby diapers
- puppy training pads

If your sewer backs up call Shoreview Public Works at 651.490.4650. Our staff will determine if the problem is in the sewer main line or in your line.



Photo provided by the Minnesota Pollution Control Agency.

Electronic Waste: Out with Old

As another year winds down, you may be wondering what to do with your old, outdated and unwanted electronics.

Electronics don’t belong in the garbage because they contain lead, cadmium, or mercury, which are harmful to human health and the environment. It is illegal to dispose of TV’s and computer monitors in the trash.

Electronic waste is any waste that has a circuit board or cathode ray tube (CRT), including:

- | | | | |
|---|------------------------------|--|------------------------------------|
| • Answering machines | • DVD players | • MP3 players | • Tape players |
| • Audio equipment | • Electronic games | • Radios | • Telephones (rotary and cordless) |
| • Camcorders | • Electronic storage devices | • Satellite receivers | • TVs |
| • Cameras | • Fax machines | • Scanners | • Typewriters |
| • CD players | • Game systems | • Stereos (including receivers and speakers) | • VCRs |
| • Computers (including CPU, monitors, keyboards, mouse, and printers) | • Home networking devices | | • Video game systems |
| | | | • Video/digital systems |

WWW.SHOREVIEWMN.GOV



Crime Prevention Tips for the Holiday Season

Nothing can ruin the holiday spirit faster than becoming a victim of crime. Unfortunately, the holiday season is a time of opportunity for thieves to burglarize your

home for cash, credit cards and gifts. As we make plans to spend time with families and friends this season, please remember some important crime prevention steps for a safer season:

Prevent theft from your vehicle:

- Always lock your car, and park in a well-lit and well-traveled area.
- Have your keys in hand when approaching your vehicle, ready to unlock the door.
- When storing items purchased at the stores, place them out of sight. The best place is in a locked trunk. And, of course, do not leave your purse, wallet, or cell phone in plain view.

Financial card and online shopping considerations:

- If you go to an automatic teller machine for cash, check for people around and make sure it is well-lit and in a safe location.

- Carry only the credit cards you need, and avoid carrying large amounts of cash.
- Keep your personal information private and your password secure. Do not respond to requests to verify your password or credit card information unless you initiated the contact. Legitimate businesses will not contact you in this manner.

Home security and safety tips:

- Don't display wrapped boxes under a lighted tree in the front window for thieves to see as they drive past your home.
- Don't pile up-empty gift boxes from your new computers, flat panel televisions, DVD players and other electronics in front of your home on garbage day. Thieves will appreciate knowing that you have expensive gifts inside your home for them to steal. Instead, break boxes down and conceal the advertising when setting them out for recycling.
- Do NOT post your activities (gifts or plans to be away from home) on social media pages.
- Turn on outside lights to deter burglars.
- Report any suspicious activity to the police or local community watch groups.

Excerpts from Ramsey County Sheriff's Office

Want to help make the holidays a little brighter for those in need?

Here's how you can help:

1. **DONATE FOOD for the "Thanksgiving for All" Project.** You can donate cash or food items for this project. \$10 cash will provide a family with a turkey and \$20 cash will provide a family with a meal. If you would like to donate food items, please donate the following: stuffing, mashed potatoes, gravy, sweet potatoes, dessert mix, canned corn, canned green beans, Jell-O, fruit cocktail, or frozen turkeys. Donations can be dropped off November 1-21.
2. **DONATE MONEY to help provide Thanksgiving and Christmas meals.** Nearly 600 families will visit us in November and December. For every dollar donated, we can purchase up to \$8.00 worth of food.
3. **DONATE TOYS to the Operation Joy Toy Shop.** Donate a new, unwrapped toy or gift for a child ages birth to grade 12. Gifts most needed are for ages 2 through grade 12. Donations can be dropped off December 15-20.
4. **VOLUNTEER at an upcoming holiday event.** Visit www.ralphreederfoodshelf.org to sign up.



**Need help with food or gifts for your children this holiday season?
Please call the Ralph Reeder Food Shelf at 651.6921.7451.**



10 FAQs about the Shoreview Historical Society

Preserving Today's History for Tomorrow

The Shoreview Historical Society, now in its 26th year, is welcoming new members to be part of our history and our community! History not only connects our present to our past, it connects us all. History also makes us better citizens by understanding present-day issues that have roots in the past and implications to the future.

1. **Who can join?** Anyone, you do not need to be a current or former resident of Shoreview.
2. **Where are you located?** Although we do not have a brick and mortar location, we have collections stored in various locations.
3. **If I become a member, do I have to attend meetings?** No, only Board members are required to attend meetings.
4. **How would my membership money be used?** Much of the expense for the SHS is in duplicating photos, creating signs and displays.
5. **Are there incentives to membership?** You will receive a quarterly newsletter, reserved seating for SHS programs and an invitation to an annual membership-only event
6. **Are gift memberships available?** Yes, both single year and 3 year memberships are available.
7. **Can students become members?** Definitely, we encourage a younger membership – this helps students connect with community. Members also have access to research material
8. **What does a membership cost?** No, single year memberships range from \$10-\$18 and a 3 year memberships from \$25-\$45
9. **Where is the “Public Face” for the Shoreview Historical Society?** The Society hosts a series of programs throughout the year at the Shoreview Library and every July at the Slice of Shoreview, the SHS creates a Museum for a Weekend at Island Lake Park
10. **If I become a member, will I constantly be bombarded with financial requests?** Absolutely not! We are encouraging and expanding our membership base to have more access to the rich history of Shoreview. Let us help YOU tell YOUR story!

Let it snow, let it snow, let it snow

...but let somebody else shovel it! Shoreview seniors age 60 and over can sign up today for a convenient and affordable snow shoveling service through Northeast Youth & Family Services. NYFS is a non-profit community service and mental health agency based in the northern suburbs. Their Senior Chore Program helps seniors with indoor and outdoor chores. Rates are affordable and a sliding-fee scale is offered to low-income seniors.

For more information, please call Debbie Wells at 651.757.4061 or [email debbiep@nyfs.org](mailto:debbiep@nyfs.org).

SHOREVIEW CALENDAR

Meeting dates/times/locations are subject to change. For more current information, visit www.shoreviewmn.gov or call 651.490.4600.

(CC) Council Chambers
(UC) Upper Conference Room
(LC) Lower Conference Room

(MC) Maintenance Center
(SP) Shoreview Pavilion
(LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot
(SCC) Shoreview Community Center
(SCP) Shoreview Commons Park

NOVEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Bikeways and Trails Committee 7 pm, LC	3	4
Recycling week: November 6-10						
5 	6 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	7 Indoor Farmer's Market 3 pm, SCC	8 Human Rights Commission 7 pm, CC	9	10 City Offices Closed Veterans Day	11
12	13 Holiday Tree Lighting Ceremony 6 pm, CCPL Council Workshop 7 pm, CC	14	15	16	17	18
Recycling week: November 20-25						
19 	20 City Council Meeting 7 pm, CC	21 Econ. Dev. Commission 7:30 am, UC Indoor Farmer's Market 3 pm, SCC	22	23 City Offices Closed Thanksgiving	24 City Offices Closed Thanksgiving	25
26	27 Environ. Quality Committee 7 pm, CC	28 Planning Comm. 7 pm, CC	29	30		

DECEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
Recycling Week: December 4-8						
3 	4 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	5 Indoor Farmer's Market 3 pm, SCC	6	7 Bikeways and Trails Committee 7 pm, LC	8	9
10	11 Council Workshop 7 pm, CC	12	13	14	15	16
Recycling Week: December 18-22						
17 	18 City Council Meeting 7 pm, CC	19 Indoor Farmer's Market 3 pm, SCC Planning Comm. 7 pm, CC	20 Human Rights Commission 7 pm, CC	21	22	23
24/31	25 City Offices Closed Christmas	26	27	28 Parks and Recreation Commission 7 pm, CC	29	30

JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 City Offices Closed New Year's Day	2 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	3	4 Bikeways and Trails Committee 7 pm, LC	5	6
Recycling Week: January 1-5						
7	8 Council Workshop 7 pm, CC	9	10	11	12	13
14 	15 City Offices Closed Martin Luther King, Jr. Day	16 Econ. Dev. Commission 7:30 am, UC City Coun. Mtg 7 pm, CC	17	18 Public Safety Meeting 7 pm, LC	19	20
Recycling Week: January 15-19						
21	22 Environ. Quality Committee 7 pm, CC	23 Planning Comm. 7 pm, CC	24 Human Rights Commission 7 pm, CC	25 Parks and Recreation Commission 7 pm, CC	26	27
28 	29	30	31			
Recycling Week: January 29 - February 2						

FEBRUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Bikeways and Trails Committee 7 pm, LC	2	3
Recycling Week: January 29 - February 2						
4	5 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	6	7	8	9	10
11 	12 Council Workshop 7 pm, CC	13	14	15	16	17
Recycling Week: February 12-16						
18	19 City Offices Closed President's Day	20 Econ. Dev. Commission 7:30 am, UC City Coun. Mtg 7 pm, CC	21	22 Parks and Recreation Commission 7 pm, CC	23	24
25 	26 Environ. Quality Committee 7 pm, CC	27 Planning Comm. 7 pm, CC	28 Human Rights Commission 7 pm, CC			
Recycling Week: February 26 - March 2						

Federal Elected Officials

U.S. Senator Amy Klobuchar
302 Hart Senate Office Bldg.
Washington, DC 20510
612.727.5220 or 202.224.3244
www.klobuchar.senate.gov/emailamy.cfm

U.S. Senator Al Franken
309 Hart Senate Office Building
Washington, DC 20510
651.221.1016 or 202.224.5641
info@franken.senate.gov

U.S. Representative Betty McCollum
1714 Longworth House Office Bldg.
Washington, DC 20515
651.224.9191 or 202.225.6631
www.house.gov/mccollum/contact.html

State Elected Officials

Governor Mark Dayton
130 State Capitol
75 Rev. Martin Luther King Jr. Blvd.
St. Paul, MN 55155
651.296.3391
mark.dayton@state.mn.us

State Senator Jason Isaacson-District 42
95 University Ave. W., Minnesota Senate Bldg.,
Rm. 2321, St. Paul, MN 55155
651.296.5537
sen.jason.isaacson@senate.mn

State Rep. Randy Jessup-District 42A
477 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd., St. Paul, MN 55155
651.296.0141
rep.randy.jessup@house.mn

State Rep. Jamie Becker-Finn-District 42B
307 State Office Building, 100 Rev. Martin
Luther King Jr. Blvd. St. Paul, MN 55155
651.296.7153
rep.jamie.becker-finn@house.mn

County Elected Officials

Ramsey County Commissioner

Blake Huffman
City Hall-220 Courthouse
15 W. Kellogg Boulevard, St. Paul, MN 55102
651.266.8350
blake.huffman@co.ramsey.mn.us

Post Office – Retail Center

1056 Highway 96 E.
Vadnais Heights, MN 55127
Phone: 651.407.9864
Mon.-Fri.....8:30 A.M. – 5:30 P.M.
Sat..... 9 A.M. – 1 P.M.

Animal Control

For animal complaints or to report a lost or found pet, call the Ramsey County Sheriff's Office non-emergency number at 651.484.3366.
For other emergencies, call 911.

All impounded animals will be held at the following location:
Hillcrest Animal Hospital
1320 Country Road D Circle
Maplewood, MN 55109
651.484.7211
Mon - Fri.....8 A.M. – 6 P.M.
Sat 8 A.M. – 12 P.M.
Sun.....Closed
www.hillcrestanimalhosp.com

Police

Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwold Drive, Arden Hills, MN 55112.



**For non-emergencies,
call 651.484.3366
For emergencies, call 911**

Fire

**For emergencies,
call 911
Dispatch, Non-emergency
651.767.0640**
Lake Johanna Fire Department
Fire Chief, Tim Boehlke 651.481.7024
ljfd@ljfd.org



Ambulance & Paramedic

Ambulance and paramedic services are provided by Allina Medical Transportation.
For emergencies, call 911

Ramsey County Library – Shoreview

4560 Victoria Street North
Shoreview, MN 55126
Phone: 651.486.2300
www.rclreads.org
Mon-Thu 10 A.M. – 9 P.M.
Fri-Sat..... 10 A.M. – 5 P.M.
Sun..... 12 – 5 P.M.

Public Transportation

Transit Link (formerly Dial-A-Ride) is a curb-to-curb minibus or van service that operates within certain Twin Cities communities. It is a shared-ride service which must be reserved in advance. Call 651.602.5465.

Make your commutes easier. Just hop on Route 261 from Shoreview Community Center to Minneapolis. Ride Route 261B each weekday evening. Or, to get to downtown St. Paul, take Route 62 from the Shoreview Community Center and Route 62C to return. 612.373.3333

Metro Mobility: Metro Mobility is a door-to-door public transportation system for people with disabilities in the Minneapolis-St. Paul area and many adjoining suburbs. 651.602.1111

Community Support & Resources

Northeast Youth and Family Services provides support programs for youth, families, adults and seniors. Services include mental health, youth development, and senior chore assistance.
3490 Lexington Avenue North, Suite 205,
Shoreview, MN 55126
651.486.3808 | www.nyfs.org

Ralph Reeder Food Shelf
Appt. Line: 651.621.7451
Office: 651.621.7450
www.ralphreederfoodshelf.org

The **Senior LinkAge Line** connects seniors to housing, home health care, housekeeping, transportation, legal and financial assistance and more. Call 651.641.8612 or 1.800.333.2433.



The Shoreview Community Center offers numerous activities that will make you feel more **ENERGIZED**, more **ENGAGED**, more **PRODUCTIVE** and can actually improve the **QUALITY OF YOUR DAILY LIFE.**



Call for More Information

Community Center Information
651.490.4700
 Recreational Programs (classes)
651.490.4750
 Rental Information
651.490.4790
 City Information
651.490.4600
www.ShoreviewCommunityCenter.com

Daily Fees

Includes admission to the Tropics Indoor Waterpark, Indoor Playground, Fitness Center, Gymnasium and Indoor Track.

	Rate	Shoreview Resident
Daily Pass		
Adult (18 and over).....	\$ 10.25	\$ 9.00
Youth (1 to 17; under age 1 free with paying adult)	\$ 9.40	\$ 7.75
Family* (2 adults + children living in same household).....	\$39.00	\$ 32.00
Seniors (65 and older).....	\$ 9.40	\$ 7.75

*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

Indoor Playground Only (ages 1 to 12) \$ 5.50 \$ 5.50

Coupon Books (Includes 10 daily passes)

Adult	\$92.25	\$ 81.00
Youth/Senior.....	\$84.50	\$ 69.75
Playground.....	\$49.50	\$ 49.50

Senior Track Discount (65 and over – for track use only)

Per visit.....	\$ 5.00	\$ 4.00
Punch Card.....	\$45.00	\$ 36.00

Fees are subject to change. We welcome payment by Visa and MasterCard.
 All rates above include sales tax.



Effective January 1, 2018, all children 10 years and younger must be supervised by an individual 16 years or older at all times.

Hours

	Community Center	Waterpark**	Playground
Mon & Wed	5:00 A.M. – 10:00 P.M.	4:00 P.M. – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Tues & Thurs	5:00 A.M. – 10:00 P.M.	4:00 P.M. – 9:00 P.M.*	8:00 A.M. – 8:00 P.M.
Friday	5:00 A.M. – 10:00 P.M.	4:00 P.M. – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
Saturday	6:00 A.M. – 8:00 P.M.	Noon – 7:45 P.M.	8:00 A.M. – 8:00 P.M.
Sunday	6:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M. – 6:00 P.M.

*On Tuesdays and Thursdays from 4:00 – 9:00 P.M., the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday Hours Call 651.490.4700 for specific information.

Nov. 23	5:00 A.M. – Noon	Closed	8:00 A.M. – Noon
Dec. 24	6:00 A.M. – Noon	Closed	8:00 A.M. – Noon
Dec. 25	Closed	Closed	Closed
Dec. 31	6:00 A.M. – 4:00 P.M.	Noon – 3:45 P.M.	8:00 A.M. – 4:00 P.M.
Jan. 1	8:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.

**See page 18 for extended waterpark hours on school's out days.

Lap Swim Hours

• Lap swim is available at various times throughout the week. See the service desk for a schedule or view it on our website at www.shoreviewcommunitycenter.com.

Kids Care

Child care is available for patrons of the Community Center. See page 19 for details.

Drop-in Volleyball Rate: daily admission or free to members.

Mon, Tues, Thurs	12:00 P.M. – 1:00 P.M.
Sunday	8:00 A.M. – Noon.

Drop-in Pickleball See page 52 for more information.

Find Us on Facebook

www.facebook.com/ShoreviewCommunityCenter

Membership Fees

	Rate*	Shoreview Resident*
Annual Membership¹		
Family.....	\$ 835.00.....	\$ 670.00
Dual.....	\$ 720.00.....	\$ 590.00
Adult.....	\$ 490.00.....	\$ 385.00
Youth/Senior.....	\$ 395.00.....	\$ 330.00

Annual Membership Billed Monthly¹ (With one year membership agreement)

Family.....	\$ 77.00.....	\$ 64.00
Dual.....	\$ 66.00.....	\$ 57.00
Adult.....	\$ 46.00.....	\$ 38.00
Youth/Senior.....	\$ 40.00.....	\$ 32.00

¹There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

Seasonal Membership (Three month)

Family.....	\$ 320.00.....	\$ 255.00
Dual.....	\$ 300.00.....	\$ 235.00
Adult.....	\$ 215.00.....	\$ 165.00
Youth/Senior.....	\$ 165.00.....	\$ 135.00

*Sales tax is included in price.

Persons aged 65 and older qualify for the Senior Citizen discounted rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification is required.

Fees are subject to change. We welcome payment by Visa and Mastercard.



Membership questions?

Contact Guest Services at **651.490.4739**.

Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. **Direct Deposit Now Available!** Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms.



Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group Fitness Classes
- Tropics Indoor Waterpark
- Tropical Adventure Indoor Playground
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- \$1 per hour per child Kids Care rate
- For non-residents, a special recreation program Registration Day and the ShoreViews mailed to your home.

Membership Renewal Reward!
The Community Center will be offering FREE guest passes to all annual membership renewals.



Silver&Fit® memberships are now available!

Call 651.490.4739 for more information. Silver&Fit® information socials will be held the first Tuesday of each month in the Fireside Lounge, 9 A.M. - 10 A.M.

NEW First Time Annual Members also receive:

Special **Experience Us** book, which includes

- 1 family guest pass
- 1 adult guest pass
- 2 fitness drop-in class passes
- 1 Wave Cafe coupon
- 1 Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- 1 playground pass

Experience Us book is designed to encourage new members to experience all the amenities the Community Center has to offer.



Waterpark Hours

Monday & Wednesday ...4:00 – 8:00 P.M.
 Tuesday & Thursday4:00 – 9:00 P.M.*
 Friday4:00 – 9:45 P.M.
 Saturday.....Noon – 7:45 P.M.
 Sunday.....Noon – 6:00 P.M.

*On Tuesdays and Thursdays, the Waterpark will be limited to the Shark Attack Waterslide, Zero Depth Beach Area and Water Walk.

Holiday & School's Out Hours

Nov. 20Noon – 8:00 P.M.
 Nov. 21Noon – 9:00 P.M.
 Nov. 22Noon – 8:00 P.M.
 Nov. 23Closed
 Nov. 24Noon – 9:45 P.M.
 Dec. 21Noon – 4:00 P.M.
 Dec. 22.....Noon – 9:45 P.M.
 Dec. 24.....Closed
 Dec. 25.....Closed
 Dec. 26.....Noon – 9:00 P.M.
 Dec. 27.....Noon – 8:00 P.M.
 Dec. 28.....Noon – 9:00 P.M.
 Dec. 29.....Noon – 9:45 P.M.
 Dec. 31Noon – 3:45 P.M.
 Jan. 1Noon – 8:00 P.M.
 Jan. 15Noon – 8:00 P.M.
 Jan. 25Noon – 4:00 P.M.
 Jan. 26Noon – 9:45 P.M.
 Feb. 19.....Noon – 8:00 P.M.



We can fill your day with endless fun as you enjoy a tropical getaway at Tropics Indoor Waterpark.

Come experience our crystal clear water with our Sphagnum Moss water enhancement system. This green system has improved our water quality, clarity, and as well a reduction in chlorine use. It makes for a more natural swimming experience as the Sphagnum Moss treated water is better on your skin, hair, swim suit and best of all your eyes.

Riders of Shark Attack waterslide will be able to experience our one of a kind jukebox system. Riders will be able to choose from over 100 songs and enjoy a custom light and music show while they twist and turn down our thrilling slide.

Nothing can replace close adult supervision when using the pool. All children six years and under must be supervised by a paid adult swimmer. Supervisory adult must be within arm's reach of the child at all times.

Pool Information

- For our guests' safety, our lifeguards participate in ongoing training. Part of this training includes the use of life-like mannequins as a simulation device.
- Coast-Guard approved lifejackets are allowed when a swimming adult is present within arm's reach. Arm flotation and flotation swimming suits are prohibited.
- Pool is open for general use during most hours that the Community Center is open. However, classes may be in session or pool amenities may be unavailable.
- Boys need to be 4 years old and under to be in the women's locker room, girls need to be 4 years old and under to be in the men's locker room with an adult. Please use the family locker rooms with opposite gender children age 5 and older.
- Complete pool and lap swim schedules are available at the service desk.
- For a complete list of Tropics Indoor Waterpark rules go to www.ShoreviewCommunityCenter.com



**Dive-In Movie
 Friday, January 19
 at 7:00 P.M.**

Come **CRAWL** through the caves, **SWING** through the jungle, slip down the waterfall **SLIDE**, and **SCREAM** down the five level spiral slide!

Rate & Hours

\$5.50 per child, ages 1-12
FREE to members

Mon – Sat8:00 A.M. – 8:00 P.M.
Sunday.....8:00 A.M. – 6:00 P.M.

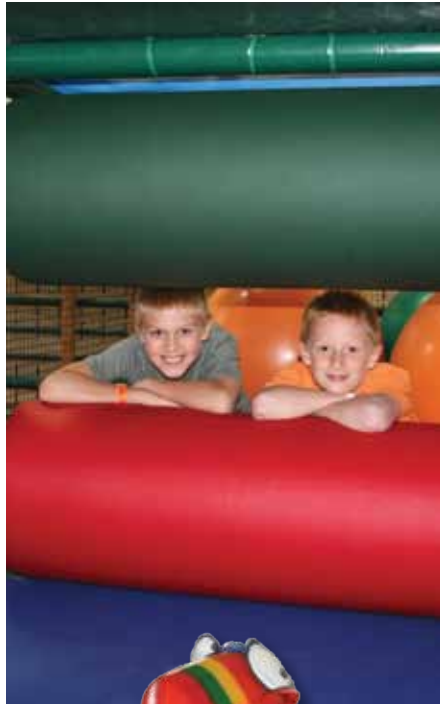
Holiday Hours Call 651.490.4700
for specific information.

Nov. 23 8:00 A.M. – Noon
Dec. 24 8:00 A.M. – Noon
Dec. 25 Closed
Dec. 31 8:00 A.M. – 4:00 P.M.
Jan. 1 8:00 A.M. – 8:00 P.M.

Effective January 1, 2018, all children 10 years and younger must be supervised by an individual 16 years or older at all times.

General Information

- Wristbands and socks are required
- The playground is an unsupervised area
- Parents and guardians are responsible for supervision of their children
- Children 6 and under must be accompanied by an adult
- Groups visiting the playground are posted at the entrance each week
- For information about reserving space for your group, call **651.490.4790**.



Kids Care

Kids Care provides a stimulating and safe environment for your child to explore and interact with other children while you enjoy the amenities of the Shoreview Community Center. The Kids Care room is located directly across from the service desk.

**Monday – Saturday
8:00 A.M. – 12:30 P.M.**

**Monday – Thursday
4:00 P.M. – 8:30 P.M.**

**Friday
4:00 P.M. – 7:00 P.M.**
*Closed November 23,
December 25 and January 1*

**\$1 per hour per child
(no pro-rating for partial hours)**

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Community Center members and Fitness Class participants. Children are taken on a first-come, first-served basis. Kids Care phone number: 651.490.4763.





It's a PIECE of CAKE!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



ALL-INCLUSIVE PARTY PACKAGES

ALL-INCLUSIVE TROPICAL PACKAGES

Waterpark and Indoor Playground Admission

#1) ALL-INCLUSIVE TROPICAL CAKE DEAL

- Full day use of Tropics Waterpark and Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the pool and playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$ 176	\$ 168
Each additional child	\$ 22	\$ 21

#2) ALL-INCLUSIVE TROPICAL MEAL DEAL

BEST VALUE!

- Includes everything in the Tropical Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$ 200	\$ 192
Each additional child	\$ 25	\$ 24

UPGRADE YOUR PARTY!



THEMED PARTY OPTIONS:

Princess, Pirate, or Under the Sea
Upgrade your child's party to include a special theme, including a personalized themed cake and paper products.

Rate: **Add \$12 to your party package**

Shoreview Community Center



Call 651.490.4790 to book your party!

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com



ALL-INCLUSIVE ADVENTURE PACKAGES

Indoor Playground Admission Only

#3) ALL-INCLUSIVE ADVENTURE CAKE DEAL

- Full day use of Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our **shared** poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins, & cups
- Beach towel and card for birthday child
- Large locker to store bags and gifts while you are enjoying the playground
- Printable invites

	Rate	Shoreview Resident
For up to 8 children	\$ 160	\$ 152
Each additional child	\$ 20	\$ 19

#4) ALL-INCLUSIVE ADVENTURE MEAL DEAL

- Includes everything in the Adventure Package Cake Deal **plus** your choice of hot dog or corn dog with chips, or pizza

	Rate	Shoreview Resident
For up to 8 children	\$ 184	\$ 176
Each additional child	\$ 23	\$ 22

COCONUT COVE PRIVATE PARTY ROOM

Coconut Cove is a private party room located within Beachcomber Bay. With a beautiful underwater mural and view of Tropics Waterpark, it is the perfect setting for families looking for a quieter, more personalized party option to make your child's birthday even more special! Coconut Cove has a maximum capacity of 15. Upgrade consists of 90 minutes in party room.

Rate: Add \$34 to your party package



MAKE a SPLASH!

Make your child's birthday party special! Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our four birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

Call 651.490.4790 to reserve your party package today!



Shoreview
Community Center

Tropics Waterpark
& Fitness Center



Call 651.490.4790
to book your party!

4580 Victoria Street North • Shoreview, MN 55126
www.ShoreviewCommunityCenter.com



Shark Attack Waterslide

Have your next event at the Shoreview Community Center!

We have the perfect setting for scout groups, school groups, family gatherings, church groups, birthday parties and team parties.

Enjoy the amenities the Shoreview Community Center has to offer!

Call 651.490.4790 to make your reservation today!



POOLSIDE PARTY PACKAGE



Waterpark & Indoor Playground

- Full day use of Tropics Indoor Waterpark and Tropical Adventures Indoor Playground
- 2 hours of private poolside party room for up to 50 people
- Option to bring in your own food or you may purchase food from our Wave Cafe
- Free jumbo locker available for use
- Printable invites



Available Times:

Fridays at 5 p.m. or 7:30 p.m.

Saturdays at 5:30 p.m.

Sundays at 4:30 p.m.

	Rate	Shoreview Resident
Includes 10 wristbands	\$ 230	\$ 210

**Additional wristbands may be purchased at our discounted group rate the day of your event.*

**\$25 refundable damage deposit required. Sales tax extra.*

RENT A PARTY ROOM!



Rent one of our rooms on the upper level of the Community Center for your special gathering. Each room accommodates 20 partygoers for 2 hours of party time; adjoining rooms may be rented to accommodate up to 60. You may bring in your own food, cake, and decorations. **Daily passes are sold separately.**

Meeting Room (Per 2-hour time block)	Rate	Shoreview Resident
Monday-Thursday	\$ 50	\$ 35
Friday-Sunday	\$ 60	\$ 45

**\$25 refundable damage deposit required. Sales tax extra.*

After Hours Parties

Have the place to yourself and invite your friends! The Shoreview Community Center is available for exclusive use overnight and after-hours. Each rate is listed per person and includes use of the Tropics Indoor Waterpark, gym facilities, and meeting rooms. Refundable damage deposit required. A minimum payment of 45 people is necessary to rent our facility overnight. All guests in attendance of an after-hours event must be paid for (*both swimming & non-swimming*).

PARTY DURATION	Rate	Shoreview Resident
Two hours	\$ 12.50	\$ 12.00
Three hours	\$ 13.00	\$ 12.50
Four hours	\$ 13.50	\$ 13.00
Overnight	\$ 21.00	\$ 19.00

Our banquet rooms are perfect for corporate events, wedding ceremonies, receptions, dinners, and dances.



Shoreview Room

Experience the elegance of our Shoreview Room for your next event. You and your guests will enjoy the convenience of the adjacent Fireside Lounge and expanded dance floor.

- Seating up to 300.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- New audio-visual equipment
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 750.....	\$ 650
Friday	\$ 1,150.....	\$ 1,050
Saturday.....	\$ 1,400.....	\$ 1,300

*Fees are subject to change. Sales tax will be added to rates. Call for more information.

Wedell Community Room

The Community Room features round tables, oak parquet dance floor, indirect lighting, and audio/visual equipment.

- Seating up to 250.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- \$500 Refundable damage deposit is required.
- Kitchen Use Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires MN licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 500.....	\$ 425
Friday	\$ 850.....	\$ 750
Saturday.....	\$1,050.....	\$ 950

Half Room	Rate*	Shoreview Resident*
Sunday–Thursday	\$ 290.....	\$ 260
Friday and Saturday.....	N/A.....	N/A

*Fees are subject to change. Sales tax will be added to rates. Call for more information.

Call for More Information

Community Center Information
651.490.4700

Recreational Programs (classes)
651.490.4750

Rental Information
651.490.4790

City Information
651.490.4600

Haffeman Pavilion (closed until May 2018)

It's not too early to reserve your space for a family picnic, company event, or graduation gathering at the Haffeman Pavilion located behind the Shoreview Community Center. Picnic tables accommodate up to 125 people! Call to reserve your date: 651.490.4790. Pavilion rental hours are 8 A.M. – 8 P.M. daily.

Rate: \$275; \$250 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.



Picnic Shelter Rentals

Our parks are the perfect place for a small gathering or birthday party. Reserve a picnic shelter for your next event by calling 651.490.4790. Rental fee is \$30 plus tax.

Lake Judy Park.....	Seats 15	Shamrock Park.....	Seats 35
McCullough Park.....	Seats 15	Commons Park.....	Seats 20
Sitzer.....	Seats 24	Bucher Park.....	Seats 24



Meeting Rooms

We are able to accommodate 20 people per room, depending on table and chair set-up. Retractable walls allow flexibility for accommodating large groups and seminars.

- Meeting rooms are rented in 2-hour blocks of time.
- Rates are listed per room for each time block rented.

Meeting Room (Per 2-hour time block)	Rate*	Shoreview Resident*
Monday-Thursday	\$ 50.....	\$ 35
Friday-Sunday.....	\$ 60.....	\$ 45

*Sales tax will be added to rate. Refundable damage deposit required. For organizations, Shoreview Residency applies when 50% of group lives in Shoreview and contact person is a Shoreview resident.



Island Lake Room

Our new Island Lake Room is comfortable and quiet, suitable for all your meeting needs. Enjoy the window lighting as well as the on-site audiovisual equipment, including an interactive white board.

- Island Lake Room is rented in 2-hour blocks of time.

Rate: \$75; \$60 Shoreview Resident

*Sales tax will be added to rate. Refundable damage deposit required.



Call for More Information

Community Center Information

651.490.4700

Recreational Programs (classes)

651.490.4750

Rental Information

651.490.4790

City Information

651.490.4600



WINTER RECREATION PROGRAMS

REGISTRATION SCHEDULE

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs. **Begins Tuesday, December 5 at 8 A.M.**

Annual Community Center Member Registration

Begins Thursday, December 7 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required. **Begins Friday, December 8 at 8 A.M.**

Phone Registration

Begins Monday, December 11 at 8 A.M.

*See page 62 for registration information.

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6 EASY WAYS TO REGISTER

1. On-line at: www.shoreviewcommunitycenter.com
2. Mail-in
3. Fax 651.490.4797 payment by credit card only
4. Drop-off
5. In-person
6. Over the phone after December 11



Shoreview Parks and Recreation

4580 Victoria St. N | Shoreview, MN 55126 Office
located on upper level of the Shoreview Community Center
651.490.4750

recreation@shoreviewmn.gov
www.ShoreviewCommunityCenter.com

Office Hours

Monday – Friday 8:00 A.M. – 4:30 P.M.

SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent - instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

PRIVATE LESSONS

Private Lessons (PR) *Ages 3 to Adult*

30-minute swim lessons; available at set times.

Private Lessons:

Rate for 8 lessons: \$180; \$163 Shoreview Resident

Rate for 6 lessons: \$135; \$113 Shoreview Resident

Semi-Private Lessons:

Rate for 8 lessons: \$134; \$121 Shoreview Resident*

Rate for 6 lessons: \$100; \$91 Shoreview Resident*

*Cost each for 2 participants of equivalent ability

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.

Custom Private Lessons

Private Lesson Rate: \$224; \$204 Shoreview Resident

Semi-Private Lesson Rate*: \$153; \$139 Shoreview Resident

*Cost each for 2 participants of equivalent ability

Custom private or semi-private lessons are designed to fit each individual based on their skill level and scheduling availability. These custom lessons allow the individual to progress at their pace and have a customized lesson plan that fits their goals. Our custom private instructors have a passion for teaching swimming and have many years of experience. Contact the Aquatic Coordinator at 651.490.4766 for more information or set up your custom private lessons.

Custom Private Instruction provides:

- Flexible scheduling with 3 months to complete after first lesson starts
- Option to reschedule with advance notification
- You can choose between 4, 60-minute lessons or 8, 30-minute lessons
- After your session is complete you can continue without taking a session break

GROUP LESSONS

Rate for 8 group lessons: \$86; \$78 Shoreview Resident

Rate for 6 group lessons: \$64; \$58 Shoreview Resident

These lessons will have 1 instructor to a maximum student ratio of:

(MR), (PS), (YB), (AL) 1 to 4

(L1) – (L3) 1 to 5

(L4) – (L6), (IS), (IL) 1 to 6

Classes with more students will be assigned an aid to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.

ADULT LESSONS

Adult Lessons1 (AL): Beginner

It's never too late to learn how to swim and enjoy the water.

With the guidance of our swim instructors, you will learn basic swimming skills in a safe environment while gaining confidence in the water. The following skills will be covered:

- Front/Back Floats
- Front/Back Kicking w/support
- Breathing
- Recovery Position
- Comfort in water independently

PARENT/CHILD LESSONS

Star Fish

(SF 1) *Ages 9 months to 24 months*

(SF 2) *Ages 24 months to 36 months*

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

Manta Ray (MR) *Ages 2 ½ to 4 years old*

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. The main goal of this class is to gain confidence and familiarity in a pool environment independently from a guardian.

Swimmers will learn the following:

- Enter/Exit water independently
- Comfort with group instruction independent from guardian
- Blow bubbles
- Submerge head
- Arm scoops

ADVANCED LESSONS

Level 5 (L5): Dolphins

Level 5 refines coordination and technique while increasing endurance in the front and back crawl and elementary backstroke while learning the butterfly. Swimmers will learn the following:

- Front crawl with 1 flip turn (100 yards)
- Back crawl with open turns (100 yards)
- Elementary backstroke (100 yards)
- Breaststroke (50 yards)
- Butterfly (½ length)
- Dolphin kick (50 yards)

Level 6 (L6): Orcas

Level 6 polishes strokes and develops a strong technique to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Front crawl with flip turns (200 yards)
- Back crawl with open turns (200 yards)
- Breaststroke with underwater pull outs (11 yards)
- Butterfly (25 yards)
- Individual Medley (100 yards)
- Sidestroke (25 yards)

Introduction to Lifeguarding (IL)

During this class you will join a professional lifeguard to learn about water safety, first aid techniques, and basic water rescues. Participants will get the chance to shadow a lifeguard in rotation to gain a better understanding of the daily responsibilities of a lifeguard.

Introduction to Swim Team (IS)

\$134; \$121 Shoreview Resident

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke and freestyle; along with competitive turns. **This class is one hour.**



FREE SWIM CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

Sunday, November 26 11:00 A.M. – 12:00 P.M.

If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.



DIVE-IN MOVIE

FRIDAY, JANUARY 19 @ 7PM
FRIDAY, MARCH 2 @ 7PM

Join your friends and family at the Tropics Indoor Waterpark for Dive-In Movie nights! Guests can float with water noodles (*not provided*), relax on giant sea creatures, or lounge on poolside chairs and enjoy a popular family-friendly movie. No need to register; your purchase of a daily pass the day of the movie is your ticket to the show! Dive-In Movies are free for Community Center members. Bring a non-perishable food item to donate to the Ralph Reeder Food Shelf & receive one free glow in the dark necklace*! (*limit 1 per person, while supplies last) See page 47 for more information.

BEGINNER LESSONS

Preschool (PS): Jelly Fish *Ages 3 - 4*

Preschool is an introduction level to group learning without a guardian in the water. The main goal is to gain confidence and knowledge in basic swim skills which include: floating and front crawl with an introduction to rhythmic breathing. Swimmers will learn the following:

- Unassisted Entry/Exit
- Front/Back Floats with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms
- Rhythmic breathing with bubbles

Level 1 (L1): Angel Fish *Ages 3 ½ or passed preschool*

Swimmers will learn basic exploration that leads to assisted swimming. Students should be comfortable in the water and come prepared to put their face in the water. The main objective of level 1 is to expand knowledge and confidence in floats, glides and front crawl with rhythmic breathing. Swimmers will learn the following:

- Independent front/back floats for 5 seconds
- Introduction to front/back glides with instructor support
- Flutter kicking on front/back with barbell support
- Front crawl arms with rhythmic breathing and support

Level 2 (L2): Sea Monkeys *Ages 4 or passed level 1*

The objective of level 2 is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers must be comfortable on their own and fully submerged in water where they can touch. The main goal is to develop confidence and competence in floating, gliding, kicking independently while gaining the knowledge in front crawl with rhythmic breathing without support. Swimmers will learn the following:

- Front/Back floats unsupported for 10 seconds
- Front/Back glides with flutter kick
- Flutter kicking on front/back with barbell support for 8 yards
- Front crawl with rhythmic breathing and barbell support for 8 yards
- Elementary backstroke arms
- Jump into deep water, submerge and return to wall independently

Youth Beginner (YB) *Ages 6 & older*

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. Students will be in a class with other school - aged children and learn at a faster pace. Students can continue to take youth beginner until they reach a level that includes their peers.



INTERMEDIATE LESSONS

Level 2.5 (L 2.5): Otters

Level 2.5 bridges the gap between L2 and L3. The objective of this level is to develop knowledge in the elementary backstroke and gain technique and endurance in the front crawl with rhythmic breathing. Swimmers will learn the following:

- Front/Back glide with flutter kick
- Flutter kick on front/back with support (25 yards)
- Front crawl with controlled rhythmic breathing (½ length)
- Elementary backstroke (½ length)
- Introduction to whip kick

Level 3 (L3): Seals

Level 3 builds on skills by coordinating strokes and increasing endurance. The main objective is to gain technique and endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Flutter kick on front/back with equipment (50 yards)
- Front glide with flutter kick to front crawl
- Back glide with flutter kick to back crawl
- Front crawl with rhythmic breathing (25 yards)
- Back crawl (½ length)
- Elementary backstroke (25 yards)

Level 4 (L4): Sting Rays

Level 4 develops endurance in previously learned strokes and introduces breaststroke. The objective is to gain knowledge and technique skills in the breaststroke while gaining endurance in the front and back crawl and elementary backstroke. Swimmers will learn the following:

- Front crawl with open turn (50 yards)
- Back crawl with open turn (50 yards)
- Elementary backstroke (50 yards)
- Breaststroke (25 yards)
- Dolphin kick

WEEKLY CLASSES | 1 day per week for 8 weeks

Monday Jan. 8 - Mar. 12

No Class: Jan. 15 & Feb. 19

Tuesday Jan. 2 - Feb. 20

Wednesday Jan. 3 - Feb. 21

Thursday Jan. 4 - Feb. 22

Friday Jan. 5 - Feb. 23

MORNING			EVENING			MORNING			EVENING			MORNING		
Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #	Time	Level	Activity #
9:00 A.M.	MR	130117-01	4:30 P.M.	PS	130111-05	9:10 A.M.	PR	130114-01	4:30 P.M.	L1	130101-12	9:10 A.M.	PR	130114-03
9:40 A.M.	L1	130101-01		L1	130101-06	9:55 A.M.	PS	130111-02		L2	130102-07	9:55 A.M.	SF 1	130110-02
10:20 A.M.	PS	130111-01		PR	130114-12	10:40 A.M.	SF 1	130110-01		PR	130114-25		SF 2	
EVENING				PR	130114-13	10:40 A.M.	SF 2				PR	130114-26	10:40 A.M.	MR
4:30 P.M.	PS	130111-03		PR	130114-14	11:20 A.M.	PR	130114-02		PR	130114-27	11:20 A.M.	L1	130101-02
	L2	130102-01	5:15 P.M.	PS	130111-06	EVENING			5:15 P.M.	MR	130117-06		L1	130101-13
	L2.5	130112-01		L2	130102-03	4:30 P.M.	L1	130101-09		L1	130101-13		L3	130103-07
	PR	130114-04		L2.5	130112-05		L2	130102-05		L3	130103-07		L3	130113-02
	PR	130114-05		L3	130103-02		L2.5	130112-09		YB	130113-02		PR	130114-28
5:15 P.M.	MR	130117-03		L4	130103-02		PR	130114-19	6:00 P.M.	PS	130111-11		PR	130114-30
	L1	130101-03	6:00 P.M.	MR	130117-04	5:15 P.M.	MR	130117-05		L1	130101-14		PR	130114-34
	L2.5	130112-02		L1	130101-07		PS	130111-08		L2.5	130112-13		PR	130114-32
	YB	130113-01		L2.5	130112-06		L2.5	130112-10		L4	130104-03		PR	130114-33
	PR	130114-06		L5	130105-01		L2.5	130112-11		PR	130114-29		PR	130114-31
6:00 P.M.	SF 1	130110-03		PR	130114-15	6:00 P.M.	SF 2	130110-04	6:45 P.M.	PS	130111-12		PS	130111-12
	SF 2			PR	130114-16		SF 2				L1	130101-15		L2
	PS	130111-04	6:45 P.M.	PS	130111-07		PS	130111-09		L2	130102-08		L2.5	130112-14
	L1	130101-04		L1	130101-08		L1	130101-10		L2.5	130112-14		L3	130103-08
	L2.5	130112-03		L2	130102-04		L2	130102-06		L3	130103-08		L5	130105-03
	L3	130103-01		L2.5	130112-07		L3	130103-05		L5	130105-03	7:25 P.M.	L4	130104-04
	L4	130104-01		L3	130103-03		L5	130105-02		L4	130104-04		PR	130114-31
6:45 P.M.	L1	130101-05		L6	130106-01	6:45 P.M.	PS	130111-10		PR	130114-31		PR	130114-32
	L2	130102-02	7:25 P.M.	L2.5	130112-08		L1	130101-11		PR	130114-32		PR	130114-33
	L2.5	130112-04		L3	130103-04		L2.5	130112-12		PR	130114-33		PR	130114-34
	PR	130114-07		PR	130114-17		L3	130103-06		PR	130114-34			
	PR	130114-08		PR	130114-18		PR	130114-22						
	PR	130114-09					PR	130114-23						
7:25 P.M.	PR	130114-10				7:25 P.M.	PR	130114-24						
	PR	130114-11					IS	130109-01						
8:05 P.M.	AL	130115-01												

LESSON RATES

8 Lessons

Group
\$86; \$78 Shoreview Resident

Private
\$180; \$163 Shoreview Resident

Semi-Private
\$134; \$121 Shoreview Resident
(2 participants of equivalent ability)

6 Lessons

Group
\$64; \$58 Shoreview Resident

Private
\$135; \$113 Shoreview Resident

Semi-Private
\$100; \$91 Shoreview Resident
(2 participants of equivalent ability)

AQUATIC KEY

- SF 1** Starfish 9-24 months
- SF 2** Starfish 24-36 months
- MR** Manta Ray
- PS** Preschool
- L1** Level 1, 2, etc.
- YB** Youth Beginner
- PR** Private Lessons
- IS** Intro to Swim Team
- IL** Intro to Lifeguarding
- AL** Adult Lessons

SWIM LESSONS AT THE COMMUNITY CENTER POOL

Saturday Jan. 6 - Feb. 24

CHIPPEWA MIDDLE SCHOOL

Saturday Jan. 6 - Feb. 24

MORNING

Time	Level	Activity #
8:15 A.M.	PS	I30111-13
	L1	I30101-16
	L2	I30102-09
	L2.5	I30112-15
	YB	I30113-03
	PR	I30114-35
	PR	I30114-36
	PR	I30114-37
	PR	I30114-38
	PR	I30114-39
9:00 A.M.	MR	I30117-07
	PS	I30111-14
	L1	I30101-17
	L2	I30102-10
	L2.5	I30112-16
	L2.5	I30112-17
	L3	I30103-09
	L4	I30104-05
	PR	I30114-40
	PR	I30114-41
9:45 A.M.	SF 2	I30110-05
	PS	I30111-15
	L1	I30101-18
	L2	I30102-11
	L2.5	I30112-18
	L2.5	I30112-19
	L3	I30103-10
	L6	I30106-02
	PR	I30114-42
	PR	I30114-43
10:30 A.M.	SF 1	I30110-06
	MR	I30117-08
	PS	I30111-16
	L1	I30101-19
	L2.5	I30112-20
	L3	I30103-11
	L4	I30104-06
	YB	I30113-04
	PR	I30114-44
	PR	I30114-45
11:15 A.M.	PS	I30111-17
	L1	I30101-20
	L2	I30102-12
	L2.5	I30112-21
	L2.5	I30112-22
	L3	I30103-12
	L5	I30105-04
	PR	I30114-46
	PR	I30114-47

AFTERNOON

Time	Level	Activity #
12:15 P.M.	IS	I30109-02
	PR	I30114-48
	PR	I30114-49
12:50 P.M.	L5	I30105-05
	PR	I30114-50
1:25 P.M.	L4	I30104-07
	IL	I50305-01
	PR	I30114-51
2:00 P.M.	L6	I30106-03
	PR	I30114-52
	PR	I30114-53
2:35 P.M.	PR	I30114-54
	PR	I30114-55
	PR	I30114-56

Sunday Jan. 7 - Feb. 25

MORNING

Time	Level	Activity #
9:00 A.M.	SF 1	I30110-07
	SF 2	
	L1	I30101-21
	L2.5	I30112-23
	PR	I30114-57
	PR	I30114-58
9:45 A.M.	MR	I30117-09
	PS	I30111-18
	L2	I30102-13
	L3	I30103-13
	PR	I30114-59
10:30 A.M.	SF 1	I30110-08
	SF 2	
	PS	I30111-19
	L2	I30102-14
	L4	I30104-08
	PR	I30114-60
11:15 A.M.	MR	I30117-10
	L1	I30101-22
	L2.5	I30112-24
	L2.5	I30112-25
	L5	I30105-06

TWO DAY CLASSES

2 times per week for 3 weeks

Tuesday/Thursday

Feb. 27 - Mar. 15

6 Lessons Only - discounted fee

EVENING

Time	Level	Activity #
4:30 P.M.	L1	I30101-23
	L2	I30102-15
	PR	I30114-66
	PR	I30114-67
	PR	I30114-68
5:15 P.M.	MR	I30117-11
	PS	I30111-20
	L2.5	I30112-26
	PR	I30114-69
	PR	I30144-70
6:00 P.M.	L1	I30101-24
	L2	I30102-16
	L2.5	I30112-27
	L3	I30103-14
	L4	I30104-09
	YB	I30113-05
6:45 P.M.	PS	I30111-21
	L1	I30101-25
	L2	I30102-17
	L2.5	I30112-28
	L2.5	I30112-29
	PR	I30114-71
7:30 P.M.	L5	I30105-07
	PR	I30114-72
	PR	I30114-73
	PR	I30114-74
	PR	I30114-75

A NOTE ABOUT COMMUNITY CENTER LESSONS

- Swimming lessons will not be canceled if Mounds View School District cancels their after school activities due to weather.
- Group classes with fewer than 2 registered participants are subject to cancellations.
- Students are not allowed to swim before or after lessons unless they have purchased a wristband during the following times: Weekday Morning lessons (school year only), Weekday Evening lessons (all year), and weekend Morning lessons (at 12:00 P.M. when the water park opens).
- If your child needs a quieter environment to learn please look at our Saturday & Sunday availability for lessons. The pool is exclusively for lessons and lap swim during this time.
- Children ages 4 and under may use either locker room or the family locker room. Children ages 5 and older must use the same-gender locker room or family locker room.
- Have your child use the bathroom and shower before entering the pool area. Instructors & lifeguards are not allowed to take a child to the bathroom during lessons.
- On the first day of lessons, we will meet on the pool patio located by the entrance to the pool prior the start of class to go over first day introductions.
- We do not have make up lessons for group or private lessons.
- The pool water temperature is kept between 83 and 84 degrees.

RED CROSS COMMUNITY CPR/AED

Ages 16+

Tuesday, February 6.....6:00 P.M. – 10:00 P.M.
\$92; \$83 Shoreview Residents **Activity # 150301-01**

Deadline to Register: Tuesday, January 30

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain, CPR mask and ready reference materials.

RED CROSS STANDARD FIRST AID

Ages 16+

Thursday, February 8.....6:00 P.M. – 8:30 P.M.
\$59; \$54 Shoreview Resident..... **Activity # 150301-02**

Deadline to Register: Tuesday, January 30

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

RED CROSS COMMUNITY CPR/AED & FIRST AID

Ages 16+

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Tuesday, February 6.....6:00 P.M. – 10:00 P.M.
and Thursday, February 8.....6:30 P.M. – 8:30 P.M.
\$104; \$95 Shoreview Residents..... **Activity # 150301-03**

Deadline to Register: Tuesday, January 30

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain CPR mask and ready reference materials.

SNORKELING

Ages 8 to 13

\$26; \$23 Shoreview Resident..... 11:00 A.M. – 12:00 P.M.
Monday, February 19 **Activity # 130306-01**

Come learn the basics of snorkeling and we will provide the equipment. A variety of abilities are encouraged to join us in discovering the underwater world. Basic swimming skills are needed.



BABYSITTING 101

Grades 5 to 7 \$66; \$60 Shoreview Resident
Saturdays, 8:00 A.M. – 12:00 P.M.

January 20 **Activity # 150101-01**
February 17 **Activity # 150101-02**
March 10..... **Activity # 150101-03**

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.



BOY SCOUT MERIT BADGES

Swimming and Lifesaving Merit Badges can be completed at the **Chippewa Middle School pool**. You will be asked to provide the Merit Badge Books and Certification Card. We will provide the Swimming or Lifesaving workbook and Instructor.

Swimming Merit Badge.....Activity # 130301-01
\$61; \$55 Shoreview Resident

Wednesday, March 14..... 5:00 P.M. – 8:00 P.M.

Deadline to Register: Wednesday, March 7

Location: Chippewa Middle School Pool

Lifesaving Merit Badge.....Activity # 130301-02
\$67; \$61 Shoreview Resident

Wednesday, March 14..... 5:00 P.M. – 8:30 P.M.

Deadline to Register: Wednesday, March 7

Location: Chippewa Middle School Pool



PARTY IN THE TROPICS

Host your next scout party at the Tropics Indoor Waterpark!

POOLSIDE PARTY PACKAGE:

- \$230, \$210 Shoreview Resident
- Two hours of private poolside room for 50 guests
- 10 admission wristbands for full day's use of facilities
- Bring your own food or purchase food from the Wave Cafe

Call 651.490.4790 or email rentals@shoreviewmn.gov for more info!

AQUA YOGA

Date	Time	Activity #	Fee
Wed. Jan. 3	8:00am	110550-01	\$6
Sun. Jan 7	8:00am	110550-02	\$6
Wed. Jan. 17	8:00am	110550-03	\$6
Sun. Jan. 21	8:00am	110550-04	\$6
Wed. Jan. 31	8:00am	110550-05	\$6
Sun. Feb. 4	8:00am	110550-06	\$6
Wed. Feb. 14	8:00am	110550-07	\$6
Sun. Feb. 18	8:00am	110550-08	\$6
Wed. Feb. 28	8:00am	110550-09	\$6
Sun. Mar. 4	8:00am	110550-10	\$6
Wed. Mar. 7	8:00am	110550-11	\$6
Sun. Mar. 18	8:00am	110550-12	\$6



SAVE A LIFE.

HIRING EVENT AT SHOREVIEW COMMUNITY CENTER

ROOMS 202-203 | NO CERTIFICATION REQUIRED | FREE LIFEGUARD LICENSE (\$225 VALUE)

APPLY ONLINE AT SHOREVIEWCOMMUNITYCENTER.COM OR IN PERSON

SUNDAY, JANUARY 7

2PM - 5PM

PERSONAL TRAINING:

A trainer can plan a safe, effective program and provide one-on-one instruction to ensure you use proper form and technique, exercise at the appropriate intensity, and maximize the effectiveness of your workout. Personal Trainers serve as coaches, educators and a source of encouragement to help you overcome obstacles and stick to your program. Personal Training comes in packages of 1, 3, 6 and 12 sessions. All sessions expire one year from the date of purchase.

Personal Trainers will:

- Establish realistic goals and determine safe strategies to achieve those goals
- Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- Achieve maximum results in minimum time
- Provide encouragement and accountability

How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, while others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress.

Sessions	Regular	Resident
Fitness Assessment.....	\$34	\$29
Single Session.....	\$72	\$67
Three Sessions.....	\$201	\$185
Six Sessions.....	\$379	\$352
Twelve Sessions.....	\$718	\$663
Twenty-four Sessions.....	\$1360	\$1236

Buddy Personal Training:

Buddy Sessions	Regular	Resident
Assessment.....	\$34.50	\$29
Single Session.....	\$54	\$50
Three Sessions.....	\$153	\$140
Six Sessions.....	\$285.50	\$264
Twelve Sessions.....	\$539	\$498

What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, postural assessment, cardiovascular testing, and sports-specific tests. You can register for a fitness assessment without signing up for personal training, however, assessments are included in personal training packages of 3, 6, and 12 sessions for first time clients.



BLACK FRIDAY PUNCH CARD SALE

**Punch cards purchased between November 24-26
will have 8 class passes instead of 5!**

Special registration forms will be available at Parks & Recreation.

Call 651.490.4750 for more information.

GROUP FITNESS CLASSES

Call for information: 651.490.4750

WINTER SESSION Jan. 2 – Mar. 25 (12 weeks)
No class Jan. 1 (11 weeks)

AQUA CLASSES SESSION

A.M. CLASSES: Jan. 2 - March 30 (13 weeks)
No class Jan. 1 (12 weeks)
P.M. CLASSES: Jan. 3 - March 8 (10 weeks)

Welcome to Shoreview's group fitness classes. The Shoreview Parks and Recreation Fitness program boasts the best equipment in the industry with two state-of-the-art fitness studios. Our classes utilize high-quality resistive equipment, and new, innovative program offerings. Our instructors are nationally certified and follow the standards and recommendations of nationally accredited fitness organizations.

Shoreview is committed to providing fitness opportunities for individuals of all ages, fitness levels, and health status. Most fitness classes are suitable for everyone, but there are also class options available for beginners and those looking for classes of lower intensity levels. Please feel free to call to find out which classes best suit your needs – 651.490.4750.

Annual Members receive 30% off group fitness classes listed on pages 38-39. Discount now available online! Partial payment plan available.

FITNESS PUNCH CARDS

Give our fitness classes a try! This Punch Card will allow you to take five classes during the session. Note: if individual classes are full, Punch Card holders may not be able to participate. Drop-In class schedule will be available the first week of classes. Card does not include Tae Kwon Do classes.

General Fitness Classes
\$37.50; \$35 Shoreview Resident

Indoor Group Cycling, Cycling, Zumba®, Kettlebell, TRX®
\$46.50; \$43.25 Shoreview Resident

Yoga, Pilates, and Yogalates
\$54.25; \$49 Shoreview Resident

Available for purchase at the Upper Parks and Recreation Desk during office hours: M-F, 8 A.M. – 4:30 P.M. Over the phone payment accepted at 651.490.4750.

DROP-IN RATES

Drop-in passes allow you to attend a class. Drop-in schedule will be available the first week of classes.

General Fitness Classes Drop-in Rate
\$8.50; \$8.00 Shoreview Resident

Indoor Group Cycling, Zumba®, TRX®, Kettlebell
\$10.30; \$9.70 Shoreview Resident

Yoga, Pilates, and Yogalates
\$11.90; \$10.90 Shoreview Resident

MIND/BODY OPTIONS

Mind/Body Yoga & Other Yoga Classes

Begin to experience inner peace through awareness of your mind, body and spirit through various Yoga classes. Mind/Body Yoga emphasizes flexibility, balance and overall strength. Each class teaches stretching, breath awareness, and deep relaxation through meditation. Additional classes include Yoga Strength, Yogalates (a fusion of Yoga and Mat Pilates) and Candlelight Yoga, and Aqua Yoga. Candlelight Yoga is performed in the relaxing atmosphere of candlelight.

TRX® Yoga **NEW CLASS!**

This class incorporates suspension training through the use of TRX® to compliment, enhance and support your yoga practice. Enhance your flexibility and balance by utilizing TRX® to help deepen your poses and to build strength around the body's core. This class is appropriate for all levels.

Head 2 Toe Stretch (35 minutes) **NEW CLASS!**

This 35-minute classes focuses on stretching the major muscle groups, increasing flexibility and improving your athletic performance. This class is appropriate for everyone, and will benefit people of all fitness levels.



STRENGTH/CARDIO OPTIONS

Beginner TRX® **NEW CLASS!**

Learn the fundamentals behind the setup of the TRX®, as well as the core principles of TRX® exercises, while getting a great workout.

Boot Camp

This workout incorporates exercises designed to enhance your agility, speed, power, strength and quickness. Class formats may include Tabata, strength exercises, circuit training, core work, bodyweight exercises and a variety of other training methods to ensure you maximize your results.

Cardio and Strength Conditioning

This class fuses cardiovascular and strength exercises to provide you a complete strength and cardiovascular workout. All levels of fitness welcome.

Cardio Dance

Increase cardiovascular endurance and burn fat as you workout using combinations of movements and floor patterns. The instructor provides modifications, including low-impact alternatives, to accommodate all fitness levels, creating a fun cardio class that will help you reach your goals safely and effectively.

Cardio Kickboxing

A dynamic and energetic class that combines kicks, jabs, upper and full body movements to strengthen your body, and provide a great cardiovascular workout.

Classic Cycle, Strength and Stretch

This low impact class incorporates cycling, strength exercises and a stretching component to provide a total body workout.

Classic Strength

This class focuses on strength exercises and routines while protecting your joints by keeping the moves low impact.

Core Fusion

If you're looking for a strong, lean and graceful body, then this class is for you. Core Fusion mixes body sculpting strength exercises with cardio, flexibility, and balance work to help you achieve a lean look.

Indoor Group Cycling

Indoor Group Cycling is fun, challenging and accommodates all fitness levels using revolutionary group exercise cycles. This energetic class consists of a continuous bike ride set to up-beat music. Climb hills, sprint, and ride in and out of the saddle to simulate cycling outdoors. The resistance of the stationary bikes is adjustable to provide a variety of intensities.

Kettlebell/HIIT/TRX®

This class combines the strength benefits of a traditional Kettlebell workout and the cardiovascular benefits of a High Intensity Interval Workout (H.I.I.T.) and Total Resistance Training (TRX®) resulting in an intense total body workout in 30 minutes.

Kettlebell Training

Transform your body with kettlebell exercises that develop strength, power and stamina. This kettlebell class fuses exercises using kettlebell and non-kettlebell conditioning drills to provide a total body workout that will leave you feeling strong and lean.

Minute Burn

Feel the ultimate burn as you rotate through three rounds of 1-minute exercises each for your upper body, lower body, and core, followed by a 1-minute cardio burst. Class concludes with an extended core portion and stretch.

Power Pump

Power Pump is a strength training workout that targets the major muscle groups to strengthen and tone your body. This class utilizes supersets, tempo changes, alternating slow and fast reps, and pulsing that challenges your body. Equipment used includes a weight bar, weight plates, dumbbells, and resistance bands. Power Pump is suitable for all fitness abilities.

Power Strength

Power Strength class is a progressive weight lifting workout, focusing on your form and learning body mechanics while executing the lift. There is a set routine with challenging the reps and weights, but this is not a choreographed lift class set to aerobics music. Looking to increase muscle strength and learn about proper lifting technique? This is the class for you!

Step Cardio

Warm up with basic step moves, then learn fun patterns, combinations and movements on an adjustable step to work at all levels of endurance. Class ends with a core exercise component and a cool-down.

Strength Conditioning

This basic strength class uses hand weights, resistance bands, stability balls and various other equipment to strengthen major muscle groups of your body. Everyone works at their own level of intensity and chooses their own weight loads and resistance levels.

Circuit Class **NEW CLASS!**

This fast-paced class incorporates stations of cardio, strength, plyometrics, and core training.

Tabata (30 min.)

Tabata features 20 second intervals of extreme exercise, followed by 10 seconds of rest, repeated eight times. These bursts of intense exercise mixed with various other strength and cardio drills will torch calories, increase your cardiovascular endurance, and build muscle in minimal time. *30 minute class.

Total Body Workout

Work all of your muscles in this total body workout. Improve your agility, speed, strength and endurance. Classes utilize a variety of weights, bodyweight exercises, conditioning drills, cycling, kickboxing, core work, kettlebells and more. Come ready to work, leave feeling accomplished.

TRX® Suspension Training (30 minutes)

Born in the Navy SEALs, Suspension Training bodyweight exercise develops strength, balance, flexibility and core stability simultaneously. It requires the use of the TRX Suspension Trainer, a highly portable performance training tool that leverages gravity and the user’s body weight to complete hundreds of exercises. Class size is limited, register to guarantee a spot.

Warrior Sculpt

Combine Pilates, Strength and cardio into one class. Take Yoga to a new level by adding light and heavy weights to traditional poses, and get your heart rate up by adding cardio drills and squats.

Zumba®

Take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. Super effective and fun!

SENIORFIT CLASSES

SeniorFIT Strength Training

This strength training class focuses on increasing muscular strength, making everyday tasks such as lifting and bending safer and easier. Moving to your favorite music, the instructor will lead you in a variety of exercises using light weights, bands and exercise balls.

SeniorFIT Advanced Circuit

This class balances cardiovascular and strength training, providing a well-rounded, efficient workout. Use a variety of fitness equipment like resistance bands and hand-weights, combined with non-impact aerobics, and motivating music to get moving.

SeniorFIT Aqua Exercise

SeniorFIT Aqua Exercise is a low-impact yet highly effective class designed to increase strength, endurance, and range of motion. This class is held in the Community Center pool and swimming ability is not required.

SeniorFIT Yoga and Stretch

Feel your stress melt away as the instructor takes you through yoga positions to increase your flexibility, improve your balance, and strengthen your core. Leave class feeling refreshed, relaxed and energized.

WATER OPTIONS

All water classes are held in the Shoreview Community Center pool. The pool depth never exceeds 4½ feet, and the water temperature is regulated for maximum comfort. Swimming ability is not required – the gentle slope of the pool allows each participant to work at an appropriate depth.

Aqua Fit

Aqua Fit uses the water’s natural resistant properties to help you increase overall muscle strength and endurance while conditioning your cardiovascular system.

Cardio Aqua Dance

Achieve long-term benefits while experiencing an absolute blast in our pools with exciting calorie burning and body energizing movements! The water provides natural resistance, making every step more challenging to help tone muscles.

\$6 Aqua Yoga

The supportive environment of the pool not only provides easier access to muscles and joints, but also allows for a deeper sense of the mind/body connection. This class integrates slow, fluid movements to help improve flexibility, balance, posture, and breathing. Those with muscle or joint limitations, pregnant women, athletes, and experienced yoga students looking to deepen their practice will enjoy the peaceful and calming effects of the water. Note: this class is 45 minutes and not scheduled every week.

AQUA YOGA			
Date	Time	Activity #	Fee
Wed. Jan. 3	8:00am	110550-01	\$6
Sun. Jan 7	8:00am	110550-02	\$6
Wed. Jan. 17	8:00am	110550-03	\$6
Sun. Jan. 21	8:00am	110550-04	\$6
Wed. Jan. 31	8:00am	110550-05	\$6
Sun. Feb. 4	8:00am	110550-06	\$6
Wed. Feb. 14	8:00am	110550-07	\$6
Sun. Feb. 18	8:00am	110550-08	\$6
Wed. Feb. 28	8:00am	110550-09	\$6
Sun. Mar. 4	8:00am	110550-10	\$6
Wed. Mar. 7	8:00am	110550-11	\$6
Sun. Mar. 18	8:00am	110550-12	\$6

MORNING AND DAYTIME CLASSES

All classes are 50 minutes unless otherwise indicated.
 WINTER 2017-2018 FITNESS CLASSES: January 2 – March 25 (12 Weeks). No class January 1 (11 weeks).

MONDAY No class January 1 - 11 weeks			
5:35 A.M.	Total Body Workout (60 Minutes)	\$72/\$66	110502-01
7:30 A.M.	Mind/Body Yoga	\$108/\$98	110506-09
8:30 A.M.	Classic Strength Conditioning	\$72/\$66	110561-02
8:30 A.M.	SeniorFIT - Strength Training*	\$72/\$66	110161-01
9:15 A.M.	Aqua Fit (Jan. 8 – March 26)	\$78/\$72	110522-01
9:30 A.M.	Total Body Workout	\$72/\$66	110502-06
9:30 A.M.	Minute Burn	\$72/\$66	110558-01
10:30 A.M.	TRX (30 Minutes)	\$91/\$84	110557-08
11:40 A.M.	Mind/Body Yoga	\$108/\$98	110506-01
TUESDAY			
5:35 A.M.	Core Fusion	\$78/\$72	110530-01
6:30 A.M.	TRX (30 minutes)	\$99/\$91	110557-07
8:15 A.M.	SeniorFIT - Aqua Exercise* (Jan. 2 – March 27)	\$85/\$78	110162-01
8:30 A.M.	Mind/Body Yoga	\$118/\$107	110506-02
8:30 A.M.	Power Pump	\$78/\$72	110523-02
9:15 A.M.	Aqua Fit (Jan. 2 – March 27)	\$85/\$78	110522-02
9:30 A.M.	Step Cardio	\$78/\$72	110516-01
9:30 A.M.	SeniorFIT - Yoga & Stretch*	\$78/\$72	110163-01
10:30 A.M.	Cardio Dance	\$78/\$72	110545-02
11:40 A.M.	Strength Conditioning	\$78/\$72	110539-03
12:45 P.M.	SeniorFIT - Strength Training*	\$78/\$72	110161-03
WEDNESDAY			
5:35 A.M.	Total Body Workout (60 minutes)	\$78/\$72	110502-02
8:30 A.M.	Cardio & Strength Conditioning	\$78/\$72	110540-01
9:15 A.M.	Cardio Aqua Dance (Jan. 3 – March 28)	\$85/\$78	110553-01
9:30 A.M.	Indoor Group Cycling	\$99/\$91	110566-01
9:30 A.M.	Total Body Workout	\$78/\$72	110502-07
9:30 A.M.	SeniorFIT - Strength Training*	\$78/\$72	110161-02
10:30 A.M.	SeniorFIT - Yoga & Stretch*	\$78/\$72	110163-02
11:00 A.M.	TRX (30 minute)	\$99/\$91	110557-01
11:40 A.M.	Mind/Body Yoga	\$118/\$107	110506-04
THURSDAY			
5:35 A.M.	Circuit Class	\$78/\$72	110530-02
7:30 A.M.	Yoga TRX	\$99/\$91	110562-01
8:30 A.M.	Mind/Body Yoga	\$118/\$107	110506-07
8:30 A.M.	Power Pump	\$78/\$72	110523-06
9:15 A.M.	Aqua Fit (Jan. 4 – March 29)	\$85/\$78	110522-03
9:30 A.M.	Step Cardio	\$78/\$72	110516-04
10:40 A.M.	Yogalates	\$118/\$107	110525-04
11:40 A.M.	Strength Conditioning	\$78/\$72	110539-04
12:45 P.M.	SeniorFIT - Strength Training*	\$78/\$72	110161-04
FRIDAY			
5:35 A.M.	Total Body Workout (60 Minutes)	\$78/\$72	110502-03
8:15 A.M.	SeniorFIT - Aqua Exercise* (Jan. 5 – March 30)	\$85/\$78	110162-02
8:30 A.M.	Classic Strength Conditioning	\$78/\$72	110561-01
8:30 A.M.	SeniorFIT - Advanced Circuit*	\$78/\$72	110165-01
9:15 A.M.	Aqua Fit (Jan. 5 – March 30)	\$85/\$78	110522-04
9:30 A.M.	Total Body Workout	\$78/\$72	110502-08
9:30 A.M.	Cardio Strength	\$78/\$72	110504-02
10:30 A.M.	SeniorFIT - Yoga & Stretch*	\$78/\$72	110163-03
SATURDAY			
8:30 A.M.	Zumba®	\$99/\$91	110544-06
8:30 A.M.	TRX/Kettlebell/HIIT	\$99/\$91	110510-01
8:30 A.M.	Indoor Group Cycling	\$99/\$91	110510-02
9:30 A.M.	Warrior Sculpt	\$99/\$91	110505-03
10:30 A.M.	Head to Toe Stretch	\$78/\$72	110556-01
SUNDAY			
8:30 A.M.	Indoor Group Cycling	\$99/\$91	110512-09

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 38 & 39.

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

REGISTER EARLY AND SAVE YOUR SPOT IN CLASS!

Classes with fewer than 6 registered participants are subject to cancellations.

Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.

CHILD CARE AVAILABLE!

Mon-Sat..... 8 A.M. – 12:30 P.M.
 Mon-Thu..... 4 P.M. – 8:30 P.M.
 Fri..... 4 P.M. – 7 P.M.

Rate \$1 per hour per child.

See page 19 for additional information and holiday hours.

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center; this does not include Silver and Fit Memberships.
P.M. classes on next page

EVENING CLASSES

All classes are 50 minutes unless otherwise indicated.
WINTER 2017-2018 FITNESS CLASSES: January 2 – March 25 (12 Weeks). No class January 1 (11 weeks).

MONDAY No class January 1 – 11 weeks		
5:20 P.M.	Power Strength	\$72/\$66 110559-01
5:20 P.M.	Yogalates	\$108/\$98 110525-01
6:25 P.M.	Total Body Workout	\$72/\$66 110502-10
6:25 P.M.	Warrior Sculpt	\$72/\$66 110505-02
6:30 P.M.	Zumba®	\$91/\$84 110544-10
7:30 P.M.	Power Pump	\$72/\$66 110523-04
TUESDAY		
4:30 P.M.	Tabata (30 min.)	\$78/\$72 110513-02
5:20 P.M.	Mind/Body Yoga	\$118/\$107 110506-03
5:20 P.M.	Power Pump	\$78/\$72 110523-03
6:15 P.M.	Aqua Fit (Jan. 2 – March 6)	\$65/\$60 110522-05
6:25 P.M.	Cardio Kickboxing	\$78/\$72 110501-01
6:30 P.M.	Yogalates	\$118/\$107 110525-03
7:30 P.M.	Yoga Strength	\$118/\$107 110524-02
7:30 P.M.	Beginning TRX	\$99/\$91 110560-01
WEDNESDAY		
4:15 P.M.	Kettlebell Training	\$99/\$91 110528-03
5:15 P.M.	Step Cardio	\$78/\$72 110516-03
5:20 P.M.	Yogalates	\$118/\$107 110525-02
6:25 P.M.	Functional Training Boot Camp	\$78/\$72 110503-01
6:25 P.M.	Indoor Group Cycling	\$99/\$91 110512-05
6:30 P.M.	Cardio Kickboxing	\$78/\$72 110501-02
THURSDAY		
4:30 P.M.	TRX	\$99/\$91 110557-03
5:20 P.M.	Power Strength	\$78/\$72 110559-02
6:15 P.M.	Aqua Fit (Jan. 4 – March 8)	\$65/\$60 110522-06
6:25 P.M.	Zumba®	\$99/\$91 110544-03
6:25 P.M.	Pilates Fusion	\$118/\$107 110511-01
7:30 P.M.	Mind/Body Yoga	\$118/\$107 110506-05
FRIDAY		
4:30 P.M.	Zumba®	\$99/\$91 110544-04
SUNDAY		
5:30 P.M.	Candlelight Yoga	\$118/\$107 110537-01

*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center, this does not include Silver and Fit Memberships.

* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 38 & 39.

NOTES ABOUT GROUP FITNESS CLASSES:

- Classes with fewer than 6 registered participants are subject to cancellations.
- Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.
- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- Annual Community Center members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Senior Fit classes are free to only seniors with an annual Senior Membership. This does not include Silver and Fit Memberships. Silver and Fit members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Fitness class attendance for members is applicable to the minimum monthly visits required by insurance providers to receive insurance reimbursements.
- All classes are 50 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Minimum age is 14. Ages 12 & 13 may sign up with a parent/guardian.
- Group Fitness insurance Program available. See website for more information.
- Two make-up classes are available per class registration. Please email recreation@shoreviewmn.gov to request a make-up pass.





Traditional Tae Kwon Do

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes will teach kicking, punching, striking, and blocking techniques through the philosophy and discipline of traditional Tae Kwon Do. While learning self defense, you will develop both physically and mentally. You will improve your stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by certified instructors of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be assessed for registrations received after 12 P.M. on the Wednesday following the first class of the session. **Pre-registration is required; dropins are not permitted.**

BEGINNER TAE KWON DO

Tuesdays and Thursdays 6:00 P.M. – 7:00 P.M.

WINTER SESSION A

January 2 – February 8 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity # 410230-01**

WINTER SESSION B

February 13 – March 22 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity # 410232-01**

ADVANCED CLASS

Tuesdays and Thursdays 6:30 P.M. – 7:30 P.M.

WINTER SESSION A

January 2 – February 8 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity # 410231-01**

WINTER SESSION B

February 13 – March 22 (6 weeks)

\$90; \$82 Shoreview Resident.....**Activity # 410233-01**

Location: Gym Activity Room

For ages 7 and older who have completed the Beginner class. This class will further the student's skills for powerful self defense. Students must attend the beginner class prior to taking the advanced class, even if they have Tae Kwon Do experience. Promotion to the advanced class may be determined at the instructor's discretion. A uniform is required and available through the instructor.

COMMUNITY CENTER MEMBER EQUIPMENT ORIENTATION

(Individual or Group)

FREE to members age 14 and older

All members of the community center are encouraged to attend a fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize strength and cardiovascular equipment and provide guidelines for safe exercise. The schedule and sign-up sheet for equipment orientations is located on the desk in the fitness center. For more information call 651.490.4750.

INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13

\$40; \$35 Shoreview Res.**Activity # 510299-01**

Shoreview Community Center

The Teen Equipment Orientation is required for 12 and 13 year olds to use the fitness center. The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover a beginning strength training program and guidelines for cardiovascular exercise. Registration forms are available at the front desk and lower level service desk. The schedule is located on the desk in the fitness center, or call 651.490.4768 to find out more.



FAMILY DISCOUNT

\$15 off for second family member

\$25 off for third family member

(\$25 max discount per family)



TUMBLING

Saturdays.....January 6 – February 24
\$92; \$82 Shoreview Resident

Children will discover the sport of tumbling within a positive, educational atmosphere. Participants will learn basic skills on floor, balance beam, bars, and vault. Along with athletics, participants will learn self-discipline and have fun. Due to space limitations, we are unable to provide an observation area; parents are invited to observe the final class.

Toddler and Parent.....Ages 2 and 3
Parent participation and support are required as part of this class. Please only send one adult with child.

9:45 A.M. – 10:30 A.M.Activity # 180101-01
10:45 A.M. – 11:30 A.M.Activity # 180101-02

Tumbling Tykes.....Ages 3 and 4
11:45 A.M. – 12:30 P.M.....Activity # 180102-01

Rolly Pollys.....Ages 4 and 5
12:45 P.M. – 1:30 P.M.....Activity # 180103-01

Beginners Headstanders/Handstanders.....Ages 5 to 8
1:45 P.M. – 2:30 P.M.....Activity # 180104-01



WISH UPON A BALLET

Ages 3 to 6
Tuesdays

Session I: January 9 – February 20 (7 weeks)
Theme: Swan Lake.....\$78; \$75 Shoreview Resident
9:30 A.M. – 10:15 A.M.Activity # 170202-01

Session II: February 27 – April 17 (7 weeks, no class March 13)
Theme: Rapunzel.....\$78; \$75 Shoreview Resident
9:30 A.M. – 10:15 A.M.Activity # 170203-01

Wish upon a Ballet is a dance program for children that incorporates popular children’s stories as well as ballet to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun! Girls and boys will need ballet shoes. Girls should wear a leotard and tights. Boys should wear comfortable clothes they can move around in. Shoes will be available to order at the first day of class for an extra fee.



DANCE WITH ME!

Ages 18 months to 4 years
An adult is required to attend class with child.
Tuesdays

Session I: January 9 – February 20 (7 weeks)
.....\$70; \$68 Shoreview Resident
10:15 A.M. – 10:45 A.M.Activity # 170204-01

Session II: February 27 – April 17 (7 weeks)
(no class March 13).....\$70; \$68 Shoreview Resident
10:15 A.M. – 10:45 A.M.Activity # 170205-01

Does your child love to dance and jump around? This class will encourage your little mover to dance and sing along with you. Using musical instruments, parachutes and scarves we will create a movement experience while we jump and spin. An introduction to the movements and vocabulary of jazz and ballet are taught in a fun and creative manner. Children will learn an appreciation for dance and music while developing strength and flexibility. An adult is required to be with each child for this class.

NEW!



2018-2019 School Year

A \$75 non-refundable registration fee is required at the time of registration. This fee is **not** applied toward tuition. Monthly tuition is charged August – April.
SCHOOL YEAR DATES: September 10, 2018 – May 23, 2019.
OPEN HOUSE: Thursday, January 11, 5:30 – 7:00 P.M.
REGISTRATION BEGINS: Tuesday, January 23, 8:00 A.M.

For more information on current 2017-18 class availability call 651.490.4750.

Our preschool program offers your child a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten. Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, children have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience.

2½ TO 3 YEAR OLD CLASSES

Our preschool classes for 2½ to 3 year olds will offer your child a great first-time classroom experience. Class time will include opportunities for your child to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Children must be 3 years old by March 1, 2019.

Monday Funday AM 9:00 A.M. – 10:30 A.M.
 \$70/mo; \$64/mo SV Res **Activity # 540400-01**

Monday Funday PM 11:00 A.M. – 12:30 P.M.
 \$70/mo; \$64/mo SV Res **Activity # 540400-02**

Friday Funday AM 9:00 A.M. – 10:30 A.M.
 \$66/mo; \$60/mo SV Res **Activity # 540401-01**

Friday Funday PM 11:00 A.M. – 12:30 P.M.
 \$66/mo; \$60/mo SV Res **Activity # 540401-02**



3 TO 4 YEAR OLD CLASS

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Children will learn social skills and self-help abilities through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2018.

Tiny Treasures
 Wednesday & Friday 9:00 A.M. – 11:30 A.M.
 \$142/mo; \$128/mo SV Res **Activity # 540402-01**

ABC's & 123's
 Tuesday & Thursday 9:00 A.M. – 11:30 A.M.
 \$153/mo; \$139/mo SV Res **Activity # 540403-01**

4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare your child to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 4 years old by September 1, 2018.

Alpha Kids
 Tuesday & Thursday 9:00 A.M. – 12:00 P.M.
 \$168/mo; \$153/mo SV Res **Activity # 540404-01**

Stepping Stones
 Monday – Friday 12:30 P.M. – 3:30 P.M.
 \$325/mo; \$300/mo SV Res **Activity # 540405-01**

SPECIALTY CLASSES

Busy Buddies

Monday.....9:00 A.M. – 11:30 A.M.
\$112/mo; \$102/mo SV Res.....**Activity # 540406-01**

Your 3 to 5 year old child will enjoy this fun, unique, and energy-filled preschool class. Classes will include focused learning along with early educational concepts, individual and group discovery, art projects, creative movement, and snack. This action packed class includes swimming lessons taught by certified lifeguards in Tropics Indoor Waterpark. Eight week sessions of swimming lessons are included the last 30 minutes of class during the fall, winter, and spring. Children must be 3 by September 1, 2018.

PRESCHOOL OPEN HOUSE

Thursday, January 11
5:30 – 7:30 P.M.
Room 207

JOIN US!

Come and enjoy activities while
you learn more about
Kids Corner Preschool!

A TO Z: FULL DAY PRESCHOOL PROGRAM

September 10, 2018 – May 23, 2019*

Monday – Friday, 7:00 A.M. – 5:30 P.M. (structured learning time from 9:00 A.M. – 3:00 P.M.)

5 days/week: \$258/week; \$235/week SV Res.....**Activity # 540407-01**

3 days/week (M,W,F): \$176/week; \$160/week SV Res.....**Activity # 540407-02**

2 days/week (T, R): \$137/week; \$125/week SV Res.....**Activity # 540407-03**

This new **FULL-DAY** class offering designed for 3 to 5 year olds will provide a combination of early learning activities in an environment that will prepare your child for the next step. The class will focus on skill work including letters, numbers, colors, shapes, printing, counting and beginning math concepts. Students will learn social skills and gain confidence and understanding in how to relate to others through group play. Introduction to nature based play, music, foreign languages, field trips and swimming will also be incorporated into this class. Each week physical education time will be included with activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Morning and afternoon snack included. Children need to bring a bag lunch with a drink. Children must be toilet trained and 3 years old by September 1, 2018. A \$75 non-refundable fee is due at time of registration.



* School calendar will follow Mounds View School
District non-school days.



Entering grades K-9 (2018-19 school year)
 June 11 – August 24, 2018 (No program July 4)
Registration begins on Tuesday, February 27 at 8:00 A.M.

Are you looking for a safe and fun place to send the kids during the summer? Shoreview Parks and Recreation Summer Discovery program offers your child the opportunity to have a fun-filled, jam-packed summer while under the guidance of highly qualified staff. Each week will include a variety of activities for your child, including field trips, swimming, sports, games, crafts and more!

Program Registration requires an 11-week commitment with up to two weeks unpaid vacation allowed per child. Participants have the ability to register for 3, 4, or 5 days per week A \$75 non-refundable registration fee is due at time of registration.

WEEKLY TUITION:

Summer Discovery Beginnings.... Activity # 340308-01
 Entering Kindergarten (2018-19 School Year)

**Smaller Staff to Child ratio, Wednesday on-site entertainment, Swimming on Fridays, 3 off-site field trips during summer*
 5 days/week.....\$220
 4 days/week.....\$196
 3 days/week.....\$156

Summer Discovery Activity # 340308-02
 Entering grades 1-6 (2018-19 School Year)

**Wednesday Field Trips, Swimming on Mondays & Thursdays, Enrichment Class Opportunities at an additional cost*
 5 days/week.....\$210
 4 days/week.....\$180
 3 days/week.....\$147

Summer Discovery Extreme Activity # 340308-03
 Entering grades 7-9 (2018-19 School Year)

**Monday, Tuesday, & Thursday Field Trips/Service Learning Activities, Swimming on Wednesdays & Fridays*
 5 days/week.....\$235
 4 days/week.....\$200
 3 days/week.....\$165
 2 days/week.....\$124

ACTIVITY FAIR

AT THE SHOREVIEW COMMUNITY CENTER

Saturday, February 24

10:00am - 11:30am

Wedell Community Room

- Learn about upcoming Parks & Recreation youth & adult programs

- Enjoy fun activities for everyone!

Call 651.490.4750 for more information

REGISTRATION WILL NOT BE AVAILABLE AT THE ACTIVITY FAIR



RECREATIONAL ICE SKATING INSTRUCTION

WINTER 2018 SCHEDULE Get an edge on winter fun by enrolling in ice skating lessons early.

Saturdays, January 13 – February 24 (7 weeks)

Snowplow Sam to Level 3 \$93; \$82 Shoreview Resident
Pre-snowplow.....\$147; \$134 Shoreview Resident

The Shoreview Arena, 96 and Victoria

Skate Rental is
NOT available at
the rink.

GROUP LESSONS

Pre-snowplow

Beginning skating class for 4-8 year old participants that are unable to stand on the ice with out assistance from an adult. This class will help participants gain the strength and confidence to stand on their own on the ice while introducing preliminary skating moves and techniques. All participants must wear a helmet while on the ice.

Snowplow Sam

Snowplow Sam introduces preliminary moves to 4-10 year olds. These classes will help develop the familiarity, coordination and strength needed to maneuver on skates. All participants must wear a helmet while on the ice. This class is for beginning skaters with no previous skating experience. Participants must be able to stand on ice skates without assistance.

Level 1

Beginning class for those that are comfortable on the ice. Includes getting up, forward glide, two-foot gliding, and snowplow stop. All participants must wear a helmet on the ice.

Level 2

Teaches backward skating, backward glide, forward one-foot glide, two foot turn from forward to backward. All participants must wear a helmet on the ice.

Level 3

Includes forward and backward one foot snowplow stop, turns, forward swizzles and stroking.



Helpful Tips for Skaters: Lace skates more snugly in the middle of the shoe than at the top or bottom for best support. Skates should fit correctly – don't use skates that are too big. Keep the blades sharp. Wear one pair of light-weight wool or synthetic socks. Cotton socks are not suitable for skating. If a child does not meet the basic requirements of the level registered for, it is at the discretion of the instructor to adjust the child's level.

Helmets: For safety, all participants in Pre-Snowplow Sam, Snowplow Sam, Level 1, and Level 2 are required to wear helmets. Bike helmets are acceptable. (Helmets not provided.)

FALL ICE SKATING SCHEDULE

Time	Class	Activity#
9:20 A.M. – 9:50 A.M.	Snowplow	170401-01
	Level 1	170402-01
	Level 3	170404-01
9:55 A.M. – 10:25 A.M.	Snowplow	170401-02
	Level 2	170403-01
	Level 1	170402-02
10:30 A.M. – 11:00 A.M.	Pre-Snowplow	170400-01
	Snowplow	170401-03
	Level 2	170403-02
11:05 A.M. – 11:35 A.M.	Pre-Snowplow	170400-02



KIDS SECRET HOLIDAY SHOPPING SPREE

Ages 3-12

Saturday, December 9 9:00 A.M. – 12:00 P.M.
Shoreview Community Center

Are the kids looking for gifts for family members and friends around the Holiday season? Bring the kids to do some quick, inexpensive shopping with the help of Parks and Recreation Staff and volunteers, while mom and dad sit back and relax in the fireside lounge. Send your child with a list of people that need gifts and a designated dollar amount to spend per person. Gifts range from \$1 to \$15. The Parks and Recreation staff and volunteers will assist your child with making purchases and wrapping gifts.

HOLIDAY COOKIE DECORATING

Saturday, December 16.....\$14; \$12 Shoreview Resident
8:00 A.M. – 9:00 A.M.Activity # 160105-01
9:30 A.M. – 10:30 A.M.Activity # 160105-02
Shoreview Community Center

Deadline to Register: Wednesday, December 13

Come have fun and decorate a dozen holiday cookies! Each child will get a dozen cookies and be provided with all the decorating supplies. Please bring a container to transport your beautiful cookies home! **Children must be accompanied by an adult.**

SANTA'S WORKSHOP

Saturday, December 9
\$7; \$6 Shoreview Resident

Session 1, 9:00 A.M. – 10:00 A.M.

YouthActivity # 160104-01

AdultActivity # 160104-02

Session 2, 10:30 A.M. – 11:30 A.M.

YouthActivity # 160104-03

AdultActivity # 160104-04

Deadline to Register: Monday, December 4

Come spend the morning with Santa at his workshop! Were you will enjoy a continental breakfast, a craft, and visiting time with Santa himself! You don't want to miss out on this memorable family fun! Don't forget to check out the Kids Secret Holiday Shopping Spree after! Each session is limited to 30 kids. Children must be accompanied by an adult. Pre-registration required. No Walk-ins Allowed.

LETTER FROM SANTA

\$5 per childActivity # 160102-01

Deadline to register: Friday, December 15

Santa would like to wish you all a very happy holiday from the North Pole. This letter will come in an envelope with Santa's name and return address in the corner, addressed directly to your child. Please include the following information on your registration form: three gifts your child is likely to receive, names and ages of siblings, names of pets, school attending, hobbies, and positive personality traits. **Letters mailed around December 19.**

FAMILY NEW YEAR'S EVE PARTY

SUNDAY, DECEMBER 31, 5-8PM

Bring the whole family to Shoreview's annual New Year's Eve Party! Your night will be filled with DJ music, bingo, inflatables, facepainting, and more! We'll ring in the New Year with two balloon drops at 7:45pm. Concessions are available for an additional fee at the Wave Cafe. Walk-ins are welcome, but register by December 30th and save! Price is \$12 per person at the door.

PRE-REGISTRATION RATES:

Register by December 30th and save! Price is \$12 per person at the door.

Youth: \$10 (Ages 1-17, Activity #160103-01)

Adult: \$8 (Ages 18+, Activity #160103-02)





DIVE-IN MOVIE

Friday, January 19, 2017 7:00 P.M.
Friday, March 2, 2017 7:00 P.M.

Shoreview Community Center

Join your friends and family at the Tropics Indoor Water Park inside the Shoreview Community Center for Dive-In Movie nights! Guests can float with water noodles (not provided), relax on giant sea creatures, or lounge on pool-side chairs and enjoy a popular family friendly movie. No need to register. The purchase of a daily pass on the day of the movie will be your ticket. Free for Community Center Members. Please note the hot tub will be closed during and after the movie. Movie titles will be posted at the Community Center or call 651.490.4750 for more information.



SWEETHEART DANCE

Ages 10 and under.....Shoreview Community Center
Friday, February 9, 2018 6:30 P.M. – 8:00 P.M.
\$14; \$12 Shoreview Resident.....**Activity # 160107-01**

Deadline to Register: Wednesday, February 7

Put on your party clothes, grab a special adult, and join us for our annual Sweetheart Dance! There will be a DJ playing music, crafts, treats and fun for all to enjoy. So come dressed to impress and spend a special evening with someone you love. Oh, and don't forget your camera. You will want to capture these sweethearts on film! Registration is good for one adult and one child. **No walk-ins.**



SHOREVIEW EGG HUNT

Saturday, March 24, 2018 10:00 A.M.
\$10; \$8 Shoreview Resident **Activity #: 260219-01**

Location: Shoreview Community Center Pavilion

Deadline to Register: Wednesday, March 21

Join the Bunny in an Old-Fashioned eggciting hunt for prized-filled eggs! Each participant will be given a Easter bag for the hunt! Space is limited. The Shoreview Egg Hunt is held outdoors. Please, dress for the weather.



SPRING COOKIE DECORATING

Thursday, March 29, 2018..... 6:00 P.M. – 7:00 P.M.
\$14; \$12 Shoreview Resident.....**Activity # 260221-01**
Shoreview Community Center

Deadline to Register: Friday, March 23

Come have fun and decorate a dozen spring cookies! Each child will get a dozen cookies and be provided with all the decorating supplies. Please bring a container to transport your beautiful cookies home! **Children must be accompanied by an adult.**



BASKETBALL

Grades 1 to 33:30 P.M. – 4:30 P.M.
\$45 per participant

Island Lake Elementary - Gym

Wednesdays, Jan. 24 – March 7.....**Activity # 190403-01**
(No class Feb. 21)

Turtle Lake Elementary - Gym

Mondays, Jan. 22 – March 5.....**Activity # 190403-02**
(No class Feb. 19)

Learn fundamentals of basketball and play in some games each class period. We provide the instruction and equipment; kids provide the desire to learn and have fun. Class meets inside gym.



SOCCER

Grades 1 to 33:30 P.M. – 4:30 P.M.
\$45 per participant

Island Lake Elementary - Gym

Thursdays, Jan. 18 – March 1..... **Activity # 190406-01**
(No class Jan. 25)

Turtle Lake Elementary - Gym

Tuesdays, Jan. 23 – Feb. 27..... **Activity # 190406-02**

Learn the fundamentals of the fun and exciting game of soccer. Kids will build on their skills each week by participating in a variety of drills and games.

LITTLE STRIKERS BOWLING CAMP

Ages 5 to 10

Wednesday & Friday, Dec. 27 & 29.... 10:00 A.M. – 12:00 P.M.
\$40 per participant.....**Activity # 190901-01**

Flaherty's Arden Bowl – 1273 West Co. Rd E, Arden Hills 55112

Deadline to Register: 1-week prior to the camp start date.

This camp is designed for beginning bowlers. Kids will learn bowling basics. They will also visit Bowlopolis, an animated city all about bowling, where they'll meet the characters and learn that bowling is fun! Participants will receive lunch each day of camp. Lunch will be served 30-minutes prior to camp ending. Transportation NOT provided.



MINI KICKERS SOCCER CAMP

Ages 3 to 8..... \$75; \$70 Shoreview Resident

Saturdays, Jan. 13 – Feb. 17

Shoreview Community Center Gym

Ages 6 to 8

9:00 A.M. – 9:45 A.M..... **Activity # 190801-01**

Ages 3 to 5

10:00 A.M. – 10:30 A.M..... **Activity # 190801-02**

10:35 A.M. – 11:05 A.M..... **Activity # 190801-03**

Come out and learn the fundamentals of little kids' soccer. This is a great class for learning the basic skills and sportsmanship of soccer. John Swallen, former goalkeeper for the Minnesota Thunder, will teach youth through a variety of fun soccer games.

GIRLS VOLLEYBALL LEAGUE

Grades 4 to 8

Tuesdays & Saturdays, Jan. 2 – Mar. 10. Games and practices last for one hour. Starting times will vary each week. Tuesdays will be between 5:30 P.M. – 8:30 P.M. and Saturdays between 9:00 A.M. – 4:00 P.M.

\$75; \$65 Shoreview Resident; \$20 late fee after Dec. 1

Setters, Grades 4-5Activity # 190304-01

Spikers, Grades 6-8Activity # 190304-02

Turtle Lake Elementary
Mounds View Community Center

Recreational league play for girls grades 4-8. This instructional league will teach girls the basic skills, rules, and strategies of the fun and exciting game of volleyball. Program consists of one practice and one game each week. Games and practices will last for one hour. Players will receive a t-shirt.

Register by December 1 for the Girls Volleyball League.

No special friend requests accepted after the deadline.

Volunteer coaches are needed for the Girls Volleyball League.

If you sign up to be a coach, your child's registration fee will be refunded at the end of the season (one child per team coached). Please complete the box on the registration form if you are interested in coaching. If you have any questions contact Program Supervisor at 651-490-4753.

COACHES MEETING

Tuesday, December 19

6:30 P.M. – 7:30 P.M.

Shoreview Community Center

REGISTRATION IS NOW OPEN FOR GIRLS VOLLEYBALL!



Tennis Lessons

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels. Using USTA QuickStart tennis curriculum, instructors will help participants progress from basic skills through intermediate skills. Participants should bring their own racquet and water bottle. Sign up with a friend or family member. Meet other players, develop your skills, get some exercise—and, most of all, have fun! Tennis balls are provided.

GROUP LESSONS

Youth group lessons\$80; \$70 Shoreview Resident

PeeWees Ages 5 to 7

PeeWees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

Beginners Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.



GROUP LESSONS

Class Level	Day	Date	Time	Location	Activity #
Pee Wees	Monday	Jan. 8 – Feb. 12	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-01
Beginners	Monday	Jan. 8 – Feb. 12	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-01
Pee Wees	Thursday	Jan. 4 – Feb. 15 (no class Feb. 8)	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-02
Beginners	Thursday	Jan. 4 – Feb. 15 (no class Feb. 8)	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-02

If necessary, make-up lessons will be held the week of February 19

ADULT SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

Program Information

Softballs and umpires are provided for all games. Summer league game times are 6 and 7 P.M. (some 8 P.M. and 9 P.M. games in combined leagues). Leagues consist of 20 doubleheader games and a season ending single elimination playoff. League fees include USSSA Sanctioning fees and sales tax. All leagues run in collaboration with Adren Hills Parks and Recreation.

Registration deadline is March 30.

Softball League Descriptions

Men's Recreation E: Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

Men's Recreation D: Better teams. Many of the players hit well. Team capable of scoring many runs. Three home runs per team.

CoRec D: Average teams. Teams have players with broad range of ability levels. Three home runs per team. CoRec leagues use an 11-inch softball for women and a 12-inch softball for men.

Managers Meeting

This meeting is required for all teams registered in Shoreview's leagues. Schedules, rules, information and game balls will be handed out.

Thursday, April 12.....6:00 P.M.
Shoreview Community Center

Adult Softball League Information

League	Day	Start Date	Games	Early Bird by 3/2	after 3/2	Activity #
CoRec D	Mon	4/23	20 Games: Doubleheaders & Playoffs	\$700	\$750	220801-01
Men's E	Tue	4/24	20 Games: Doubleheaders & Playoffs	\$660	\$710	220801-02
CoRec D	Thu	4/26	20 Games: Doubleheaders & Playoffs	\$700	\$750	220801-04



OUTDOOR SKATING RINKS

The City of Shoreview has seven outdoor skating rinks with supervised warming house facilities. All of the locations below have lighted hockey and general skating rinks. Public skating will be open from December 18 thru February 28, depending on weather and ice conditions.

Bobby Theisen Park

3575 Vivian Street
651.483.3043

Sitzer Park

4344 Hodgson Road
651.288.0062

Bucher Park

5900 Mackubin Street
651.415.0609

Shamrock Park

5623 Snelling Avenue
651.785.1758

McCullough Park

955 County Road I
651.484.4350

Wilson Park

815 County Road F
651.482.9555



Closed for the season due to construction

Shoreview Commons

4580 Victoria Street North
651.490.4748

WARMING HOUSE HOURS

Monday – Friday	4:30 P.M. – 9:00 P.M.
Saturday & Sunday	12:00 P.M. – 9:00 P.M.
D621 School's Out Days	12:00 P.M. – 9:00 P.M.
Christmas Eve	All sites closed
Christmas Day	All sites closed
New Years Eve	12:00 P.M. – 6:00 P.M.
New Years Day	12:00 P.M. – 9:00 P.M.

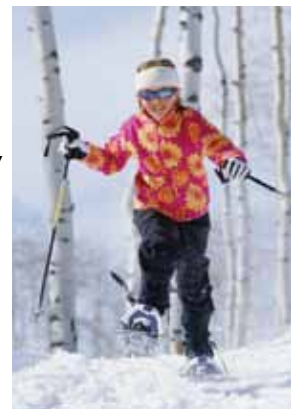
Warming house sites will be closed when it is in the best interest and safety of the community. Situations where we may close the warming houses include: Warm temps have softened the ice, temps are below -10 degrees, windchills are below -20 degrees, or if we have substantial snowfall. **Call the weather line at 651.490.4765 to receive an update on all possible closures.**

OPEN SKATING AT SHOREVIEW ICE ARENA

Public open skating is available at the Shoreview Ice Arena (operated by Ramsey County). Call 651.748.2500 for dates and times or [visit www.co.ramsey.mn.us](http://www.co.ramsey.mn.us).

TRAILS FOR CROSS COUNTRY SKIING

Ramsey County Parks and Recreation offers marked and groomed cross-country ski trails at County Parks. All trails are open daily from sunrise to sunset. Trail maps and grooming patterns for each park are available; please call 651.748.2500 or visit www.co.ramsey.mn.us.



DROP-IN PICKLEBALL

Ages 18 and up

Monday – Friday.....8:30 A.M. – 11:00 A.M.
 October 2 – April 27..... \$3, 1 punch or free to members
 Closed Nov. 23 & 24, Dec. 25, Jan. 15, Feb. 19
 Shoreview Community Center Gymnasium (4 courts)
 4580 Victoria St. N.

Wednesdays.....6:00 P.M. – 9:00 P.M.
 Oct. 4 – April 25 \$3 per person or 1 punch
 Closed Nov. 22
 Island Lake School Gym (6 courts)
 3555 Victoria St. N.

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about as current players will teach you all about the fastest growing sport in America. We have the equipment, just drop by.

DROP-IN PICKLEBALL PUNCH CARD..... \$30
 Available for purchase at the Parks & Recreation Office

Monday– Friday..... 8:00 A.M. – 4:30 P.M.
 651.490.4750
 Punch card is good for both Drop-In locations.

SHOREVIEW AREA PICKLEBALL CLUB

\$15 Annual Membership.....**Activity # 520200-01**

We're happy to welcome you to the fastest growing sport for adults in the Country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Members will have the option to purchase a club t-shirt for \$20 per shirt at the Parks and Recreation Office. Membership is good for 2018 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.

Bobby Theisen Park (6 dedicated pickleball courts)

*Monday – Friday.....8:00 A.M. – 11:00 A.M.
 *For experienced players

**Tuesday, Thursday & Sunday 6:00 P.M. – 8:00 P.M.
 **For all skill level players

Commons Park (6 courts striped on tennis courts)

***Monday, Wednesday & Friday.....8:30 A.M. – 11:00 A.M.
 ***For beginner and social players

FREE ACTIVITIES AT THE COMMUNITY CENTER

500

Mondays at 12:30 P.M. **Activity #500603-01**
 No partners required
 No cards Dec. 25, Jan. 1, March 5, 12 and 19

Bingo

One Wednesday monthly at 1:00 P.M. **Activity #500605-01**
 \$0.25 per card (no min/max cards)
 Nov. 29, Dec. 27, Jan 31, Feb. 28, March 28, April 25,
 and May 30



SENIORFIT

The Shoreview Community Center is dedicated to helping seniors stay active and fit. SeniorFIT group exercise classes offer you the best opportunity to stay on track toward your health and fitness goals. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. Any participant may register for these classes, however, these classes are only free to individuals with an annual senior membership. Please see page 37 for SeniorFIT classes.

SILVER & FIT® MEMBERSHIPS

Check with your health insurance provider to see if you qualify for a Silver&Fit® membership! These memberships include free admission* to the Community Center (*admin fee may apply); membership does not include SeniorFIT group fitness classes. Join us for an information social the first Tuesday of each month, 9 A.M. –10 A.M., in the Fireside Lounge.

AARP SMART DRIVER COURSE

An auto insurance discount can be obtained by those ages 55 and over who complete an introductory 8 hour Smart Driver course. A 4 hour refresher course is needed

every three years thereafter. AARP members are eligible for a discounted rate, however, your membership number must be provided at the time of registration. Payment must be made at the time of registration. Please bring your current driver's license with you to the class. Seminars are taught by AARP trained volunteers. Registration deadline is 3 days prior to the class. This rate includes a Shoreview administration fee.



2017 Courses

4 Hour Day Course..... 9:00 A.M. – 1:00 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Wednesday, November 15**Activity # 450201-03**
Tuesday, December 12**Activity # 150201-01**

4 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Wednesday, December 20.....**Activity # 150202-01**

8 Hour Evening Course 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$26; Non-Member Rate: \$31
Monday, November 27 and Wednesday, November 29
.....**Activity # 450203-02**

2018 Courses

4 Hour Refresher Day Course..... 9:00 A.M. – 1:00 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Tuesday, January 9.....**Activity # 150201-02**
Tuesday, February 13**Activity # 150201-04**
Tuesday, March 27**Activity # 250201-01**
Tuesday, April 10.....**Activity # 250201-03**
Tuesday, May 8.....**Activity # 250201-05**

4 Hour Refresher Evening Courses .. 5:30 P.M. – 9:30 P.M.
AARP Member Rate: \$24; Non-Member Rate: \$29
Thursday, January 25.....**Activity # 150201-03**
Monday, February 5**Activity # 150201-05**
Thursday, March 15**Activity # 250201-02**
Thursday, April 26.....**Activity # 250201-04**
Thursday, May 17.....**Activity # 250201-06**

8 Hour Courses

AARP Member Rate: \$26; Non-Member Rate: \$31
Monday, February 26 and Tuesday, February 27
9:00 A.M. – 1:00 P.M.**Activity # 250204-01**
Tuesday, April 3 and Thursday, April 5
5:30 P.M. – 9:30 P.M.**Activity # 250201-07**

AARP TAX AIDE

Income Tax Aide.....**Activity # 100601**
Wednesday, February 7 – April 11 9:00 A.M. – 1:00 P.M.

Property Tax Aide**Activity # 100602**
Wednesday, April 18 9:00 A.M. – 1:00 P.M.

Shoreview Community Center

AARP's Tax Aide volunteers will provide FREE tax assistance to seniors and low income taxpayers. The trained volunteers can complete basic tax forms and answer your tax questions. **Bring your current tax records, last year's tax return, Social Security Card and Picture ID.** Income tax aid appointments are approximately 1-hour and property taxes are approximately 30-minutes. Please visit our website at www.shoreviewcommunitycenter.com or call 651-490-4750 to make an appointment. Appointments are necessary and will be reserved on a first come, first serve basis as space is limited.

If you are interested in volunteering as a member of the AARP Tax team contact District Coordinator, Tom Leiser at 651-483-5162. No experience necessary, and an extensive IRS approved training program is provided.



IPAD WORKSHOP

Tuesday, January 9..... 3:00 P.M. – 5:00 P.M.
 \$35 per participant..... **Activity # 100201-01**

Deadline to Register: Tuesday, January 2

Location: Shoreview Community Center

If you are new to iPad and the Apple world of technology with little to no experience, then this Two-hour Hands-on practice workshop summary is perfect for you! Basic overview of the iPad and usage along with important of its setting, buttons, accessories, icons, common apps, commands and controls will be the highlight of the class. This workshop will get you started to become familiar with most common iPad use so you can enjoy using your smart device while exploring more of its functionalities it offers. You will become comfortable using your iPad once you complete this great workshop summary where you'll soon be browsing the web, comfortable with security, privacy, passcodes, photos & videos activities. Class taught by "Raythecomputerguy".

SMARTPHONE WORKSHOP

Tuesday, February 6..... 3:00 P.M. – 5:00 P.M.
 \$35 per participant..... **Activity # 100201-02**

Deadline to Register: Tuesday, January 30

Location: Shoreview Community Center

This Two-hour Hands-on Smartphone (Cellphone) workshop summary is for people with little to no experience who are challenged with working with their smartphones (iPhone or Android). The class will cover most common cellphone options including texting, calls, security management. Several of the main cellphone settings, Wi-Fi, security, maps, photos/ videos, accessories, icons & apps management, commands, and controls will be among the highlighted points. You will become more comfortable using your cellphone once you complete this two-hour workshop summary session. You will be able to better handle with confidence your calls, messages, texts, browse the web, and launch many fun apps like GPS, music, news, weather and Google search. You will learn how to connect or remove Wi-Fi networks. Class taught by "Raythecomputerguy".

EMAIL ACCOUNT WORKSHOP

Tuesday, March 6..... 3:00 P.M. – 5:00 P.M.
 \$35 per participant..... **Activity # 100201-03**

Deadline to Register: Tuesday, February 27

Location: Shoreview Community Center

This Two-hour Hands-on Email Workshop Summary is for people with little to no experience who are challenged with working with their Email Account access and limited management (Gmail, Yahoo, etc.). The class will cover several common online email account options including new account, contact list, folders, writing new Email, reply, forward, and download Emails attached media/ files. Also, Security management, Internet connection, and a few Email control settings will be among the highlighted points. You will become comfortable using your Email Account System once you complete this workshop summary where you will with more confidence manage your Emails, Contact List, messages, and learn how to identify and avoid suspicious hackers. You will learn how to connect to Wi-Fi networks, print, and access cloud technology. Class taught by "Raythecomputerguy".

SOCIAL MEDIA: STEP-BY-STEP ON THE BASICS

\$15; \$20 Shoreview Resident

Location: Shoreview Community Center

Learn the basics of navigating Social Media platforms. We will go step-by-step on the basics to utilizing quick user tools for social networking. Ipads, Laptops or smart phones are welcome to bring to class. User must have knowledge on their own device. Media devices are not necessary. **Register by the Friday before the schedule class date.**

Facebook..... **Activity # 100202-01**
 Thursday, January 11..... 1:30 P.M. – 2:30 P.M.

Twitter..... **Activity # 100202-02**
 Thursday, February 1..... 1:30 P.M. – 2:30 P.M.

Pintrest..... **Activity # 100202-03**
 Thursday, March 22..... 1:30 P.M. – 2:30 P.M.

Instagram..... **Activity # 100202-04**
 Thursday, April 12..... 1:30 P.M. – 2:30 P.M.

KNITTING

Wednesdays, April 4 – May 9..... 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident..... **Activity # 200202-01**

Deadline to Register: Wednesday, March 28

Location: Shoreview Community Center

Come learn the basic knitting techniques and how to read patterns. Also you will learn the correct way to hold the needles, count stitches, and pick up dropped stitches. Please bring a small scissors and zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$20.00 the first night. Please, do not bring your own materials.

BINGO & UGLY CHRISTMAS SWEATERS

Friday, December 15 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 400223-01**

Deadline to Register: Monday, December 11

Location: Shoreview Community Center

Come celebrate National Ugly Christmas Sweater Day! Wear your favorite Ugly Sweater! We will have a special treat while you enjoy Bingo! We will have lots of prizes to giveaway and a lucky winner will walk away with a gift card! (Price includes treats, prizes & Bingo)

NATIONAL PIE DAY & BINGO

Tuesday, January 23..... 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 100220-01**

Deadline to Register: Friday, January 19

Location: Shoreview Community Center

Come celebrate National Pie Day! We will celebrate with some Pie and bingo! We will have lots of prizes to giveaway and a lucky winner will walk away with a gift card! (Price includes treats, prizes & Bingo)

SWEETHEART BINGO

Wednesday, February 14..... 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity #: 100221-01**

Deadline to Register: Monday, February 12

Location: Shoreview Community Center

Join us for a great afternoon of fun! Enjoy a special treat while we play Bingo! We will have lots of prizes to give away and a lucky winner will walk away with a gift card! (Price includes treats, prizes & Bingo)

CROCHETING

Thursdays, April 5 – May 10..... 6:00 P.M. – 8:00 P.M.
\$40; \$35 Shoreview Resident..... **Activity # 200201-01**

Deadline to Register: Thursday, March 29

Location: Shoreview Community Center

Come learn the basic crocheting techniques and how to read patterns. Also, you will learn the correct way to hold the hook and count stitches. Please bring a small scissors and a zipped cloth bag in which to put your course materials. Required materials will be purchased from the instructor for \$10.00 the first night. Please, do not bring your own materials.

BINGO & BANANA SPLITS

Thursday, March 15 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 200504-01**

Deadline to Register: Monday, March 12

Location: Shoreview Community Center

Shake off the winter blues with banana splits and bingo! Join us for a great afternoon of fun! We will have lots of prizes to give away and a lucky winner will walk away with a gift card to Cub Foods.

BOOKS & BINGO

Tuesday, April 17..... 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 100301-01**

Deadline to Register: Friday, April 13

Location: Shoreview Community Center

Join us for a great afternoon of fun! Enjoy a special treat and bingo! We will have lots of prizes to give away and a lucky winner will walk away with a gift card! (Price includes treats, prizes & Bingo)

DESSERT & BINGO

Thursday, May 17..... 1:30 P.M. – 3:00 P.M.
\$7; \$6 Shoreview Resident **Activity # 200305-01**

Deadline to Register: Monday, May 14

Location: Shoreview Community Center

Come spend the afternoon playing bingo and enjoying some afternoon dessert! We will have lots of prizes to give away and a lucky winner will walk away with a gift card to Target!



SPRING TEA

Wednesday, May 9 1:30 P.M.
 \$16; \$14 Shoreview Resident..... **Activity # 200509-01**

Deadline to Register: Friday, May 4

Location: Shoreview Community Center

It's time for the annual spring tea. Dress in your fanciest attire and wear your favorite spring hat. Bring a teacup and pot if you have one to share. We will serve a variety of teas and many delicate appetizers. Pre-registration is required. No Walk-in registrations allowed.

COFFEE & CRAFTING

\$20; \$15 Shoreview Resident..... 1:30 P.M.- 3:00 P.M.

Monday, January 29 **Activity # 100511-01**
Deadline to Register: Friday, January 26

Monday, February 26..... **Activity # 100511-02**
Deadline to Register: Friday, February 23

Monday, March 26..... **Activity # 100511-03**
Deadline to Register: Friday, March 23

Location: Shoreview Community Center

Enjoy good company and coffee while having fun creating a pinterest craft! We will choose fun and easy crafts and provide all of the supplies. You get to be creative and take home a seasonal craft project!

Ninth Annual | Slice of Shoreview

TASTE OF SHOREVIEW
 Food, Wine, & Beer Tasting

Thursday | February 22nd, 2018
 5:00 p.m. – 8:00 p.m.
 Shoreview Community Center
www.SliceofShoreview.com
 \$20 advance | 2 for \$35 advance
 \$25 at door | 2 for \$40 at door

Hosted by the Slice of Shoreview Days Committee
 and sponsored by
 Shoreview Einhausen Sister City Association
 Visit www.SliceofShoreview.com for more details

PROGRAM SURVEY

Visit the Community Center website and take our 30 second survey to let us know what programs you'd like offered!

ShoreviewCommunityCenter.com

Jobs that Fit Your Lifestyle!



Part-time ♦ Flexible Hours ♦ Fun People

Child Care Attendants: Provide care for children ages 6 months to 8 years in our drop-off childcare center at the Shoreview Community Center. Experience working with pre-schoolers preferred. M-F daytime 8am-12:30pm and evenings 4-9pm. Saturdays 8am-12:30pm. \$9.50-10.50/hr.

Fitness Instructors: All formats including cardio-kick, cycling, kettlebells, ballet fitness, strength training, water exercise, yoga, Pilates, and dance-based fitness classes. Certification preferred. Morning, afternoon, evening, & weekend hours available. \$24/class.

Gymnastics Instructors: Teach beginning to intermediate level classes. Previous teaching, gymnastics experience, and knowledge are preferred. Saturday hours available. \$10-11.50/hr.

Ice Rink Attendants: Desire to work with the public and a commitment to a part-time schedule is required. Ability to skate not necessary. Weekdays, evenings and weekends. 10-20 hrs/week. Mid-Dec through mid-Feb. Must be willing to commit for entire season. \$9.50-10.50/hr. DOQ.

Ice Skating Instructors: Instruct youth in ice skating. Skating knowledge and experience required. Previous teaching experience desired. 2-4 hours. Sat mornings. Oct-Feb. \$11.50-12.50/hr DOQ.

Lifeguards: Lifeguard in a tropical paradise at our beautiful indoor pool. Ensure the safety of pool guests by preventing and responding to emergencies. No experience required. Training is provided for Ellis Certification (a \$225 value!). Lifeguards needed for morning, afternoon, weekend and evening hours. \$10.50-12.50/hr. School year daytime M-F (5am-4pm) \$12/hr.

Manager on Duty/Room Set Ups: Responsible for setting up rooms for meetings and special events at the Shoreview Community Center. This includes appropriately arranging tables, chairs, furniture, sound system and other equipment. 5-10 hours per week. EARLY Sunday mornings- typically 12 am - 3 am; and other events as needed. \$14.50/hr.

Personal Trainers: We emphasize helping people meet their fitness goals. Generate client base and provide one-on-one personalized fitness consultations, education, and motivation to clients. Design safe, effective workouts and work on general health, sports specific conditioning, and general fitness. Nat'l training certification required. \$19-23/hr.

Pool Coordinator: Coordinate activities in the pool area including all pool operations, supervise staff, assist in scheduling unfilled shifts, interpret and carry out pool policy for patrons and staff, operate and maintain pool systems, assist with training, perform in accordance with appropriate safety & security standards. Approx 15-20 hours/week. \$13-15/hr.

Service Desk: Work in a fast-paced environment assisting guests on the phone and in-person, operate cash register and reconcile cash, enter memberships into computer, handle a variety of info, assist with concessions as needed. Must be available to work weekends. \$10-11/hr.

Sports Instructors: Instruct elementary age children in a variety of sports including floor hockey, indoor soccer, and basketball. A general sports background, knowledge and a desire to teach children basic sports skills required. Weekday afternoons approximately 3:15-5:40pm. 5 hours/week. Jan-May. \$10.50-13.50/hr.

Swimming Instructors (we will train): Instructors needed for morning and early evening lessons at the Community Center pool. \$10-13.50/class (35 min. classes).

Wave Cafe: Prepare food orders, operate a cash register, maintain a clean work area, stock supplies, clean tables & keep the lobby area neat. Daytime (school yr): \$10.50-11.50/hr. Eves/weekends/summer \$9.50-10.50/hr.

Youth Volleyball Officials: Officiate the girls youth volleyball league grades 4-8. Games held at Turtle Lake Elementary in Shoreview. Previous volleyball experience preferred. Games are on Tues evenings; 5:30-8:30pm and some Saturdays starting at 9:00 am Jan-Feb. \$15-25/game DOQ.



Apply at: shoreviewmn.gov
Shoreview Parks & Recreation
4580 North Victoria Street, Shoreview MN
651-490-4750. Equal Opportunity Employer



MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7431.

FOOD SHELF DONATIONS

The Community Center is a year-round drop-off site for the Ralph Reeder Food Shelf. When you pack your gym bag, include a non-perishable food item to contribute to the food shelf. Look for the green bins. Thank you!

NORTHEAST YOUTH AND FAMILY SERVICES

Northeast Youth and Family Services, a non-profit social service agency based in Shoreview, serves residents of the northern suburbs. Services include mental health counseling for youth and adults, employment programs for at-risk youth, parenting support groups, and chore services for seniors. For a full listing of programs and services, please visit our web site at www.nyfs.org or call us at 651.486.3808.

SENIOR CHORE SERVICE

Need assistance with household chores? Students ages 12 to 17 are available to assist with mowing, snow shoveling, housecleaning and other projects on a one-time, weekly or monthly basis. Rates are affordable and financial assistance is available to eligible seniors to offset the cost. Call Debbie at 651.379.3451 to arrange for chore service.



ATHLETIC ASSOCIATIONS

Irondale Baseball League
www.iblbaseball.com

Irondale Girls Fastpitch Association
www.knightsfastpitch.org

Mounds View Youth Wrestling
www.moundsviewwrestling.com

Mounds View Basketball Association
www.moundsviewbasketball.com

Mounds View Area Youth Lacrosse Association
www.mvaylax.org

Mounds View Softball Association
www.moundsview.softballsystems.com

Mounds View/Irondale Youth Hockey Association
www.moundsview.pucksystems2.com

Mounds View Youth Football League
www.moundsviewyouthfootball.org

North Suburban Aquatic Club
www.nsmakos.org

North Suburban Soccer Association
www.nssasoccer.org

Roseville Area Youth Hockey
www.rosevillehockey.org

Shoreview Area Youth Baseball
www.sayb.org

Shoreview Recreation Areas Web Page: www.shoreviewmn.gov	Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Indoor Pickleball Courts	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Skating, Speed	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball	Circuit Training
Bobby Theisen Park 3575 Vivian Ave.	15		1						6						1		2		
Bucher Park 5900 Mackubin Street	25	2	1												1		2		
Lake Judy Park 900 Tiller Lane	5		1/2																
McCullough Park 915 County Rd I	75	2	1							With grill 					1		2		
Ponds Park 190 Sherwood Road	1									Table only 									
Rice Creek Fields 5880 Rice Creek Parkway	10	4																	
Shamrock Park 5623 Snelling Ave.	23	2	1							With grill 					1		2		
Shoreview Commons and Community Center 4580 North Victoria	40	2	1					4	2	With grill 					1		2		
Sitzer Park 4344 Hodgson Road	8	2	1							With grill 							2		
Wilson Park 815 County Road F	13	2	1							Tables Only With grill 							2		

SWEETROLL SKATE PARK

The SweetRoll is a tier-one skating facility, located on the north side of the Shoreview Community Center, 4580 Victoria Street North, adjacent to the paved trail that runs under Highway 96. This allows access to the SweetRoll via the City of Shoreview's 41 miles of paved trails. The attractions include a wedge, a spine, a fun box, a quarter pipe, grind rails, and a mini ramp. The Skate Park will be open for inline skaters and skateboarders during the times listed below.

Park Hours Hours subject to change.

Monday-Friday

3:30 – 8:00 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Saturday

9:00 A.M. – 7:30 P.M. School Year
9:00 A.M. – 8:30 P.M. Summer

Sunday

9:00 A.M. – 5:30 P.M. School Year & Summer

The following are operated by Ramsey County Parks. 651-748-2500 www.co.Ramsey.mn.us	Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
Island Lake County Park 3611 Victoria Street	167											
Lake Owasso County Park 370 N. Owasso Blvd.	9											
Shoreview Ice Arena 877 Highway 96 (Hockey only)												
Snail Lake Regional Park 580 Snail Lake Blvd.	400											
Turtle Lake County Park 4979 Hodgson Road	9											

For detailed park info and maps, visit www.GoRamsey.org



Shoreview Indoor **FARMERS' MARKET**

Select Tuesday Afternoons | 3-6pm
November 7 & 21, December 5 & 19

*Santa will be at the December
Markets 4-6pm!*



Beat the cold and join us inside the Community Center for our Indoor Farmers' Market! Come shop a wide variety of winter produce, canned goods, baked goods, hand-crafted artisan items, and more!

Shoreview Community Center Upper Level
ShoreviewCommunityCenter.com





Program Registration Form

Shoreview Parks & Recreation Dept. | 4580 Victoria Street North | Shoreview, MN 55126
 Phone: 651.490.4750 | Fax: 651.490.4797 | Web: www.shoreviewcommunitycenter.com



Please fill out the form below completely. An incomplete form may delay your registration. If you prefer, you may register online at: <https://registration.shoreviewmn.com> or scan the QR code with your smartphone.

LAST NAME (PRIMARY) _____ FIRST NAME (PRIMARY) _____ HOME PHONE (AREA CODE) _____

ADDRESS _____ CITY _____ ZIP _____ CELL PHONE (AREA CODE) _____

E-MAIL ADDRESS _____ EMERGENCY CONTACT _____

Participants Last Name/First	M/F	Birthdate	Activity Number	Activity Name	Activity Day/Time	Fee \$

Are you a Silver & Fit® member? Yes No

Are you a Community Center Annual member? Yes No

Total Amount Enclosed \$ _____

YOUTH SPORTS LEAGUES (Please fill out completely)

Special requests for teammates are NOT guaranteed and are limited to ONE REQUEST PER PLAYER. Group and/or chain requests will not be honored. The City encourages players to make new friends and develop social skills. If you sign up as a head coach, your child's registration will be reimbursed after the season is completed.

School child attends: _____

Grade (2017-2018 school year): _____

Child shirt size: Youth / Adult S M L XL

Teammate request name: _____

I would like to coach: Y N shirt size: S M L XL XXL

Coach Name: _____

If you are registering in person, do not write your credit card information on this form

PAYMENT TYPE

If paying by credit card please circle type

Cash Check # _____ Credit Card

Checks Payable to "City of Shoreview"



Card # _____ Exp. Date _____

CVV Code _____ Zip Code _____ Signature _____
(3 digit code on back)

Billing address is different from above (Please include billing address)

Special Needs/ Allergies/ Etc: _____

WAIVER AND PERMISSION: In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number), is considered private data and not giving the information may limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.

Signature: _____ **Date:** _____

Your signature indicates you have read the registration information and understand all information relevant to your program choice.

Winter Registration Schedule Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

Begins Tuesday, December 5 at 8 A.M.

Annual Community Center Member Registration

Begins Thursday, December 7 at 8 A.M.

General Registration

Anyone may register at this time. No residency or membership required.

Begins Friday, December 8 at 8 A.M.

Phone Registration

Begins Monday, December 11 at 8 A.M.

How to Register:

1. On-line at www.shoreviewcommunitycenter.com
2. Mail in to: Shoreview Parks and Recreation
4580 Victoria St N
Shoreview, MN 55126
3. Fax to 651.490.4797 (credit card payment only)
4. Drop-off at our office, Community Center Service Desk, or City Hall drop box
5. In-person during normal business hours: M-F, 8 A.M. – 4:30 P.M.
6. Over the phone after December 11

Registering on-line is easy!

1. Go to www.shoreviewcommunitycenter.com and click "Member Login".
2. Login with your user name and password
 - If you have never used our system before, you may create an account on-line. Please allow one business day to receive your username and password. We strongly encourage setting up your account **prior** to registration day.
 - If you are unsure of your user name or password and you do not have an email address on file with us, contact us at 651.490.4750.
3. Click on "Browse Activities" or "Activity Type"
4. Search for a program
5. Click the green "+" button and "add to cart" located at the bottom of the screen. You can enroll in multiple classes or register multiple participants at a time.
6. Continue shopping or proceed to check out.

Register Early!

Space is limited in most activities.

Registration Information

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

1. Drop-off points include:
 - a. The Parks and Recreation Reception Desk, Monday through Friday, 8:00 A.M. to 4:30 P.M.;
 - b. The Shoreview Community Center Service Desk,
 - c. The after-hours payment box, to left of front door of City Hall.
2. Occasionally, activities are filled. To help continue the immediate processing of your enrollment, please indicate a second choice. If your first choice is full, we will call or email you confirming enrollment in your second choice.
3. A resident is defined as an individual whose legal residential address is within the City of Shoreview.
4. Activity fees may not be pro-rated.
5. Make all checks payable to the City of Shoreview. Visa, MasterCard, AMEX, and Discover are accepted.
6. Registrations will be processed at the Parks and Recreation desk from 8 A.M. to 4:30 P.M. Participants are notified if classes are filled or canceled. If a class is canceled due to insufficient registration, a refund check will be mailed to you. Confirmations will be issued only by e-mail. You can view your class confirmation information on-line. On-line registrations receive a higher priority than registrations that are in-person, mailed, faxed, or dropped off.
7. The City of Shoreview supports participation by persons with disabilities. Please include information about any accommodations you need.
8. Refunds may be issued when requested 5 working days before the activity or class begins unless otherwise noted in the class description. A service charge of \$5 will be deducted from refunds for classes priced up to \$100. A service charge of \$10 will be deducted from refunds for classes priced over \$100.
9. Financial aid for qualifying residents with financial limitations is available for certain programs.
10. Voice/TDD: 651.490.4750.
11. Periodically, the City of Shoreview will take pictures or videotapes of participants while they are engaged in programs, activities, or special events or while enjoying parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, on local cable television, and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.

SHOREVIEW COMMUNITY CENTER

FAMILY NEW YEAR'S EVE PARTY

SUNDAY, DECEMBER 31, 5-8PM

Bring the whole family to Shoreview's annual New Year's Eve Party! Your night will be filled with DJ music, bingo, inflatables, facepainting, and more! We'll ring in the New Year with two balloon drops at 7:45pm. Concessions are available for an additional fee at the Wave Cafe. Walk-ins are welcome, but register by December 30th and save! Price is \$12 per person at the door.

PRE-REGISTRATION RATES:

Youth: \$10 (Ages 1-17, Activity #160103-01)

Adult: \$8 (Ages 18+, Activity #160103-02)

Register by December 30th and save! Price is \$12 per person at the door.



City of Shoreview
4600 Victoria Street North
Shoreview, MN 55126

Presorted Standard
U.S. Postage Paid
Twin Cities, MN
Permit No. 5606

Shoreview
Community Center

Tropics Waterpark
& Fitness Center



SALE RUNS:
11/24/17 - 12/24/17

30 DAYS
JUST \$37.60

651.490.4700

Price includes sales tax.
Limit one per person. Membership must start by 1/1/18.

BETTER TOGETHER